

**4ª. ESCOLA LATINO-AMERICANA DE VERÃO DE EPILEPSIA**  
**4ª. ESCUELA LATINO-AMERICANA DE VERANO DE EPILEPSIA**  
**4<sup>th</sup>. LATIN-AMERICAN SUMMER SCHOOL ON EPILEPSY**  
**(LASSE)**

**SÃO PAULO, BRASIL 1-10 DE FEVEREIRO DE 2010**  
**Centro de Convenções Santa Mônica**

**COORDENAÇÃO GERAL:** Prof. Dr. Esper A. Cavalheiro

**REPRESENTANTE LATINO-AMERICANA NA COMISSÃO DE EDUCAÇÃO DA INTERNATIONAL LEAGUE AGAINST EPILEPSY (ILAE):**

Profa Dra Elza Márcia Yacubian – Universidade Federal de São Paulo

**PRESIDENTE DA LIGA BRASILEIRA DE EPILEPSIA (LBE):**

Prof. Dr. Wagner Teixeira – Hospital de Base, Brasília, DF

**PRESIDENTE DA ILAE:** Prof. Dr. Solomon Moshé - Albert Einstein College of Medicine - New York, USA

**GERENTE EXECUTIVO DA ACADEMIA LATINO-AMERICANA DE EPILEPSIA (ALADE):**

Prof. Dr. Fulvio Alexandre Scorza – Universidade Federal de São Paulo

**COMISSÃO ORGANIZADORA:**

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Fulvio Alexandre Scorza - UNIFESP

João Pereira Leite – USP-Ribeirão Preto

Luiz Eugênio Mello – UNIFESP

Marly de Albuquerque - UMC



# EPILEPSIA E TEMPO

**A** IV Escola Latino-Americana de Verão de Epilepsia (LASSE IV) será dedicada à compreensão dos processos ligados à epilepsia de forma sequencial e ordenada, segundo sua evolução temporal. O programa vai dar especial ênfase às alterações moleculares e sistêmicas em seu contexto temporal, de modo a permitir o entendimento dos mecanismos fisiopatológicos subjacentes ao estabelecimento e à evolução das síndromes epilépticas. Em virtude dos eventos temporais se manifestarem de forma contínua ou episódica, será enfatizada a relação desses processos com aqueles ligados mais diretamente com a expressão das crises epilépticas ou às características da epilepsia ao longo da vida. Assim, as aulas irão direcionar-se aos fenômenos relacionados ao desenvolvimento, à maturação e ao envelhecimento do sistema nervoso central e aos ritmos que governam a vida e sua influência sobre os mecanismos icto e epileptogênicos, tais como o ciclo vigília-sono e outros processos de regulação circadiana ou sazonal.



# PROGRAMA – 01.02.2010

- 
- 08:30 – 10:00 Opening and welcome address
- 10:00 – 10:30 Coffee-break
- 10:30 – 11:30 In the neonatal period – Perrine Plouin (France)
- 11:30 – 12:30 In the infancy – Perrine Plouin (France)
- 12:30 – 1400 Lunch
- 14:00 – 15:00 In the childhood – Vera Terra (Brazil)
- 15:00 – 16:00 In the adolescence – Elza Márcia Yacubian (Brazil)
- 16:00 – 16:30 Coffee-break
- 16:30 – 17:30 In the adulthood – Veriano Alexandre Junior (Brazil)
- 17:30 – 18:30 In the elderly – Carlos Guerreiro (Brazil)
- 19:00 – 20:00 Dinner
- 20:00 – 21:00 The time arrow – Evandro Mirra (Brasil)

# IN THE NEONATAL PERIOD / IN THE INFANCY

PERRINE PLOUIN (FRANCE)

Epileptic seizures in newborns and infants

Perrine Plouin  
Hôpital Necker Enfants Malades, Paris

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SVP patients (E.Raffo, 2003)

- 1994 - 2001
- Neonatal seizures ?
- Video EEG > 3 hours
- 90 cases

- Follow-up 100%

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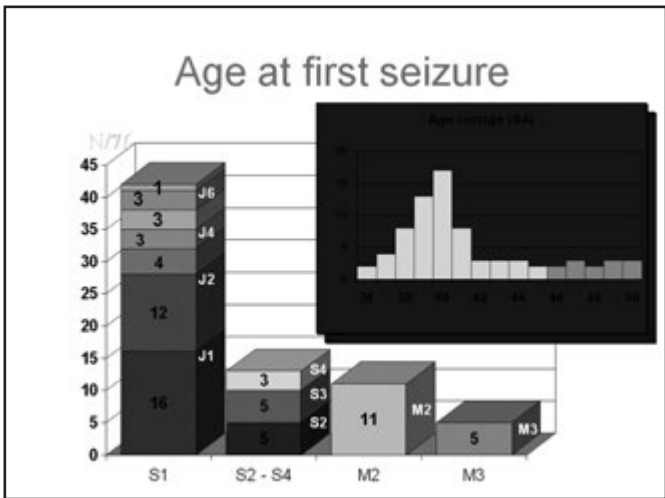
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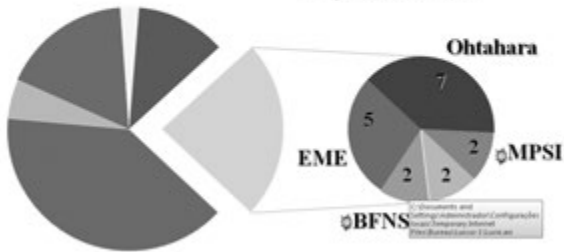
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## Neonatal seizures in neuropediatrics

### 18/76 Epilepsy Syndromes



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## Criteria for evaluating epilepsy syndromes

1. Epileptic seizure type
2. Age of onset
3. Progressive nature
4. Interictal EEG
5. Associated interictal signs and symptoms
6. Pathophysiologic mechanisms, anatomical substrates, and etiologies
7. Genetic basis

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## Epileptic seizure type

- Focal seizures, clonic, tonic
- Myoclonic seizures focal, segmentary, generalized
- Epileptic spasms

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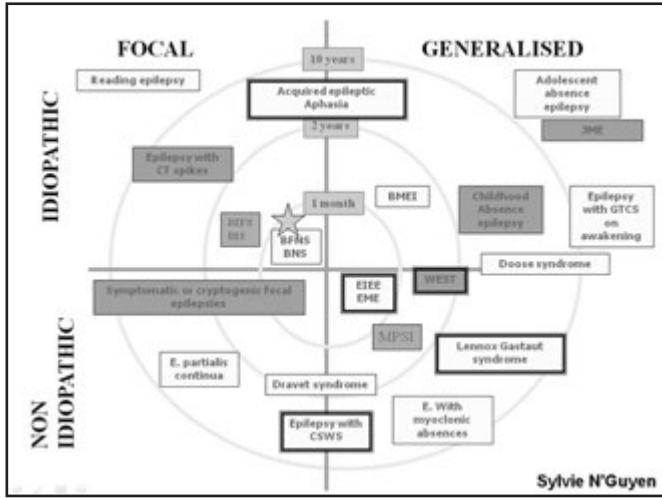
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## Benign Familial Neonatal Seizures

- Rett & Teubel (1964) reported the first BFNS family, with 8 cases over 3 generations.
- On the third day of life the male proband developed an **initial tonic phase with cyanosis followed by clonic movements of the whole body including the face and eye muscles**, and he had 15-20 seizure events on the following day.
- A brother born 16 months later had a similar experience.
- Several normal interictal EEGs were reported for these two boys and single EEGs for three other affected relatives.
- The authors noted the familial history, the normality of the interictal EEG and the favorable outcome.

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## Benign Familial Neonatal Seizures

- Incidence estimated as 14.4 /100.000 live births (Ronen et al, 1993)
- 44 reported families, 355 cases
- Onset on D2 and D3 (80% of cases)
- Normal neurological examination
- Normal interictal EEG
- Normal biological work up
- **Positive familial history**
- Treatment selection?

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## Benign Familial Neonatal Seizures

- All seizures start with a tonic component, uni or bilateral, but assymetrical, changing side from one seizure to the next in a given baby
- Autonomic, oculofacial features and/or clonic movements follow
- Duration is around one minute
- Ronen et al, 1993, Hirsch et al, 1993, Bye 1994, Plouin and Anderson, 2002

No myoclonic sz, no epileptic spasm, no GTCSz

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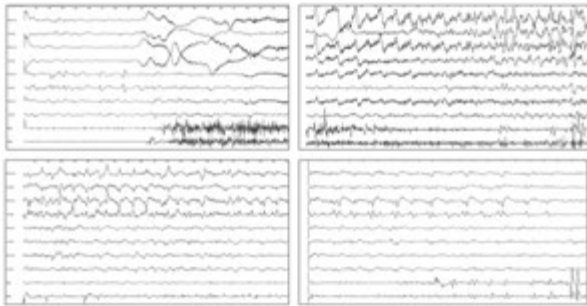
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## BFNS Seizure



ELG...D8

SVP

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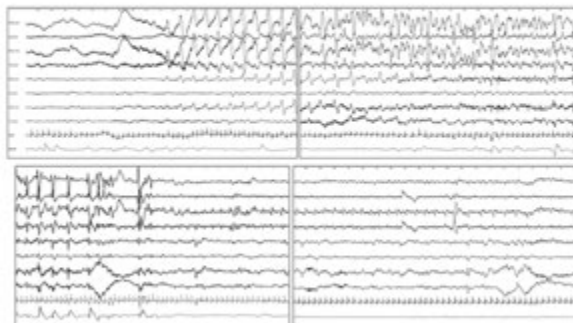
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## BFNS Seizure



DEL...Maxime 4 days

NEM

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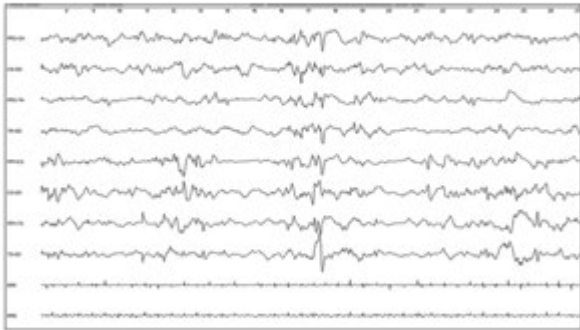
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## BFNS interictal sleep



ELG..D8

SVP

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## BFNS genetics

Syndrome		Gene
name	locus	name
EBN 1	20q13.3	KCNQ2
EBN 2	8q24	KCNQ3

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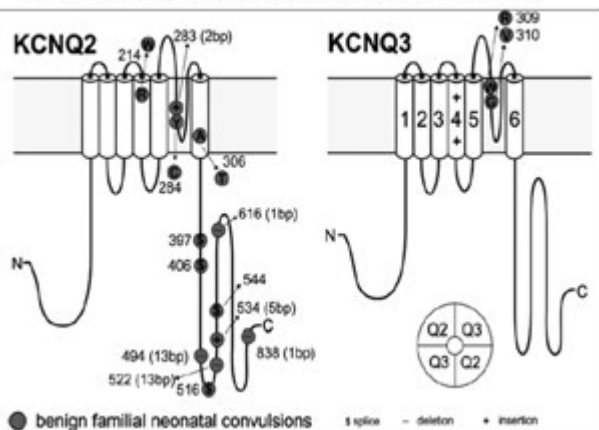
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### Mutations in genes *KCNQ2* and *KCNQ3* in BFNS




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## Recent data

- New families have been reported with
  - Association of Infantile seizures and BECT (Singh et al, 2003)
  - Association with CT spikes at age 3 years (Coppola et al, 2003)
  - Resistant seizures from birth (Dedeck et al, 2003, Borgatti et al, Tang et al, 2004)
  - Association of other epilepsy syndromes (Pereira et al, 2004)

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### • A novel mutation of KCNQ3 gene in a Chinese family with benign familial neonatal convulsions.

- Li H, Lin S, Shen L, Jiang H, Yang Q, Song Y, Guo J, Xia K, Pan Q, Tang B. Department of Neurology, Xiangya Hospital, Central South University, Changsha, Hunan 410008, PR China. : *Epilepsy Res.* 2008 Mar;79(1):1-5.
- Benign familial neonatal convulsions (BFNC, also named benign familial neonatal seizures, BFNS) is a rare autosomal dominant inherited epilepsy syndrome with clinical and genetic heterogeneity. Two voltage-gated potassium channel subunit genes, KCNQ2 and KCNQ3, have been identified to cause BFNC1 and BFNC2, respectively. To date, only three mutations of KCNQ3, all located within exon 5, have been reported. By limited linkage analysis and mutation analysis of KCNQ3 in a Chinese family with BFNC, we identified a novel missense mutation of KCNQ3, c.988C>T located within exon 6, c.988C>T led to the substitution Cys for Arg in amino acid position 330 (p.R330C) in KCNQ3 potassium channel, which possibly impaired the neuronal M-current and altered neuronal excitability. Seizures of all BFNC patients started from day 2 to 3 after birth and remitted during 1 month, and no recurrence was found. One family member who displayed fever-associated seizures for two times at age 5 years and was diagnosed as febrile seizures, however, did not carry this mutation, which suggests that febrile seizures and BFNC have different pathogenesis. To our knowledge, this is the first report of KCNQ3 mutation in Chinese family with BFNC.

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### • A novel missense mutation (N258S) in the KCNQ2 gene in a Turkish family afflicted with benign familial neonatal convulsions (BFNC).

- Yalçın O, Çağlayan SH, Saltık S, Cokar O, Ağan K, Dervent A, Steinlein OK. Department of Molecular Biology and Genetics, Boğaziçi University, Istanbul, Turkey. *Turk J Pediatr.* 2007 Oct-Dec;49(4):385-9
- Benign familial neonatal convulsions (BFNC) is a rare monogenic subtype of idiopathic epilepsy exhibiting autosomal dominant mode of inheritance. The disease is caused by mutations in the two homologous genes KCNQ2 and KCNQ3 that encode the subunits of the voltage-gated potassium channel. Most KCNQ2 mutations are found in the pore region and the cytoplasmic C domain. These mutations are either deletions/insertions that result in frameshift or truncation of the protein product, splice-site variants or missense mutations. This study reveals a novel missense mutation (N258S) in the KCNQ2 gene between the S5 domain and the pore of the potassium channel in two BFNC patients in a Turkish family. The absence of the mutation both in the healthy members of the family and in a control group, and the lack of any other change in the KCNQ2 gene of the patients indicate that N258S substitution is a pathogenic mutation leading to epileptic seizures in this family.

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## Infantile seizures and other epileptic phenotypes in a Chinese family with a missense mutation of KCNQ2

Zhou X, Ma A, Liu X, Huang C, Zhang Y, Shi R, Mao S, Geng T, Li S

A large Chinese family in which all 17 affected members had had infantile seizures with onset at age 2-4 months.

Linkage analysis in this family confirmed a previous report of genetic heterogeneity in BFIS - since linkage was excluded at the above-mentioned known BFIS loci - and suggested a possible linkage to the KCNQ2 gene, which is believed to be a voltage gated potassium channel gene responsible for BFIS.

- Sequencing of the KCNQ2 gene revealed that all 17 affected family members carried a heterozygous Gly-to-Val (G271V) mutation in the conserved pore region that resulted from a guanine-to-thymine transition in exon 5 of KCNQ2. The same mutation with a comparable localization in the KCNQ3 (G310V) gene has been found in BFIS patients. The same conserved amino acid was also found to be mutated in the KCNQ1 gene in a family with Long QT Syndrome.

Eur J Pediatr. 2006 May 12

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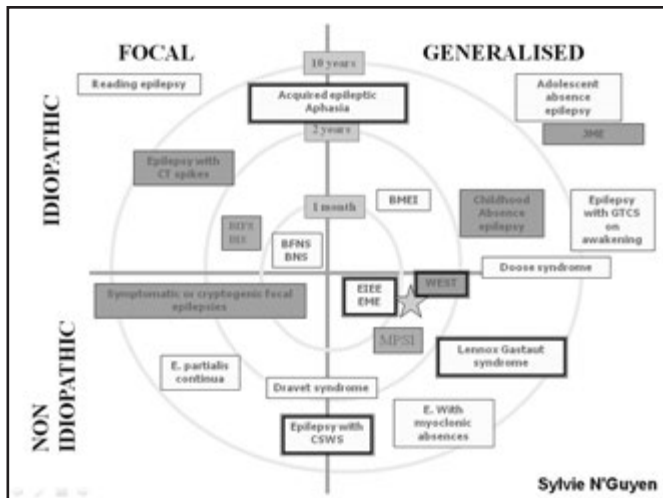
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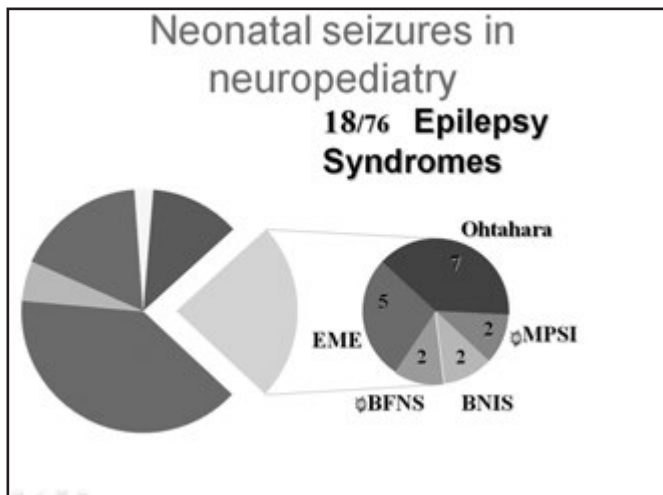
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## Neonatal epileptic encephalopathies with Suppression-Burst pattern

- complex bursts of spikes and irregular, arrhythmical sharp waves and slow waves lasting from 1 to 5 seconds and alternating with flat periods of 3 to 10 seconds. The complex burst can occur either synchronously or independently in the two hemispheres
- the normal background activity is absent.
- there may be no difference between wakeness and sleep
- Hidden focal sz during suppressions... (Al Futaisi et al, 2005)

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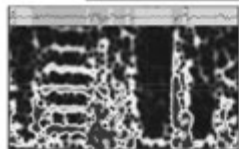
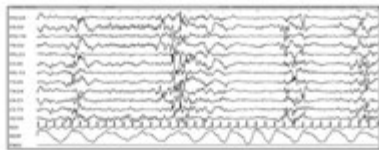
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## Neonatal epileptic encephalopathy



FP2-T4



FP2-C4

GHE...ilhane D11

NEM

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## Early Myoclonic Encephalopathy:

EME « Neonatal myoclonic encephalopathy »

Aicardi and Goutieres, 1978

- Massive myoclonic sz, erratic myoclonia, focal seizures
- Onset before D28
- Abnormal neurological exam
- Suppression Bursts EEG pattern
- Normal work up
- Possible familial history
- Treatment selection?

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## EME: outcome

- 50% of death before the age of 2 years was already reported in the first publication, with no normal outcome in the other 50%
- Since 1990 20 cases have been reported, half of them died before the age of one year

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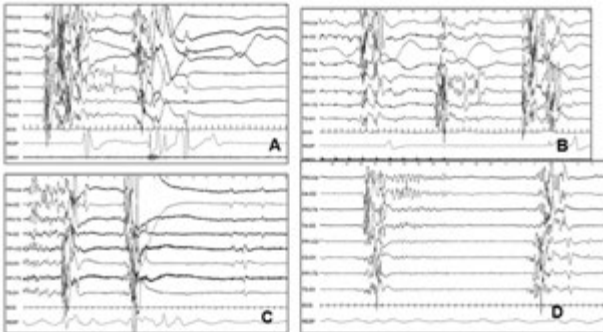
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## Early Myoclonic Encephalopathy suppression burst pattern



NOE...Geoffrey 1 month A, B: wakeness; C: myoclonic jerk D: sleep

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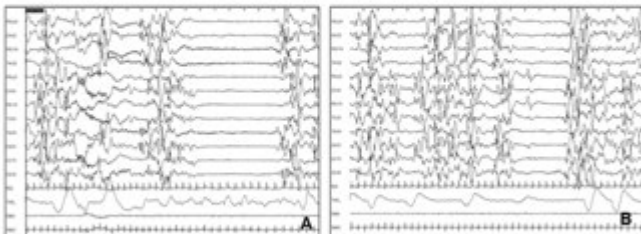
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## Early Myoclonic Encephalopathy suppression burst pattern



NOE...Geoffrey 3 months

A: wakeness; B: sleep

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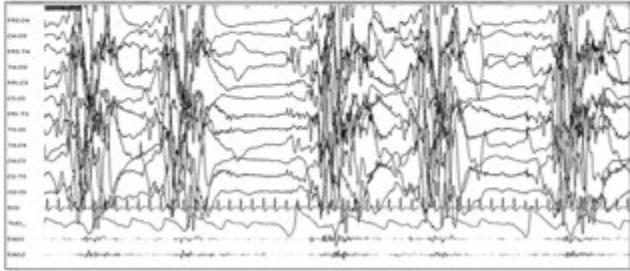
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## Early Myoclonic Encephalopathy



CHA... Merva 15 days

NEM

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## Impaired Mitochondrial Glutamate Transport in Autosomal Recessive Neonatal Myoclonic Epilepsy

Am J Hum

Genet. February 2005; 76(2): 334–339.

Florence Molinari, Annick Raas-Rothschild, Marlène Rio, Giuseppe Fiermonte, Ferechté Encha-Razavi, Luigi Palmieri, Ferdinando Palmieri, Ziva Ben-Neriah, Noman Kadhom, Michel Vekemans, Tania Attié-Bitach, Arnold Munnich, Pierre Rustin, and Laurence Colleaux

- Here, we report the genetic mapping of an autosomal recessive form of EME on to chromosome 11p15.5 and the identification of a missense mutation (p.Pro206Leu) in the gene encoding one of the two mitochondrial glutamate/H<sup>+</sup> symporters (SLC25A22, also known as "GC1").
- Moreover, expression studies showed that, during human development, SLC25A22 is specifically expressed in the brain, within territories proposed to contribute to the genesis and control of myoclonic seizures.
- These findings provide the first direct molecular link between glutamate mitochondrial metabolism and myoclonic epilepsy and suggest potential insights into the pathophysiological bases of severe neonatal epilepsies with suppression-burst pattern

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## PYRIDOXINO DEPENDANCY

- Myoclonic fits, epileptic spasms, focal seizures
- Onset from firsts days of life
- Hyperexcitability
- Abnormal EEG patterns
- Normal Work up
- Possible familial history
- Specific treatment

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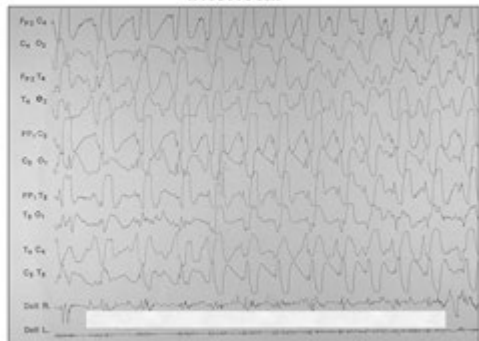
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### Vit B6 dependency interictal



PER...Nicolas 1 month

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### Glycine encephalopathy Nonketotic Hyperglycinemia

- initial symptom-free interval of 1 to 42 days.
- lethargy, poor feeding, apneic spells, altered muscular tone, and intermittent ophthalmoparesis
- Segmental **myoclonic jerks**, hiccups, and coma follow.. **axial myoclonia**, infantile spasms and focal seizures
- EEG demonstrates **a suppression-burst pattern**.
- **Elevated glycine** concentrations in the cerebrospinal fluid (CSF)

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### Early Infantile Encephalopathy with Epilepsy: EIEE Ohtahara et al 1976

- Epileptic Spasms, , tonic spasms, focal seizures
- Onset from D1, up to 2 or 3 months
- Abnormal neurological examination
- Suppression-Bursts EEG pattern
- Abnormal findings on Neuro radiology
- No familial history

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## EIEE: etiology

Malformations, are often found:

- Porencephaly,
- Aicardi syndrome
- cerebral dysgenesis
- olivary-dentate dysplasia
- hemimegalencephaly
- linear sebaceous nevus
- Leigh's encephalopathy
- subacute diffuse encephalopathy
- A few cryptogenic cases have also been reported

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## EIEE: outcome

- 1982-2004: more than 100 reported cases
- Among 61 cases in 7 series:
  - 23 deaths < age of one year (38%)
  - Severe sequelae among others: severe epilepsy (spasms), hypsarhythmia and mental retardation
- Four children underwent surgery: 2 FCD and 2 hemimegalencephaly with a dramatic improvement on sz

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**Successful treatment of Ohtahara syndrome with chloral hydrate.** *Pediatr Neurol.* 2002 Nov;27(5):388-91

Krsek P, Sebronova V, Prochazka T, Maulisova A, Komarek V.

We present a patient with early infantile epileptic encephalopathy with suppression bursts (Ohtahara syndrome) with an excellent response to chloral hydrate to draw attention to a possible role of the "old" drug in the treatment of intractable epilepsy. Chloral hydrate (58 mg/kg/day) was used for a short-term administration in a 5-week-old female with typical features of cryptogenic Ohtahara syndrome after the failure of conventional antiepileptic drugs. Seizures disappeared in the course of 24 hours after the launch of chloral hydrate therapy and have not recurred. Results of electroencephalogram studies of the child demonstrate marked improvement. Psychomotor development is significantly delayed. Detailed diagnostic tests have not revealed any metabolic or structural abnormalities of the brain.

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REPORT

A Longer Polyalanine Expansion Mutation in the ARX Gene Causes Early Infantile Epileptic Encephalopathy with Suppression-Burst Pattern (Ohtahara Syndrome)

Mitsuhito Kato, Shinji Saitoh, Atsushi Kamet, Hideaki Shirahishi, Yuki Ueda, Manami Akasaka, Jun Tohyama, Noriyuki Akasaka, and Ryoishi Hayasaka

Early infantile epileptic encephalopathy with suppression-burst pattern (EIEE) is one of the most severe and earliest forms of epilepsy, often evolving into West syndrome; however, the pathogenesis of EIEE remains unclear. ARX is a crucial gene for the development of interneurons in the fetal brain, and a polyalanine expansion mutation of ARX causes mental retardation and seizures, including those of West syndrome, in males. We screened the ARX mutation and found a hemizygous, de novo, 33-bp duplication in exon 2, 298\_330dupGGGGCAAGGG, in two of three unrelated male patients with EIEE. This mutation is thought to expand the original 16 alanine residues to 27 alanine residues (3319\_A1113acAAAAAAAAA) in the first polyalanine tract of the ARX protein. Although EIEE is mainly associated with brain malformations, ARX is the first gene found to be responsible for idiopathic EIEE. Our observation that EIEE had a longer expansion of the polyalanine tract than is seen in West syndrome is consistent with the findings of earlier onset and more-severe phenotypes in EIEE than in West syndrome.

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The American Journal of Human Genetics Volume 81 August 2007

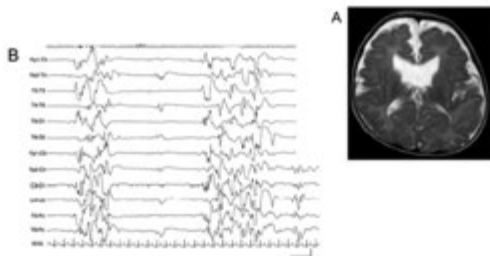


Figure 2. A, Brain MRI of patient 2 at the age of 8 weeks shows dilatation of the anterior horns of the lateral ventricle. B, Interictal EEG of patient 2 shows a marked depression of background activity, identified with suppression bursts.

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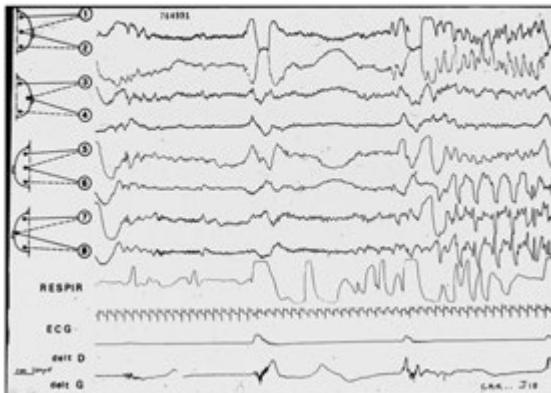
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EIEE syndrome d'OHTAHARA



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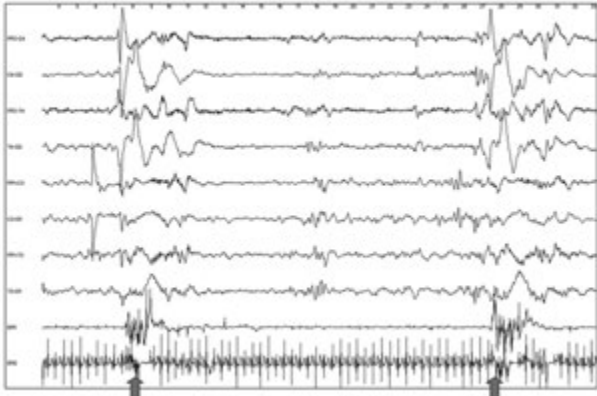
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### Right frontal Dysplasia: spasms



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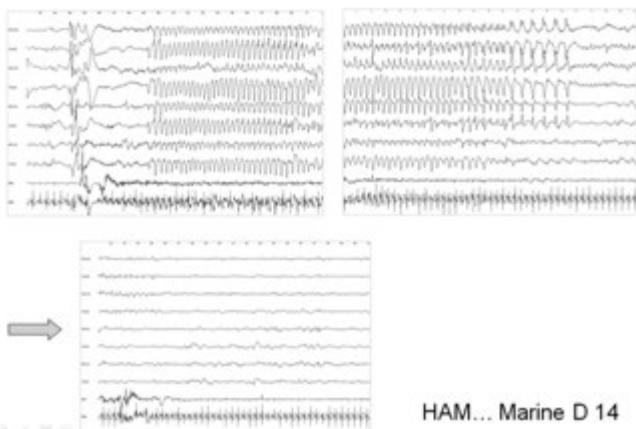
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### Right frontal Dysplasia:focal seizure



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## Neonatal Epilepsy and "SUPPRESSION-BURSTS"

Schlumberger et al 1992

Retrospective study of 23 neonates, 1978-1990

#### Type of seizures

- erratic myoclonias: 10 cases
- spasms: 8 cases
- focal seizures: 22 cases, with spasms (7), myoclonias (9), or spasms plus myoclonias (2).

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## Neonatal Epilepsy and "SUPPRESSION-BURSTS"

15 infants could be classified between EME and EIEE

3rd group: 8 unclassified cases

- no evidence of brain malformation
- different from EME

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## Neonatal Epileptic Encephalopathies and "SUPPRESSION-BURSTS"

EME and EIEE are two different syndromes. Clinical and EEG data allow to recognize them.

However some neonates with epilepsy and "S-B" EEG cannot be classified among these two syndromes.

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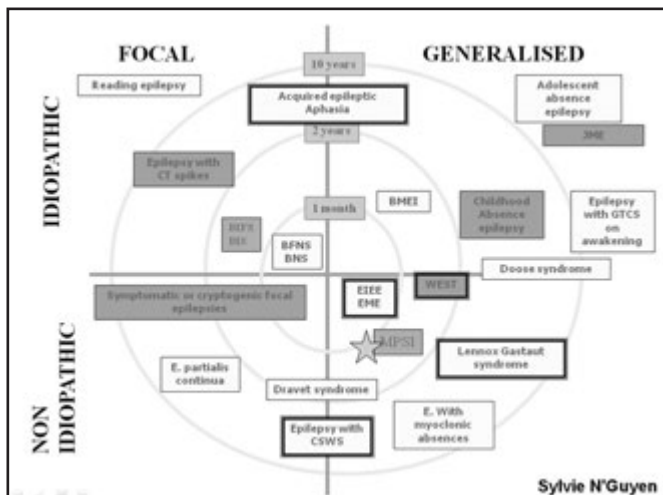
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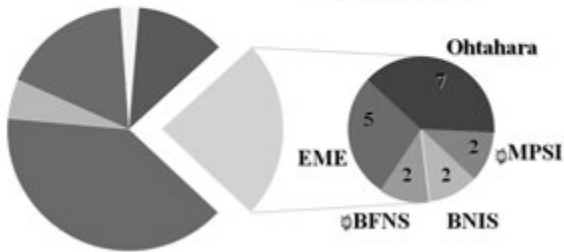
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## Neonatal seizures in neuropediatrics

### 18/76 Epilepsy Syndromes




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## Infantile epilepsy with migrating partial seizures (Coppola et al 1995)

### Definition

Nearly continuous activity of focal seizures affecting randomly various parts of both hemispheres, and beginning in early infancy

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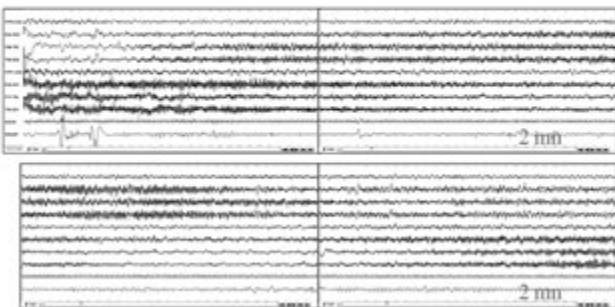
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## Migrating Focal Seizures in Infancy




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## Course

Between 24 days and 10 months (mean 4.5 months), seizures become

- nearly continuous
- with major deterioration
- alternating with seizure-free periods

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## Ictal characteristics

- Good clinical/EEG correlation according to topography of the discharge
- Very complex combination of simultaneous focal seizures
- Without video/EEG, seizures are often overlooked
- Seizures can affect a single hemisphere for several months

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## 1995-2005

- 27 cases reported (+ 6 in our population)
- From the most recent cases prognosis seems to be less severe although intractable seizures lasted for months
- Hypotonia and psycho-motor retardation are constant

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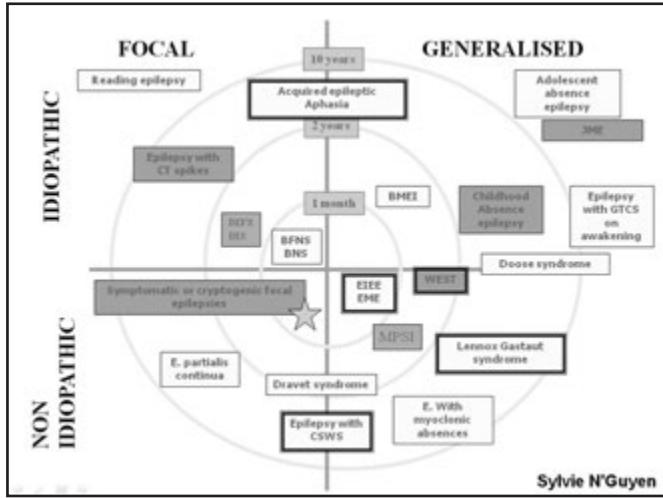
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### DEN.. Nicolas

- D2 : 1st seizure, upper limbs and head clonic jerks
- D3 : idem, EEG : left central focus of spikes
- CTScan : left hemisphere abnormalities
- PB+VPA : no seizure during 1 month
- M1: reappraisal of seizures : GVB, CBZ, CLB, STP, ketogenic diet: no efficacy
- Normal development, right hemiparesis
- MRI : left temporo-parieto-occipital cortical dysplasia

➔ Surgery

SVP

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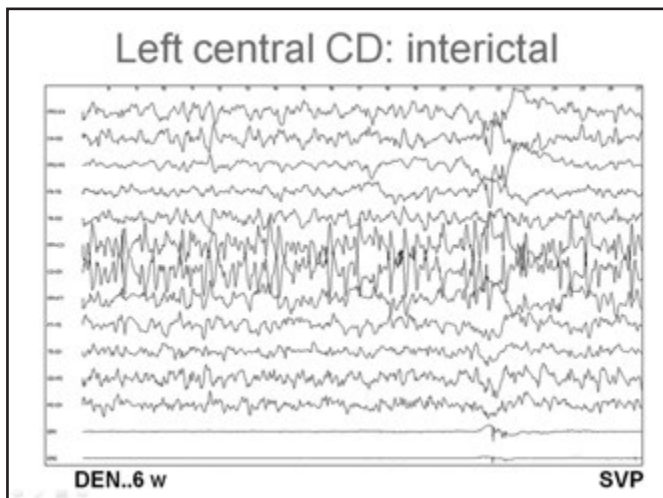
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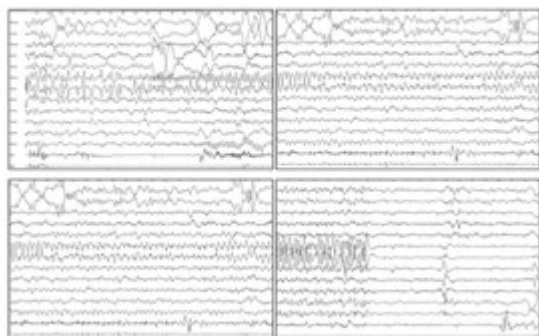
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### Left central CD: seizure



DEN., 6w

SVP

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### Neonatal epilepsy and FCD (Ville et al)

- Epilepsy :
  - 7: focal seizures associated with spasms
  - 5: focal seizures only
  - 1: no precise data
- Early EEG data in 6 children
  - All tracings are asymmetrical**, with an interictal lateralized focus of slow waves and spikes

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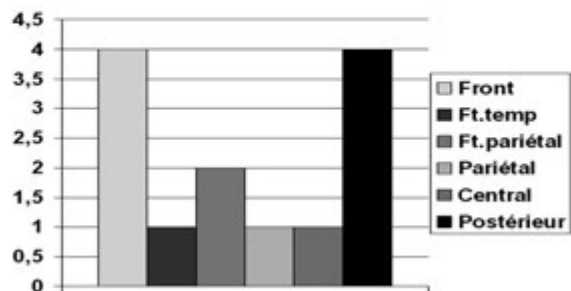
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## Epilepsy syndromes in infancy

(2001: n=11)

- 5 of these syndromes concerning focal epilepsies
  - Idiopathic focal epilepsies
    - benign infantile seizures
    - Panayiotopoulos syndrome
  - Familial focal epilepsies
    - benign familial infantile seizures
  - Focal symptomatic epilepsies
    - HH syndrome
    - Migrating focal seizures in infancy

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## Epilepsy syndromes in infancy

(2001: n=11)

- Idiopathic generalized epilepsies
  - Benign myoclonic epilepsy of infancy (reflex or not)
- Epileptic encephalopathies
  - West syndrome
  - Lennox Gastaut syndrome
  - Dravet syndrome
  - Myoclonic status of non progressives encephalopathies

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## Seizure types in these epilepsy syndromes of infancy

- **Epileptic spasms**
- Myoclonic seizures
- Focal seizures
- Generalized tonic seizures
  
- Generalized tonic clonic seizures
- absences

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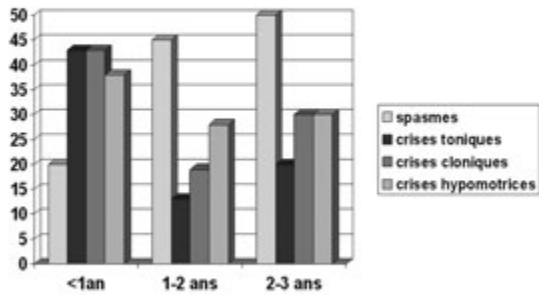
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## Seizure types according to age



Hamer et al. 1999

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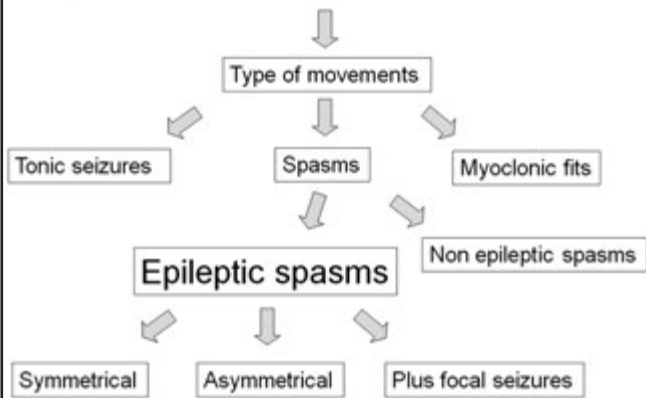
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## Report of abnormal serial movements in an infant




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## Epileptic spasms

- Epileptic spasms consist of axial contraction that may occur in flexion, extension, or both, and that may be symmetric or asymmetric.
- Asymmetry may involve the upper limbs, head, or eyes, and video recording is often required for detailed analysis.
- The contractions are usually brief and differ from myoclonic and tonic fits.
- They occur in clusters, occasionally combined with a focal discharge. (Dulac)

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## Epileptic spasms

- The true spasm consists of a characteristic muscular contraction that lasts from 1 to 2 seconds and reaches a peak more slowly than a myoclonic jerk, but more rapidly than a tonic seizure. (Vigevano)

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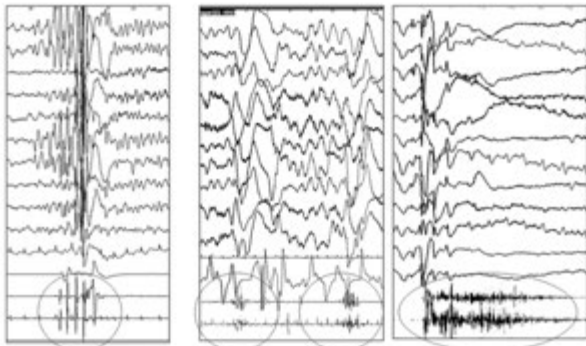
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Myoclonia

Spasm

Tonic seizure

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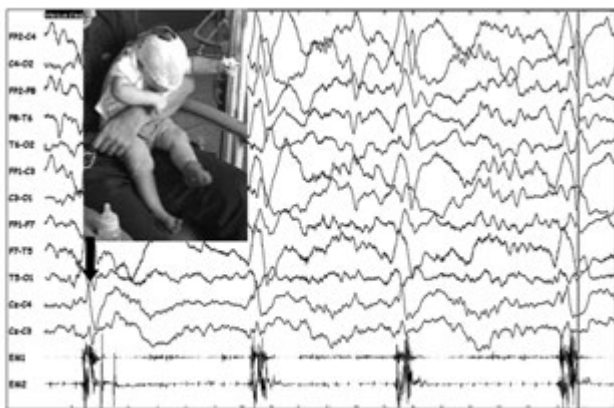
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Cluster of epileptic spasms: right and left deltoid surface EMG

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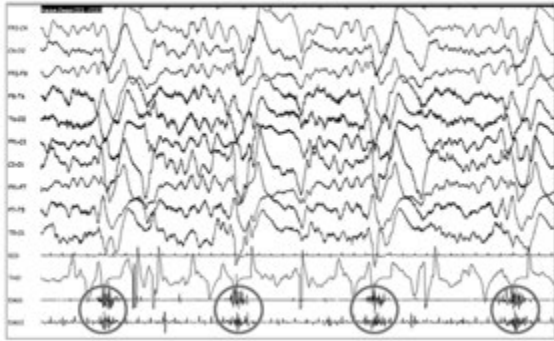
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### Epileptic Spasms

CDG syndrome



DEN... Yvon 1 year

NEM

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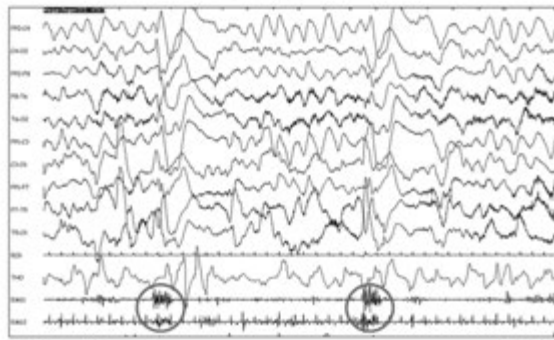
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### Epileptic Spasms

CDG syndrome



DEN... Yvon 1 year

NEM

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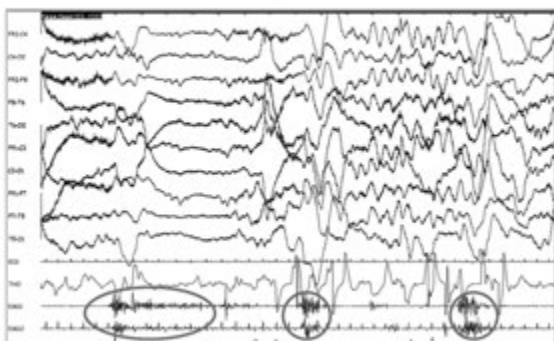
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### Tonic seizure + ES

CDG syndrome



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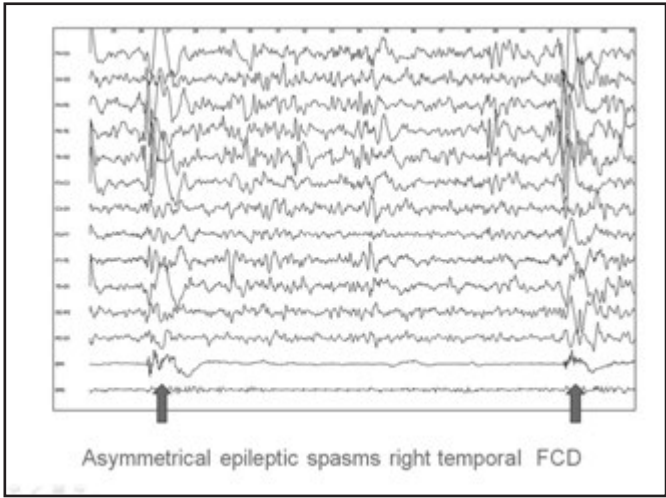
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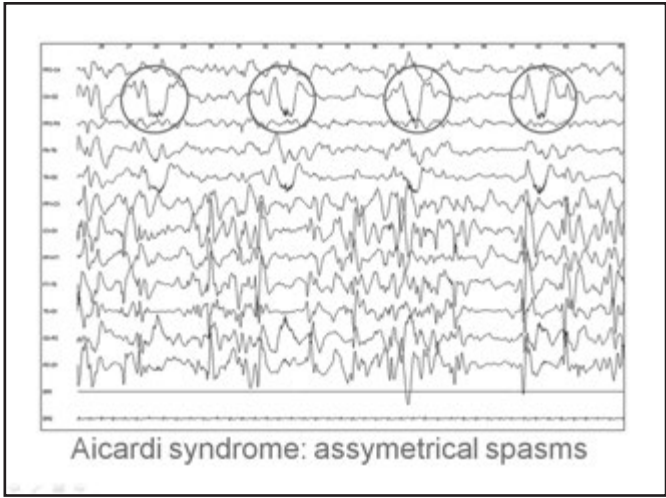
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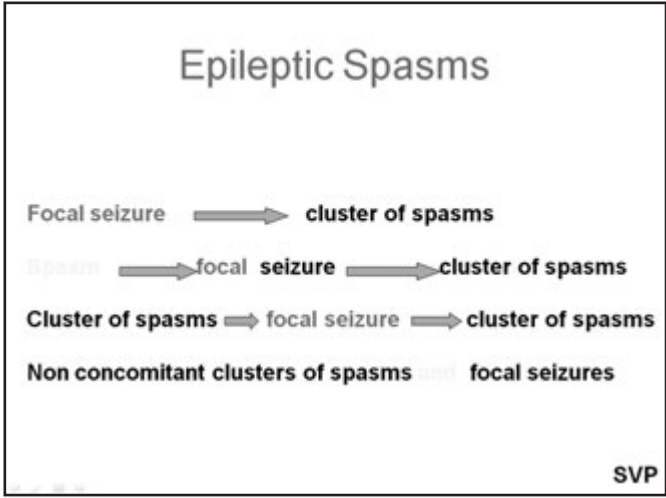
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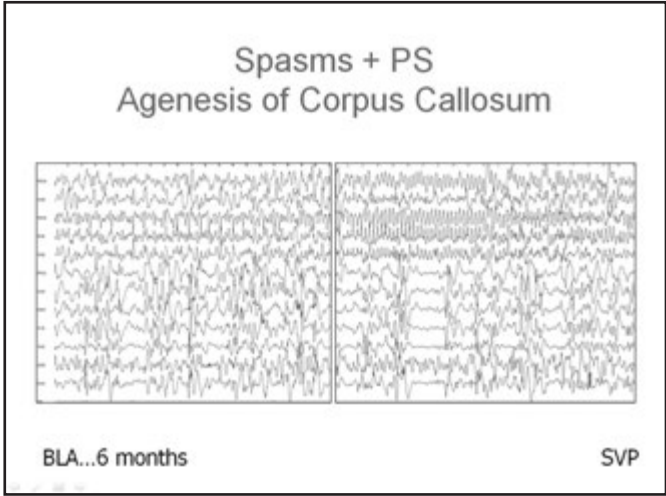
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**West Syndrome**

- West syndrome :
  - infantile spasms
  - Hypsarrhythmia
  - Lack of development or regression
  
  - infantile spasms with a spike focus
  - partial epilepsy +/- hypsarrhythmia

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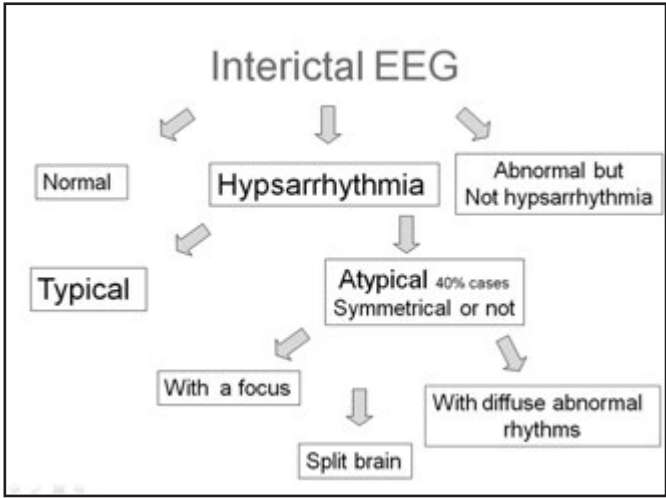
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### Hypsarrhythmia

- random high voltage slow waves and spikes. These spikes vary from moment to moment, both in duration and location... The abnormality is almost continuous, and in most cases it shows as clearly in the waking as in the sleeping record.
- It is referred as hypsarrhythmia (Gibbs and Gibbs, 1952)

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### Hypsarrhythmia atypical or modified

<ul style="list-style-type: none"> <li>• Gastaut et al. 1970               <ul style="list-style-type: none"> <li>- fragmented awake</li> <li>- excessive slowing</li> <li>- rapid activity</li> <li>- asymmetrical</li> <li>- with a focus</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Hrachovy et al. 1984               <ul style="list-style-type: none"> <li>- with increased interhemispheric synchronization</li> <li>- asymmetrical</li> <li>- a consistent focus</li> <li>- volt. attenuation</li> <li>- with high voltage slow activity</li> </ul> </li> </ul>
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## What is important...is

- To recognize and assess the epileptic spasms
- To precize the symmetrical or asymmetrical type
- To detect associated focal seizures
- To analyze the interictal EEG
  
- All these data provide documented diagnosis and prognosis tools

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## Seizure types in infancy

- Epileptic spasms
- Myoclonic seizures
- Focal seizures
- Generalized tonic seizures
  
- Generalized tonic clonic seizures
- absences

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## Myoclonic seizures

- Myoclonic seizures (MS) consist of involuntary, quick, arrhythmic movements distinctive of their abrupt, lightninglike character. Muscles most frequently involved are those of the neck, arm, or shoulder. Movements may result in extension or flexion. If the legs are involved, the person may be thrown to the ground.
- Myoclonic seizures can be experienced in a mild or vehement manner, symmetrically or asymmetrically, in the entire body or in regional or localized parts of the body.
- If jerks occur in rapid succession or in the form of a myoclonic status epilepticus, there may be a blurring of awareness.

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## Epileptic Versus Non epileptic Myoclonia

- Phenomenologically, epileptic myoclonia cannot be distinguished from brisk, nonepileptic movements associated with physiologic or pathologic conditions. The classification as epileptic manifestations requires knowledge of the clinical context or electroencephalographic (EEG) correlates.

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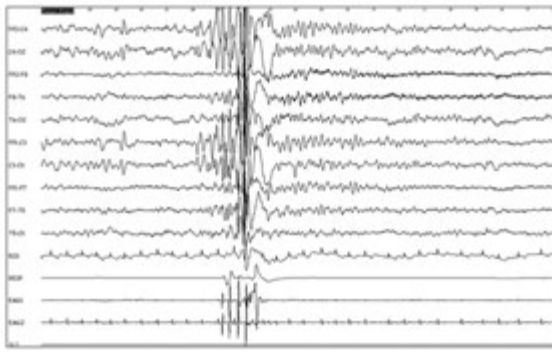
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## Myoclonia



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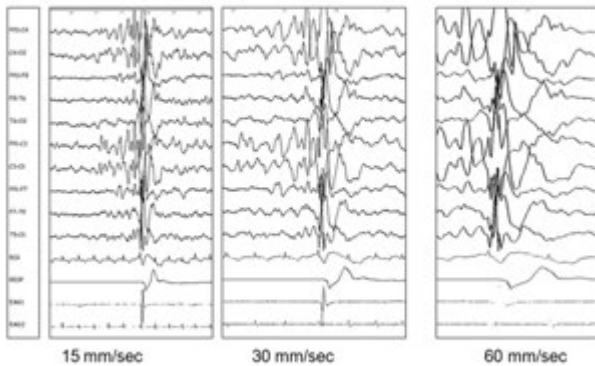
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Myoclonia recorded on left deltoide surface EMG with a synchronous SW: 3 different speeds



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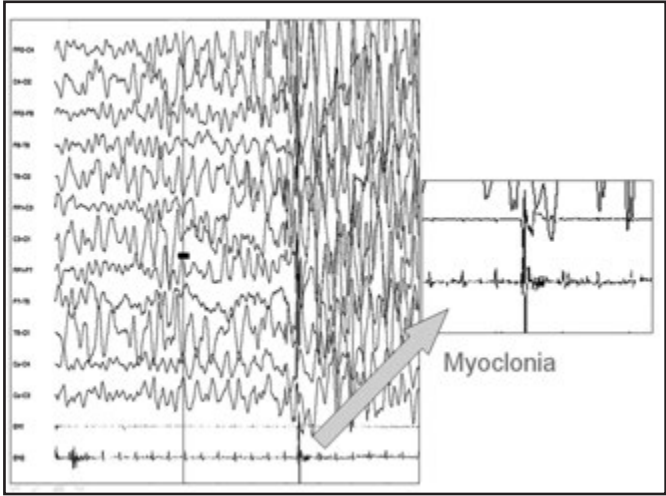
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**Myoclonic epilepsies in infancy**

- Benign myoclonic epilepsy in infancy (reflex or not)
- Dravet syndrome
- Myoclonic status in non progressive encephalopathies: Angelman syndrome
- Menkes disease, mitochondriopathies, ceroid lipofushinosis

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**Benign myoclonic epilepsy of infancy**

- Myoclonic seizures in this rare syndrome occur during the first or second years of life in normal children who often have a family history of seizures or epilepsy.
- Seizures are characterized by frequent, brief, mostly symmetrical myoclonias isolated or grouped in clusters and involving the axis of the body and the limbs, enhanced by drowsiness.
- The myoclonias represent the only seizure type except for occasional febrile convulsions and rare GTCSs later during adolescence. Generalized tonic seizures or absence seizures are never observed.
- Myoclonic seizures are easily controlled by appropriate medical treatment.

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### Benign myoclonic epilepsy of infancy

- On EEG, myoclonias are accompanied by a discharge of bilateral spike-waves or polyspike-waves that sometimes occur in rapid succession. The background activity is normal for the child's age, and drowsiness and the early stage of sleep may activate bilateral spike-waves.

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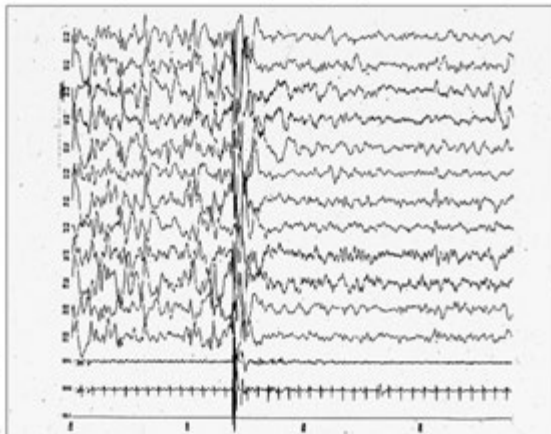
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### Benign myoclonic epilepsy of infancy



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- Isolated or grouped axial-dominant bilateral myoclonias, which may lead to throwing of objects the child is holding and to falling, are typical of the MS of severe myoclonic epilepsy in infancy. These symptoms appear between the ages of 1 and 4 years, most commonly during the second part of the second year of life, and occur very frequently, especially on awakening or in the hours preceding a major seizure. They are associated with frequent, distally predominant erratic myoclonias that exist at rest but increase with movement.

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## Dravet syndrome

- Normal infant before onset of seizures
- Fébrile seizures or not, uni or bilateral < 1 year of age
- massive myoclonia during 2<sup>nd</sup> and 3<sup>rd</sup> years of life
- normal EEG → 2 years (ILS > 0)
- Myoclonic status epilepticus
- Progressive deterioration
- Resistant epilepsy

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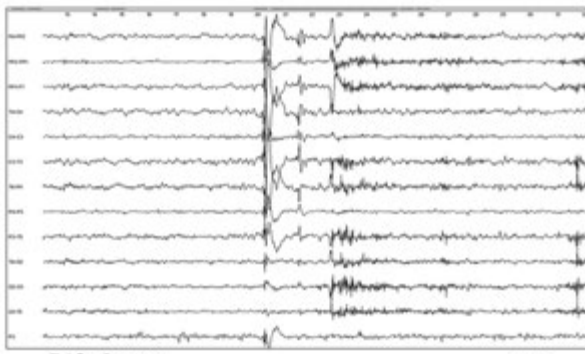
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## Massive Myoclonia



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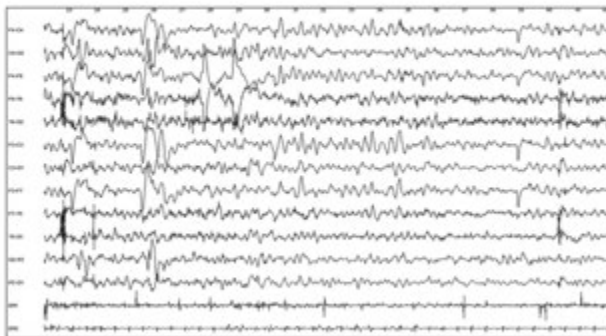
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## Dravet Syndrome. Myoclonic Status



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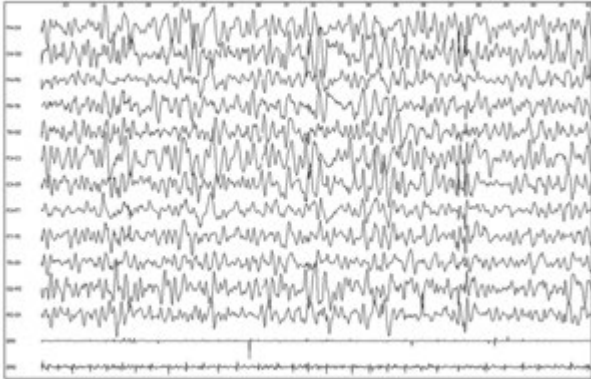
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### Dravet Syndrome. Myoclonic Status



VIG... 4 y.

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### Focal seizures

- Firstly described associated with spasms
- Various and numerous in Partial Migrant Seizures in Infancy
- Long term EEG monitoring for potentially surgical patients

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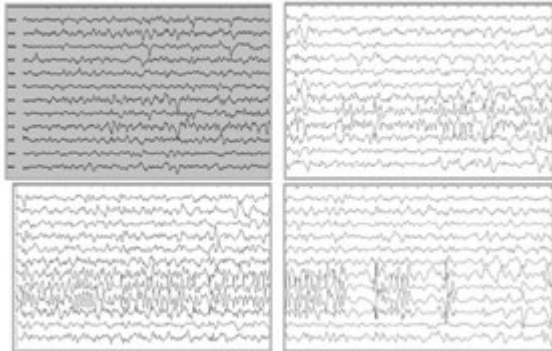
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### MPSI left temporal focal sz



Samuel 3 months

SVP

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### Symptomatology of epileptic seizures in the first three years of life

- 76 infants, 296 seizures with vidéo
  - Epileptic spasms (24%)
  - Clonic seizures (20%)
  - tonic seizures (17%)
  - hypomotor seizures (20%)
  - Myoclonic, atonic, versive.

Hamer et al. 1999

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### Focal seizures in infancy: electroclinical semiology

- 32 patients, 68 seizures (1990-1995)
- Abnormal MRI: n= 21
- 32 SPECT and 3 PET in 17 patients
- Surgery for 10 patients
  - 4 hemispherotomies
  - 6 cortectomies FCD
- Retrospective analysis of seizure semiology

JP Rathgeb et al, 1998

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### First clinical sign and localisation

	frontal	rolandic	temporal	occipital	hémi
Oculo clonias	0	0	0	<b>3</b>	0
head +/- eyelids clonias	1	1	0	1	0
Head or eye Déviation	1	0	3	<b>16</b>	0
Unilatéral clonias	0	1	0	0	0
Body mov	1	2	0	0	0
Motor Arrest	6	1	<b>10</b>	7	1
uni ou bilatéral hypertonia	1	3/2	0	0	3/3

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## FCD in infancy

Lortie et al, 1998

- Frontal FCD → Focal seizures: 8  
(poor symptoms or motor)  
Spasms: 1 case
- Posterior FCD → Focal seizures: 9  
(eyelids and eyes jerks)
- Central FCD → Focal seizures motor: 4

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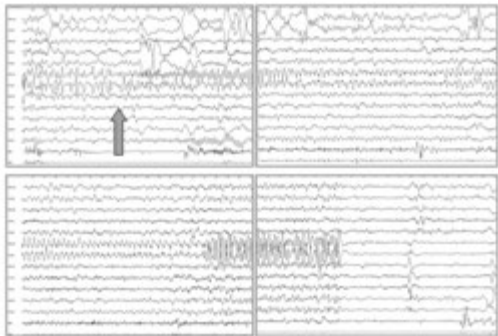
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## Left central FCD



Nicolas 6 weeks

SVP

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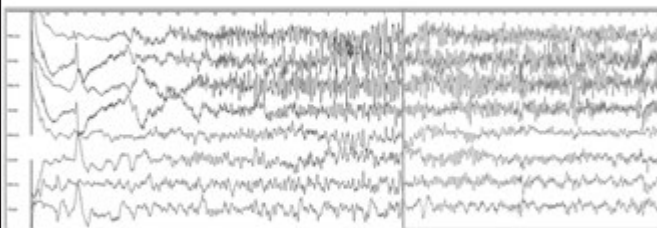
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## Right frontal FCD



Cynthia 2 months

SVP

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# IN THE CHILDHOOD VERA TERRA (BRAZIL)

**CIREP PEDIÁTRICO**  
COORDENADOR  
AMÉRICO SAKAMOTO  
**EPILEPTOLOGIA**  
VERA CRISTINA TERRA  
REGINA M F FERNANDES  
KYLVA GISELE F. D. PINTO  
**IMAGEM**  
DAVID ARAÚJO  
ANTONIO C SANTOS  
**IMAGEM FUNCIONAL**  
ANTONIO C SANTOS  
SARA R ROSSET  
**MEDICINA NUCLEAR**  
LAURO WICHERT-ANA  
**NEUROPSICOLOGIA**  
SARA R ROSSET  
CECILIA SOUZA OLIVEIRA  
**ASSISTENTE SOCIAL**  
SANDRA FUNAYAMA  
**CHEFIA ENFERMAGEM**  
MEIRE AKIKO NISHYAMA



**Time-perspective in epilepsy syndromes. Changes in seizure semiology through age:**

**In Childhood**

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**Vera Cristina Terra**  
*EPILEPTOLOGIA*

**Hélio Rubens Machado**  
*NEUROCIRURGIA PEDIÁTRICA*

*CIREP - CIRURGIA DA EPILEPSIA NA INÂNCIA*

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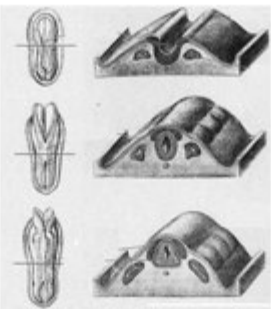
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD

HC **crianc**

## EPILEPTOGÊNESE E EPILEPSIA



Vera Cristina Terra

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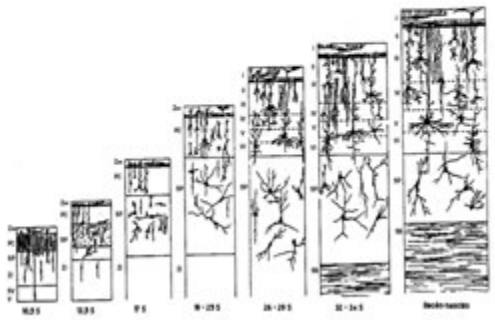
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD

HC **crianc**

## EPILEPTOGÊNESE E EPILEPSIA



Vera Cristina Terra

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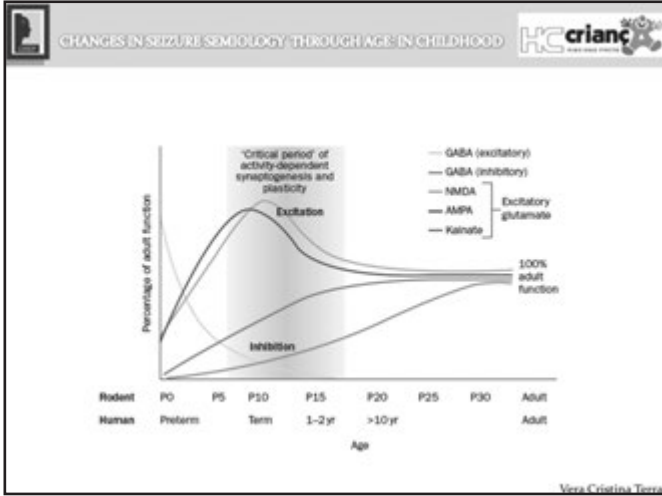
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### EPILEPTOGÊNESE E EPILEPSIA

O cérebro imaturo exibe uma maior excitabilidade e menor inibição, favorecendo o aparecimento de padrões eletroclínicos específicos.

Na infância existe uma marcada redução do limiar para crises epiléticas.

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### EPILEPTOGÊNESE E EPILEPSIA

Existem diferenças nas propriedades moleculares, celulares e das redes neurais do SNC.

↓

Aumento da frequência de disparos das sinapses.  
Aumento na densidade de espinhas sinápticas.  
Aumento da densidade de receptores GLURs grupo I.  
GABA com ação excitatória.

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### EPILEPTOGÊNESE E EPILEPSIA

Desenvolvimento de processos sinápticos.  
 Mielinização  
 Arborização dendrítica.  
 Morfologia das espinhas dendríticas  
 Desenvolvimento de sinapses  
 Neurotransmissores

↓

Mudanças na semiologia das crises com a idade

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### EPILEPTOGÊNESE E EPILEPSIA

Como a mesma etiologia pode causar sintomas clínicos diversos?

↓

Epileptogenicidade intrínseca das lesões  
 Ex: EMT, MDC

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### SEMIOLOGIA

- **Período neonatal:** alterações cardiovasculares, pedalar, crises hipomotoras.
- **Até 6 meses:** crises focais raras, ocorrem ainda espasmos epilépticos, despertares
- **Até 2 anos:** crises tônicas simétricas como manifestação de crises focais.  
*Ação de estruturas subcorticais e do tronco cerebral?*
- **Crises com componentes motores menos exuberantes.**

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianç*

## SEMIOLOGIA

**3-6 anos**

- Fenômenos tônicos, clônicos, mioclônicos, atônicos.
- Espasmos epiléticos.
- Crises hipermotoras.
- Automatismos oroalimentares e gestuais simples.
- Piscamento unilateral forçado.

Vera Cristina Terra

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianç*

## SEMIOLOGIA

**Após os 7 anos**

- Automatismos mais complexos.
- Fenômenos tônicos menos frequentes.
- Postura distônica.
- Aumento da incidência de crises tônico-clônicas generalizadas.

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianç*

## SEMIOLOGIA

*Maturação do sistema límbico e estruturas extratemporais*



**Crise semelhante a do adulto**

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

## SEMIOLOGIA EPILEPSIA DO LOBO TEMPORAL

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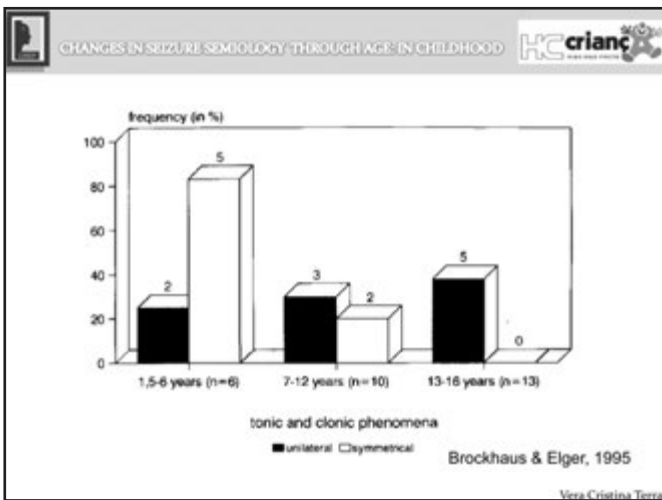
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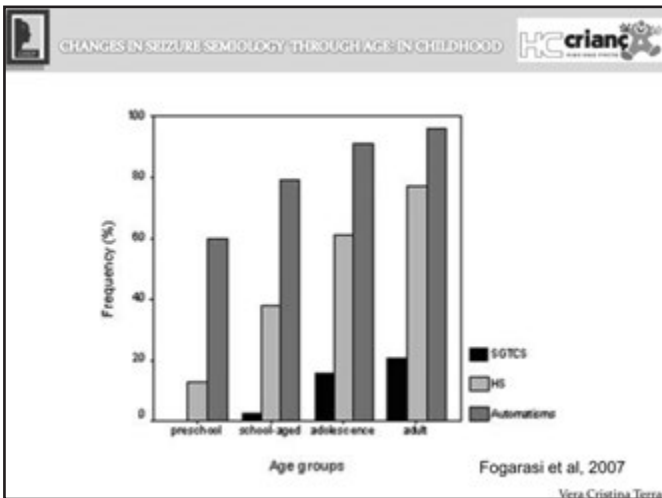
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

**TABLE 2. Unadjusted and HS-adjusted differences in age in relation to semiology axes in patients with temporal lobe epilepsy.**

Semiology axis	N	Age with (years, median, 25-75% range)	Age without (years, median, 25-75% range)	Unadjusted differences (SE)	p	HS adjusted differences (SE)	
Presence of aura	117 (75%)	13.4 (8.8-26.5)	12.5 (3.0-29.3)	0.9 (2.4)	0.69	-1.0 (2.1)	0.96
Emotional signs	79 (25%)	15.2 (8.3-31.0)	13.3 (7.4-21.7)	3.1 (2.3)	0.19	4.3 (2.1)	0.039
Automatic signs	51 (17%)	13.1 (7.2-31.0)	13.5 (8.9-24.0)	0.8 (2.2)	0.78	0.4 (1.9)	0.84
Automatisms	130 (84%)	14.9 (10.3-30.0)	6.5 (2.4-11.0)	10.9 (2.6)	<0.001	7.5 (2.5)	0.003
SGTCS	18 (12%)	20.0 (13.5-33.0)	13.0 (7.1-26.0)	7.8 (3.1)	0.014	5.9 (2.8)	0.038
Number of different interictal signs*	---	---	---	3.8 (8.5)	<0.001	2.9 (6.5)	<0.001
Ratio of motor seizure component**	---	---	---	-2.7 (1.0)	0.007	-1.7 (0.9)	0.07

SGTCS, secondarily generalized tonic-clonic seizure; HS, hippocampal sclerosis; SE, standard error. \*Difference in age was calculated for each increase in the number of interictal signs.  
\*\*Difference in age was calculated for each SD increase in the ratio of motor seizure component.

Fogarasi et al, 2007

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

**TABLE 3. Clinical features of TLS in children**

Feature	Age (yr)		
	1.5-6	7-12	13-16
Simple automatisms	4 (8)	8 (14)	9 (16)
Complex automatisms	0 (0)	2 (2)	4 (4)
Motor phenomena	5 (12)	5 (13)	5 (16)
Versive movements	3 (5)	8 (20)	12 (28)
Hypermotoric activity	2 (4)	3 (4)	2 (3)
Dystonic postures	3 (3)	6 (15)	5 (12)
Secondarily generalized	0 (0)	1 (4)	5 (10)
Total	6 (15)	10 (31)	13 (37)

Brockhaus & Elger, 1995

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

**ELETRENCEFALOGRAMA**

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

- Descargas nos quadrantes posteriores – primeiro ano de vida.
- Migração para padrão mais temporal anterior e frontal – início do segundo ano de vida.
- Padrão eletrodecremental – após os 6 meses.
- Hipsarritmia.

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

**São sugestivos de Epilepsia Focal no primeiro ano de vida:**

- Presença de crises ou descargas focais + padrão difuso.
- Alternância entre achados focais e difusos/generalizados.
- Padrões generalizados típicos

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD 

**Após os 6 anos**

- Presença de ondas ogudas ou pontas localizadas.
- Na epilepsia do lobo temporal – registro de ondas agudas ou atividade teta com propagação para regiões extratemporais

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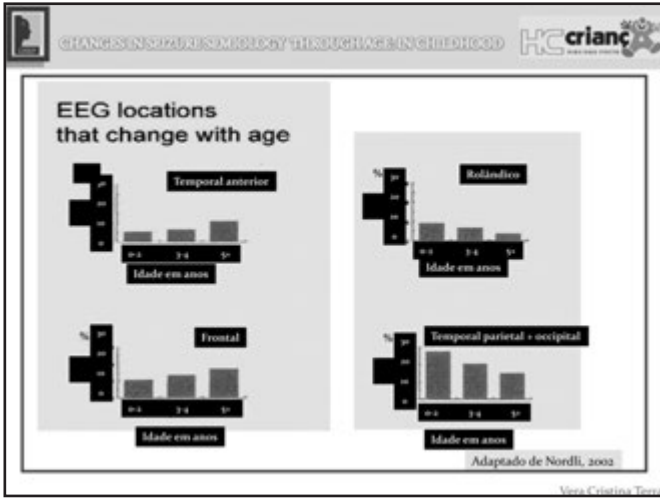
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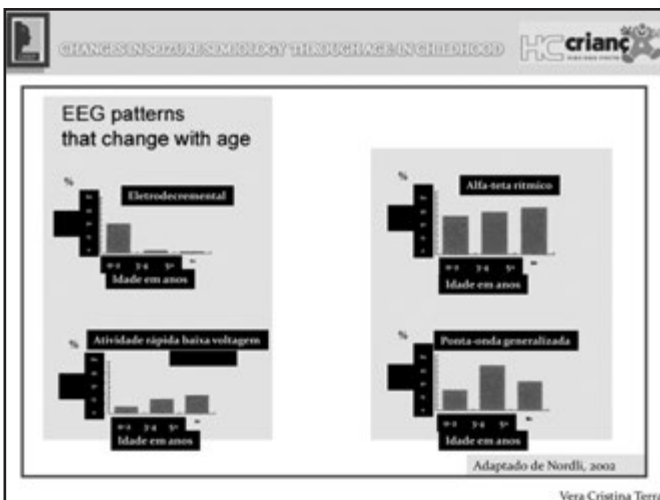
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Epilepsia - continuum, com variabilidade de expressão entre as diferentes idades.**

A maturidade e a integridade clínica do sistema nervoso influenciam fortemente as manifestações clínicas e eletrográficas dos eventos interictais e ictais.

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**Diferentes síndromes epiléticas em diferentes faixas etárias.**

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC crianç**

Período neonatal	Crises neonatais benignas familiares (3) Encefalopatia mioclonica precoce (3) Síndrome de Ohtahara (3)
Lactentes	Crises migratórias parciais do lactente (2) Síndrome de West (2) Epilepsia mioclonica do lactente (3) Crises infantis benignas (2) Síndrome de Dravet (2) Encefalopatia mioclonica em desordens não progressivas (3)
Infância	Epilepsia occipital benigna da infância de início precoce (tipo Panayiotopoulos) (3) Epilepsia com crises mioclonico-astáticas (2) Epilepsia benigna da infância com descargas centrossporádicas (2) Epilepsia occipital da infância de início tardio (tipo Gastaut) (1) Epilepsia com ausências mioclonicas (2) Síndrome de Lennox-Gastaut (3) Encefalopatia epiléptica com descargas de espículas-onda contínuas durante o sono incluindo a síndrome de Landau-Kiehlner (3) Epilepsia ausência da infância (3)

Engel, 2006

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC crianç**

Relação com idade menos específica	Epilepsia do lobo frontal noturna autossômica dominante (3) Epilepsia do lobo temporal familiar (3) Epilepsia do lobo temporal mesial com esclerose hipocampal (2) Síndrome de Rasmussen (3) Crises gelásticas com hamartoma hipotalâmico (3)
Condições epilépticas especiais	Epilepsias focais sintomáticas não especificadas de outra forma Epilepsia apenas com crises tônico-clônicas generalizadas Epilepsias reflexas - Epilepsia occipital fotosensível (2) - Epilepsia primária da leitura (3) - Epilepsia da água quente em lactentes (3) Crises febris plus Epilepsia focal familiar com focos variáveis (3)

Engel, 2006

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC crianç**

## EPILEPSIAS IDIOPÁTICAS

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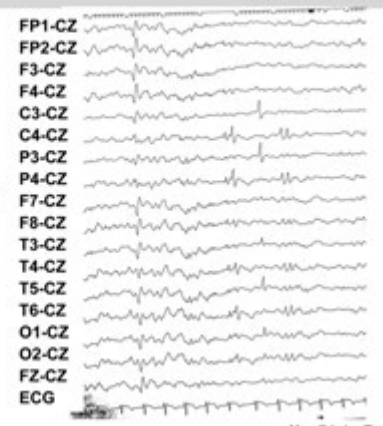
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Epilepsia Benigna da Infância: pontas rolândicas**

FP1-CZ  
 FP2-CZ  
 F3-CZ  
 F4-CZ  
 C3-CZ  
 C4-CZ  
 P3-CZ  
 P4-CZ  
 F7-CZ  
 F8-CZ  
 T3-CZ  
 T4-CZ  
 T5-CZ  
 T6-CZ  
 O1-CZ  
 O2-CZ  
 FZ-CZ  
 ECG



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Epilepsia Benigna da Infância: pontas occipitais**

- *forma precoce (tipo Panaiotopoulos).*
- *forma tardia (tipo Gastaut).*

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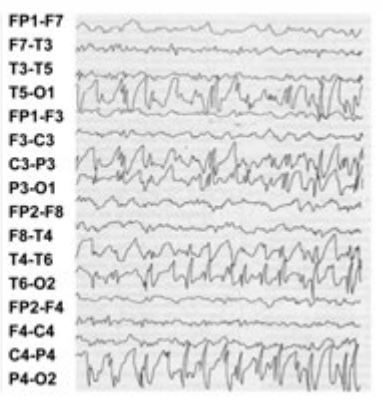
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Epilepsia Benigna da Infância: pontas occipitais**

FP1-F7  
 F7-T3  
 T3-T5  
 T5-O1  
 FP1-F3  
 F3-C3  
 C3-P3  
 P3-O1  
 FP2-F8  
 F8-T4  
 T4-T6  
 T6-O2  
 FP2-F4  
 F4-C4  
 C4-P4  
 P4-O2



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Epilepsia Benigna da Infância: pontas occipitais

**FIG. 17.8** EEG of a 10-year-old girl with childhood epilepsy with occipital paroxysms (CEOP). The seizures consisted of lateral gaze deviation and vomiting with subtle impairment in awareness. The EEG shows normal background activity and high-amplitude occipital (TAC2) spikes that have a stereotyped waveform. TC, 2.1 seconds; HFV, 70 Hz.

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Epilepsia Generalizada - Ausência Infantil

**FP1 - OZ**  
**F3 - OZ**  
**C3 - OZ**  
**P3 - OZ**  
**O1 - OZ**  
**F7 - OZ**  
**T7 - OZ**  
**P7 - OZ**  
**FP2 - OZ**  
**F4 - OZ**  
**C4 - OZ**  
**P4 - OZ**  
**O2 - OZ**  
**F8 - OZ**  
**T8 - OZ**  
**P8 - OZ**  
**FZ - OZ**  
**CZ - OZ**  
**OZ - OZ**

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Síndrome de Doose ou Epilepsia Mioclônico-Astática

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Síndrome de Doose ou Epilepsia Mioclônico-Astática

Tipo de queda	Astática	Tônica
Duração da queda	Reta, com direção às nádegas. Depende do centro de gravidade	Propulsiva
Confusão pós-ictal	Ausente	Depende da duração, pode haver confusão e automatismos
Manifestação na posição supina	Sursun vergens (versão ocular p/ cima)	Flexão do tronco e abdução dos membros superiores
EEG crítico	Complexos pontando; Atenuação da atividade de base.	Ritmo recrutante
Síndrome relacionada	EMA	SLG

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Síndrome de Doose ou Epilepsia Mioclônico-Astática

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

### Síndrome de Doose ou Epilepsia Mioclônico-Astática

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

## Epilepsias Provavelmente Sintomáticas e/ou Sintomáticas

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

## EPILEPSIAS FOCAIS SINTOMÁTICAS

- Lobo frontal
- Lobo temporal
- Lobo parietal
- Lobo occipital

**Epilepsia parcial contínua - Rasmussen**

**Epilepsias focais com formas específicas de precipitação**

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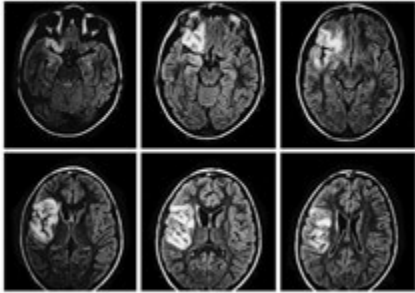
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

## Epilepsias Hemisféricas

*Encefalite de Rasmussen.*



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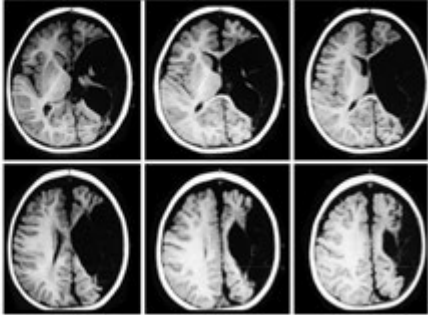
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

## Epilepsias Hemisféricas

*Síndrome HHE*



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

## ENCEFALOPATIAS EPILÉPTICAS

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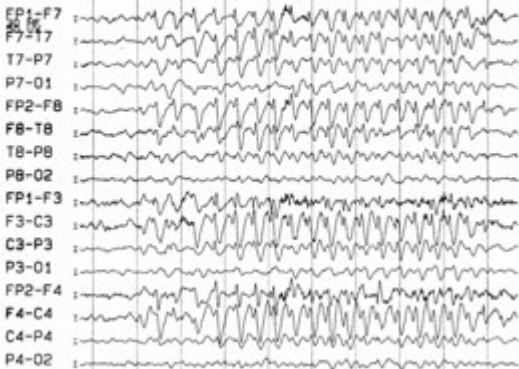
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

## Síndrome de Lennox-Gastaut



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** **crianc**

### Síndrome de Lennox-Gastaut

FP1-F7  
T7-P7  
P7-O1  
FP2-F8  
F8-T8  
T8-P8  
P8-O2  
FP1-F3  
F3-C3  
C3-P3  
P3-O1  
FP2-F4  
F4-C4  
C4-P4  
P4-O2  
FZ-CZ  
CZ-PZ

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** **crianc**

### Síndrome de Landau-Kleffner

FP1-F7  
T7-P7  
P7-O1  
FP2-F8  
F8-T8  
T8-P8  
P8-O2  
FP1-F3  
F3-C3  
C3-P3  
P3-O1  
FP2-F4  
F4-C4  
C4-P4  
P4-O2  
FZ-CZ  
CZ-PZ

FIG. 17.21. EEG of a 6-year-old boy with Landau-Kleffner syndrome (LKS). He had been neurologically normal until 2 months previously, when he developed rapidly progressive loss of language skills. He had only three seizures, all generalized convulsions. Results of brain imaging, cerebrospinal fluid studies, and metabolic evaluation were normal. An EEG in the waking state demonstrated mild slowing of background activity and infrequent right temporoparietal, TC, 0.1 second, 10 Hz. (Figure continues.)

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** **crianc**

### Síndrome de Landau-Kleffner

FP1-F7  
T7-P7  
P7-O1  
FP2-F8  
F8-T8  
T8-P8  
P8-O2  
FP1-F3  
F3-C3  
C3-P3  
P3-O1  
FP2-F4  
F4-C4  
C4-P4  
P4-O2  
FZ-CZ  
CZ-PZ

FIG. 17.21. Continued. B: EEG during non-rapid-eye-movement sleep shows nearly continuous spikes and wave discharges. Although broadly distributed laterally, they are maximal over the right temporal region. TC, 0.1 second, 10 Hz.

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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

## DOENÇAS ASSOCIADAS COM EPILEPSIA NA INFÂNCIA

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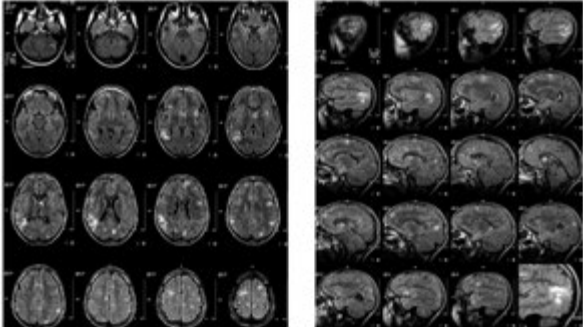
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

### *Complexo Esclerose Tuberosa*



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC** *crianc*

### *Síndrome de Sturge-Weber*



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Malformações do desenvolvimento Cortical**



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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Malformações do desenvolvimento Cortical**



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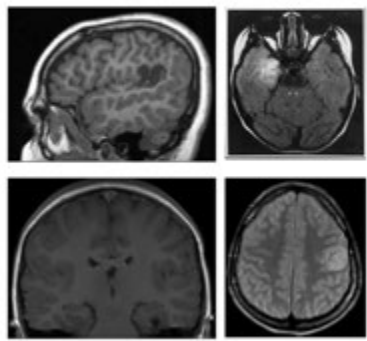
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CHANGES IN SEIZURE SEMIOLOGY THROUGH AGE IN CHILDHOOD **HC criança**

**Tumores do sistema nervoso central**



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# IN THE ADOLESCENCE

## ELZA MÁRCIA YACUBIAN (BRAZIL)

### Epilepsia na adolescência



Elza Márcia Targas Yacubian  
Unidade de Pesquisa e Tratamento das Epilepsias  
Universidade Federal de São Paulo, São Paulo, Brasil

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### ADOLESCÊNCIA

- A adolescência é a transição entre a infância e a vida adulta, cujos limites nem sempre são bem definidos
- Início com a puberdade (do lat. *Pubescere*: cobrir-se de penugem) e terminada quando o crescimento e a maturidade física se completam
- Algumas epilepsias da infância estão em resolução
- Grande parte das epilepsias da vida adulta aqui se iniciam, sendo muitas vezes difícil o diagnóstico das síndromes epiléticas que se manifestam exclusivamente nesta fase

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### Prevalência

- 1,5 – 2% dos adolescentes; 19% das epilepsias de todas as idades

Gastaut, 1983; Jennita et al., 1981; Oller Guarella et al., 1982; Wheless & Kim, 2002

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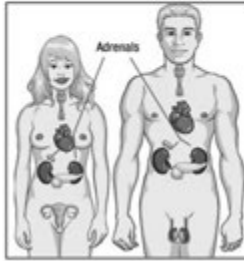
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## Desenvolvimento puberal ADRENARCA OU PUBARCA

- Aparecimento de pêlos pubianos, axilares ou ambos, sem outros sinais de desenvolvimento de puberdade pelo início da produção de androgênios pelas supra-renais que ocorre antes da gonadarca




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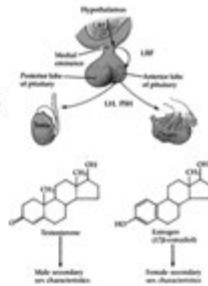
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## Desenvolvimento puberal GONADARCA

- Maturação do eixo hipotálamo-hipófise-gônadas com início da maturação gonadal e produção hormonal pelas gônadas. Aumento de mamas, útero e ovários nas meninas; aumento da genitália, pênis e testículos nos meninos, devido ao aumento dos esteróides sexuais, estrogênios nas meninas e androgênios nos meninos
- **MENARCA:** primeira menstruação
- Meninas a puberdade tem início entre 8-13 anos de idade, 1-2 anos antes do que meninos




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## Epileptogênese na adolescência

- A maturação sexual tem início com a secreção de **esteróides excitatórios durante a adrencia e a gonadarca** entre 8 e 10 anos de idade:
  - Sulfato de dehidroepiandrosterona
  - Sulfato de pregnenolona
  - Estrogênios
- Em indivíduos do sexo masculino acredita-se que diferentes níveis dos **metabólitos da testosterona** possam atuar no cérebro seja como anticonvulsivante (como o 3- $\alpha$ -androstenediol) ou pró-convulsivante (como o estradiol)

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## Epileptogênese na adolescência

- A secreção do **esteróide neuroinibitório progesterona** só começa quando os ciclos menstruais se tornam ovulatórios, um ou dois anos após a menarca
- Os **esteróides neuroexcitatórios** estão presentes 4 a 6 seis anos antes da progesterona e podem promover **sinaptogênese excitatória** e **desenvolvimento da epilepsia**

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## Influência da menarca no início da epilepsia

- 94 meninas e mulheres pós-menarca
- 9-55 anos de idade
- Idade da menarca
- Idade do início das crises

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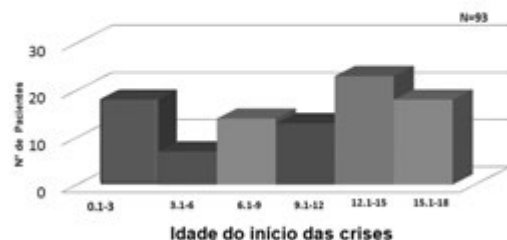
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## Início da epilepsia no período peri-menarca



Média do início das crises: 10.1 anos; predomínio 12-15 anos

Klein et al., 2003

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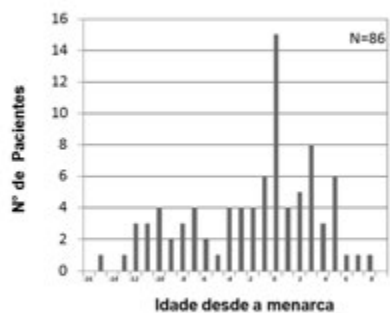
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### Início da epilepsia no período peri-menarca



Klein et al., 2003

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### As síndromes epilépticas iniciadas na adolescência

Epilepsias generalizadas idiopáticas com fenótipo variável	Epilepsia mioclônica juvenil
	Epilepsia ausência juvenil
	Epilepsia com crises tônico-clônicas do despertar
Epilepsias fotossensíveis	
Epilepsia da leitura	
Epilepsia mesial temporal por esclerose hipocampal	
Epilepsias mioclônicas progressivas	

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### 1. Epilepsias generalizadas idiopáticas

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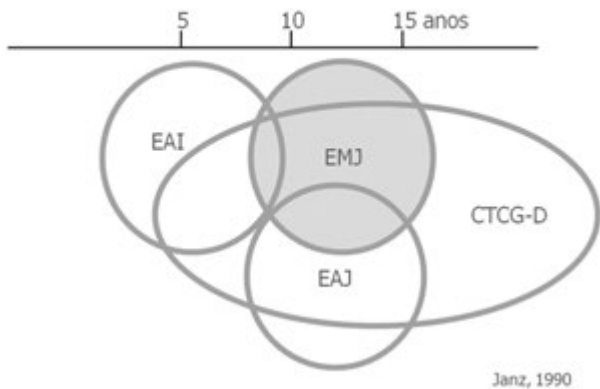
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### Superposição das síndromes de EGI da infância e adolescência



Janz, 1990

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### EPILEPSIA MIOCLÔNICA JUVENIL

- 10% de todas as epilepsias
- Início na puberdade; crises ocorrem principalmente pela manhã, ao despertar
- Mioclonias, presentes em todos os casos,
- Crises tônico-clônicas generalizadas (80% dos casos)
- Ausência breves e infrequentes (30% dos casos)
- Fotossensibilidade (30% dos casos)

Janz & Christian, 1957  
Wolf & Goocoes, 1986  
Genton et al, 2000  
ILAE Commission on Classification and Terminology, 1989

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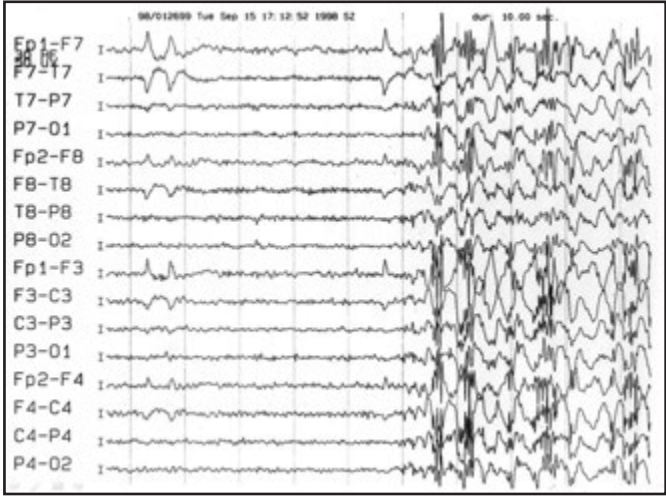
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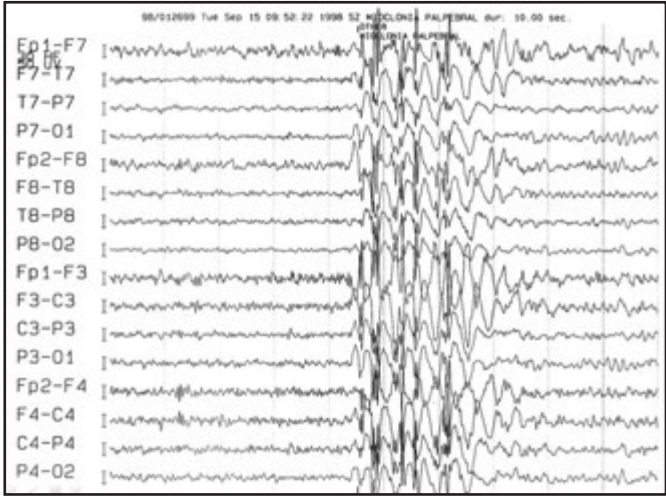
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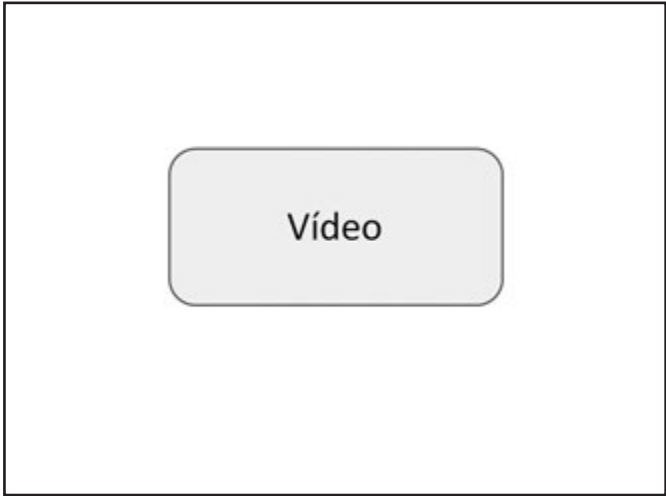
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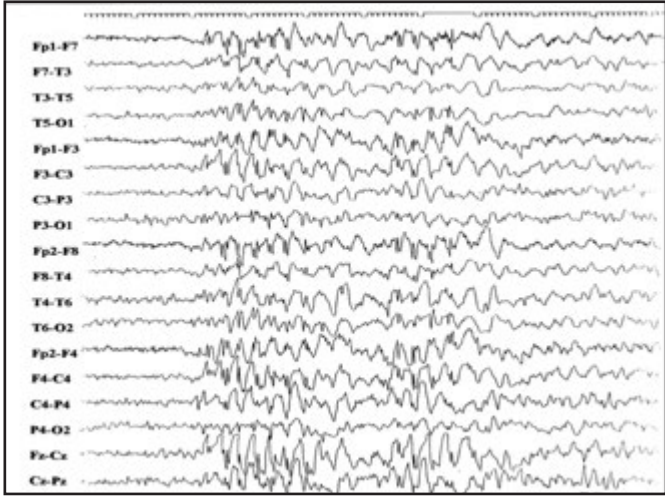
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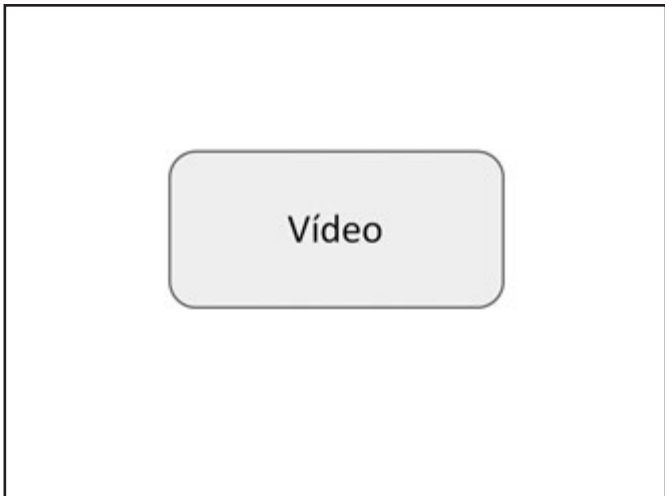
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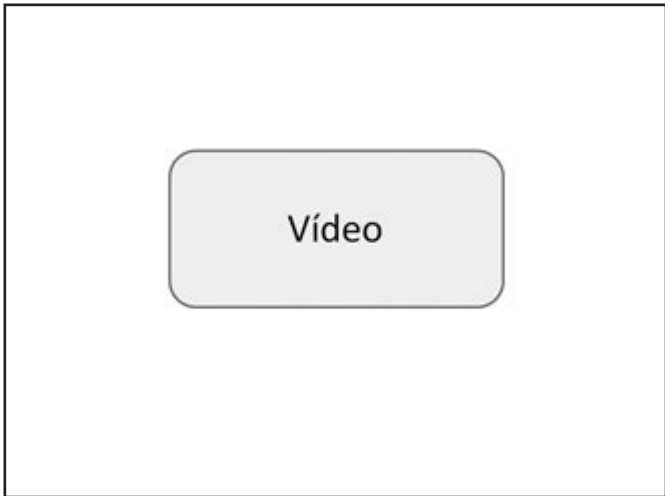
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## Epilepsia ausência juvenil

- Início 7-16 anos (pico 10-12)
- Ausências: comprometimento menos importante da consciência
- 9-10/dia - ausências espaniolépticas
- Duração mais longa ( $16,3 \pm 7,1$ s na epilepsia ausência juvenil,  $12,4 \pm 2,1$ s na epilepsia ausência da infância e  $6,6 \pm 4,2$  na epilepsia mioclônica juvenil).
- Ausências constituem o tipo de crise predominante, embora a maioria dos pacientes apresente mioclonias e raras crises tônico-clônicas generalizadas
- Esta forma de epilepsia não apresenta remissão, embora as ausências melhorem com a idade quanto ao grau de comprometimento da consciência, duração e frequência

Panayiotopoulos et al., 1989

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AUSÊNCIA NA EPILEPSIA AUSÊNCIA JUVENIL

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## Epilepsia com crises tônico-clônicas ao despertar

- Crises tônico-clônicas generalizadas ao despertar
- Seis crises
- Para alguns esta denominação deve ser restrita à forma pura de crises tônico-clônicas generalizadas que ocorrem de 1 a 2 horas após o despertar,
- Privação de sono, fadiga e consumo excessivo de álcool
- O despertar independe do horário do dia, havendo ainda um segundo pico de incidência no período de relaxamento no final do dia
- Com esta definição, esta síndrome é extremamente rara
- Fotossensibilidade é comum (13% dos casos) e a resposta à terapia é satisfatória

Janz, 1994; ILAE Commission, 1989; Wolf & Goosses, 1986

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## Características gerais

- As crises ausências, quando isoladas, têm idade de início mais precoce do que as crises mioclônicas com ou sem crises de ausência;
- A privação de sono como fator precipitante é mais freqüente nas crises mioclônicas com ou sem crises de ausências do que nas crises de ausências isoladas;
- O uso excessivo de bebidas alcoólicas como fator precipitante é mais comum nos pacientes com crises mioclônicas não acompanhadas de ausências;

Reutens & Berkovic, 1995

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## Características gerais

- As epilepsias com crises de ausência isoladas têm uma freqüência máxima de aparecimento das crises no período vespertino em comparação com as ausências acompanhadas de mioclonias ou mioclonias isoladas, que apresentam predomínio matutino;
- As crises tônico-clônicas generalizadas são menos freqüentes na síndrome de Epilepsia Ausência Juvenil do que nas epilepsias acompanhadas de mioclonias;
- Os pacientes que apresentam os dois tipos de crises não convulsivas, ausências e mioclonias, têm maior número de crises tônico-clônicas generalizadas.

Reutens & Berkovic, 1995

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## 2. Epilepsias fotossensíveis

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### Epilepsias fotossensíveis

- **Epilepsia fotossensível** é o nome da epilepsia na qual todas ou quase todas as crises são provocadas por flashes ou luzes intermitentes ou por algumas formas ou padrões visuais
- **Fotossensibilidade** é uma resposta anormal à luz ou a padrão visual que ocorre em 0.3-3% da população submetida ao EEG
- A prevalência estimada de crises induzidas por estímulos luminosos é de 1 por 10.000 (1 por 4.000 indivíduos entre 5 a 24 anos)
- Entre as pessoas com epilepsia, 2-14% têm crises precipitadas por luz ou padrão visual

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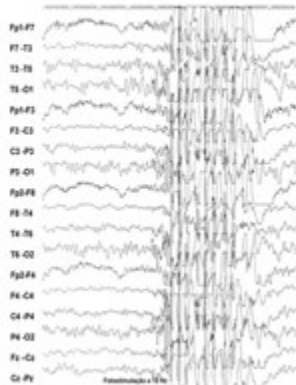
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### Epilepsias fotossensíveis



- A fotossensibilidade tem máxima expressão ao redor da puberdade e declina com a idade, provavelmente após os 25 anos e está presente em várias síndromes epilépticas
- Estes pacientes, principalmente mulheres, apresentam resposta fotoparoxística no EEG, em geral com estímulos com intensidade de 1 joule, com frequência de flashes entre 10-30 Hz

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## Epilepsia cromatossensitiva

- A importância da cor na provocação de crises foi noticiada em 16 de dezembro de 1997 quando da transmissão do desenho Pokémon no Japão, o qual provocou crises em 685 crianças
- Neste episódio, alterações rápidas a 12 Hz nas telas de cor vermelha e azul, foram identificadas como o fator provocador das crises

Tobimatsu et al., 1999; Parra et al., 2005

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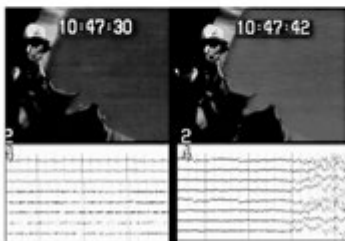
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## Pokemon Epilepsia cromatossensitiva

- O conteúdo epileptogênico de uma sequência de vídeo relacionada à cor foi filtrado sem alterar seu conteúdo espacial e luminescência



Tobimatsu et al., 1999; Parra et al., 2005

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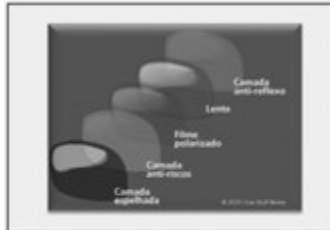
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## Tratamento

- Medidas não farmacológicas
- Tratamento farmacológico



- Lentes azuis Z1
- 610 pacientes com RFP grau 4
- Lentes Z1: desaparecimento da resposta fotoparoxística em 463 (75,9%) dos pacientes

Capovilla et al., 2006

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## 3. Epilepsia da leitura

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## Epilepsia da leitura

- Mioclonias envolvem a musculatura orofaringolaríngea e podem evoluir para crise tônico-clônica generalizada
- Idade de início entre 12-25 anos (média 17,7)
- Sexo: homens 1,8:mulheres 1
- Precipitadas pela leitura (100%), fala (27%), escrita (11%), leitura de formas (4-7%), leitura Braille ou partitura musical (raramente)
- Crises não provocadas: ausentes em 95%, muito raras em 5% dos pacientes

Wolf, 1992

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Vídeo

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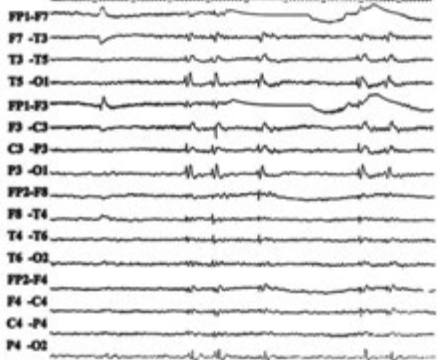
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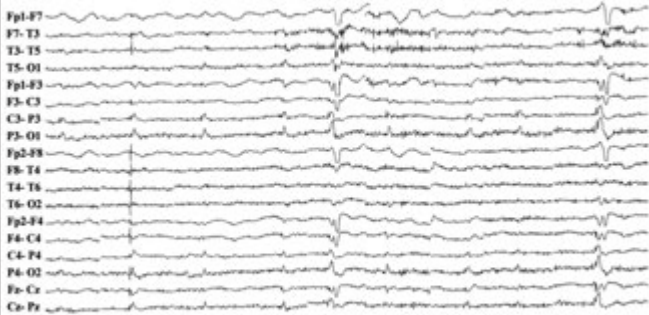
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#### 4. Esclerose mesial temporal na adolescência

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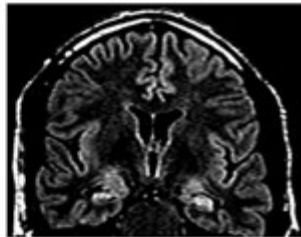
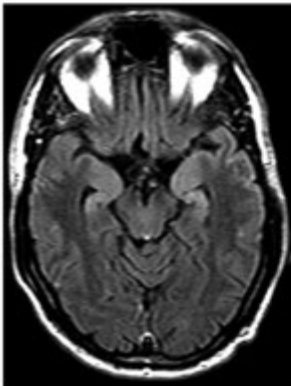
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#### Esclerose hipocampal clássica



Atrofia hipocampal  
Perda da estrutura interna  
Hiposinal em T1  
Hipersinal em T2

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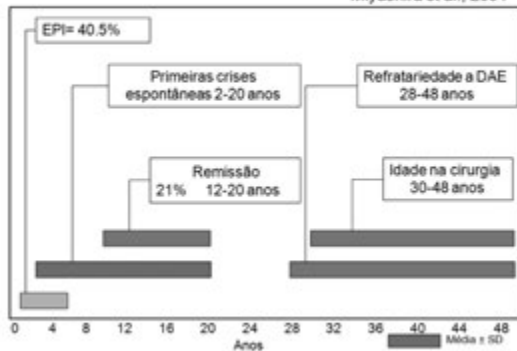
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#### Curso da epilepsia relacionada à esclerose mesial temporal em 180 pacientes

Miyashira et al., 2004



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## 5. Epilepsias mioclônicas progressivas

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### Epilepsias mioclônicas progressivas

- 1% de todos os casos de epilepsia na infância e adolescência
- Mioclonias do tipo parciais ou segmentares, arrítmicas, assíncronas, assimétricas e maciças, chamadas de 'mioclonias do tipo Unverricht'
- Epilepsia com crises generalizadas tônico-clônicas, clônico-tônico-clônicas ou clônicas, as quais se associam a ausências e crises focais
- Deterioração mental culminando em demência e sintomas neurológicos entre os quais se destaca a ataxia cerebelar

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### Epilepsias mioclônicas progressivas

- São doenças genéticas e várias já tiveram seus genes identificados
  - Doença de Unverricht-Lundborg (mioclonia báltica)
  - Doença de Lafora
  - Mitocondriopatias entre as quais se destaca a síndrome MERRF-Myoclonic epilepsy with ragged-red fibers caracterizada por epilepsia, mioclonia intencional, fraqueza muscular, ataxia progressiva e surdez
  - Ceróides lipofuscinoses com duas formas juvenis, a doença de Batten-Spielmeyer-Vogt caracterizada por déficit visual, demência progressiva e manifestações extrapiramidais além de crises epiléticas e a doença de Kuf com epilepsia mioclônica progressiva ou demência com distúrbios motores, sem sintomas visuais

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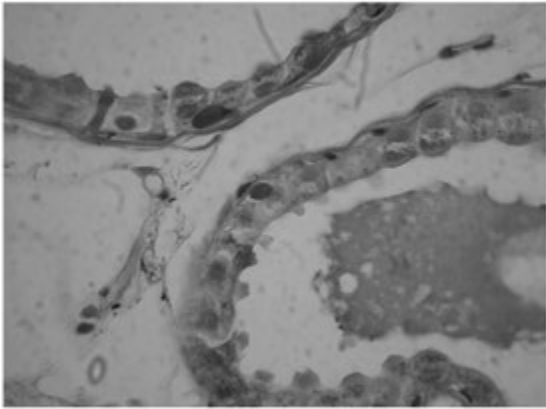
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**CORPOS DE LAFORA**

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**DOENÇA DE LAFORA**

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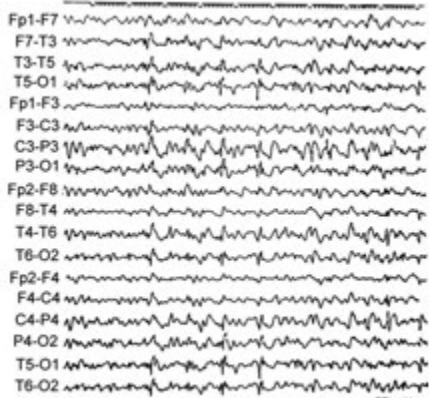
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**DOENÇA DE LAFORA**

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## 6. Epilepsias parciais idiopáticas da adolescência. As crises focais benignas da adolescência

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Pierre Loiseau  
(1926-2004)

### Crises focais benignas da adolescência

Epidemiologia	Um quarto das crises focais de adolescentes
Idade	11 a 18 anos
Exame neurológico	Normal
Tipo de crises	Crises focais simples com características somato-sensitivas, motoras focais, olhivas ou tônico-clônicas, sem marcha jacksoniana. Generalização secundária em 50% dos casos. Raramente parciais complexas.
Frequência	O evento é uma CIBSE ÚNICA em 75%, nos restantes 25%, um cluster de 2-4 crises ocorrem em 36-48 horas
Ritmo circadiano	Em vigília, menos frequentes em sono
EEG	Normal ou algumas ondas lentas centro-parieto-occipitais quando registado após o evento crítico
Etiologia	Desconhecida. Raramente há história familiar de epilepsia
Patofisiologia	Desconhecida. Crises que afetam o córtex sensorio-motor
Outros exames	Deve-se realizar RM na busca de uma lesão focal em todos os casos
Diagnósticos diferenciais	Epilepsias focais sintomáticas Epilepsias benignas idiopáticas de infância de início tardio Epilepsia mioclonica juvenil com mioclonias "focais" sigólicas com paroxismos focais Crises pseudo-epilépticas
Tratamento	Deve-se evitar tratamento. O curso é benigno e as crises são isoladas

Loiseau P et al., 1972; Loiseau & Orrego, 1978; Loiseau & Louiset, 1992

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### O significado da epilepsia iniciada na adolescência- 212 adolescentes de 16 países

- Dois terços (65%) das crianças e adolescentes referiram impossibilidade de comparecer às aulas sete dias por ano, em média
- 36% referiram que escondiam a epilepsia de outros por medo de serem tratados de forma diferente e por acreditarem que outras pessoas não deveriam ter ciência de sua condição (47%)

Baker et al. (2008)

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## O significado da epilepsia iniciada na adolescência- 212 adolescentes de 16 países

- A maioria (87%) tomava medicamentos antiepilépticos. Mais de um terço reportaram efeitos adversos:
  - alteração no peso (49%), cefaléia (46%), tontura (41%), e tremores (33%)
- Mais de um terço antecipavam que sua condição exerceria impacto negativo em suas vidas futuras e as áreas mais citadas foram comprometimento das oportunidades de emprego (73%), viagens (37%) e educação (36%)

Baker et al. (2008)

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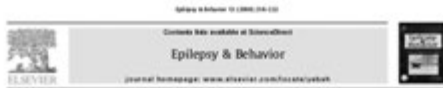
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## QOLIE-AD 48



The Brazilian version of the Quality of Life in Epilepsy Inventory for Adolescents: Translation, validity, and reliability  
Fernanda Dantas Barbosa<sup>1</sup>, Marilisa M. Geroncio, Elisabete Abbê Pedroni de Souza  
Department of Neurology, São Francisco Hospital, Ribeirão Preto, SP, Brazil



Joyce Cramer

Development of the Quality of Life in Epilepsy Inventory for Adolescents: the QOLIE-AD-48. Cramer JA, Westbrook LE, Devinsky O, Perrine K, Glassman MB, Camfield C. Epilepsia 1999 Aug;40(8):1114-21.

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Muito obrigada

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# IN THE ADULTHOOD

## VERIANO ALEXANDRE JUNIOR (BRAZIL)

MASSE

ESCOLA LATINO-AMERICANA DE VERÃO EM EPILEPSIA  
ESCUELA LATINO-AMERICANA DE VERANO EN EPILEPSIA  
LATIN-AMERICAN SUMMER SCHOOL ON EPILEPSY

**Mudanças na semiologia das crises epilépticas com a idade:  
adultos**

VERIANO ALEXANDRE JR

Departamento de Neurociências e Ciências do Comportamento

LASSE IV - 01 Feb 2010

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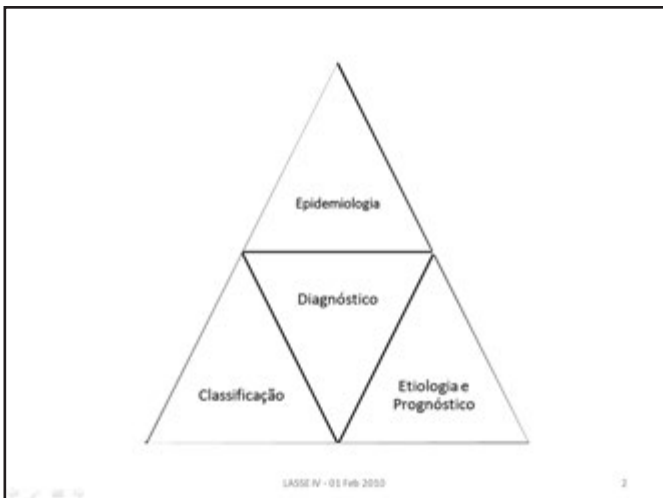
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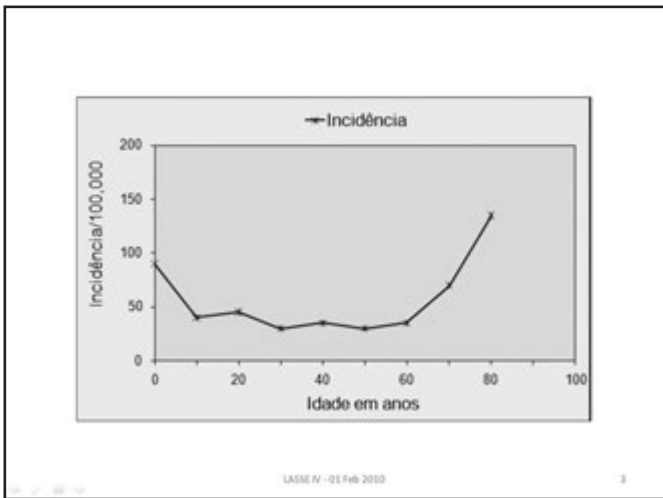
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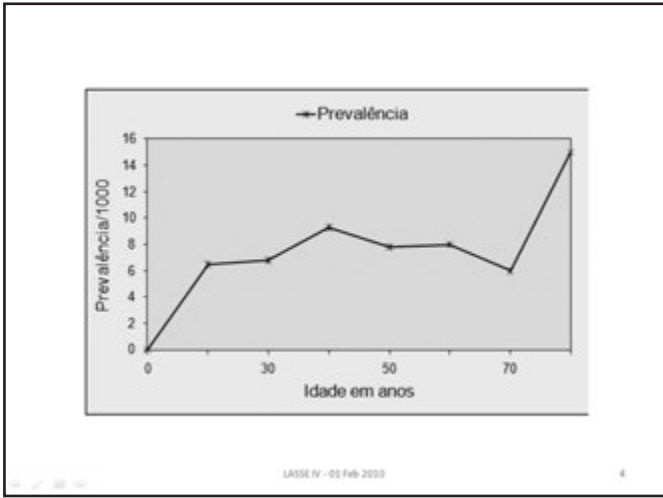
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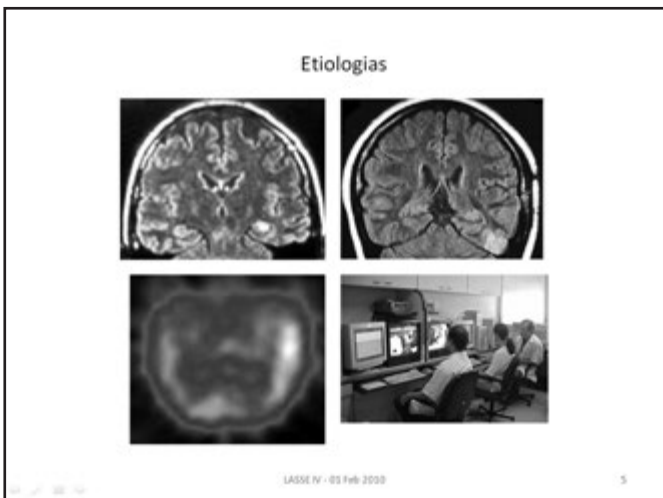
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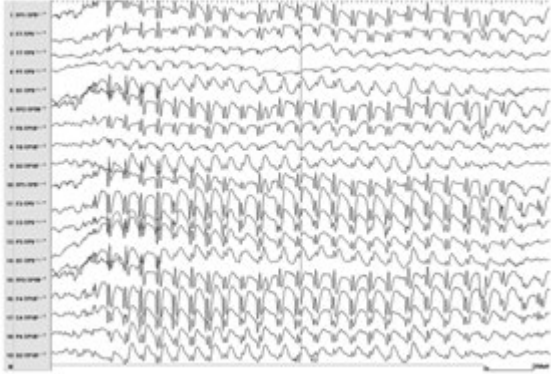
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Atividade generalizada



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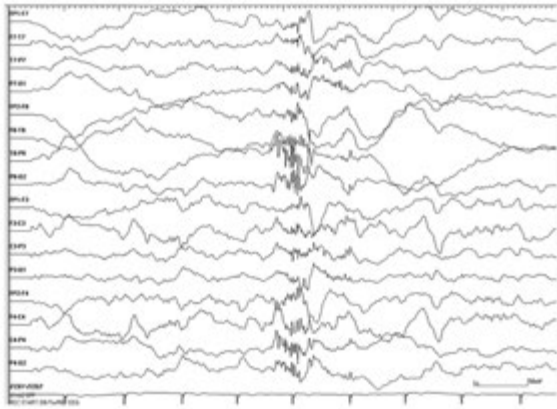
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Exame fisico



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## Semiologia



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## O homúnculo de Penfield



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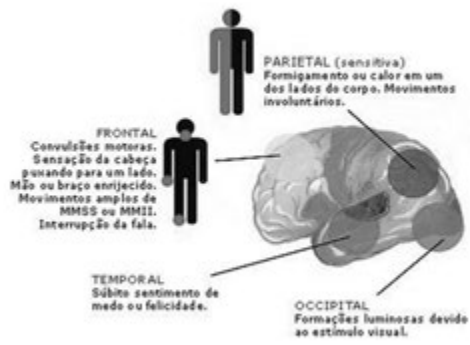
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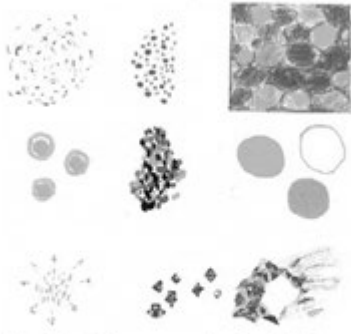
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Alucinações visuais elementares como descritas e desenhadas por pacientes com crises de lobo occipital. Extraído de Panayiotopoulos, J Neurol Neurosurg Psychiatry 1999.

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Aura abdominal



LASSE IV - 03 Feb 2020 14

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Automatismos mastigatórios



LASSE IV - 03 Feb 2020 15

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### Auras



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### Sinais lateralizatórios

Sinais lateralizatórios	Hemisfério cerebral
Versão ocular e cefálica	Contralateral
Postura distônica da mão	Contralateral
Sinal do 4	Contralateral
Automatismos mantendo responsividade	Não dominante
Fala ictal	Não dominante
Afasia pós-ictal	Dominante
Vômito ictal	Não dominante
Cuspir durante a crise	Não dominante
Urgência urinária peri-ictal	Não dominante
Coçar nariz pós-ictal	Ipsilateral
Tosse pós-ictal	Não dominante
Clonias unilaterais	Contra-lateral
Hipertonia unilateral	Contra-lateral
Piscamento unilateral	Ipsilateral

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### Postura distônica



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Crise tônica assimétrica



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Crise tônico-clônica generalizada



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Crise hipermotora



LASSE IV - 03 Feb 2010

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LASSE IV - 03 Feb 2010

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### Diferenças regionais



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COMMISSION REPORT

28 July 2009

### Revised terminology and concepts for organization of the epilepsies: Report of the Commission on Classification and Terminology

- Anne T. Berg, PhD,<sup>1</sup>
- Sauwel F. Berkovic, MD<sup>2</sup>
- Martin J. Brodie, MD<sup>3</sup>
- Jeffrey Buchhalter, MD, PhD<sup>4</sup>
- J Helen Cross, MB ChB PhD FRCPCH<sup>5</sup>
- Walter van Emde Boas, MD<sup>6</sup>
- Jerome Engel Jr., MD, PhD<sup>7</sup>
- Jacqueline French, MD<sup>8</sup>
- Tracy A. Glauser, MD<sup>9</sup>
- Gary W Mathern, MD<sup>10</sup>
- Solomon L. Moshé, MD<sup>11</sup>
- Douglas Nordli Jr., MD<sup>12</sup>
- Perrine Plouin, MD<sup>13</sup>
- Ingrid E. Scheffler, MBBS, PhD, FRACP<sup>2</sup>

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# IN THE ELDERLY

## CARLOS GUERREIRO (BRAZIL)




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- Agenda: Epilepsia Geriátrica**
- Aspectos especiais e epidemiológicos
  - Etiologia de crises sintomáticas agudas e das epilepsias
  - Tipos de crises
  - Diagnóstico diferencial
  - Avaliação diagnóstica
  - Princípios do tratamento medicamentoso

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<b>Epilepsia em Idosos e Jovens</b>		
	<i>Idosos</i>	<i>Jovens</i>
<i>Incidência</i>	Alta	Baixa
<i>Freqüência Crises</i>	Rara	Pode ser freqüente
<i>Duração Pós-ictal</i>	Geral/ prolongado	Breve
<i>Risco de acidentes</i>	Alto	Baixo
<i>Resposta a única DAE</i>	Boa	Variável

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## Epidemiologia

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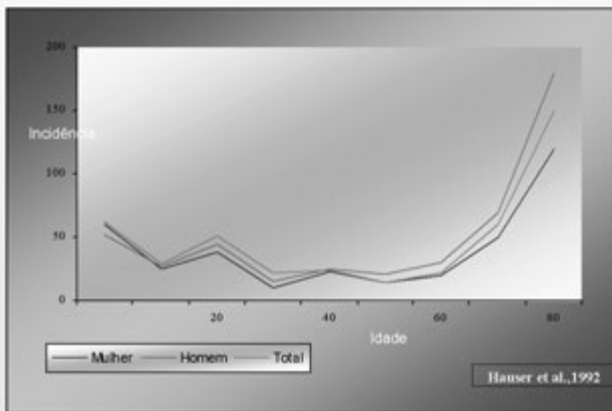
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## Incidência



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## Dados Epidemiológicos

- 70 anos: incidência de epilepsia é 2 X infância
- 80 anos: incidência de epilepsia é 3 X infância
- > 65 anos incidência anual: 134/100.000
- > 65 anos incidência DA: 123/100.000
- > 80 anos incidência: > 135/100.000
- ~ 10% idosos em casas de repouso usam DAE (UK)

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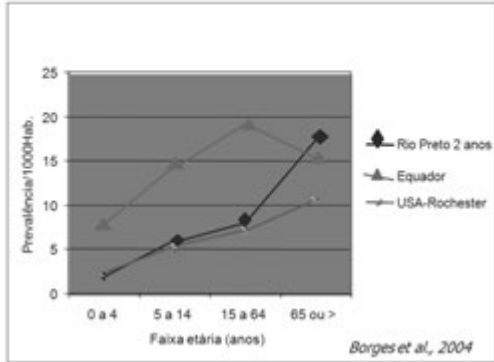
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### Prevalência de Epilepsia Ativa: Equador, EUA e Brasil




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### Etiologia

#### Crises Agudas Sintomáticas (Idosos)

(Lesão aguda ou distúrbio metabólico)

AVC	40-54 %
Condições Tóxico-metabólicas	15-30 %
Neoplasia	8-10 %
Trauma	4-10 %
Álcool	3-5 %
Infecção do SNC	2-3 %

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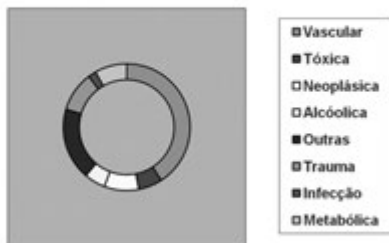
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### Causas de Crises Sintomáticas Agudas (Hauser, 1997)




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### Etiologia de Crises Não Provocadas em Idosos

Idiopático	33-50 %
AVC	33-40 %
Demência	11-16 %
Neoplasia	4-6 %
Infecção do SNC	2-3 %
Trauma	1-3 %

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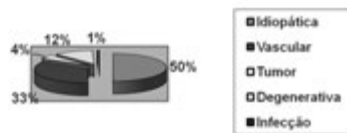
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### Causas de Epilepsia em Idoso (Hauser, 1997)




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### Tipos de Crises em Pacientes > 60 anos

CPC	51,7 %
CPS	19,1 %
CTCG	21,3%
Mioclônicas	4,5 %
Não especificadas	3,4 %

\* Pós-ictal: mais prolongado

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### **Drogas Que Provocam Crises ou ↓ Limiar Epileptogênico**

<b>Psicotrópicos</b> Antidepressivos Tricíclicos Inibidores da recaptação da serotonina Antipsicóticos Bupropiona	<b>Antibióticos</b> Penicilina Imipenem Gentamicina Cefalosporina
<b>Narcóticos</b> Meperidina Propoxifeno	<b>Simpatomiméticos</b> Efedrina Fenilpropanolamina
<b>Agentes cardiovasculares</b> Digoxina Metoprolol Verapamil	<b>Quimioterápicos</b> Metotrexate Clorambucil Cisplatina

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### **Estado de Mal Epiléptico**

- Até 35 % crises sintomáticas agudas: EME
- EME mais prolongados
- Mortalidade: 50% > 80 anos

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### **Diagnóstico Diferencial**

- Alteração de consciência e quadros confusionais
- Movimentos involuntários transitórios
- Afasia
- Distúrbio da marcha

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## Diagnóstico Diferencial

- Síncope neurocardiogênica (ou vasovagal)
- Hipotensão ortostática
- EIT
- Afasia
- Amnésia global transitória
- Distúrbio comportamental do sono REM

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## Avaliação Diagnóstica

- História
- Eletrólitos, glicose, cálcio, magnésio, função renal e hepática
- EEG (558 pac > 60a: 26% AE; 300 pac > 65a: 45% AI; 5% AE)
- Neuroimagem: hematoma subdural, AVCI, tu, infecção. Gadolínio: tu, infecções

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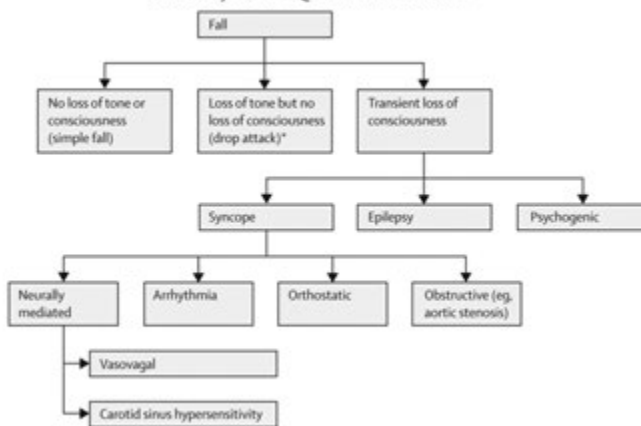
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## Avaliação de Queda em Idoso



Bredie et al., 2

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### Características Clínicas que podem Ajudar na Diferenciação entre Síncope e Epilepsia no Idoso

	Síncope mais Provável	Epilepsia mais Provável
<b>Antes</b>	Eventos ocorrem exclusivamente na posição ortostática Eventos ocorrem consistentemente em associação com micção, tosse, ou evacuação Pré-ictus é dominado por tontura, náusea e vômito, ou sudorese Eventos precipitados por estímulos emocionais (ex. medo, dor)	Aura (ex. cheiro) Eventos ocorrem em várias posições, posturas ou circunstâncias Eventos ocorrem exclusivamente durante o sono
<b>Durante</b>	Pálidez facial Contracções mioclônicas Testemunha confiável descreve queda com imobilidade	Desvio da cabeça no início de mov lateralizados, ou mastigação ou estalar dos lábios Mov tônico-clônicos Eventos estereotipados
<b>Após</b>	Náusea e vômito	Cianose facial, mordedura de língua, ou cefália e mialgia sugerem crise generalizada Confusão ou amnésia durante mais que 1 h

Brodie et al., 2009

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### Comorbidades Comuns e suas Implicações no Idoso com Epilepsia

	Implicação	Ação
<b>Demência</b>	Aderência ao tratamento deve ser compreendida Frequência de crises pode ser difícil de monitorar Educação do paciente pode ser impossível	Considerar screening rotineiro em idosos com epilepsia ou suspeita Acessar indicação para trat da demência Rever supervisão da tomada da medicação Prover treinamento apropriado do cuidador
<b>AVC</b>	Risco de LO ou de adicionais	Priorizar risco de fatores vasculares
<b>Osteoporose</b>	Algumas DAEs > taxa de perda óssea Possível ↑ risco de lesão óssea	Considerar proteção farmacológica do osso
<b>Doença Renal Crônica</b>	Eliminação alterada de algumas DAEs	Rever o uso da DAE
<b>Diabetes Mellitus</b>	Hipoglicemia pode ↓ limiar epileptogênico	Rever o controle glicêmico
<b>Fragilidade</b>	Prejuízo do exame físico geral	Avaliar mobilidade e a necessidade de alarme de segurança

Brodie et al., 2009

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### Quadro 1. Normas Gerais para o Tratamento Medicamentoso das Epilepsias

- O tratamento é geralmente prolongado (meses a anos)
- É recomendado o uso inicial de uma única droga antiepiléptica: monoterapia
- A medicação, de modo geral, deve ser titulada (aumentada) lentamente até atingir a dose mínima eficaz ou surgirem eventos adversos; não está claramente definida a dose mínima (só há parâmetros aproximados); a dose máxima é aquela que o paciente toma sem apresentar efeitos colaterais inaceitáveis
- Nunca se deve retirar abruptamente uma droga antiepiléptica (DAE), com raras exceções, tais como nas reações idiossincrásicas (alérgicas)
- Todos os fármacos antiepilépticos podem causar eventos adversos sistêmicos ou neurotóxicos; este fato justifica a monitoração clínica e laboratorial do paciente pelo médico prescritor da medicação a intervalos variáveis

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### Tratamento Medicamentoso: Princípios Gerais para Idosos

- \* Absolutamente necessário saber toda a medicação em uso, dietas, remédios “naturais”
- \* Monoterapia
- \* Titulação lenta: dose mínima necessária
- \* Adesão (custo e facilidade posológica)
- \* E. Adversos (SNC, quedas, ↓Na, interação de drogas)

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### Estudo Cooperativo dos Hospitais de Veteranos de Guerra

Estudo randomizado, controlado, multicêntrico, duplo-cego:  
CBZ X LTG X GBP

- \* Crises parciais recém-diagnosticadas em pacientes com 60 ou >
- \* Avaliação principal (*primary outcome measure*): índice de retenção por 12m
- \* Doses alvos: GBP: 1.500mg, LTG: 150mg, CBZ: 600mg
- \* Pacientes com efeitos colaterais e controle inadequado de crises foram retirados do estudo. Média de idade (n= 593) = 72 anos

Rowan et al., Neurology, 2005

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### Estudo Cooperativo dos Hospitais de Veteranos de Guerra

- \* Tipos de crises: 43% crises parciais complexas e 25 % tônico-clônicas somente.
- \* Etiologias mais comuns infarto cerebral (32%), desconhecida (24,7%), arteriosclerose cerebral (14,7%), e trauma craniano (6,8%).
- \* Condições clínicas: hipertensão arterial (65,7%), AVC (51,7%), doença cardíaca (47,8%), diabetes (28,2%), câncer ou antecedente de câncer (23,9%).

Rowan et al., Neurology, 2005

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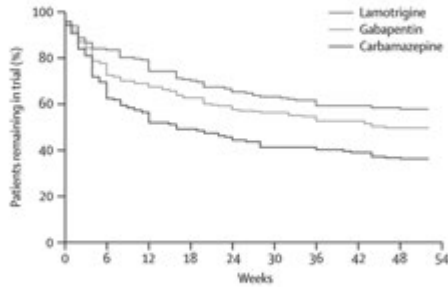
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**Porcentagem de Pacientes Remanescentes no Estudo de Veteranos (52 semanas)**




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**Estudo Cooperativo dos Hospitais de Veteranos de Guerra**

Estudo randomizado, controlado, multicêntrico, duplo-cego:  
CBZ X LTG X GBP

- Abandonaram: LTG: 44,2%  
                  GBP: 51%  
                  CBZ: 64,5%
- Livres de crises: taxas semelhantes  
                  3m: 63,2%  
                  6m: 58,6%  
                  1ano: 53,3%

*Rowan et al., Neurology, 2005*

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**Efeitos Adversos**

**Efeitos sistêmicos**

- ganho de peso (55,3%),
- problemas GI (29,5%)
- perda de peso (27,6%)
- hiponatremia (7,1%)
- impotência (7,0%)
- trombocitopenia (0,4%)
- neutropenia (0,4%)

**Neurotoxicidade**

- sedação (44,3%)
- distúrbio de marcha (28,4%)
- tontura (28,7%)
- declínio cognitivo (27,2%)
- alt. humor e afetividade (29,1%)

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## Estudo Cooperativo dos Hospitais de Veteranos de Guerra

### Principal Conclusão

LTG e GBP melhores toleradas que a CBZ, porém não mais eficazes que a CBZ

*Rivnan et al., Neurology, 2005*

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### DAEs: Farmacocinética em Idosos

DROGA	Dose Inicial (dose/dia ou mg/Kg/dia)	Ligação Proteínas (%)	Eliminação Metabolização	Comentários
Carbamazepina (CBZ)	100 mg (4-6)	75-85	Hepática CYP 3A4/5	Ligação proteica diminui com a idade, Indutor de metabolismo de muitas drogas (Diminui o nível de biogênicos de cefalosporinas, ceftriaxona, cefepime, de antiepilépticos, de anticoncepcionais orais e a eficácia da quimioterapia)
Fenobarbital (PB)	50 mg (2)	50	Hepática/Renal	Indutor de metabolismo de muitas drogas
Fenitoína (DPI)	100 mg(3)	80-93	Hepática	Indutor de metabolismo de muitas drogas (Diminui o nível de biogênicos de cefalosporinas, ceftriaxona, cefepime, de antiepilépticos, de anticoncepcionais orais, e a eficácia da quimioterapia)
Lamotrigina (LTG)	25 mg/	55		Níveis são diminuídos por CBZ, PB, DPI e alguns hormônios

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### DAEs: Farmacocinética em Idosos

DROGA	Dose Inicial (dose/dia ou mg/Kg/dia)	Ligação Proteínas (%)	Eliminação Metabolização	Comentários
Levetiracetam	500mg	< 10	Renal	Sem interações de drogas
Gabapentina	300mg	< 10	Renal	Eliminação correlaciona-se com clearance de creatinina, sem interação de drogas
Oscarbazepina	150 mg/	40		Causa hipotensão
Topiramato	25 mg/	7-19%	Hepática, renal	Induz CYP 2c19 e aumenta DPI e outras drogas. Induz CYP 3A4
Valproato	250 mg (5-10)	87-95%	(glicoronização e beta-oxidação)	Ligação proteica diminui em idosos Induz glicoronização e pode aumentar o nível de LTG e outras drogas. Diminui função plaquetária

Modificado de Leppik JA, Wolfson AB (2006).

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### Vantagens e Desvantagens de DAE

DAE	Vantagens	Desvantagens
Fenobarbital	Baixo custo Efetiva	Muito sedativa, depressão Tolerância, crises na retirada
Fenitoína	Efetiva Baixo custo	Difícil de usar, ataxia Efeitos col. cosméticos
Carbamazepina	Eficiência Fácil de usar Formulação liberação lenta	Reação idiossincrásica Efeitos col. SNC Interações DAE
Valproato	Ampla espectro Bem tolerado Poucas r. idiossincrásicas	Ganho de peso, tremor Teratogenicidade, quedas Interações DAE

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### Vantagens e Desvantagens de DAE

DAE	Vantagens	Desvantagens
Lamotrigina	Ampla espectro Relativa não sedativa Poucos prob. longo prazo	Rash Titulação lenta Interações DAE
Vigabatrina	Fácil de usar Sem r. idiossincrásicas Poucas interações	Retinopatia gabaérgica Efeitos psiquiátricos Menos eficaz contra CTGG
Oxcarbazepina	Fácil de usar Melhor tolerada que CBZ Sem interações com DAE	Rash Interação anticoncepcional Hiponatremia
Topiramato	Eficiência Ampla espectro Poucas interações	Alterações cognitivas Calculose renal Titulação lenta
Gabapentina	Fácil de usar Bom perfil tolerância Ausência de interações	Sedativo, ganho de peso Três tomadas ao dia Eficiência modesta

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### Como Prever Interações Metabólicas das DAEs?

- A maioria das vias metabólicas envolve as isoenzimas do citocromo P450 (CYP)
- Efeitos de outras drogas nestas isoenzimas (e efeito da droga em outras isoenzimas) são também conhecidos ou podem ser determinados *in vitro*

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### Preveno Interações de Drogas Exemplo da Carbamazepina

- ❖ CBZ é primária/metabolizada pelo CYP3A4. Previsível: diminui o nível plasmático por drogas inductoras de CYP3A4, tais como PHT e PB
- ❖ Carbamazepina é indutora do CYP3A4. Previsível: diminui o nível de substratos do CYP3A4, tais como risperidona, antagonistas de cálcio e anticoncepcionais orais

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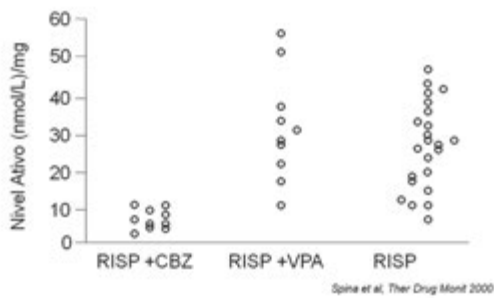
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### Efeito da Carbamazepina e Valproato no Nível de Risperidona em Pacientes com Esquizofrenia



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### Avaliação de Potencial Interação de Drogas em Pacientes com Epilepsia:

#### Impacto da Idade e Sexo

Table	Demographic and clinical characteristics of patients with epilepsy	
Characteristic	EIAED, n = 7,142	NEIAED, n = 4,046
Sex, no. (%) male	3,053 (42.8)	1,306 (32.1)
Age, mean ± SD, y	42.3 ± 14.0	39.5 ± 14.0
Seizure type, no. (%)		
Partial seizures	2,380 (33.3)	1,496 (36.8)
Generalized seizures	4,762 (66.7)	2,550 (63.2)
AED therapy, no. (%)		
Monotherapy	1,172 (16.4)	509 (12.5)
Adjunctive	5,970 (83.6)	3,536 (87.5)

~45 milhões de pessoas  
• 11.206 pacientes com epilepsia

EIAED = enzyme-inducing antiepileptic drug; NEIAED = non-enzyme-inducing antiepileptic drug; AED = antiepileptic drug.

Osler et al, Neurology, 2009

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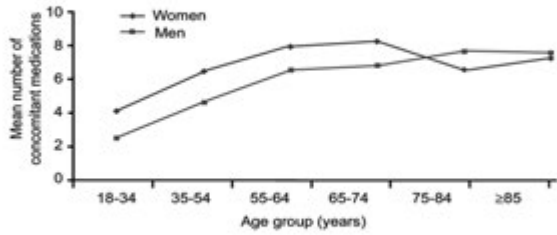
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### Número Médio de Medicções Concomitantes, por Idade e Sexo



Gidal et al. Neurology, 2009

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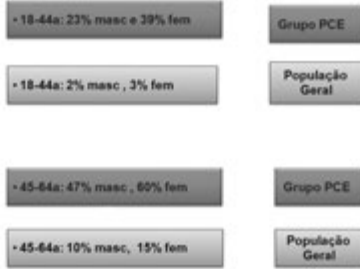
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### Uso de Medicções em Pacientes com Epilepsia e População em Geral (EUA)



Gidal et al. Neurology, 2009

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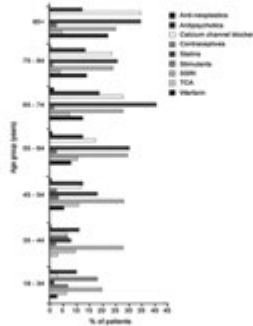
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### Porcentagem de Pacientes com Medicções mais Utilizadas por Grupo Etário



Gidal et al. Neurology, 2009

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## Summary of Evidence and Recommendations Partial onset seizures

Seizure type or epilepsy syndrome	Class I	Class II	Class III	Level of efficacy and effectiveness evidence (in alphabetical order)
POS: Adults	2	1	30	Level A: CBZ, PHT, (LEV) Level B: VPA Level C: GBP, LTG, OXC, PB, TPM, VGB
POS: Children	1	0	17	Level A: OXC Level B: None Level C: CBZ, PB, PHT, TPM, VPA
POS: Elderly	1	1	2	Level A: GBP, LTG Level B: None Level C: CBZ




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## Questões de Qualidade de Vida em Idosos

- Autoestima pelas crises
- Preocupação com carta de motorista
- Perda da independência
- Superproteção familiar
- Peso da medicação
- Declínio do bem-estar
- Redução da autoconfiança

(Stephen & Brodie, 2000)

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## Pontos Essenciais na Epilepsia Geriátrica

- Epilepsia em idoso é muito frequente
- Crises são #: - CTCG, + CPC
- Pós-ictal: + prolongado
- Escolher as DAE melhor toleradas
- Usar doses baixas de DAE
- Assegurar e monitorizar aderência

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# PROGRAMA – 02.02.2010

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- 08:30 – 09:30 Time in the brain (classical chronobiology) – Diego Golombek (Argentina)
- 09:30 – 10:30 Clock and clock-related genes: Keith Okamoto (Brazil)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Neurons over time: birth, migration and aging of neurons, a lifetime journey with particular reference to the neo- and archicortex and epilepsy – Marina Bentivoglio (Italy)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 Neuronal subtype specification and the balance excitation-inhibition in the developing cerebral cortex – Marcos R. Costa (Brazil)
- 15:00 – 16:00 Glial cells over time: glia in brain development and brain aging, time related events in the glial response to insults – Marina Bentivoglio (Italy)
- 16:00 – 16:30 Coffee-break
- 16:30 – 18:00 Dynamics of phase transitions in epilepsies – Fernando Lopes da Silva (Netherlands)
- 18:30 – 20:00 Dinner
- 20:00 – 21:00 Marcel Proust and time – Marina Bentivoglio (Italy)

# CLOCK AND CLOCK-RELATED GENES: KEITH OKAMOTO (BRAZIL)



LASSE IV: EPILEPSIA E TEMPO

## CLOCK AND CLOCK-RELATED GENES

Oswaldo Keith Okamoto  
Disciplina de Neurologia Experimental  
Universidade Federal de São Paulo, Brasil

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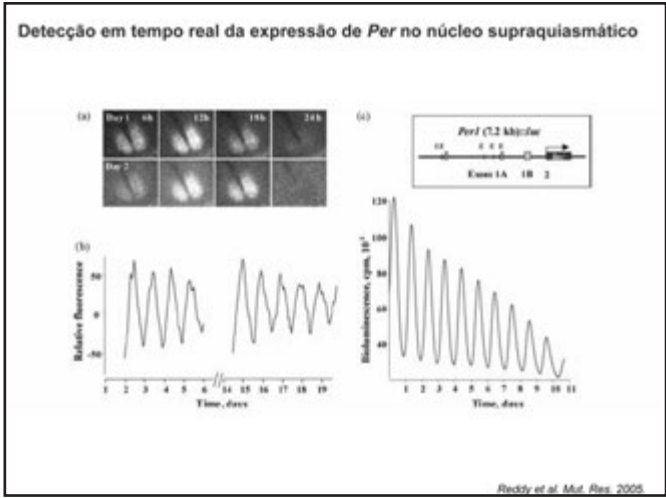
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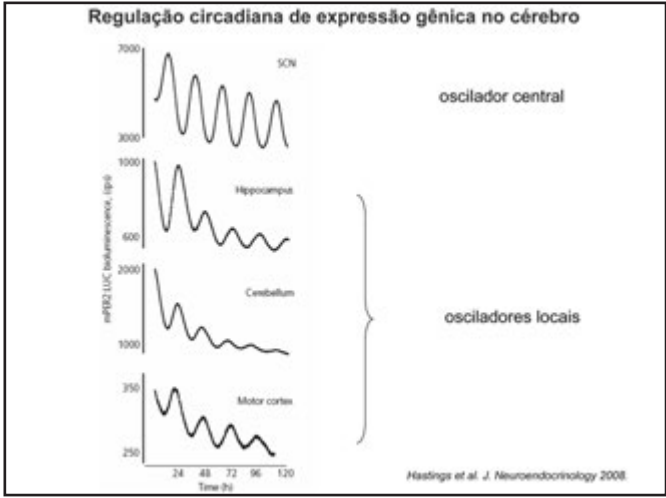
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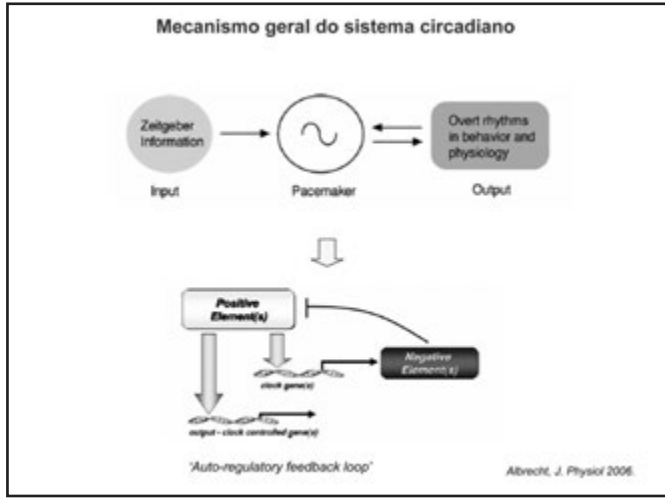
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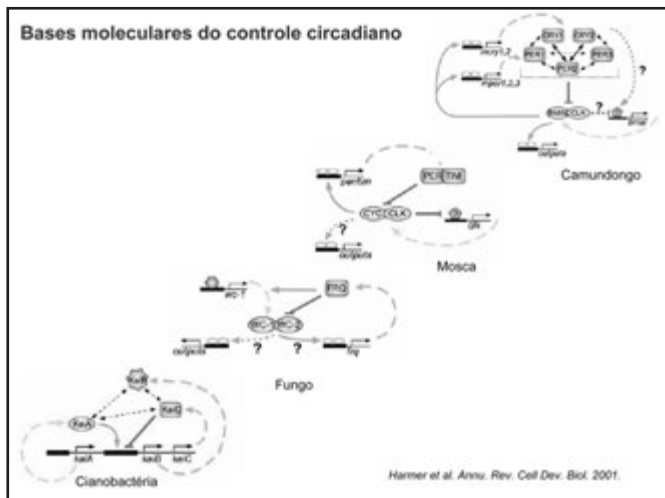
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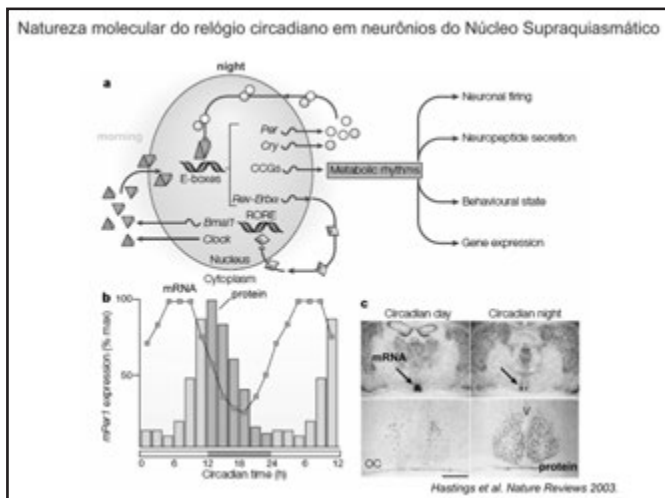
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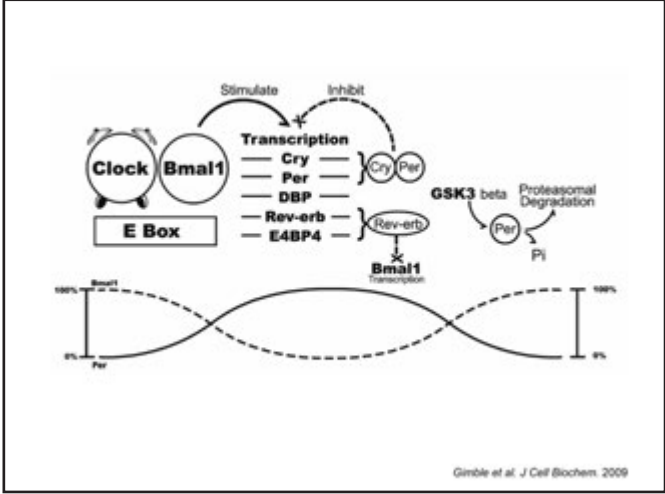
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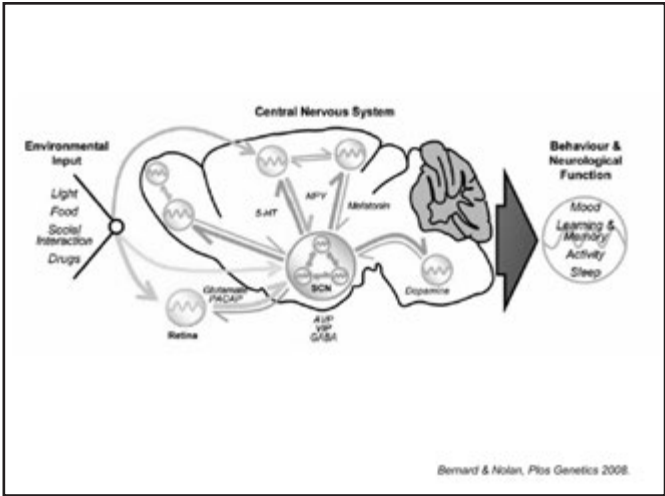
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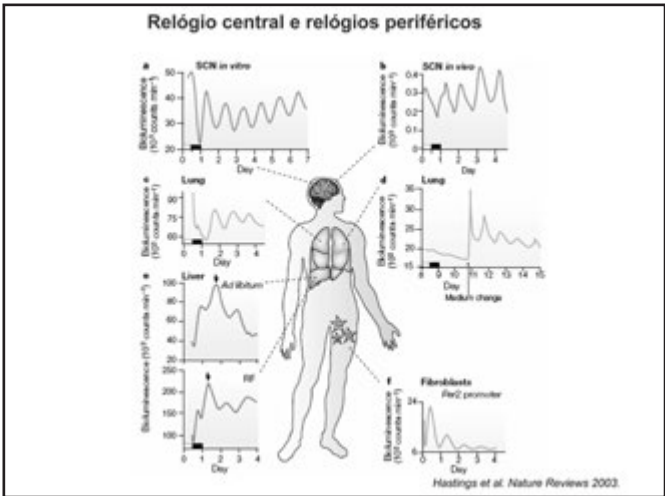
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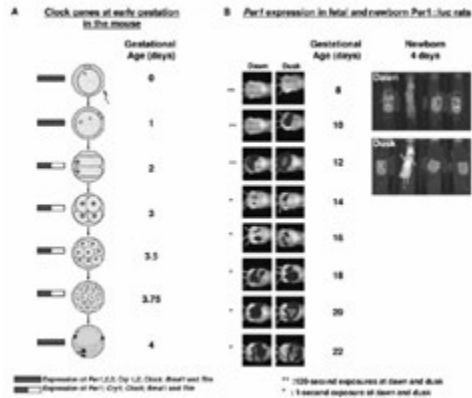
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**Expressão de genes centrais do relógio circadiano durante o desenvolvimento embrionário**



Seron-Ferre et al. Birth Defects Research (Part C) 2007.

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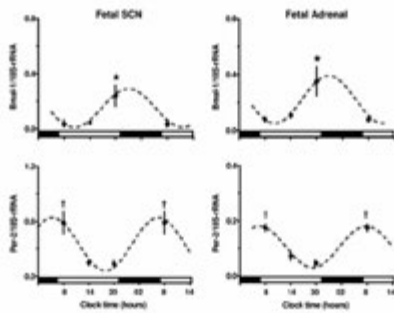
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**Expressão de genes centrais do relógio circadiano durante o desenvolvimento embrionário**

*Primates não-humanos*



Seron-Ferre et al. Birth Defects Research (Part C) 2007.

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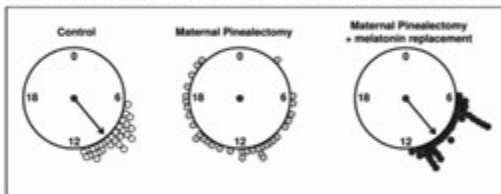
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**Sinais maternos regulam o relógio circadiano em neonatos**

**Maternal melatonin entrains the rhythm of drinking behavior in rat pups**



Seron-Ferre et al. Birth Defects Research (Part C) 2007.

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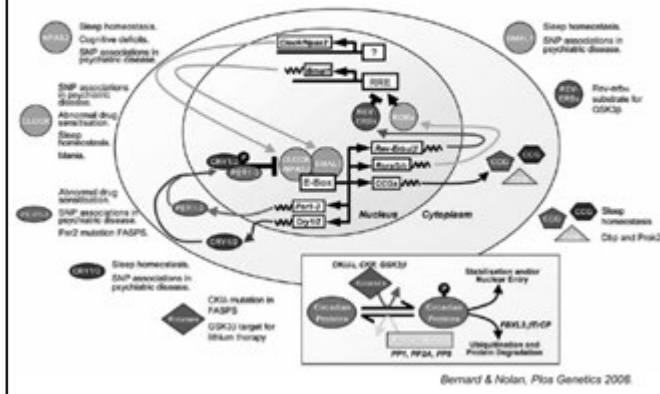
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### Alterações neurocomportamentais associadas ao desbalanço circadiano



Bernard & Nolan, Plos Genetics 2008.

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### Distribuição temporal da frequência de crises parciais complexas em pacientes com epilepsia

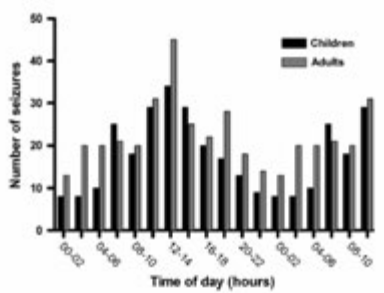


Figure 2. Bar histogram showing temporal distribution of complex partial seizures in children and adults (numbers of seizures are n = 215 and n = 265 respectively). Each bar represents numbers of seizures per 2 h. Data of 36 h is given in order to show the 24 h circadian rhythmicity. Data adapted from: 19

Quigg, Epilepsy Res. 2000

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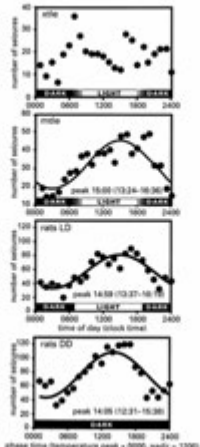
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### Crises límbicas são influenciadas pelo relógio circadiano



Hofstra & Wever, Sleep Med Rev 2009

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# DYNAMICS OF PHASE TRANSITIONS IN EPILEPSIES

FERNANDO LOPES DA SILVA (NETHERLANDS)

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LASSE IV  
Latin-American Summer School on  
Epilepsy  
1 – 10 February 2010  
São Paulo, Brazil

Dynamics of phase transitions in  
epilepsies

Fernando Lopes da Silva  
University of Amsterdam, The Netherlands

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**Epilepsy as diseases of the dynamics of neuronal networks. Models and predictions**

How does the transition from normal brain activity to “epileptic activity” take place?

**Basic neurophysiology: two different cases.**

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Principles of interictal-ictal transitions and precursors of seizures

- Case 1:
  - The occurrence of Spike-and-Wave discharges in the thalamo-cortical system, typical of absence seizures.
- Case 2:
  - The occurrence of seizure activity in the hippocampus

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## Principles of interictal-ictal transitions and precursors of seizures

- Case 1:
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- Case 2:
- The occurrence of seizure activity in the hippocampal formation.

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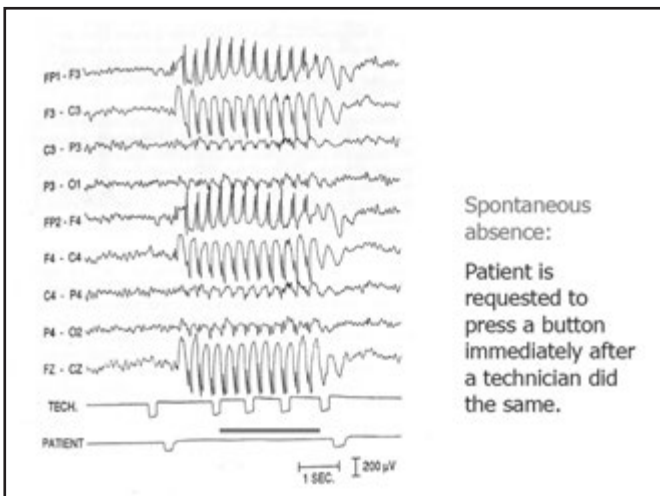
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## The WAG/Rij rat as model for absences seizures

- genetic model.
- no neurological defects.
- absences are characterized by behavioral arrest and spike-and-wave discharges (SWDs) in the EEG.
- pharmacological responses is similar to that of patients with absences.




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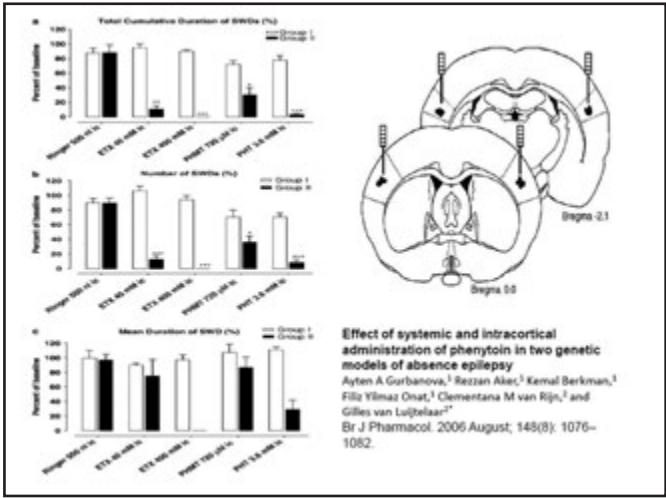
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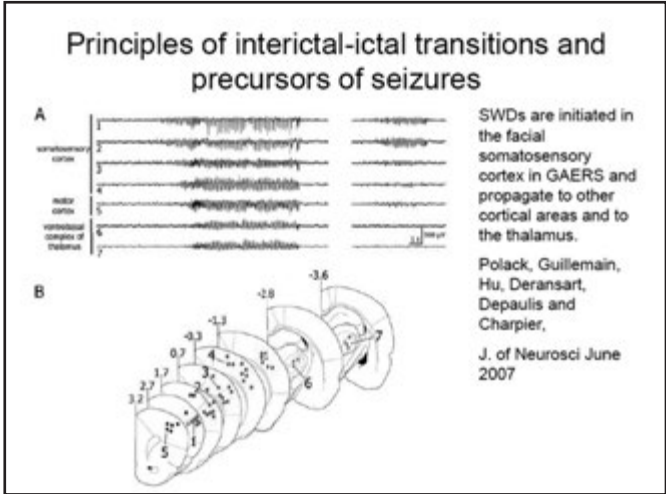
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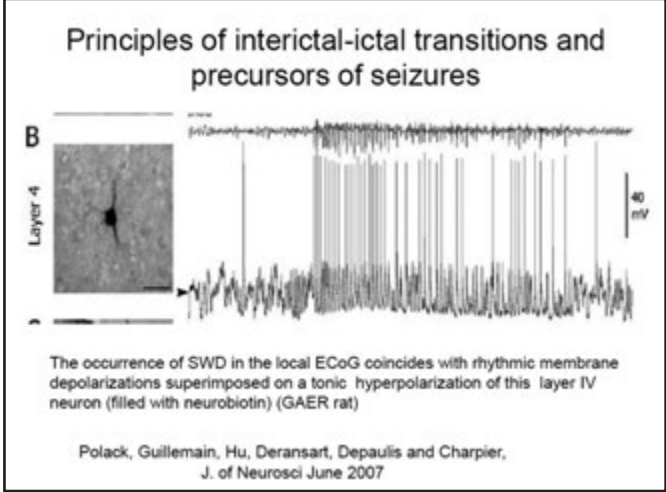
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Principles of interictal-ictal transitions and precursors of seizures

In order to understand this behaviour of the neuronal networks we need a computational model

Computational model of the thalamo-cortical neuronal networks

Suffczynski, Kalitzin, Lopes da Silva, Dynamics of non-convulsive epileptic phenomena modelled by a bistable neuronal network, *Neuroscience* 126 (2004) 467-484

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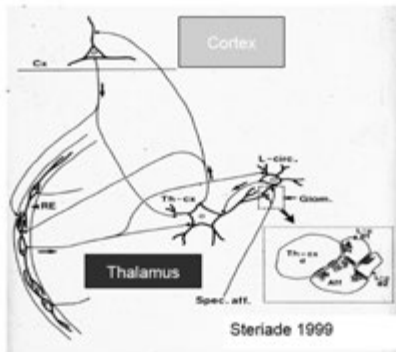
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Basic neuronal network responsible for 3 Hz spike-and-wave paroxysmic activity: thalamo-cortical circuits




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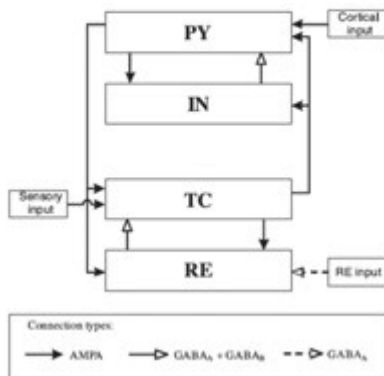
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Epilepsy as diseases of the dynamics of neuronal networks. Models and predictions




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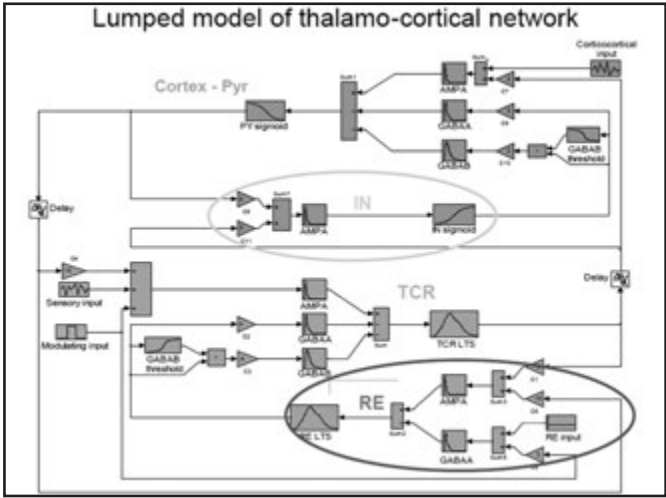
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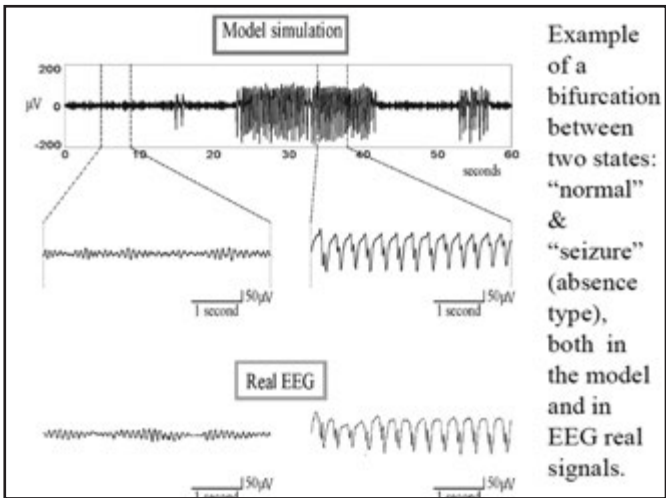
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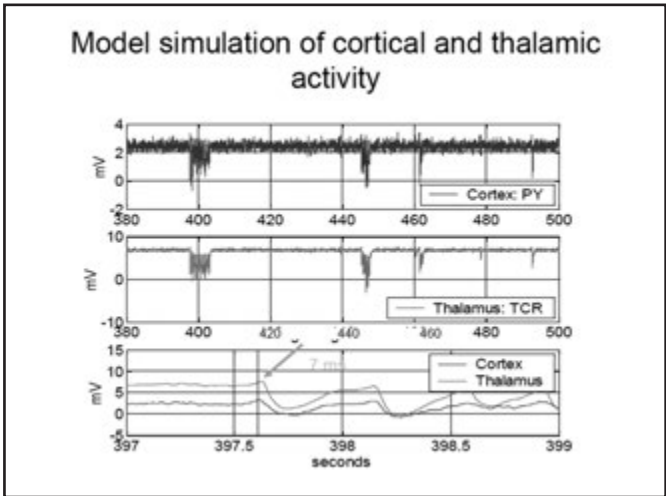
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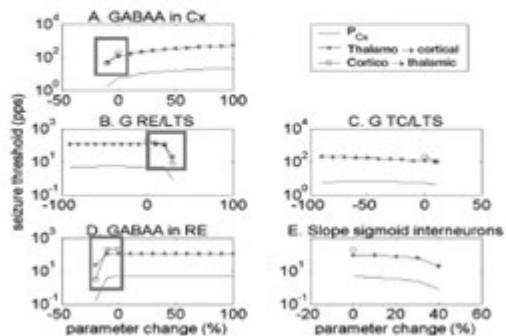
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## Occurrence of transition to “epileptic seizure” mode: parameter sensitivity




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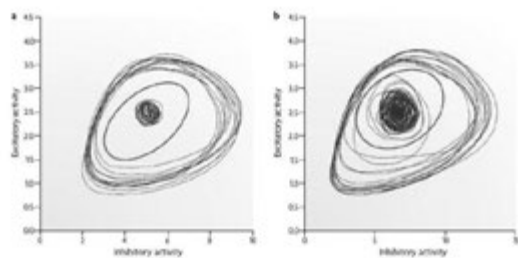
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## Phase portraits of the system under non-epileptic and epileptic conditions



Sample trajectories (thin lines) from normal (left) and epileptic model (right) projected onto a 2-dimensional slice of state space. The axes are values of two state variables: cortical excitatory and inhibitory activity. The thick line is a separatrix separating 2 attractors (Lopes da Silva et al 2003). Lytton, W.W. Computer modelling of epilepsy. Nature Reviews Neuroscience, 2008, 9:626-637.

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## Principles of interictal-ictal transitions and precursors of seizures

What are the predictions of the model of type 1 with respect to the dynamics of absence seizures?

- One prediction is that for this kind of seizures the transition occurs randomly;

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## Principles of interictal-ictal transitions and precursors of seizures

- This prediction was tested by calculating the distributions of durations and of intervals inter-paroxysms.

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## Distribution of Durations either of paroxysmal events or of inter-paroxysmal events

In common language:

Termination of a process is random in time with constant probability

simple calculation

Prediction

Exponential distribution of process durations

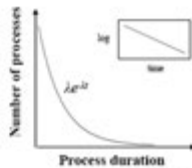
In math language:

Probability of termination in unit time :  $p$   
Probability of survival of unit time :  $1 - p$

$$P(p) = (1-p)^{t-1} p$$

$$1 - p = e^{-\lambda}$$

$$P(p) = (1-p)^{t-1} p = e^{-\lambda(t-1)} p = \lambda e^{-\lambda t}$$



Medical Physics Department

© 2004, 2005

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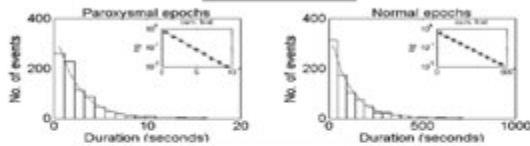
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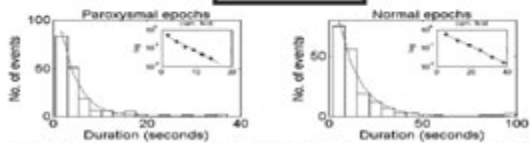
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## Distributions of epochs duration

Model simulation



Rat data



Suffczynski P, Lopes da Silva FH, Parra J, Velis DN, Bouwman BM, van Rijn CM, van Hese P, Boon P, Khosravani H, Derchansky M, Carlen P, Kalitzin S. Dynamics of epileptic phenomena determined from statistics of ictal transitions. *IEEE Trans Biomed Eng.* 2008 Mar;53(3):524-32.

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## Neuronal models and the routes to epileptic seizures

Another prediction is that it should be possible to control seizure occurrence, i.e. the transition from “normal” to “epileptic” state.

In a bi-stable system it is possible to abort a limit cycle by applying a perturbation (“counter stimulation”) at the appropriate phase of the oscillation.

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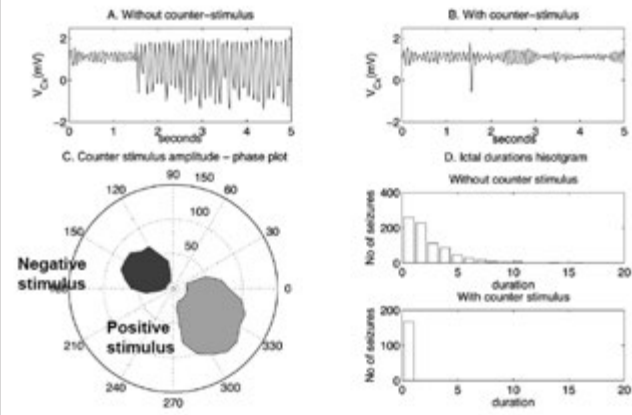
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### Counter-stimulation is capable of annihilating the transition to the paroxysmal oscillation




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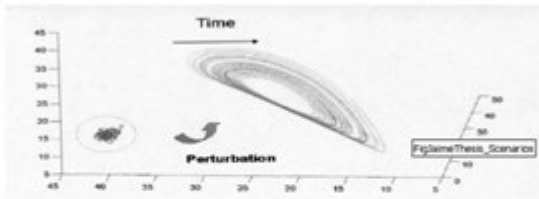
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### In Conclusion:



The absence types of epilepsy seizures follow a bifurcation dynamical scenario: they display jump transitions (Model type 1).

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### Principles of interictal-ictal transitions and precursors of seizures

- Case 1:
  - The occurrence of Spike-and-Wave discharges in the thalamo-cortical system, typical of absence seizures.
- Case 2:
  - The occurrence of seizure activity in the hippocampal formation.

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### Principles of interictal-ictal transitions and precursors of seizures

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### Principles of interictal-ictal transitions and precursors of seizures

An example from basic neurophysiology shows what the properties of a pre-ictal state may be.

J Physiol 570.3 (2006) pp 583-594

583

#### **Emergence of disinhibition-induced synchrony in the CA3 region of the guinea pig hippocampus *in vitro***

Ivan Cohen, Gilles Huberfeldt and Richard Miles

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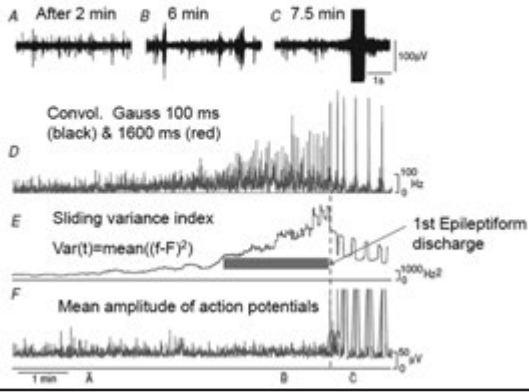
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### Disinhibition-induced synchronization of CA3 population firing (perfusion with 10 $\mu$ m bicuculline)




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### Principles of interictal-ictal transitions and precursors of seizures

Cohen et al (2006) experiments show the existence of what may be called a precursor state.

These results imply that in this case there exists a pre-ictal state with special properties.

The sliding variance index =  $\text{mean} [(f - F)^2]$  starts to change several minutes before the first epileptiform spike is detected.

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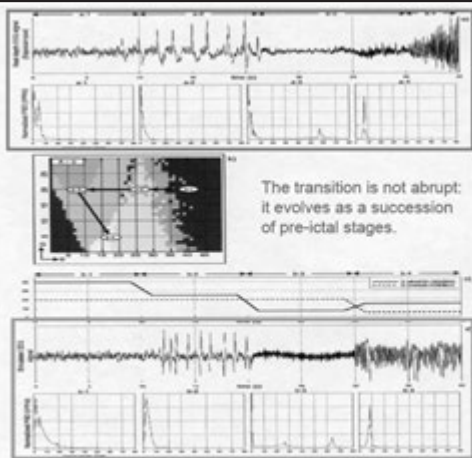
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Wendling F, Bartolomei F, Bellanger JJ, Chauvel P. Epileptic fast activity can be explained by a model of impaired GABAergic dendritic inhibition. *Eur J Neurosci*. 2002 May; 14(9):1490.

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Principles of interictal-ictal transitions and precursors of seizures

In order to understand this behaviour of the neuronal networks we need a computational model

Computational model of the neuronal networks of the Hippocampal system

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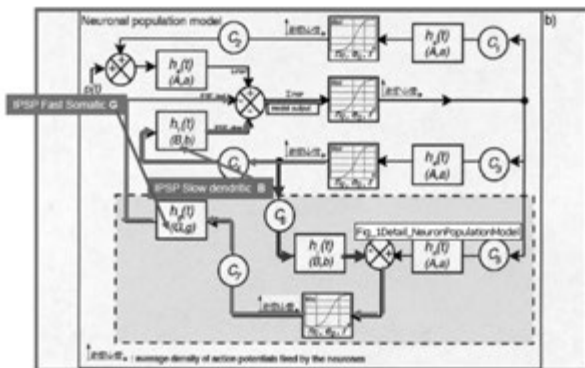
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Wendling's model of Hippocampal network



Wendling F, Bartolomei F, Bellanger JJ, Chauvel P. Epileptic fast activity can be explained by a model of impaired GABAergic dendritic inhibition. Eur J Neurosci. 2002 May,15(9): 1499-508.

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Detail of the model: interaction between different types of inhibitory interneurons and principal (pyramidal) cells (Bank et al Neuron 2000).

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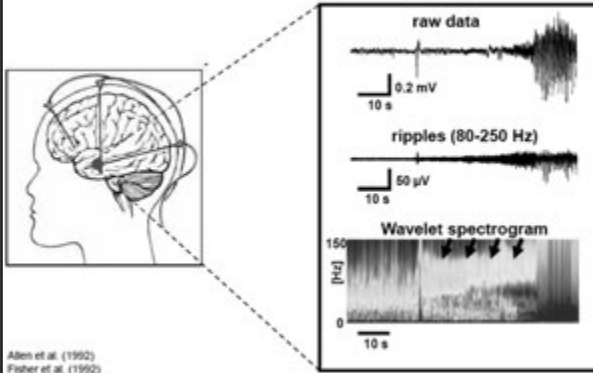
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## Fast Oscillations Preceding Seizures in Man



Allen et al. (1992)  
Fisher et al. (1992)  
Traub et al. (2001)  
Womni et al. (2004)  
Ochi et al. (2007)

John Jefferys, Petr Marusic, Martin Tomasek

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## Principles of interictal-ictal transitions and precursors of seizures

- The main question in cases of the second type is how to detect the special properties of the pre-ictal state, or better the pro-ictal state.

Many analytical methods have been proposed: passive and active paradigms of EEG analysis.

Here I will consider those methods that use an active paradigm, i.e. using a probe or a stimulation protocol - in order to estimate changes of the excitability state of the neuronal networks that may be characteristic of this pre-ictal state.

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## Principles of interictal-ictal transitions and precursors of seizures

Passive or Active paradigms of seizure anticipation?

A computer model yields evidence for the necessity of using an active paradigm

Piotr Suffczynski, Stilyan Kalitzin, Fernando Lopes da Silva, Jaime Parra, Demetrios Velis, Fabrice Wendling [Submitted for publication]

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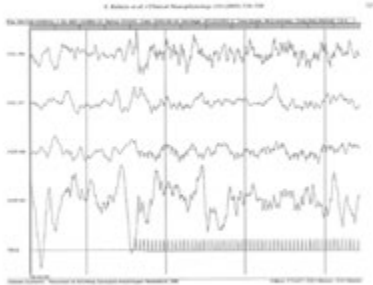
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### Principles of interictal-ictal transitions and precursors of seizures



Bilateral electrical stimulation [20 Hz, 800  $\mu$ A, duration 5 sec] stimulated electrodes are HCL K4 and HCL K5 on the left hippocampus, and HCR H4 and HCR H5 on the right.

The relative phase clustering index (rPCI) is computed for all signals and all stimulated epochs

Kallitzin, Velis, Suffczynski, Parra, Lopes da Silva, Clin. Neurophysiol. 2005, 116: 718 – 728.

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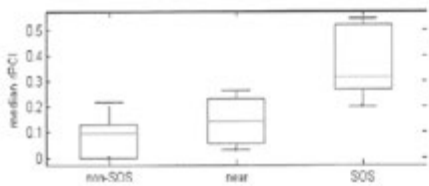
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### Principles of interictal-ictal transitions and precursors of seizures



Statistics of the interictal rPCI values for 18 Traces of 6 patients; grouped according to whether the electrodes were at the Site of Seizure Onset (SOS) or near to it, or not (non-SOS).

Fig 3 Clin Neurophysiol 2005

Kallitzin, Velis, Suffczynski, Parra, Lopes da Silva, Clin. Neurophysiol. 2005, 116: 718 – 728.

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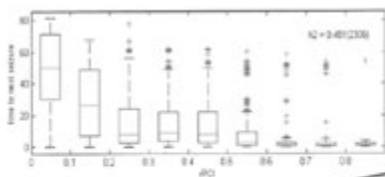
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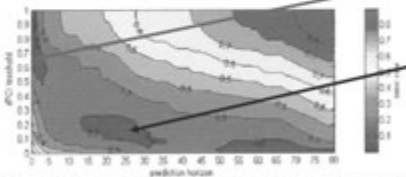
### rPCI as function of time preceding a seizure



Values of rPCI en route to a seizure combined for all sites

rPCI > 0.6 – Seizure occurring <2h, accuracy >80%;

0.1 > rPCI < 0.3 – seizure expectancy within 15-30h, accuracy >80%.



Kallitzin, Velis, Suffczynski, Parra, Lopes da Silva, Clin. Neurophysiol. 2005, 116: 718 – 728.

Suffczynski P, Kallitzin S, da Silva FL, Parra J, Velis D, Wending F. Active paradigms of seizure anticipation: computer model evidence for necessity of stimulation. Phys Rev E Stat Nonlin Soft Matter Phys. 2009 Nov;79(5 Pt 1):051917

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## Basic Mechanisms of Transition to Seizures

Basic mechanisms:

- Re-entrant loops
- Reverberating circuits / coupled oscillators
  - Run-down of inhibition
  - Sustained excitation
  - Extracellular chemical changes ( $K^+$ )

Markers of the pre-ictal stage and of "driver network":

- Increase of Relative Phase Clustering Index (rPCI) of high frequency components
- High frequency activity:
  - ripples, fast ripples
  - Fast inhibition
  - Field effects

Modified from John Jefferys, 4th Int Symposium Seizure Prediction, Kansas City 2009

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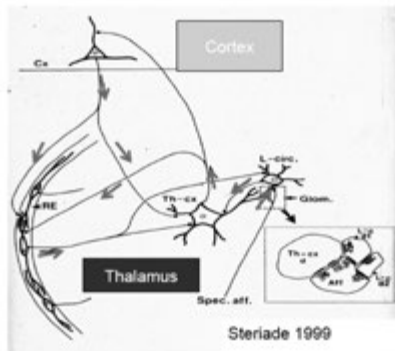
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## Basic neuronal network responsible for 3 Hz spike-and-wave paroxysmic activity: thalamo-cortical circuits




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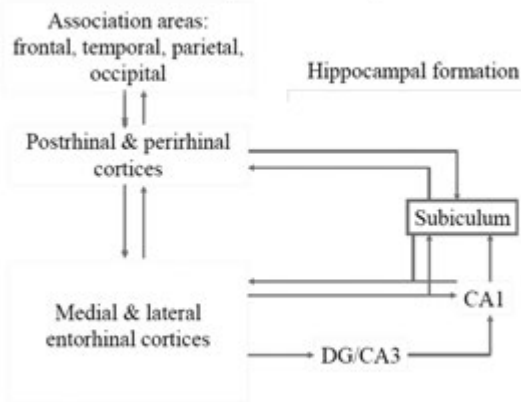
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## Re-entrant loops in the Temporal Lobe



Lopes da Silva et al 2000

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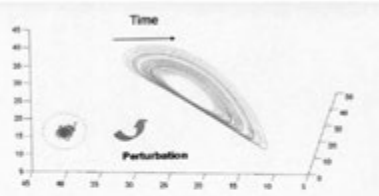
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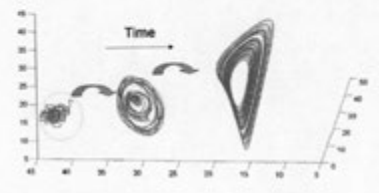
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In Conclusion: there are 2 main classes of models that may explain the transition to epilepsy



Bifurcation dynamical model: jump transition – Case 1.



Deformation model: gradual transition – Case 2.

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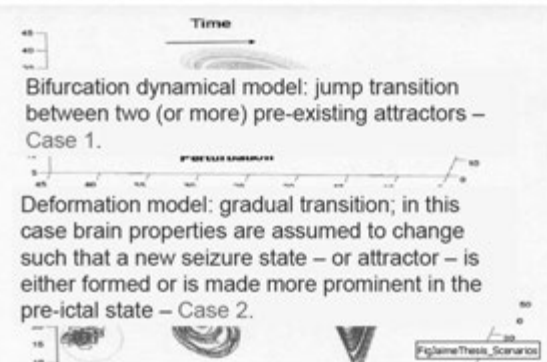
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In Conclusion: there are 2 main classes of models that may explain the transition to epilepsy



Bifurcation dynamical model: jump transition between two (or more) pre-existing attractors – Case 1.

Deformation model: gradual transition; in this case brain properties are assumed to change such that a new seizure state – or attractor – is either formed or is made more prominent in the pre-ictal state – Case 2.

Both models assume the existence of attractors that correspond to a seizure state

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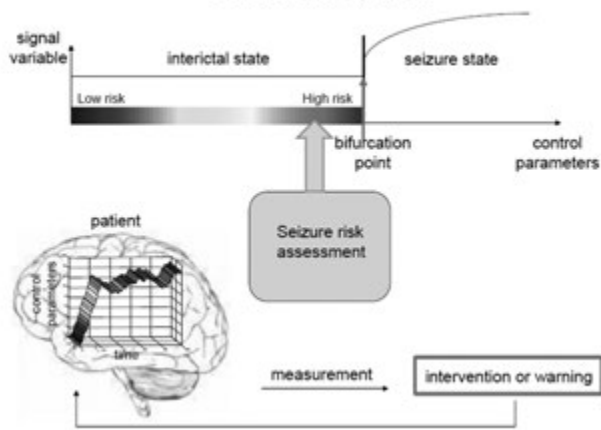
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### Seizure anticipation




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Principles of interictal-ictal transitions and precursors of seizures  
Questions and Answers

- Is it possible to anticipate the occurrence of epileptic seizures by means of (chronic) ICES in refractory epileptic syndromes? ✓
- Is it possible to prevent the occurrence of epileptic seizures by means of (chronic) ICES in refractory epileptic syndromes? ?



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Principles of interictal-ictal transitions and precursors of seizures

Collaborators from the Institute of Epilepsy SEIN ("Meer en Bosch", Heemstede) and Center of NeuroSciences, University of Amsterdam):

Stilyan Kalitzin,  
Piotr Suffczynski  
Jaime Parra,  
Elan Ohayon  
Fernando Lopes da Silva  
Dimitri Velis.



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Principles of interictal-ictal transitions and precursors of seizures

Details are described in

Kalitzin, Parra, Velis, and Lopes da Silva, (2002)  
Enhancement of Phase Clustering in the EEG/MEG Gamma Frequency Band Anticipates Transitions to Paroxysmal Epileptiform Activity in Epileptic Patients With Known Visual Sensitivity.  
*IEEE Transactions on BioMedical Engineering*, 49 (11), 1279-85.

Parra, Kalitzin, Iriarte, Blanes, Velis and Lopes da Silva, (2003)  
Gamma-band phase clustering and photosensitivity: Is there an underlying mechanism common to photosensitive epilepsy and visual perception?  
*Brain*, 126(Pt 5):1164-72.

Lopes da Silva FH, Blanes W, Kalitzin SN, Parra J, Suffczynski P, Velis DN.  
Dynamical diseases of brain systems: different routes to epileptic seizures.  
*IEEE Trans Biomed Eng*. 2003 May;50(5):540-8.

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## Principles of interictal-ictal transitions and precursors of seizures

Kalitzin, Velis, Suffczynski, Parra, Lopes da Silva, (2005) Electrical brain-stimulation paradigm for estimating the seizure onset site and the time to ictal transition in temporal lobe epilepsy. *Clin Neurophysiol*, 116(3):718-28.

Suffczynski P, Lopes da Silva FH, Parra J, Velis DN, Bouwman BM, van Rijn CM, van Hese P, Boon P, Khosravani H, Derchansky M, Carlen P, Kalitzin S. Dynamics of epileptic phenomena determined from statistics of ictal transitions. *IEEE Trans Biomed Eng*. 2006 Mar;53(3):524-32.

Kalitzin SN, Parra J, Velis DN, Lopes da Silva FH. Quantification of unidirectional nonlinear associations between multidimensional signals. *IEEE Trans Biomed Eng*. 2007 Mar;54(3):454-61.

Bouwman BM, Suffczynski P, Lopes da Silva FH, Maris E, van Rijn CM. GABAergic mechanisms in absence epilepsy: a computational model of absence epilepsy simulating spike and wave discharges after vigabatrin in WAG/Rij rats. *Eur J Neurosci*. 2007 May;25(9):2783-90.

Suffczynski P, Kalitzin S, Lopes da Silva FH, Parra J, Velis D, Wendling F. Active paradigms of seizure anticipation: computer model evidence for necessity of stimulation. *Phys Rev E Stat Nonlin Soft Matter Phys*. 2008 Nov;78(5 Pt 1):051917



# PROGRAMA – 03.02.2010

- 08:30 – 09:30 Understanding the synapse – Rafael Gutierrez (México)
- 09:30 – 10:30 Not a simple brake – the complex mechanisms of GABAergic inhibition – Andreas Draguhn (Germany)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 The GABA and how dynamic chloride explains seizure generation – Y. Bem-Ari (France)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 It's time to seize: temporo-spatial relationship of epileptic discharge – Roberto Spreafico (Italy)
- 15:00 – 16:00 Processes mediating epileptogenesis revealed by micro-array analyses and the modulation of specific molecular targets – F. Lopes da Silva (Netherlands)
- 16:00 – 16:30 Coffee-break
- 16:30 – 17:30 High frequency activity in the human epileptic brain – J. Engel Jr. (USA)
- 17:30 – 18:30 Temporal aspects of very fast brain oscillations prior to seizures – Roger Traub (USA)
- 18:30 – 20:00 Dinner
- 20:00 – 21:00 The aberrant kainate synaptic currents and how they are crucial in TLE – Y. Bem-Ari (France)

# UNDERSTANDING THE SYNAPSE

## RAFAEL GUTIERREZ (MÉXICO)



Understanding the synapse  
 Aspectos básicos de la comunicación neuronal  
 ....y cómo se estudian  
 Dr. Rafael Gutiérrez  
 Centro de Investigación y de Estudios Avanzados del IPN

This presentation is an introduction to the following talks. The goal is to get an overview of the synapse.

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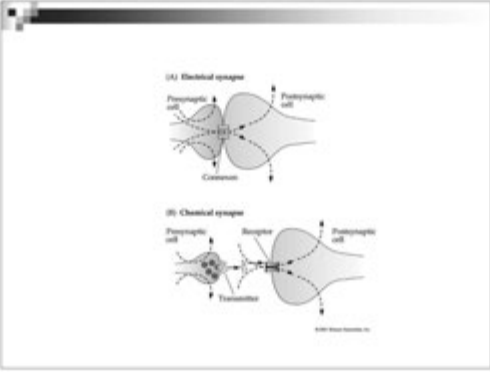
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(A) Electrical synapse: Shows two postsynaptic cells connected by gap junctions (nexus) in the cytoplasm, allowing direct communication. Labels include Presynaptic cell, Postsynaptic cell, and Connexon.

(B) Chemical synapse: Shows a presynaptic cell releasing neurotransmitters into a synaptic cleft, which bind to receptors on the postsynaptic cell. Labels include Presynaptic cell, Transmitter, Receptor, and Postsynaptic cell.

There are two types of synapses: electrical and chemical, although we will learn that there can also be mixed synapses.

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**Receptores ionotrópicos**

- tienen un sitio de unión al neurotransmisor, el canal iónico y diferentes sitios de modulación intra y extracelular.
- Su activación abre el canal y produce un efecto directo y rápido en el potencial de membrana (latencia 0.5 a 2 ms).

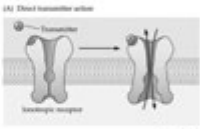
Receptor nicotínico ACh

Receptores GABA<sub>A</sub>

Receptor a glicina

Receptores a glutamato:  
AMPA, Kainato y NMDA

Receptor a serotonina 5-HT<sub>2</sub>



(A) Direct transmitter action

The released neurotransmitter acts on different receptors and, thus, the timing of its action depends on them.  
 Activation of ionotropic receptors directly promotes ion flux... whereas....

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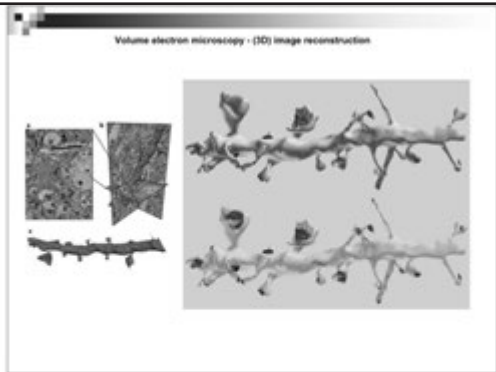
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Further, transmission of the message does not only depend on the type of receptor activated but on where the receptor is. Integration of the signal depends on the anatomy.

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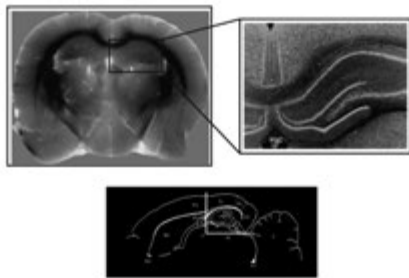
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To study all this, one of the favorite models for electrophysiologists is the hippocampal slice.

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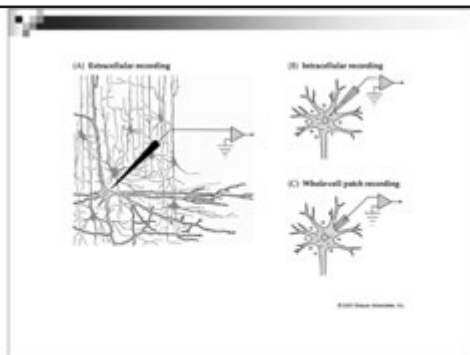
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Electrophysiologists mainly record 3 types of signals: Extracellular, which reflects the field potentials (implying hundreds of cells); Intracellular, which implies the use of sharp electrodes inserted to the cell to record the difference of potential between the inside of the cell and the extracellular space; Whole-cell recordings, which opens a window at the membrane and forms a continuum between the electrode's solution and the intracellular space (gives high sensitivity).

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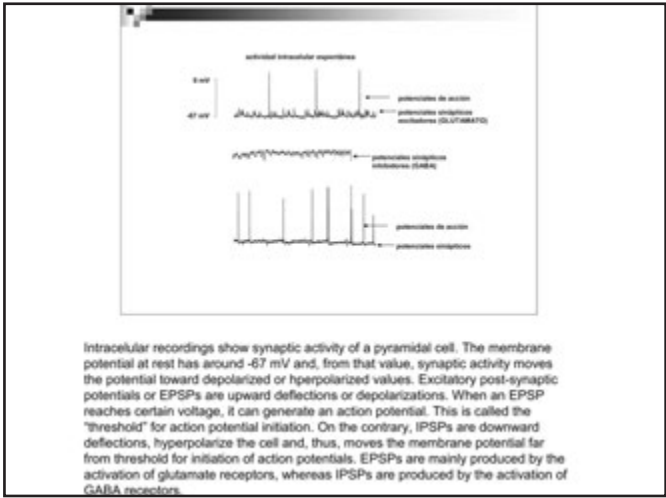
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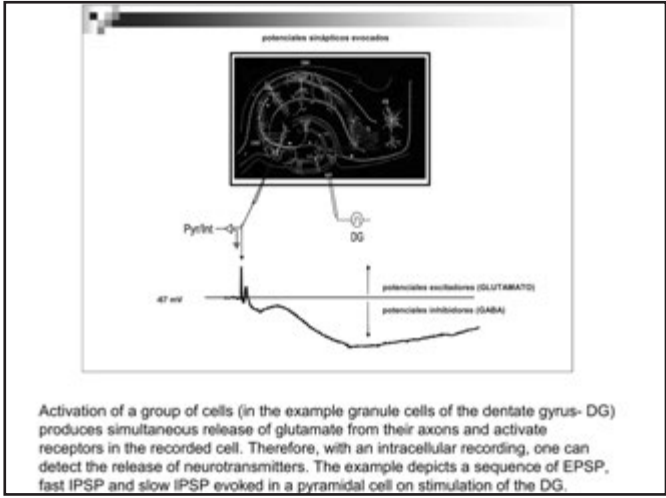
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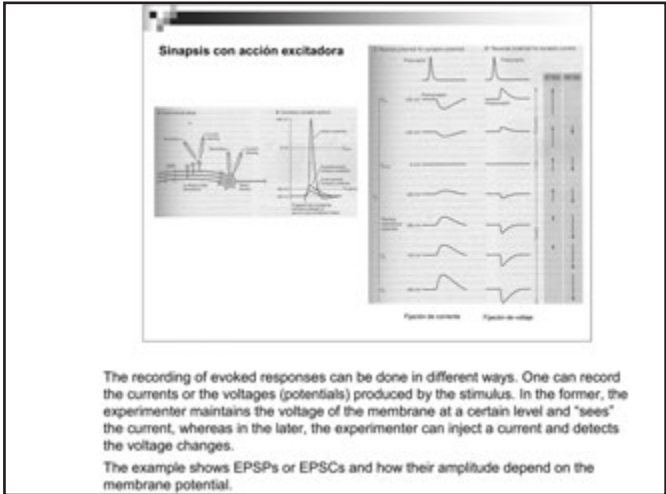
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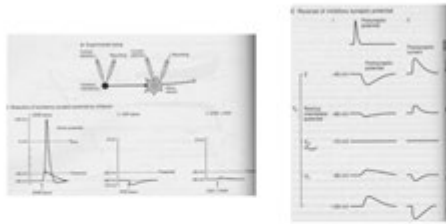
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### Sinapsis con acción inhibitoria



The example shows IPSPs or IPSCs and how their amplitude depend on the membrane potential. This behavior allows to know which ion type is the responsible for the movement of charge.

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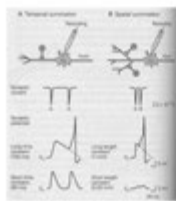
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### Mecanismos de integración



**Sumación temporal:** Dependiendo del momento en que una segunda respuesta es evocada, los cambios en la membrana pueden "superponerse" y sumarse.

**Sumación espacial:** Dos o más botones liberan neurotransmisor y activan diferentes "sitios" de la neurona. Estos se suman.

The hundreds or thousands of signals that a cell receives are integrated according to biophysical properties of the membrane in the vicinity of the receptors that are activated.

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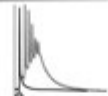
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intrinsic properties



synaptic efficacy



synaptic connectivity



When studying the behavior of a cell, one has to consider its biophysical (intrinsic) properties, the strenght of the communication with other cells (synaptic efficacy) and how it interacts within a circuit.

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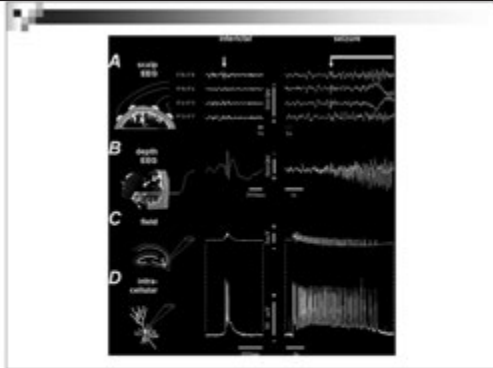
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How an epileptiform event, detected on the skull, is reflected in field and intracellular recordings.

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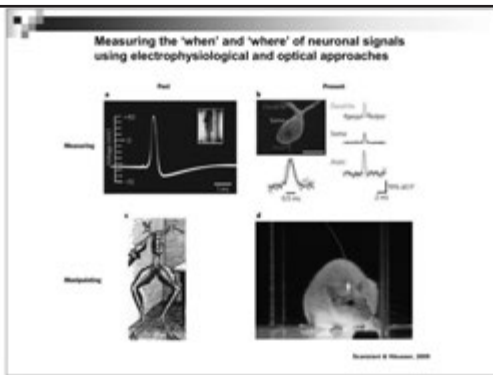
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Evolution of the methodology to study neuronal communication. Electrophysiology addresses mainly the "when". New imaging technologies allow to study the "where"

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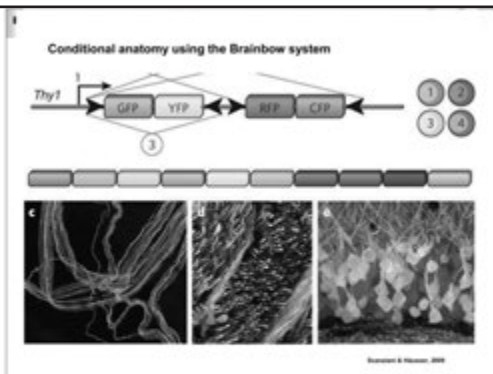
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Brainbow mice can be used to identify neuronal subsets by conditional activation of fluorescent reporters

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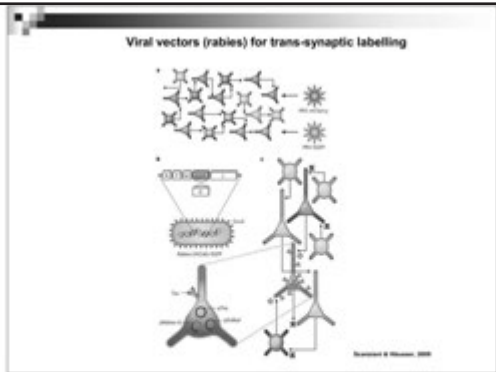
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The use of viral vectors allow to infect targeted cells. The infection allows to label the cells for further study.

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**Classes of optical probes used for measuring and manipulating neuronal activity.**

Class	Example	Application
Fluorescent proteins	EGFP, mCherry	Labeling neurons
Fluorescent indicators	Ca <sup>2+</sup> indicators (e.g., Fura-2, Fluo-4), Voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity
Optogenetic actuators	Channelrhodopsin-2 (ChR2), Halorhodopsin (NpHR)	Manipulating neuronal activity
Fluorescent sensors	Fluorescent calcium indicators (e.g., Fluo-4, Fura-2), Fluorescent voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity
Fluorescent indicators	Fluorescent calcium indicators (e.g., Fluo-4, Fura-2), Fluorescent voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity
Fluorescent sensors	Fluorescent calcium indicators (e.g., Fluo-4, Fura-2), Fluorescent voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity
Fluorescent indicators	Fluorescent calcium indicators (e.g., Fluo-4, Fura-2), Fluorescent voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity
Fluorescent sensors	Fluorescent calcium indicators (e.g., Fluo-4, Fura-2), Fluorescent voltage indicators (e.g., Di-4-ANEPQ)	Measuring neuronal activity

The table is credited to Ruitenberg & Reuter, 2008.

Imaging techniques take advantage of luminiscence of several compounds which can be coupled to ions, receptors, channels, etc.

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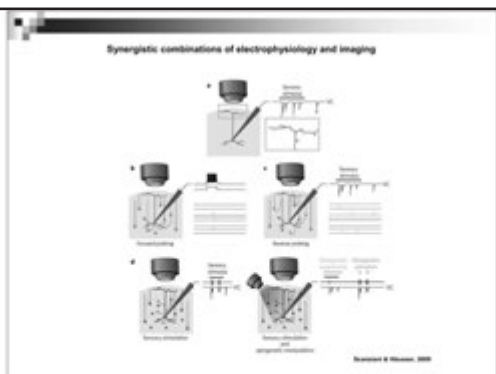
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Labeled cells, usually with fluorescence, can be actually seen and then selected under the microscope so that recordings can be directed.

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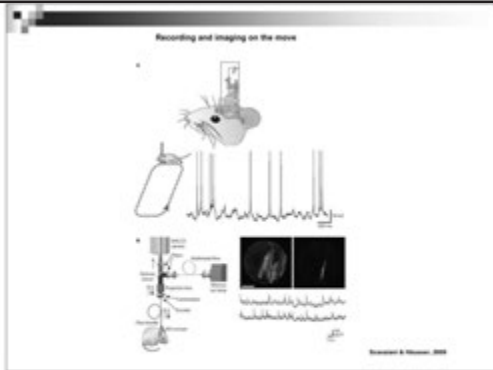
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Electrophysiological recordings combined with imaging techniques can now be applied on behaving animals.

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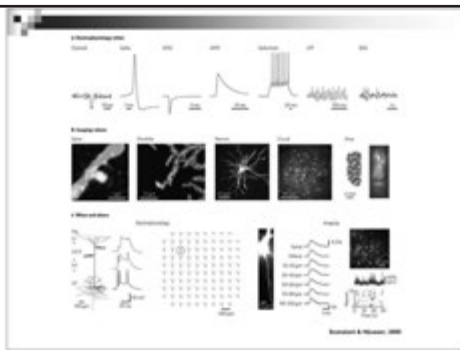
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Electrophysiology addresses mainly the "when". New imaging technologies allow to study the "where".

However, refining electrophysiological techniques by the use of multiple electrode recordings in multiple sites (of a structure or circuit, and of a cell) as well as the combination of this with imaging techniques allow for the integration of the when and the where.

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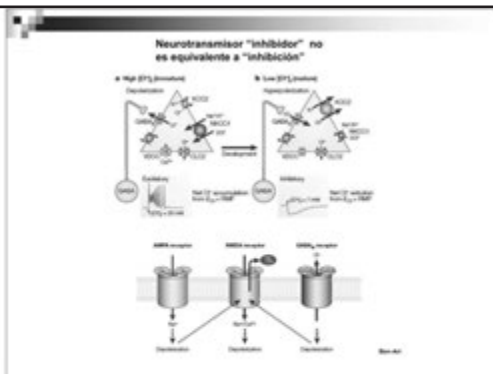
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It's not that simple..... Neurotransmitters are not inherently "inhibitory" or "excitatory". The type of receptor (in the case of metabotropic glutamate receptors) and the intracellular milieu (chloride regulation – GABAA receptors) define the action of the neurotransmitter.

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### TRANSMISION

Un neurotransmisor es una sustancia que al liberarse de una terminal nerviosa transmite un mensaje a las células vecinas o a la terminal de la que se libera para modificar su acción ulterior.

Según su modo de acción, se han considerado como neurotransmisores "clásicos" o de acción rápida, como neuromoduladores, o como factores tróficos.

### CO-TRANSMISION

"Principio de Dale" : una neurona libera un solo neurotransmisor de todas sus terminales, y no otro, debido a que es una unidad metabólica.

Pero: en los 70s se comprobó que la coliberación era posible cuando se observó que el ATP se liberaba de terminales que liberaban noradrenalina. Posteriormente se comprobó que varios péptidos podían liberarse de terminales que liberaban neurotransmisores de "acción rápida".

Actualmente se sabe que hay varias combinaciones de neurotransmisores "clásicos" que son coliberados.

Another important and recently address phenomenon in neuronal communication is co-transmission, that is, the possibility of a single cell releasing more than one neurotransmitter.

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### CO-TRANSMISION

Actualmente es claro que la coliberación es la regla, más que la excepción.

Usualmente se libera un neurotransmisor ("clásico") de acción rápida y un transmisor de alto peso molecular -un péptido (con acción moduladora), o un gas (óxido nítrico), o un metal ( $Zn^{2+}$ ), o ATP, o un factor trófico.

...sin embargo, (en 2001) solo existían dos ejemplos de coliberación de neurotransmisores de acción rápida:

GABA y glicina en la médula espinal  
(el transportador vesicular es común para ambos)  
glutamato y GABA  
en la sinapsis que forman las fibras musgosas con las células de la zona CA3 del hipocampo  
(la descarboxilación del glutamato origina GABA.....)

...y la unidad metabólica no se rompe!

More and more examples of this phenomenon appear.

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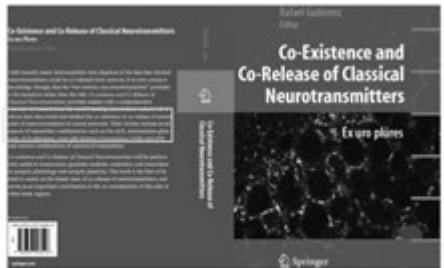
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...a la fecha (2009) entre los ejemplos de coliberación de neurotransmisores de acción rápida están.....



Now, we have several combinations or neurotransmitters that are packed and released together. We have gathered them in a book.

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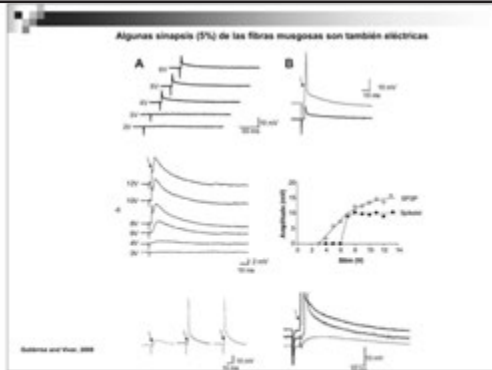
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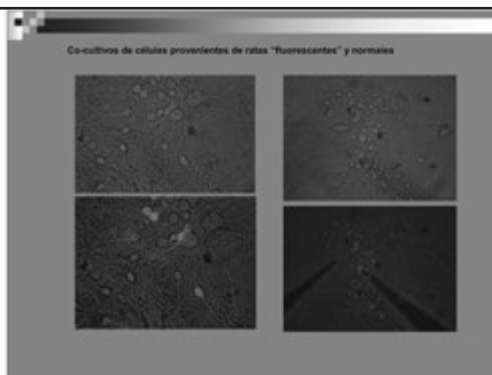
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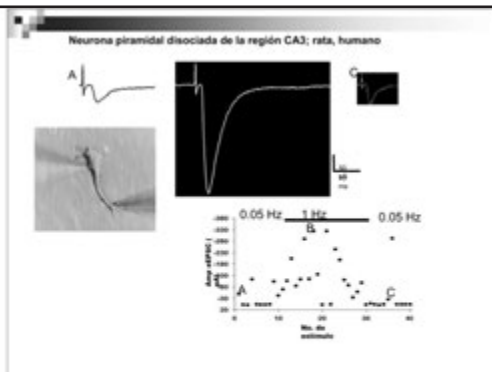
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.....but we need to explore the better model there is! ... the human brain.... Let's team up with neurosurgeons!!

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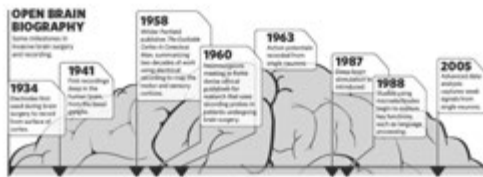
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**Neurological and Psychiatric Diseases are "diseases of neuronal communication"**

- Stroke (pumps, transporters -pH-, ion homeostasis)
- Multiple Sclerosis (transmission of electrical signals)
- Amyotrophic Lateral Sclerosis (functional muscle denervation)
- Epilepsy (intrinsic properties; channelopathy; receptors' modifications or expression; circuit rearrangement)
- Alzheimer's (membranal and soluble b-amyloid)
- Parkinson's (DA transmission; cell death)
- Huntington's (GABAergic transmission; cell death)
- Channelopathies (excitability)
- Pain (channels; Cl- homeostasis)
- Depression (neurotransmitter output; receptors' alterations)
- Schizophrenia (neurodevelopment; Histoarchitecture)

In the end, most of neurological and psychiatric disorders are "disorders" of neuronal communication

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# NOT A SIMPLE BRAKE — THE COMPLEX MECHANISMS OF GABAergic INHIBITION

ANDREAS DRAGUHN (GERMANY)

   
Interdisziplinäres Zentrum für  
Neurwissenschaften der  
Ruprecht-Karls-Universität Heidelberg

Sao Paulo, Feb 3<sup>rd</sup>, 2009

LASSE IV

**Not a simple break –  
the complex mechanisms of GABAergic  
inhibition**

Andreas Draguhn

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**GABAergic inhibition**

- I Classical View: Reduction of Excitability
- II Complications
- III Inhibition within Networks:
  - Excitation-Inhibition-Balance
  - Signal-to-Noise-Ratio
  - Spatial and Temporal Patterns
- IV Perspectives

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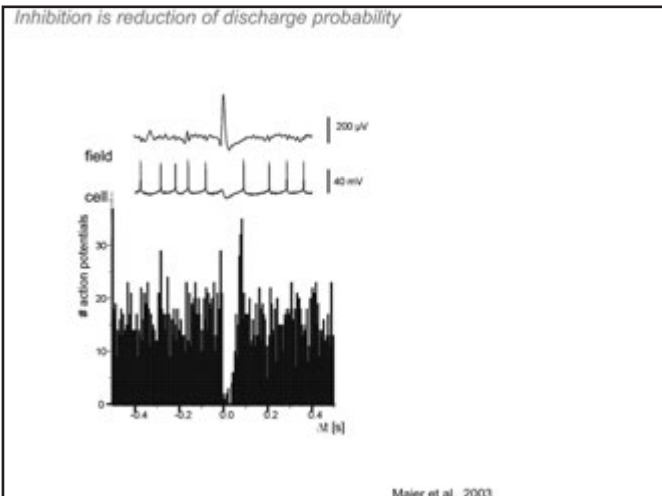
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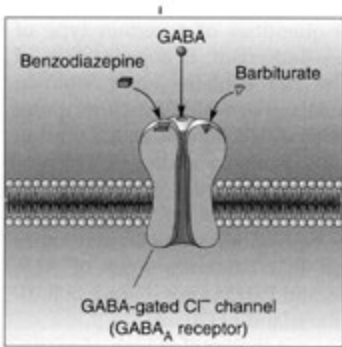
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Inhibition is reduction of discharge probability



Maier et al., 2003

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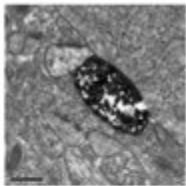
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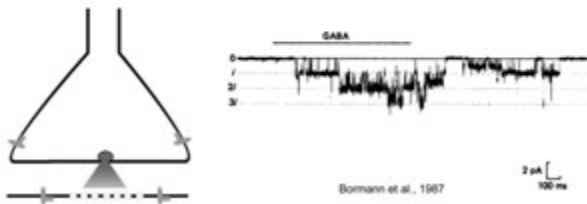
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The GABAergic synapse – simple scheme

Danner Birke (HD) & Michael Frotscher (FB)



Bomann et al., 1987

2 pA  
100 ms

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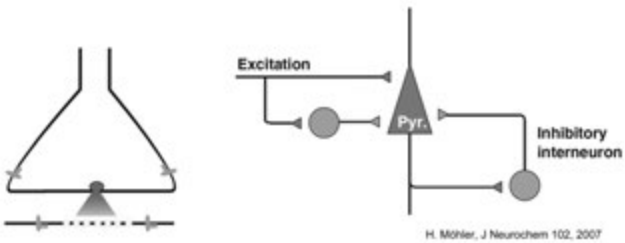
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GABAergic "circuits" – simple scheme



H. Möhler, J Neurochem 102, 2007

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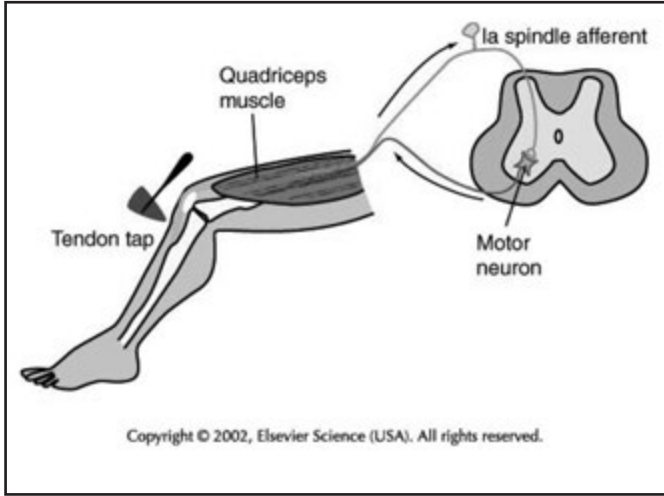
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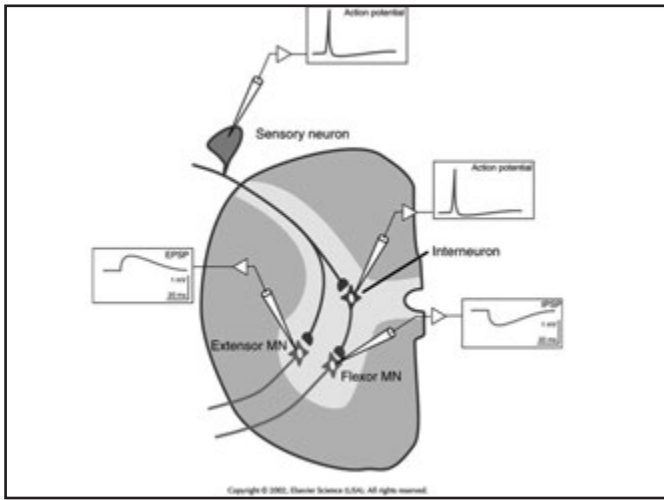
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**GABAergic inhibition**

I Classical View: Reduction of Excitability

II Complications

III Inhibition within Networks:

- Excitation-Inhibition-Balance
- Signal-to-Noise-Ratio
- Spatial and Temporal Patterns

IV Perspectives

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### Complications I

Molecular heterogeneity of GABA<sub>A</sub> receptors



α	1-6
β	1-3
γ	1-3
δ	1
ε	1
θ	1
ρ	1-3

- 18 different subunit isoforms
- ~ 2 Mio receptor isoforms possible
- different properties:
  - agonist affinity
  - subcellular distribution
  - sub- vs. extrasynaptic
  - sensitivity to modulators
  - pharmacology

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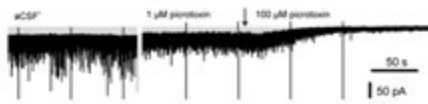
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Example: extrasynaptic GABA<sub>A</sub> receptors and tonic inhibition



Holler et al.

- different subunit composition (α5, α6, δ)
- high agonist affinity
- target of neurosteroids (?)
- in some cells mediating < 50% of charge transfer

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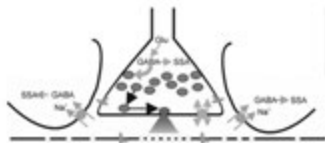
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### Complications - II

Multiple molecular constituents of GABAergic synapses



- GABA metabolism and use-dependent changes in [GABA]<sub>synaptic</sub>
- Receptor turnover, traffic and scaffolding
- Pre- and postsynaptic modulation (GABA<sub>B</sub>R, GABA<sub>A</sub>R, CB1, PKA ...)

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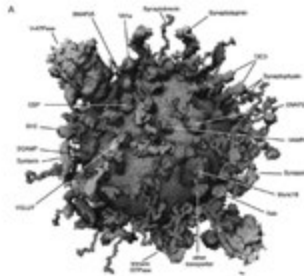
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Quantitative data needed!

### Molecular Anatomy of a Trafficking Organelle

Shigetani T, et al. *Journal of Cell Biology* 2005; 169: 1155-1165

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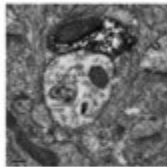
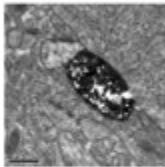
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### Complications - III

Structure-function relationship



Gunnar Birke and Michael Frotscher

- > Vesicle pools and vesicle dynamics
- > Precise geometry of intra- and extracellular spaces
- > Electrical synapses? *Mixed synapses?*

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### Complications - IV

Ion gradients: Chloride and HCO<sub>3</sub><sup>-</sup>

Hyperpolarizing GABA (adult neurons)



$E_{GABA} = -70 \text{ mV}$



$E_{GABA} = -40 \text{ mV}$

Depolarizing GABA (immature neurons, epileptic tissue?)

Cossart et al., *TINS* 2005

Net effect of inhibitory synapses:

- > complex function of  $E_{GABA}$ ,  $E_M$ ,  $\theta_{SYN}$
- > set by (secondary) active transport – KCC2, NKCC1
- > relative position of I- and E-synapses matters
- > pH and  $E_{GABA}$  influenced by flux of HCO<sub>3</sub><sup>-</sup>

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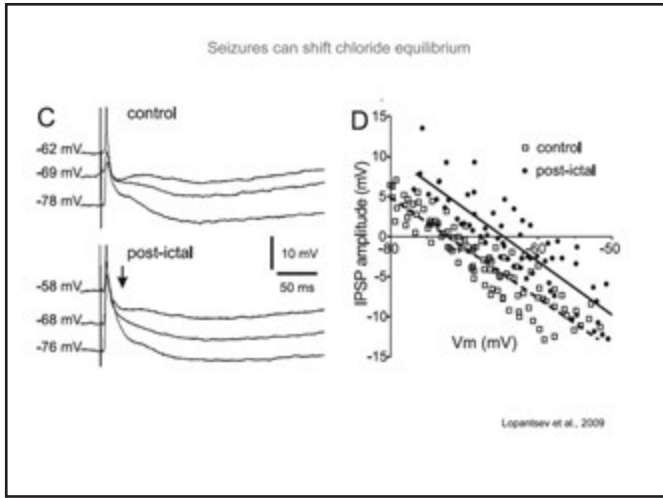
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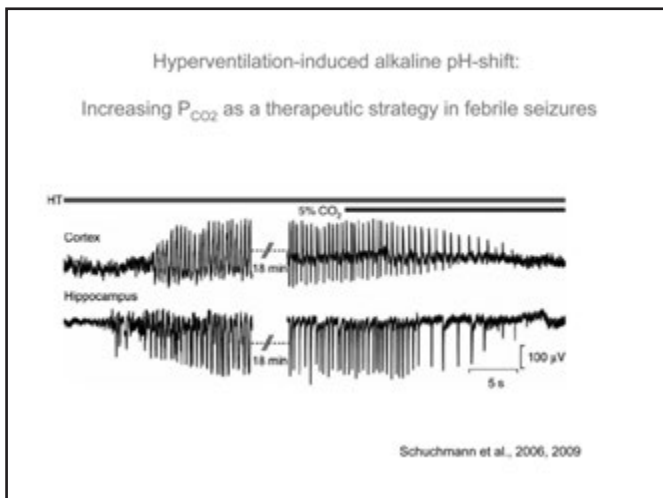
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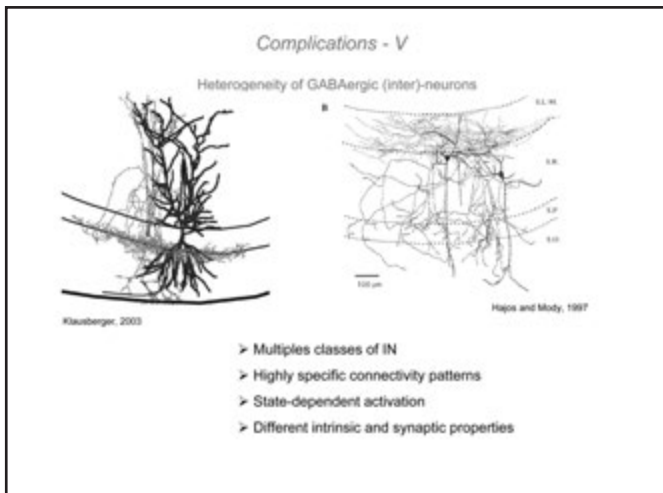
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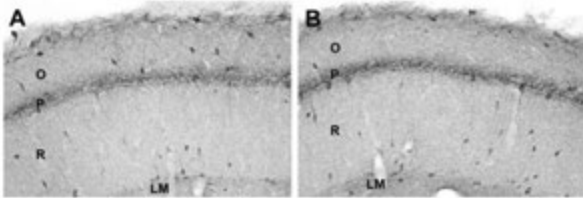
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Selective loss of interneuron subtypes in epilepsy



© GAD67, Dinocourt et al., 2003

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## GABAergic inhibition

- I Classical View: Reduction of Excitability
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- IV Perspectives

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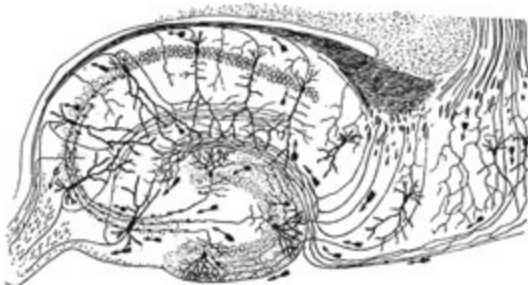
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Excitation-Inhibition-Balance



Mod. from Ramón y Cajal

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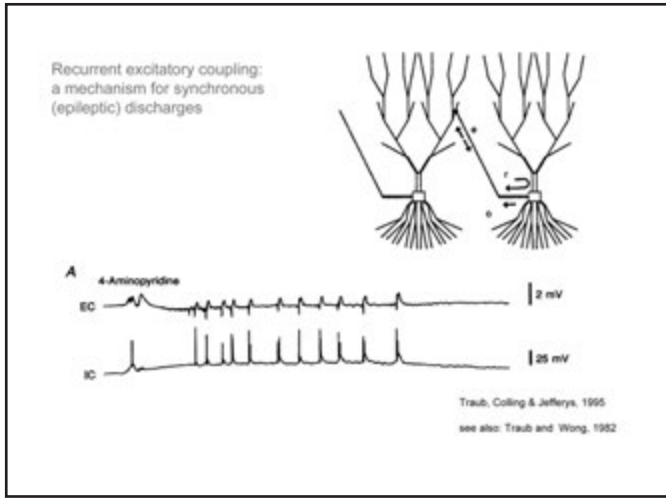
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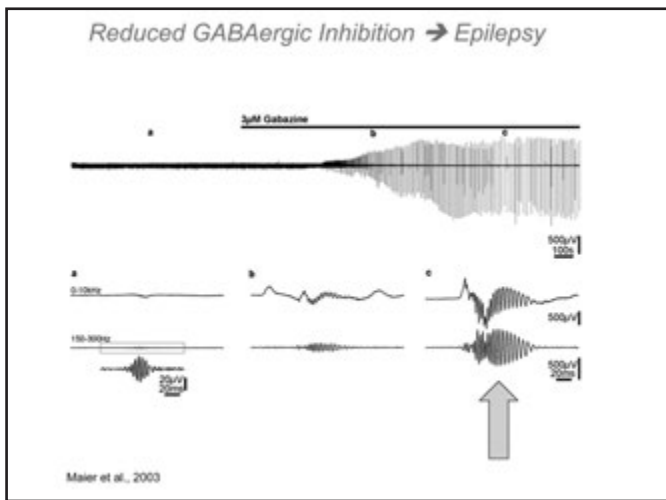
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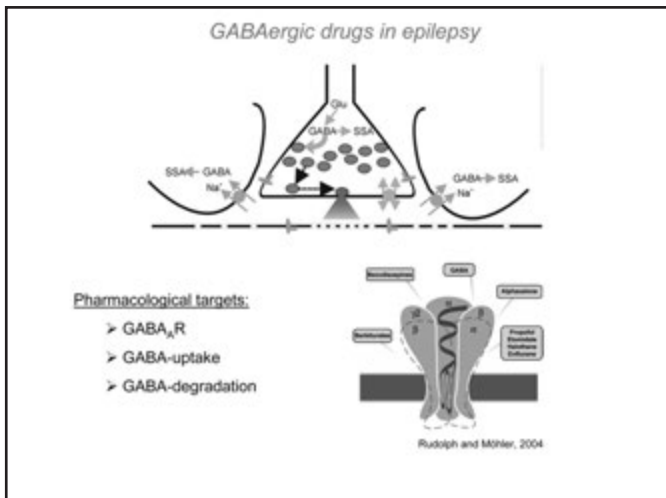
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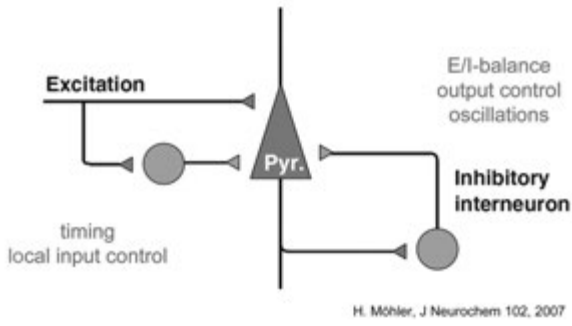
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*"Circuitry" of E/I-Balance: Recurrent Inhibition*




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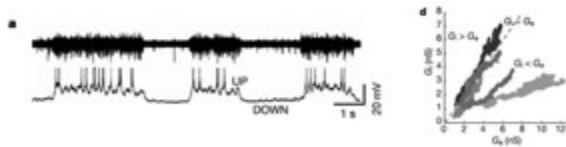
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**Turning on and off recurrent balanced cortical activity**

Yueheng Shi, Andrea Rosenmund & David A. McCormick

Department of Neurobiology, Yale University School of Medicine, 333 Cedar Street, New Haven, Connecticut 06510, USA

NATURE | VOL 421 | 10 MAY 2002 | www.nature.com/nature




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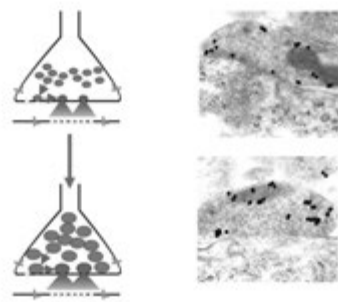
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*Presynaptic GABA content as a variable for homeostatic plasticity*



Engel et al., 2001

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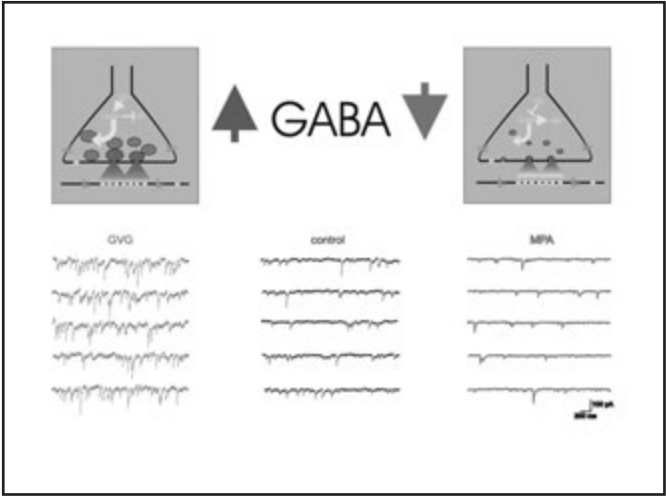
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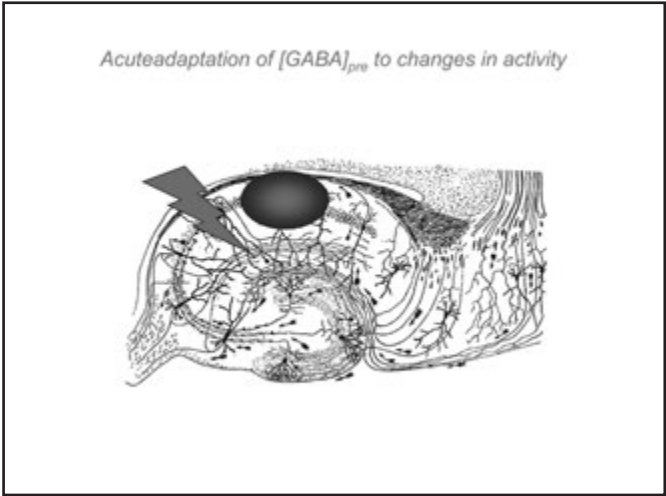
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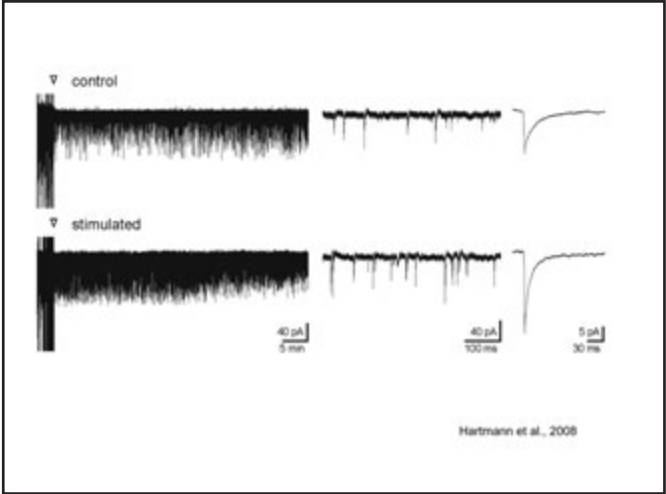
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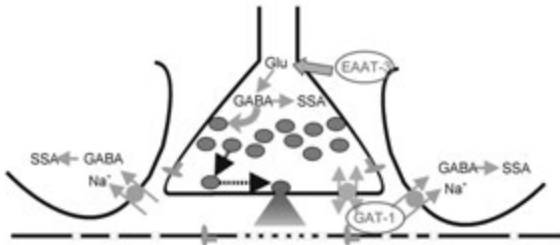
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GABAergic terminals are fast sensors for release of GABA and glutamate



Hartmann et al., 2008  
See also: Mathews and Diamond, 2003

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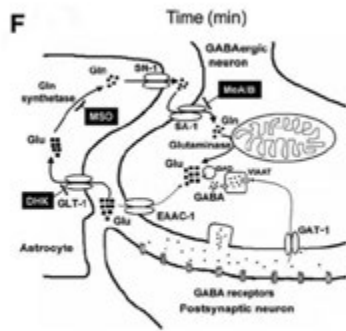
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A further source of GABA: glutamine



Liang et al., 2006  
See also: Fricker et al., 2007

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## GABAergic inhibition

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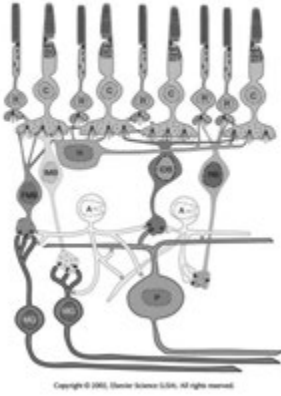
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Signal-to-Noise I: lateral inhibition




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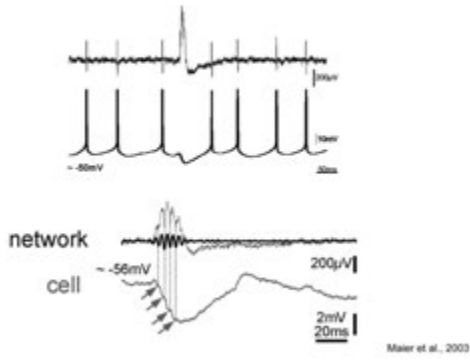
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Signal-to-Noise II:  
background suppression in sparsely firing networks




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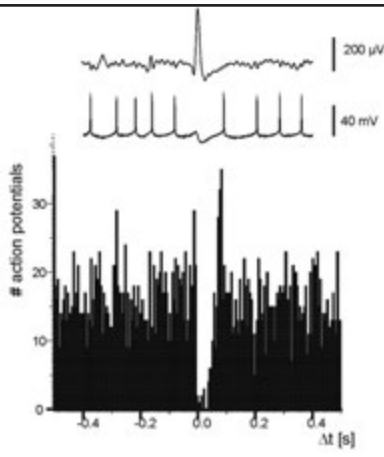
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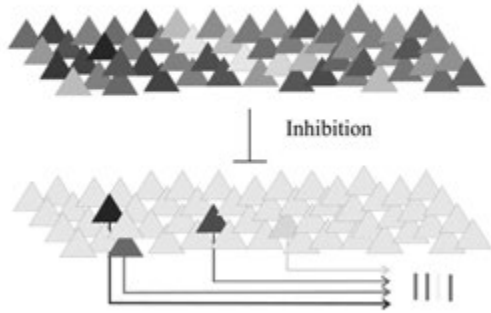
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Background suppression in sparsely firing networks:  
How do participating cells fire?



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## GABAergic inhibition

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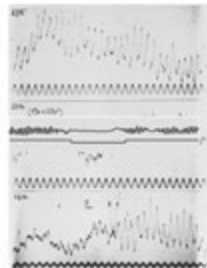
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Neuronal correlates of cognitive processes can be measured ...



Hans Berger  
1873-1941



... and appear frequently as coherent rhythmic activity

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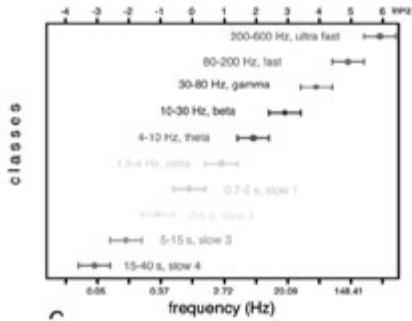
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Specific cognitive/behavioral states are associated with specific network oscillations



Buszaki et al., Thalamus and Related Systems

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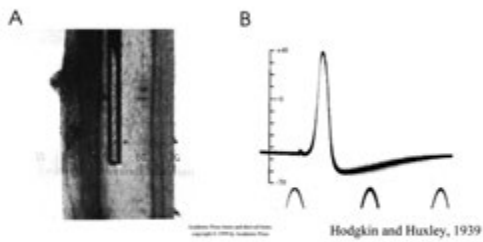
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Why network oscillations?



- Action potentials • are short (~ 1 ms)
- are uniform ("all-or-none")

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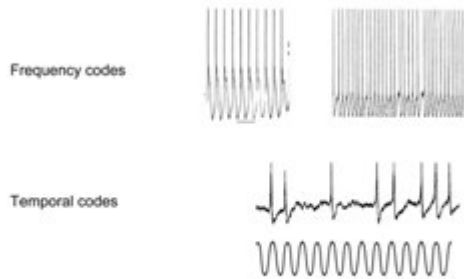
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Possible "codes" based on spikes



→ Need for a temporal reference signal!

© Elsevier Science (USA) 2002

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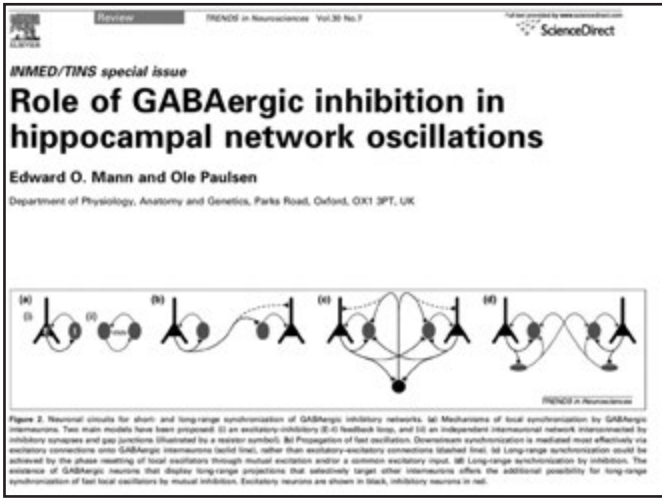
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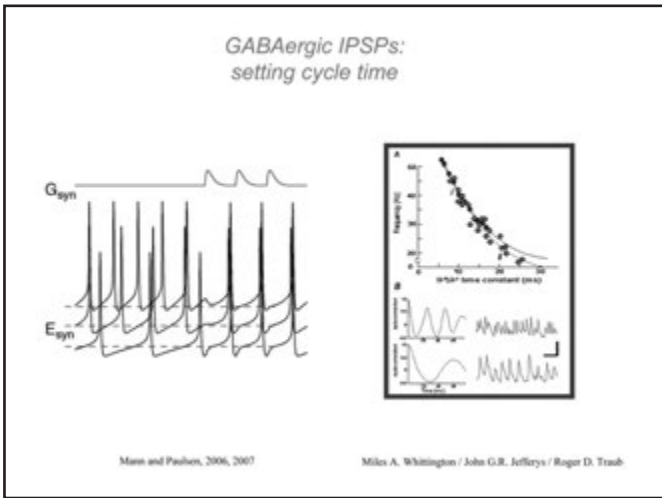
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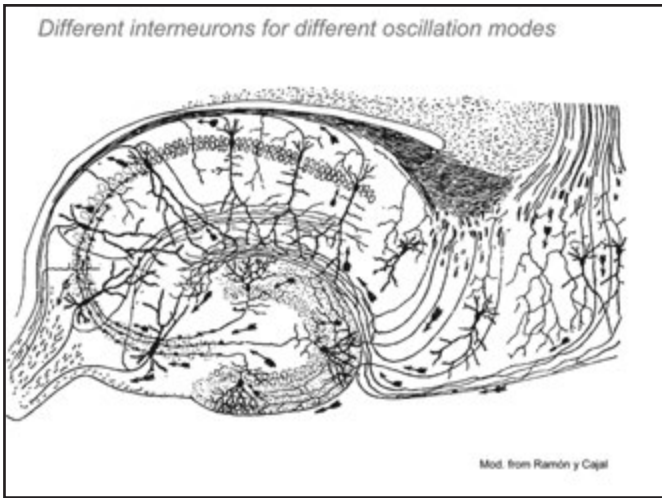
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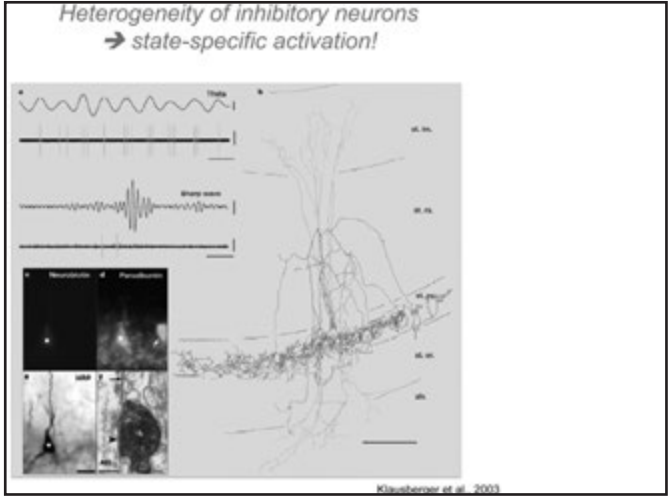
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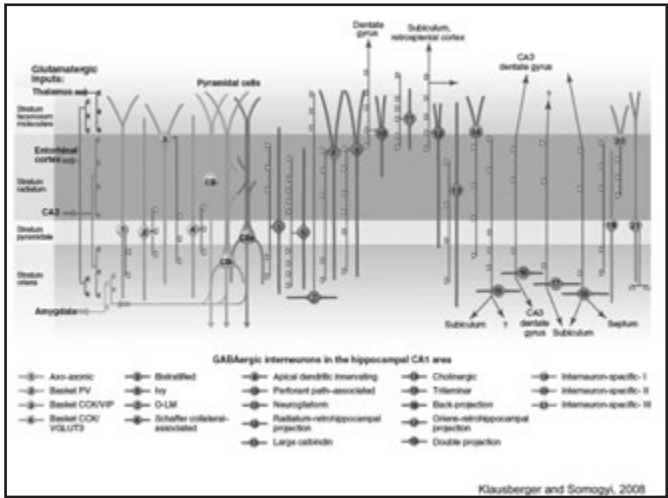
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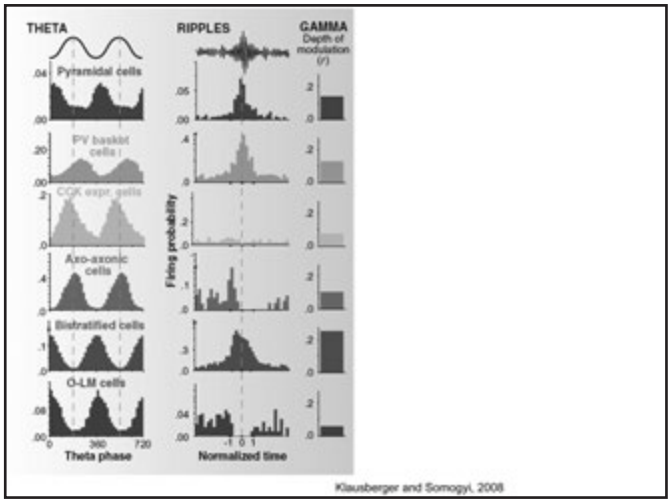
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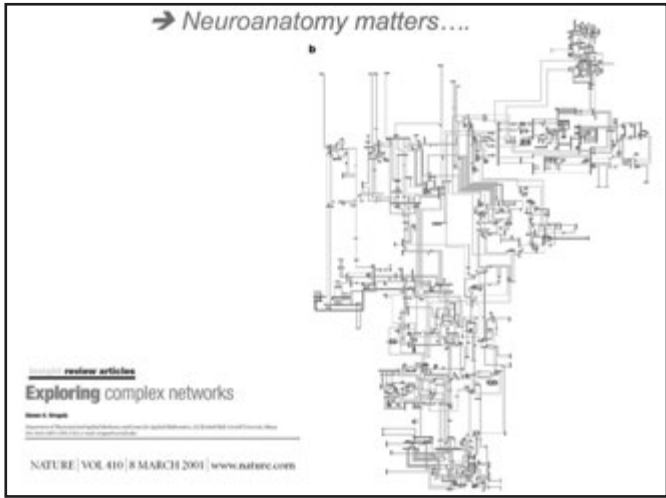
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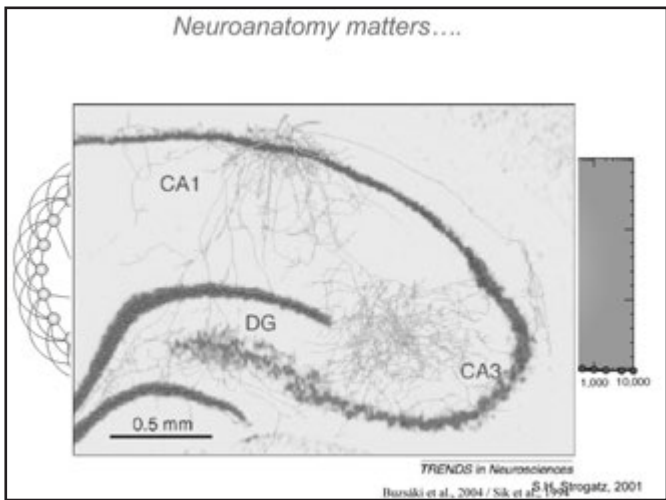
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**GABAergic inhibition**

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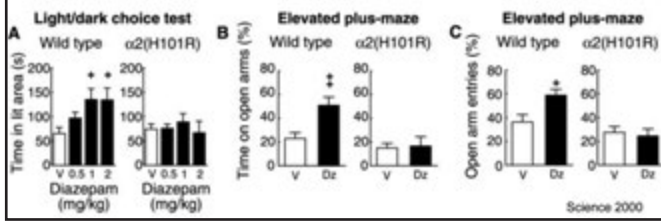
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## Molecular and Neuronal Substrate for the Selective Attenuation of Anxiety

Karin Löw,<sup>1\*</sup> Florence Crestani,<sup>1\*</sup> Ruth Keist,<sup>1\*</sup>  
 Dietmar Benke,<sup>1</sup> Ina Brünig,<sup>1</sup> Jack A. Benson,<sup>1</sup>  
 Jean-Marc Fritschy,<sup>1</sup> Thomas Rüllicke,<sup>2</sup> Horst Bluethmann,<sup>3</sup>  
 Hanns Möhler,<sup>1</sup> Uwe Rudolph<sup>1‡</sup>



### Molecular specificity of behavior- or disease-specific inhibitory systems

Table 1 GABA<sub>A</sub> receptor subtypes\*

Subunits	Localization	Pharmacology
$\alpha 1/\beta 2$	Major subtype (80%). Synaptic and extrasynaptic	Benzodiazepine-sensitive. Mediates sedative and anti-convulsant activity
$\alpha 2/\beta 2$	Minor subtype (15-20%). Synaptic	Benzodiazepine-sensitive. Mediates anxiolytic activity
$\alpha 3/\beta 2$	Minor subtype (10-15%)	Benzodiazepine-sensitive. Pharmacology yet unclear
$\alpha 4/\beta 2$	<5% of receptors. Extrasynaptic (cerebral cortex, hippocampus, olf. bulb)	Benzodiazepine-sensitive. Mediates modulation of temporal and spatial memory
$\alpha 5/\beta 1$	<5% of receptors. Extrasynaptic	Insensitive to benzodiazepines. Sensitive to low concentration of ethanol
$\alpha 5/\beta 2$	<5% of receptors. Extrasynaptic	Insensitive to benzodiazepines
$\alpha 6/\beta 1$	Small population. Extrasynaptic (only in cerebellum)	Insensitive to benzodiazepines. Sensitive to low concentration of ethanol
$\alpha 6/\beta 2$	<5% of receptors. Synaptic (only in cerebellum)	Insensitive to benzodiazepines

Möhler, J. Neurochem. 102, 2007

### TO DO:

- Quantitative understanding of molecular constituents
- Quantitative understanding of ultrastructure
- Understanding normal and pathological network states
- Understanding pathological plasticity of inhibition
  
- Specific tools for GABAergic sub-systems
- Protection of vulnerable interneuron populations
- Targeting mechanisms of homeostatic plasticity

Claus Bruehl  
Andreas Draguhn  
Dominique Engel  
Kristin Hartmann

Gudrun Ahnert-Hilger  
Nikolai Axmacher  
Christiane Frahm  
Michael Frotscher  
Tatyana Golovko  
Uwe Heinemann  
Nadine Holter  
Christina Janista  
Sergej Kolbaev  
Ingrid Pahner  
Gillian Queisser  
Rafael Ritz  
Uwe Rudolph  
Martin Stemmler  
Roger D. Traub  
Gabriel Wittum  
Werner Zusratter

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# PROCESSES MEDIATING EPILEPTOGENESIS REVEALED BY MICRO-ARRAY ANALYSES AND THE MODULATION OF SPECIFIC MOLECULAR TARGETS

F. LOPES DA SILVA (NETHERLANDS)

**LASSE IV São Paulo  
February 2010**

*Processes mediating epileptogenesis revealed by micro-array analyses  
and the modulation of specific molecular targets*

Jan Gorter, Erwin van Vliet, Eleonora Aronica and  
Fernando Lopes da Silva

Swammerdam Institute for Life Sciences (SILS);  
Stichting Epilepsie Instellingen Nederland (SEIN), Heemstede;  
Department of Neuropathology, Academic Medical Center;  
University of Amsterdam, Amsterdam, The Netherlands

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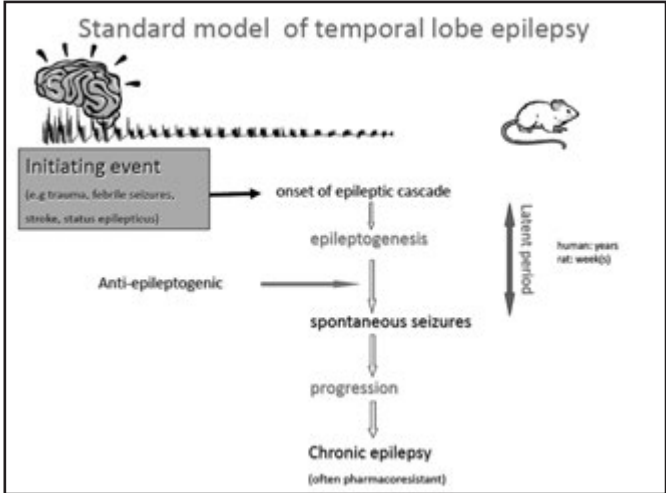
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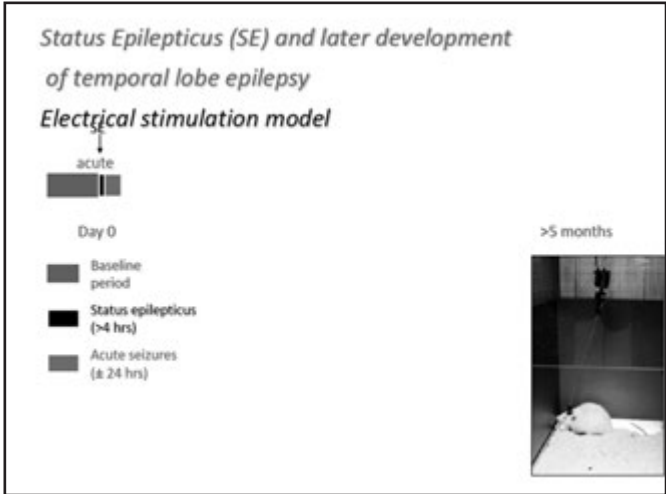
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# Five groups and three brain regions

- Control (C) (n=6)
- 1 day post SE (D) (n=3) acute
- 1 week post-SE (W) (n=6) latent
- >90 days (M) (n=5) chronic (daily seizures)
- >90 days non-SE (nS) (n=5) non-SE



In this model, CA3 and TL both belong to the epileptogenic network while cerebellum does not

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# Micro-Array analyses

Here we compare findings obtained using micro-array analysis in the post-status epileptic rat and in patients with gangliogliomas (GG) who underwent surgery for intractable epilepsy.

In both rat and human gene expression analysis was performed using Affymetrix Gene Chip Systems, RAE230A and U133 plus 2.0 arrays, respectively.

In both cases GENMAPP and Gene Ontology were used to identify global biological trends in gene expression data.

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## Micro-Array analyses

Both studies revealed patterns of gene expression that presented a number of similar characteristics.

A common feature was that the immune and inflammatory responses were the most prominent processes up-regulated.

Further GABA receptor subunits involved in tonic inhibition were persistently down-regulated in rat and GABA receptor signalling was an under-expressed process in patients.

Several genes involved in the complement pathway displayed a high level of expression compared with controls.

Higher expression was also observed for genes involved in cell adhesion, extracellular matrix and proliferation processes.

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## Inflammation and immune response peak in the latent period (rat post-SE model study)

559 probes upregulated in both CA3 and EC (296 GO) 

Process	No. genes up	% changed	Z score
Immune response	13	45	8.65
Antigen presentation, response to antigen via MHC class II	6	100	7.61
Antigen presentation, exogenous antigen	5	100	6.94
Response to wounding	4	67	4.83
Inflammatory response	5	42	4.50
Cell proliferation	4	33	4.25
Intracellular signalling cascade	18	20	3.74
Proteolysis	19	19	3.43

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## Synaptic transmission is acutely downregulated (rat post-SE model study)

763 probes downregulated in both CA3 and EC (317 GO)

Process	No. genes	% changed	Z score
Synaptic transmission e.g. downregulation of various GABAR subunits	4	24	4.65
Regulation of synaptic plasticity e.g. downregulation of CamKIIa	3	50	3.92
CNS development	3	60	2.92
Calcium ion homeostasis	3	75	2.90
Calcium ion transport	6	29	2.84
Nervous system development	5	22	2.77
Phospholipid biosynthesis	3	38	2.50
Ion transport	15	18	2.20
Cell adhesion	8	19	2.12

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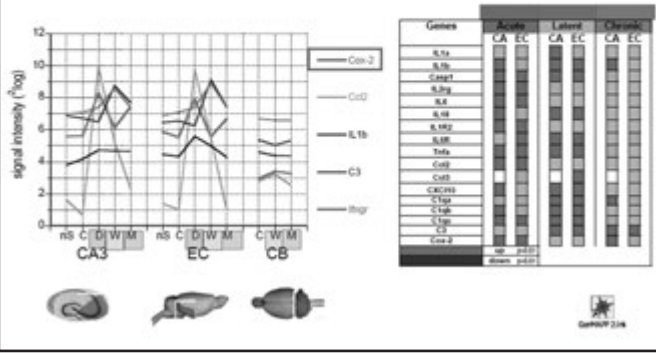
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### Inflammation and activation of the immune response play a role during early epileptogenesis




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### Micro-Array analyses

Biological process	# genes ; % up-regulated ; Z-score > 1.96 (p < 0.05)	
	Rat TLE model – 1 week after SE (CA3 & EC)	Human Ganglioglioma
Immune response	13 ; 45% ; Z = 8.7	71; 59% ; Z = 15.6
Inflammatory response	5; 42% ; Z = 4.5	47 ; 60% ; Z = 9.7
Cell proliferation	4; 33% ; Z = 4.3	42; 31% ; Z = 4.2
Cell adhesion	7; 18% ; Z = 2.2	59; 30% ; Z = 4.4

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### Modifying epileptogenesis and seizure progression with inflammation and/of the BBB as target

The microarray studies suggest various possible therapeutic strategies aimed at counteracting inflammation:

- 1) Cox-2 inhibition;
- 2) Complement inhibition;
- 3) Il1b / caspase 1inhibition;
- 4) Chemokine inhibition;
- 5) Cell adhesion molecule inhibition;
- 6) (Matrixmetallo)protease inhibition;

We pass in review a few of the experimental approaches that have been carried out recently to test the following targets:

- (a) prostaglandin synthesis;
- (b) protein synthesis;
- (c) cell-adhesion regulation

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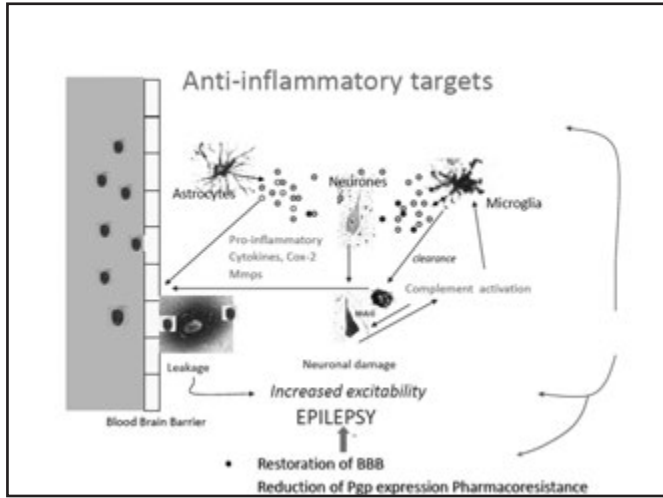
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### Modifying epileptogenesis and seizure progression with inflammation and/of the BBB as target

We pass in review a few of the experimental approaches that have been carried out recently to test the following targets:

- (a) prostaglandin synthesis;
- (b) protein synthesis;
- (c) cell-adhesion regulation

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### Exploring potential targets

(a) prostaglandin synthesis;  
(b) protein synthesis;  
(c) cell-adhesion regulation.

*Prostaglandin synthesis:* a potential target for anti-inflammatory treatment in epilepsy is cyclooxygenase-2 (cox-2), an enzyme that is responsible for the conversion of arachidonic acid (AA) into prostaglandins, (e.g. PGE2).

The fact that up-regulation of cox-2 is associated with seizures, led us to investigate the effects of a 7-day treatment with the Cox-2 inhibitor SC58236 immediately after SE.

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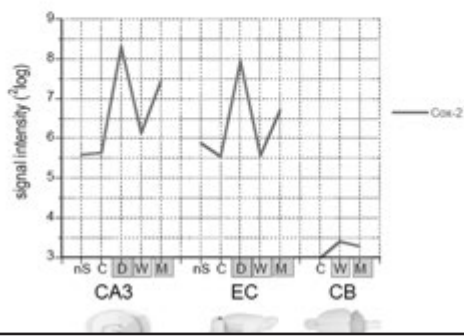
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## Regulation of Ptg<sub>s</sub>2 (cox-2) is activity dependent




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## Does inhibition of Cox-2 lead to milder form of epilepsy



### Experimental protocol:

1. Daily 1x oral administration of Cox-2 inhibitor (SC58236) during 7 days after SE; starting 4 hrs after SE
2. Using a dose that was previously shown to be effective in reducing ischemic neuronal damage (10mg/kg)
3. Monitor EEG during 35 days after SE.
4. PGE<sub>2</sub> immuno assay to test effectiveness of application at 1 day, 5hrs after last SC58236 administration

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## Inhibition of Cox-2 using SC58236

### 7 day SC58236 treatment after SE during the latent period:

- Does not delay epilepsy or lead to a milder form of epilepsy
- Does not lead to reduced microglia activation or neuroprotection.
- It effectively inhibits COX-2, as indicated by reduced PGE<sub>2</sub> production comparable to control levels (Holtman et al 2009).
- Consequently COX-2 inhibition was able to reduce the expression levels of P-glycoprotein despite recurrent seizure activity, and thus it helped to modify the Blood-Brain Barrier (BBB) in the epileptic rat brain (van Vliet et al 2009).

Holtman L, van Vliet EA, van Schaik R, Querroz CM, Aronica E, Gorfer JA Effects of SC58236, a selective COX-2 inhibitor, on epileptogenesis and spontaneous seizures in a rat model for temporal lobe epilepsy. *Epilepsy Res.* 2009 Mar;84(1):55-65.

van Vliet EA, Zibell O, Pekoc A, Schlotzger J, Edelbrock PM, Holtman L, Aronica E, Gorfer JA, Potschka H COX-2 inhibition controls P-glycoprotein expression and promotes brain delivery of phenytoin in chronic epileptic rats. *Neuropharmacology.* 2009 Sep 25.




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### Cox-2: regulator of P-gp expression



glutamate  $\rightarrow$  NMDA receptors  $\rightarrow$  cox-2  $\rightarrow$  PGE  $\rightarrow$   
 $\rightarrow$  P-gp upregulation in the BBB

Bauer B, Hartz AM, Pekoc A, Toellner K, Miller DS, Potschka H Seizure-induced up-regulation of P-glycoprotein at the blood-brain barrier through glutamate and cyclooxygenase-2 signaling. *Mol Pharmacol.* 2008 May;73(5):1444-53

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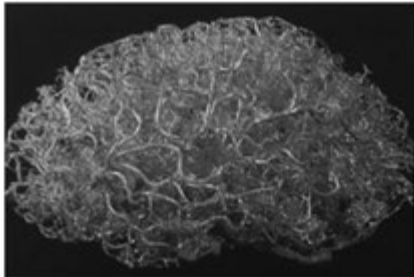
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### INTERMEZZO:

The role of BBB disruption in inflammation and in epileptogenesis




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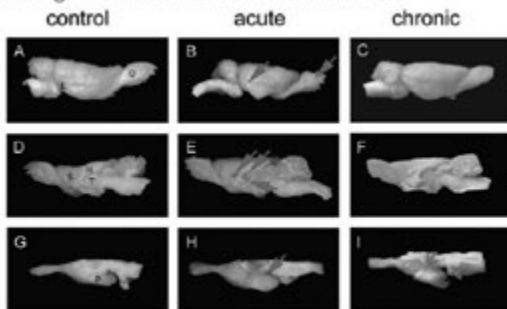
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### Leaking BBB: Source of inflammation?



Blood-brain barrier leakage may lead to progression of temporal lobe epilepsy

Evan's blue extravasation during epileptogenesis

E. A. van Vliet,<sup>1,2</sup> S. de Groot-Arjuns,<sup>1</sup> S. Redeker,<sup>1</sup> A. van Schaik,<sup>1</sup> E. Avramis<sup>2</sup> and J. A. Gorter<sup>1,2</sup>

<sup>1</sup>Streeklabor van het Nederlands Instituut voor Epilepsie, <sup>2</sup>Universitair Instituut voor Life Sciences, Center for Neurology and <sup>3</sup>Radboud Medical Center, Department of NeuroPathology, University of Nijmegen

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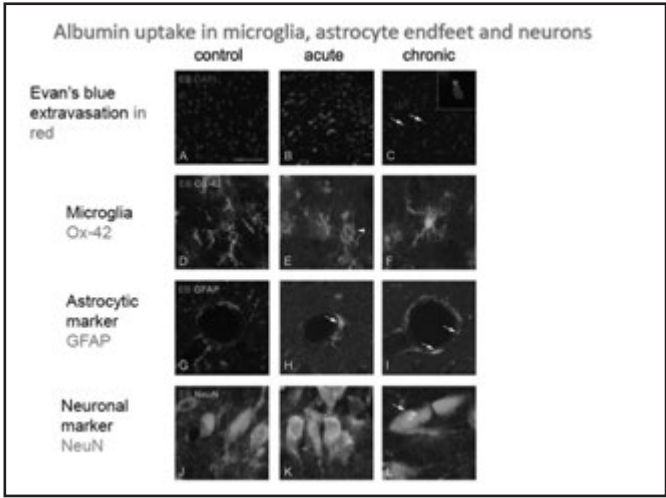
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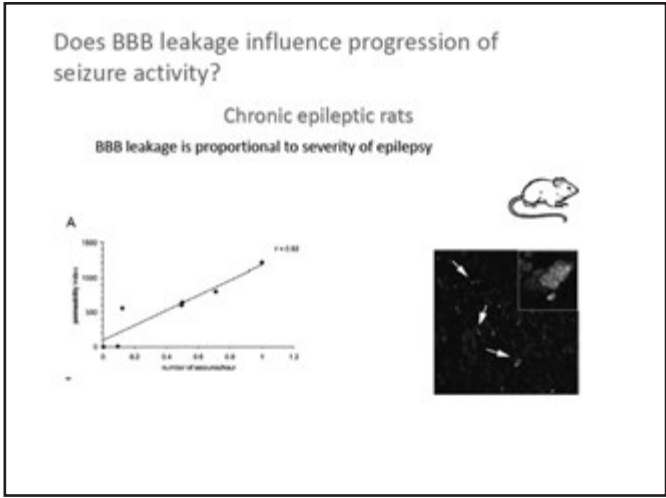
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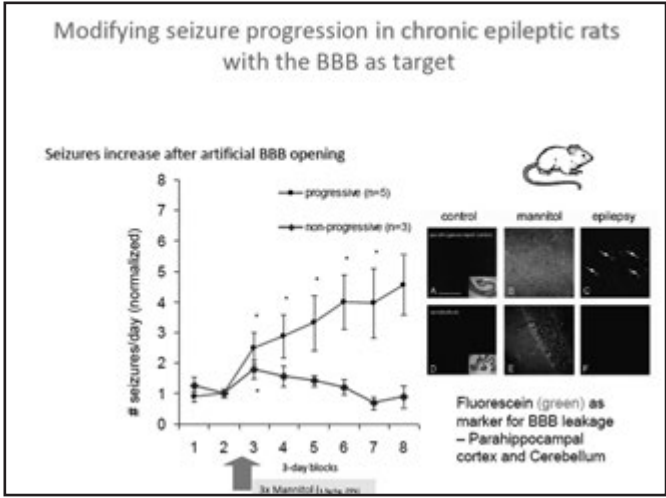
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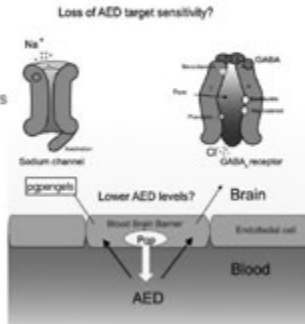
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## Mechanisms of pharmacoresistance

### 1) "Transport Hypothesis"

Poor penetration of drugs into the brain due to overexpression of drug transporters (Pgp, and other MDR transporters)



### 2) "Target hypothesis"

Alterations of pharmacological targets

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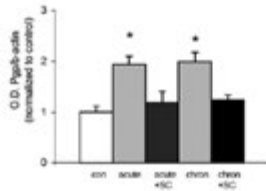
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## Inhibition of cox-2: P-gp

Can inhibition of cox-2 reduce P-gp expression?



*Cox-2 inhibition effectively reduces P-gp*

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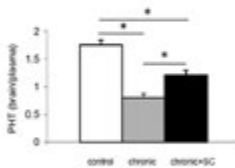
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## Inhibition of cox-2: drug delivery

Can inhibition of cox-2 enhance AED delivery into the brain?



*Entrance of phenytoin in the brain of chronic epileptic rats is enhanced by cox-2 inhibition.*

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## Exploring potential targets

- (b) protein synthesis;
- (c) cell-adhesion regulation

From these experimental findings we may conclude that although inhibition of COX-2 does not counteract epileptogenesis it may have a beneficial effect on pharmacoresistance induced by up-regulation of Pgp.

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## Modifying epileptogenesis and seizure progression with inflammation and/of the BBB as target

We pass in review a few of the experimental approaches that have been carried out recently to test the following targets:

- (a) prostaglandin synthesis;
- (b) protein synthesis;
- (c) cell-adhesion regulation.

- To discuss this theme we introduce first micro-array findings obtained in another kind of epilepsy:
- tuberous sclerosis in human.

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## Gene Expression Analysis of Tuberous Sclerosis Complex Cortical Tubers Reveals Increased Expression of Adhesion and Inflammatory Factors

Karin Boer, Peter B. Omo, Jan A. Gorter, Mark Nellist, Floor E. Jansen, Wim G.M. Splet, Peter C. van Rijen, Floyd R.A. Witink, Tino M. Breit, Dirk Troost, Wytse J. Wadman, Eleonora Aronica.  
Brain Pathology, Oct 2009, ISSN 1015-4305

Signaling Pathways	Number of genes	P value <
mTOR Signaling Pathway	8	0.0291
TNFR1 Signaling Pathway	9	0.0339
PDGF Signaling Pathway	8	0.0360
Classical Complement Pathway	5	0.0447
Complement Pathway	6	0.0476

- (a) prostaglandin synthesis;
- (b)
- (c) cell-adhesion regulation

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## Target of Rapamycin

- (a) prostaglandin synthesis;
- (c) cell-adhesion regulation

### Protein synthesis:

A promising strategy appears to be the interference with the mammalian target of Rapamycin (mTOR, a serine/threonine kinase or FRAP or RAFT1) signalling pathway that controls protein synthesis related to neuronal development and synaptic plasticity\*.

The mTOR inhibitor Rapamycin was shown (Zeng et al 2009) to prevent epilepsy in a mouse model of tuberous sclerosis complex, and in a rat model of temporal lobe epilepsy initiated by SE.

Interestingly Rapamycin was able to block the chronic phase of epilepsy and to reduce mossy fibre sprouting but not neurogenesis or neuronal death. These findings indicate that mTOR inhibitors have potential antiepileptogenic effects in this rat model.

\* Tang et al PNAS 2002, 99: 467 – 472.

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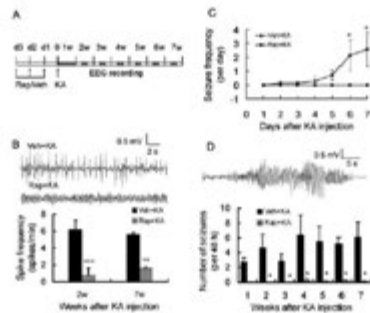
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## Target of Rapamycin

Zeng et al • mTOR Inhibits Epileptogenesis

Effects of pre-treatment with Rapamycin



Zeng et al J. Neuroscience 2009, 29(21):6964-6969

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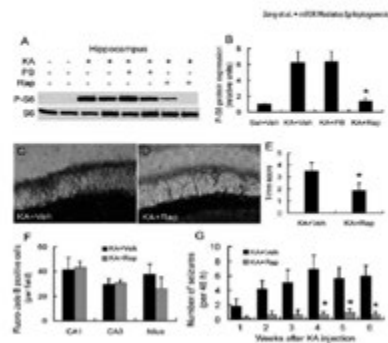
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## Target of Rapamycin

Effects of post-treatment with Rapamycin




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## Exploring potential targets

- (a) prostaglandin synthesis;
- (b) protein synthesis;
- (c) cell-adhesion regulation

- From these experimental findings we may conclude that mTOR signaling pathway appears to play a significant role in post-SE kainate rat model.
- Thus this pathway may be a relevant target to counteract this form of epileptogenesis;
- mTOR inhibitors as Rapamycin have potential antiepileptogenic effect.

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## Modifying epileptogenesis and seizure progression with inflammation and/of the BBB as target

We pass in review a few of the experimental approaches that have been carried out recently to test the following targets:

- (a) prostaglandin synthesis;
- (b) protein synthesis;

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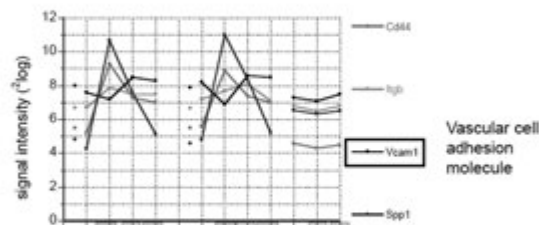
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## Target: Cell adhesion molecules

Promotion of leukocyte infiltration and macrophage migratory activity



- (a) prostaglandin synthesis;
- (b) protein synthesis;




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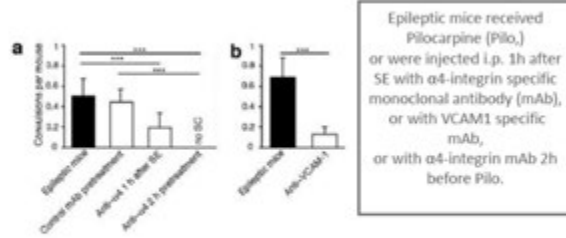
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## Target: Cell adhesion molecules



Epileptic mice received Pilocarpine (Pilo.) or were injected i.p. 1h after SE with  $\alpha_4$ -integrin specific monoclonal antibody (mAb), or with VCAM1 specific mAb, or with  $\alpha_4$ -integrin mAb 2h before Pilo.

Fabene et al. A role for leukocyte-endothelial adhesion mechanisms in epilepsy. Nature Medicine 2008, 14: 1377 – 1383.

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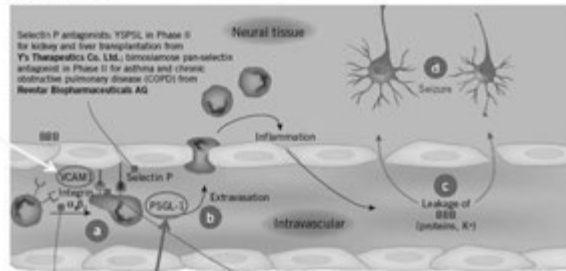
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## A role for leukocyte-endothelial adhesion mechanisms in epilepsy

Paola F. Fabene<sup>1</sup>, Giacinto Navarra<sup>1</sup>, Massimo Martinello<sup>1</sup>, Barbara Rossi<sup>1</sup>, Flavia Morigo<sup>1</sup>, Simona Ottoboni<sup>1</sup>, Antonia Bardi<sup>1</sup>, Stefano Angileri<sup>1</sup>, Eleonora Roncato<sup>1</sup>, Arianna Cichini<sup>1</sup>, Luca Zamagni<sup>1</sup>, Federica Rubin<sup>1</sup>, Antonia Chiodati<sup>1</sup>, Pierpaolo Marzella<sup>1</sup>, Elena Nicolato<sup>1</sup>, Immacolata M. Mancinella<sup>1</sup>, Ulisse Kauf, Julia M. Lauer<sup>1</sup>, Rodrigo P. McIvor<sup>1</sup>, Francesco Chiodati<sup>1</sup>, Andrea Zamboni<sup>1</sup>, Eugenio C. Butcher<sup>1,2</sup> & Gabriele Corbelli<sup>1</sup>



Selectin P antagonists: TSP3, in Phase II for kidney and liver transplantation from Y's Therapeutics Co. Ltd, imosinose pan-selectin antagonist in Phase II for asthma and chronic obstructive pulmonary disease (COPD) from Novartis Biopharmaceuticals AG

Antagonists of integrin  $\alpha_4\beta_1$  or subunits of integrin  $\alpha_4\beta_1$ : Rapivix etelimumab marketed for psoriasis from Genentech Inc. (NVS2-010)/Merck KGaA (Datis-BioRx); Tysabri natalizumab marketed for multiple sclerosis (MS) and Crohn's disease from Biogen Idec Inc. (NARS04-B101)/Eli Lilly and Co. (NVS2-010); ATU775132 in Phase II for MS and Crohn's disease from Astra Pharmaceuticals Inc. (NARS04-B101)/Athena Therapeutics Ltd (AUX-ANP)/Teva Pharmaceutical Industries Ltd. (NARS04-TCW)

VCAM1 antagonists: AG-1067, a small molecule that blocks VCAM1 expression, in Phase III for diabetes from Atherogenics (PINK-AG002); the company filed for Chapter 11 in October 2008

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## Target: Cell adhesion regulation

**Cell adhesion regulation:**  
Seizures enhance the expression of vascular cell adhesion molecules and enhanced leukocyte rolling and arrest in brain vessels mediated by the leukocyte mucin P-selectin glycoprotein ligand-1 (PSGL-1).

This finding led to explore the effect of inhibiting leukocyte-vascular interactions, either with blocking antibodies or by genetically interfering with PSGL-1 function in mice (Fabene et al 2008).

We may conclude that treatment with blocking antibodies against vascular cell adhesion molecules can prevented the development of epilepsy in this animal model.

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Modifying epileptogenesis and seizure progression with inflammation and/or the BBB as target

We passed in review a few of the experimental approaches that have been carried out recently to test the following targets:

- (a) prostaglandin synthesis;
- (b) protein synthesis;
- (c) cell-adhesion regulation

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# HIGH FREQUENCY ACTIVITY IN THE HUMAN EPILEPTIC BRAIN

J. ENGEL JR. (USA)

**High frequency activity in the human epileptic brain**

Jerome Engel Jr. (UCLA-USA)

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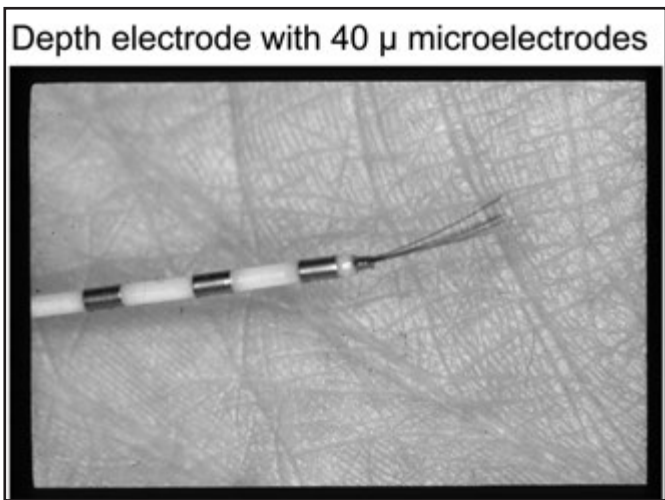
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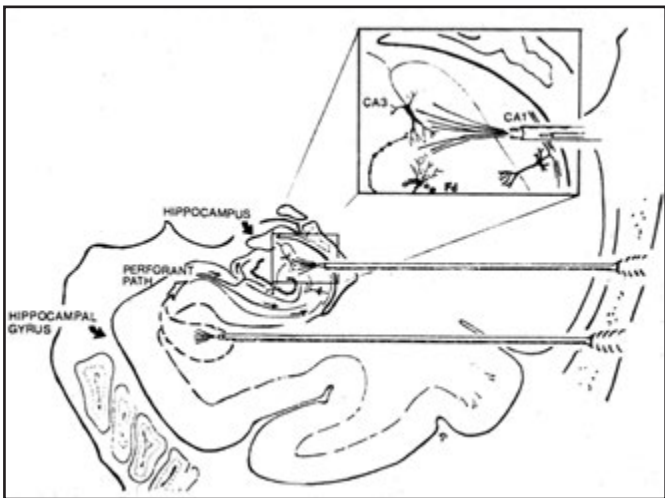
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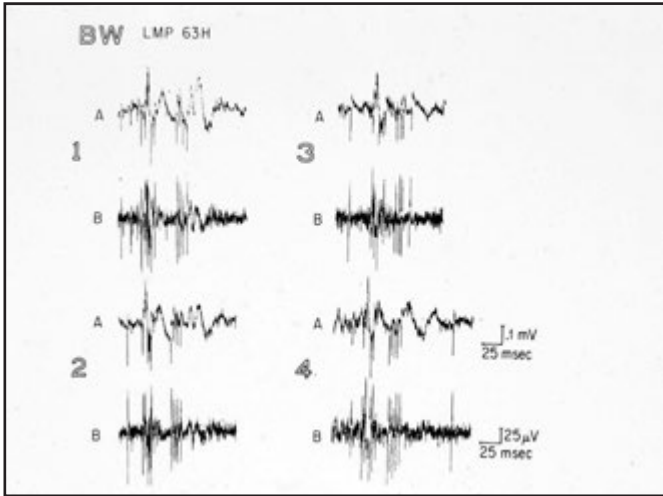
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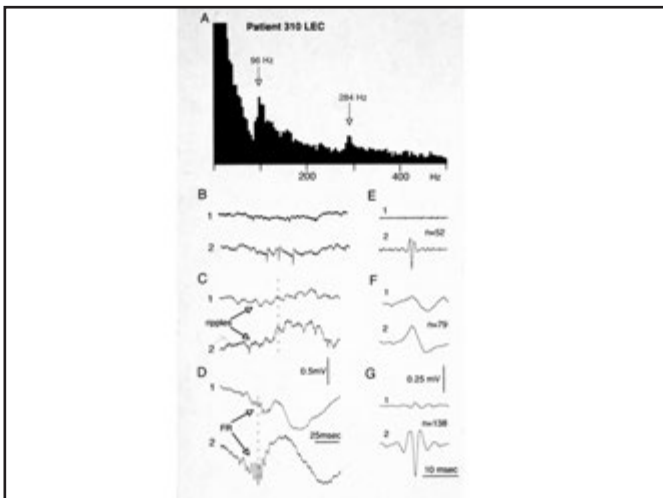
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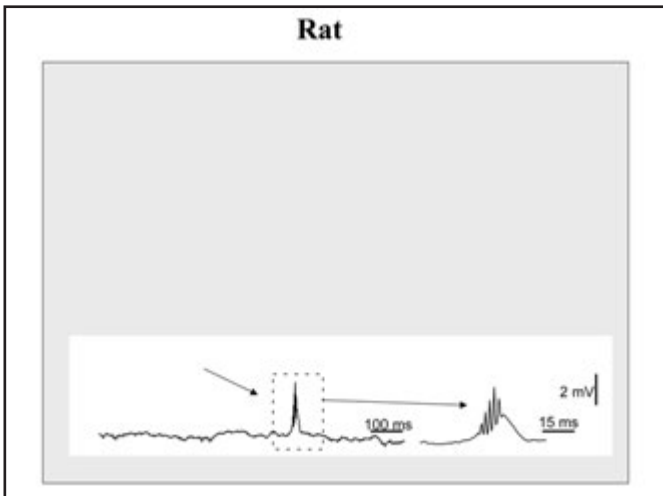
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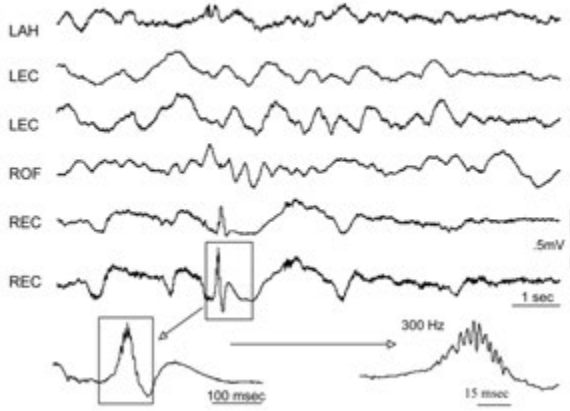
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### Human




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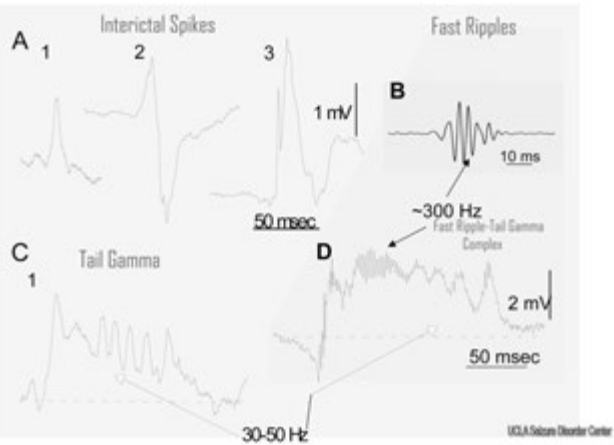
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### Interictal Events in KA rats with spontaneous SZ




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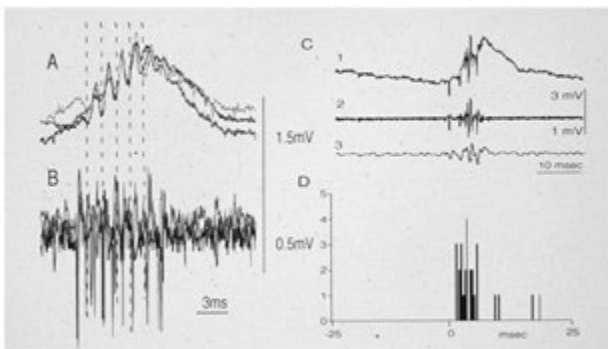
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### Neuronal correlates of Fast Ripples




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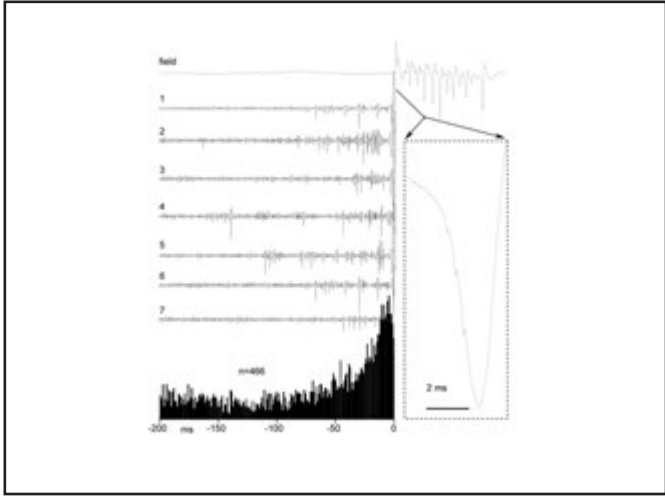
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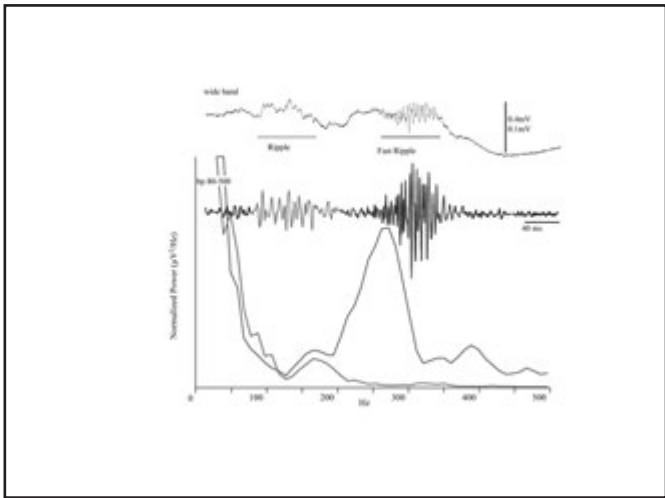
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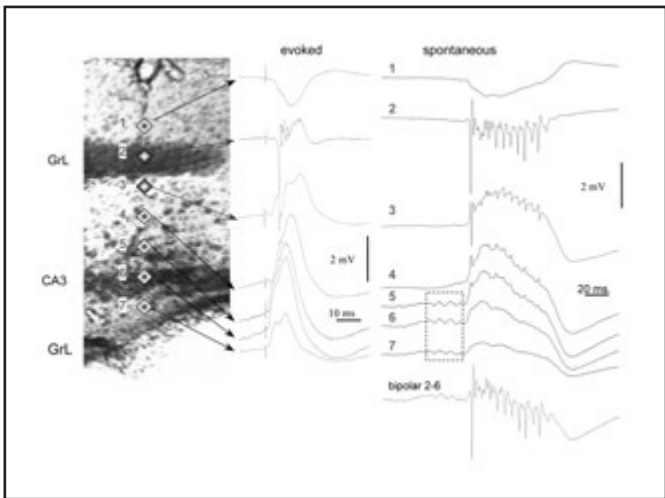
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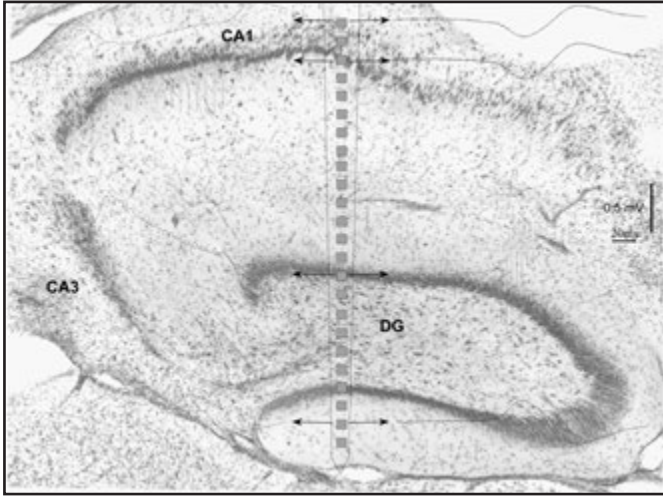
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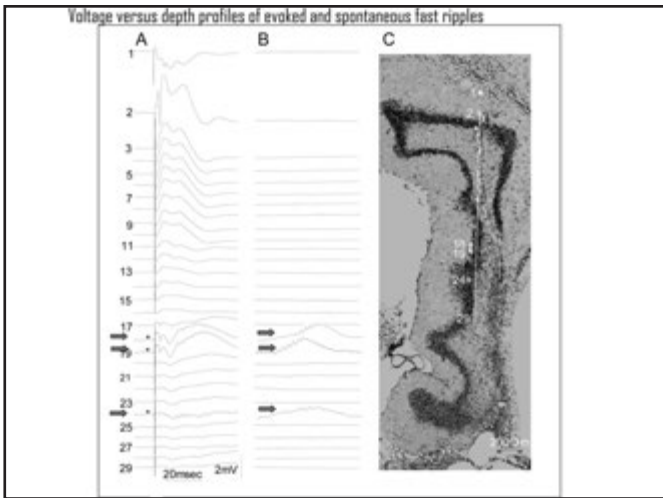
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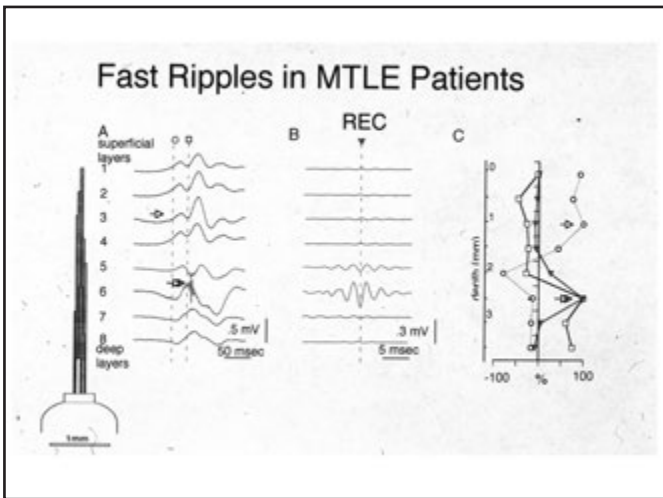
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## Ripples

80-200 Hz

Not in DG

VSD unclear

Diffuse

Summated IPSPs

## Fast Ripples

200-600 Hz

In DG

VSD localized

PIN clusters

Population spikes

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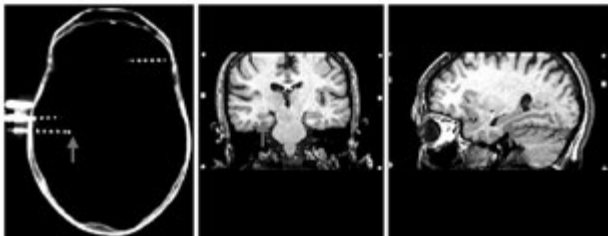
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## Microelectrode Localization CT to MRI registration



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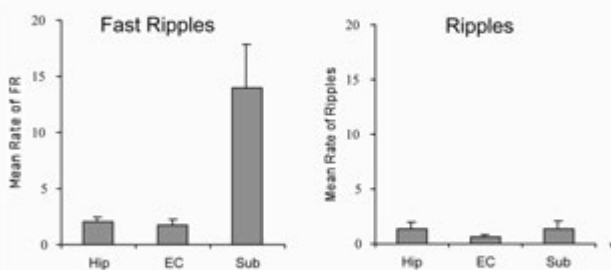
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## Rate of High Frequency Oscillations in Limbic Structures



Hip n=27 sites; EC n=19; Sub n=4 \* p=.001 Sub vs Hip, \*\* p=.001 Sub vs EC

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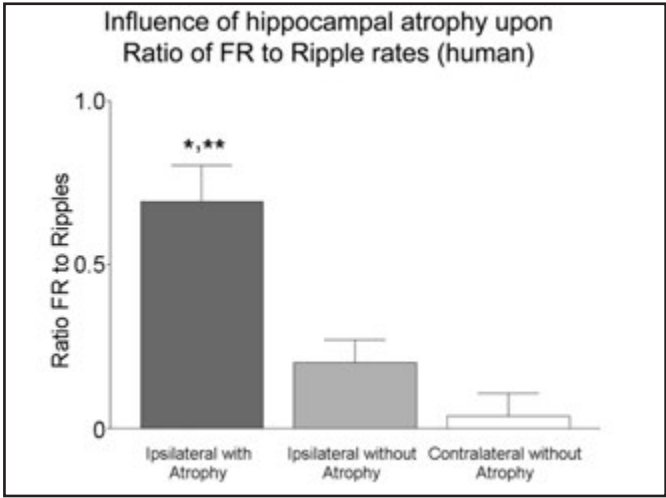
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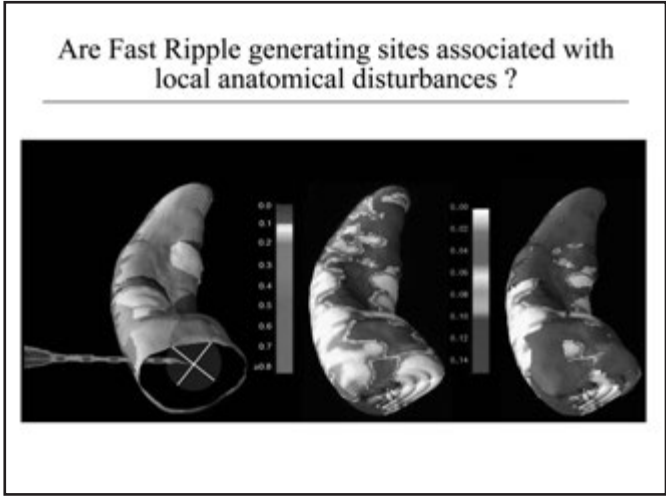
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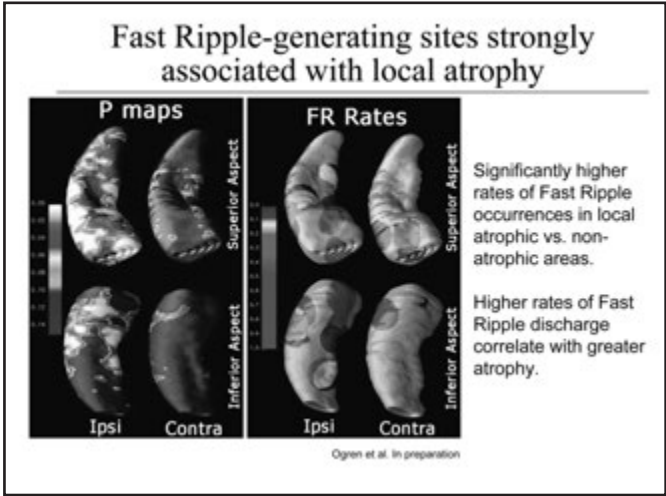
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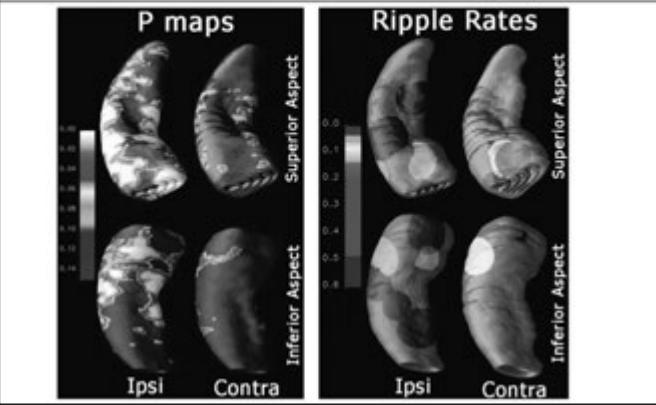
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No significant association between Ripple occurrence and local atrophy




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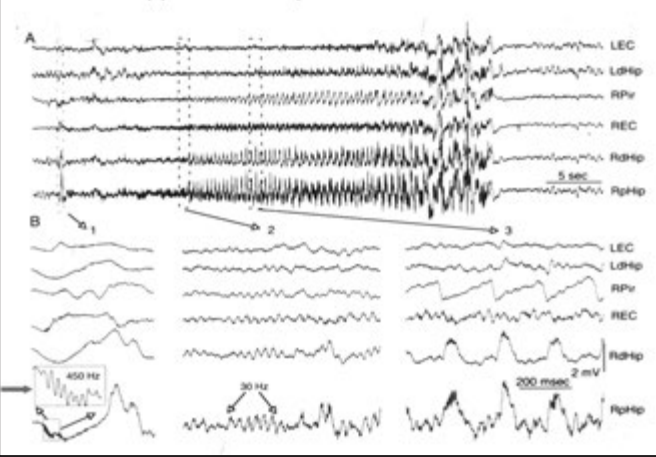
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Fast Ripples at the Spontaneous Seizure Onset




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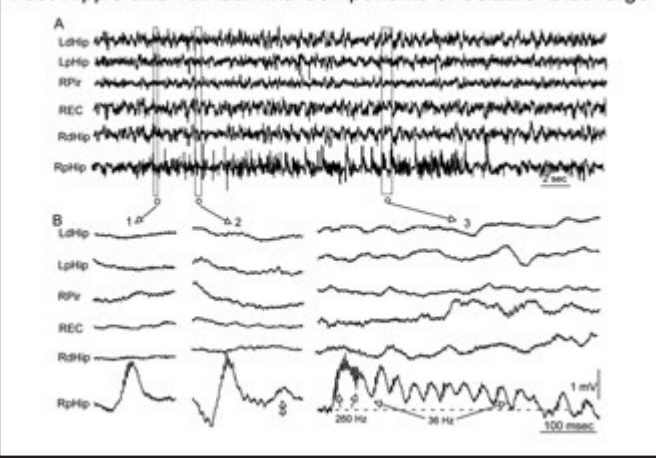
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Fast Ripple and Tail Gamma Components of Seizure Discharge




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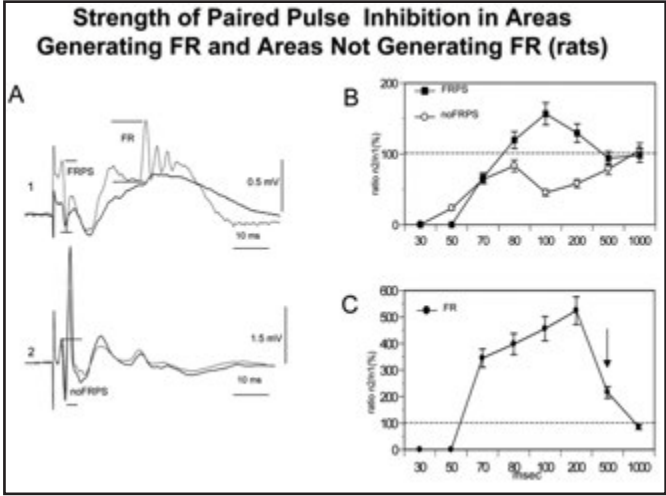
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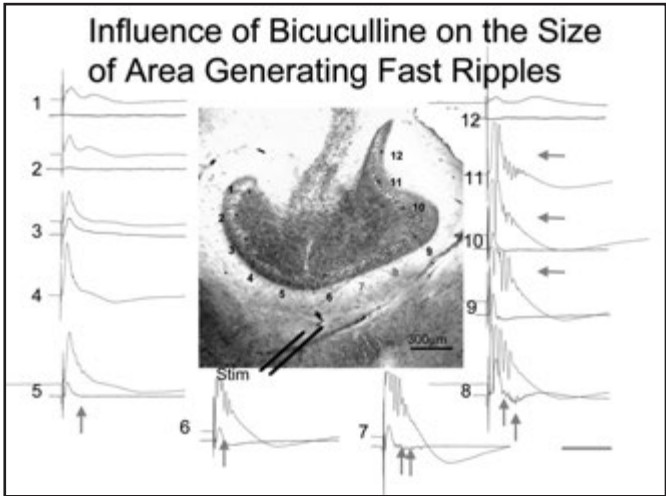
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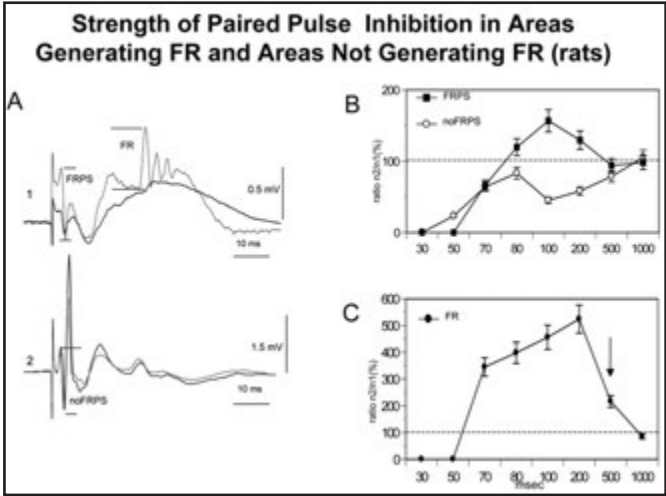
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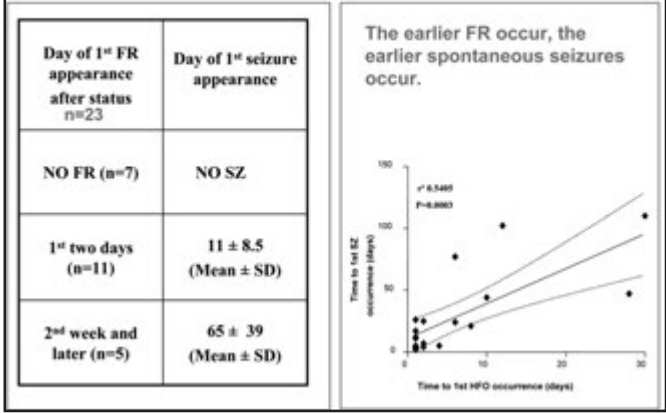
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**Fast Ripples occur days to weeks after intrahippocampal kainate injection in rats that eventually develop spontaneous seizures months later, but not in rats that do not develop seizures.**




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### Frequency Considerations

- Early in development ripple frequency HFOs (80-200 Hz) occur in dentate where normal ripples never occur
- Therefore pathological HFOs (pHFOs) can be less than 200-600 Hz
- Some ripple frequency oscillations outside dentate may also be pHFOs
- Unable, as yet, to distinguish normal from pathological ripples

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### Biomarkers

- Epileptogenesis:
- Predict seizures
  - Identify progression
- Epileptogenicity:
- Diagnose epilepsy
  - Determine effectiveness of drugs
  - Localize the epileptogenic region
- Research:
- Screen potential antiepileptic compounds
  - Streamline clinical trials

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## Clinical Studies

Others (Gotman, Worrell) have confirmed our work using clinical depth and subdural grid electrodes in patients

- pHFOs identify the epileptogenic region
- FR are better than ripple frequency HFOs
- Neocortical epileptogenic regions also identified
- pHFOs are better than interictal spikes
- pHFOs are better than seizure onset

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## Etiology as a risk factor for medically refractory epilepsy Paris 1990-1997

- 26% generalized
- 76% localization-related
  - 66% temporal lobe epilepsy
  - 35% hippocampal atrophy on MRI

### Seizure free for the past year

- Generalized 82%
- Stroke 54%
- Dysgenetic 24%
- Hippocampal atrophy 10%
- Dual pathology 3%

Semah F., Picot, M.C., Adam C., Broglin D., Arzimanoglu A., Bazin B., Cavalcanti D. and Baulac M. Is the underlying cause of epilepsy a major prognostic factor for recurrence? *Neurology* 51:1256-1262, 1998. of refractory epilepsy.

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## **The Syndrome of Mesial Temporal Lobe Epilepsy History**

- Increased incidence of complicated febrile convulsions or other predisposing insults within first 5 years of life
- Increased incidence of a family history of epilepsy
- Onset in mid-to-late childhood
- Auras common and occur in isolation

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## **The Syndrome of Mesial Temporal Lobe Epilepsy History**

- Secondarily generalized seizures occur infrequently.
- Seizures often remit for several years during adolescence or early adulthood.
- Seizures often become medically intractable.
- Interictal behavioral disturbances can occur (most commonly depression)

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## **The Syndrome of Mesial Temporal Lobe Epilepsy Clinical Seizure**

- Aura usually present; most common is epigastric rising, often other autonomic or psychic symptoms, with emotion (e.g., fear), can be olfactory or gustatory sensation (several seconds).

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## The Syndrome of Mesial Temporal Lobe Epilepsy Clinical Seizure

- Complex partial seizure often begins with arrest and stare, oroalimentary automatisms common. Posturing of one upper extremity may occur contralateral to the ictal discharge (1 to 2 minutes)
- Postictal phase usually includes disorientation, recent memory deficit, amnesia for the event, and dysphasia if seizures begin in the language-dominant hemisphere (several minutes).

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## The Syndrome of Mesial Temporal Lobe Epilepsy Neurologic Examination

- Usually Normal
- May have recent memory deficit
- Focal motor or sensory deficits are very rare

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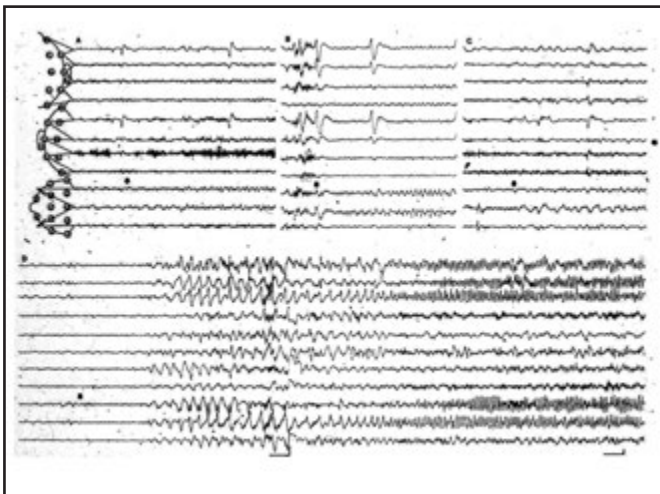
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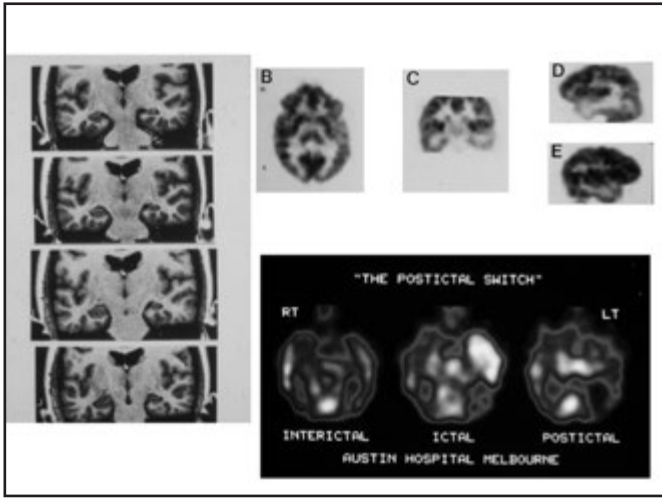
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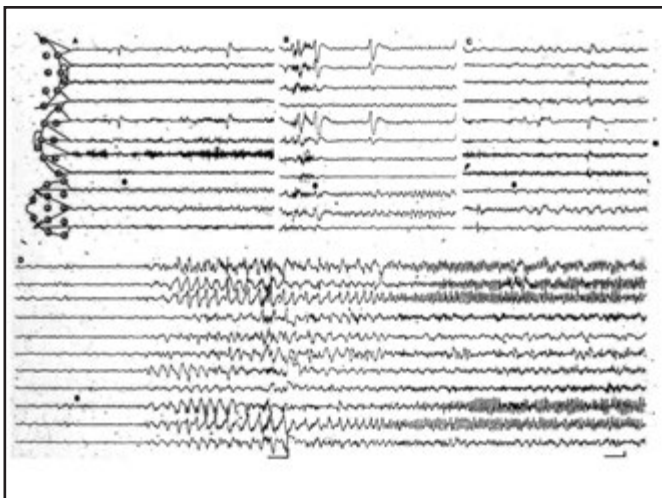
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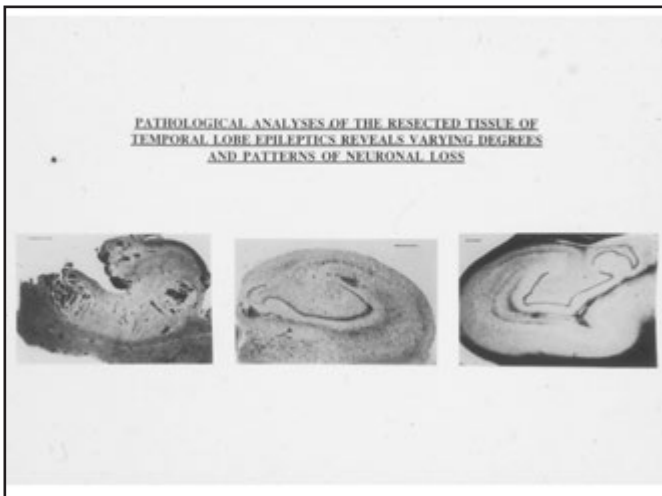
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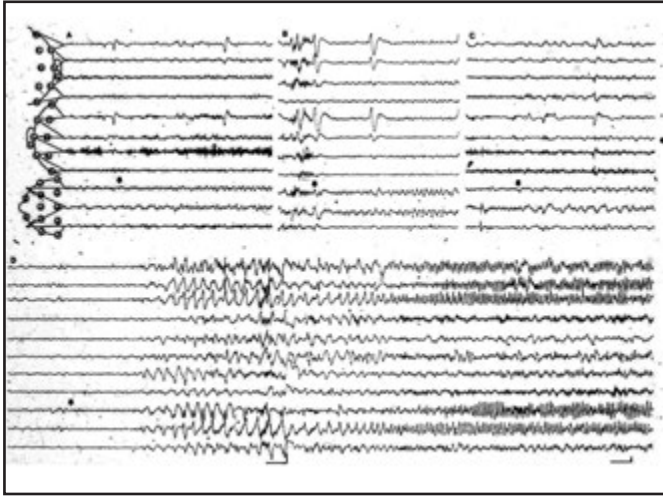
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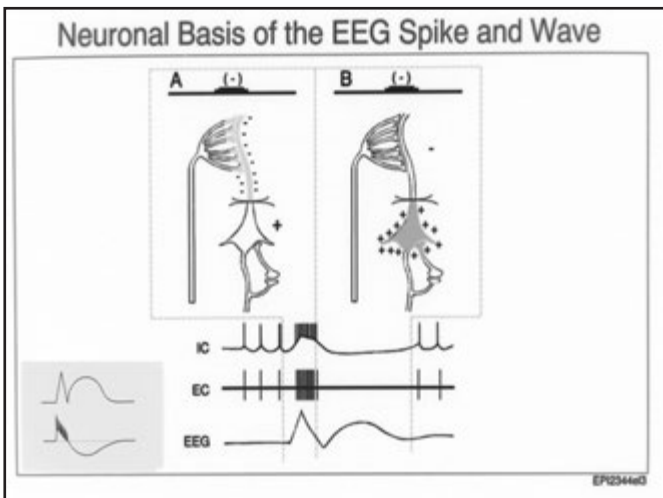
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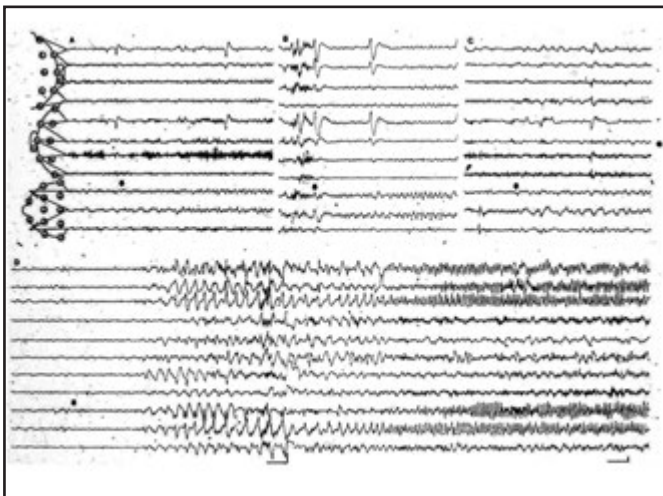
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**PATHOLOGICAL ANALYSES OF THE RESECTED TISSUE OF  
TEMPORAL LOBE EPILEPTICS REVEALS VARYING DEGREES  
AND PATTERNS OF NEURONAL LOSS**



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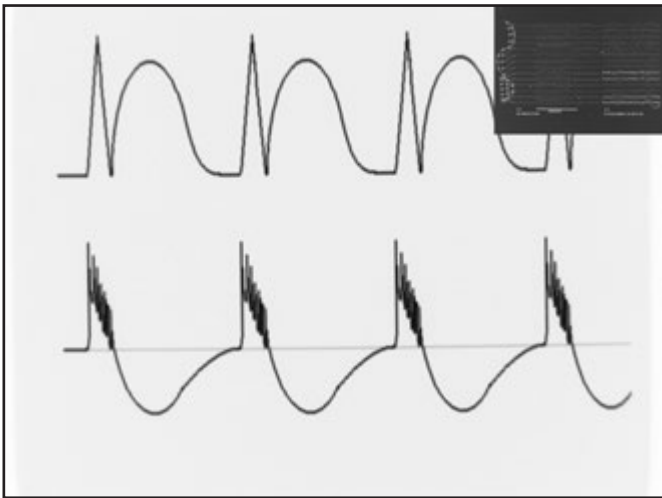
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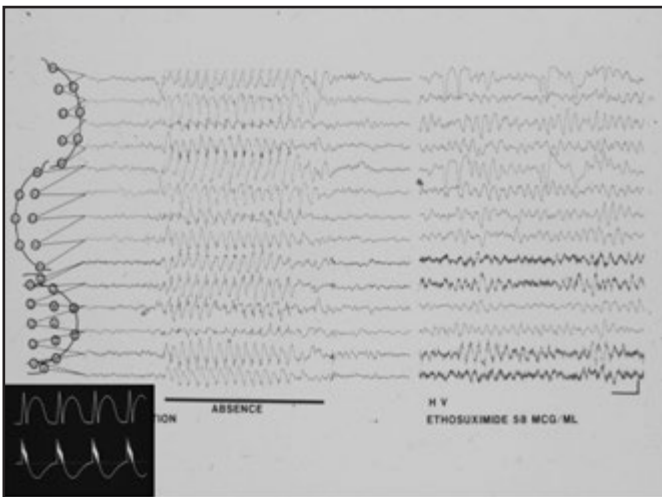
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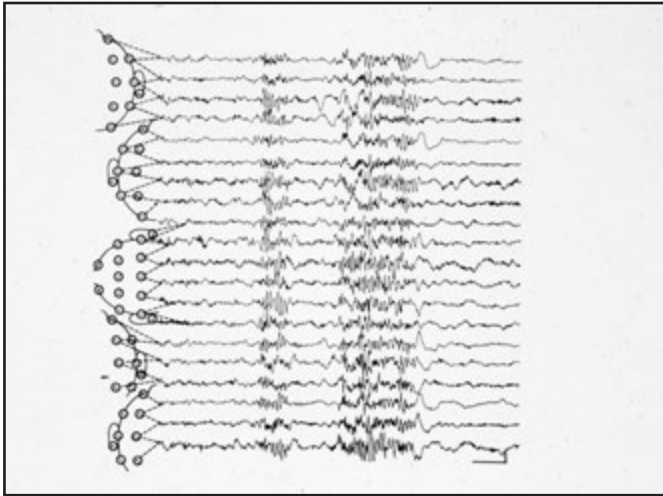
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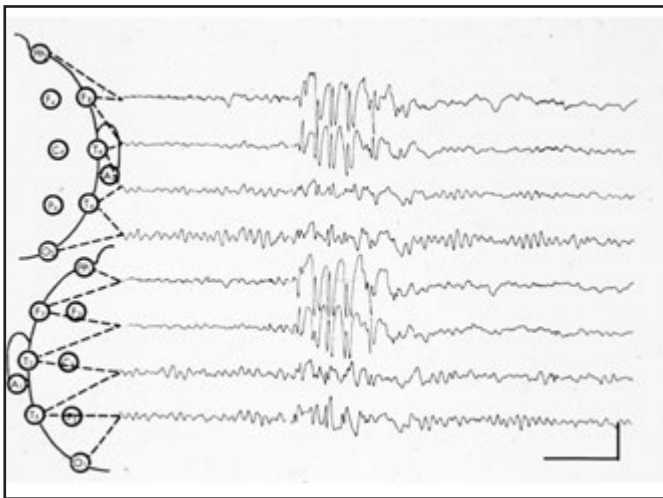
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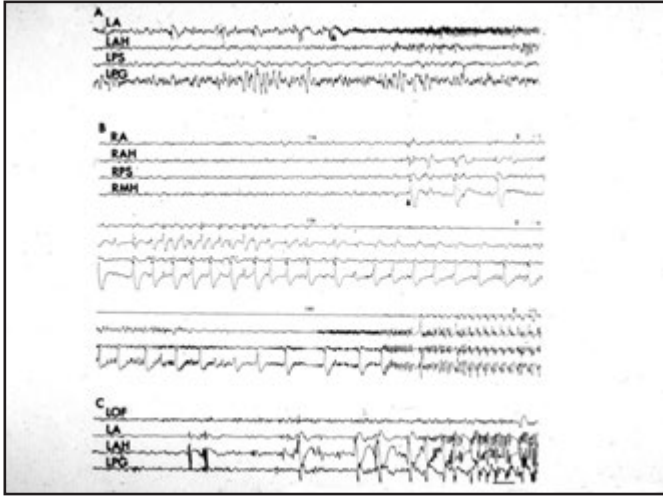
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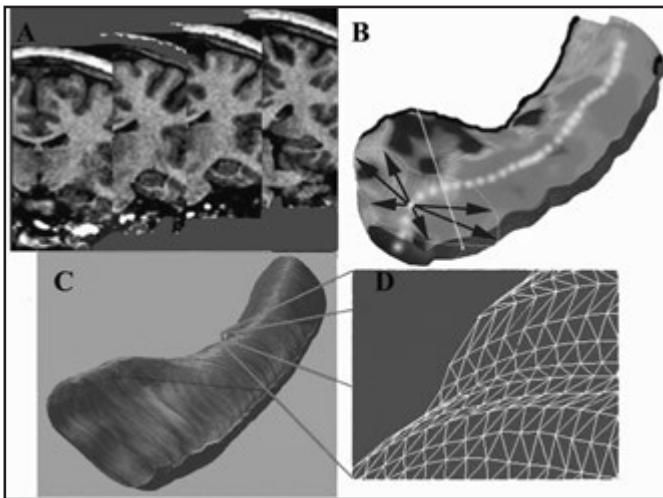
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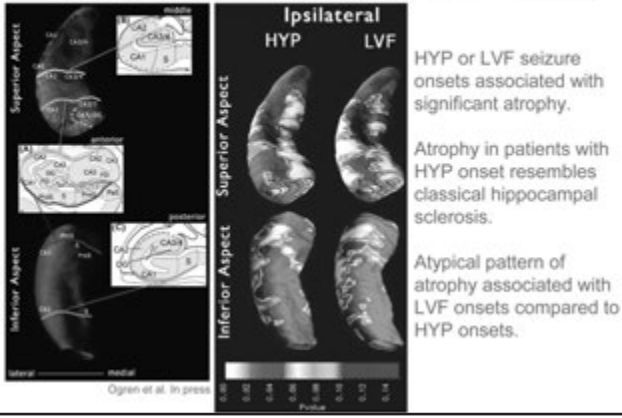
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### HYP & LVF seizure onsets associated with unique patterns of damage




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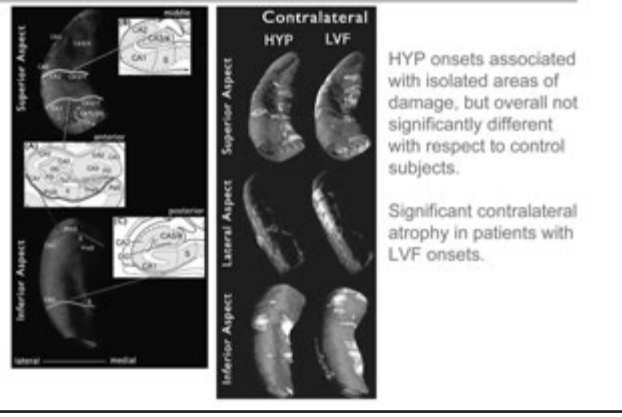
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### Contralateral damage in patients with LVF seizure onsets




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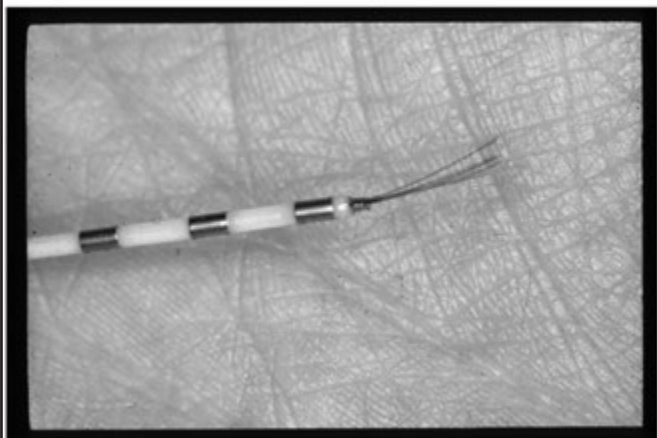
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### Depth electrode with 40 μ microelectrodes




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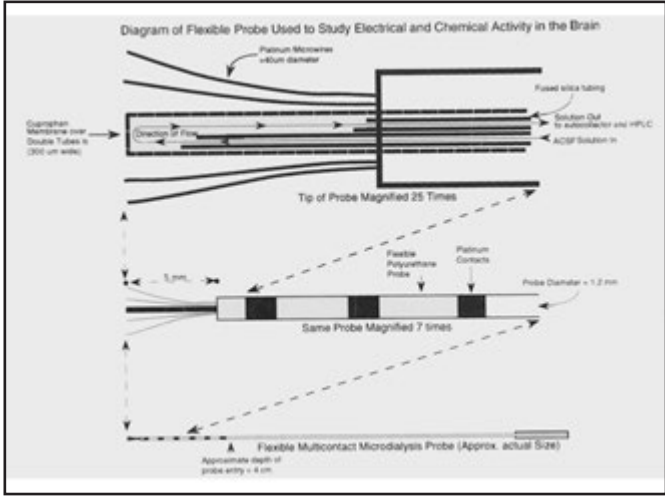
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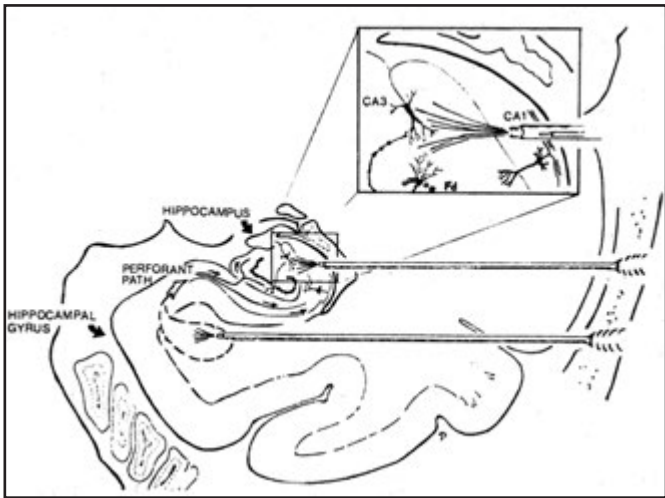
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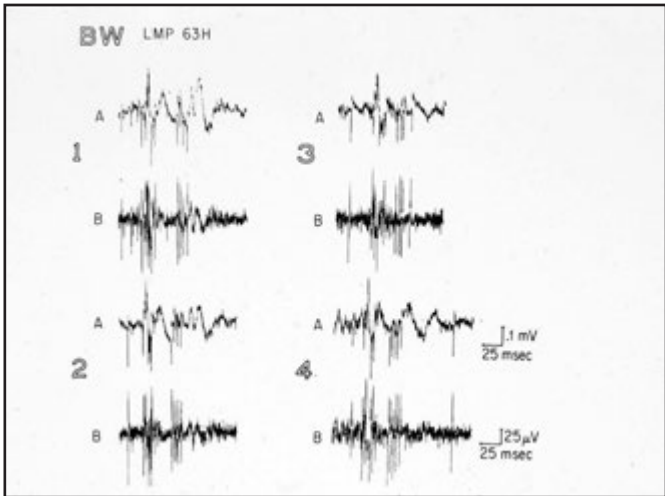
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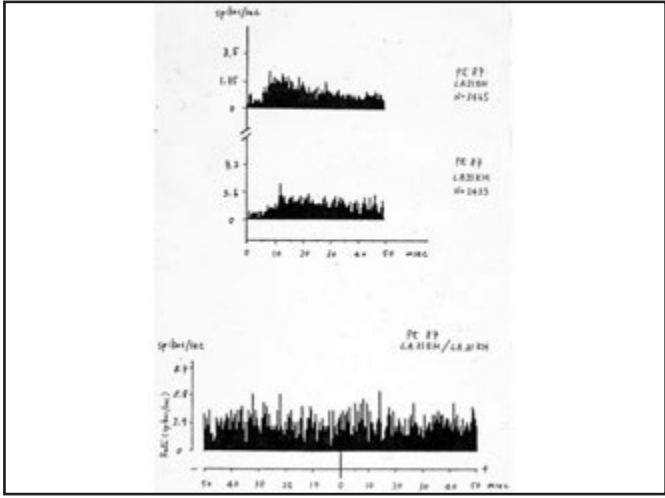
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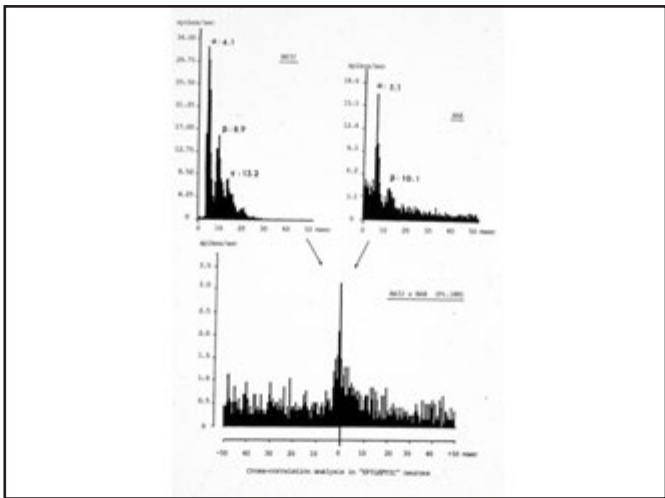
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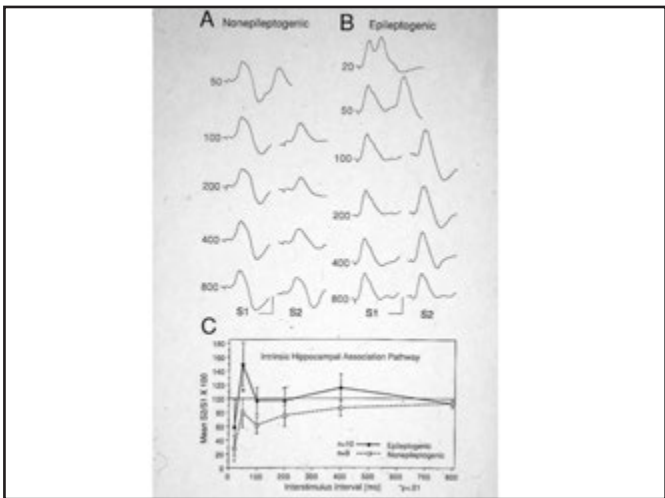
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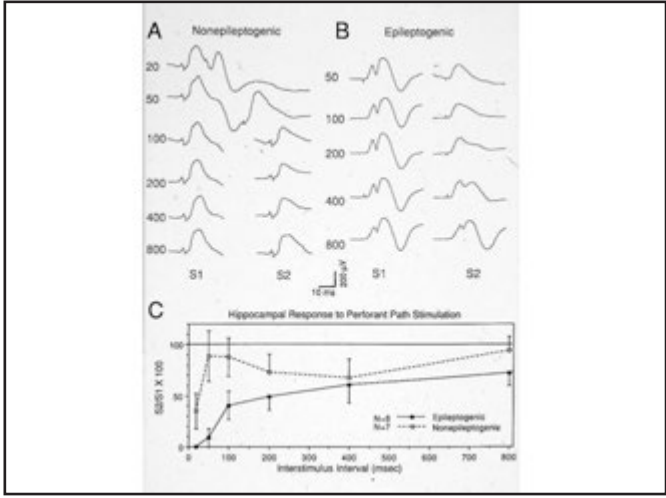
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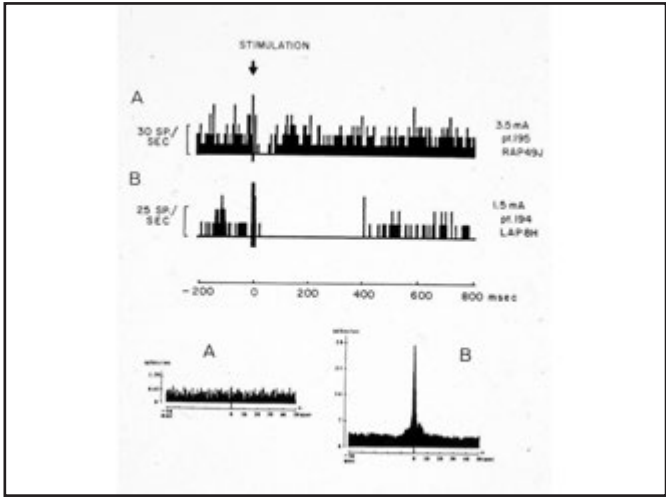
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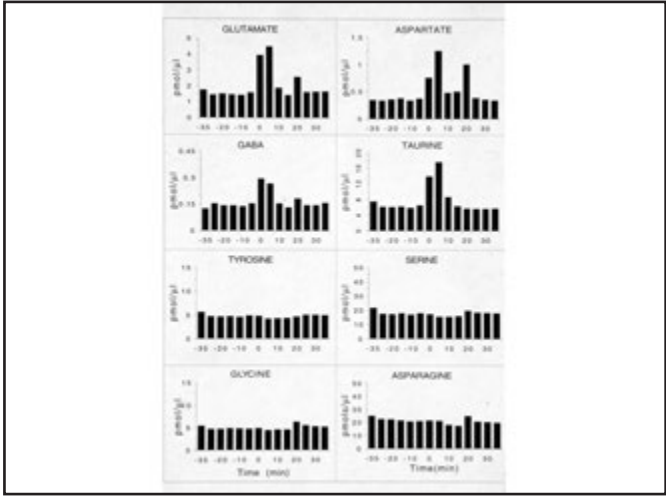
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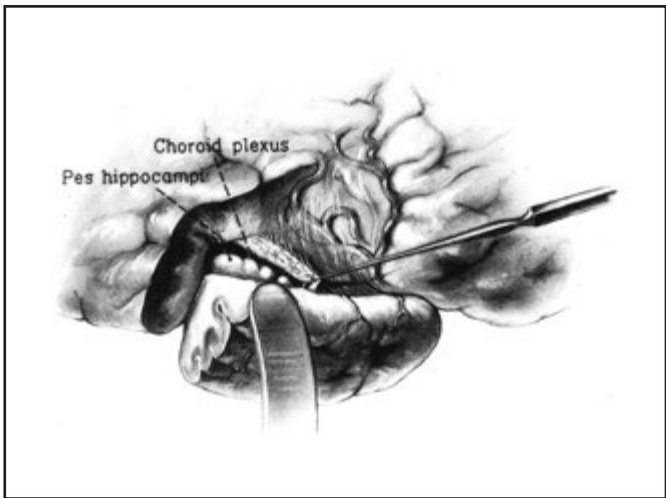
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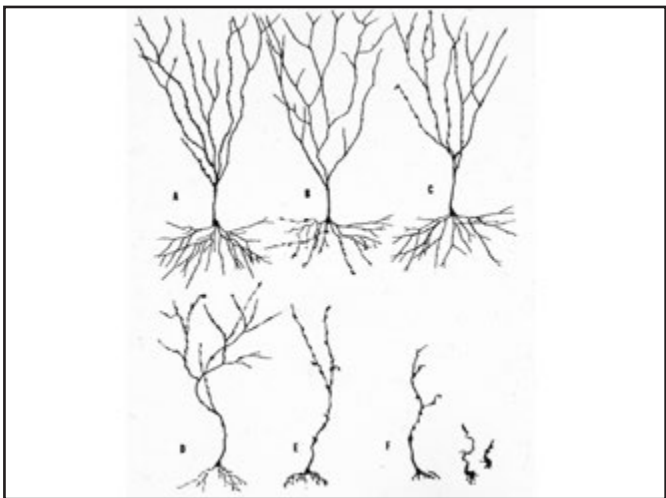
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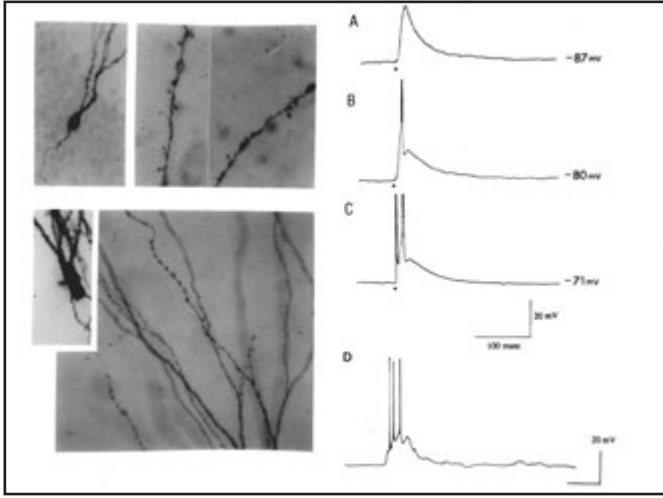
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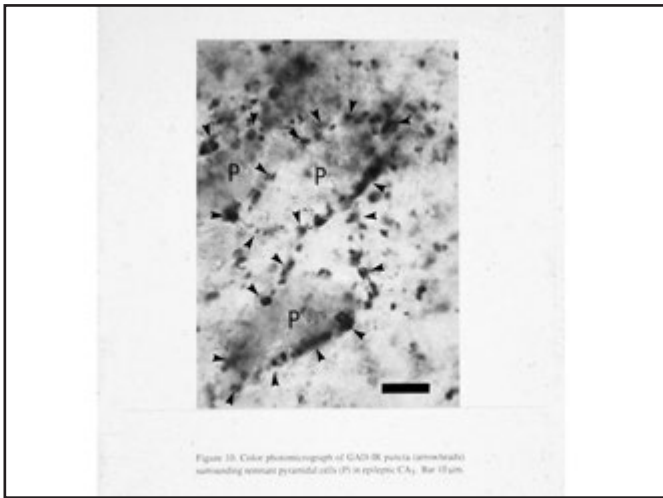
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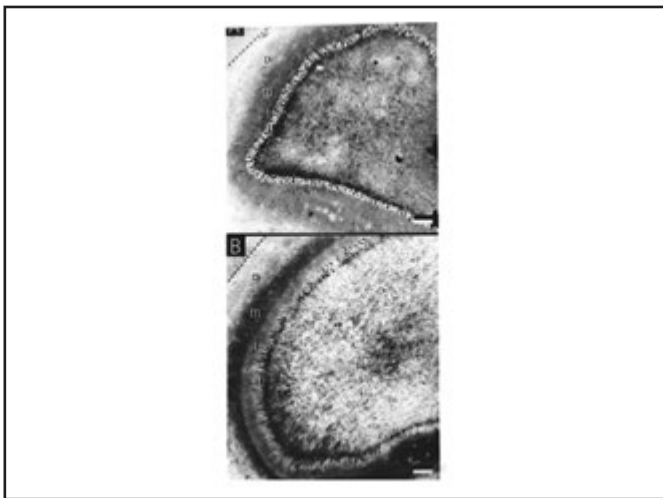
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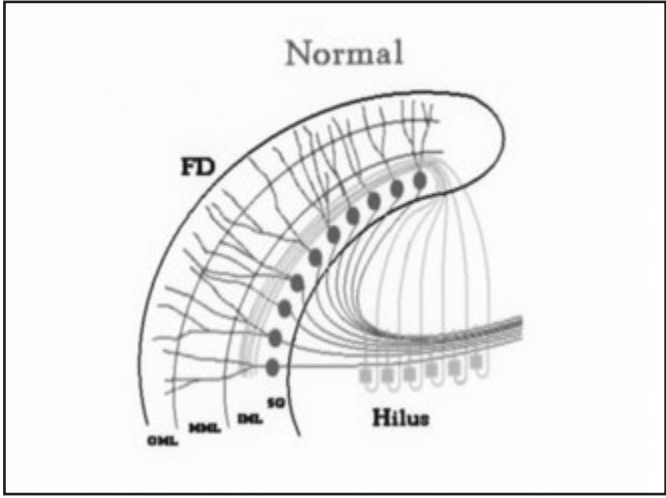
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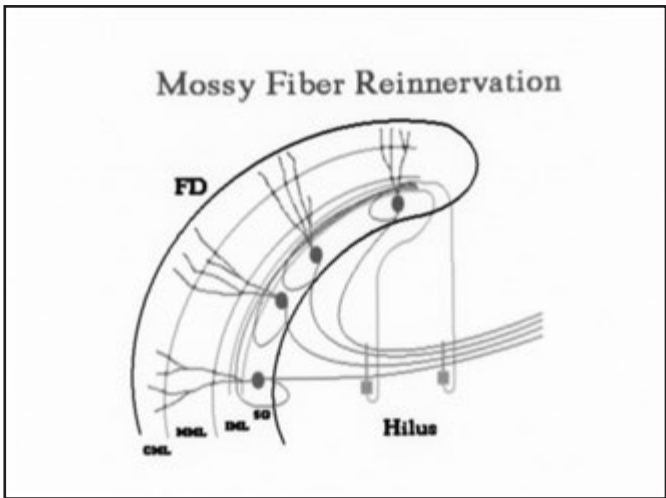
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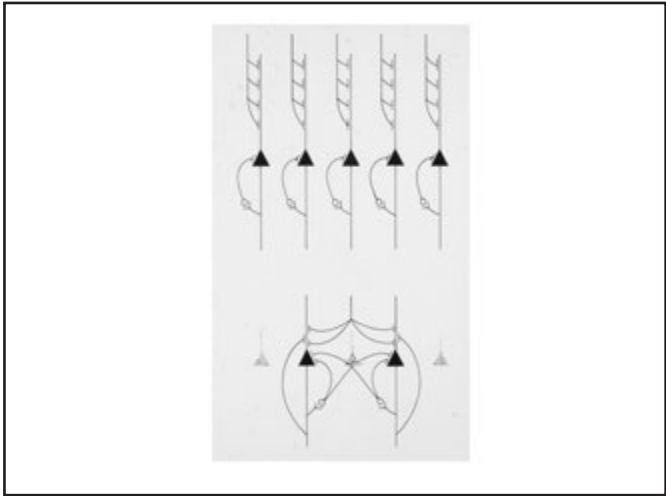
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# Aberrations in:

- Neuronal migration and differentiation
- Axonal sprouting and circuit reorganization
- Synaptic plasticity

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# TEMPORAL ASPECTS OF VERY FAST BRAIN OSCILLATIONS PRIOR TO SEIZURES ROGER TRAUB (USA)

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## Very Fast Oscillations (> 80 Hz) & Gap Junctions

Roger D. Traub  
IBMT.J. Watson Research Center  
Yorktown Heights, NY

&

Miles A. Whittington  
Institute of Neuroscience  
University of Newcastle School of Medicine

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## Some network oscillation mechanisms

- Correlated IPSPs (e.g. gamma)
- Pacemaker, with spread (the heart)
- Re-entry (Wolff-Parkinson-White)
- Coupled oscillators
  
- Propagation through (locally) random network
- Propagation + intrinsic refractoriness

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## Interesting Physical Principle

Gap junctions “synchronize”, e.g. spike times. .

**BUT** propagation time from cell to cell across  
a gap junction takes finite time, say, 0.25 ms.

In a sparse network, these brief propagation  
times summate in such a way as to determine  
oscillation period.

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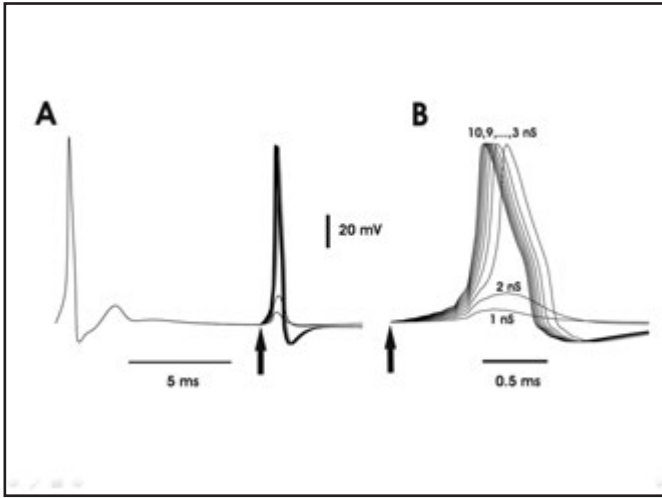
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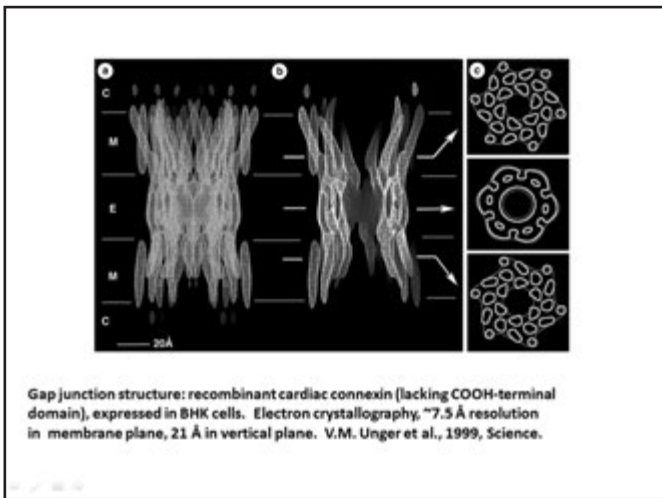
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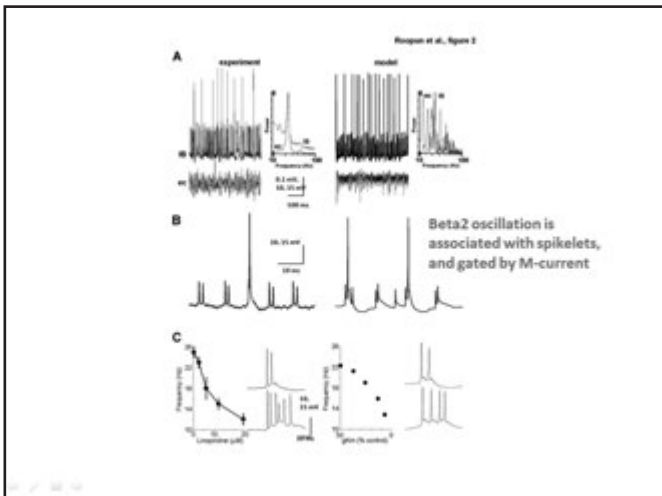
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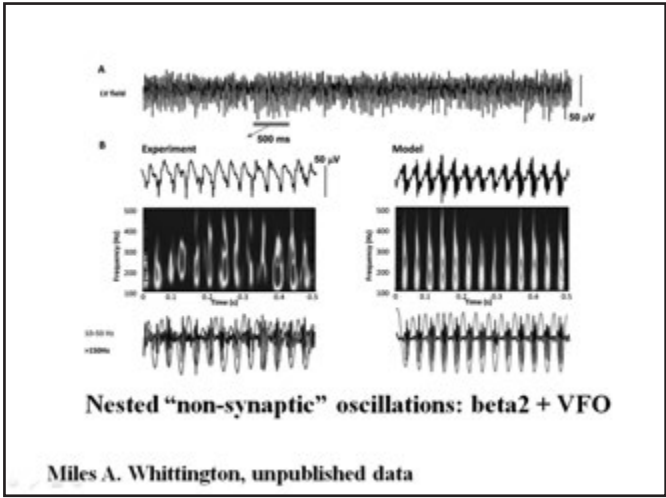
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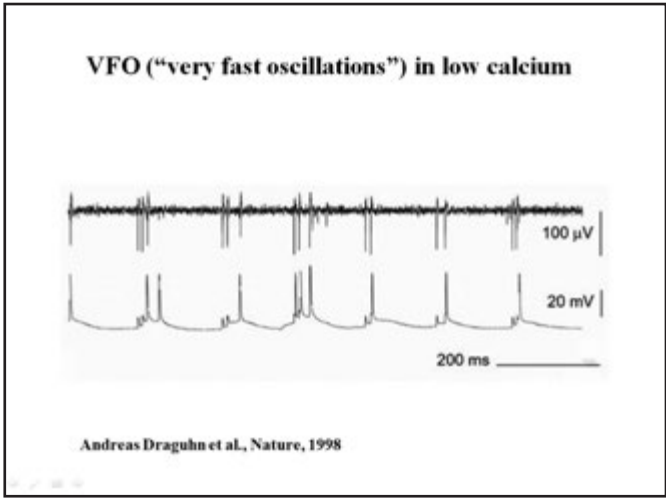
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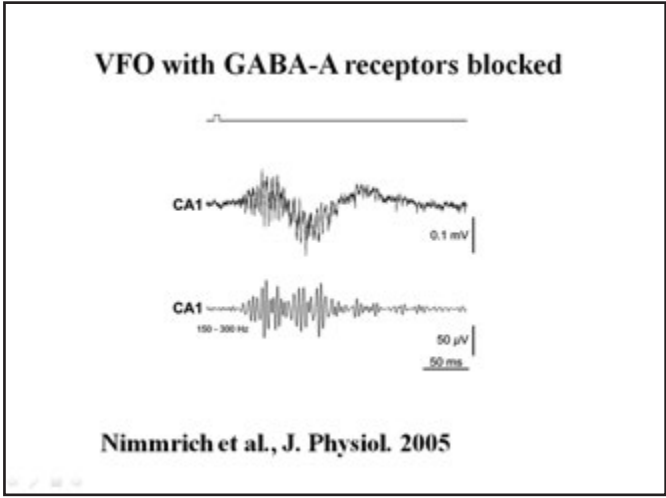
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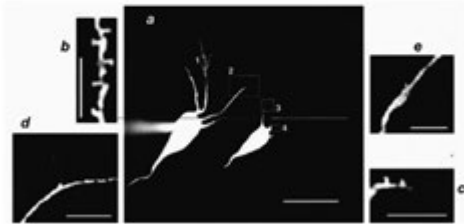
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### Dye-coupling between the axons of two CA1 pyramidal neurons



Dietmar Schmitz et al., Neuron, 2001

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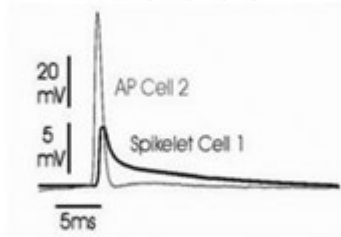
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### Action potential in one CA1 pyramidal cell causing short-latency spikelet in another one



Mercer et al., 2006

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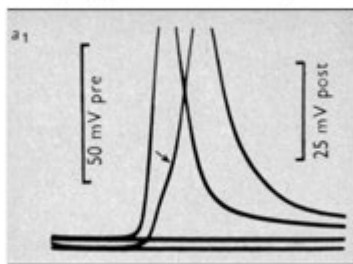
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### Spike in one axon leading to short-latency spike in electrically coupled 2<sup>nd</sup> axon (crayfish nerve cord)



Furshpan & Potter, J. Physiol., 1959

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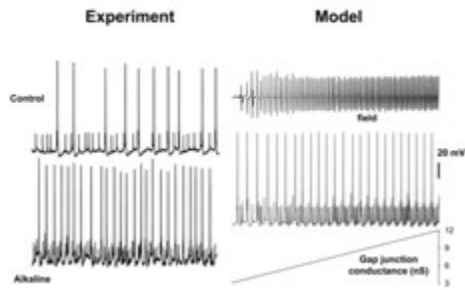
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### Spikelet frequency depends on pH, hence putatively on gap junction conductance



Miles A. Whittington & RDT, unpublished data

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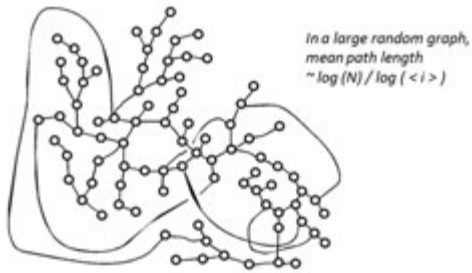
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Why do network oscillations occur when gap junctions allow spikes to propagate from cell to cell? -

It can happen as a result of "percolation" in a large, sparsely connected network, with period INDEPENDENT of intrinsic and synaptic conductances (!!)



Wang et al.

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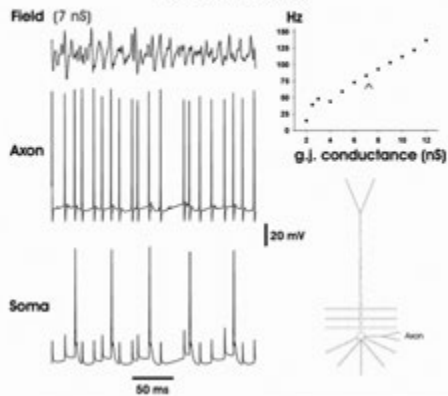
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### Simulated very fast oscillations in network of 15,000 tufted IB pyramidal cells, with g.j. between axons



Wang et al.

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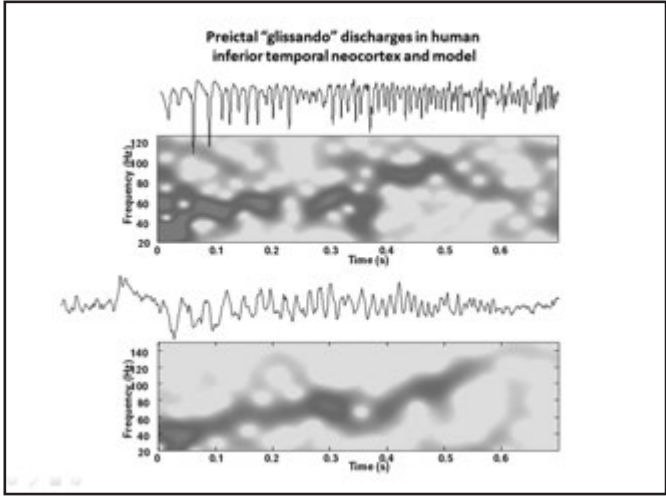
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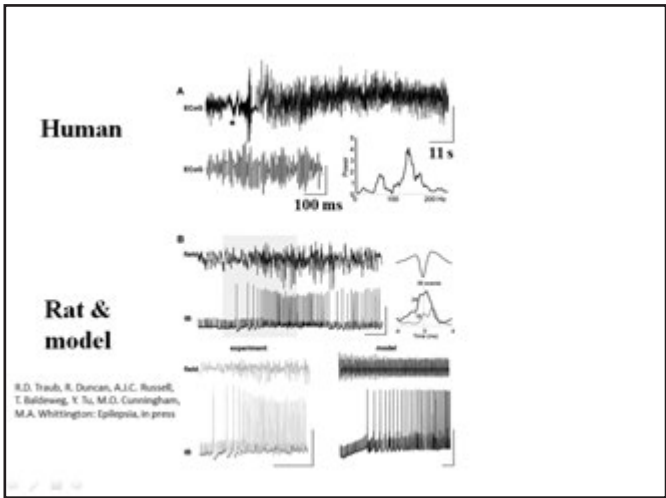
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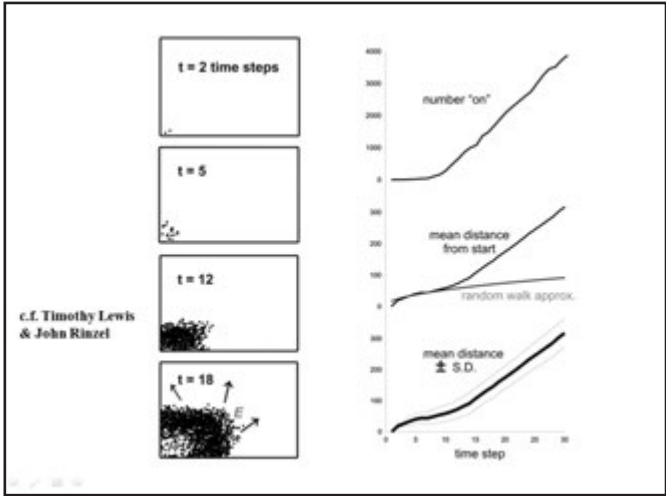
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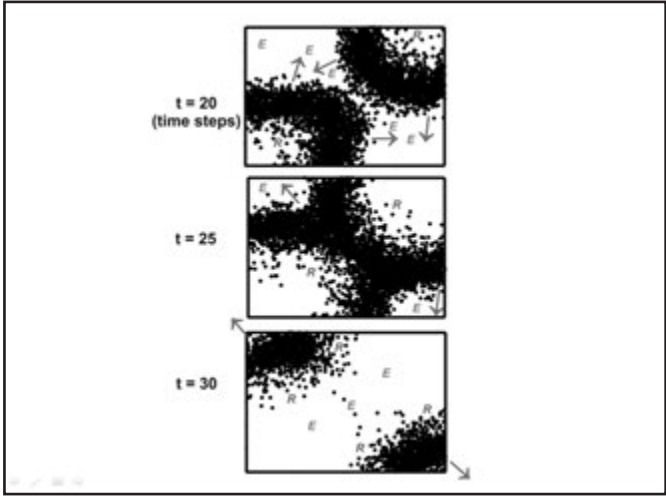
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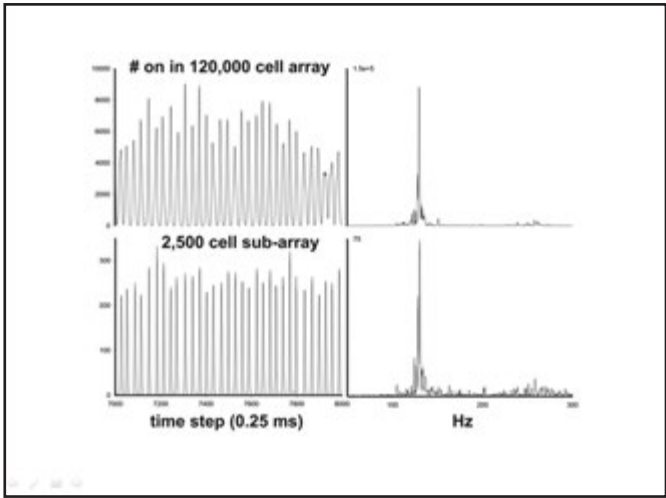
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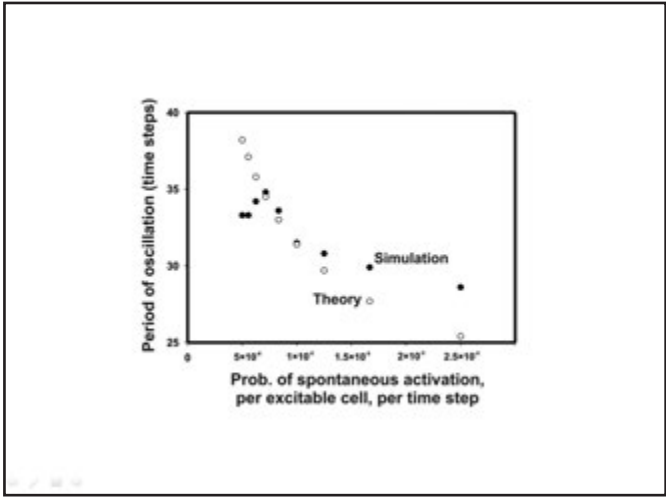
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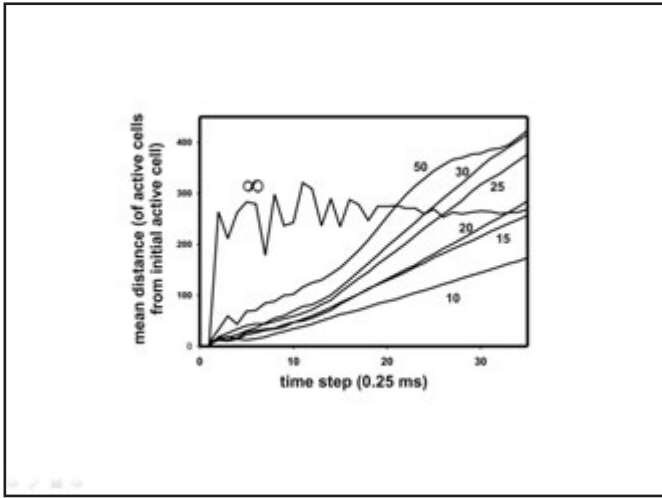
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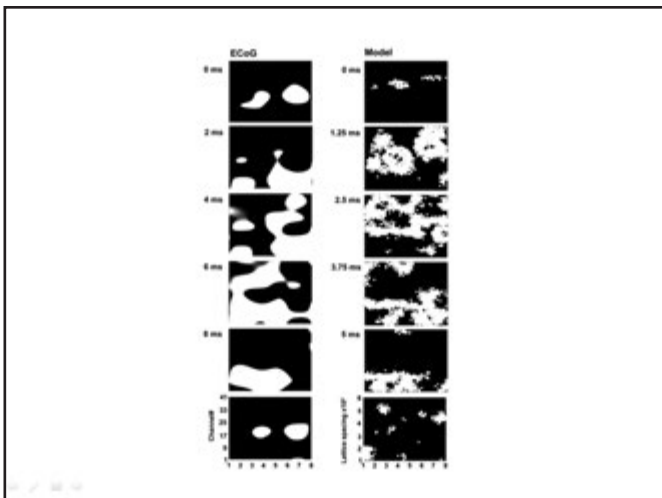
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**Some network oscillation mechanisms**

- Correlated IPSPs (e.g. gamma)
- Pacemaker, with spread (the heart)
- Re-entry (Wolff-Parkinson-White)
- Coupled oscillators
  
- Propagation through (locally) random network
- Propagation + intrinsic refractoriness

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# PROGRAMA – 04.02.2010

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- 08:30 – 09:30 General principles of ictal semiology – Hans Lüders (USA)
- 09:30 – 10:30 Auras and autonomic seizures – Hans Lüders (USA)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Dialeptic seizures – Hans Lüders (USA)
- 12:00 – 13:00 Motor seizures – Hans Lüders (USA)
- 13:00 – 14:30 Lunch
- 14:30 – 15:30 Special seizures – Hans Lüders (USA)
- 15:30 – 16:30 Lateralizing signs – Hans Lüders (USA)
- 16:30 – 17:00 Coffee-brak
- 17:00 – 18:00 Classificacion of the Epilepsies – Hans Lüders (USA)
- 19:00 – 20:00 Dinner
- 20:00 – 21:00 Spatial aspects of very fast brain oscillations prior to seizures – Roger Traub (USA)

# ELECTRO-CLINICAL MANIFESTATIONS OF EPILEPSIES OVER TIME

## HANS LÜDERS (USA)

University Hospital  
Neurological Institute

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### Four dimensions epilepsy classification

Hans O. Lüders  
Epilepsy Center

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University Hospital  
Neurological Institute

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### Essential features of a classification system

- Define the nature of the disease (epilepsy)
- **DIMENSION #1:** define the location of the disease (location of the epileptogenic zone)
- **DIMENSION #2:** define the cause of the disease (etiology)
- **DIMENSION #3:** define the main symptomatology (ictal symptomatology, frequency and "triggering factors" of seizures or status epilepticus)
- **DIMENSION #4:** define related medical conditions

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University Hospital  
Neurological Institute

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### Define the Nature of the Disease

- Epilepsy
- Paroxysmal Disorders
  - Psychogenic Seizures
  - Syncope
  - Breath Holding Spells
  - Unspecified

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## Essential features of a classification system



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## DIMENSION #1: Location of the epileptogenic zone



- Generalized
- Hemispheric
- Multifocal
- Multilobar
- Regional
  - Frontal lobe
  - Periorolandic
  - Parieto-occipital lobe
  - Temporal lobe

- For non-generalized epilepsies the following modifiers apply:
  - Left
  - Right
  - Left and Right

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## Test used to define the location and extend of the epileptogenic zone



- All the available clinical information and the results of all tests are used to define the epileptogenic zone (clinical history, neurological exam, interictal EEG (scalp and invasive), ictal EEG (scalp and invasive), MRI, genetic testing, PET, ictal SPECT, etc). Usually the precision with which we can define the location and extend of the epileptogenic zone will increase with more testing (example: invasive EEG/video). However, an estimate of the approximate location and extend of the epileptogenic zone can always be made (example: clinical history and neurological exam only)

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## How to code dimension #1: epileptogenic zone



- Pick one of the terms listed in the previous slide
  - Example: temporal lobe
- Pick left, right or left and right if it is not a generalized epilepsy
  - Example: left and right temporal lobe
- You can include in parenthesis a more precise location of the epileptogenic zone if available
  - Example: left temporal lobe (left temporal pole)

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## DIMENSION #1: Location of the epileptogenic zone



- Generalized
- Hemispheric
- Multifocal
- Multilobar
- Regional
  - Frontal lobe
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  - Parieto-occipital lobe
  - Temporal lobe

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- Pick one of the terms listed in the previous slide
  - Example: temporal lobe
- Pick left, right or left and right if it is not a generalized epilepsy
  - Example: left and right temporal lobe
- You can include in parenthesis a more precise location of the epileptogenic zone if available
  - Example: left temporal lobe (left temporal pole)

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## How not to code dimension #1: epileptogenic zone



- Do not add additional information
  - Example: Left temporal lobe (by history)
  - Example: Left temporal lobe (by MRI)
- Do not add questions marks, etc
  - Example: Left (?) temporal lobe
  - Example: Left temporal lobe (??)
  - Example: Left temporal lobe (Left temporal pole?)
- This is a classification which we will use to define specific categories in the computer. Details of how we reached a certain conclusion regarding the epileptogenic zone should be included in the body of the report (example: by history, by MRI)
- The classification should be refined as we get more information. There is always a margin of error. The classification we decide on is the best estimate with the information available at the time we classify the epilepsy.

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## Essential features of a classification system



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- **DIMENSION #4:** define related medical conditions

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## DIMENSION #2: Etiology



- The etiology is the essential characteristic which in many cases defines the prognosis of the epilepsy as also guides important management decisions (like need for follow up imaging)
- High resolution MRI is currently the most important test to define the etiology of the epilepsy. Genetic testing most probably will become in the near future an essential test to define the etiology of all epilepsies.

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## DIMENSION #2: Etiology

- Neoplasm
- Hippocampal sclerosis
- Head trauma
- Malformation of cortical development
- Hemimegalencephaly
- Infarction
- Central nervous system infection
- Tuberos sclerosis
- Sturge Weber Syndrome
- Epidermal nevus syndrome
- Metabolic Disorder
- Genetic
- Other

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## How to code DIMENSION #2

- Pick one of the etiologies listed above
  - Example: Neoplasm
- You can specify in parenthesis a more precise diagnosis (free text)
  - Example: Neoplasm (left mesial temporal ganglioglioma)
- Define triggering factor(s) for seizures or epileptic status:
  - Examples:
    - Seizure triggering factor: intermittent light
    - Status triggering factor: anticonvulsant withdrawal
    - Triggering factor: none

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## How not to code dimension #2: etiology and triggering factors

- Do not add additional information
  - Example: neoplasm (left temporal ganglioglioma) (by MRI)
  - Example: neoplasm (left temporal ganglioglioma) (biopsy)
- Do not add questions marks, etc
  - Example: Neoplasm (?)
  - Example: Neoplasm (?) (Left temporal ganglioglioma??)
  - Example: Left temporal lobe (Left temporal pole?)
- This is a classification which we will use to define specific categories in the computer. Details of how we reached a certain conclusion regarding the epileptogenic zone should be included in the body of the report (example: by biopsy, by MRI)
- The classification should be refined as we get more information. There is always a margin of error. The classification we decide on is the best estimate with the information available at the time we classify the epilepsy.
  - Instead of neoplasm (left temporal ganglioglioma?) use neoplasm
  - In other words, use a less specific category if you are uncertain
  - Differential diagnosis can be discussed in the body of the report (not in the classification).

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## Essential features of a classification system



- Define the nature of the disease (epilepsy)
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## Semiology of epileptic seizures



- Symptoms occurring during epileptic seizures can affect the following spheres:
  - Sensory sphere      ⇒      **Aura**
  - Autonomic sphere    ⇒      **Autonomic seizure**
  - Cognition sphere    ⇒      **Dyscognitive seizure**
  - Motor sphere        ⇒      **Motor seizure**

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## Aura



- Epileptic auras are defined as sensations which the patient reports and are the consequence of epileptic activation of a limited cortical region. They are usually of short duration (seconds) and occur at the beginning of the seizures.

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## Auras

- Somatosensory aura
- Auditory aura
- Olfactory aura
- Abdominal aura
- Visual aura
- Gustatory aura
- Autonomic aura
- Psychic aura

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## Semiology of epileptic seizures

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  - Cognition sphere     ⇒      **Dyscognitive seizure**
  - Motor sphere         ⇒      **Motor seizure**

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## Sensorial and cognition sphere (auras and dyscognitive seizures)

- Sensory: "relating to sensation or perception of a stimulus" (aura)
- Cognition: "the mental activity by which an individual is aware of and knows about his or her environment, including such processes as perceiving, remembering, reasoning, judging, and problem solving."

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## Autonomic Seizures



- Autonomic seizures are seizures in which the main symptomatology is autonomic
  - Example: tachycardia, unilateral body sweating, salivation, etc

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## Dyscognitive Seizures



- Dyscognitive seizures are characterized by relative unresponsiveness and amnesia for the seizure. Some motor manifestations may be observed but the alterations of cognition are always the predominant symptom.

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## Dyscognitive Seizures



- Dyscognitive seizures are subdivided into 2 groups:
  - Dialeptic seizures
    - Dyscognitive seizure with significant decrease of motility
  - Delirious seizures
    - Dyscognitive seizure with significant increase of motility

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## Dialeptic Seizures

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- Dialeptic comes from the Greek verb *dialeipin* which means *to stop, to interrupt or to seize*. *Dialeipin* is a synonym of *epileipin* which is the Greek root of epilepsy.

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## Motor Seizures

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- Simple Motor Seizures
  - Myoclonic seizures
  - Tonic seizures
  - Epileptic spasms
  - Clonic seizures
  - Tonic-clonic seizures
  - Versive seizures
- Complex Motor Seizures
  - Hypermotor seizures
  - Automotor seizures
  - Gelastic seizures

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## Myoclonic Seizures

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- Myoclonic seizures consist of muscle contractions of brief duration (less than 200 msec). Myoclonic seizures are either non-rhythmical or affect different muscle groups each time (multiregional myoclonic seizures)

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## Tonic Seizures



- **Tonic seizures consist of sustained muscle contractions usually lasting more than 5 to 10 seconds**

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## Epileptic Spasm



- **Epileptic spasms consist of a more or less sustained contraction of axial muscles leading to flexion of the trunk and abduction and elevation of both arms in a "salaam" position. The initial movement tends to be relatively fast, like a myoclonic contraction. However, usually the patient remains in the salaam position for a few seconds before relaxation occurs. These spasms tend to occur in clusters.**

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## Clonic Seizures



- **Clonic seizures consist of myoclonic jerks that recur at regular intervals of less than 1 to 2 seconds**

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## Tonic-clonic seizures



- These seizures consist of an initial tonic phase during which the patient has the legs and arms in extension with the arms adducted and crossed in front of the body. Occasionally also tonic flexion at the elbows may be observed. This tonic phase lasts only 5-10 seconds and is followed by a slight tremor produced by rapid, small flexions of the arms at the elbow. The flexions of the arms increases progressively in amplitude as the rate diminishes (clonic phase). This is followed by postictal coma that lasts for many minutes with a slow, but steady recovery. It is used only for generalized tonic-clonic seizures. It is always associated by loss of consciousness (coma).

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## Versive Seizure



- Versive seizures consist of sustained, unnatural turning of the head and eyes to one side. Usually the head and eyes also move slightly upward.

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## Motor Seizures



- Simple Motor Seizures
  - Myoclonic seizures
  - Tonic seizures
  - Epileptic spasms
  - Clonic seizures
  - Tonic-clonic seizures
  - Versive seizures
- Complex Motor Seizures
  - Hypermotor seizures
  - Automotor seizures
  - Gelastic seizures

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## Hypermotor seizures



- **Complex motor seizures in which the automatisms affect primarily the proximal body segments. This results in large movements which, when executed rapidly, appear “violent”.**

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## Automotor Seizures



- **Complex motor seizures in which the predominant movements consist of distal automatisms of the hands or mouth and tongue. Consciousness is usually compromised but may be preserved in seizures arising from the non-dominant temporal lobe.**

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## Gelastic Seizures



- **Seizures in which the main symptomatology consists of laughter. These seizures are most frequently seen in patients with hypothalamic hamartomas.**

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## Semiology of epileptic seizures



- Symptoms occurring during epileptic seizures can affect the following spheres:
  - Sensory sphere      ⇒    **Aura**
  - Autonomic sphere    ⇒    **Autonomic seizure**
  - Cognition sphere    ⇒    **Dyscognitive seizure**
  - Motor sphere        ⇒    **Motor seizure**

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## Special Seizures



- **Astatic Seizures**
- **Atonic Seizures**
- **Akinetic Seizures**
- **Negative Myoclonic Seizures**
- **Aphasic Seizures**
- **Hypomotor Seizures**

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## Hypomotor Seizures



- Hypomotor seizures are characterized by immobility or a marked decrease in motility in newborns, infants, or in severely mentally retarded patients in whom the cause of immobility (alterations of consciousness, inability to move, distraction by an aura, etc) can not be determined.

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## Semiological Seizure Classification



- Each seizure type is considered as a seizure component of an epileptic seizure. A seizure may consist of up to four seizure components. Example: clonic seizure, dialeptic seizure, visual aura, etc
- Each seizure component is modified by a somatotopic attribute. Example: left hand clonic seizure, right visual aura, etc

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## Somatotopic modifiers



- Seizures that accept a somatotopic modifier:
  - Auras:
    - Somatosensory aura, Auditory aura, Visual aura, autonomic aura
  - Some Autonomic seizures
  - All simple motor seizures
  - Special seizures:
    - Akinetic seizures, Negative myoclonic seizures, atonic seizures
- Seizures that do not accept a somatotopic modifier:
  - Auras:
    - Olfactory aura, gustatory aura, abdominal aura, psychic aura
  - All dyscognitive seizures
  - All complex motor seizures
  - Special seizures:
    - Astatic seizures, aphasic seizures, hypomotor seizures

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## Semiological Seizure Classification



- The order in which each component occurs is specified by linking the seizure components by arrows:
  - Example: Left visual aura → left hand clonic seizure → generalized tonic-clonic seizure
- The three types of semiological components (semiological seizure type, somatotopic attribute, order) included in the seizure classification are independent and can occur in any constellation

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## Seizure Frequency



- Daily  $\geq 1$  per day
- Persistent  $\geq 1$  per 6 months
- Rare or no seizures  $< 1$  per 6 months
- Undefined New onset seizures or unclear frequency

Each category can be followed by the precise seizure frequency in parenthesis. Example:

Seizure frequency: persistent (3-4/month)

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## DIMENSION #2: Triggering factors



- Epileptic seizures and status epilepticus may be triggered by external "factors". Examples:
  - Intermittent bright light (photosensitive seizures)
  - Darkness
  - Reading aloud or swallowing
  - A specific music
  - etc

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## How to code dimension #3: seizure semiology



- Identify the main seizure components (maximum four components)
- Order the seizure components in "chronological order"
- Add a somatotopic modifier for seizure components that accept somatotopic modifiers
- Indicate the first seizure component for which the patient is amnesic and was unresponsive with (LOC)
  - Example: abdominal aura  $\rightarrow$  automotor seizure (LOC)
- Identify lateralizing signs
  - Example: right hand dystonia, left nose wiping, etc
- Identify seizure triggering factors:
  - Example: intermittent light, darkness, music, etc
- Specify seizure frequency

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### How not to code dimension #3



- Do not classify poorly defined seizure components. Only classify clearly identifiable seizure components
- Do not exceed 4 seizure components when describing a seizure sequence. If more than 4 seizure components can be identified drop "redundant" components. Example:
  - Abdominal aura → dialeptic seizure → automotor seizure → left face clonic seizure (LOC) → left versive seizure → generalized tonic-clonic seizure

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### How not to code dimension #3



- In the final classification do not list all observed seizure sequences. "Idealize" a seizure sequence. Example:
  - Observed seizure sequences:
    - Abdominal aura
    - Abdominal aura → automotor seizure
    - Automotor seizure → left face clonic seizure (LOC) → generalized tonic-clonic seizure
    - Generalized tonic-clonic seizure
  - "idealized" seizure sequence)
    - Abdominal aura → automotor seizure → left face clonic seizure (LOC) → generalized tonic-clonic seizure

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### How not to code dimension #3



- Do not list all the somatotopic modifiers in a clonic or tonic "Jacksonian" seizure sequence
  - Example: Left mouth clonic seizure → left face clonic seizure → left arm clonic seizure → left hand clonic seizure → left foot clonic seizure
- Only list the first seizure component of the "Jacksonian" sequence:
  - Example: Left mouth clonic seizure

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## How not to code dimension #3



**•Remember:  
MORE IS NOT  
BETTER**

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## Classification of seizures in newborns, infants and children



- Apply the same semiological classification outlined above
- The following seizures do not occur or can not be documented in very young children
  - Auras, dyscognitive seizures, automotor seizures, generalized tonic-clonic seizures
- The following seizures are diagnosed almost only in children of less than 3 years of age:
  - Epileptic spasms
  - Hypomotor seizures

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## Classification of Epileptic status



- Apply the same semiological classification of seizures.
- The status classification assumes that during status the epileptic condition can produce the same symptoms observed during epileptic seizures
  - Example: right hand clonic status, dialeptic status, generalized tonic-clonic status

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## Classification of Epileptic status



- The evolution of status is also expressed by linking individual seizure status components by arrows. However, during status epilepticus the following evolutions may be observed:
  - A single seizure component may repeat over and over again.
    - Example: left visual aura status (implies that the patient experiences continuous left visual hallucinations for > 10 minutes)
  - A sequence of seizure components may repeat over and over again
    - Example: left visual aura → automotor seizure (LOC)
  - A status episode is started by a “usual” seizure but then one of the usual seizure components repeats over and over again
    - Example: Left visual aura → automotor seizure(LOC) → generalized tonic-clonic status

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## Classification of Epileptic status



- There are a few status components that appear only as status epilepticus
  - Delirious status
- Status may have specific triggering factors:
  - Withdrawal of antiepileptics
  - Alcohol ingestion
  - Sleep deprivation

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## Classification of Epileptic status: example



- Dimension #1: Epileptogenic zone:
  - Left temporal lobe (left mesial temporal)
- Dimension #2: Etiology:
  - Neoplasm (ganglioglioma)
- Dimension #3:
  - Seizures:
    - Semiology: Abdominal aura → Automotor seizure(LOC)
    - Lateralizing sign: Left nose wiping
    - Frequency: Persistent (2-3/month)
    - Triggering factor: alcohol
  - Status:
    - Semiology: Abdominal aura → Automotor seizure(LOC) → right face clonic seizure → generalized tonic-clonic seizure
- Triggering factor: Withdrawal of antiepileptics
- Dimension #4: Related Medical Conditions:
  - Moderate depression

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## Dimension #4: Related Medical Conditions



- List all other major medical conditions:
  - Mental retardation
  - Memory or other major cognitive deficits
  - Significant neurological deficits
  - Significant psychiatric disease
  - Drug addictions
  - Skin abnormalities or other major medical diseases
  - Previous surgeries
  - etc

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## Epilepsy and EEG/video classification



- An EEG/video evaluation should be summarized by providing 2 types of classification:
  - Four dimension Epilepsy Classification
  - EEG/video classification

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## Epilepsy and EEG/video classification



- Four Dimensions Epilepsy Classification: final four dimensions epilepsy classification that integrates all the information obtained before the current EEG/video evaluation and the information obtained in the current EEG/video evaluation
- EEG/video classification: EEG/video classification that summarizes the interictal EEG, the ictal EEG, and the seizure semiology recorded during the current EEG/video evaluation

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## Epilepsy and EEG/video classification: Example



- **Four dimensions epilepsy classification before the current EEG/video evaluation:**
  - Dimension #1: Epileptogenic zone:
    - Temporal lobe
  - Dimension #2: Etiology:
    - Unknown
  - Dimension #3: Seizures:
    - Semiology: Gustatory aura → Dialeptic seizure → generalized tonic-clonic seizure
    - Frequency: Persistent (2-3/month)
    - Triggering factor: alcohol
  - Dimension #4: Related Medical Conditions:
    - Moderate depression

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## Epilepsy and EEG/video classification: Example



- **EEG/video classification of current EMU evaluation**
- **EEG/video (non-invasive)**
  - Abnormal III
    - Interictal: right inferior frontal sharp waves
    - Ictal:
      - EEG seizure pattern: right frontal
      - Semiology: gustatory aura → automotor seizure → left face clonic seizure
        - » Lateralizing signs: right nose wiping

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## Epilepsy and EEG/video classification: Example



- **Four dimensions epilepsy classification after the current EEG/video evaluation:**
  - Dimension #1: Epileptogenic zone:
    - Right frontal lobe
  - Dimension #2: Etiology:
    - Unknown
  - Dimension #3: Seizures:
    - Semiology: Gustatory aura → Automotor seizure (LOC) → Left face clonic seizure → generalized tonic-clonic seizure
    - Lateralizing sign: Right nose wiping
    - Frequency: Persistent (2-3/month)
    - Triggering factor: alcohol
  - Dimension #4: Related Medical Conditions:
    - Moderate depression

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### Example of Classification



- Epileptogenic Zone: **Left temporal lobe (Mesial Temporal Lobe)**
- Etiology: **Mesial temporal sclerosis**
- Seizures: **Abdominal aura → Automotor seizure (LOC)**
  - Frequency: **Persistent (1 seizure/month)**
- Related Medical Conditions: **Severe verbal memory problems**

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### Example of epilepsy classification



- Epileptogenic zone: **Generalized**
- Etiology: **Unknown**
- Seizures: **Generalized tonic-clonic seizures**
  - Frequency: **rare (1 seizure/3 years)**
  - Triggering factors: **alcohol**
- Related Medical Conditions: **None**

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### Example of epilepsy classification



- Epileptogenic Zone: **Generalized**
- Etiology: **Malformation of Cortical Development**
- Seizures: **Generalized tonic seizures**
  - Frequency: **Daily (20 seizures/day)**
- Related Medical Conditions: **Severe Developmental Delay**

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# SPATIAL ASPECTS OF VERY FAST BRAIN OSCILLATIONS PIOR TO SEIZURES

## ROGER TRAUB (USA)

VFO (very fast oscillations, > 70 – 80 Hz):

- What are the cellular mechanisms?

- Where does the frequency come from?

**Roger D. Traub, M.D.**

(with help from Miles Whittington, Andreas Draguhn,  
and many others)

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Eberhard Buhl & Miles A. Whittington, Leeds, 2002

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Rodolfo Llinas,  
Mircea Steriade

1996, Quebec.  
Ph.D. defense of  
Diego Contreras

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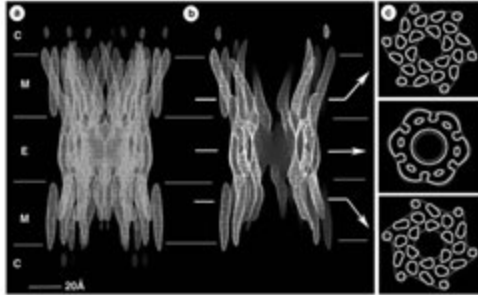
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Gap junction structure: recombinant cardiac connexin (lacking COOH-terminal domain), expressed in BHK cells. Electron crystallography, ~7.5 Å resolution in membrane plane, 21 Å in vertical plane. V.M. Unger et al., 1999, Science.

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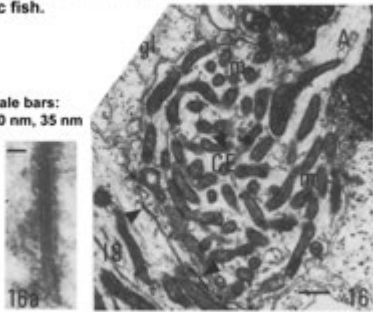
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2 gap junctions on the axon initial segment of a neuron in the medullary command (pacemaker) nucleus of a weakly electric fish.

Scale bars:  
500 nm, 35 nm



Elekes & Szabo (1985) Experimental Brain Research

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Two obliquely cut axon initial segments of dentate granule cells with a junction between them (arrow) – possibly a reticular gap junction (Dr. John E. Rash).

But one can't be positive from this image.

From: Toshio Kosaka (1983)  
Axon initial segments of the granule cell in the rat dentate gyrus: synaptic contacts on bundles of axon initial segments. Brain Res. 274: 129-134.

Scale bar 1 micron

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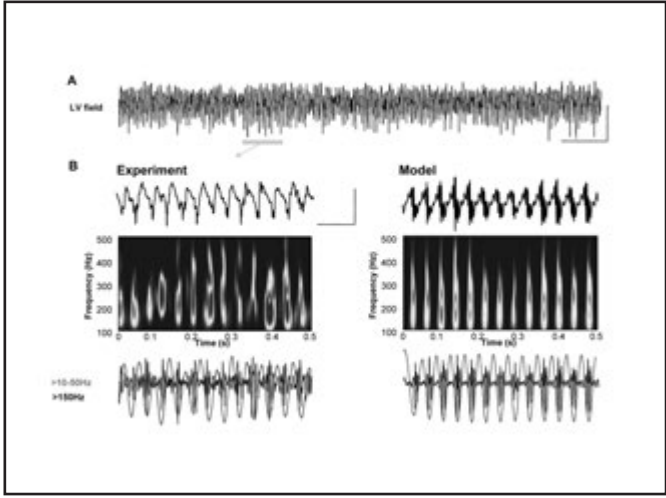
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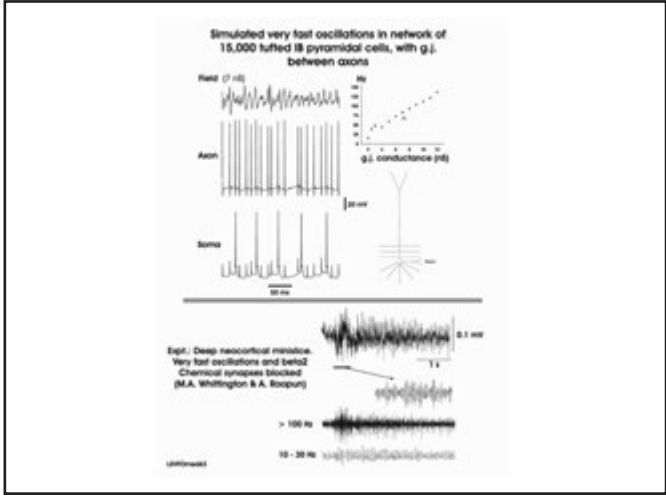
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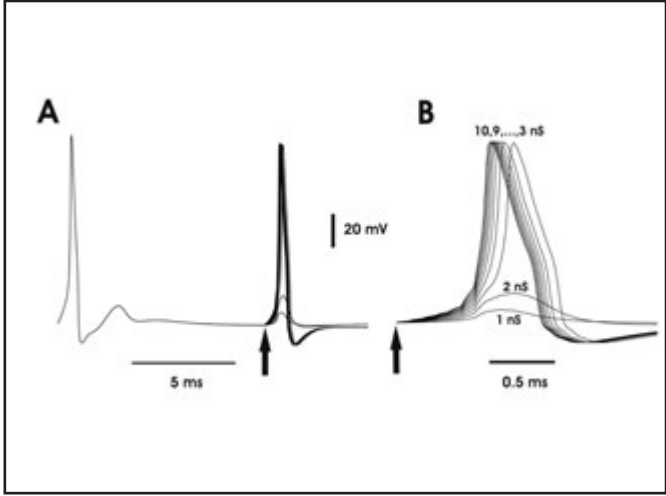
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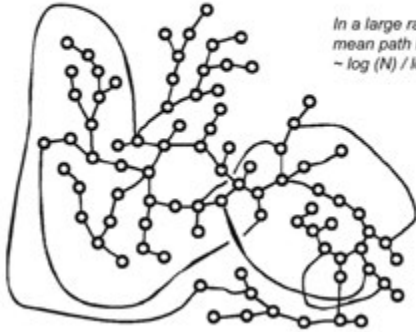
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**Example of the large cluster in a random graph: 150 nodes, average 1.6 branches leaving each node (Small cluster and isolated nodes not shown)**



*In a large random graph,  
mean path length  
 $\sim \log(N) / \log(\langle k \rangle)$*

krings01

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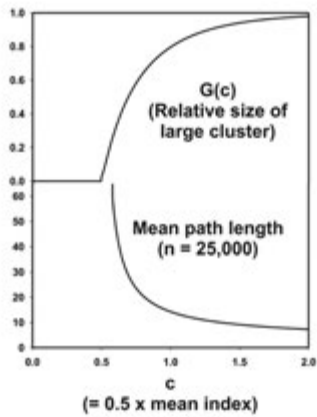
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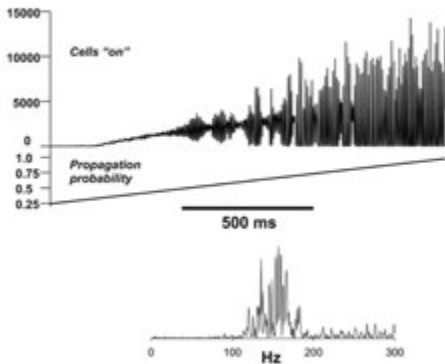
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**Cellular Automaton model: 120,000 "cells", dt = 0.25 ms**




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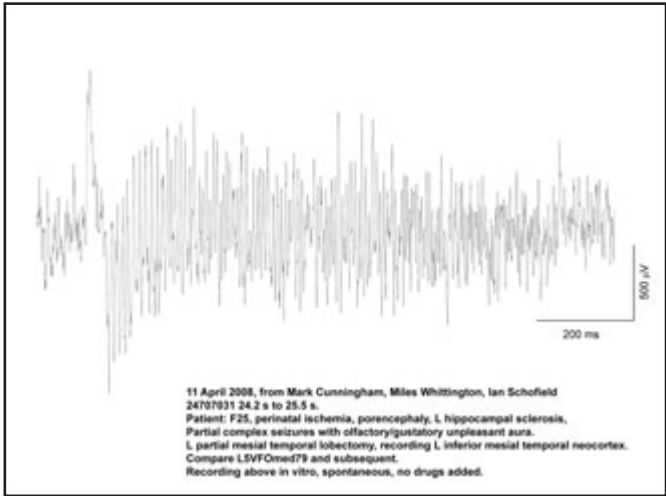
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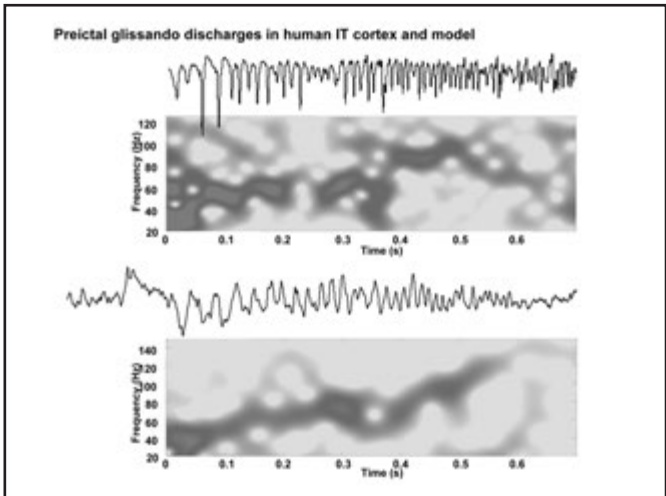
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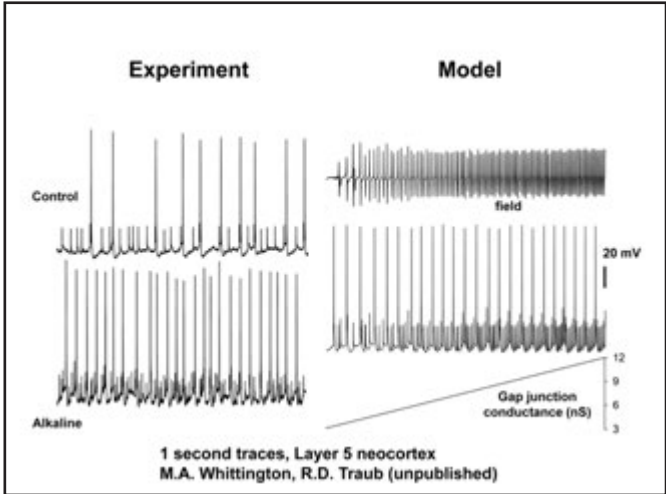
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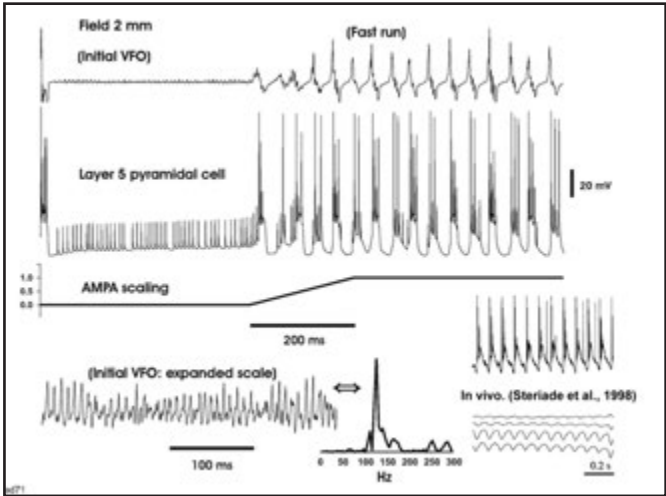
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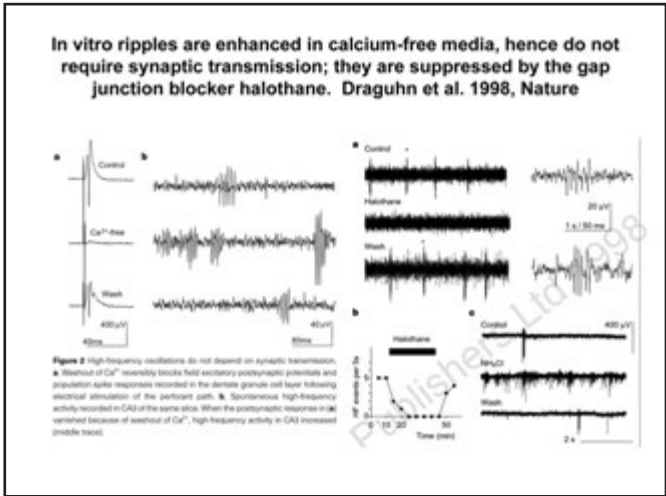
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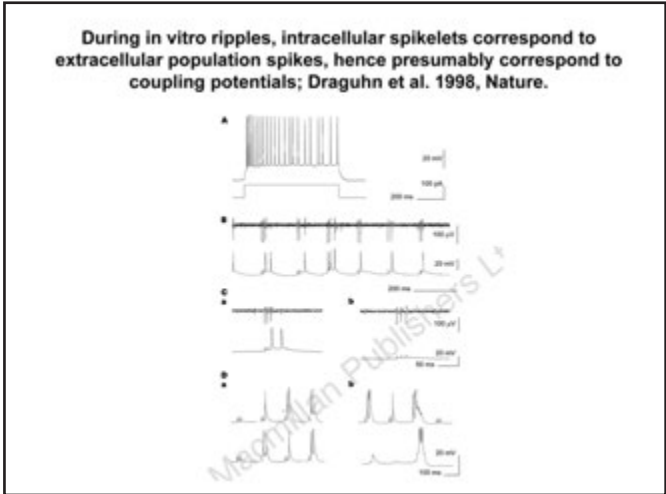
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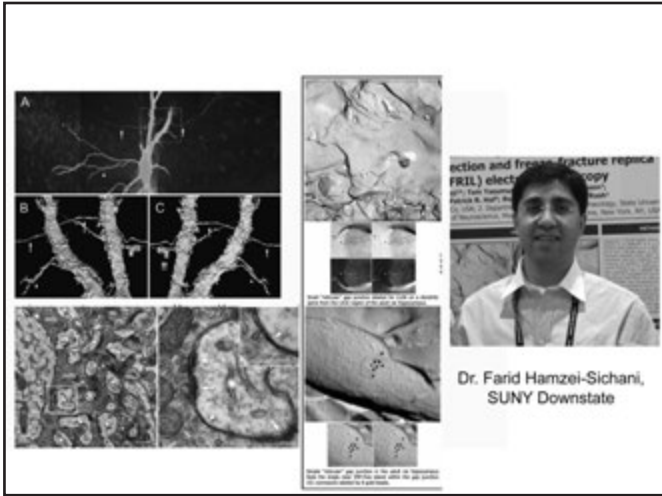
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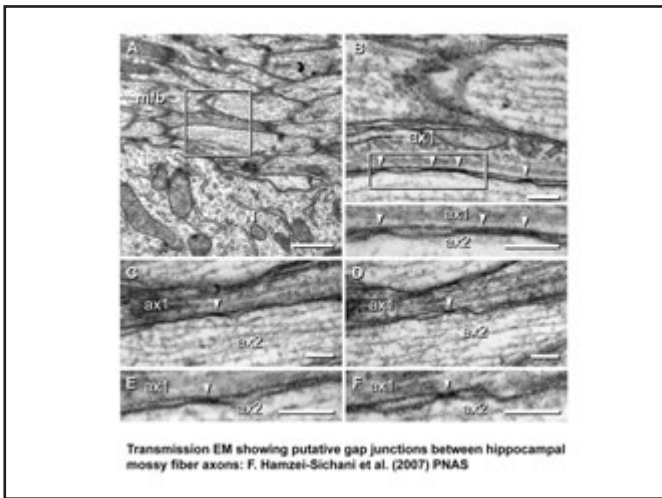
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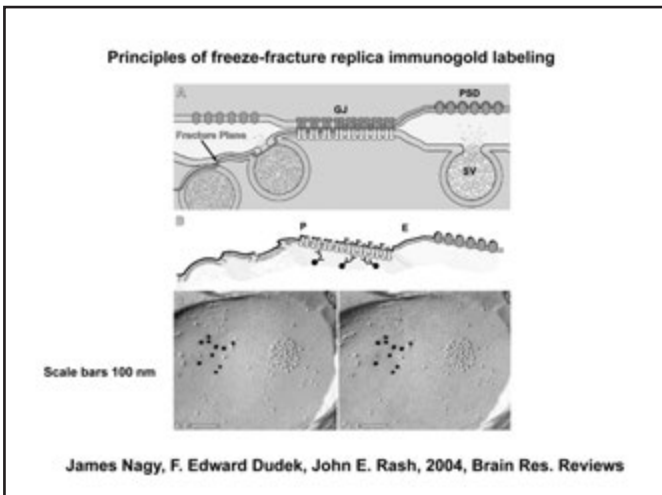
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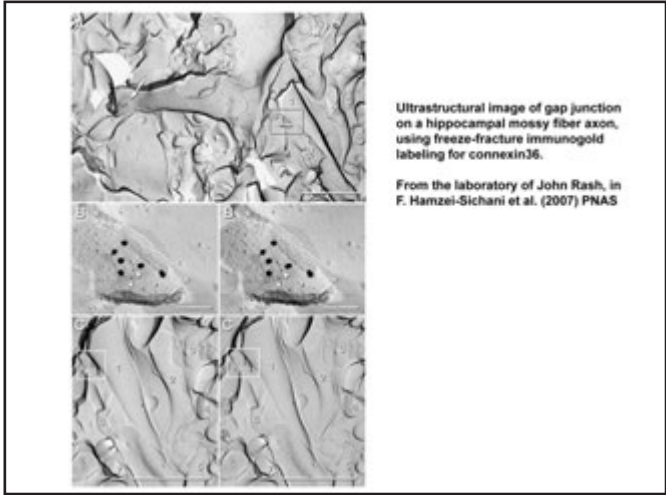
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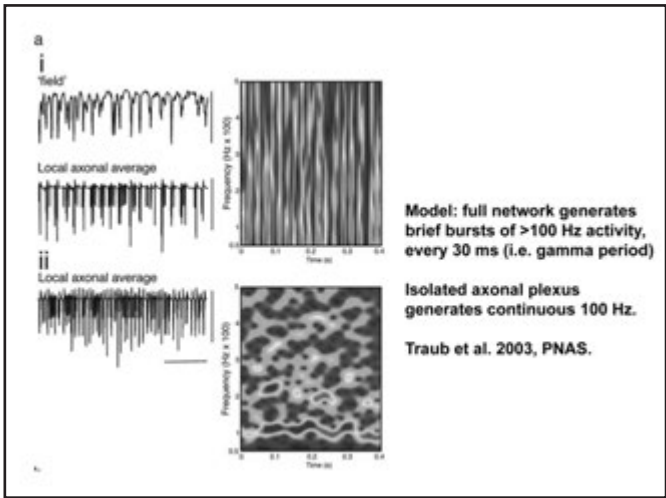
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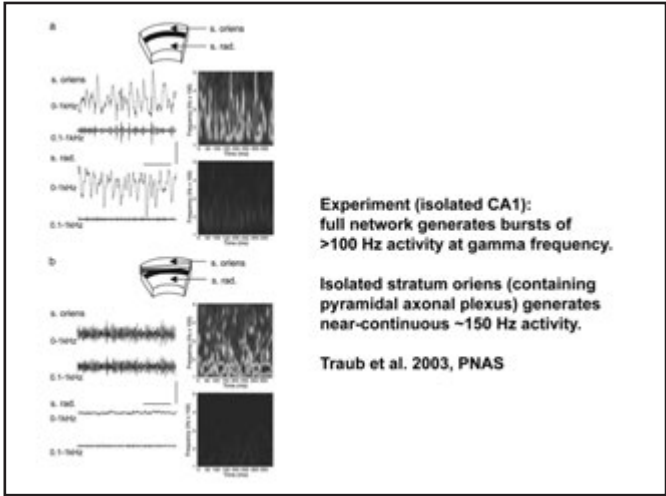
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### Thanks to:

- IBM, NIH/NINDS
- Andreas Draguhn, Hannah Monyer, Gabriel Wittum, *Alexander von Humboldt Stiftung*
- Miles A. Whittington, *Newcastle*
- Nancy Kopell, Mark Kramer, *Boston*
- Farid Hamzei-Sichani, *Downstate*
- Anita Roopun, *Newcastle*
- Steven J. Middleton, *Newcastle, RIKEN*
- Thomas Knöpfel, *RIKEN*
- John E. Rash, *Colorado State University*
- Rafael Gutiérrez, *Centro de Investigación y Estudios Avanzados del IPN, Mexico City*
- Andrea Bibbig, *Downstate*
- Mark Cunningham, *Newcastle*

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### Very Fast Oscillations (> 80 Hz): Spatial Aspects

Roger D. Traub  
IBM T.J. Watson Research Center  
Yorktown Heights, NY

&

Miles A. Whittington  
Institute of Neuroscience  
University of Newcastle School of Medicine

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### Some network oscillation mechanisms

- Correlated IPSPs (e.g. gamma)
- Pacemaker, with spread (the heart)
- Re-entry (Wolff-Parkinson-White)
- Coupled oscillators
  
- Propagation through (locally) random network
- Propagation + intrinsic refractoriness

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### Interesting Physical Principle

Gap junctions “synchronize”, e.g. spike times.

**BUT** propagation time from cell to cell across a gap junction takes finite time, say, 0.25 ms.

In a sparse network, these brief propagation times summate in such a way as to determine oscillation period.

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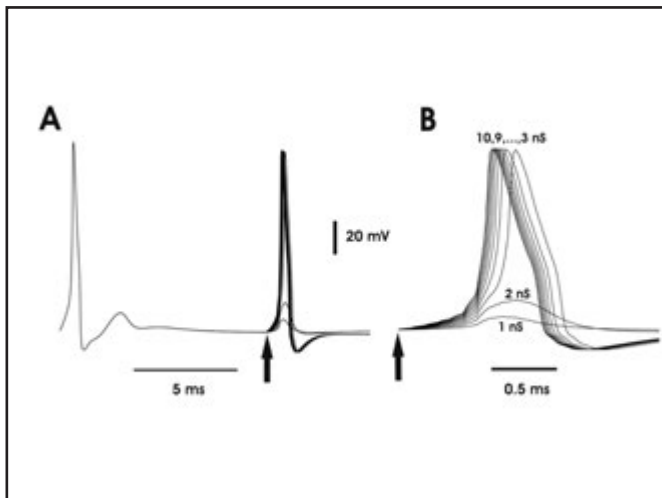
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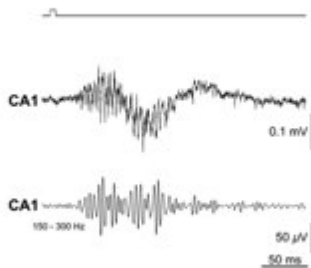
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### VFO with GABA-A receptors blocked



Nimmrich et al., J. Physiol. 2005

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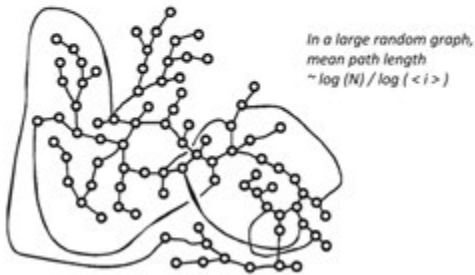
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Why do network oscillations occur when gap junctions allow spikes to propagate from cell to cell? -

It can happen as a result of "percolation" in a large, sparsely connected network, with period INDEPENDENT of intrinsic and synaptic conductances (!!)




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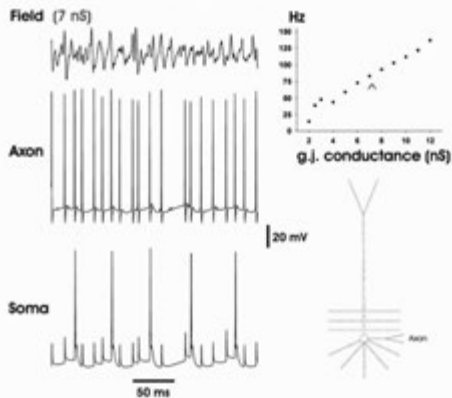
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Simulated very fast oscillations in network of 15,000 tufted IB pyramidal cells, with g.j. between axons




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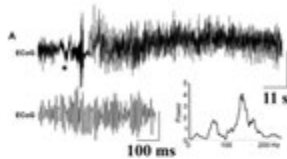
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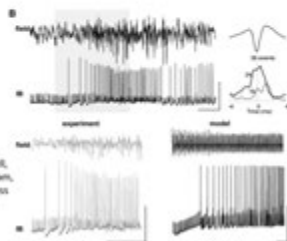
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Human



Rat & model



R.D. Traub, R. Duncan, A.J.C. Russell, Y. Bultmann, Y. Tu, M.D. Cunningham, M.A. Whittington: Epilepsia, in press

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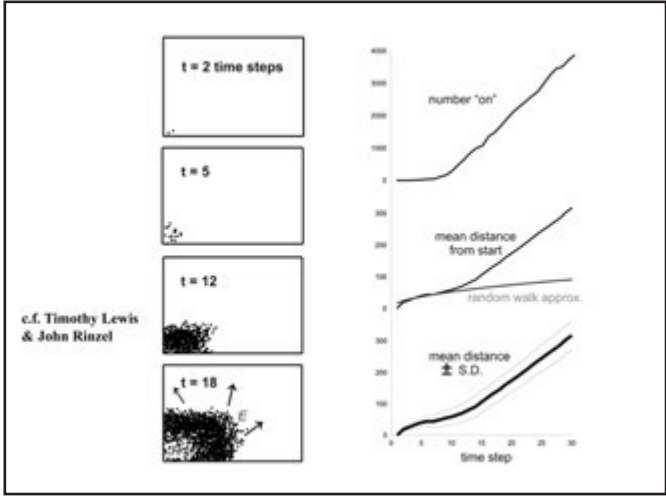
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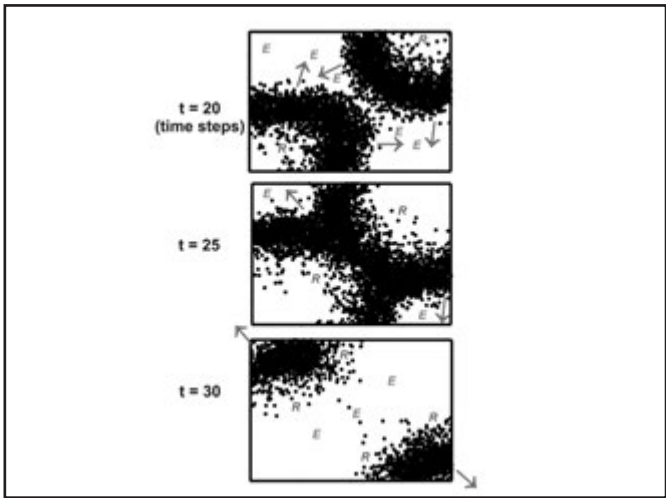
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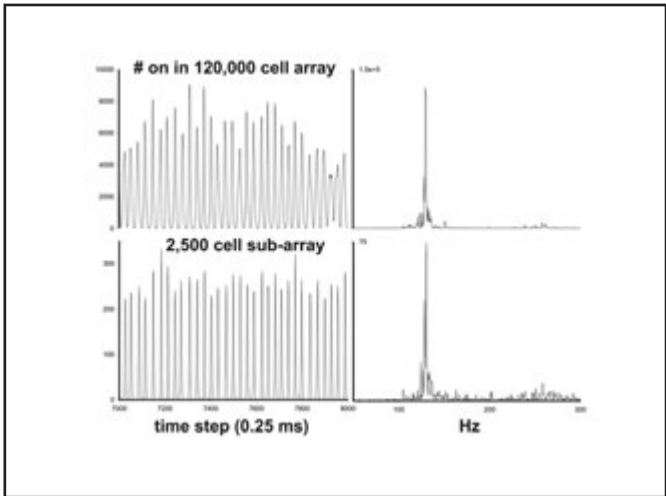
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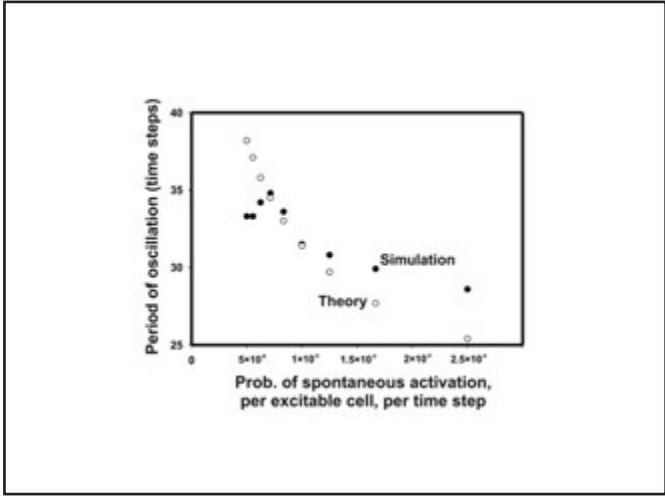
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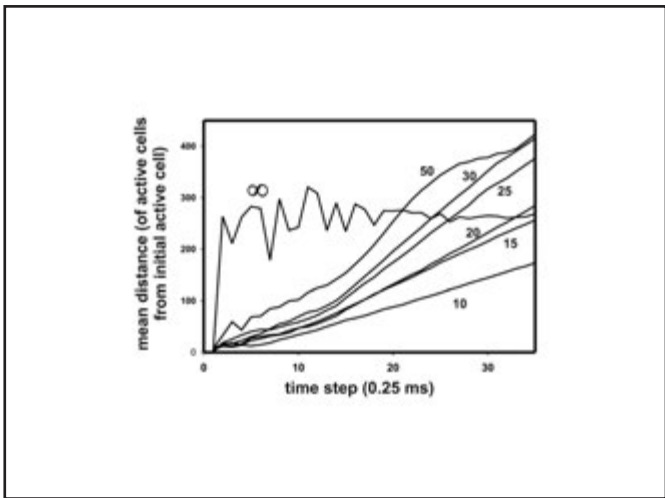
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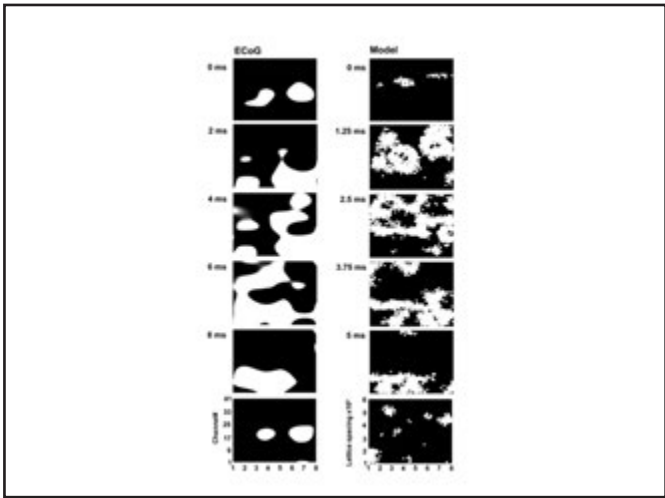
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### Some network oscillation mechanisms

- Correlated IPSPs (e.g. gamma)
- Pacemaker, with spread (the heart)
- Re-entry (Wolff-Parkinson-White)
- Coupled oscillators
  
- Propagation through (locally) random network
- Propagation + intrinsic refractoriness

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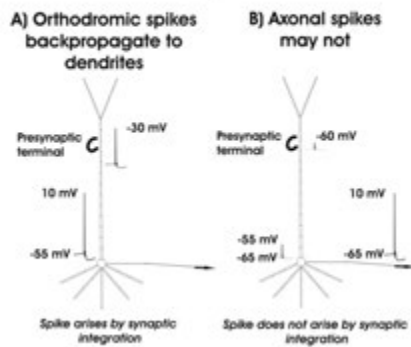
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### Functional significance of orthodromic vs. antidromic spike initiation



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# PROGRAMA – 05.02.2010

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- 08:30 – 09:30 The neural regulation of sleep and awakening: Marina Bentivoglio (Italy)
- 09:30 – 10:30 Timing of epileptic phenomena across the 24 hours day in different epilepsy syndromes-influence of level of vigilance and other factors – Peter Halasz (Hungary)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Epilepsy and sleep – Fernando Cendes (Brazil)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 Cognitive consequences of epileptic discharges during NREM sleep certain childhood epilepsies and their possible mechanisms – Peter Halasz (Hungary)
- 15:00 – 16:00 Development of EEG epilepsy patterns through age – Perrine Plouin (France)
- 16:00 – 16:30 Coffee-break
- 16:30 – 18:00 Complementary and alternative therapies in epilepsy – Steven Schachter (USA)
- 18:30 – 20:00 Dinner
- 20:00 – 21:00 Epilepsy centuries ago – F. Mario Fales



## Influence of sleep/wake cycle

Seizures:

- Sleep epilepsies : FLE , MTLE –GTC
- Awakening epilepsies : IGE (diff. Forms), West sy/ IS
- Awake epilepsies: MTLE partial seizures

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## Strongly NREM sleep related epileptic EEG patterns

- Electrical Status Epilepticus in Sleep (ESES) - exclusively during sleep
- Generalized Paroxysmal Fast Activity (GPFA) with polygraphic subtle ictal signs – almost always during sleep
- Generalized spike-wave bursts in the awakening GTC form – almost exclusively during sleep in the awakening period
- Focal sharps/spikes in Frontal Lobe Epilepsies – frequently only during sleep
- Bilateral independent spiking in temporal lobe epilepsy – compared with wakefulness more frequently during sleep
- Centro-temporal uni- or bilateral spiking in Rolandic epilepsy – compared to wakefulness more frequently in sleep

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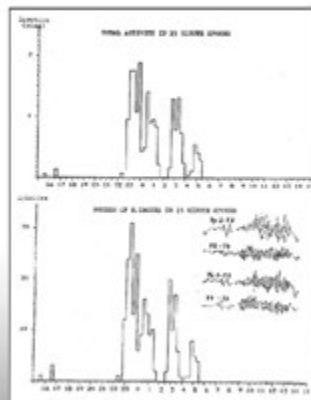
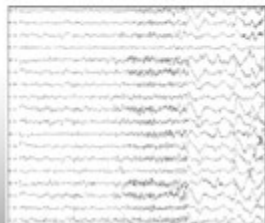
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Distribution of GPFA during a 24 h. sleep-wake cycle

Up: Duration of GPFA events (min)

Below: number of GPFA events



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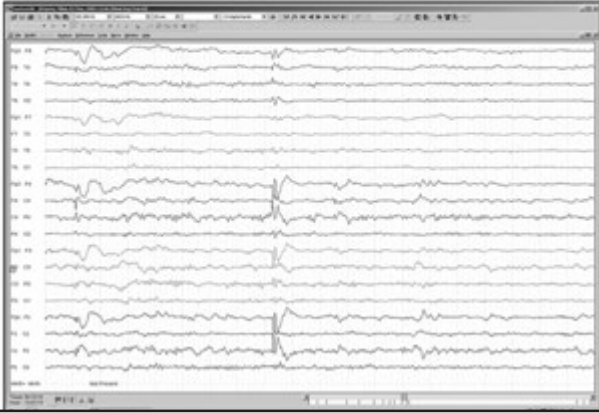
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„Benign“ focal childhood epilepsy with variation in localisation



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The same patient in NREM sleep



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### Factors of activation within sleep:

Two types of sleep: REM/NREM

#### New viewpoints:

- Correlations with different sleep EEG synchronisation mechanisms (like oscillations in delta and sigma /sleep spindle/ range) and underlying physiological brain systems, and not only with classical R-K sleep stages – continuous influence
- Correlations with the arousal dynamic - phasic influence

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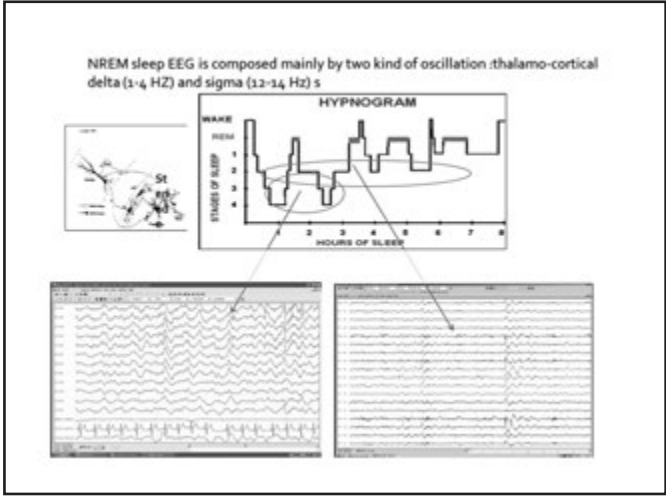
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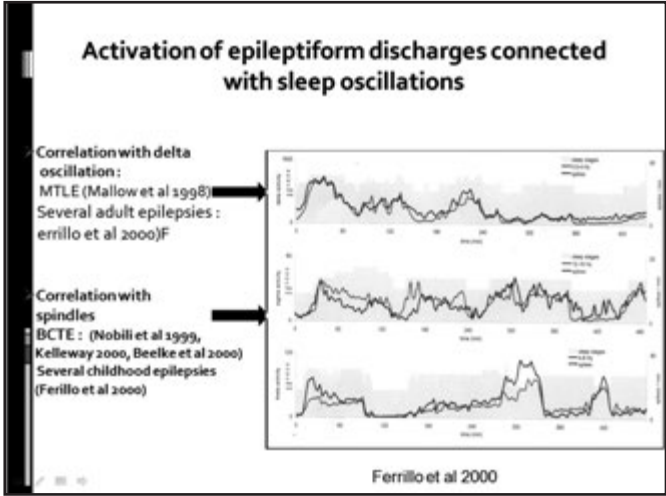
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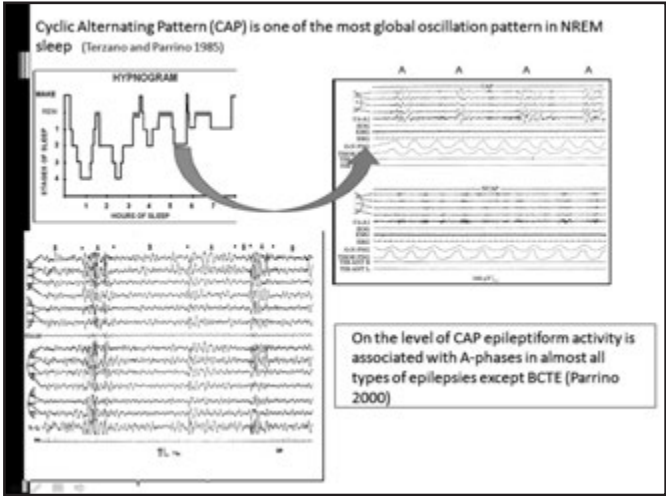
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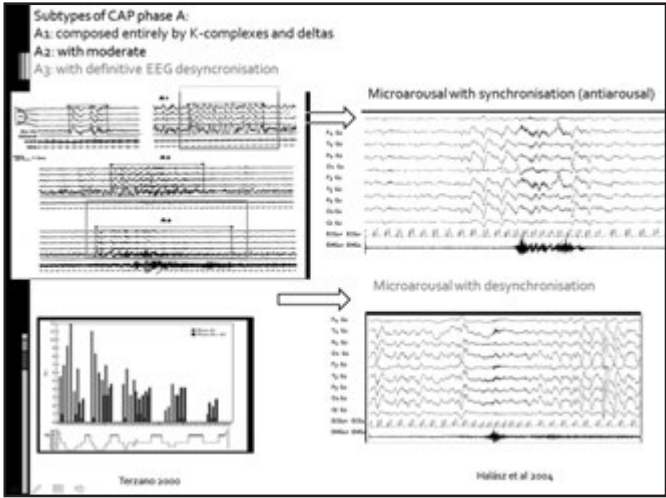
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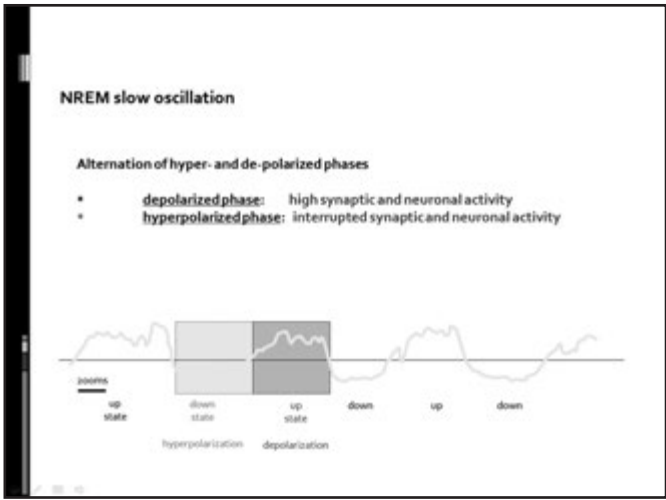
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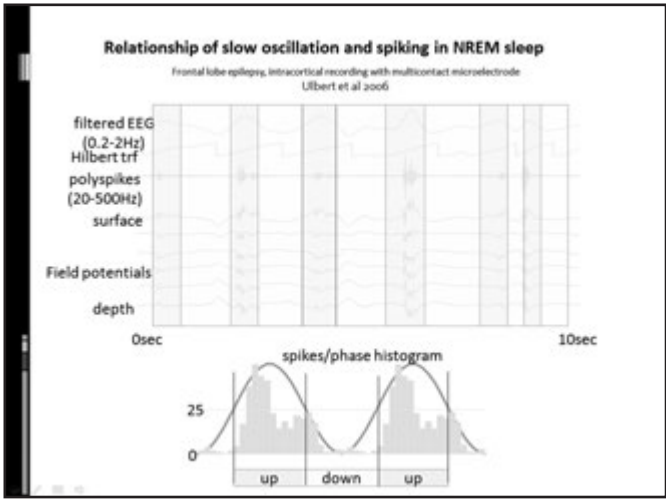
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## Sleep activation of epileptiform activity

Macro

Hypnogram level – NREM sleep

CAP level – phase A – phase A1 (antiarousal)

Sleep EEG oscillation level – delta and (less) sigma oscillation

Infraslow (beyond 0.5 Hz) oscillation – up - and down - states

Micro

Antiarousals by cortical slow and infraslow oscillation provide a cyclic regulation of cortical excitability creating gates for epileptiform activity

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### Circadian influence on seizure and EEG discharge propensity in different kind of epilepsies

- > Idiopathic generalized epilepsies show peak of seizure and EEG discharges propensity in awakening periods (during sleep/awakening macro- and micro-shifts)
- > Localisation related epilepsies show peak of seizure and EEG discharge propensity during slow wave sleep

### Distribution of EEG discharges in different kind of epilepsies according to type of sleep

- > Slow wave sleep promotes generalization,
- > REM sleep promotes localisation of EEG discharges
- > EEG discharges of generalized epilepsies are expressed in slow wave sleep, EEG discharges of
- > Localisation related epilepsies are expressed mostly in slow wave and rarely in REM sleep

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### Timing of epileptiform discharges and seizures in different major epilepsies

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## Idiopathic generalized epilepsies (IGE)

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### Vigilance level dependency of absence type 3 Hz SWD (wakefulness)

Spontaneous paroxysms are promoted by transitory decreases of vigilance level (Lanz 1969, Passouant 1972, Stevens 1971)

- > after awakening
- > after lunch
- > in evening sleepiness
- > during boring tasks or situations
- > experimental depression of RAS functions (Gloor and Testa 1974)
- > after sleep deprivation

Spontaneous paroxysms are inhibited by sudden increase of vigilance (Li 1952, Jung 1957, Rajna et al 1989)

- > arousals (calling by name)
- > experimental stimulation of RAS (Guerrero-Figureoa et al 1963, Pollen 1963)

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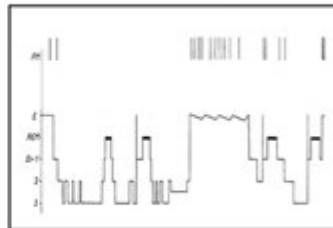
### Vigilance level dependency of absence type 3 Hz SWD (sleep)

> Spontaneous paroxysms are promoted by transitional fields of sleep-wakefulness

**in humans:**  
(Niedermeyer 1967-72-96, Passouant 1975, Halász et al 1974-81-91, Horita et al 1991)

- in animal studies:**  
(Shouse 1987, Lannes et al 1988, Coenen et al 1991, Drinkenburg et al 1991)
- ◊ in falling asleep
  - ◊ around momentary awakenings in sleep
  - ◊ In shift periods between NREM and REM.
  - ◊ before and after awakening.

> Spontaneous paroxysms are inhibited by deep NREM and full REM sleep



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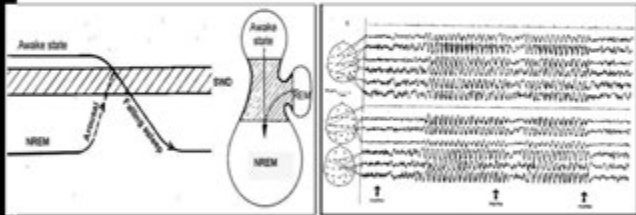
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### Critical vigilance level promoting occurrence of SWD




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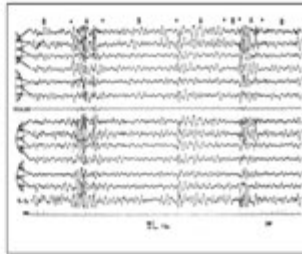
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### Association of generalized spike-wave pattern in IGE with sleep instability in NREM measured by the CAP phenomenon

#### Sleep EEG analysis of 10 IGE patients (Terzano et al 1989):

- > Significant prevalence of SWD during CAP as compared to NCAP
- > 93 % of all the SWD pattern occurred in CAP were found in phase A



#### Sleep EEG analysis of 10 JME patients (Gigli et al 1992):

- > spiking rate was significantly higher in CAP A phase compared to NCAP and showed strong inhibition in CAP B phases

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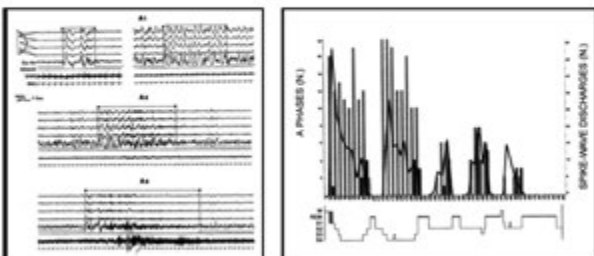
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### Correlation of SWD with the A1- phase of CAP (Terzano et al 2000, Parrino et al 2000)




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## Two extreme examples for sleep activation

- 1) Sleep activation of epileptiform discharges = BCT-LKS-ESES spektrum and IGE
- 2) Sleep activation of seizures = FLE

What is the difference?

Involvement of the cortico-thalamic system?

Underlined by the activation of two systems with contrasting functional role

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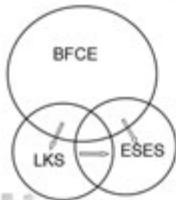
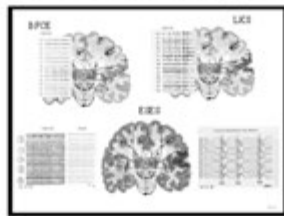
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## Activation of epileptiform discharges and their impact in perisylvian epilepsy spectrum



- SWD (amount, generalisation)
- sleep activation
- cognitive impairment



BFCE  
LKS/PLGS  
ESES



Focal  
Diffuse, bilateral

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## NFLE - seizures from the mediobasal part of FL - not related with the thalamocortical system

> Short dystonic-dyskinetic seizures with agitation arousal and autonomic symptoms, involving both sides of the body, clustering in NREM (max st2), almost daily. The interictal and ictal EEG is very poor

> Several forms were reported, including with autosomal dominant inheritance (ADNFLE) having mutation in the neuronal nicotinic acetylcholine receptor alpha4 subunit.

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IGE and FLE represent two different system (network) involvement with contrasting functions

- IGE involves the thalamo-cortical circuit representing trophotrop –endophylactic (Hess 1949) function  
  
Absences: transitory epileptic activation of thalamo-cortical NREM sleep mechanism
- FLE involves (probably) the cortical-basal ganglia ergotropic-dynamogenic function (representing ancient emergency mechanisms originally liberated when attacked from sleep?)  
  
Frontal hypermotor seizures: motor and autonomic representation of emergency state

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Another kind of sleep activation: activation of discharges without the seizures=MTLE

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### Epilepsies with involvement of the temporo-medial structures - sleep relations

- Partial seizures occur in wake state
- Important activation of IEDs in deep slow wave -connected with delta oscillation
- A part of patients show localised IED activation in REM sleep (Why and who unknown).



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# COGNITIVE CONSEQUENCES OF EPILEPTIC DISCHARGES DURING NREM SLEEP CERTAIN CHILDHOOD EPILEPSIES AND THEIR POSSIBLE MECHANISMS

## PETER HALASZ (HUNGARY)

Pázmány Péter Catholic University, Faculty of Information Technology, Budapest

Cognitive consequences of epileptic discharges during NREM sleep in certain childhood epilepsies and their possible mechanism

P. Halász

Lasse IV : Time and epilepsy. Sao Paulo, Brazil

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Sources of cognitive impairment in epilepsy

- Cerebral damages associated with the cause of the epilepsy
  - Stable chronic deficit states:
    - postencephalitic epilepsy
    - posttraumatic epilepsy
  - Secondary hippocampal sclerosis after an initial precipitatory injury (selective side specific impairment of memory)
  - Dysgenetic malformations (hemimegalencephaly, pachygyrias, etc)
  - Tumors
  - Phacomatoses (sclerosis tuberosa, Sturge-Weber)
  - Autoimmun diseases (Rasmussen encephalitis, limbic encephalitis)
- Epileptic encephalopathies (West sy, LGS, Dravet sy)
- Cognitive epilepsy spectrum (BCTE-LKS- ESES)
- Genetic IQ deficits + epilepsy
- Cognitive impairment by AE drugs

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Cognitive impairment in epilepsies

- Transient cognitive impairment (TCI) as interictal and ictal symptom
- Chronic impairment:  
Special epileptic syndromes where cognitive symptoms are prominent  
Continuum of perisylvian epileptic network disorders (BCTE – LKS – ESES)
- TLE with material specific memory disturbances

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transitory cognitive impairment during and after seizures.

### Partial functional impairments

- memory impairment in TLE complex partial (cp) seizures
- pure amnesic seizures
- speech disturbances in and after cp seizures

### Impairment of consciousness

- in generalised tonic-clonic seizures
- in absences
- in cp seizures

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### The five big neuro-cognitive network:

- 1) Right hemisphere dominant spatial consciousness with the involvement of the right posterior parietal cortex and cingulum
- 2) Left hemisphere dominant speech network with the involvement of the perisylvian speech areas
- 3) Network of memory and emotional functions with the involvement of the hippocampus and amygdala
- 4) Face and object recognition network with the medial temporal and temporo-polar cortex
- 5) Working memory—executive functions network with the involvement of the prefrontal and probably with the posterior parietal cortex

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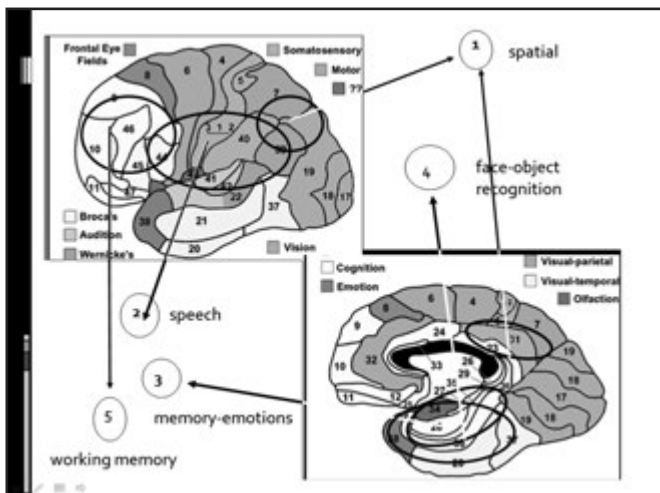
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Sources of cognitive disturbances in childhood

➤ Early beginning epileptic encephalopathies

„Deterioration of cognitive and/or sensory functions due to frequent seizures and/or interictal paroxysmal activity” (Dulac, 2001)

The pruning process became reprogrammed by frequent discharges and seizures („firing together-wiring together”)

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Ohtahara syndrome, early myoclonic encephalopathy,  
West syndrome,  
Dravet syndrome,  
Lennox-Gastaut syndrome (Ohtahara – West – LGS continuum),  
Rolandic epilepsy-Landau-Kleffner- ESES syndrome continuum,  
migrating parcialepilepsy (Copolla),  
metabolic disturbances- epileptogenic chromosoma disorders,  
Extended cortical dysplasias,  
Hemimegalencephalia,  
sclerosis tuberosa,  
Rasmussen syndrome

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➤ Negative cognitive effect of interictal and ictal epileptic activity

➤ A neuronal plasticity serves as model in the development of epilepsy

➤ Epileptic disorders develop especially in structures and networks playing role in cognitive functions (hippocampus, thalamo-cortical system) and interfere with them

The ability to learn ( plasticity) includes the possibility of the epileptic type functional changes

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➤ An other mechanism through which cognitive impairment might be related to certain childhood epilepsies is

impairment of cognitive sleep function by epileptic discharges

To understand this relationship we should discuss what is supposed to be the cognitive sleep functions

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Data support that NREM sleep serves to recuperate cortical (frontal dominant) cognitive functions

- Slow wave (delta) sleep has left frontal dominance (*Werth et al 1990, Achermann et al 2001*), which increase after sleep deprivation (*Cajochen et al 1999*) and is under use dependent (*Kattler et al 1994*) homeostatic regulation (*Borbély et al 1990*)

Deprivation of it impairs, supplementation improves cognitive functions

The homeostatic behaviour of sleep delta activity points to a use dependent frontal recuperative process during NREM sleep

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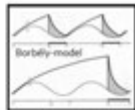
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- Diseases which decrease cognitive level show simultaneously decrease in frontal delta power and the rebound capacity of frontal delta after sleep deprivation.



(Alzheimer disease, alcoholism (*Colrain and Crowley 2002*, obstructive sleep apnea (*Illioudi et al 2004, Grunstein et al 2004*), depression, and frontal atrophic processes, and insomnia having deprivatory influence on sleep also associated with decrease in cognitive abilities (*Haimov et al 2004, Rayman és mtsai 2004*))

- With the development of cognitive abilities in childhood the delta activity of sleep increase, while with cognitive decline it decreases in senium
- NREM Sleep improves memory consolidation and the parameters of sleep delta and sigma (spindling) activity show relationship with consolidation of explicit memory (*Schabus et al, 2004, Clemens et al 2005, 2006, Bodizs et al 2008*)

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NREM delta sleep serves to recuperate frontal cognitive functions - if this process is interrupted by epileptic discharges - able to interfere with them, cognitive impairment is a possible consequence

Sleep activation explores the „dark side“ of of epilepsy—the cognitive impairment

„Penelope syndrome“: instead of elaboration of them sleep ruins down cognitive functions (what was weaved during the day has been dissolved during the night)

May play role in:  
 Rolandic epilepsy – LKS – ESES and LGS sy  
 West sy

Mechanism of cognitive impairment:

- spike-wave activity „wave“ components represent disfacilitation (neuronal desactivation) with bold negativ fMR signs, interrupting cognitive functions over wide cortical fields
- Spike-wave activity interferes with spindling associated memory functions (spike-waves represents pathologically distorted spindling)

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injection of ECD-14m  
red penicillin through BBB  
Equation

30 seconds  
50 mV

Netfig et al., Epileptic Disorders 2004  
Pure and NBOCM  
injection of ECD-1 after the onset of a 30 s absence seizure

Regional cerebral blood flow throughout the sleep-wake cycle  
 An H<sub>2</sub><sup>15</sup>O PET study

A. R. Benson / J. Pollak / N. J. Weidenberg / R. E. Carson / M. Verpa / P. Babbitt / S. Lehto / G. Babbitt / and P. Benninger

NREM alvásban és absence-ban egyaránt csökkent vérátáramlás (TCD, SPECT, fMR, PET)

Thalamo-cortikális diszkonnekció = kortikális (frontális) hipofunkció

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Two different working modes of the thalamo-cortical system

IB

FS

**Burstfiring - mode**

NREM sleep  
Absence

Decreased  
Blood flow and  
disactivation  
(disfacilitation)  
of the cortex  
(TCD, SPECT, fMR)

**Tonic discharge**

Wakefulness  
Seizure free  
state

▲

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Wave component of spike-wave pattern represents cortical disfacilitation proved by electrophysiological (Steriade, 2003) and fMR (Aghakhani et al 2004, 2005) studies

**Rat GHB absence model**  
Trenney et al 2003

**Human absence**  
Aghakhani et al 2004

**SBL EEG and fMRI**  
Aghakhani et al 2005

The rhythmic recurrent disfacilitation interferes with cognitive functions, requiring cortical fast oscillations. Due to recurrent disfacilitation continuous depolarisation of the pyramidal cell's membranes is not possible which works against the overt seizures and in the same time interferes with cognition in childhood epileptic encephalopathies. Model: ESES=Penelope syndrome (Tassinari 2009)

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### “Lennoxisation”

- GPFA (Generalized Paroxysmal Fast Activity) is a „common final pathway” in evolution of different epilepsies
- Three routes of development:
  - ° West sy. → Lennox-Gastaut sy. (Ohtahara 1988)
  - ° Generalized epilepsies → Late Lennox Gastaut sy. (Lajinaki 1977, Bauer et al. 1983, Stenzel and Pasteli 1983, Roger et al. 1987)
  - ° Partial Epilepsies (mainly FLE) → Secondary Bilateral Synchrony (SBL)
- Lennoxisation is characterized by GPFA + mental deterioration + tonic axial seizures + therapy resistancy (Maguadda et al., 1989, Aguglia et al. 1990, Halász 1991)

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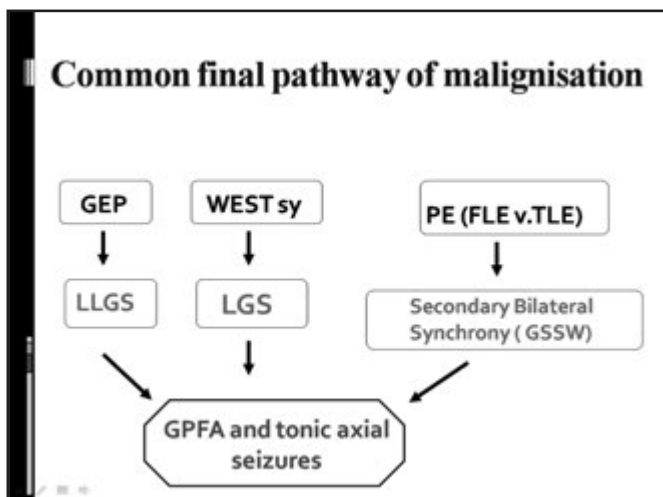
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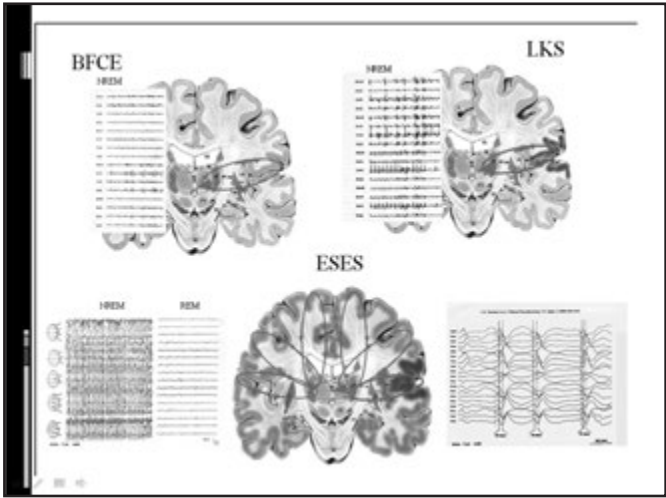
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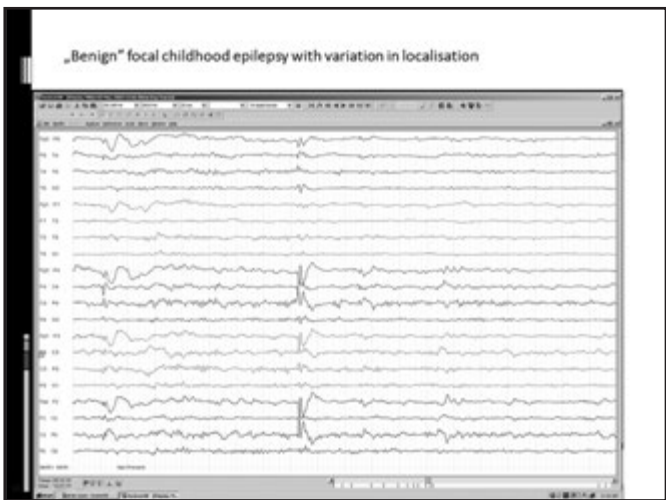
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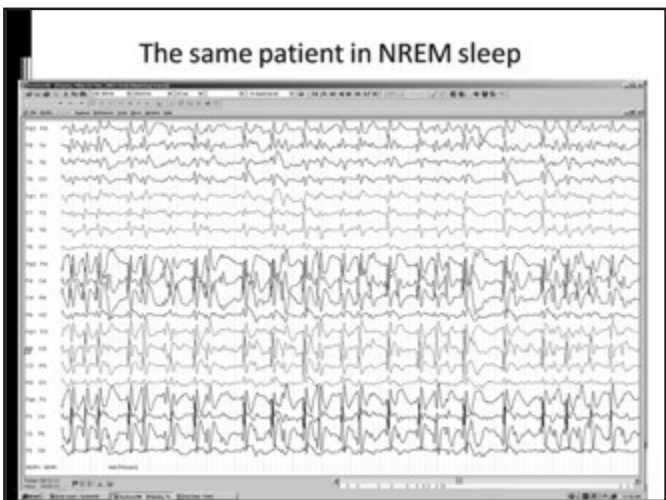
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# DEVELOPMENT OF EEG EPILEPSY PATTERNS THROUGH AGE

PERRINE PLOUIN (FRANCE)

Development of EEG epilepsy patterns through age

Perrine Plouin  
Hôpital Necker Enfants Malades, Paris, France

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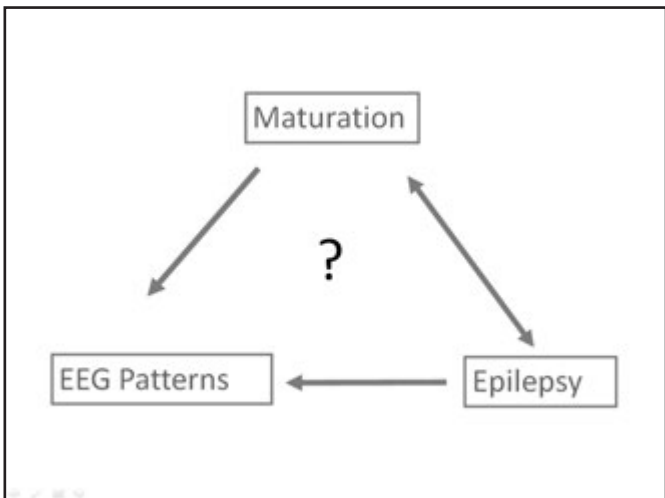
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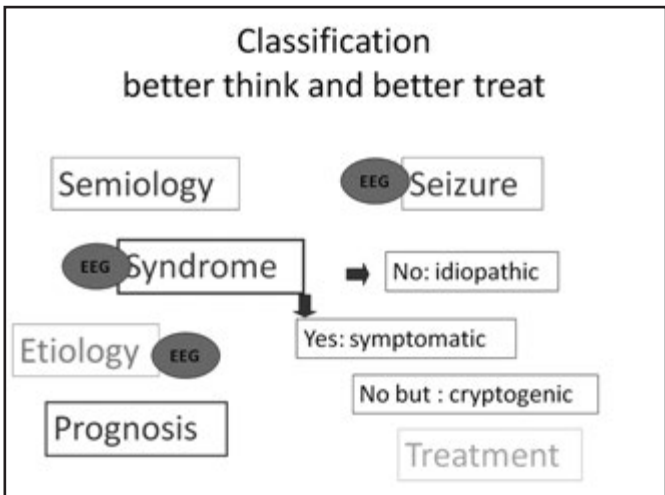
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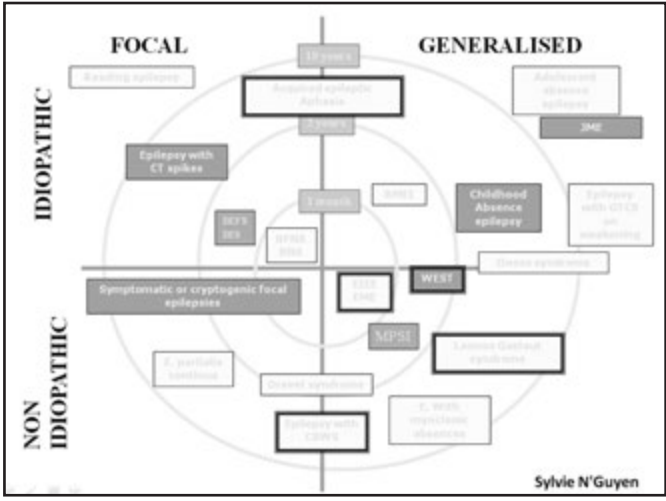
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**Evolution of EEG patterns**

- Epileptic encephalopathies
- Benign focal epilepsies
- Symptomatic focal epilepsies

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**Evolution of EEG patterns**

- Epileptic encephalopathies
  - EIEE, EME
  - West syndrome
  - Lennox Gastaut Syndrome
- Benign focal epilepsies
- Symptomatic focal epilepsies

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## Benign focal epilepsies

- BFNS and BINS in neonates
- BIS and BFS in infancy
- BECTS and BEOS in childhood

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## Benign Familial Neonatal Seizures

- Rett & Teubel (1964) reported the first BFNS family, with 8 cases over 3 generations.
- On the third day of life the male proband developed an initial tonic phase with cyanosis followed by clonic movements of the whole body including the face and eye muscles, and he had 15-20 seizure events on the following day.
- A brother born 16 months later had a similar experience.
- Several normal interictal EEGs were reported for these two boys and single EEGs for three other affected relatives.
- The authors noted the familial history, the normality of the interictal EEG and the favorable outcome.

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## Benign Familial Neonatal Seizures

- Incidence estimated as 14.4 /100.000 live births (Ronen et al, 1993)
- 44 reported families, 355 cases
- Onset on D2 and D3 (80% of cases)
- Normal neurological examination
- Normal interictal EEG
- Normal biological work up
- Positive familial history
- Treatment selection?

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### Benign Familial Neonatal Seizures

- All seizures start with a tonic component, uni or bilateral, but assymetrical, changing side from one seizure to the next in a given baby
- Autonomic, oculofacial features and/or clonic movements follow
- Duration is around one minute
- Ronen et al, 1993, Hirsch et al, 1993, Bye 1994, Plouin and Anderson, 2002

No myoclonic sz, no epileptic spasm, no GTCsz

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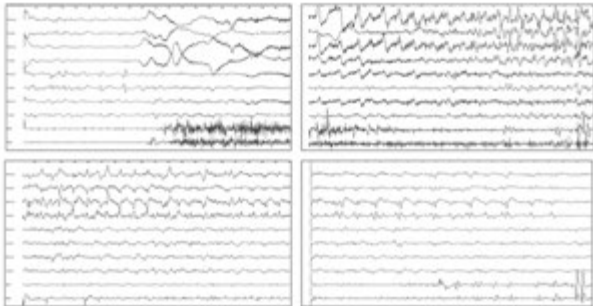
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### BFNC Seizure



ELG...D8

SVP

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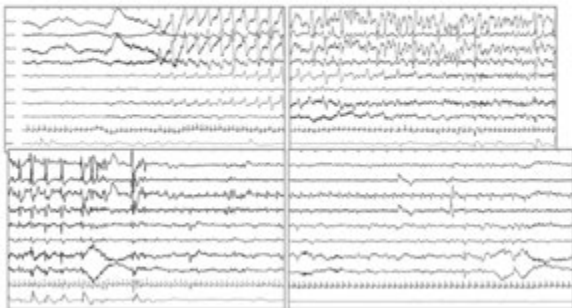
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### Benign Familial Neonatal Seizures



DEL...Maxime 4 days

NEM

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## Benign Familial Neonatal Seizures

Interictal EEG is described as normal, subnormal, with mild abnormal patterns, rarely as “théta pointu alternant”, but never with patterns associated with a severe outcome.

No generalized SW bursts, no Suppression Burst pattern

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## Benign familial neonatal-infantile seizures

Sodium-channel defects in benign familial neonatal-infantile seizures  
Heron et al Lancet, 2002

Benign familial neonatal-infantile seizures: characterization of a new sodium channelopathy  
Berkovic et al, Ann Neurol 2004

13 individuals in 2 families  
Mean seizure onset: 1.9 months  
Mean offset: 3.8 months  
Normal interictal EEG: 6/9 cases  
One seizure recorded: focal onset

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## Benign focal epilepsies

- BFNS and BINS in neonates
- BIS and BFS in infancy
- BECTS and BEOS in childhood
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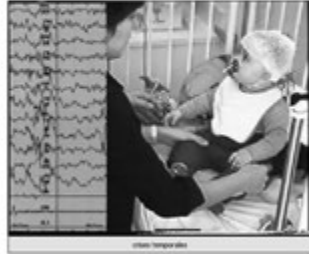
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## Benign familial infantile seizures\* Benign infantile seizures\*

- Normal interictal EEG (including sleep) with normal patterns according to age
- Ictal EEG: focal seizures, mostly temporal or occipital



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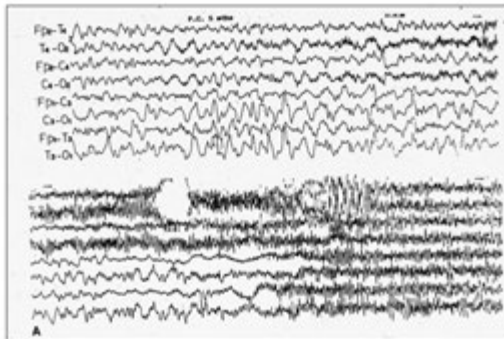
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## Benign familial infantile seizures1.1



Vigevano

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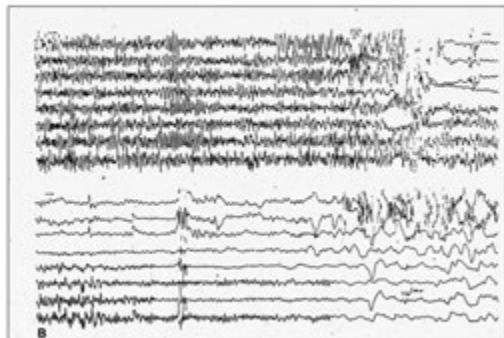
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## Benign familial infantile seizures1.2

Vigevano et al 1992



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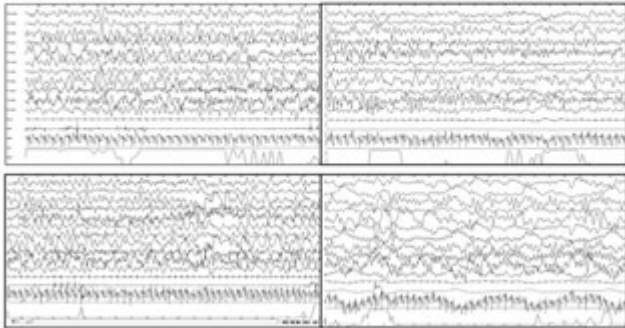
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### Benign infantile seizures



Mohamed 9 mois

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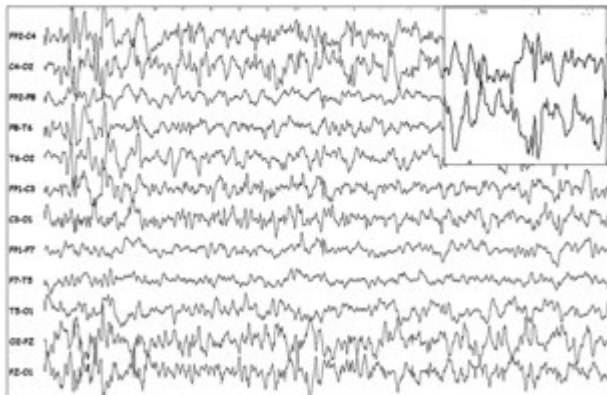
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### Benign focal epilepsy of infancy with rolandic spikes during slow sleep



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### Benign focal epilepsies

- BFNS and BINS in neonates
- BIS and BFS in infancy
- BECTS and BEOS in childhood

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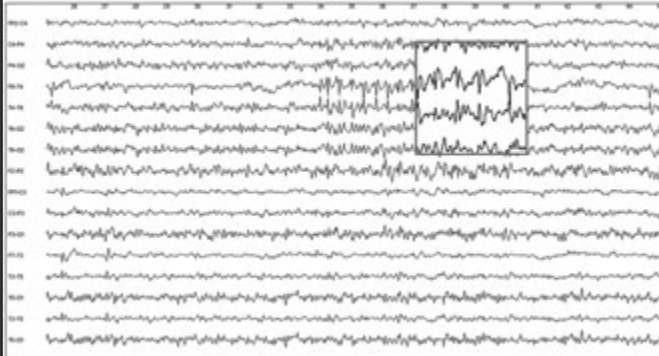
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### ECTS



Pus.. 10 years

SVP

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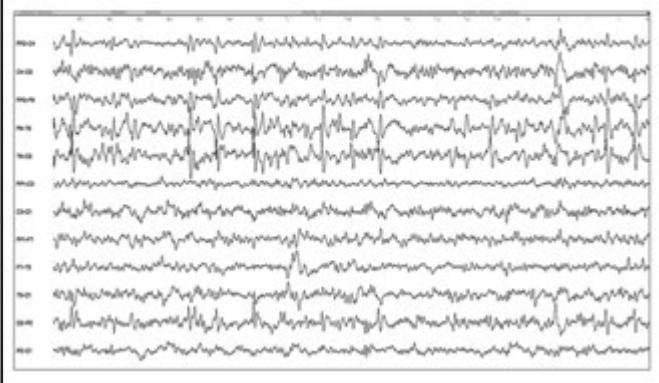
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### ECTS



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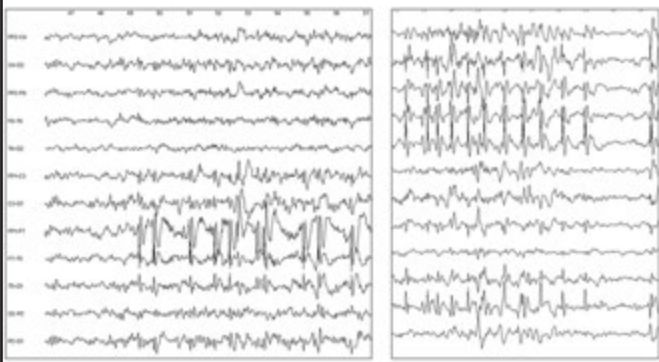
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### EPCT



7 years

10 years

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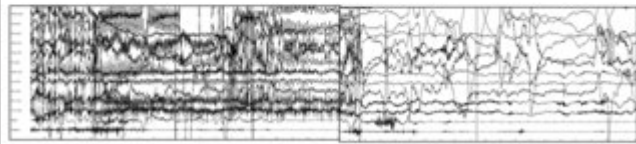
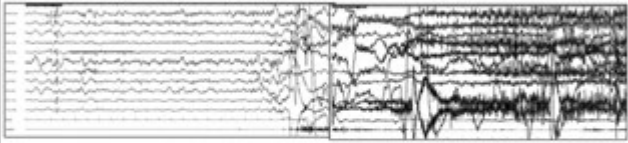
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### BECTS seizure at 7h12



LEV...Lara 10 ans

NEM

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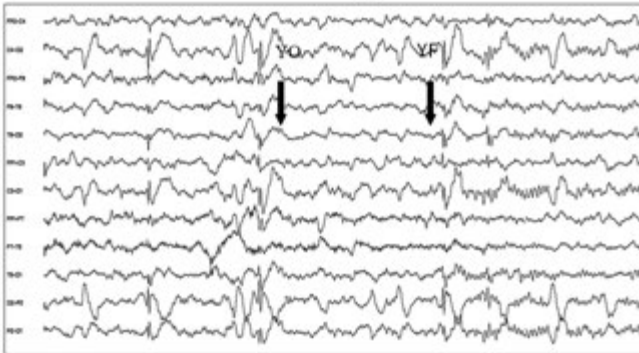
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### Benign occipital epilepsy Gastaut type



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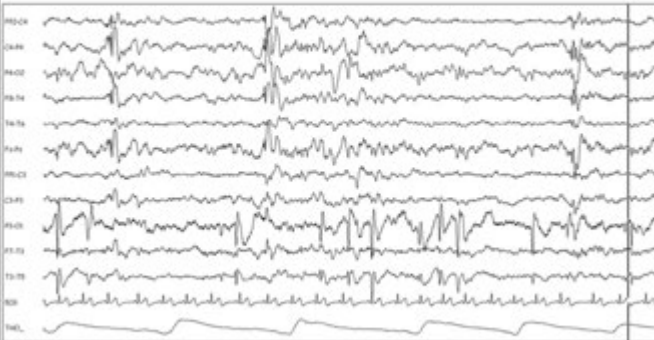
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### Panayiotopoulos syndrome



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## Evolution of EEG patterns

- Epileptic encephalopathies
  - EIEE, EME
  - West syndrome
  - Lennox Gastaut Syndrome
- Benign focal epilepsies
- Symptomatic focal epilepsies

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## Neonatal epilepsy and FCD (Ville et al)

- Epilepsy :
  - 7: focal seizures associated with spasms
  - 5: focal seizures only
  - 1: no precise data
- Early EEG data in 6 children  
*All tracings are asymmetrical, with an interictal lateralized focus of slow waves and spikes*

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## FCD and neonatal epilepsy

- 8: early diagnosis before age of one year  
4: diagnosis > 18 months
- 3 no diagnosis on first MRI
  - 1 no early MRI
  - 1: no result of first MRI

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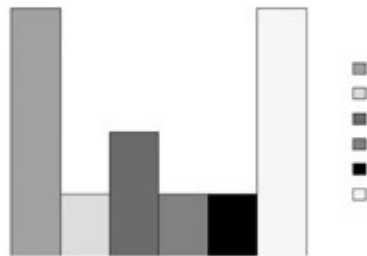
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## Localization of these FCD

n=13



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## Evolution

### Surgery :

- 2 hemispherotomies without seizures
- 4 focal surgery (14 months, 4, 5, 7 years): no one is seizure free

### No surgery:

- 2 without seizure
- 2 in presurgical evaluation
- 2 lost before surgery
- 1 with multiple foci

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## ROY Benjamin

- No familial or personal history
- 1st seizure at 3 months : head deviation to the left, stop moving, redness of the face: no treatment
- 6 months : increase of seizure frequency      Diagnosis: GOR : adéquate treatment
- No change concerning seizures...
- ➔ 11 months : video EEG
  - Diurnal and nocturnal focal seizures
  - Epileptic Spasms
- Right Hemiparesis
- RMI : lefy centro-temporal cortical dysplasia

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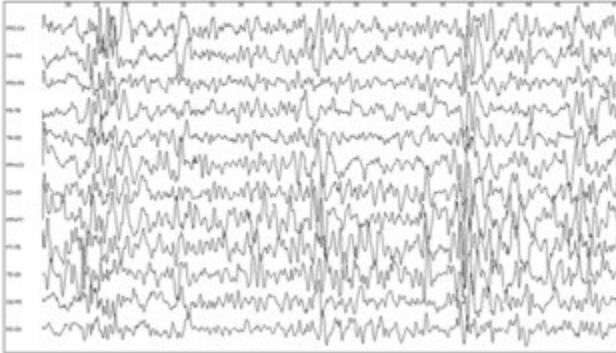
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### Left Central CD Interictal



ROY.. Benjamin 11 m

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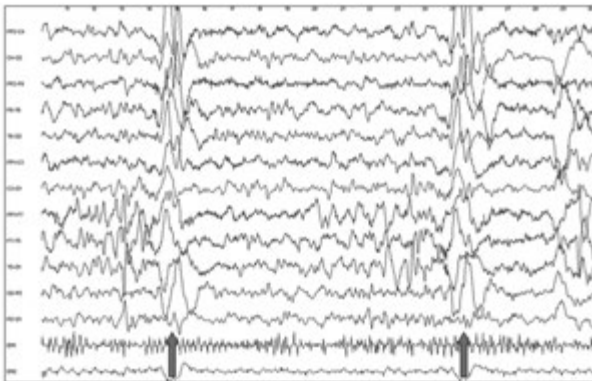
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### Left Central CD Spasms



ROY.. Benjamin 11 m

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### Chloé born 19/09/1999

- Normal birth
- 2 months: focal seizures
  - Head and eyes deviation to the right
  - Clonia of the left hemibody, +/- Left upper limb
  - EEG: nl background activity, right fronto-temporal focus of S and SW
  - VPA, CLB: no change
- CTscan: normal

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## Chloé

- No efficacy of VPA
- Transitory improvement of Sz frequency with CBZ
- At one year (09/2000):  
New type of seizures: eyelids jerks, head and eyes deviation to the right, clonic jerks of right upper limb and head drops in clusters.

EEG: right focus of S and SW + generalized bursts of S and SW.

MRI: normal (1 year)

SVP: left heminegligence; mild retardation; no regression

First video EEG

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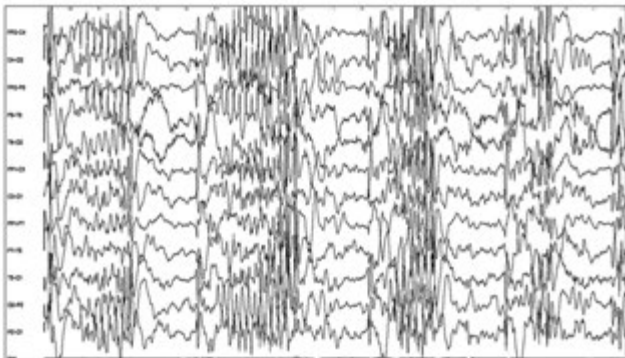
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## Chloé



FAC...Chloé 15 months    eyelids jerks +++    SVP

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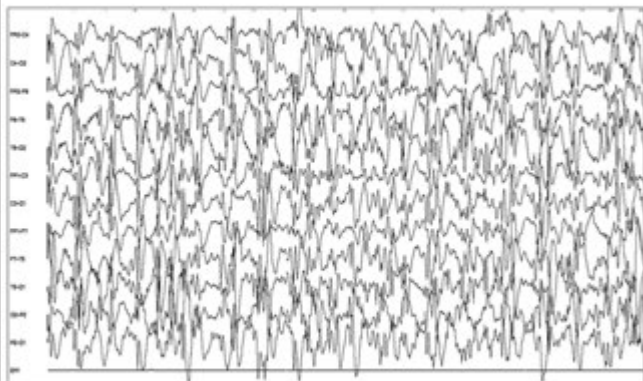
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## Chloé



FAC...Chloé 15 months    sleep    SVP

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## Chloé

- No efficacy of corticosteroids
- EPT is given in association with VPA and CLB
- Then ketogenic diet....

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## Chloé

- New MRI which confirms the diagnosis of right centro-parietal focal cortical dysplasia
- Left heminegligence
- Surgery to be performed

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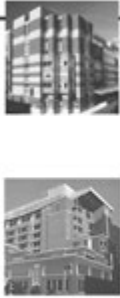
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# COMPLEMENTARY AND ALTERNATIVE THERAPIES IN EPILEPSY


STEVEN SCHACHTER (USA)



**Botanicals and Herbs:  
A Time-Honored Approach to  
Treating Epilepsy**

Steven C. Schachter, M.D.  
Harvard Medical School

5 February, 2010

 BETH ISRAEL DEACONESS  
MEDICAL CENTER  
A member of CAREGROUP

Schachter 2010

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### Why Botanicals?

- Botanicals have a rich history as a source of compounds for therapeutic use
- Substantial number of prescription drugs contain natural product derivatives
- Latest example – Razadyne (Ortho-McNeil)
  - ◆ Galantamine (*Galanthus nivalis*; Common snowdrop)
  - ◆ Possibly the herb “moly” in Homer’s Odyssey



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### Why Botanicals?

- A large number of Asian, African and South American herbs have been historically used singly and in combinations to treat seizures
- A number of herbal medicines have been shown to have mechanisms of action that are relevant to epilepsy
- Systematic study of botanicals as sources for new epilepsy therapies appears promising

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## East Asian Literature: Herbs for Epilepsy

### • Search strategy

- ◆ A literature search was carried out using PubMed, Embase, PsychInfo, AltHealth (from inception to March 2005), the Chinese Medicine Database, the Korean Medical Database, and the Korean Drug Research Information Center. Bibliographies of initially identified articles were also checked.
- ◆ All clinical studies, including case reports, that reported the results of treating epilepsy with herbal formulas were included.

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## East Asian Literature: Herbs for Epilepsy

- 71 studies in the East Asian medical literature report clinical effects of herbs for epilepsy, including:
  - 3 randomized controlled trials
  - 5 non-randomized controlled trials
  - 6 case control studies
  - 57 observational studies, including case reports
- Over 135 different herbs were used singly or in combination formulas

Park and Schachter, in preparation

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## East Asian Literature: Herbs for Epilepsy

- The ten most frequently used herbs were *Pinella ternate* (Ban Xia), *Arisaema japonicum* (Tian Nan Xing), *Acorus calamus* (Shi Chang Pu), *Gastrodia elata* (Tian Ma), *Buthus martensii* (Quan Xie), *Poria cocos* (Fu Ling), *Bombyx bartriticatus* (Jiang Qiang), *Citrus reticulata* (Chen Pi), *Uncaria rhynchophylla* (Gou Teng), *Glycyrrhiza glabra* (Gan Cao) and *Salviae miltiorrhizae* (Dan Shen).

Park and Schachter, in preparation

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Harvard Epilepsy Botanical Program

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Harvard Epilepsy Botanical Program

- Global team
  - ◆ Herbal experts
  - ◆ Natural product chemists
  - ◆ Neuroscientists with expertise in testing natural products
  - ◆ Animal experimentalists

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Global Collaborators

- Collaborations with herbal experts at:
  - ◆ Chinese University of Hong Kong
  - ◆ Keio University (Tokyo)
  - ◆ Kyung Hee University (South Korea)
  - ◆ Tzu Chi University (Taiwan)
  - ◆ University of Chile
  - ◆ University Hospital of Dakar (Senegal)

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## The Process. Step 1: Identify

- Methods for selecting botanicals (use in epilepsy, relevant mechanism of action)
  - ◆ Review of TCM textbooks
  - ◆ Opinion of herbal medicine experts
  - ◆ Original literature (eg, Chinese, Japanese)
  - ◆ English literature

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## The Process. Step 2: Acquisition

- Acquisition of herbal medicine extracts (water based, methanol based, etc)
  - ◆ Herbal experts in the field
- Authentication
  - ◆ Analytic laboratories
  - ◆ Methods range from visual inspection to DNA fingerprinting

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## Harvard Epilepsy Botanical Program

- Goals
  - ◆ Find herbal medicine extracts with promising activity in animal epilepsy models (ASP of the NINDS) and in vitro assays relevant to epilepsy
  - ◆ Isolate compounds from these extracts and then retest them in the same models and assays

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## Harvard Epilepsy Botanical Program

### • Goals

- ◆ Conduct the necessary pre-clinical studies and then proceed to early stage clinical studies
- ◆ Partner to develop and commercialize the compounds and extracts as FDA-approved products for epilepsy

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## Results to date

- 40 herbal extracts and pure compounds derived from herbal extracts have been tested in animal epilepsy models through the ASP
  - ◆ 70% showed anticonvulsant activity in a variety of models, several with wide therapeutic windows and several that inhibit glutamate-mediated neuronal death
  - ◆ Lead compound is Huperzine A, which is ready for clinical testing; other compounds undergoing further pre-clinical testing

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## Results to date: example

- An herbal extract was found by ASP to be effective and non-toxic in vitro
- 4 pure compounds (> 300 mg each) were isolated from ~ 5 kg of this herbal extract
  - ◆ 1 compound is active in mouse ScMET model given i.p. at a non-toxic dose (ASP), and is active in the formalin pain model (ASP)
  - ◆ All 4 compounds inhibit NMDA-mediated neuronal death (Sucher lab, HMS)

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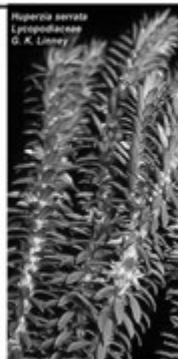
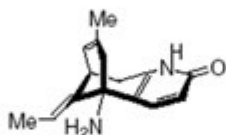
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## Huperzine A



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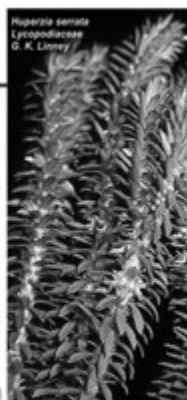
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## Origin of Huperzine

- *Huperzine serrata* (Chinese Club Moss), also known as Qian Ceng Ta "thousand-laid pagodas"
- Whole herb traditionally used for fever, swelling, inflammation and schizophrenia

Liu, Can J Chem 1986



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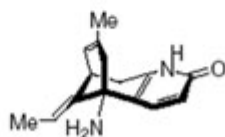
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## Chemistry

- (-)-Huperzine A first isolated from *Huperzia serrata* in 1986; average content of Huperzine A by weight is 0.011%
- Sesquiterpene Lycopodium alkaloid
- [5*R*-(5*a*,9*b*,11*E*)]-5-amino-11-ethylidene-5,6,9,10-tetrahydro-7-methyl-5,9-methanocycloocta [b] pyridin-2(1*H*)-one.
- C<sub>15</sub>H<sub>18</sub>N<sub>2</sub>O
- MW 242.32 g/mol



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## Mechanisms of Action: NMDA

- Non-competitive antagonist of NMDA receptor
- Likely acts at or near the PCP and MK-801 ligand sites
- No evidence of histopathological changes in experimental animals or psychotomimetic side effects in humans

Gordon, J Appl Toxicol 2001; Zhang, Neurosci Lett 2000; Zhang, Neurosci 2001

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## Mechanisms of Action: ACh

- Specific, reversible inhibitor of acetylcholinesterase
- Comparable potency to
  - ◆ Physostigmine
  - ◆ Galantamine
  - ◆ Donepezil
  - ◆ Tacrine
- Basis for its use in Alzheimer's disease and myasthenia gravis

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## Animal Studies: Epilepsy (ASP: ADD 357133)

- Active against:
  - ◆ rat MES (i.p. and oral)
  - ◆ rat ScMET (i.p. and oral)
  - ◆ mouse MES (i.p.)
  - ◆ mouse ScMET (i.p.)

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## 6-Hz Mouse Model

- ED<sub>50</sub> values (i.p.)
  - ◆ 0.28 mg/kg for 22 mA
  - ◆ 0.34 mg/kg for 32 mA
  - ◆ 0.78 mg/kg for 44 mA
- All below TD<sub>50</sub> of 0.83 mg/kg i.p.

Presented at 2006 AES meeting. ASP: ADD 357133

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## AEDs and the 6-Hz Model

Data courtesy of Steve White

AED	ED <sub>50</sub> (mg/kg, i.p.)		
	22 mA	32 mA	44 mA
Phenytoin	9.4	>60	>60
Lamotrigine	4.4	>60	>60
Ethosuximide	86.9	167	>600
Levetiracetam	4.6	19.4	1089
Valproic acid	41.5	126	310
<u>Huperzine</u>	<u>0.28</u> (0.16 – 0.48)	<u>0.34</u> (0.28 – 0.40)	<u>0.78 (0.56–1.01)</u> Schachter 2010

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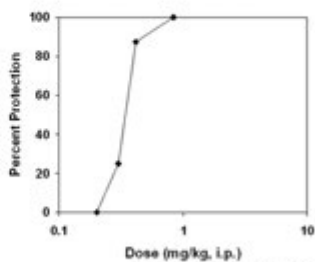
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## 6-Hz Mouse Model (32 mA)

Huperzine A displays dose-dependent protection against 6-Hz seizures for 32 mA.

ED<sub>50</sub> (95% confidence interval) 0.34 (0.28 – 0.40) mg/kg, i.p.



ASP: ADD 357133

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## Animal Studies: Pain (ASP: ADD 357133)

- Mouse formalin model of pain
  - ◆ 1 mg/kg i.p.: complete elimination of paw licking at all time points (0 – 40 minutes) in all huperzine-treated mice (n=8)
  - ◆ 0.5 mg/kg i.p.: complete elimination of paw licking in all animals except first time point in several animals, no behavioral toxicity
- Sciatic ligation model - effective without toxicity

Presented at 2006 AES meeting. ASP: ADD 357133

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## Initially Planned Huperzine Clinical Study in Epilepsy

- Phase IIA proof-of-principle study; Investigator IND
  - ◆ Safety, tolerability and early stage pharmacokinetics
  - ◆ Doses up to 200 µg QID (0.8 mg/day) as add-on, open-label therapy in patients with medically-refractory partial seizures with or without other seizure types (same dose as NIH AD study)
  - ◆ Provide preliminary data on efficacy and its effects on mood and memory function

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## Every Culture Has An Herbal Medicine Tradition

- Brazilian herbs anecdotally said to be beneficial for epilepsy include
  - ◆ Passionflower (Maracujá)
    - Chrysin (5,7-di-OH-flavone), an ingredient in *Passiflora coerulea* L., is a competitive ligand for benzodiazepine receptors. ICV administration to mice blocks PTZ-induced tonic-clonic seizures (Medina et al, 1990, *Biochem Pharmacol*).
  - ◆ Tayuya root
    - Has anti-inflammatory effects in the laboratory

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## Thank you!

For further information and  
collaboration inquiries, contact:  
Steven Schachter, MD  
sschacht@bidmc.harvard.edu

Join the AES Botanical Special Interest Group

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## Acknowledgments

### NINDS Anticonvulsant Screening Program

- Steve White, Lauren Murphree, Jim Stables

### Harvard Epilepsy Botanical Program

- Epilepsy Therapy Project
- Epilepsy Research Foundation
- American Epilepsy Society
- Nikolaus Sucher, N. Baek, Jongbae Park

Mother Nature

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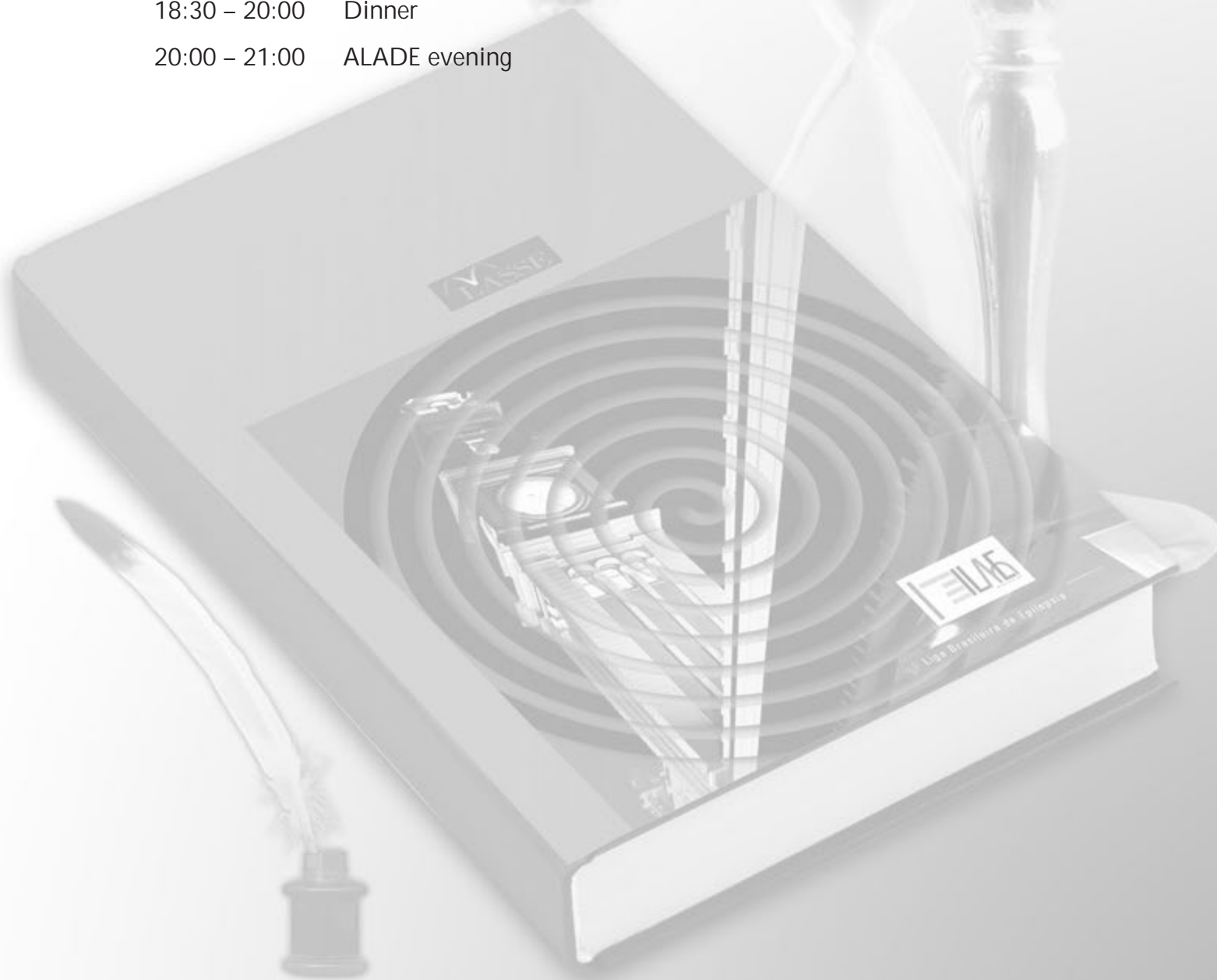
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# PROGRAMA – 06.02.2010

- 08:30 – 09:30 Epileptic encephalopathies through age – Perrine Plouin (France)
- 09:30 – 10:30 Hormonal cycles and epilepsy – A. Herzog (USA)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Ultradian rhythms and disorders of reproduction in women with epilepsy – A. Herzog (USA)
- 12:00 – 14:00 Lunch
- 14:00 – 18:00 Free for group discussion
- 18:30 – 20:00 Dinner
- 20:00 – 21:00 ALADE evening



# EPILEPTIC ENCEPHALOPATHIES THROUGH AGE

PERRINE PLOUIN (FRANCE)

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## Epileptic Encephalopathies

Perrine Plouin  
Hopital Necker Enfants Malades  
Paris France

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## . Epileptic encephalopathy.

- The concept of epileptic encephalopathy embodies the notion that the epileptic activity itself may contribute to severe cognitive and behavioral impairments above and beyond what might be expected from the underlying pathology (e.g. cortical malformation) alone, and that these can worsen over time.
- Inherent in this concept is the idea that by suppressing or preventing the epileptic activity, one may improve the cognitive and behavioral outlook of the disorder. In the developing brain, this concept has led to the hope that rapid effective intervention should and can be used before the abnormal epileptic activity interferes irrevocably with normal processes of brain development.

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## Epileptic encephalopathy

- The term "epileptic encephalopathy" can be used to characterize syndromes as well as be applied to individuals. As a *domain for clustering and describing syndromes*, an **epileptic encephalopathy is an electro-clinical syndrome associated with a very high probability that the individual will develop encephalopathic features that present or worsen after the onset of epilepsy.**
- The best known and most common of these are West, Lennox-Gastaut, Dravet, Landau-Kleffner-CSWS, and Doose syndromes.

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## Epileptic encephalopathy

- "Epileptic encephalopathy" should be viewed as a concept and a description of what is observed clinically with the recognition that, we are rapidly approaching a clearer understanding of the effects of seizures on brain function and their potential for lasting deleterious impact in the developing brain.
- At the same time, however, we must recognize that the source of an apparent encephalopathy is usually unknown. It may be the product of the underlying cause, the result of epileptic activity, or a combination of both.

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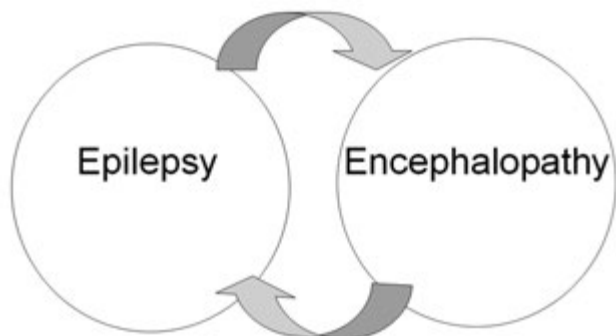
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## . Epileptic encephalopathy.



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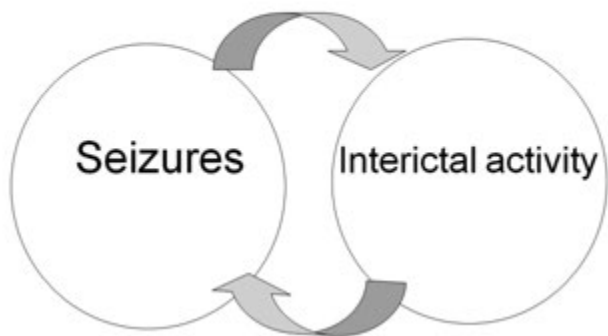
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## . Epileptic encephalopathy.



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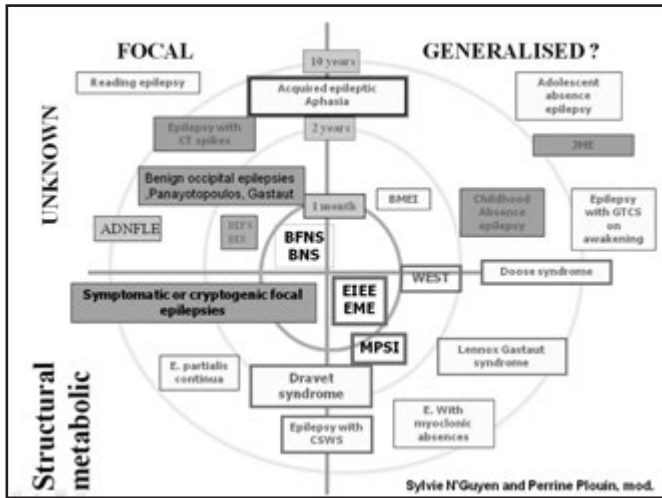
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### Epileptic encephalopathies

- EME, Ohtahara syndrome
- MPSI
- West syndrome
- Dravet syndrome
- Lennox Gastaut syndrome
- Epilepsies with CSWSS

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### . Epileptic encephalopathy.

- According to age, EEG interictal patterns are different from neonates to childhood
  - Neonates: Suppression burst tracing
  - Infancy: Hypsarhythmia
  - Childhood: Slow SW and tonic seizures, CSWS
- Although seizures may have or not the same electro-clinical presentation

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## Epileptic Encephalopathies in Neonates

- Ohtahara syndrome: EIEE
- Early Myoclonic Encephalopathy
  
- Migrating partial seizures in Infancy
  
- Incidence ???

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## Early Infantile Encephalopathy with Epilepsy: EIEE Ohtahara et al 1976

- Epileptic Spasms, , tonic spasms, focal seizures
- Onset from D1, up to 2 or 3 months
- Abnormal neurological examination
- Suppression-Bursts EEG pattern
- Abnormal findings on Neuro radiology
- No familial history

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## Suppression-Burst pattern

- Suppression-burst pattern was first described in animals, then in post anoxic adult patients;
- In neonates with Anoxo ischemic encephalopathy this pattern may be present but in a transitory way, evolving to a more normal EEG or to a flat EEG.
- In France we use "tracé paroxystique" in these cases and SB only for epilepsy syndromes
- In the US burst suppression is used to reflect the EEG of severe hypoxia and trace paroxystique for te epileptic syndrome

(Glossary of neonatal EEG, Neurophysiol. Clin,2000)

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## EIEE: etiology

Malformations, are often found:

- Porencephaly,
- Aicardi syndrome
- cerebral dysgenesis
- olivary-dentate dysplasia
- hemimegalencephaly
- linear sebaceous nevus
- Leigh's encephalopathy
- subacute diffuse encephalopathy
- A few cryptogenic cases have also been reported

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## EIEE: outcome

- 1982-2004: more than 100 reported cases
- Among 61 cases in 7 series:
  - 23 deaths < age of one year (38%)
  - Severe sequelae among others: severe epilepsy (spasms), hypsarhythmia and mental retardation
- Four children underwent surgery: 2 FCD and 2 hemimegalencephaly with a dramatic improvement on sz

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## Early Myoclonic Encephalopathy

Aicardi and Goutieres 1978

- Massive myoclonic sz, erratic myoclonia, focal seizures
- Onset before D28
- Abnormal neurological exam
- Suppression Burst EEG pattern
- Normal work up
- Possible familial history
- Treatment selection?

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## EME

SB may be "extreme" with very short paroxysmal bursts and very long periods of suppression.

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## EME

- In EME, the most striking feature is the frequency of familial cases: 4 of 12 families in the series of Aicardi and 2 of 8 families in the series of Dalla Bernardina et al.. This fact suggests that an inborn error of metabolism is most likely.
- Nonketotic hyperglycinemia, propionic aciduria and d-glycine acidemia have been reported, but there are many cases with unknown causes.
- It is considered that neither clinical nor neuroimaging findings disclose obvious brain damage before the onset of EME.

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## EME: outcome

- 50% of death before the age of 2 years was already reported in the first publication, with no normal outcome in the other 50%
- Since 1990 20 cases have been reported, half of them died before the age of one year

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## Migrating Partial Seizures in Infancy

- seizure onset in the first year of life
- mean age at first seizure: 3.3 months
- continuous multifocal seizures involving both hemispheres
- no etiology
- normal brain imaging at onset
- intractability to conventional AED

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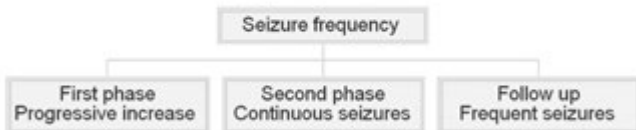
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## Migrating Partial Seizures in Infancy



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## MPSI: ictal clinical manifestations

- lateral deviation of the head and eyes
- lateral eye jerks, fixed sight, eyelids jerks
- hypertonia and/or clonic jerks of one or more limbs
- chewing movements, apnea, flushing
- secondary generalization
- Seizures usually last for 1-4 minutes, sometimes longer

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### Ictal characteristics

- Good clinical/EEG correlation according to topography of the discharge
- Very complex combination of simultaneous partial seizures
- Without video/EEG, seizures are often overlooked
- Seizures can affect a single hemisphere for several months

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### Interictal EEG

- Slow background
- Often asymmetrical
- Rare multifocal spikes
- Rare spindles in sleep

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### Interictal neurological condition

- Somnolent and drooling
- Unable to drink or swallow
- Ocular tracking fluctuant depending on seizures
- Hypoptonia turning to athetotic movements
- Progressive microcephaly

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## Long-term course

- Effects of :
  - Bromides ?
  - Stiripentol ?
- For some patients, seizures tend to become less severe by the second or third year
- Death at the end of infancy or the end of the first decade

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## Etiology

One case with Ito syndrome. In most instances :

- Neuroradiology negative
- Electroretinography negative
- EMG and conduction velocity negative
- Biochemistry negative
- Skin biopsy negative
- Neuropathology : only post-ictal abnormalities

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## West Syndrome

- West syndrome :
  - infantile spasms
  - Hypsarrhythmia
  - Lack of development or regression
  
- infantile spasms with a spike focus
- partial epilepsy +/- hypsarrhythmia

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## Hypsarrhythmia

- random high voltage slow waves and spikes. These spikes vary from moment to moment, both in duration and location... The abnormality is almost continuous, and in most cases it shows as clearly in the waking as in the sleeping record.
- It is referred as hypsarrhythmia (Gibbs and Gibbs, 1952)

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## Hypsarrhythmia

- if associated with epileptic spasms and eventually focal seizures
- and with a psycho motor regression
  - West Syndrome or Infantile Spasms

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## Hypsarrhythmia atypical or modified

- Gastaut et al. 1970
  - fragmented awake
  - excessive slowing
  - rapid activity
  - asymmetrical
  - with a focus
- Hrachovy et al. 1984
  - with increased interhemispheric synchronization
  - asymmetrical
  - a consistent focus
  - volt. attenuation
  - with high voltage slow activity

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## Hypsarrhythmia variations

- functional origin
  - states of wakefulness and sleep
  - age
- structural origin
  - metabolic diseases
  - brain malformation
  - clastic forms
  - cryptogenic and idiopathic cases

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## West syndrome

- Deleterious effect of phenobarbital and clobazepam (if necessary, EEG follow-up +++)
- Early identification of situations at risk (tuberous sclerosis, focal cortical dysplasia, uni- or multifocale, or diffuse lesions)
- Prophylaxis in various etiologies (tuberous sclerosis) ?

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## Dravet Syndrome

- Onset < one year in all cases
- Febrile convulsive seizure either generalized or unilateral
- Recurrence of seizures with or without fever
- Diurnal then nocturnal convulsive seizures
- Worsening of neurological state
  
- After 18 months generalized myoclonias
- Risk of myoclonic status epilepticus

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## Dravet Syndrome

### EEG

normal at onset then slowing of background activity  
 Generalized spike and waves or polyspikes synchronous to myoclonic jerks  
 Bursts of rhythmic spike and waves with atypical absences

### Evolution

Valproate de sodium-Clobazam-stiripentol  
 topiramate

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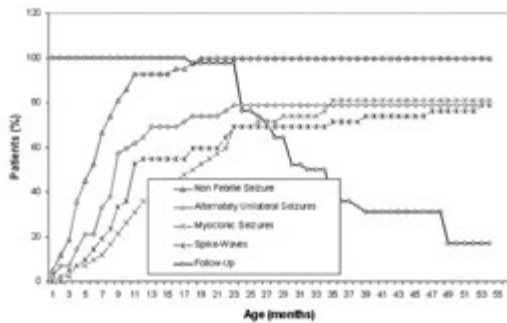
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## Dravet Syndrome

Figure 1 - Severe Myoclonic Epilepsy in Infancy : cumulative age of onset of various items




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## SME : Neuropsychological Data

Follow up (N=13)

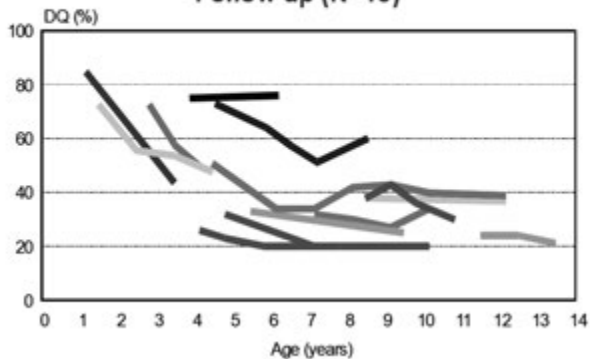


Figure 2

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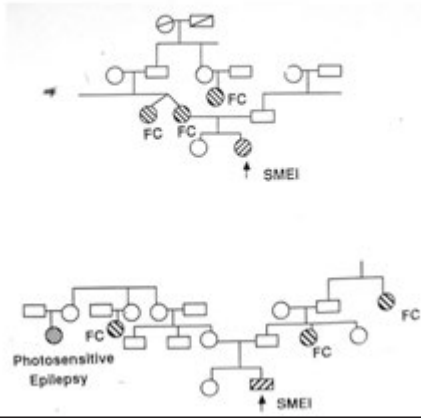
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## Dravet syndrome familial history




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## Mutation of SCN1A gene in Dravet syndrome

Sensibility? major gene of SD (70% of patients)  
 Spécificity? Mutation SCN1A in GEFS+ ...  
 Diagnosis? One « plus » to clinical presentation at onset of the disease

Genetic advice? (cas transmis, mosaïque)  
 Prognosis Non correlated to severity  
 Negative Patients?

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## Mutation of gene SCN1A in Dravet syndrome

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## Lennox-Gastaut Syndrome (I)

- Onset: 1 to 8 years
- Main seizure types: tonic, atypical absences, chutes
- More rare seizures: focal, myoclonic, generalized tonic clonic
- EEG : generalized slow spike and waves +/- a focus of spikes
- Frequent episodes of status epilepticus

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## Syndrôme de Lennox-Gastaut (II)

### Pharmacoresistance

- Variable aetiology :
  - Malformative , including double cortex
  - Post natal brain lesion
  - Unknown
- May be preceded by west syndrome or focal epilepsy

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## ESES CSWS POCS

- ESES: Electrical Status Epilepticus during Slow Sleep. Patry, Tassinari 1971
- 6 children with more than 85% of TST with continuous SW in nonREM Sleep, this activity disappearing in REM sleep
- Mental retardation, major cognitive troubles
- Seizures of different types, focal or generalized, excluding tonic seizures
- Remission: spontaneous, or following the « treatment » of the EEG abnormalities
- Persistence of cognitive dysfunction

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Continuous Spike and Waves during Slow Sleep



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**CSWSS**

- In fact in the definition of ESES SW were « sub continuous » (>85%) but not continuous
- Spike and Waves does not mean Spikes and this is not clear where the border is between these two situations
- Non REM sleep is always concerned , REM sleep may also be involved as well as wakeness (in french: POCV)
- The amount of SW is not constant through the different cycles during night

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**CSWSS**

- The main problem is that SW are rarely truly generalized, they can be unilateal, and even focal

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Continuous Spike and Waves during Slow Sleep

Non symptomatic Focal epilepsies

The diagram consists of two dark grey ovals. The top oval is smaller and labeled 'Temp'. The bottom oval is larger and labeled 'SW > 85% TST'. The top oval is positioned as if it is about to fall into or is resting on the larger bottom oval.

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### Landau Kleffner Syndrome , 1957

- Acquired Aphasia Epilepsy : 248 reported cases
- Progressive Aphasia between 5 et 7 years
- Hyperkinesy and disturbances of the personnalinity
- Seizures in 70 à 80 % of cases (1 only seizure in 30% of cases)
- Temporal Spikes and Spike and waves (50% des cas) in wakeness
- Sleep Activation +++
- Treatment: Benzo, corticotherapy, sub pial transection

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### Landau Kleffner Syndrome

- Sleep activation leading to CSWSS, has often been reported, and even an increase of SW during REM sleep
- In these cases regression of cognitive performance and behaviour is major and sequellaae are more important

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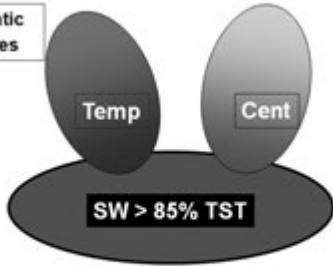
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### Continuous Spike and Waves during Slow Sleep

Non symptomatic  
Focal epilepsies



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### CSWSS and central focus

- Atypical benign partial Epilepsy (ABPE)
  - Motor seizures
  - Atonic fits, atypical absences
  - Focal centro temporal spikes +/- CSWSS
- Epilepsy and mental outcome are favourable

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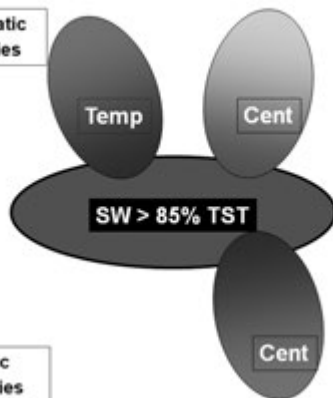
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### Continuous Spike and Waves during Slow Sleep

Non symptomatic  
Focal epilepsies



Symptomatic  
Focal epilepsies

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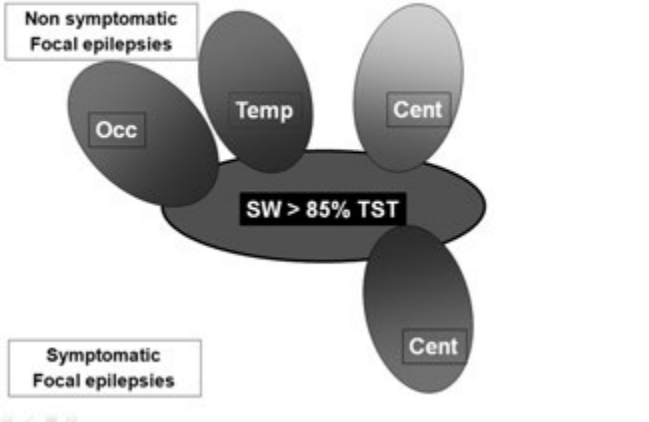
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Continuous Spike and Waves during Slow Sleep



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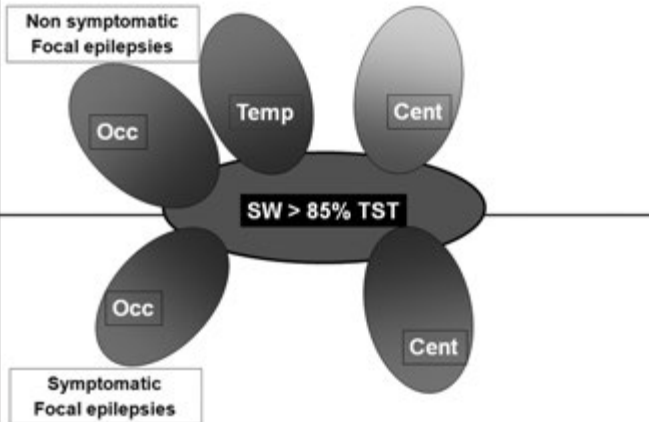
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Continuous Spike and Waves during Slow Sleep



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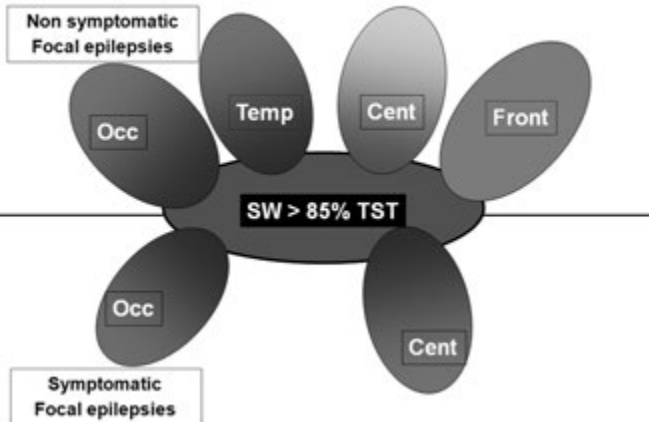
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Continuous Spike and Waves during Slow Sleep



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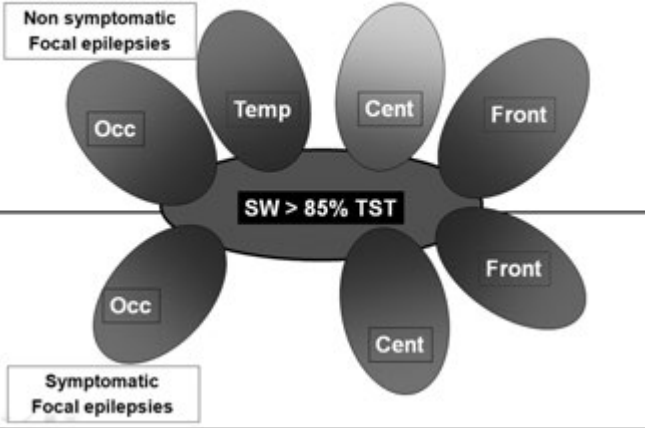
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Continuous Spike and Waves during Slow Sleep



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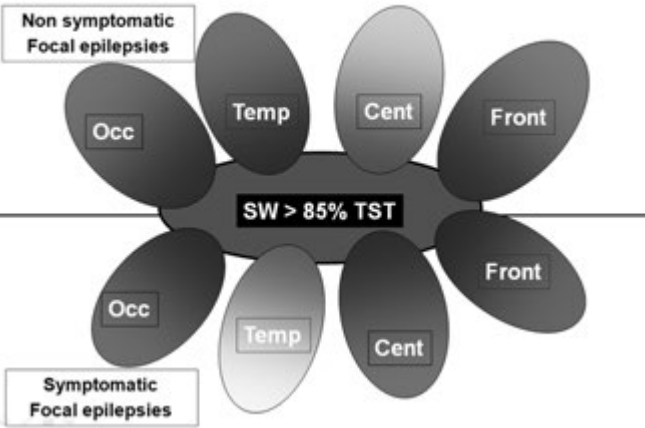
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Continuous Spike and Waves during Slow Sleep



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CSWSS and neuropsychological troubles

- Strict association in time between CSWSS and neuropsychological degradation
- Clear parallelism between duration of CSWSS and final neuropsychological outcome
- Strict association between the neuropsychological pattern and the focus localization

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# HORMONAL CYCLES AND EPILEPSY

## A. HERZOG (USA)

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### Hormonal Cycles and Catamenial Epilepsy

Andrew G. Herzog M.D., M.Sc.  
Harvard Neuroendocrine Unit  
Beth Israel Deaconess Medical Center  
Boston, Massachusetts, USA

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### Catamenial Epilepsy

- ◆ What is it?
- ◆ What causes it?
- ◆ What proportion of women have it?
- ◆ How do you treat it?

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### Background

- ◆ Seizures do not occur randomly in the majority of men and women with epilepsy (Tauboll 1991)
- ◆ Seizures cluster (Almqvist 1955; Tauboll 1991; Fowler 2006)
- ◆ Seizure clusters show temporal periodicity in 29% of men and 35% of women with epilepsy (Almqvist 1955)
- ◆ Periodicity in women may conform to the menstrual cycle (catamenial epilepsy) (Gowers 1884; Laidlaw 1956; Herzog 1997; Herzog 2004)

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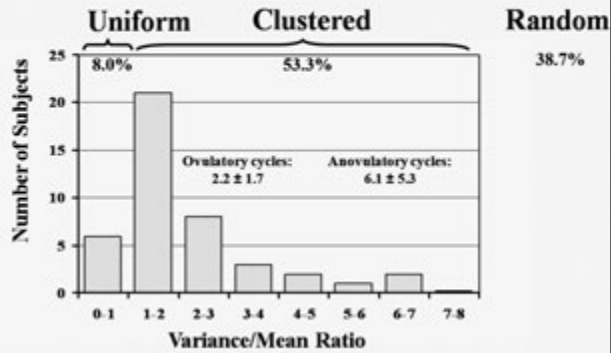
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### Distribution of Seizures Among 75 Women with Epilepsy



Fowler K et al. Epilepsia 2006;47:1.

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### Seizure Chart

Dec - '86	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Cycle Day	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
Seizures					H		H		H							H,C

Dec - '86	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1
Cycle Day	20	21	22	23	24	25	26	27	28	29	30	31	32	1	2	3
Seizures													H	C	H	C,H,C

H - hearing  
T - twitching  
C - loss of consciousness

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### Distribution of Seizures During the Menstrual Cycle

- ◆ 100 women with localization-related epilepsy
- ◆ Each participated for three cycles
- ◆ Complete data collected for 292 of 300 cycles
- ◆ Pair-wise multiple comparisons of menstrual cycle days for
  - 1) average daily seizure frequency (ADSF)
  - 2) seizure occurrence

Fowler KM et al. Epilepsia 2005;46:341-2

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### Distribution of Seizures During the Menstrual Cycle For 292 Cycles in 100 Women

	Average Daily Seizure Frequency	Proportion of Cycles with Seizure Occurrence
Day 1	.68	.33
Day -8	.30	.17

Fowler KM et al. Epilepsia 2005;46:341-2

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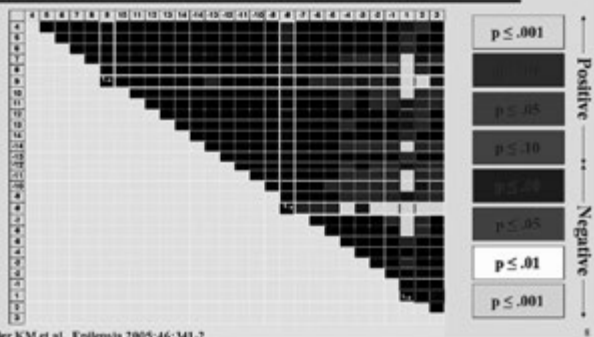
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### Pair-wise comparisons of seizure numbers (ADSF) on the various days of the cycle for 292 cycles



Fowler KM et al. Epilepsia 2005;46:341-2

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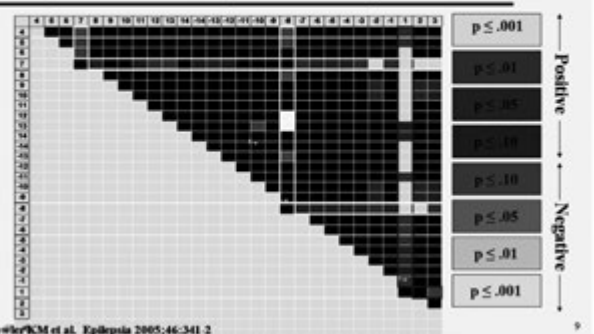
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### Pair-wise comparisons of days with seizures during the menstrual cycle for 292 cycles



Fowler KM et al. Epilepsia 2005;46:341-2

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## Basis of Catamenial Epilepsy

- ❖ Reproductive steroids have neuroactive properties
- ❖ Neuroactive steroid serum levels vary during the menstrual cycle
- ❖ There are hormonally sensitive brain substrates

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## Basis of Catamenial Epilepsy

- ❖ *Reproductive steroids have neuroactive properties*
- ❖ Neuroactive steroid concentrations in the serum vary during the menstrual cycle
- ❖ There are hormonally sensitive brain substrates

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## Neuroactive Steroids & Neurosteroids

- ❖ Neuroactive Steroids:
  - steroids capable of modifying neural activity
- ❖ Neurosteroids:
  - steroids synthesized in the brain (Baulieu 1981)
  - formed from precursors mostly by glia
  - bind & modulate membrane receptors that regulate ion channels as well as intracellular receptors that regulate gene expression

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## Neuroactive Properties of Reproductive Steroids

### Scientific Evidence

- ❖ Molecular biological
- ❖ Neuronal
- ❖ Animal experimental
- ❖ Clinical

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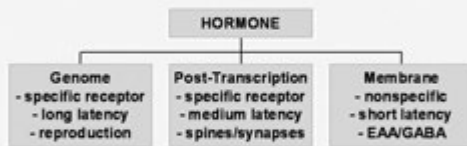
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## Mechanisms of Hormone Action



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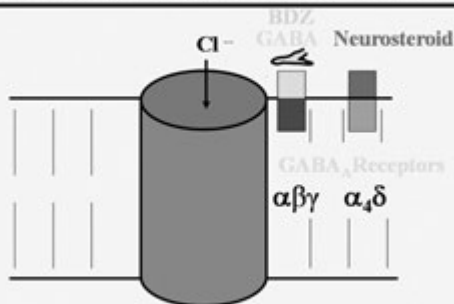
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## Mechanisms of Neurosteroid Action



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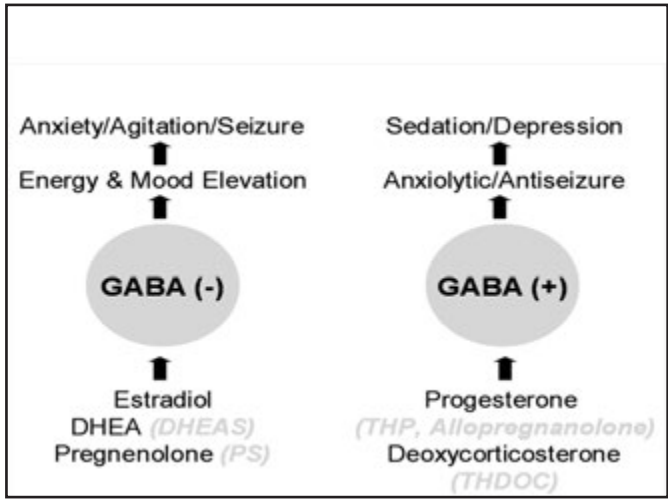
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### Reproductive Steroid Effects on Epilepsy

<ul style="list-style-type: none"> <li>◇ <b>Estrogen:</b></li> <li>↓ GABA</li> <li>↑ Glutamate</li> <li>↑ metabolism</li> <li>↑ cell firing</li> <li>↑ kindling</li> <li>↑ seizures</li> </ul>	<ul style="list-style-type: none"> <li>◇ <b>Progesterone:</b></li> <li>↑ GABA</li> <li>↓ Glutamate</li> <li>↓ metabolism</li> <li>↓ cell firing</li> <li>↓ kindling</li> <li>↓ seizures</li> </ul>
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### Clinical

- ◇ **Physiological**
  - catamenial seizure exacerbation (Laidlaw 1956; Herzog 1997)
  - seizure frequency correlates with E2/P (Backstrom 1976)
- ◇ **Pathological**
  - anovulatory cycles are associated with more seizures (Backstrom 1976; Mattson 1981; Herzog 1997; Herzog 2006)
- ◇ **Pharmacological**
  - estrogen facilitates seizures (Logothetis 1959)
  - progesterone retards seizures (Backstrom 1984, Herzog 1995)

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## Basis of Catamenial Epilepsy

- ❖ Reproductive steroids have neuroactive properties
- ❖ *Neuroactive steroid serum concentrations vary during the menstrual cycle*
- ❖ **There are hormonally sensitive brain substrates**

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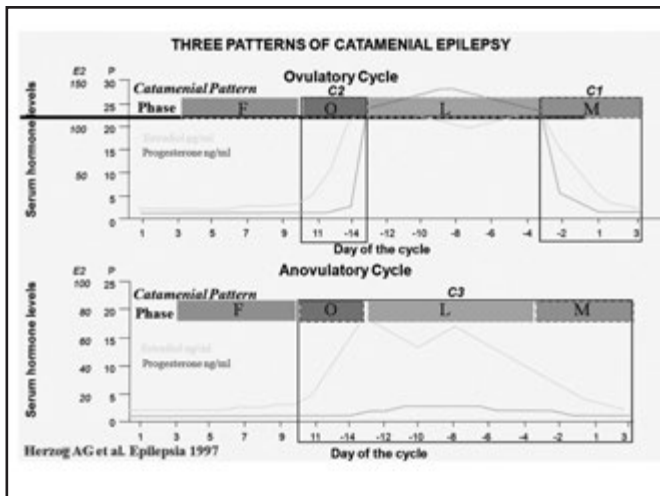
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## Three Patterns of Catamenial Epilepsy

### Neuroactive Steroid Based Hypothesis

- ❖ **Menstrual (Day -3 to 3)**
- ❖ **Midcycle (Day 10 to -13)**
- ❖ **Luteal (ILP) (Day 10 to 3)**

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## Method

- ◆ 184 women aged 18-45
- ◆ with localization-related epilepsy
- ◆ 23-35 day cycle intervals
- ◆ seizure and menstrual chart for 1 cycle
- ◆ day 22 serum progesterone ( $N \geq 5$  ng/ml)
- ◆ comparison of average daily seizure frequency among phases of cycle separately for normal and ILP cycles (Newman-Keuls)

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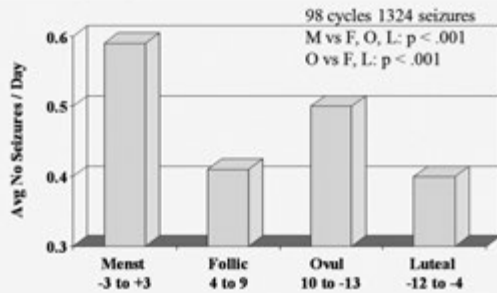
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## Ovulatory Cycles



Herzog AG, Klein P, Ransil BJ. Epilepsia 1997; 38:1082-88

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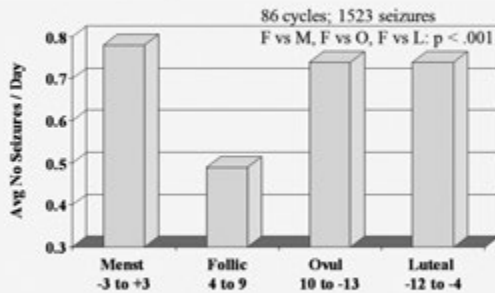
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## Anovulatory Cycles



Herzog AG, Klein P, Ransil BJ. Epilepsia 1997; 38:1082-88.

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## Catamenial Categorization Formulas

*Day 22 Progesterone level  $\geq 5$  ng/ml*

C1 - Avg daily sz freq ratio:  $(-3 \text{ to } +3)/[(-12 \text{ to } -4) + (+4 \text{ to } +9)] \geq 1.69$

C2 - Avg daily sz freq days:  $(+10 \text{ to } -13)/[(-12 \text{ to } -4) + (+4 \text{ to } +9)] \geq 1.83$

*Day 22 Progesterone level  $< 5$  ng/ml*

C3 - Avg daily sz freq days:  $(+10 \text{ to } +3)/(+4 \text{ to } +9) \geq 1.62$

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## Occurrence of Catamenial Epilepsy

Proportion Of Women	C1	C2	C3
>	71.4%	68.4%	77.9%
<u>Point of Inflection</u>	<u>35.7%</u>	<u>28.5%</u>	<u>41.4%</u>
3x	11.2%	7.1%	10.5%

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## Basis of Catamenial Epilepsy

- ◆ Reproductive steroids have neuroactive properties
- ◆ Neuroactive steroid concentrations in the serum vary during the menstrual cycle
- ◆ *There are hormonally sensitive brain substrates*

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### Frequency of Catamenial Epilepsy by Laterality and Focality

Catamenial Epilepsy	Left (43.5%)	Right (28.9%)
Temporal (37.1%)	45.2%	28.6%
Non-Temporal (32.0%)	33.0%	30.1%

CE was more frequent with L than R sided epilepsy overall ( $\chi^2 = 3.878, p = .0489$ ) and especially greater with LT than RT localization ( $\chi^2 = 4.239, p = .0395$ ).

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### Levels of Catameniality by Laterality and Catamenial Pattern

	Left Temporal	Right Temporal
C1: perimenstrual	2.5 [1.0,3.75]	1.25 [0.76,2.50]
C2: pre-ovulatory	1.67 [1.05,3.75]	1.13 [0.75,1.88]
C3: entire luteal	1.82 [0.66,5.00]	1.66 [0.76,5.0]

The levels of catameniality (median [quartiles]), were greater with LT than RT for the C1 (Mann Whitney U test:  $p = .010$ ) and C2 ( $p = .004$ ), but not C3 ( $p = .949$ ) patterns.

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### Progestogen Therapy

- ◇ 1973 - Zimmerman; depoMPA: no seizures
- ◇ 1983 - Dana Haeri; norethistrone: no effect
- ◇ 1983 - Herzog; MPA: no effect
- ◇ 1984 - Mattson; depoMPA: -39% sz freq
- ◇ 1986 - Herzog; prog supp's: -68% sz freq
- ◇ 1995 - Herzog; prog loz: -55% sz freq

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## Suppressive Progestin Therapy

<i>Treatment</i>	<i>DepoMPA IM (1973)</i>	<i>MPA Oral/Depo (1984)</i>
<i>Regimen</i>	150 mg X 3	10 mg b-qid/ 120-150 mg q 6-12 wk
<i>N</i>	1	14 11 developed amenorrhea
<i>No. improved</i>	1 (100%)	7 (50%)
<i>Seizure frequency</i>	-100%	-39%*

\* p < .05; \*\* p < .01

## Cyclic Progestogen Therapy

<i>Treatment</i>	<i>Norethistrone Oral (1983)</i>	<i>MPA Oral (1983)</i>	<i>Progesterone Suppositories (1986)</i>	<i>Progesterone Lozenges (1995)</i>
<i>Regimen</i>	high/low placebo 21 d X 4 mos	5-10 mg qd days 15-28 3 mos	200 mg bid days 15-28 3 mos	100-200 mg tid days 15-28 3 mos
<i>N</i>	9	24	8	25
<i>No. improved</i>	No effect	10 (42%)	(6) 75%	18 (72%)
<i>Seizure frequency</i>	No effect	-10%	-68%*	-54%** CPS -58%* SGMS

\* p < .05; \*\* p < .01

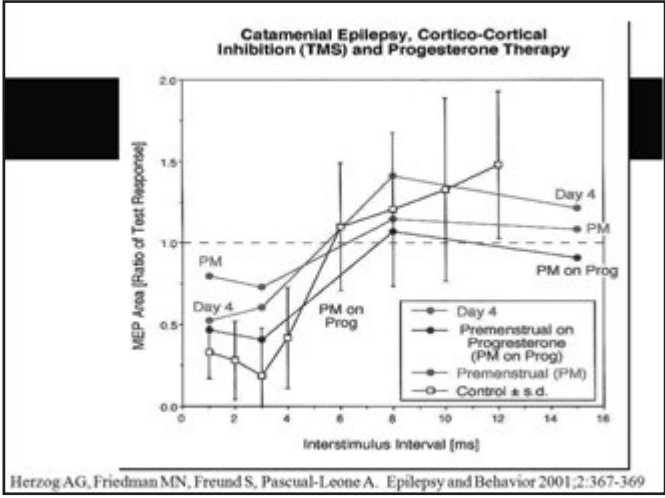
Herzog AG. *Neurol* 1986; 36:1607-10; Herzog AG. *Neurol* 1995; 45:1660-62

## Cyclic Progestogen Therapy

<i>Treatment</i>	<i>MPA Oral (1983)</i>	<i>Progesterone Lozenges (1995)</i>	<i>Progesterone Lozenges (3-year follow-up)</i>
<i>Regimen</i>	5-10 mg qd days 15-28	100-200 mg tid days 15-28	100-200 mg tid days 15-28
<i>N</i>	24	25	15 of original 25
<i>Assessment</i>	@ 3 months	@ 3 months	@ 3 years
<i>No. improved</i>	10 (42%)	18 (72%)	15 (100%; 60% overall)
<i>Seizure frequency</i>	-10%	-54%** CPS -58%* SGMS	-62%** CPS -74%** SGMS

\* p < .05; \*\* p < .01

Herzog AG. *Neurol* 1995; 45:1660-62; Herzog AG (3-year follow-up) *Neurol* 1999; 52:1917-18




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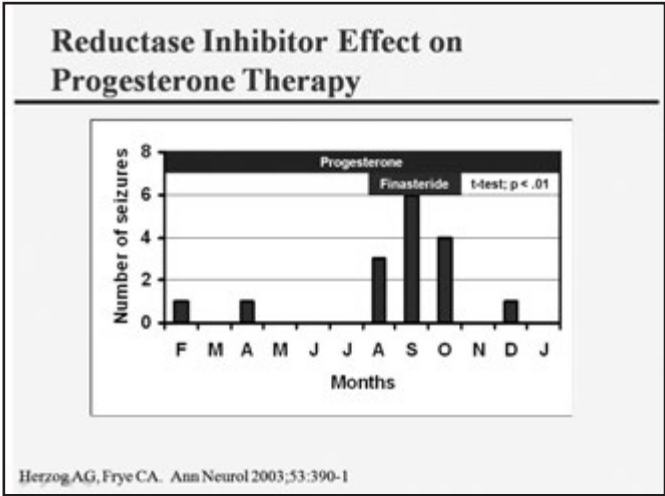
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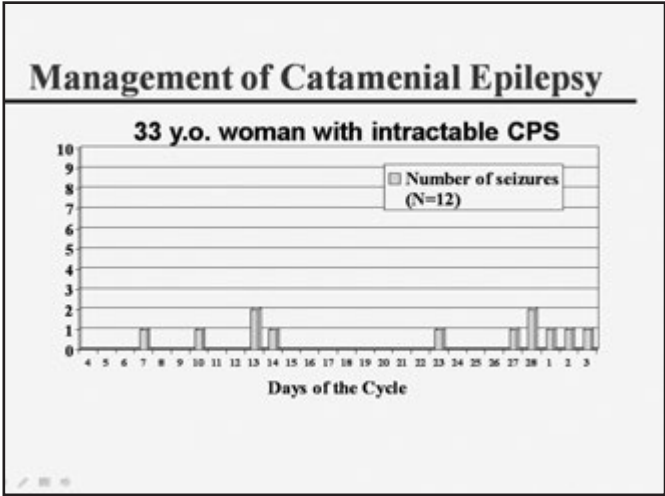
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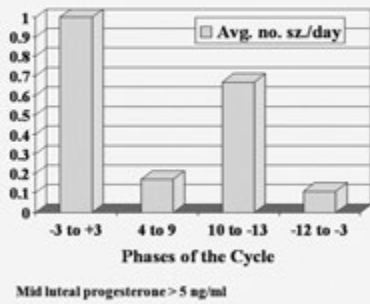
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### Average Number of Daily Seizures in the Various Phases of the Cycle




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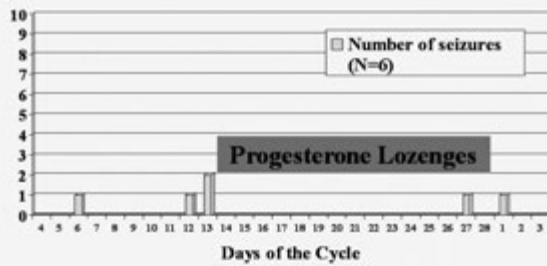
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### Seizure Chart




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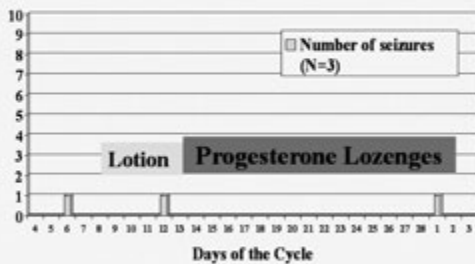
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### Seizure Chart




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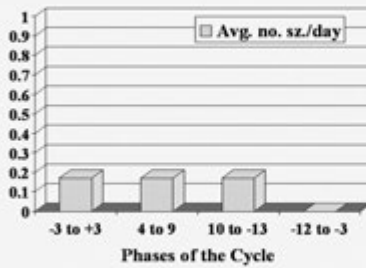
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### Average Number of Daily Seizures in the Various Phases of the Cycle




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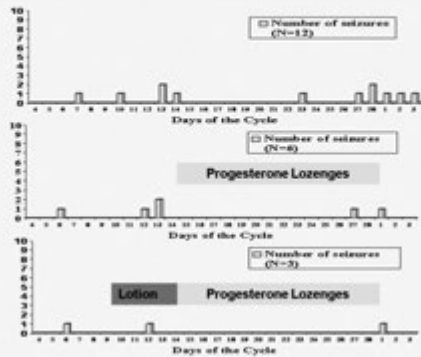
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### Progesterone Therapy: 33 y.o. Woman With Intractable CPS




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### Other Hormonal Therapies

- ◆ 1989 - Herzog - clomiphene:  
10 of 12 improved;  
87% decrease in seizures
- ◆ 1992 - Bauer - GnRH analogue:  
8 of 10 improved; 3 seizure-free
- ◆ 1990's - CoCensys/Marinus - ganaxolone

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# ULTRADIAN RHYTHMS AND DISORDERS OF REPRODUCTION IN WOMEN WITH EPILEPSY

A. HERZOG (USA)

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## Ultradian Hormonal Rhythms and Disorders of Reproduction in Women with Epilepsy

Andrew G. Herzog M.D., M.Sc.  
Harvard Neuroendocrine Unit  
Beth Israel Deaconess Medical Center  
Boston, Massachusetts, USA

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## Disorders of Reproduction in Women with Epilepsy

- ❖ Definition
- ❖ Characteristics
- ❖ Frequency
- ❖ Significance
- ❖ Mechanisms (etiology & pathophysiology)
  - Epilepsy as primary cause
  - AEDs as primary cause

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## Definition

- ❖ Reproductive failure involves failure of one or more of the following:
  - Ovulation
  - Fertilization
  - Gestation
- ❖ Neuroendocrine regulation of ovulation:
  - » Ultradian pattern of GnRH secretion
  - » Lunar pattern of preovulatory GnRH surge
  - » Modulation by limbic and brainstem neural as well as hormonal inputs
- ❖ Anovulatory cycles are substantially and significantly more common among women with epilepsy

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## Characteristics of Anovulatory Cycles

- ◆ **Clinical:**
  - Menstrual disorders, hirsutism, galactorrhea
- ◆ **Endocrine:**
  - Pituitary: abnormal gonadotropins, hyperprolactinemia
  - Thyroid: low thyroid level
  - Gonadal: elevated testosterone and/or other androgen level; low mid-luteal progesterone level < 5 ng/ml
- ◆ **Structural:**
  - Ovarian enlargement with cysts

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## Frequency

- ◆ **Menstrual disorders**
  - TLE = 1/3 vs Ctrl = 1/8
- ◆ **Anovulatory/inadequate luteal phase cycles**
  - TLE = 14-39% vs Ctrl = 8-11%

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## Frequency

- ◆ **Reproductive disorders are substantially and significantly more common in women with epilepsy than in the general population**
- ◆ **Reported frequencies, however, vary widely depending, in part, on variable definitions**
- ◆ **What should be the basis for the definition of normal reproductive function?**

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## Menstrual Disorders

- ❖ Amenorrhea (no menses for 6 months)
- ❖ Oligomenorrhea (>35 day cycle interval)
- ❖ Polymenorrhea (<21 day cycle interval)
- ❖ Irregular cycles (> 5 days variability)
- ❖ Menometrorrhagia (heavy menses and intermenstrual bleeding)

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## Basis For Definition

- ❖ Statistical base e.g. range = mean  $\pm$  2 SD for cycle intervals in the general population
- ❖ Biological base e.g. significant drop in ovulatory rates outside of a certain range of cycle intervals
- ❖ Transferability between populations: if 90% of cycles are ovulatory in the general population regardless of cycle intervals, what cycle intervals are associated with ovulation in women with epilepsy?

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## Cycle Intervals and Mid Luteal Phase Progesterone Levels

Cycle Intervals	%	Ovulation (Prog > 5 ng/ml)	Anovulation (Prog < 5 ng/ml)
<21	2	0 (0%)	2 (100%)
21-25	11	5 (45%)	6 (55%)
26-32	68	50 (74%)	18 (26%)
33-35	10	5 (50%)	5 (50%)
>35	9	1 (11%)	8 (89%)
Total	100	61 (61%)	39 (39%)

Herzog AG, Friedman MN. Neurology 2002;57:2133-2135.

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### Cycle Intervals and Mid Luteal Progesterone Levels in Women with Epilepsy

Cycle Intervals	%	Ovulation	Anovulation
A: 26-32	68	50 (74%)	18 (26%)
B: 21-25, 33-35	21	10 (48%)	11 (52%)
C: <21, >35	11	1 (9%)	10 (91%)

A vs B:  $p = .05$ ; A vs C:  $p = .0001$ ; B vs C:  $p = .07$

Herzog AG, Friedman MN. *Neurology* 2002;57:2133-2135.

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### Significance of Reproductive Disorders

#### Reproductive Failure (Infertility)

- ◆ **69-85% of expected offspring** (*Dansky LV et al. Epilepsia 1980;21:261-271. Webber MP et al. Epilepsia 1986;27:746-752*)
- ◆ **1/3 as many as unaffected siblings** (*Schupf N, Ottman R. Epilepsia 1994;35:750-756*)

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### Significance of Reproductive Disorders

- ◆ **Migraine** (*Herzog AG, Schachter SC. Epilepsia. 2001;42:311-315.*)
  - **80% with RDs vs 30% in controls**
- ◆ **Emotional Disorders** (*Herzog AG. Psychosomatics 1999; 40:95-116. Heck ET, Cobb WE. Arch Clin Neuropsychol 1991;6:192-193*)
  - **75% of women with PCOS vs 30% in general population**
- ◆ **Female cancers** (*Jafari K et al. Obstet Gynecol 1978;51:97-101*)
  - **breast, uterus, ovary**
- ◆ **(For PCOS) Cardiovascular Disease & Diabetes** (*Guzik DS et al. Am J Obstet Gynecol 1996;174:1224-32. Wild RA et al. Fertil Steril 1990;54:255.*)

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## Neurological Significance for Epilepsy

- ❖ **Anovulatory cycles are associated with greater seizure frequency** (*Backstrom 1976; Mattson 1981*)
  - **Population study:** In 184 women, each of whom participated for one cycle, there were 31.0% more seizures, on average, in 86 anovulatory cycles than in 98 ovulatory cycles (*Herzog AG et al. Epilepsia 1997;38:1082-8*)
  - **Individual Study:** During three months of observation, 30 of 100 women who had been identified to have both ovulatory & anovulatory cycle, had 28% more seizures during their anovulatory cycles than during their ovulatory cycles (*Herzog AG et al. Neurol 2006;66:342*)

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## Etiology & Pathophysiology

- ❖ **Primary neurological dysregulation resulting from epilepsy**
- ❖ **AED effects**
- ❖ **Both**
- ❖ **Other contributory factors: e.g. stress & depression via hypothalamo-pituitary-adrenal mechanisms**

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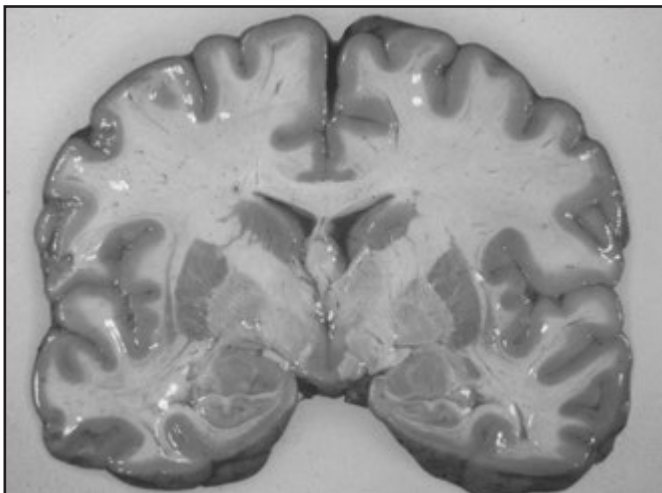
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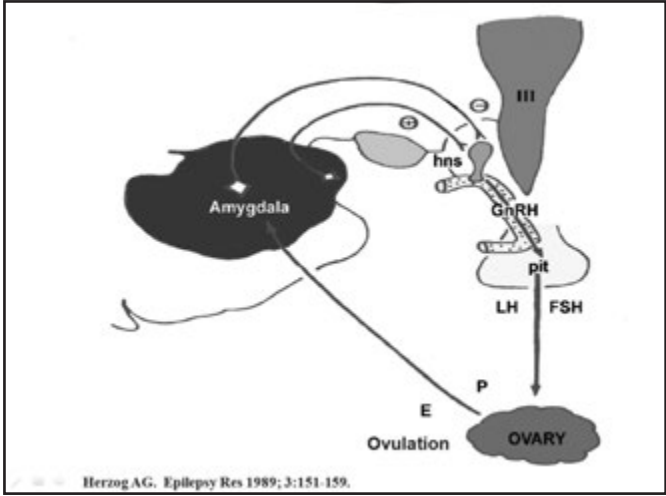
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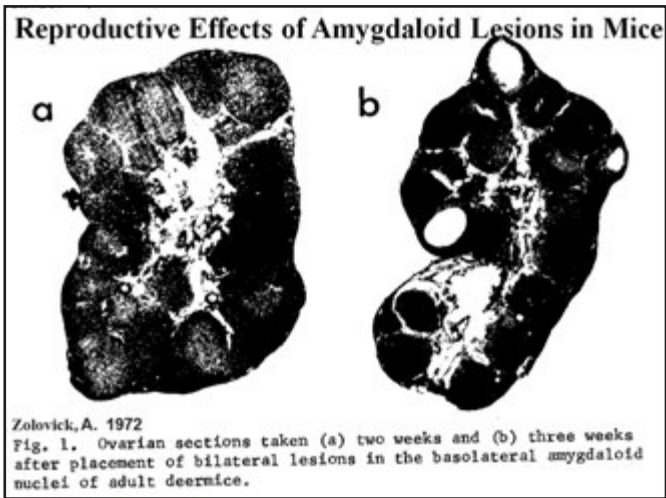
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**Reproductive Effects of Amygdala-Kindled Seizures in Female Rats**

- ❖ Persistent estrus (anovulatory cycles)
- ❖ Hyperandrogenism
- ❖ Polycystic ovaries

Edwards H. et al. *Epilepsia* 1999;40:1370-7

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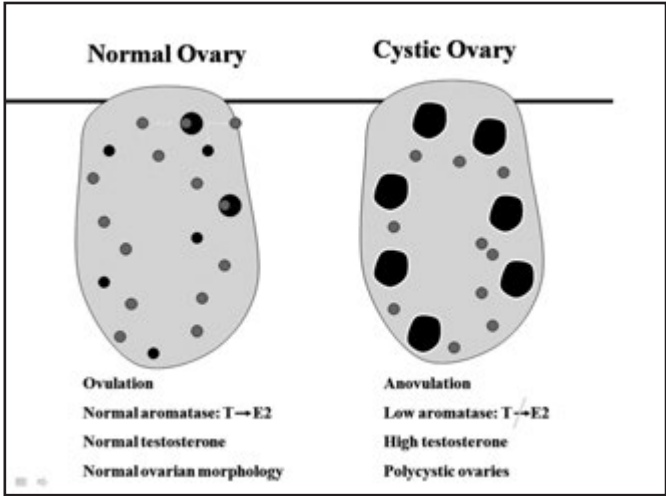
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**Reproductive Endocrine Disorders in 50 Women with TLE**

- ◆ Overall: 38% vs 8% (p < .001)
- ◆ PCOS: 20% vs 5% (p < .05)
- ◆ Hypothalamic Amenorrhea: 12% vs 1.5% (p < .05)
- ◆ Hyperprolactinemia: 4% vs <1% (p = NS)
- ◆ Premature Menopause: 4% vs <1% (p = NS)

Herzog AG et al. Arch Neurol 1986; 43:341-346.

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**PCOS: Epileptic vs AED Causes**

- ◆ 2 ½ times more common among untreated than treated women with TLE (Herzog et al. 1986)
- ◆ Significantly more common with unilateral LTLE than RTLE (Herzog et al. 1993)
- ◆ PCO (86.7% vs 16.7%) and hyperandrogenism (50.3 ± 18.2 vs 42.2 ± 20.9) are significantly more common in untreated than in controls (Hamed et al. Acta Scand Neurol 2007)
- ◆ PCO and hyperandrogenism are significantly more common with VPA (Isojarvi JI 1993;) & with OXC (Lofgren, E. et al. Epilepsia 2006;47:1441-6) than with CBZ

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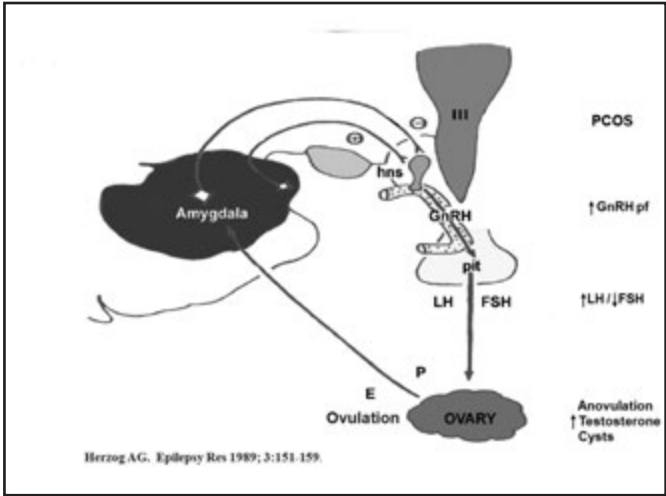
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### Epilepsy Effects on Hormonal Secretion

1. What are the effects of paroxysmal temporolimbic EEG discharges on pulsatile gonadotropin secretion?
2. Are there lateralized asymmetries in these effects?
3. Are these effects affected by AED use?

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### Epilepsy Effects on Hormonal Secretion

**Subjects**

- ◆ 48 women (36 with CPS/SGMS of unilateral temporolimbic origin and 12 normal controls) between 18-40 years of age
- ◆ Antiepileptic Drugs:
 

CBZ - 10	Other - 7
DPH - 8	None - 9
VPA - 2	

Supported by NIH RO1 NS33189

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## Subjects

### Demographics of Controls and Women with Epilepsy

	Ctrl	L1LE M	L1LE NM	RTLE M	RTLE NM
N	12	15	5	12	4
Age (years)	29.6 ± 6.1	30.9 ± 5.8	28.8 ± 7.5	32.9 ± 5.4	29.8 ± 7.2
Ep Duration (years)	-	8.2 ± 6.4	5.4 ± 4.8	7.7 ± 5.4	6.2 ± 4.1
Sz Freq (per month)	-	7.2 ± 4.8	5.2 ± 4.5	6.8 ± 5.4	4.6 ± 4.4
Proportion with SGMS	-	8 (53%)	2 (40%)	7 (58%)	2 (50%)

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## Methods

- ◆ Documentation of epilepsy characteristics, antiepileptic drug use and reproductive function
- ◆ Investigation: early-mid follicular phase (Day 3-7)
- ◆ Baseline reproductive endocrine & thyroid profile (FSH, LH, PRL, Testosterone, DHEAS, TFT's)
- ◆ q 10 min serum samples for LH & PRL measurement from 8 AM to 4 PM during concomitant, continuous EEG recording in order to assess hypothalamopituitary function

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## Hormonal Analysis

Hypothalamus  
- LH pulse data  
- PRL pulse data

Pituitary  
- LH  
- FSH  
- PRL

Gonads  
- Testosterone  
- Estradiol

LH and PRL pulses were defined by peak values that were both 20% and three coefficients of variation higher than preceding nadirs. Pulses were verified by the Cluster Analysis software program for pulse detection.

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## EEG Analysis

◆ Occurrence, time, laterality and number of paroxysmal events:

- 1) epileptiform discharges
- 2) bursts/runs of slowing

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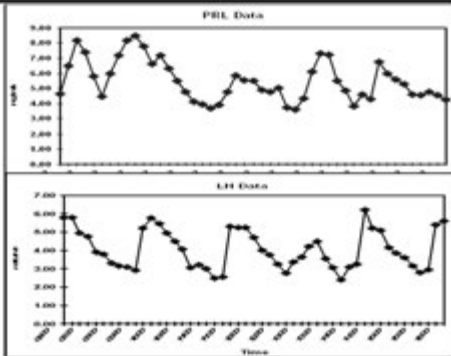
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## Pulsatile Secretion of PRL & LH (Control)



Herzog AG et al. Ann Neurol 2003;54:625-37.

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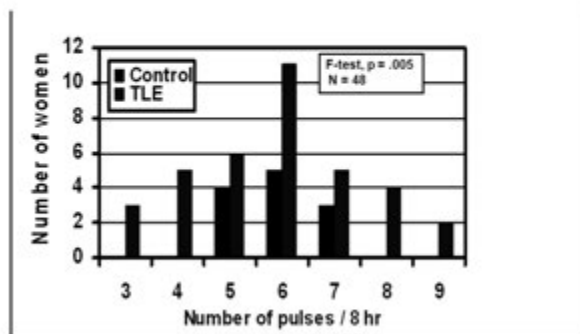
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## LHPF: Women with TLE vs Controls



Herzog AG et al. Ann Neurol 2003;54:625-37.

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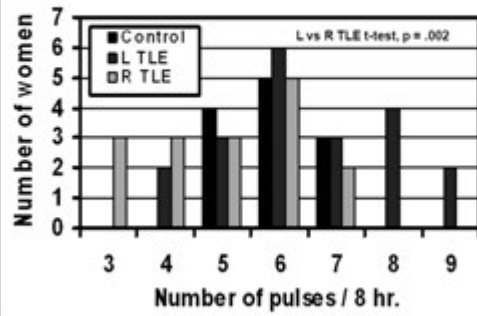
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### LHPF: L and R TLE vs Controls



Herzog AG et al. Ann Neurol 2003;54:625-37.

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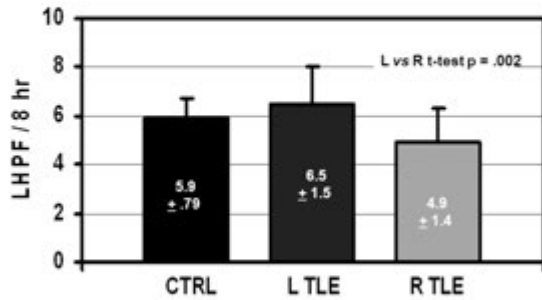
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### LHPF Summary



Herzog AG et al. Ann Neurol 2003;54:625-37.

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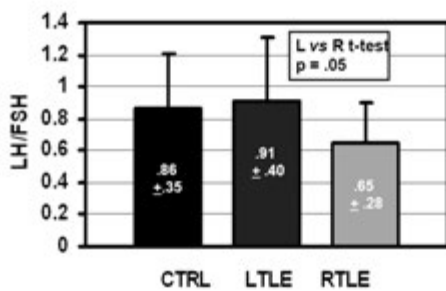
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### LH/FSH Ratios and TLE Laterality



Herzog AG et al. Ann Neurol 2003;54:625-37.

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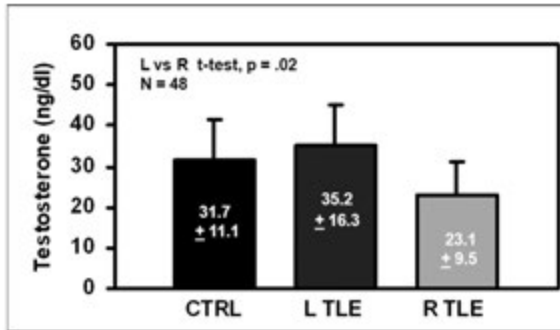
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### Testosterone: L and R TLE vs Control



Herzog AG et al. Ann Neurol 2003;54:625-37.

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### Reproductive Endocrine Disorders and EEG Laterality in Women with TLE

	L TLE (N = 20)	R TLE (N = 16)
PCOS	7	1
HA	0	2
Normal	13	13

$\chi^2: p < .05$

Herzog AG et al. Ann Neurol 2003;54:625-37.

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### Reproductive Endocrine Disorders in Women with TLE

- ◇ PCOS
  - 1) occurrence in 8 of 36 (22.2%)
  - 2) more common with L TLE ( 7/20 = 35%) than R TLE (1/16 = 6.25%)
  - 3) more common among untreated (3/9 = 33.3%) than treated (5/27 = 18.5%) women with TLE

Herzog AG et al. Ann Neurol 2003;54:625-37.

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## Relationships Among EEG Discharges, Hormonal Changes and Menstrual Disorders

- ❖ Menstrual disorders were more common among women with TLE who had
  - 1) abnormal LHPF  
(8/14 = 57.1% vs 4/22 = 18.2%;  $p = .04$ )  
and
  - 2) interictal epileptiform discharges  
(9/18 = 50% vs 3/18 = 16.7%;  $p = .08$ ).

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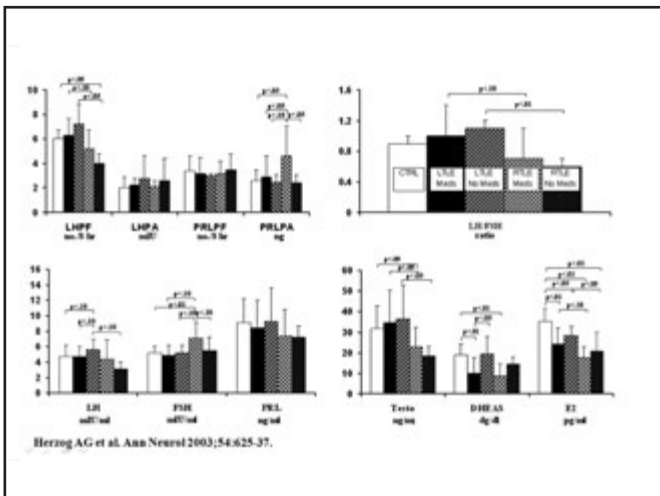
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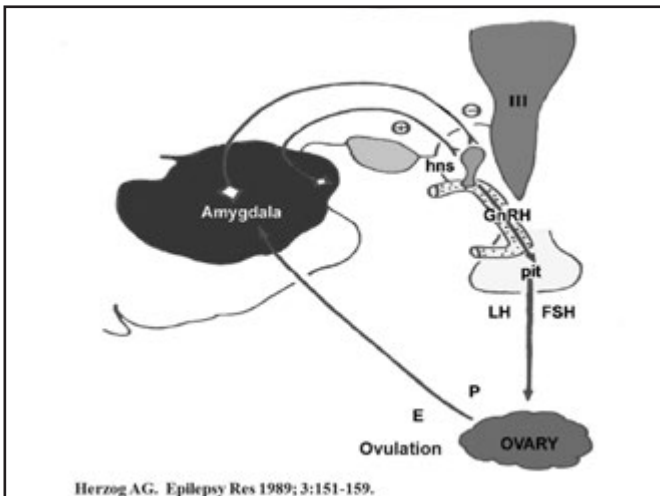
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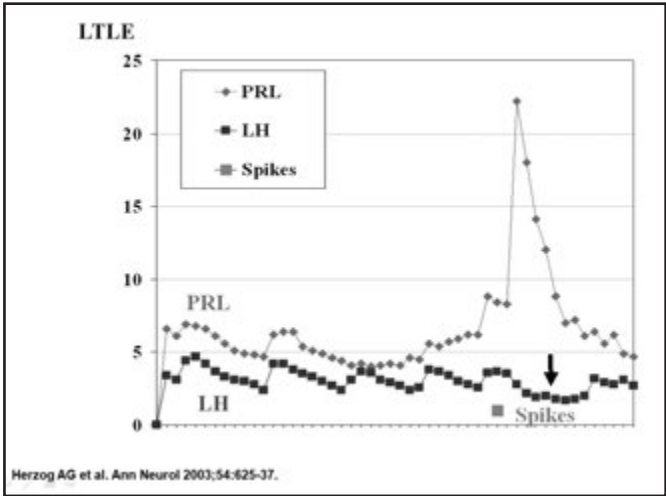
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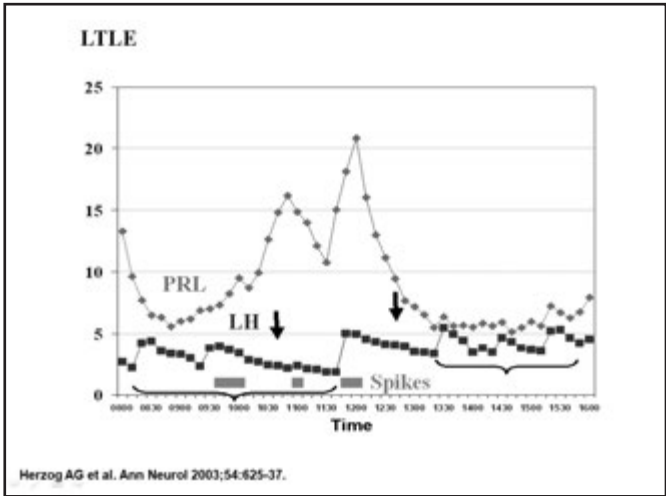
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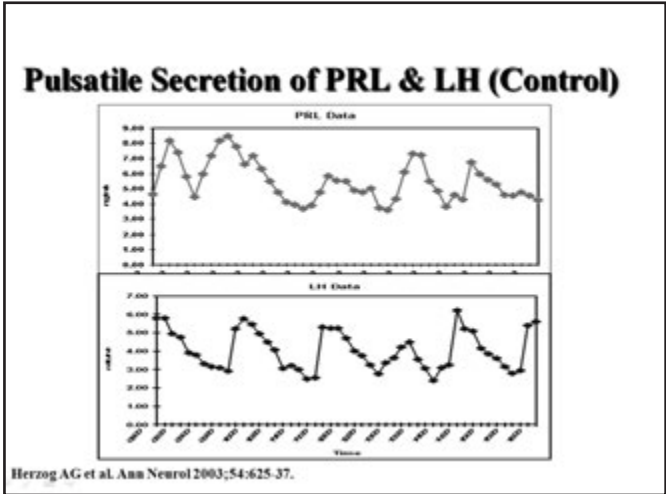
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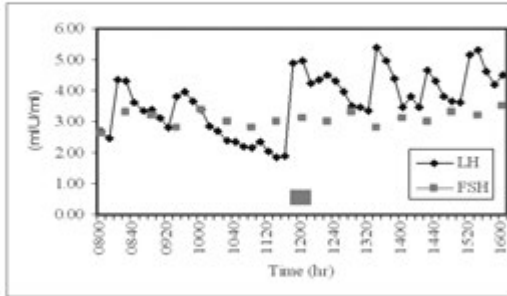
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### LH/FSH Ratios in Women with TLE




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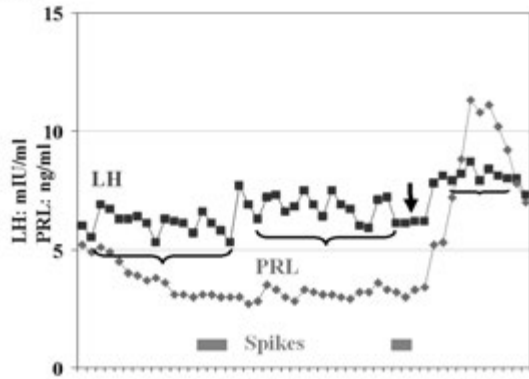
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### LTLE



Herzog AG et al. Ann Neurol 2003;54:625-37.

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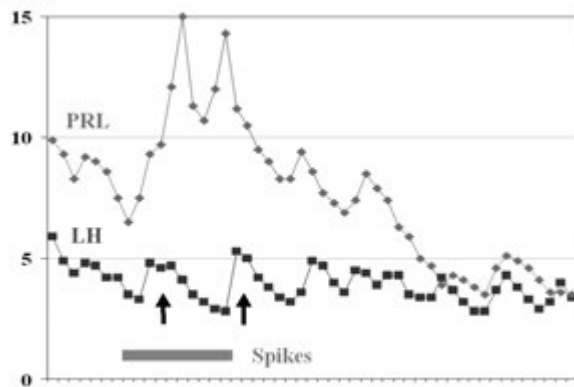
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### RTLE



Herzog AG et al. Ann Neurol 2003;54:625-37.

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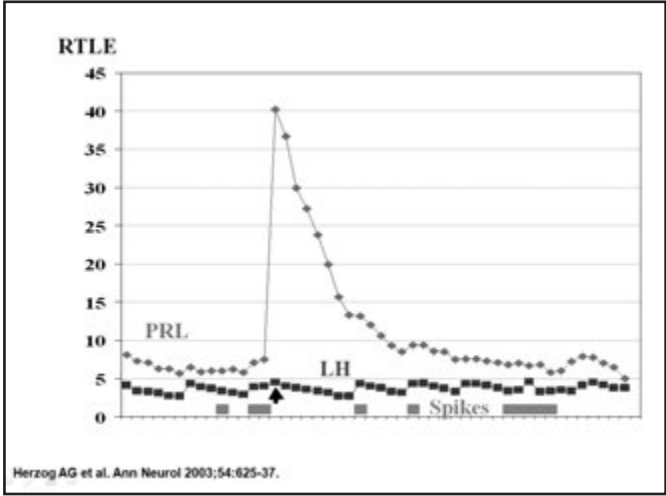
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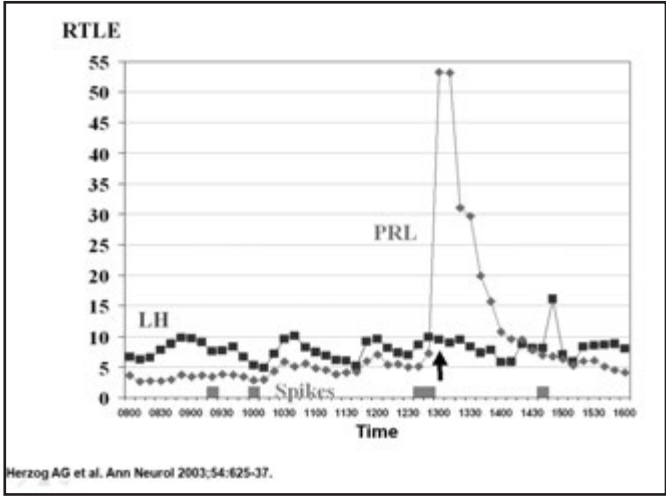
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### Acute PRL and LH changes following interictal epileptiform discharges

	L/TLE (N = 10)	RTLE (N = 8)	$\chi^2$ test: p value
Abnormal PRL elevation (peak/nadir > 2.5)	8 (80%)	7 (75%)	NS
Abnormal PRL elevation (peak value > 15.6 ng/ml)	2 (20%)	6 (75%)	.06
Loss of LH pulsatility (no peak for > 104.3 min)	8 (80%)	2 (25%)	.06
Abnormal $\uparrow$ (>27%) in mean baseline LH	8 (80%)	2 (25%)	.06

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### **Epilepsy Effects on Hormonal Secretion and Reproductive Function in Women**

- ◆ Epileptiform discharges can result in both acute and chronic changes in hormonal secretion at the hypothalamic, pituitary and gonadal levels
- ◆ The specific nature of hormonal changes may relate to the laterality and focality of the epileptiform discharges
- ◆ L and R TLE may promote the development and over-representation of different reproductive endocrine disorders: LTLE – PCOS (10-20% vs 5%), RTLE – Hypothalamic Amenorrhea (12% vs 1.5%)
- ◆ Menstrual dysfunction varies with the extent of endocrine deviation from the norm and the presence of interictal discharges

◆ / ◆ ◆

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### **Basis for Lateralized Asymmetry in Reproductive Neuroendocrine Function**

- ◆ Amygdaloid seizures have predominantly ipsilateral effects of on the hypothalamic regulation of reproductive function
- ◆ There are lateralized asymmetries in hypothalamic hormonal content and reproductive function

◆ / ◆ ◆

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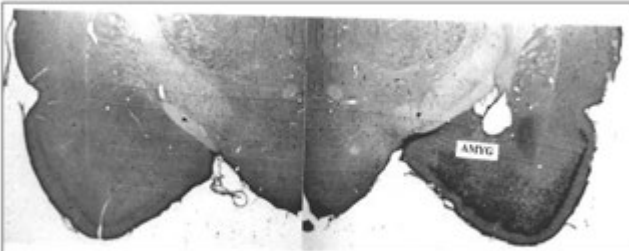
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### **Lateralized Temporolimbic Activation of the Hypothalamus**



Silveira DC, Klein F, Russell BI, Liu Z, Bari A, de la Calle S, Elmquist J, Holmes GL, Herzog AG. *Epilepsia* 2000;41:34-41.

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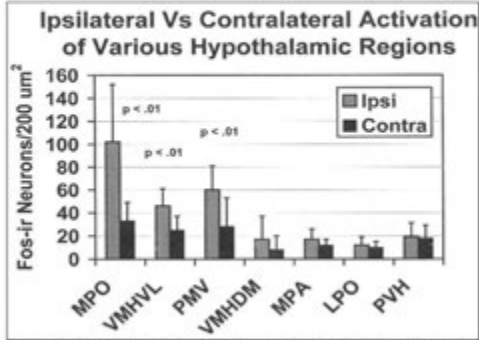
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### Ipsilateral vs Contralateral Activation of Various Hypothalamic Regions



Silveira DC, Klein F, Rasail BJ, Liu Z, Bort A, de la Calle S, Elmqvist J, Holmes GL, Herzog AG. *Epilepsia* 2000;41:34-41.

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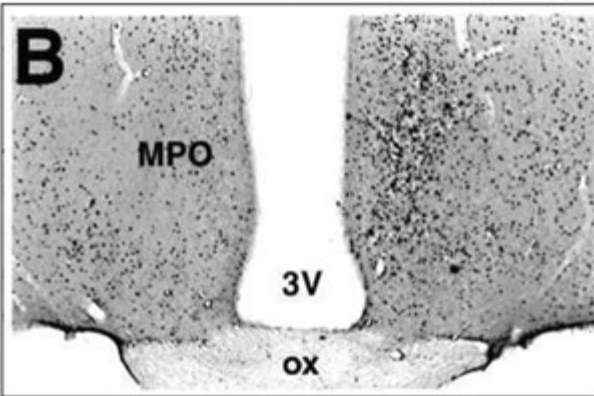
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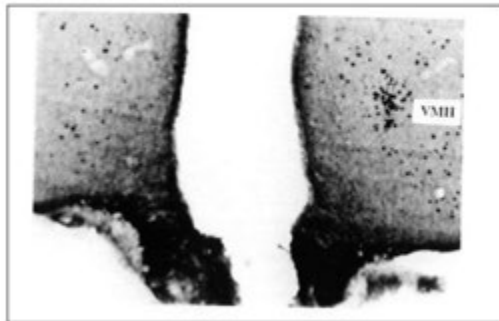
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### Lateralized Temporolimbic Activation of the Hypothalamus




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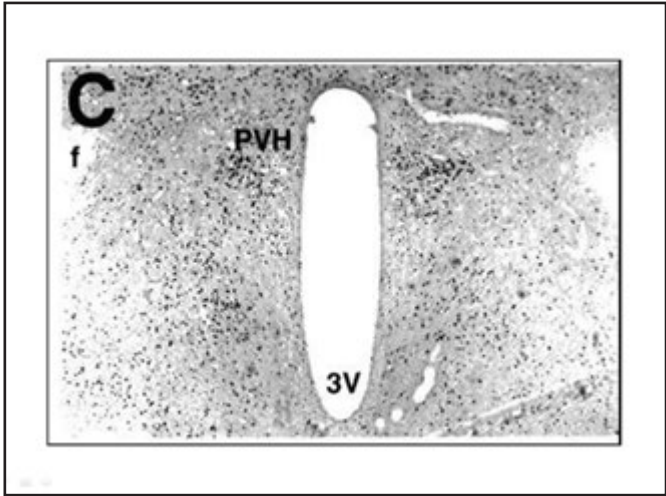
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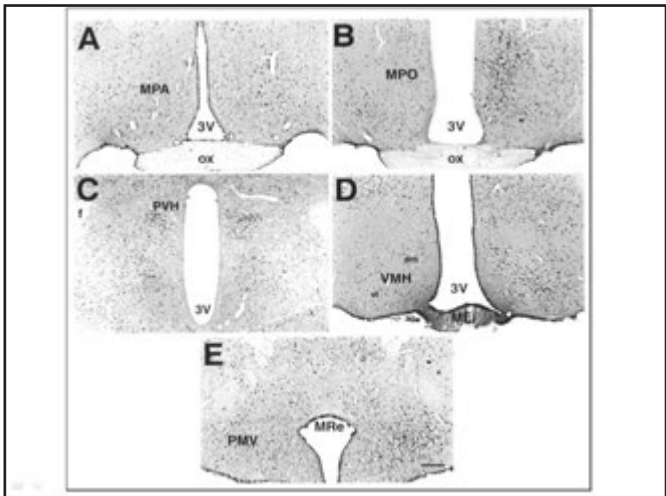
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**Lateralized Asymmetries in the Reproductive Neuroendocrine System**

*In female rodents*

- ◆ **GnRH content:** 50-100% greater in R than L ventromedial hypothalamus (VMH) (Gerendai)
- ◆ **Fos immunoreactivity in GnRH cells:** R-L asymmetry following E2 activation of GnRH release (Iglesia)
- ◆ **Reproductive function:** anovulatory cycles – more with R than L amygdectomy (Sanches & Domingues)
- ◆ **Endocrine function:** unilateral ovx - ipsilateral decrease in VMH GnRH; bilateral ovx - R sided increase in VMH GnRH (Gerendai)
- ◆ **Sexual behavior:** E2 in L VMH – defeminization; E2 in R VMH – masculinization (Nordeen & Yahr)

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## Effects of Seizures on GnRH Fibers



Friedman MN, Geula C, Holmes GL, Herzog AG. GnRH-immunoreactive fiber changes with unilateral amygdala-kindled seizures. *Epilepsy Research* 2002;52:73-77.

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## Lateralized Asymmetry in GnRH Fiber Staining After Unilateral Temporolimbic Seizures

	KA (N=10)	S (N=7)	C (N=5)	p-values		
				KA v C	S v C	KA v Sal
VMH	28 (6-60)	79 (18-225)	73 (47-144)	0.06	NS	0.08
VMHI	17 (3-52)	81 (9-216)	72 (47-167)	0.05	NS	0.05
VMHc	39 (6-73)	77 (18-234)	73 (54-89)	NS	NS	NS
VMH/c	0.6 (0.23-1.2)	1.13 (0.92-1.2)	0.99 (0.73-1.3)	-	-	0.01

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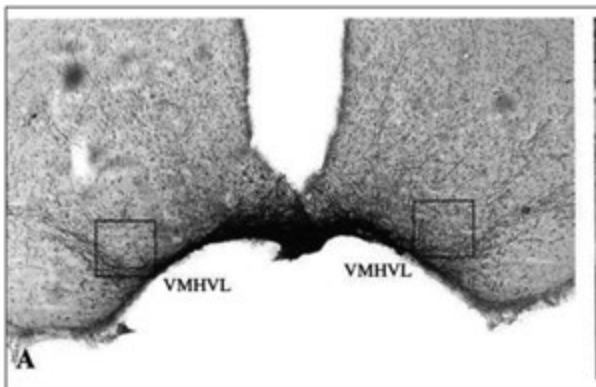
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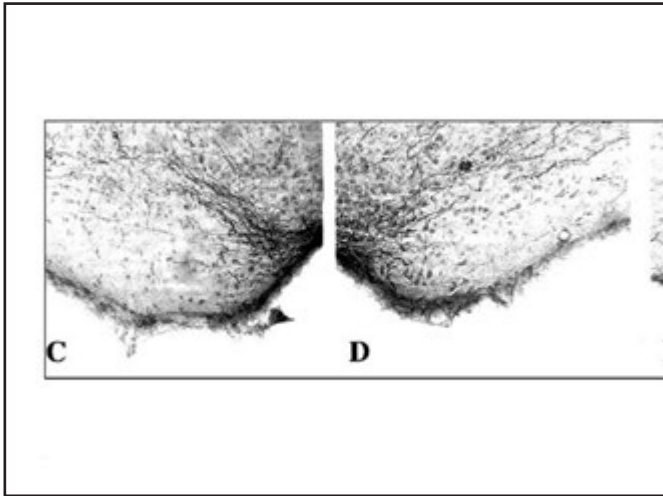
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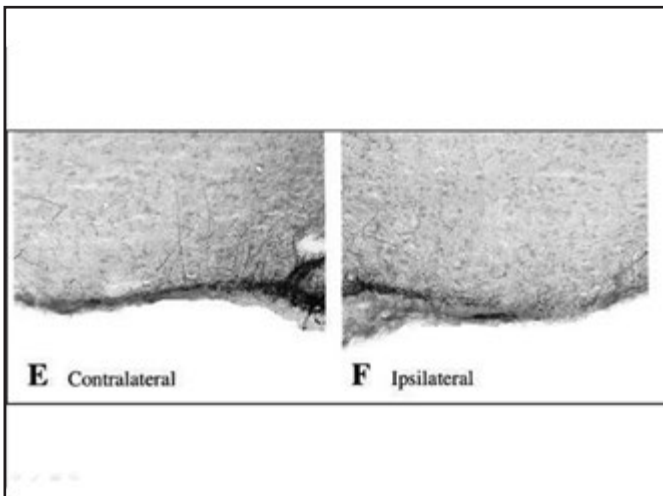
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### AED Effects on Reproductive Hormone Levels

AEDs	SHBG	BAT	A	DHEAS	E2
<b>Inducing</b> (PB, DPH, CBZ)	↑	↓	↓	↓	↓
<b>Inhibiting</b> (VPA)	N	↑	↑	↑	N
<b>Neutral</b> (LYG, GBP)	N	N	N	N	N

1. Levesque LA et al. *J Clin Endocrinol Metab* 1986;63:243-5. 2. Isojärvi JI et al. *Epilepsia* 1988;29:781-786. 3. Isojärvi JI et al. *N Engl J Med* 1993;329:1383-1388. 4. Muriado G et al. *Clin Neuropharm* 1998;56:21-4. 5. Morrell MJ et al. *CNS Spectrums* 2001;6:771-785. 6. Morrell MJ et al. *Epilepsy Res* 2003;54:189-99. 7. Herzog AG et al. *Ann Neurol* 2003; 54:625-37.

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## AED Effects on Reproductive Function

AEDs	Menstrual Disorders	Anov Cycles	Ovarian Cysts	Pathophysiology
Inducing (PB,DPH,CBZ)	12-43%	11-32%	13-28%	↓E2; ↓SHBG
Inhibiting (VPA)	18-59%	12-38%	10-60%	↑Androgens
Neutral (LTG,GBP)	-	-	-	-
Control	12-14%	10-11%	4-18%	

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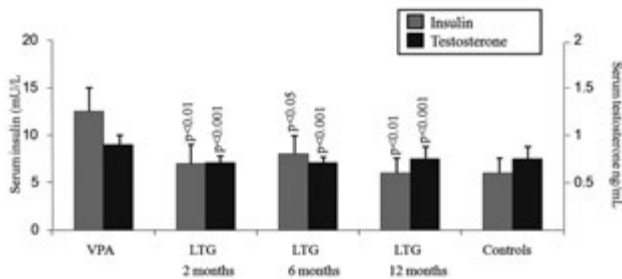
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### VPA-LTG Conversion Study Serum Insulin and Testosterone Levels



Isajirvi JT et al. Ann Neurol 1998;43:446-51.

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## CONCLUSIONS

- ◆ Reproductive disorders are unusually common among women with epilepsy
- ◆ Disruption of ultradian and lunar patterns of GnRH secretion by epilepsy may be a factor
- ◆ Lateralized asymmetries in the temporolimbic modulation of the hypothalamo-pituitary-gonadal axis may promote the development of different reproductive disorders with L and R epileptic foci
- ◆ AEDs are another factor
- ◆ Enzyme inducing and inhibiting AEDs differ in their effects on reproductive hormones and function

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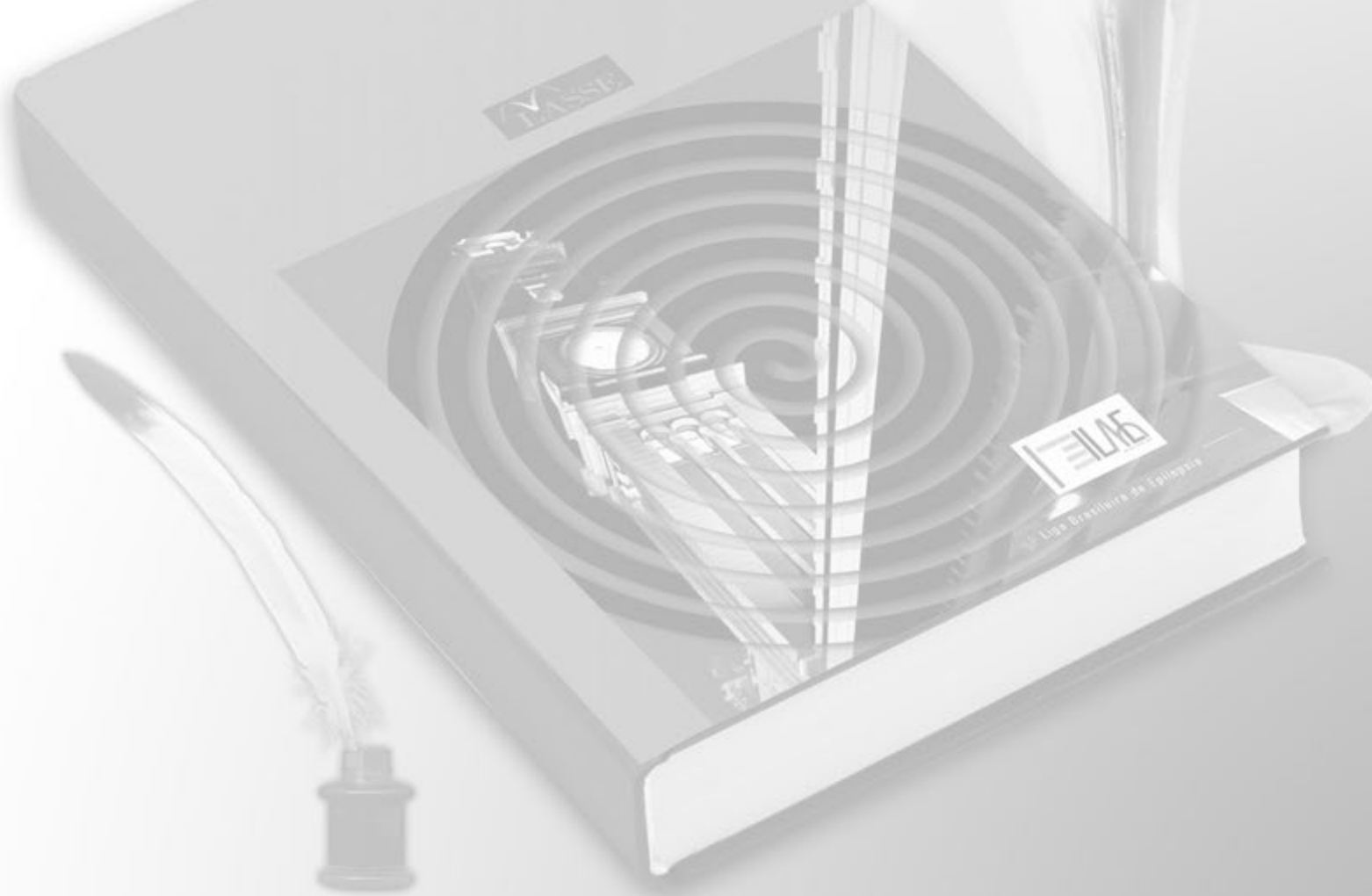
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# PROGRAMA – 07.02.2010

- 08:30 – 09:30 Epileptic encephalopathies in different age groups – Patricia Campos (Peru)
- 09:30 – 10:30 Growing old with epilepsy in humans – Peter Wolf (Denmark)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Role of multimodal neurophysiology in life-long evaluation of people with epilepsy – Alicia Bogacz (Uruguay)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 Single epileptic seizure – Jaime Carrizosa (Colombia)
- 15:00 – 16:00 Childhood Absence Epilepsy evolving to Juvenile Myoclonic Epilepsy – Marco Tulio Medina (Honduras)
- 16:00 – 19:00 Group discussion
- 19:30 – 22:00 Dinner



# EPILEPTIC ENCEPHALOPATHIES IN DIFFERENT AGE GROUPS

PATRICIA CAMPOS (PERU)

ENCEFALOPATÍAS EPILÉPTICAS  
EN DIFERENTES GRUPOS ETÁREOS

Dra. Patricia Campos O.  
U.S.A.T.  
Enero 2010

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1. Consideraciones generales
  - Concepto de síndrome epiléptico
  - Impacto de la genética en la clasificación
  - Modelos animales
2. Síndrome Ohtahara
3. Epilepsia mioclónica precoz
4. Síndrome de West
5. Epilepsia de Dravet
6. Síndrome Doose
7. Spindrome Lennox – Gastaut
8. Otras: Crisis parciales migratorias malignas  
HHE
9. Conclusiones

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1. El concepto de síndrome epiléptico
  - Evolución
  - Pronóstico
  - Tratamiento
2. Impacto de la genética en la clasificación de síndromes
  - Alteración de secuencia de genes  
y umbral convulsivo
3. Que podemos aprender de los modelos animales

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**SÍNDROME DE OHTAHARA**  
(LOMBROSO 1990, AICARDI 1986, KELLEY 1996)

Inicialmente descrito en 1976

Edad: 20 días - 3 meses

Clínica: Espasmos tónicos  
Retardo psicomotor severo  
Crisis intratables

EEG: Burst - supresión en vigilia  
y sueño

Etiología: Múltiple

Pronóstico: Pobre

Evolución: A síndrome de West y SLG

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**SÍNDROME DE OHTAHARA**  
(YAMATOJI Y, OHTAHARA S., BRAIN DEV. 2002)

- 16 pacientes
- Entre 1 día a 3 meses
- 7 Ohtahara-SW-SLG: murieron
- 9 con foco EEG: 1 murió y los otros sin crisis pero con RM severo

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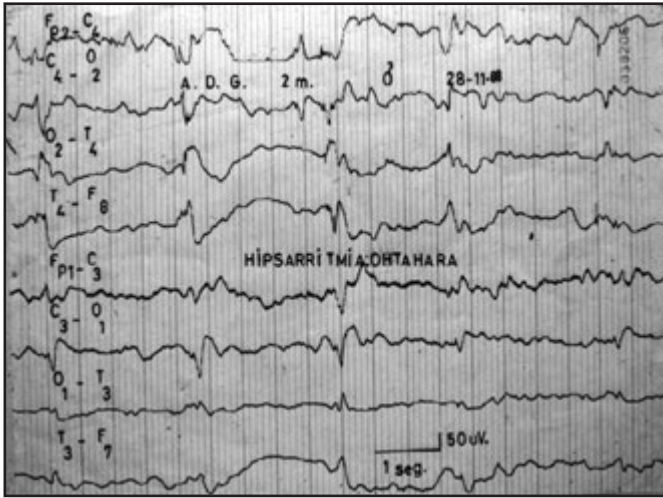
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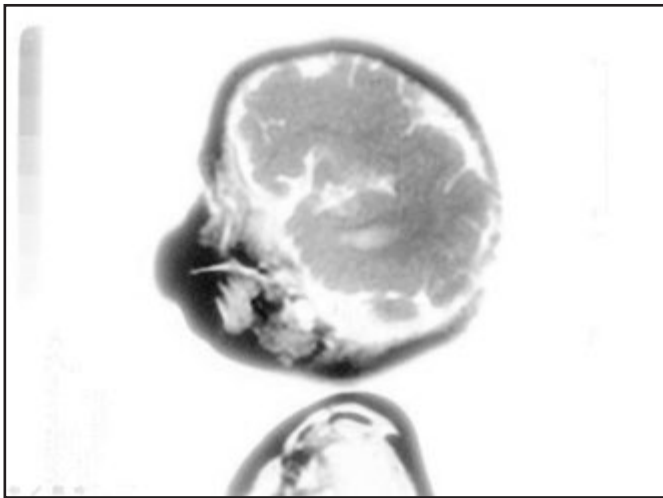
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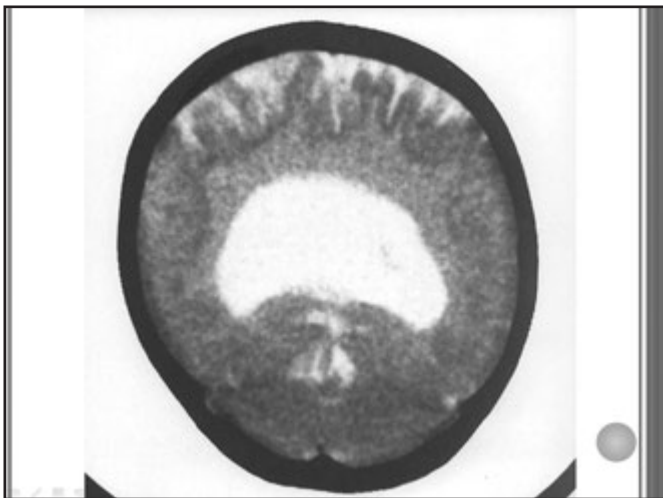
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## Síndrome de West

**Edad:** 3 – 6 meses  
**Clínica:** Espasmos infantiles en flexión y extensión  
Retardo psicomotor  
**EEG:** Hipsarritmia  
**Pronóstico:** Pobre  
**Etiologías:** Diversas  
**Respuesta al ACTH:** Buena en 50%  
**Evolución:** A síndrome de Lennox - Gastaut

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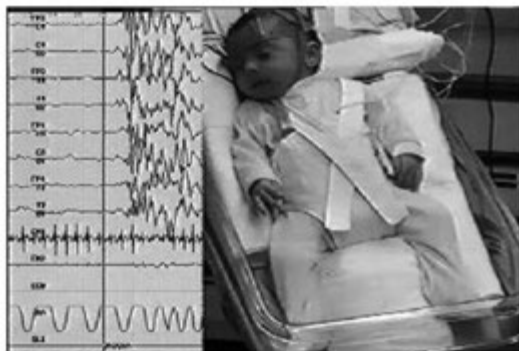
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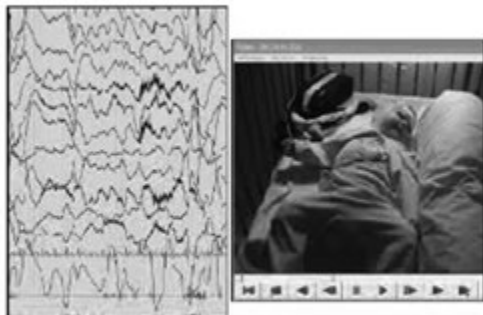
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## SINDROME DE WEST

- o Remisión espontánea:
  - o 6- 15% en máximo 6 meses
  - o 28% al año
- o 50 – 60% epilepsia hasta 99% en 5 años
- o 75% anormalidad EEG focal

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## FACTORES GENÉTICOS EN SW

- o 7 – 17% historia familiar de epilepsia
- o 40% de incidencia familiar  
*(Matsumoto, 1981)*

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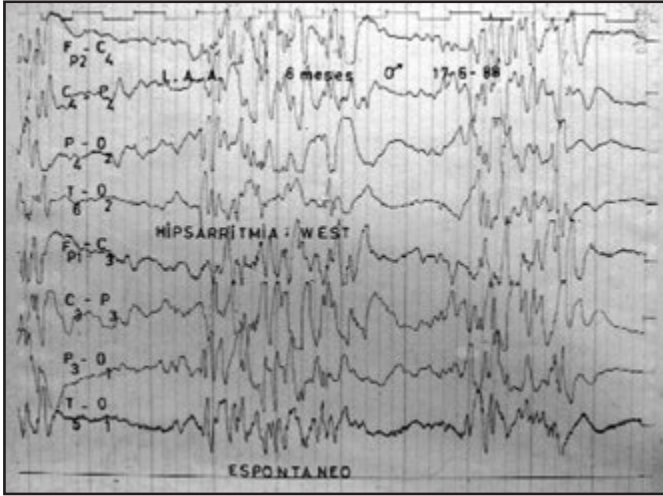
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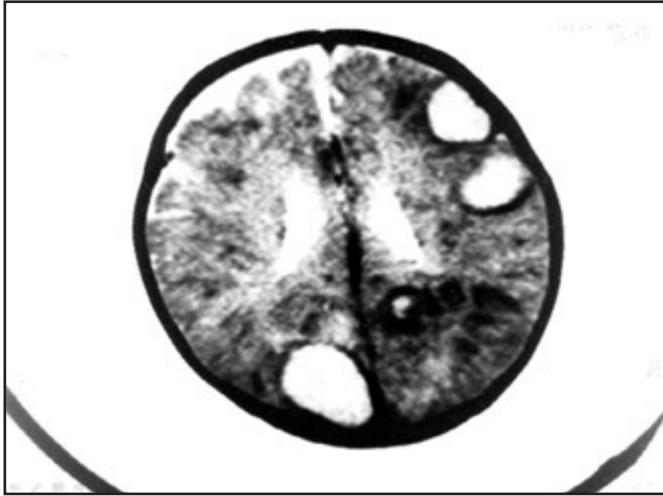
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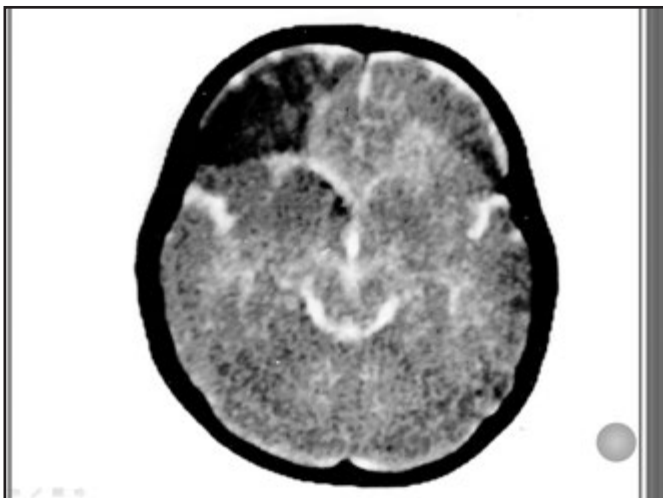
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**Síndrome de Aicardi**

- Descrito en 1969
- Pacientes sexo femenino
- Espasmos infantiles
- Agenesia de cuerpo caloso
- Retardo mental
- Corioretinopatía específica
- Anomalías vertebrales
- EEG Característico

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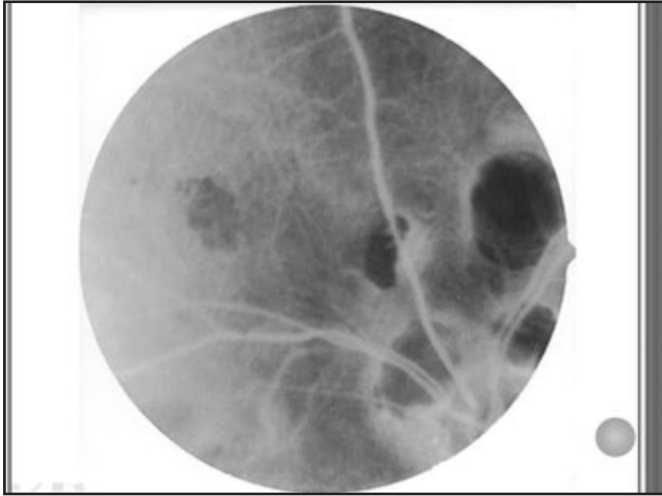
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**Tratamiento SW**

1. Tx específico en función de etiología  
ACTH en SW criptogénico / VGB en SW sintomático
2. Dosis y duración de Tx

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**ESPASMOS INFANTILES  
DIAGNÓSTICO DIFERENCIAL**

- Mioclonus benigno de la primera infancia
- Epilepsia Mioclónica benigna
- Epilepsia Mioclónica – Astática
- Encefalopatía Mioclónica Precoz
- Reflejo de Moro
- Cólico abdominal
- Mioclonías del sueño
- Reacción de sobresalto

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## FACTORES QUE INFLUENCIAN LA EVOLUCIÓN DE SE A SLG

- o (Su Jeong You et al. *Epilepsia* 2009)
  - 98 pacientes
  - Seguimiento 3 años
  - Sintomática 62      Cripto 36
  - 48/98
- o No hay relación con edad de inicio del SW o etiología
- o El riesgo de desarrollar SLG es significativamente menor si hubo uso de esteroides o dieta cetogénica

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## SLG DE INICIO TARDÍO Y CRISIS PREDOMINANTEMENTE REFLEJAS EN PACIENTES CON TRISOMÍA XXI (FEILOZZO 2009)

- o 13 niños (8 | - 5J)
- o x inicio 9.1 años
- o x seguimiento 23 años
- o 62% luego de los 8 años
- o No SW previo
- o 69% crisis reflejas resistentes
- o Maduración tardía del lóbulo frontal ó inicio temprano de cambios degenerativos en la misma zona cortical

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## REVISIÓN CRÍTICA DE UN MODELO ANIMAL EMERGENTE C.E. STAFSTROM (*EPILEP CURRENTS*, 2009)

- o Modelo animal idealmente válido
  - La ocurrencia de EI en respuesta a varias etiologías
  - Una ventana específica de desarrollo
  - Un tiempo de aparición en relación a ciclo vigilia – sueño
  - La presencia de "salvas"
  - Intentar comprender la fisiopatología a través del modelo animal
  - CRH y el rol del stress en el cerebro en desarrollo
  - Modelo NMDA: EI criptogénicas
  - Modelo síndrome Down: ratón Ts 65 Dn

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## EPILEPSIA MIOCLÓNICA PRECOZ

- *Aicardi 1978*
- *Dalla Bernardina 1983*  
(encefalopatía mioclónica neonatal)
- 3 primeros meses
- EEG: burst-suppression  
predominantemente en el sueño
- Varios otros tipos de crisis
- Alta incidencia de casos familiares
- Frecuentemente sin lesión demostrable
- Alta mortalidad
- Asociación con hiperglicinemia no cetósica

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## SÍNDROME DE DOOSE: EPILEPSIA MIOCLÓNICO-ASTÁTICA (PM CENTROENCEFÁLICO MIOCLÓNICO-ASTÁTICO, *DOOSE 1970*)

- 1-5 años (x 3-4 años)
- Niños normales
- Predominancia en varones
- EEG: 2-3Hz bilateral y sincrónico
- Raramente es orgánica
- Fuerte sospecha de causa genética
- Pronóstico variable
  - *Lagenstein (1980)* 58 pacientes  
77% siguen normales en seguimiento a 7 años
- Pronóstico malo: Persistencia de ritmo theta  
TCG en el primer año  
SE no convulsivos y tónicos

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## SÍNDROME DE DRAVET

- **Epilepsia mioclónica severa**
- **Antecedente CF atípica**
- **Epilepsia polimórfica**
- **Claes (2001) nueva mutación en canal Na<sup>+</sup> (gen SCN1A)**
- **Regresión del desarrollo**
- **Alta morbi - mortalidad**

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## SÍNDROME DE DRAVET

- Se describen tres estadios evolutivos bien definidos, descritos por *Lamberri et al*, como fase febril, fase catastrófica y fase de secuelas.
- **Fase Febril:** Crisis entre 3 y 8 meses, clónicas generalizadas o unilaterales, de duración variable, precipitadas por fiebre con recurrencia temprana, EEG y DPM normal. Luego crisis afebriles.

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## Síndrome de Dravet

- **Fase Catastrófica de Estado:** A partir de los 2 años, aparecen crisis afebriles, mioclónicas, estados convulsivos y crisis polimorfos, resistentes a tratamiento, con EEG paroxístico.
- **Fase de Secuelas o de Deterioro Neuropsicológico:** Constituye el estadio final con un deterioro neurológico y cognitivo grave. Se inicia entre 6 y 12 años, coincidiendo con la disminución o desaparición de crisis sobretodo las mioclonías.

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## Síndrome de Dravet

Pac.	Sexo	Complic. natales	Antecedentes perinatales	Antecedentes familiares	Inmunización previa a inicio de crisis	Desarrollo psicomotor
1	Fem.	No	Ninguno	No	DPT 1ª dosis	Deterioro leve Hipotonía global Retraso del lenguaje
2	Fem.	No	Ninguno	No	DPT 2ª dosis	Deterioro leve
3	Fem.	No	Ninguno	No	DPT 3ª dosis	No deterioro
4	Fem.	No	Ninguno	Si	DPT 3ª dosis	Deterioro leve
5	Masc.	No	Ninguno	no	No	Deterioro severo

Dra. Viviana Granados

## Síndrome de Dravet

Pac.	Edad	1ª crisis				Intervalo a 2ª crisis	Inicio de mioclonías	Estado epiléptico		
		Edad	Post. vacuol.	Tipo	Asociado a febril			Edad	Tipo	Asociado a febril
1	6a	3m	Si	TOG	Si	5m	No	3m	TOG	Si
2	2a 6m	5m	Si	Parcial	Si	1m	No	1a 5m	TOG	No
3	3a	4m	Si	TOG	Si	1m	No	-	-	-
4	6a 5m	6m	Si	Parcial	Si	5m	No	-	-	-
5	6a 10m	8m	no	Parcial	Si	1m	3 años	1a 9m	No datos	Si

Dra. Viviana Granados

## HALLAZGOS EN RMN EN EPILEPSIA DE DRAVET Y CORRELATO GENOTIPO-FENOTIPO

(P. Striano et al, *Epilepsia* 2007)

- o 58 pacientes: 60% mutación SCN1A  
22.4% RMN anormal
- o Las que no tenían la mutación tenían RMN anormal.

## TRATAMIENTO

- Valproato de sodio
- Topiramato
- Stiripentol
- Zonizamida
- Dieta cetogénica
- No:   DPH  
          PB  
          CBZ  
          LMT

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## Síndrome de Lennox Gastaut

- Edad:**            A partir de 2 años
- Clinica:**        Crisis mixtas (ausencias atípicas,  
                    tónicas y atónicas más frecuentemente)  
                    Retardo Mental y/o demencia asociados
- EEG:**            Punta-onda menor que 2.5 Hz
- Etiologías:**    Diversas
- Respuesta aLACTH:** Pobre
- Resistencia a terapia  
                          anticonvulsivante convencional
- Pronóstico:**    Pobre

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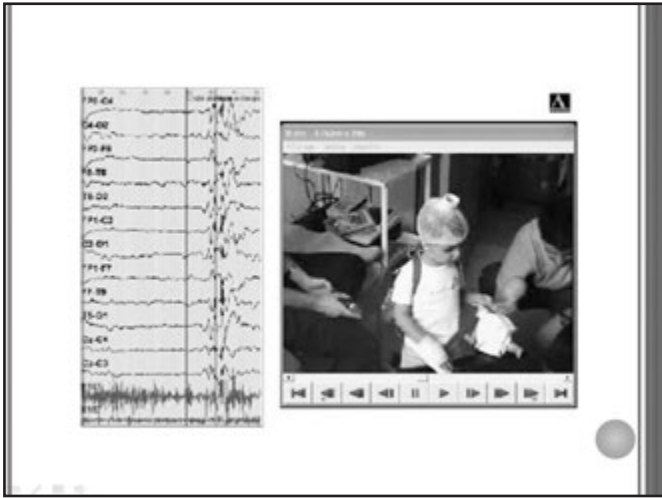
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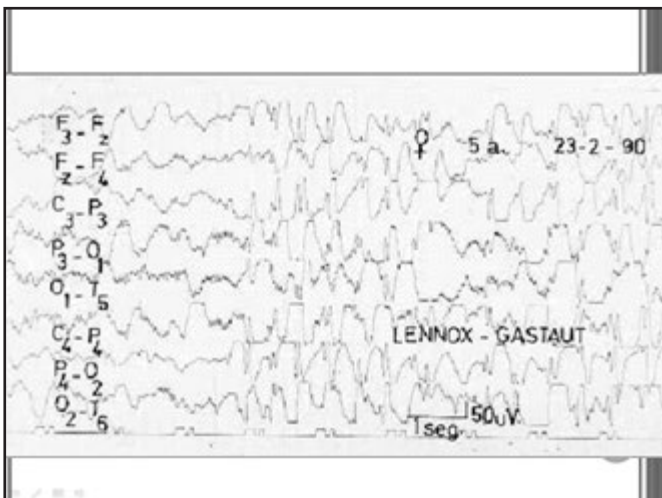
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**NEUROIMÁGENES EN SLG**

- Atrofia cortical difusa: 75%
- PET no anomalías consistentes pero si disminución difusa del metabolismo cortical en aprox.50% (Chugani H, 1987)

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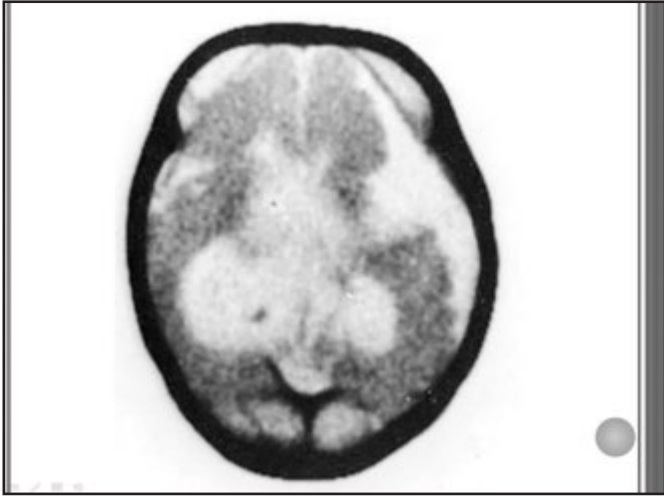
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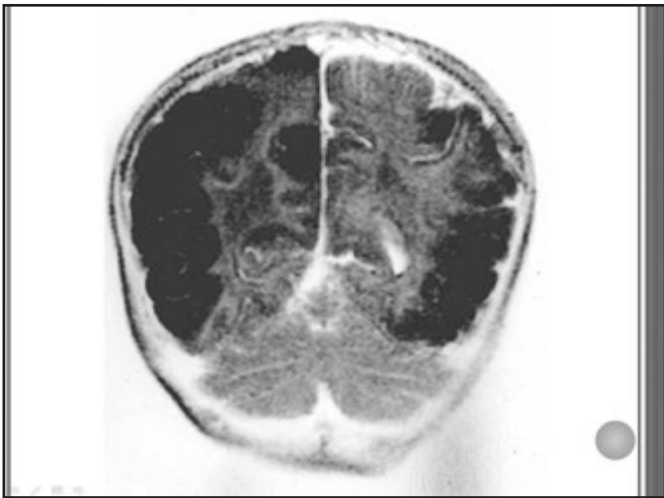
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o El síndrome crisis gelásticas-hamartoma hipotalámico: encefalopatía severa y potencialmente reversible.

*S. Striano et al, Epilepsia 2009*

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### Casuística H.C.H. (1983-2005)

128 pacientes
3 OHT
53 SW
72 SLG

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Edad de Inicio	OHT	SW	SLG
< 6 meses	3	37	48
< 2 años	0	16	21
> 2 años	1+	0	3

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Etiología	OHT	SW	SLG
Sintomática	3	36	59
Criptogénica	0	11	13
Idiopática	0	6	1
Desconocida	0	0	1

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### CONCLUSIONES

- o La clasificación de síndrome epilépticos actualmente electroclínica debe y esta siendo revisada a la luz de los hallazgos genéticos
- o El cerebro en desarrollo tiene respuestas diferentes frente a SE y a diferentes ventanas de ocurrencia de crisis
- o Existen factores de riesgo diferentes para grupos de pacientes que pasan de uno a otro tipo de encefalopatías epilépticas (EE)
- o La mayor parte de estas EE son refractarias a tratamiento médico y tienen mal pronóstico
- o Otras formas de tratamiento no médico están siendo usadas.
- o Los modelos animales nos sirven actualmente para comprender la fisiopatología de la ocurrencia de crisis, características de las EE.

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**Muchas Gracias**

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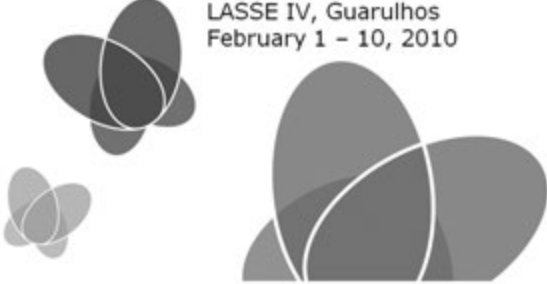
# GROWING OLD WITH EPILEPSY IN HUMANS

## PETER WOLF (DENMARK)

EPILEPSIHOSPITALET  
FILADELFA

Growing old with epilepsy in humans  
Peter Wolf (Denmark)

LASSE IV, Guarulhos  
February 1 - 10, 2010



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EPILEPSIHOSPITALET  
FILADELFA

"Growing old with": long-term course of epilepsies starting earlier and continuing into late adulthood

- Three possible developments:
  1. Improvement
    - remission (conditional or unconditional)
    - no disabling seizures
  2. Continuation
    - with or without change in presentation
  3. Deterioration
    - (or remanifestation)

www.epilepsihospitalet.dk

For all andre sprog: 21. januar 10.00 2010 Filadelfia ©

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EPILEPSIHOSPITALET  
FILADELFA

Age-relation and remission

- Many epilepsy syndromes are "age-related"
- Refers commonly to age of onset
- May also refer to age of remission (e.g. in benign childhood epilepsies)
- In these syndromes remission usually is "unconditional" (no more drugs required)
- It seems to be due to some qualitative mechanism
- Otherwise remission has been little investigated
- It is often "conditional" (i.e. dependent on drug intake)
- Growing old with epilepsy may mean to grow old without seizures but with life-long intake of drugs - example?

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## Seizure propensity and seizure threshold

- Whereas "seizure propensity" sums up all the factors which facilitate the generation of seizures,
- "seizure threshold" sums up all intrinsic factors which counteract generation of seizures. These factors are less well known.
- A seizure would occur when the seizure propensity rises above the seizure threshold,
- in other words: when the sum of facilitating factors is higher than the sum of protective factors:
- Epilepsy needs to be seen as a dynamic condition.
- That is what the patient is growing old with

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## The therapeutic threshold

- Whereas seizure propensity and seizure threshold are to some extent theoretical concepts that can help us to understand the dynamics of ictogenesis but cannot be measured,
- the therapeutic threshold can be calculated.
- It is the level of antiepileptic drug (AED) action which needs to be surpassed to prevent seizures at the time when the interaction of facilitating and protective factors is most unfavourable for the patient, i.e. when the risk of a seizure is highest.

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## Seizure propensity, thresholds and remission

- A high therapeutic threshold reflects a high seizure propensity or a low seizure threshold or both
- Remission could be due to a decrease of sz propensity or an increase of sz threshold
- In either case it would be reflected by a decrease in the therapeutic threshold
- This we have attempted to study with longitudinal antiepileptic drug monitoring in seizure free patients undergoing reduction and discontinuation of AEDs

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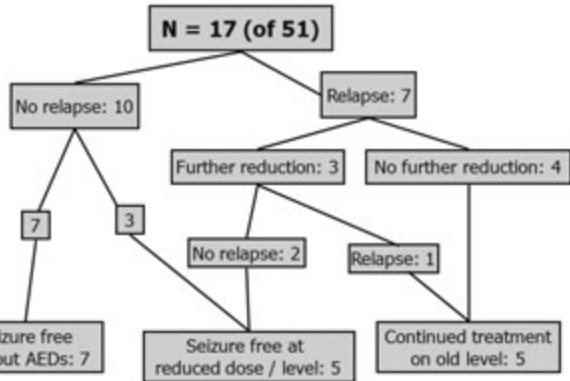
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### Course after 2<sup>nd</sup> reduction




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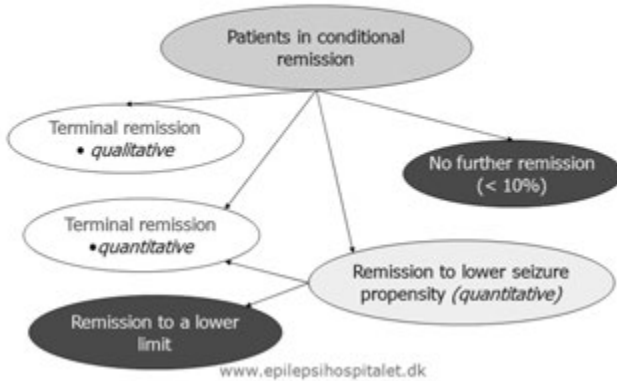
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### Conclusion




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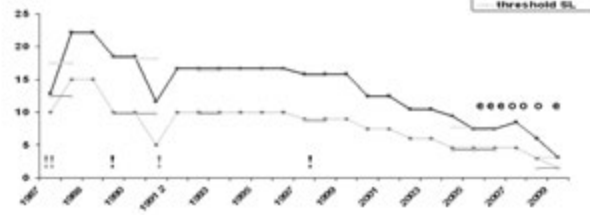
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### A 22 year development of seizure propensity

Margret G., \* 1955, EGMA, PB mono



! = unprovoked seizures      ! = seizures with non-compliance  
e = runs of generalized spike – waves for 40 sec, subclinical      o = normal EEG

ITT (1987) 125 mg (17.5), TT<sub>c</sub> (1991) 100 (16.3), last TT (2009) 15 mg (3.1)

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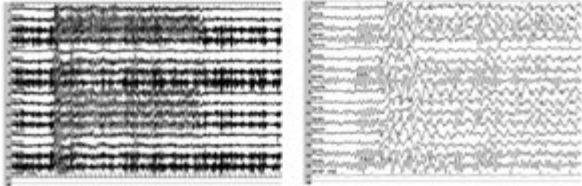
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### Conclusions about remission

- Some epilepsy syndromes have an intrinsic mechanism of termination
- Not all these syndromes have yet been identified
- In patients with conditional remission (i.e. seizure free with AED treatment) usually a decrease of seizure propensity occurs which is reflected in a decrease of the therapeutic AED threshold
- The decrease may be limited:
  - sz propensity stays above seizure threshold
  - life-long treatment required
  - (like in drug-resistant patients)

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### Conclusions about remission (cont.)

- Processes of quantitative remission may also end up with unconditional remission: sz propensity falls below individual seizure threshold
- *Seizure propensity* and its counterpart *seizure threshold* are theoretical concepts and could be summary effects of many contributing factors
- Quantitative mechanisms of remission require time and are not necessarily linear

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## Some specific developments

- PRE + JME
  - The two syndromes often share a reflex epileptic trait, i.e. orofacial reflex myocloni (ORM)
  - Some patients develop the full picture of both syndromes which then each take its typical time course (Radhakrishnan et al. *Brain* 1995; 118: 75-89; Wolf P, Mayer Th, Reker M. *Seizure* 1998; 7: 271-279)
  - Best-known example of two different epilepsy syndromes in one patient. Probably due to shared gene for ORM

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## An unusual development

- Female pat \*1960. Febrile convulsions (hereditary)
- GTCS on awakening since age 11, sporadic absences starting at about the same age: JAE.
- First seen age 25 with a record of 38 GTCS; absences?
- 24 hr EEG: 27 groups of generalised 3 hz SW, lasting 5 to 24 sec, apparently subclinical
- Student of philosophy; paints, plays piano, sports, ballet
- Declared non-complier (takes less than prescribed, regularly)
- Occasional hospital admission after seizure.
- Twice near-drowning with seizure in pool
- From age 25 to 31 another 38 GTCS

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## Pat with JAE (cont.)

- At age 32 change in attitude. Wants seriously to get rid of epilepsy. VPA mono, SC 117 µg/ml
- Avoidance of precipitating factors: sz continue
- Wants to try only self-control without drugs, under supervision
- Cautious slow withdrawal of VPA: in 15 mths without drugs 13 GTCS, in preceding 12 mths with VPA: 16
- No absences; EEG: no spikes and waves!
- The JAE has remitted

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### Pat with two epilepsies (cont)

- Resistant to LTG (postictal level of 5.9 µg/ml)
- GTCS start now with tonic contraction of left arm
- EEG: some slow activity on the right
- Treated with DPH: seizure free since 10 years, initial therapeutic threshold at 13.5 µg/ml
- Patient is now, at age 49, in slow reduction (with one relapse 5 years ago). Therapeutic effect now at 6 µg/ml
- Apart from the peculiar epileptological situation with an IGE followed by cryptogenic focal epilepsy: the patient is an excellent example of the ontological and emotional challenges of epilepsy

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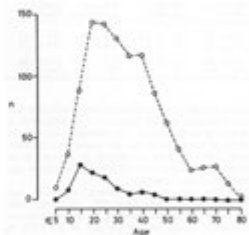
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### Other specific developments: photosensitivity

- Age distribution of patients in Berlin seizure clinic
  - **non-photosensitive**
  - **photosensitive**
- Delayed diagnosis of JME, delayed treatment of jerks and prognosis



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### More specific developments

#### Absence status in elderly persons

- Age 55+
  - Vast majority females
  - Often precipitated by Benzodiazepine withdrawal
  - Untreated at the time, often ill-remembered history of mild IGE in adolescence (few GTCS, sporadic absences), very rare interval seizures: prototype of re-manifestation
- Thomas P et al. 'De novo' absence status of late onset: Report of 11 cases. Neurology 1992; 42:104-110
  - Bauer G et al. Absence status in the elderly as a late complication of idiopathic generalized epilepsies. Epileptic Disorders 2007; 9: 39-42
  - Fernandez-Torre JL, Rebollo M. Typical absence status epilepticus as late presentation of idiopathic generalised epilepsy in an elderly patient. Seizure 2009; 18:82-83

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## Role of menopause?

- Is the de novo absence status related to menopause? (unlikely because of delay)
- Many patients with non-remitted epilepsy hope that their seizures will decrease in menopause.
- This appears to be a logical development in catamenial epilepsy
- Anecdotal reports
- The matter has been very little investigated and the possible effects are obviously not striking.
- Røste LS et al. Does menopause affect the epilepsy?. Seizure 2008;17:172-175

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For all andre sprog: g2 i menu | 12/11/2016 10:00:00 Philadelphia ©

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## Patients who are not seizure free

- Employment
- Driver's licence
- Mobility
- QOL
- Seizure-related complications

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## Examples: complications

- Physical
  - trauma
  - status epilepticus
  - side effects of treatment
  - SUDEP
- Psychical
  - depression and suicide
  - control perceptions, self-estimation
  - learnt helplessness
- Social

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### Complications : delayed side-effects

- PB: frozen shoulder, M. Dupuytren and other reactions of the connecting tissue
- VPA: chronic encephalopathy
- CBZ / OXC: water retention (hyponatremia)

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### About side effects

- Our principal therapeutic aim is complete seizure control without unacceptable side effects
- What makes a side effect acceptable?
  - That it is slight
  - That it provides freedom of seizures
  - That it is hopefully temporary

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### Epilepsy as a social condition

- Driver's licence
- Independent living
- Epilepsy and employment
- Insurance

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## Employment

- To get employment and earn one's own living is an important source of satisfaction and independence
- One of the important aspects of comprehensive care for epilepsy therefore is to help the patients overcome possible obstacles to employment
- Full seizure control makes increases the chances to get employment
- To have a job helps to structure the day which can improve the therapeutic success
- However, in patients who get old with (uncontrolled) seizures stress at the workplace may have a negative effect.
- Such patients may experience an improvement of epilepsy when they retire

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For an article related to this topic visit [www.epilepsihospitalet.dk](http://www.epilepsihospitalet.dk)

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## Examples of a fulfilled life with epilepsy

Edward Lear 1812-1888



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For an article related to this topic visit [www.epilepsihospitalet.dk](http://www.epilepsihospitalet.dk)

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## Fyodor M. Dostoyevsky (1821-1881)

Declined medical treatment (bromides) for fear that it would affect his creativity

Major works with epileptic characters

The Insulted and the Injured (1861)  
Idiot (1868/69)  
Devils (1871/72)  
Brothers Karamazov (1879/80)



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### Joaquim Maria Machado de Assis 1839 - 1908

Dominant figure of Brazilian literature  
Founder and President of Brazilian  
Academy of Letters  
Humble extraction, half-mulatto  
Life-long epilepsy, probably right TLE  
Tried to hide diagnosis which, however,  
was widely known and did not affect the  
great respect he enjoyed



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### Akira Kurosawa (1910-1998)

Mentions in his autobiography  
seizures diagnosed as epileptic,  
probably complex partial  
No concern  
Not affected by them



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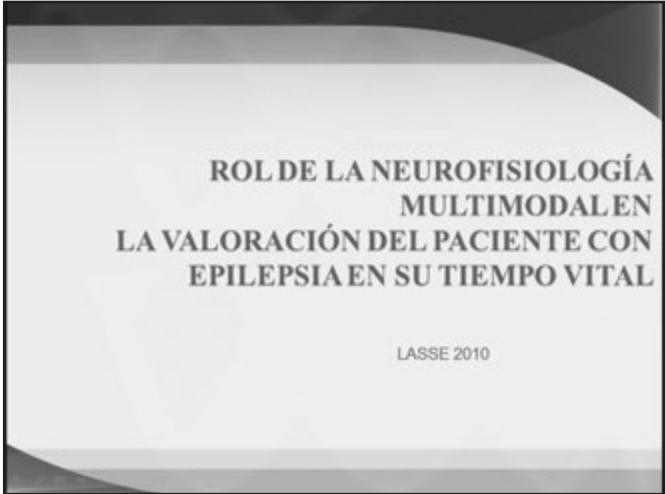
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# ROLE OF MULTIMODAL NEUROPHYSIOLOGY IN LIFE-LONG EVALUATION OF PEOPLE WITH EPILEPSY

## ALICIA BOGACZ (URUGUAY)

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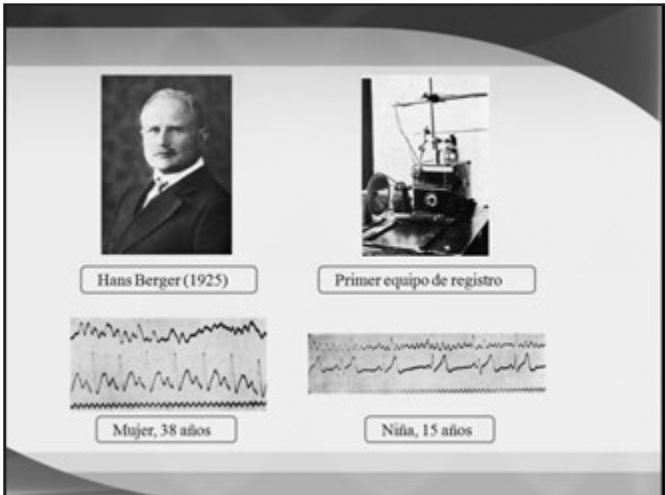
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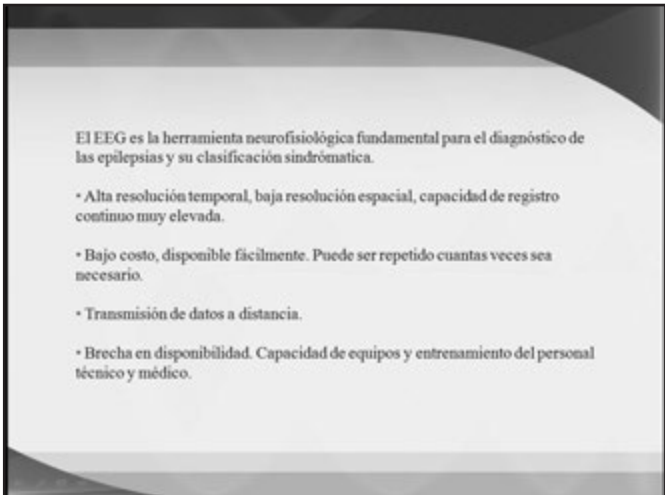
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## POTENCIALES EVOCADOS

Se extraen del EEG, que es una mezcla de actividad espontánea e inducida por estímulos internos y externos, por su relación temporal con el estímulo.



Edgar Douglas Adrian

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## POTENCIALES EVOCADOS

### FACTORES QUE DETERMINAN EL REGISTRO:

- Tipo de estímulo:
  - Visuales fóticos o de formas (Pattern) a diferentes frecuencias, intensidades, colores, tamaños y condiciones de iluminación.
  - Auditivos clicks o tonos, a diferentes intensidades y frecuencias.
  - Somestésicos muy variados, lo más frecuente son pulsos eléctricos.

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## POTENCIALES EVOCADOS

- Parámetros de registro:
  - Lugar de registro en relación con posiciones del sistema 10-20 para EEG. Determina que se registren potenciales de campo cercano o alejado.
  - Tiempo de análisis (Precoces y tardíos)
  - Banda pasante (intervalo de frecuencias analizadas)
  - Número de muestras que deben ser promediadas

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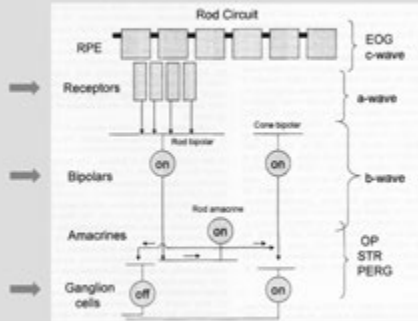
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RELACION DE LAS CÉLULAS DE LA RETINA CON EL ERG




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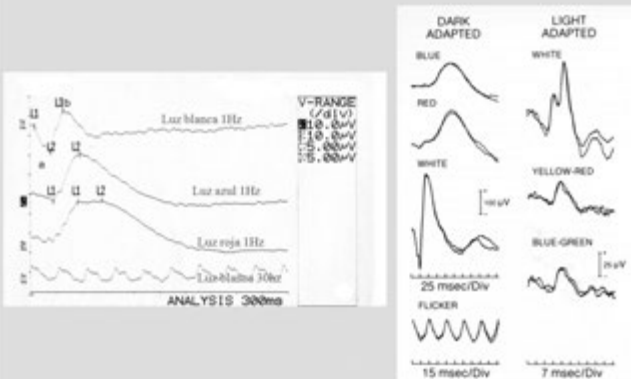
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ERG por Flash




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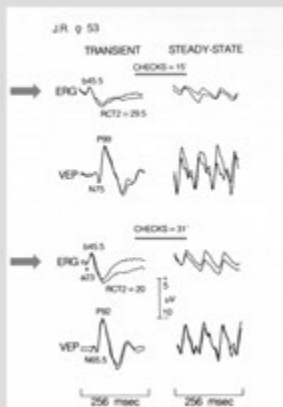
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ERG por Pattern




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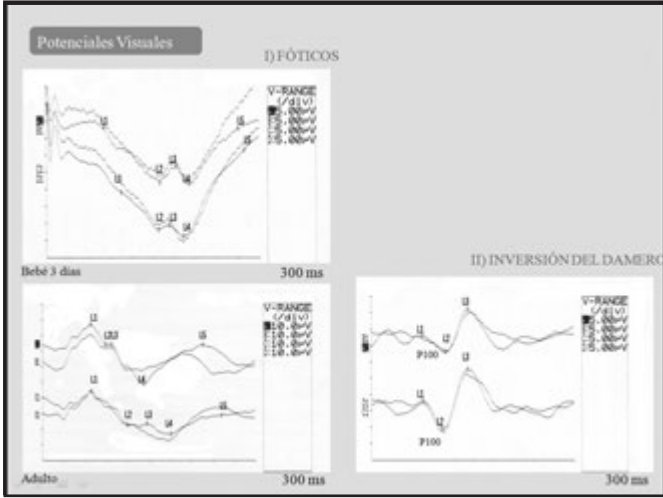
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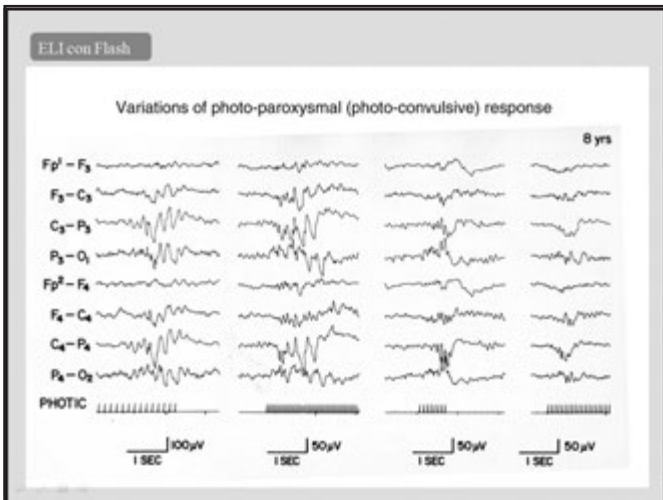
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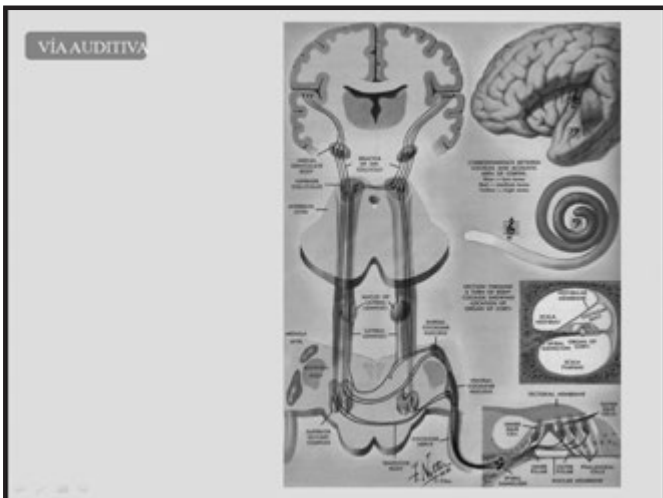
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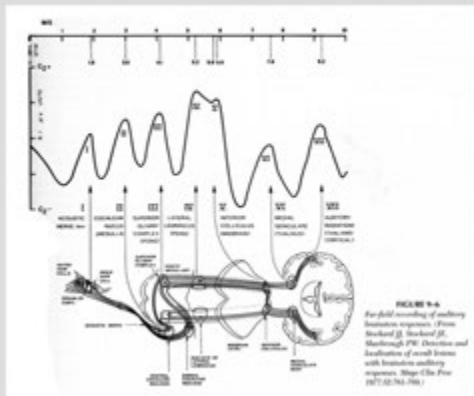


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Relación de los PEA de TC y sus probables generadores




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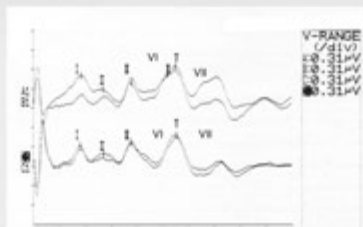
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PEA por clicks a 80 dB

O. izquierdo

O. derecho



- Tiempo de análisis 10 msec.
- Banda pasante 150 Hz a 3000 Hz.
- 4 muestras promediación de 2000 estímulos

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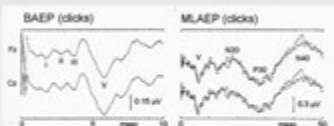
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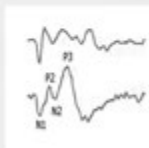
Potenciales evocados auditivos



PEA de Latencia Media  
Tálamo y áreas auditivas no primarias.

Estímulo monótono (background)

Estímulo aleatorio (target)



PEA de larga latencia o  
Potenciales evocados cognitivos

Corteza Auditiva y Frontal  
de asociación.

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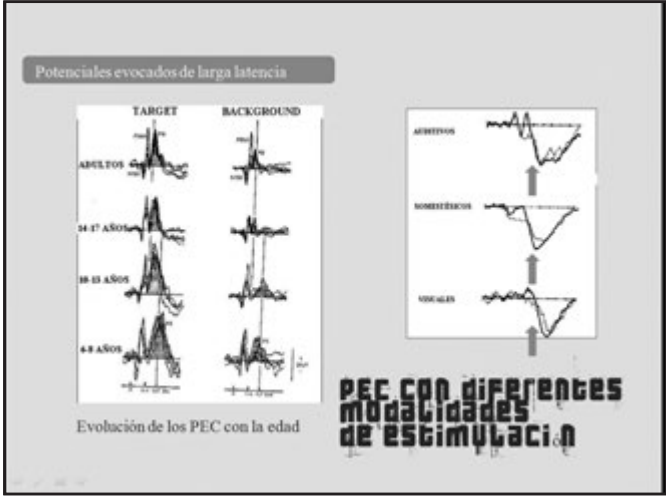
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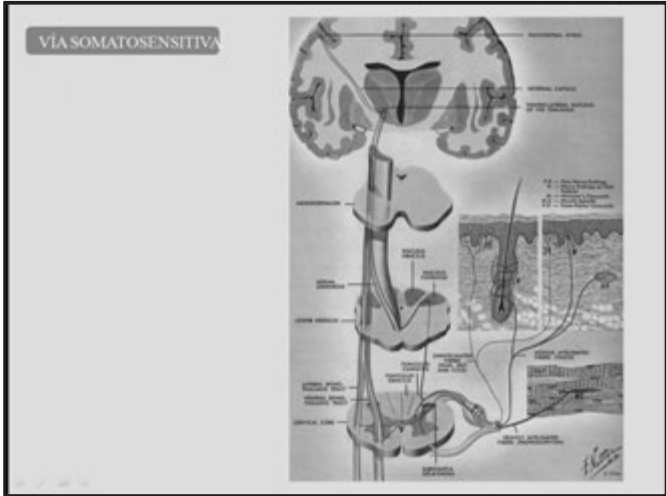
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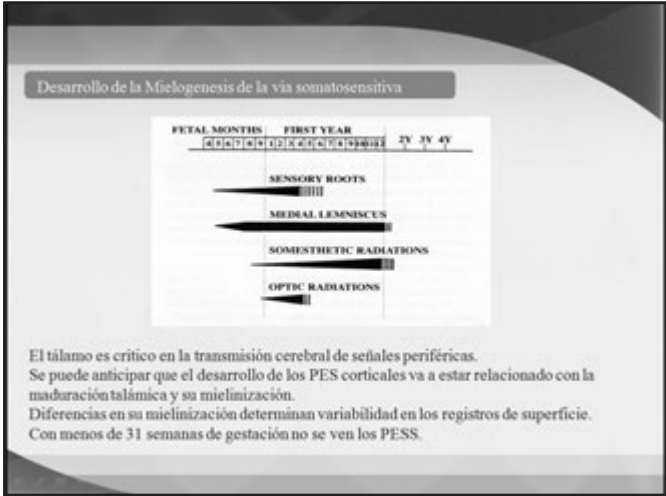
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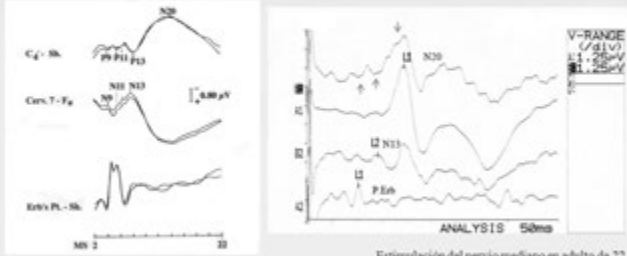
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Potenciales evocados somatosensitivos



Estimulación del nervio mediano en niño de 2 años

Estimulación del nervio mediano en adulto de 22 años

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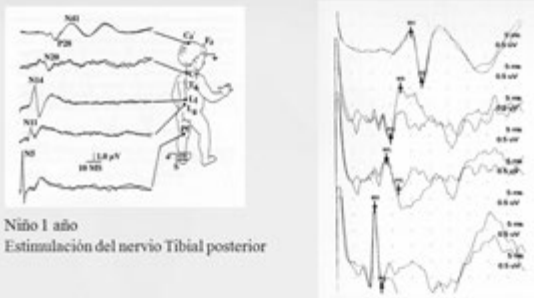
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Potenciales evocados somatosensitivos



Niño 1 año  
Estimulación del nervio Tibial posterior

Adulto de 20 años

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ESTUDIOS EN EPILEPSIAS

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### Cortical auditory dysfunction in benign rolandic epilepsy

Dana F. Boorman, William H. Truscher, Cynthia Smith, Joshua Ewen, Jenna Lee, Heather M. Wied, Barry Gordon, Eric H. Konoff, Qian Guo, and Eileen P. Vining  
*Epilepsia*, 49(6):1013-1026, 2008

- 14 niños con ERB, 7 controles
- PEA provocados con estímulos de tonos y lenguaje
- Audición periférica y subcortical normal
- Los niños con ERB tuvieron alteraciones en el reconocimiento del lenguaje
- Probable disfunción de la corteza auditiva no primaria
- Riesgos en el desempeño académico

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### Pattern-Reversal VEP and Cortical SEP Latency Prolongations in Epilepsy

Esa Mervaala, Tapani Ketanen, Marja Penttila, Juhani V Partanen, and Paavo Riekkinen  
*Epilepsia*, 38(1):441-445, 1997 Raven Press, New York International League Against Epilepsy

- Se estudiaron 20 pacientes con EGI fotosensibles, 11 pacientes con CPC no fotosensibles y 34 controles normales con PEV por inversión del dadero y PESS por estimulación del nervio Mediano
- Los pacientes con EGI presentaron latencias elevadas en el PEV (P2 y N3), y en los PESS (P22)  $p < 0.001$
- Los pacientes con CPC presentaron latencias elevadas en el PEV (N3)  $p < 0.005$
- Se concluye que factores funcionales y estructurales pueden causar enlentecimiento en la conducción central de los impulsos

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### Pattern-reversal Visual Evoked Potentials in Patients with Newly Diagnosed Epilepsy

Bilal O. Gen, c, Emine Gen, Figen Oltay, and Nurhan Ilhan  
*Epilepsia*, 46(1):1219-1225, 2005 Blackwell Publishing, Inc 2005 International League Against Epilepsy

- Se estudiaron 55 pacientes no fotosensibles (no FS), 34 de ellos con CPC; 24 pacientes fotosensibles (FS) y 42 controles normales
- Se estudió el PEV por inversión del dadero, evaluando la latencia del N1, P1 y la amplitud N1-P1
- Los pacientes no FS presentaron un aumento significativo de la latencia P1 en relación a los controles y pacientes FS,  $p < 0.001$
- Los pacientes FS presentaron una reducción significativa de la latencia N1 y un aumento de la amplitud N1-P1,  $p < 0.002$
- Estas diferencias se relacionaron con la presencia o no de fotosensibilidad y no con el tipo de crisis
- Se plantearon alteraciones en uno o más neurotransmisores y daños morfológicos sutiles como microdisgenesis

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Giant somatosensory evoked magnetic field in patients with myoclonus epilepsy.

Uesaka Y, Ugawa Y, Yumoto M, Sakuta M, Kanazawa J.  
Electroencephalogr Clin Neurophysiol. 1993 Nov;87(5):300-5

- We investigated somatosensory evoked magnetic fields (SEFs) and somatosensory evoked potentials (SEPs) in patients with myoclonus epilepsy.
- The median nerve was stimulated at the wrist, and responses were recorded over the contralateral hemisphere.
- The source of the enlarged cortical component of the giant SEF was localized on the post-central sensory cortex.
- The P1 component of the giant cortical response was composed mainly of a tangentially oriented dipole at area 3b.

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### Visual Evoked Potentials, Brainstem Auditory Evoked Potentials, and Quantitative EEG in Baltic Progressive Myoclonus Epilepsy

Esa Mervuola, Tapani Keränen, Ari Paakkonen, Juhani V. Partanen, and Paavo Riekkönen

Epilepsia, 36(7):441-445, 1995 Raven Press, New York International League Against Epilepsy

- Se estudiaron 16 pacientes con epilepsia mioclónica progresiva Báltica con PEV por inversión del dadero, PEA de TC y EEG cuantitativo
- Se observaron: -aumentos en las latencias de el PEV, con amplitudes normales
  - prolongación del tiempo de conducción central en el PEA
  - disminución de la actividad beta y alfa y aumento de la actividad theta y delta en el EEGq
- Se concluye que existe una alteración multimodal de las proyecciones sensoriales a las áreas sensoriales corticales en la EMP Báltica
- Los resultados evidencian que más allá de un trastorno desmielinizante, los defectos en la transmisión sináptica pueden producir alteraciones en los PE
- Los cambios en el cerebro epiléptico no están confinados a las neuronas epilépticas hiperexcitables, sino que serían fenómenos electrofisiológicos más extensos

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### Differences in Evoked Potential Findings between DRPLA Patients and Patients with Cortical Reflex Myoclonus

Kiyoto Kasai, Teiichi Onuma, Masaki Kato, Takaji Kato, Jun Takeya, Masanori Sekimoto, Kieichiro Watanabe, Naohiko Mizumi, Yu-ichi Goto, and Yoshio Mizube  
Epilepsia, vol. 41, Suppl. 9:200

- Se estudiaron: -10 pacientes con atrofia dentorubrolámica (DRPLA), con confirmación genética basada en la expansión de la repetición del triplete CAG (62-75) en el cromosoma 12p.
  - 3 pacientes con epilepsia mioclónica progresiva tipo Unverricht-Lundborg (EMP) con confirmación genética de la expansión de la repetición para el gen de la cistatina B.
- Se estudiaron los PESS por estimulación del nervio Mediano y los PEA de TC.
- Los pacientes con DRPLA mostraron una reducción en la amplitud de los PESS y ausencia de ondas III y V en los PEA.
- Los pacientes con EMP mostraron aumento en la amplitud de los PESS y presencia de todas las ondas en los PEA.
- Existe una clara diferencia entre ambas entidades con predominio de las alteraciones subcorticales en la DRPLA y hiperexcitabilidad cortical en la EMP.

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The Effect of Sodium Valproate on Sleep, Reaction Times, and Visual Evoked Potential in Normal Subjects

G. E. A. Harding, C. A. Alford, and T. E. Powell *Epilepsia*, 2003; 44:1001-1003 Raven Press, New York International League Against Epilepsy

- Se estudiaron en 10 voluntarios normales los efectos del Ácido Valproico en el Tiempo de reacción simple, los PEV y el EEG durante el sueño.
- Se analizaron con dosis bajas (500mg), dosis altas (1000mg), placebo y luego de la privación.
- No se encontraron alteraciones del Tiempo de reacción, los PEV ni el EEG durante el sueño

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No Effect of Long-Term Vigabatrin Treatment on Central Nervous System Conduction in Patients with Refractory Epilepsy: Results of a Multicenter Study of Somatosensory and Visual Evoked Potentials

F. Mangukke, P. Chauvel, J. Dewailly, N. Douze, and the PMS Study Multicenter Group *Epilepsia*, 2003; 44:1001-1003 Raven Press, New York International League Against Epilepsy

- En estudios en perros el uso de Vigabatrina (VGT) se asoció a edema intramielínico y retardo en la conducción central estudiada con PESS y PEV.
- 201 pacientes con epilepsia parcial refractaria, tratados con VGT por períodos prolongados, con dosis promedio de 2 a 3g/día.
- Se estudiaron los PESS por estimulación del nervio Mediano, y los PEV por inversión del dadero, al inicio y cada 6 meses por 2 años.
- 109 pacientes completaron el estudio, 92 abandonaron la medicación, 37 de los cuales continuaron siendo estudiados.
- No se observaron cambios consistentes en el grupo total de pacientes tratados.
- El número de anomalías fue similar en el grupo tratado que en los que discontinuaron la VGT.
- Se concluyó que no hay evidencia de cambios en los PESS y PEV atribuibles a una conducción neuronal anormal en el CNS durante el tratamiento prolongado con VGT

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Effects of Long-Term Vigabatrin on Somatosensory- Evoked Potentials in Epileptic Patients

C. Liegeois-Chauvel, P. Marquis, D. Gisselbrecht, R. Pantiéri, D. Beaumont, and P. Chauvel *Epilepsia*, 2003; 44:1001-1003 Raven Press, Ltd. New York 1989 International League Against Epilepsy

- La VGT es una DAE efectiva y un inhibidor específico e irreversible de la GABA-transaminasa.
- En estudios en animales produce efectos tóxicos variados según la especie.
- Se estudiaron 54 pacientes tratados en politerapia con VGT a dosis de 1a 4g/día en períodos de 1 a 25 meses y 7 controles voluntarios.
- Se analizaron los PESS por estimulación del nervio Mediano, al inicio y a los 3, 6, 12 y 24 meses.
- No se encontraron alteraciones a nivel de la conducción nerviosa central en el CNS.
- La medicación sería segura en humanos

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**Electro-Oculography, Electroretinography, Visual Evoked Potentials, and Multifocal Electroretinography in Patients with Vigabatrin-Attributed Visual Field Constriction**

G. F. A. Harding, J. M. Wild, K. A. Robertson, M. C. Lawden, T. A. Betts, C. Barber, and P. M. F. Barnes  
*Epilepsia*, 43(11): 1430-1431, 2000 Lippincott Williams & Wilkins, Inc., Baltimore International League Against Epilepsy

- Se estudiaron 8 pacientes con alteraciones del campo visual (CV) atribuidas a el uso de VGT, 6 de ellos no recibían más VGT.
- Se analizó el campo visual central y periférico, ERG por flash y pattern, ERG multifocal y los PEV por flash y pattern.
- 8 mostraron constricción concéntrica del CV
- 7 retardo de los potenciales oscilatorios en los PEV, 5 retardo de las ondas b en la respuesta flicker del ERG.
- En el ERG multifocal las alteraciones se relacionaron con la alteración del CV y confirmaron que el déficit ocurre a nivel de la retina.
- Se concluyó que una marcada constricción del CV se asocia al uso de VGT y esta alteración así como las alteraciones electrofisiológicas persisten luego de suspendida la terapia con VGT

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**Effects of Carbamazepine on Auditory Brainstem Response, Middle-Latency Response, and Slow Cortical Potential in Epileptic Patients**

G. Japaneidze, D. Kvernadze, T. Geladze, and Z. Kevanishvili  
*Epilepsia*, 34(8): 1325-1330, 1993 Raven Press, Ltd., New York International League Against Epilepsy

- Se estudiaron 21 pacientes con epilepsia, tratados con CBZ en monoterapia, antes y durante el tratamiento.
- Se realizaron PEA de corta latencia (ABRs) y latencia media (MLR) y latencia prolongada (SCPs), valorando las latencias, los intervalos interpico y las amplitudes.
- Se observó un incremento significativo de las latencias en todas las modalidades de PEA ( $p < 0.005$  a  $p < 0.001$ )
- Se sugiere que la CBZ produce alteraciones en las vías específicas (lemniscas) y no específicas (extralemniscas) de la vía auditiva central.

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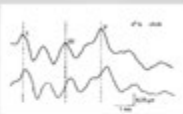


FIG. 1. Auditory brainstem responses registered in an epileptic patient before (top) and during treatment (bottom) with carbamazepine.

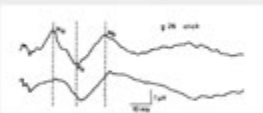


FIG. 2. Middle-latency responses registered in an epileptic patient before (top) and during (bottom) treatment with carbamazepine.

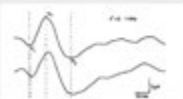


FIG. 3. Slow cortical potentials registered in an epileptic patient before (top) and during (bottom) treatment with carbamazepine.

Effects of Carbamazepine on Auditory Brainstem Response, Middle-Latency Response, and Slow Cortical Potential in Epileptic Patients

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Carbamazepine Does Not Affect Short-Latency Somatosensory Evoked Potentials: A Longitudinal Study in Newly Diagnosed Epilepsy

L. Carezini, E. Bottacchi, M. Catterfingo, G. D'Alessandro, and A. Mamoli  
*Epilepsia* 28(2): 143-148, 1987 Raven Press, Ltd., New York International League Against Epilepsy

- Se estudiaron 12 pacientes con diagnóstico reciente de epilepsia y tratamiento con CBZ en monoterapia y 12 controles normales.
- Se realizaron PESS por estimulación del nervio Mediano.
- Se valoró las latencias a nivel espinal (N13) y a nivel parietal (P14, N20, P25) y las latencias interpico (N13-N20), (P14-N20).
- No se observaron anomalías.
- No hubo diferencias significativas entre los pacientes y los controles normales, así como antes del tratamiento y después de un año del mismo.

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Phenobarbital and Phenytoin Effects on Somatosensory Evoked Potentials and Spontaneous EEG in Normal Cat Brain

Bonnie J. Kaplan *Epilepsia* 18(3), 1977 Raven Press, New York

- Se estudiaron gatos implantados crónicamente, con administración oral crónica de fenobarbital (FB) y fenitoina (DFH).
- Se analizó el efecto de dos dosis: FB a 3mg/Kg y 15mg/Kg y DFH a 5mg/Kg y 8mg/Kg en los PESS y en el análisis espectral del EEG.
- El FB a dosis bajas sólo alteró los registros en la formación reticulada mesencefálica; a dosis altas provocó una atenuación generalizada de las respuestas.
- La DFH en ambas dosis provocó: 1) Un aumento de los PESS, especialmente en el hipocampo dorsal.  
2) Cambios en la vía dentado-talámica.  
3) Los cambios en el EEG no ocurren en los picos de frecuencia, como fue reportado en humanos.
- Se concluye que los cambios en los PESS y el EEG son mínimos a dosis no tóxicas de FB y DFH

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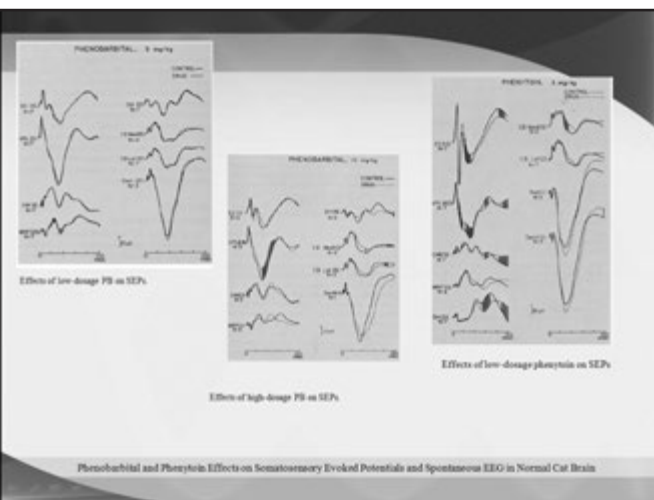
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Estimulación magnética



Silvanus P. Thompson estimulando su cerebro (1910)



Primer estimulador magnético de uso Clínico. Baker y col. (1985)

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Estimulación magnética

- La estimulación magnética de la corteza motora induce la estimulación transináptica de la neuronas corticoespinales, por la generación de un potencial de acción excitatorio o inhibitorio de las interneuronas corticales
- Esto se traduce en una serie de potenciales (I wave) que inducen una contracción en músculos contralaterales a la estimulación
- La estimulación espinal logra la estimulación de las raíces motoras
- El registro en el músculo estudiado de los potenciales inducidos por ambas estimulaciones y su diferencia de latencias permite el cálculo de un tiempo de conducción motora central (TCMC)
- Se obtienen respuestas desde las 33 semanas de edad concepcional, y alcanzan los valores del adulto alrededor de los 11 años

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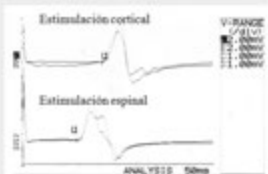
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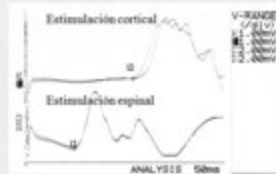
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Estimulación magnética



Primer interóseo dorsal



Tibial anterior

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### Estimulación magnética

#### SEGURIDAD EN SU USO:

- Desde su introducción en 1985 se estudiaron miles de pacientes y controles con EMT de pulso único y EMT repetitiva
- Se realizaron estudios en animales y humanos para valorar las características de la técnica y sus efectos
- La corriente inducida en el cerebro es comparable a la usada en la estimulación de los nervios periféricos y de magnitudes de orden cuatro veces menores que las usadas en terapia electroconvulsiva
- No se detectaron efectos significativos en frecuencia cardíaca, presión arterial, EEG, y funciones cognitivas
- La presencia de objetos metálicos intracraneanos es una contraindicación relativa
- La EMT repetitiva tiene mayor probabilidad de producir crisis, dependiendo de la intensidad y frecuencia del estímulo
- Guías de seguridad para el uso de EMT de pulso único y repetitiva. (Pascual-Leone, 1993; Chen, 1997; Wasserman, 1998)

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### Estimulación magnética

#### USOS EN EPILEPSIA:

- Estudio de la excitabilidad cortical
- Valoración de la acción de DAE
- Localización de área motora y lateralización del lenguaje
- Inducción de crisis
- Tratamiento en epilepsia

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### Estudio de la excitabilidad cortical

#### ESTUDIOS CON ESTÍMULOS AISLADOS:

- Umbral de la respuesta motora: intensidad de estimulación mínima para producir una contracción en el músculo estudiado en 50% de 10 estimulaciones
- Amplitud del potencial motor: la medida más usada del efecto excitatorio de la EMT
- Período de silencio cortical: período de silencio en el EMG, luego de un estímulo cortical, en un músculo que se estaba contrayendo y que continúa haciéndolo luego del mismo

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**Análisis de la amplitud del potencial motor**

**Período de silencio cortical**

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**Mapa de área y volumen de corteza motora**

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**Estudio de la excitabilidad cortical**

**ESTÍMULOS PAREADOS:**

- Inhibición y facilitación cortical: se analizan curvas de recuperación con estímulos pareados en períodos de interestímulo breves (1 a 16 mseg) y prologados (25 a 400 mseg) para estudiar la inhibición y facilitación intracortical
- Inhibición transcallosa: se analiza el efecto del estímulo en la corteza ipsilateral a un músculo, seguido de un estímulo contralateral
- Extensión de la excitabilidad intracerebral: se analiza el aumento de la amplitud del potencial motor y la extensión de la respuesta cortical a otros músculos próximos con estímulos de diferente intensidad, frecuencia y duración. En general se produce con estímulos de más de 10 Hz

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### Idiopathic Generalized Epilepsy: Magnetic Stimulation of Motor Cortex Time-Locked and Unlocked to 3-Hz Spike-and- Wave Discharges

Maria Gianelli, Roberto Castello, Carlo Ciaraldi, Paola Naldi, Diego Bettrucci, M. Pia Schiavella, and Roberto Mutani

Epilepsia, 35(1):55-60, 1994 Raven Press, Ltd., New York International League Against Epilepsy

- 20 pacientes con EGI y descargas de complejos espica-onda lenta a 3/seg en el EEG.
- 10 controles pareados por edad y sexo.
- Se estudio el umbral de la respuesta motora, en ambos hemisferios.
- El umbral estuvo significativamente aumentado en pacientes tratados con DAE ( $p < 0.01$ ) y en no tratados ( $p < 0.03$ )
- En 4 pacientes se estudio el efecto de la EMT con relación a las descargas:  
La amplitud del potencial motor estuvo significativamente reducida cuando se estimulo simultaneamente con la onda lenta ( $p < 0.001$ ) e incrementado o reducido con la espica.
- La excitabilidad cortical estaria reducida en pacientes con EGI y descargas de complejos de espica-onda lenta a 3/seg en el EEG.

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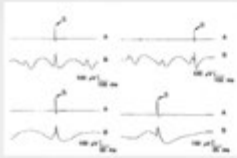


FIG. 3. Two typical examples of motor cortical stimuli (S) time-locked to a spike of the spike and wave complex (B), not followed by any motor evoked potentials (A). Bottom panels: Same signals (A and B) after off-line electronic expansion of the time base.

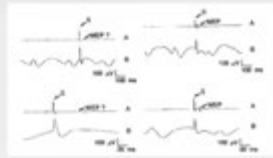


FIG. 4. Motor cortical stimuli (S) time-locked to the ascending (A) and descending (D) phase of a slow wave in the spike-wave complex (B) and followed by very small motor evoked potentials (A). Bottom panels: Same signals after off-line electronic expansion of the time base.

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Idiopathic Generalized Epilepsy: Magnetic Stimulation of Motor Cortex Time-Locked and Unlocked to 3-Hz Spike-and- Wave Discharges

### Early and Late Intracortical Inhibition in Juvenile Myoclonic Epilepsy

Paolo Manganotti, Luigi Giuseppe Bongiovanni, Giampietro Zanette, and Antonio Fiaschi

Epilepsia, 41(9): 1128-1 138, 2000 Lippincott Williams & Wilkins, Inc., Baltimore International League Against Epilepsy

- 15 pacientes con EMJ y 12 controles se estudiaron con EMT con pulsos aislados y pareados para estudiar la inhibición motora cortical
- Se utilizaron intervalos interestimulo entre 1mseg a 400 mseg
- La inhibición del PEM estuvo significativamente descendida para intervalos de 1 a 4 mseg ( $p < 0.001$ )
- No hubo diferencias significativas a intervalos mayores, 100 a 150 mseg
- Esto se observo en ambos hemisferios, en pacientes tratados con DAE y no tratados
- No hubo diferencias en la facilitación intracortical, umbral motor, amplitud del PEM y el periodo de silencio cortical
- Conclusión: Existe una alteración de los circuitos inhibitorios interneuronales en la EMJ

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# SINGLE EPILEPTIC SEIZURE

## JAIME CARRIZOSA (COLOMBIA)

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### CRISIS ÚNICA EPILÉPTICA

Jaime Carrizosa Moog  
Neurólogo Infantil  
Universidad de Antioquia - Medellín  
Colombia

LASSE IV

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### DEFINICIONES

Epilepsia es un trastorno cerebral caracterizado por una predisposición a generar crisis y que produce consecuencias neurocognitivas y psicosociales.

Una crisis epiléptica es un episodio transitorio de signos y síntomas debidos a una descarga anormal hipersincrónica de las neuronas.

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### DEFINICIONES

**Crisis aguda sintomática:** crisis que ocurre en espacio temporal cercano a una lesión sistémica cercana como por ejemplo intoxicación, trauma, desequilibrio hidroelectrolítico etc.

- Tiene una clara relación temporal con el insulto
- No tiene una clara tendencia a recurrir
- No suelen desarrollar epilepsia

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## DEFINICIONES

### Crisis única no provocada:

- No tiene un factor desencadenante
- Puede predisponer a recurrencia
- En mayores de 1 mes
- Todas las crisis que ocurren en 24 horas son una sola crisis
- 10 a 12% de las crisis únicas no provocadas son un estado epiléptico

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## EPIDEMIOLOGÍA

Table 1. Incidence (per 100,000 population per year) of seizures by type

Author (year)	Area (country)	Population	N. cases	Incidence			Design	
				All	Acute symptomatic	Unprovoked Single		
Loiseau et al. (1990)	Gironde (France)	1,128,144	804	71.3	29.0	42.3	18.3	Prospective
Hauser et al. (1993)	Rochester (U.S.A.)	2,003,357*	1,572	100.0	39.0	61.0	NA	Retrospective
Annegers et al. (1995)								
Foragren et al. (1996)	Umea (Sweden)	101,583	218	76.0	20.0	56.0	NA	Prospective, adults
Jallon et al. (1997)	Geneva (Switzerland)	384,657	273	70.8	25.2	45.6	NA	Prospective
MacDonald et al. (2000)	London (U.K.)	100,230	NA	NA	NA	57.0	11.0	Prospective
Olafsson et al. (2005)	Iceland	882,151	501	NA	NA	56.8	23.5	Prospective

\*Person-years (50-year period).  
NA, not available.

Epilepsia, 49(Suppl. 1):8-12, 2008  
doi: 10.1111/j.1528-1167.2008.01443.x

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## EPIDEMIOLOGÍA

Incidencia crisis única no provocada (Olafsson):

130,2 / 100 000 en menores de 12 meses

110,5 / 100 000 en mayores de 65 años

24,4 en hombres y 22,5 en mujeres

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## FACTORES DE RIESGO DE RECURRENCIA

1. Edad menor de 12 años o mayor de 60 años
2. Antecedente familiar de epilepsia
3. Antecedente personal de convulsión febril
4. Etiología sintomática
5. Examen físico anormal
6. EEG anormal
7. Crisis durante el sueño (52% vs 30%)

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## IMÁGENES

Practice Parameter: Evaluating an apparent unprovoked first seizure in adults (an evidence-based review) Report of the Quality Standards Subcommittee of the American Academy of Neurology and the American Epilepsy Society 2007

"Brain imaging with CT or MRI should be considered as part of the routine neurodiagnostic evaluation of adults presenting with an apparent unprovoked first seizure (Level B)."

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Practice parameter: Evaluating a first nonfebrile seizure in children Report of the Quality Standards Subcommittee of the American Academy of Neurology, the Child Neurology Society, and the American Epilepsy Society

• If a neuroimaging study is obtained, MRI is the preferred modality.

• Emergent neuroimaging should be performed in a child of any age who exhibits a postictal focal deficit (Todd's paresis) not quickly resolving, or who has not returned to baseline within several hours after the seizure.

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• Nonurgent imaging studies with MRI should be seriously considered in any child with a significant cognitive or motor impairment of unknown etiology, unexplained abnormalities on neurologic examination, a seizure of partial (focal) onset with or without secondary generalization, an EEG that does not represent a benign partial epilepsy of childhood or primary generalized epilepsy, or in children under 1 year of age.

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### ¿POR QUÉ LA DIFERENCIA ENTRE NIÑOS Y ADULTOS?

ESTUDIO Y AÑO	ANORMALIDADES EN IMÁGENES
Das; 2000	17%
Edmonstone; 1995	47%
Forsgren; 1996	4%
Hopkins; 1988	1%
Hui; 2001	11%
Schoenenberger; 1994	29%
Van Donselaar; 1992	3%

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### EXAMENES DE LABORATORIO

• Los exámenes de laboratorio solo deben ser realizados teniendo en cuenta la condición individual del paciente, que incluye situaciones históricas o circunstanciales como vómito, diarrea, deshidratación o demora en recuperar la conciencia.

• El tamizaje toxicológico debe ser considerado si existe el antecedente de exposición a tóxicos o de abuso de sustancias.

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## EEG y Recurrencia

- Existen 12 estudios en adultos: Clase I: 1 y Clase II: 11
- Población total: 1799, 98% con EEG
- Anormalidades totales en EEG: 51%
- Anormalidades específicas como espiga onda lenta generalizadas o espigas focales: 29%
- Las anormalidades específicas están relacionadas con el riesgo de recurrencia.

Neurology 2007

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### HALLAZGOS EEG Y RIESGO DE RECAIDA EN EPILEPSIA NO SINTOMÁTICA – SHINNAR, 1993

HALLAZGOS EN EEG	RECAÍDA A 24 MESES
NORMAL	25%
ALTERACIONES NO EPILEPTIFORMES	34%
ALTERACIONES EPILEPTIFORMES	54%

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### RECOMENDACIÓN DE LA SAE Y DE LA AAN

A TODA PERSONA CON UNA CRISIS ÚNICA NO PROVOCADA SE LE DEBE REALIZAR UN EEG PORQUE AYUDA EN LA CLASIFICACIÓN DE LA CRISIS Y PORQUE TIENE UN VALOR PREDICTOR DE RECURRENCIA.

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## ¿ES PERTINENTE ESA RECOMENDACIÓN?

- Con frecuencia, solo basados en la historia clínica se puede hacer una clasificación de la crisis o del síndrome ¿Validez del EEG?
- Si el consenso general es el de no tratar las crisis únicas no provocadas, entonces ¿para qué tomar un EEG?
- ¿Tiene sentido práctico invertir dinero en EEGs cuando no se va intervenir terapéuticamente o cuando se va solo a anunciar un posible riesgo de recurrencia?

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## PROPUESTA

- Realizar estudios propios, que consideren las particularidades latinoamericanas
- Diseñar guías o recomendaciones propias
- Analizar cada caso de manera individual

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## ¿TRATAR O NO TRATAR?

ESTUDIO	EDADES	RECAIDAS % 1 AÑO
STOINK; 1998	NIÑOS	46
MARTINOVIC; 1997	NIÑOS	65
SHINNAR; 1996	NIÑOS	29
BOULLOCHE; 1989	NIÑOS	29
CAMFIELD; 1985	NIÑOS	40
ANNEGERS; 1986	NIÑOS-ADULTOS	36
HART; 1990	NIÑOS ADULTOS	37
HAUSER; 1990	NIÑOS ADULTOS	14

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## ESTUDIOS ALEATORIZADOS SOBRE EL TRATAMIENTO EN CRISIS ÚNICA

ESTUDIO Y AÑO	RECURRENCIA CON TRATAMIENTO	RECURRENCIA SIN TRATAMIENTO
CAMFIELD; 1989	14,3%	52,9%
CHANDRA; 1992	4,3%	55,7%
GILAD; 1996	22%	71%
FIRST; 1993	18%	39%
DAS; 2000	11,1%	45%
MARSON; 2005	18%	26%

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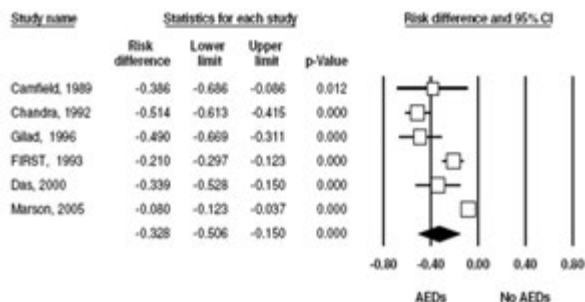
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## METANÁLISIS




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## EFFECTO DEL TRATAMIENTO EN LA EVOLUCIÓN DE EPILEPSIA

- Estudio FIRST: es necesario tratar 4 personas con crisis única para lograr la remisión de una persona con epilepsia.
- Estudio MESS: es necesario tratar 14 personas con crisis única para lograr la remisión de una persona con epilepsia.
- El tratamiento de la crisis única no interfiere en el desarrollo normal de la epilepsia.

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## RIESGOS VITALES DEL TRATAMIENTO

EFFECTO ADVERSO	MEDICACIÓN	RIESGO
SÍNDROME DE STEVEN JOHNSON o NECRÓLISIS EPIDÉRMICA TÓXICA	CBZ, PHT, LTG	1-10/ 10 000
SÍNDROME DE HIPERSENSIBILIDAD A ANTICONSULSIVANTES	PHT, CBZ, PB	1/ 1 000 – 10 000
ANEMIA APLÁSTICA	CBZ	1/ 200 000
AGRANULOCITOSIS	CBZ	1/ 70 000
MUERTE	CBZ	1/ 450 0000
ANEMIA APLÁSTICA	FELBAMATO	1/ 2000 – 37 000
HEPATOTOXICIDAD	VPA	1/ 500 – 37 000
ARRITMIAS	CBZ, PHT	?

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**Table 1. Proportion of patients reporting adverse events in the two arms of the MESS study, in which patients with single or rare seizures were randomized to immediate or deferred treatment with antiepileptic drugs<sup>a</sup>**

	Patients randomized to immediate treatment (n = 722 <sup>a</sup> )	Patients randomized to deferred treatment (n = 721 <sup>b</sup> )
No adverse events reported	60.6%	69.2%
At least one adverse event reported	39.4%	30.8%
Depression, anxiety	5.8%	4.5%
Dizziness, unsteadiness	5.4%	4.6%
Gastrointestinal symptoms	6.0%	3.5%
Tiredness, drowsiness	6.0%	3.3%
Headache	5.4%	1.9%
Injury	4.1%	3.2%
Rash or acne	4.5%	2.0%
Surgery	3.1%	3.0%
Chest pain, myocardial infarction	3.1%	3.0%
Impaired memory or concentration	2.8%	2.2%
Weight gain, increased appetite	2.0%	2.7%
Behavioral problems	2.9%	1.7%
Tremor	2.5%	0.9%

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## INTERACCIÓN CON ANTICONCEPTIVOS (ACO)

FAE QUE REDUCEN ACO	CBZ, PHT,PB,PRM,OXC,TPM,LTG, FLB
ACO QUE REDUCEN FAE	VPA, LTG
NO PRODUCEN CAMBIOS	VPA,GBP, LTG,PGB, TG, ZS

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## RIESGO DEL TRATAMIENTO

1. TRATAMIENTO NO EFECTIVO
2. RIESGO VITAL
3. APARICIÓN DE EFECTOS SECUNDARIOS 15%
4. TOXICIDAD CRÓNICA
5. TERATOGENICIDAD
6. ROTULACIÓN DE ENFERMO Y ESTIGMA

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## BENEFICIOS DEL TRATAMIENTO

1. ¿POSIBILIDAD DE EVITAR LESIONES POR LAS CRISIS?
2. ¿POSIBILIDAD DE EVITAR UN ESTADO EPILÉPTICO?
3. REDUCCIÓN DE CRISIS EN LOS SIGUIENTES 24 MESES
4. SEGURIDAD EN EL AMBIENTE LABORAL Y SOCIAL

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## IMPACTO EMOCIONAL

- Personas con epilepsia refieren ansiedad ante una nueva crisis en un 30%
- Las mismas personas refieren molestia por cambios en el estilo de vida en un 25%
- Muchas personas refieren molestia por tener que tomar FAE
- Al recibir el diagnóstico de epilepsia sintieron rabia, tristeza y temor

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### IMPACTO EMOCIONAL CON CRISIS ÚNICA

Al comparar la calidad de vida de las personas con crisis única con personas con epilepsia controlada y con personas con hipertensión, no se encontraron diferencias.

Sin embargo al año de la crisis única la mitad de los pacientes estaban medicados, y un 17% tenía temor frente a una nueva crisis y un 38% refería que esa única crisis había provocado un impacto moderado a extremo en su calidad de vida. (Dworetzky; 2000)

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### IMPACTO PSICOSOCIAL

- Restricciones en la vida diaria:** trasnocho, consumo de alcohol, conducir, deporte, cocinar
- Empleo:** chofer, cirujano, militar, piloto etc.
- Aseguradoras y prestamos bancarios:** limitan su ingreso o su aporte
- Relaciones interpersonales:** madres con bebés, amigos, jefes, empleados, estigma o sensación de limitaciones
- No tener dinero** para la medicación y las consultas o exámenes

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### Even a single seizure negatively impacts pediatric health-related quality of life

\*Avani C. Modi, \*Andrea S. King, †Sally R. Monahan, \*Julie E. Koumoutsos, †Diego A. Morita, and †Tracy A. Glauser

\*Division of Behavioral Medicine and Clinical Psychology, Center for the Promotion of Adherence and Self Management, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, U.S.A.; and †Division of Neurology, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, U.S.A.

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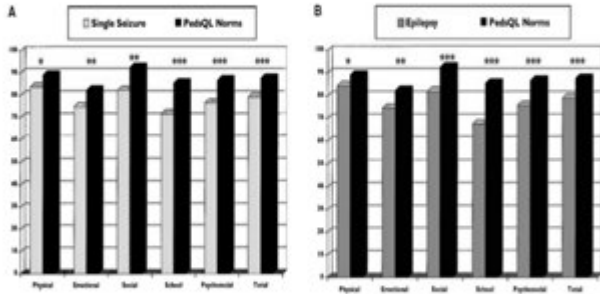
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## CALIDAD DE VIDA EN CRISIS ÚNICA Y EPILEPSIA EN NIÑOS




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## RECOMENDACIÓN

La decisión de iniciar tratamiento en una persona con crisis única debe ser consultada de manera individual, tomando en cuenta los riesgos y beneficios del tratamiento.

Existe una fuerte orientación a no tratar la primera crisis epiléptica en niños y adultos, por el bajo riesgo de recurrencia (30%) y la posibilidad de efectos secundarios con los FAE (15%).

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GRACIAS

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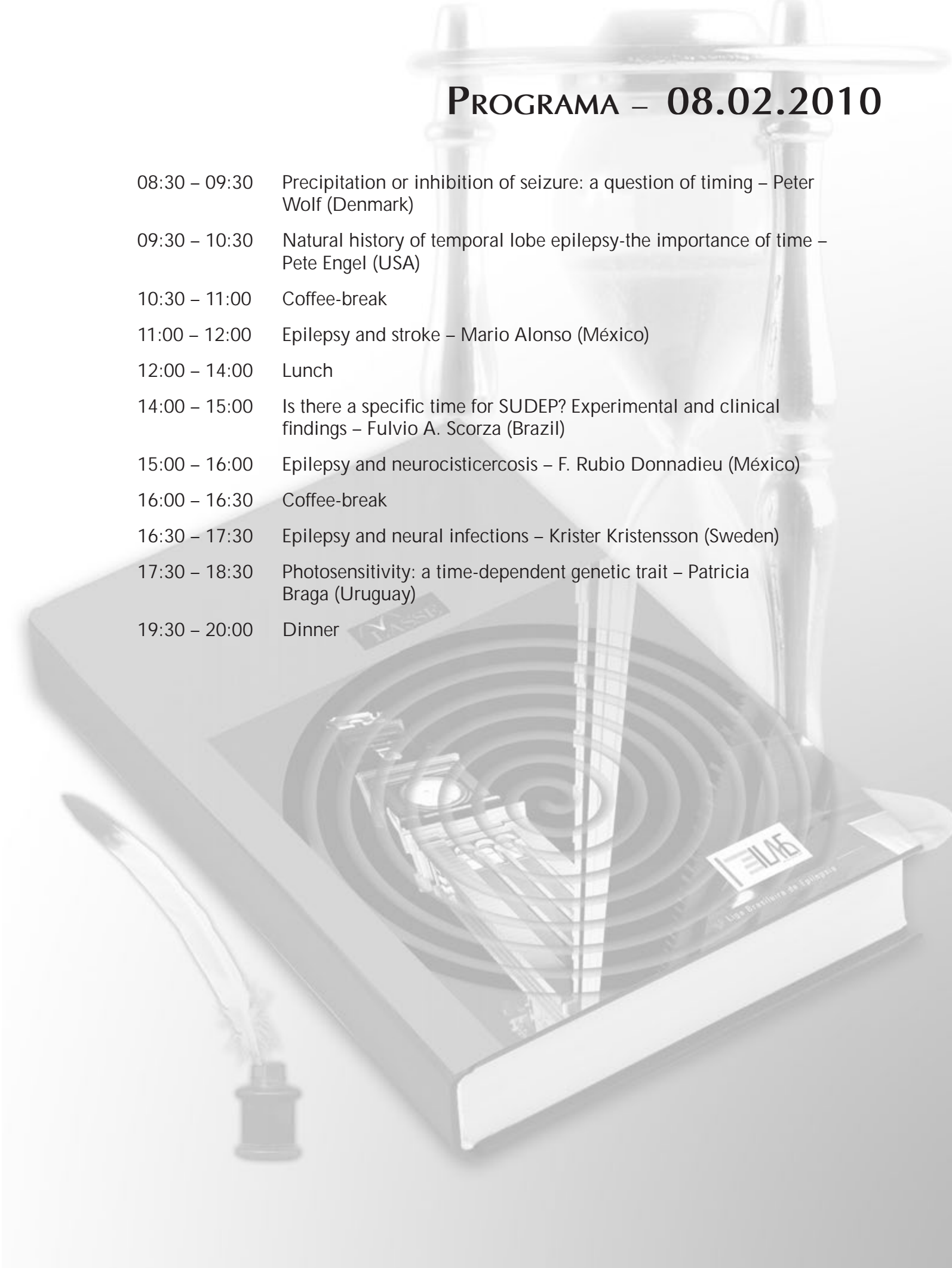
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# PROGRAMA – 08.02.2010

- 
- 08:30 – 09:30 Precipitation or inhibition of seizure: a question of timing – Peter Wolf (Denmark)
- 09:30 – 10:30 Natural history of temporal lobe epilepsy-the importance of time – Pete Engel (USA)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Epilepsy and stroke – Mario Alonso (México)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 Is there a specific time for SUDEP? Experimental and clinical findings – Fulvio A. Scorza (Brazil)
- 15:00 – 16:00 Epilepsy and neurocisticercosis – F. Rubio Donnadieu (México)
- 16:00 – 16:30 Coffee-break
- 16:30 – 17:30 Epilepsy and neural infections – Krister Kristensson (Sweden)
- 17:30 – 18:30 Photosensitivity: a time-dependent genetic trait – Patricia Braga (Uruguay)
- 19:30 – 20:00 Dinner

# PRECIPITATION OR INHIBITION OF SEIZURE: A QUESTION OF TIMING

## PETER WOLF (DENMARK)

EPILEPSIHOSPITALET  
FILADELFA

Precipitation or inhibition of seizures:  
a question of timing  
Peter Wolf (Denmark)

LASSE IV, Guarulhos  
February 1 - 10, 2010

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EPILEPSIHOSPITALET  
FILADELFA

Focal epilepsy: Patient with cryptogenic PLE  
and seizures precipitated by touch (video)

- Seizure types: tonic versive; secondary GTC
- Several versive sz per day, all provoked
- Preceded by increasing paresthesias in trigger zone (left cheek, neck and shoulder: epilepsia partialis continua, EPC)
- All sorts of touch, including by himself, trigger seizures
- No element of surprise (as in startle epilepsy)
- When paresthesias are slight or absent no seizure is triggered

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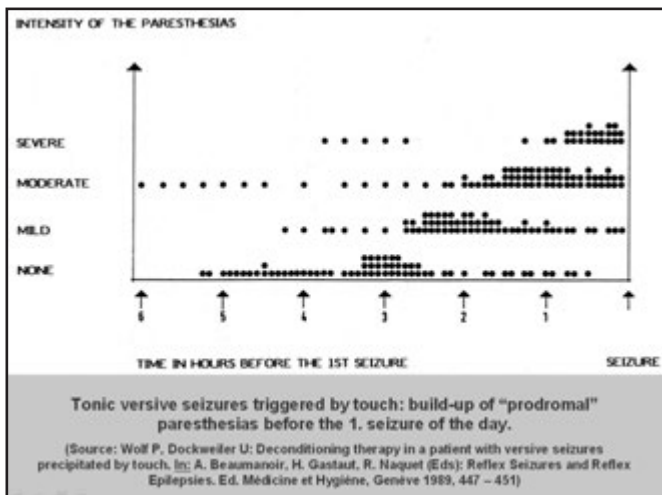
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## Significance and treatment

- EPC = ictogenesis "on the edge": constant very limited epileptic activity without spread
- Treatment: frequent application of sensory stimuli *before* the paresthesias reached critical intensity
- Result: the paresthesias stayed on low level
- > 90% reduction of induced focal seizures
- Exemplary: identical stimuli trigger or inhibit or prevent, dependent of timing / activation of the ictogenic system
- GTCS in sleep were not influenced

In our retrospective case collection of non-Rasmussen, non-stroke Epc, exogenous precipitation was reported in 21/60 cases, and exogenous inhibition in 11/60

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## Seizure precipitation by specific stimuli = reflex epilepsy

- Reflex epileptic mechanisms have over the last years received increasing interest because they enable us to non-invasively study ictogenic mechanisms in human epilepsies
- Their relations to various epilepsy syndromes have become better established
- Most common in idiopathic generalised epilepsies
- Frequently genetically determined
- Imaging studies have been performed

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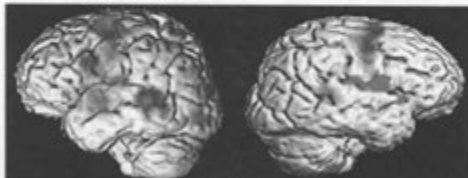
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## Primary Reading Epilepsy: the findings

FULL-LENGTH ORIGINAL RESEARCH

### Imaging seizure activity: A combined EEG/EMG-fMRI study in reading epilepsy

\*Abraim Sabli-Haddad, †Thomas Meyer, \*Khalid Hamandi, \*Mark Symms, †Oliver Josephs, †Daniela Fiebert, †Friedrich Wiesemann, \*Mark P. Richardson, †Uta Noppeney, †Peter Wolf, and †Matthias J. Keupp



Reading-induced szs Language activations Motor mapping mouth/jaw

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## Reflex epilepsy with simple triggers

- **Idiopathic (Generalized) Epilepsies**
  - Photosensitivity and television-induced seizures
  - Eye closure sensitivity
  - **Fixation-off sensitivity**
  - **Pattern sensitivity**
- **Focal Epilepsies**
  - Precipitation by somatosensory stimuli, e.g. touch
  - Precipitation by proprioceptive stimuli (movements, startle)
  - Other (olfactory, gustatory, audlogenic, vestibular)

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For an entire lecture of 1 hour, visit number 00-00 000 Philadelphia ©

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## Reflex epilepsy with complex triggers

- Oro-facial reflex myocloni (ORM)  
Praxis-induced seizures  
Seizures precipitated by eating  
Other complex sensorimotor triggers
- (Hot water epilepsy?)
  - Seizures precipitated by tooth-brushing
- Complex auditory stimuli
- Musicogenic seizures
  - Other (musical pitch, voices of radio speakers)
- Complex visual stimuli (own hand, safety pin etc.)  
Emotional precipitation, psychogenic epileptic seizures

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## Inhibition of seizures?

- Seizure arrest is a traditional treatment going back to the time of Galen: ligature around the convulsing limb proximal to the convulsing part
- Jackson JH. Case of convulsive attacks arrested by stopping the aura. Lancet 1868; i:618, etc.



» Gowers WR. Epilepsy and other chronic convulsive diseases. Wood, London 1881: aspect of timing



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### Inhibition and timing

- Efron R. The effect of olfactory stimulus in arresting uncinat fits. Brain 1956; 79: 267-281
- sGTC with complex aura of 30+ min, stereotyped evolution

Depersonalisation, distortion of time perception, altered sense of smell → "halfway point": increase + premonition of smell → olfactory hallucination → auditive hallucination → tonic version of eyes and head perceived as forced movement → sec GTCS

-----→ no effect    -----→ abortion, rotatory seizure    -----→ sz "lysis"

Ictal EEG demonstrated left TL seizure onset and confirmed suppression of discharges by olfactory stimulus  
The stimulus had to be strong and unpleasant  
"It was unnecessary to wait for the moment just before the particular sensory aura occurred to introduce the stimulus." But timing is important: "There is a time beyond which the stimulus is no longer effective"

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### Sensory inhibition (cont)

*Review of olfactory inhibition incl aromatherapy:*

- Jaseja H. Scientific basis behind traditional practice of application of "shoe-smell" in controlling epileptic seizures in the eastern countries. Clin Neurol a Neurosurg 2008; 110:535-538: role of widespread desynchronisation?

Wolf P. Aura interruption: how does it become curative? . In Wolf P (ed) Epileptic seizures and syndromes, with some of their theoretical implications. J. Libbey, London 1994, 667 - 673

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### Inhibition: mechanisms?

- **Yanagisawa T et al. Movement induces suppression of interictal spikes in sensorimotor neocortical epilepsy. Epilepsy Research 2009; 87:12-17**
- 2 pat with perirolandic FCD in intensive monitoring with subdural plates: changes in spike count with voluntary movements.
- Role of desynchronisation especially in the theta band in the perirolandic region
- Timing not mentioned but stimulation was tested in phase of high spike frequency

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### Conclusions

1. Seizure triggers in reflex epilepsies well-described, their relevance for the understanding og human ictogenesis is getting understood. Role of timing little investigated
2. Exogenous inhibition of seizures ("arrest", "lysis") time-honoured therapeutic approach, few publications, investigated modalities: somatosensory, olfactory, proprioceptive motor. Role of stimulus timing well demonstrated
3. What about precipitation and inhibition in same patients?

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### Patient with tonic versive seizures precipitated by touch

- Presence of EPC (constant very limited epileptic activity without spread) precondition for reflex response
- Treatment: frequent application of sensory stimuli *before* the paresthasias reached critical intensity
- Result: the paresthasias stayed on low level
- > 90% reduction of induced focal seizures
- Exemplary: identical stimuli trigger or inhibit or prevent, dependent of timing / activation of the ictogenic system

In our retrospective case collection of non-Rasmussen, non-stroke EPC, exogenous precipitation was reported in 21/60 cases, and exogenous inhibition in 11/60

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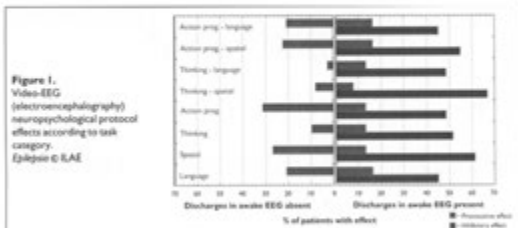
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### Inhibition in reflex epilepsy?

- Guaraha MSB et al: Provocative and inhibitory effects of a video-EEG neuropsychological protocol in JME. *Epilepsia* 2009



76 patients with JME without or with unprovoked spikes. Investigation of praxis induction and PORM with neuropsychological protocol

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## Inhibition in reflex epilepsy?

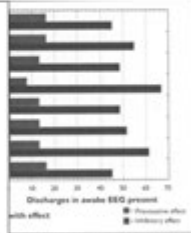
- Guaraha MSB et al: Provocative and inhibitory effects of a video-EEG neuropsychological protocol in JME. *Epilepsia* 2009

### Patients with unprovoked spikes

(n = 31)

Only provocation	3 (10%)
Only inhibition	17 (55%)
Provocation and inhibition	11 (35%)

Inhibition by non-specific arousal?



76 patients with JME without or with unprovoked spikes. Investigation of praxis induction and PORM with neuropsychological protocol

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For an article address: <http://dx.doi.org/10.1111/j.1528-3593.2009.02148.x>

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## Individual tasks

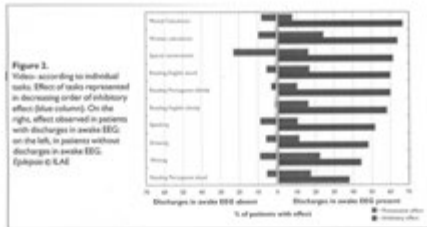


Figure 2. Video according to individual tasks. Effect of tasks represented in decreasing order of inhibitory effect (like column). On the right, effect observed in patients with discharges in awake EEG on the left, in patients without discharges in awake EEG. (Epilepsia © ICAE)

Findings consistent with at least partially specific inhibitory action

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For an article address: <http://dx.doi.org/10.1111/j.1528-3593.2009.02148.x>

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## Summary and conclusion

- In many epilepsies, ictogenesis seems to be due to interactions in (still insufficiently investigated) neuronal networks or subsystems
- To some extent, these interactions seem to be modifiable by exogenous, specific and non-specific sensory and cognitive stimuli
- Although they seem to be different in focal epilepsies and system epilepsies, the fundamental principles seem to be similar

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For an article address: <http://dx.doi.org/10.1111/j.1528-3593.2009.02148.x>

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### Seizure arrest: principle of action

- Does not prevent primary ictogenesis, but spread of seizures of local onset
- Treatment of focal, not of generalised seizures
- Principle: Blockade of relevant populations of neurons by maximal and sustained depolarisation which makes them non-recruitable.



www.epilepsihospitalet.dk

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### Significance of right timing

- Described by Gowers
- Analysed in more detail by Efron
- One and the same stimulus in one and the same patient can trigger, stop or prevent a seizure
- It depends on when the stimulus is given



www.epilepsihospitalet.dk

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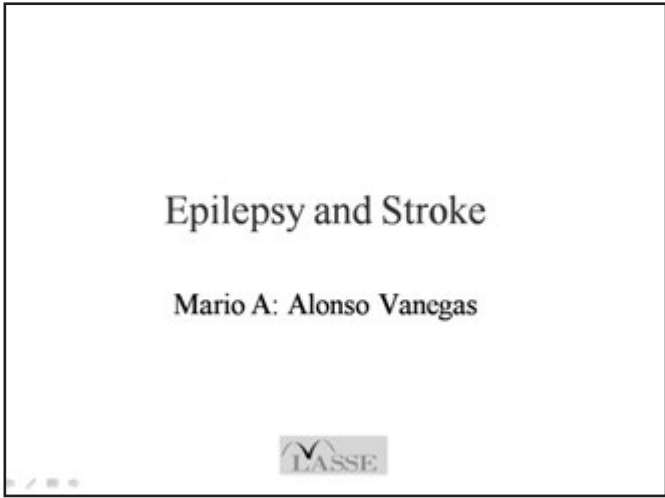
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# EPILEPSY AND STROKE

## MARIO ALONSO (MÉXICO)



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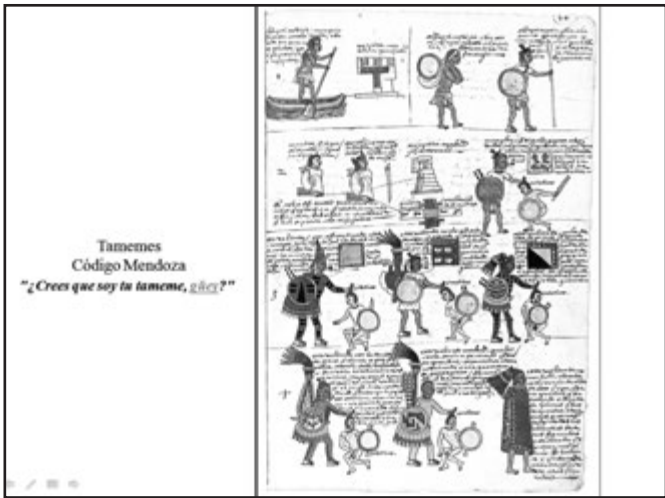
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# Stroke

- Es el término utilizado para el déficit neurológico focal o difuso que dura más de 24 horas y es causado por una lesión focal o difusa del tejido cerebral de origen vascular

World Health Organization

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## Causa y sitios más comunes de hemorragia

### Hemorragias intracerebrales

- Hipertensión
- Anormalidades de la coagulación
- Prescripción de anticoagulantes (coumadin)
- Anormalidades de la cuenta plaquetaria (trombocitopenia)
- Sangrado como en la hemofilia
- Prescripción de fármacos trombolíticos
- Malformaciones vasculares
- Amiloide en los vasos sanguíneos cerebrales
- Trauma
- Sangrado en tumores e infartos cerebrales
- Hemorragias subaracnoideas
- Aneurismas arteriales
- Malformaciones vasculares cercanas a la superficie
- Bleeding tendencies
- Trauma craneal



### Hemorragias subdurales

- Trauma
- Bleeding tendencies

### Hemorragias epidurales

- Trauma

Strokes can be divided into two very broad groups: hemorrhage and ischemia.

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## Statements

- The most important aspect of stroke is its effect on the individual who develops a stroke.
- Stroke is the third leading cause of death in most countries around the world.
- The history of the world has undoubtedly been greatly affected by stroke.
- Stroke is a term that is used to describe brain injury caused by an abnormality of the blood supply to a part of the brain.
- Strokes can be divided into two very broad groups: hemorrhage and ischemia.
- A decrease of blood supply to the brain is called *ischemia*.
- The importance of differentiating the types of ischemia is obvious.
- Degenerative changes in the arteries that supply blood to vital organs develop to some extent in all of us if we live long enough.
- Hypertension is the single most important risk for brain ischemia and brain hemorrhage.
- A number of different heart conditions and diseases can lead to brain embolism.
- Myocardial infarcts, commonly known as "heart attacks," are another common source of brain embolism.
- The ability of the blood to clot is a very important defense mechanism.
- There are risk factors and behaviors that predispose individuals to develop a stroke.
- Hypertension is more common in diabetics than in individuals who have normal blood sugar.
- High blood cholesterol levels are an important risk factor for coronary artery disease.
- Strokes cause psychologic and physiologic changes in self-image.

Listen. Listen to your patient. He is giving you the diagnosis.  
Dr. René Cassman

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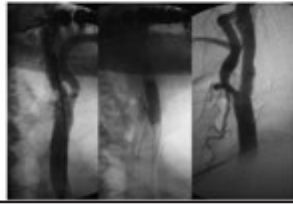
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## Isquémico



- **Oclusión vascular**
  - Enfermedad arterial
  - Embolismo cardíaco
  - Enfermedad hematológica



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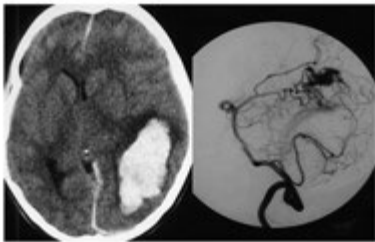
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## Hemorrágico



- **Ruptura vascular**
  - Enfermedad arterial
  - Enfermedad hematológica

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## Factores de riesgo

- **Modificables**
  - Hipertensión arterial, Fibrilación auricular, Cardiopatía isquémica, Enfermedad carotídea, Diabetes Mellitus, Dislipidemia
  - Factores de riesgo conductuales
    - Tabaquismo, consumo de alcohol, actividad física, dieta, obesidad
- **No modificables**
  - Edad
  - Sexo
  - Grupo étnico
  - Herencia

Chang JY, Continuum 2005

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# Epilepsia

- Epilepsia, como una afección crónica de etiología diversa, caracterizada por crisis recurrentes, debidas a una descarga excesiva de las neuronas cerebrales (crisis epilépticas) asociadas a manifestaciones clínicas y paraclínicas.

World Health Organization, 1973

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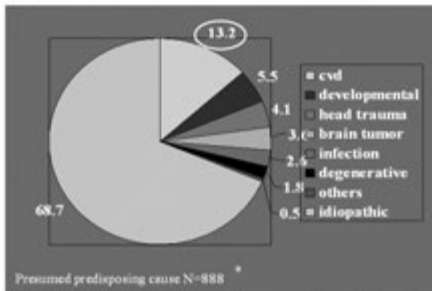
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## Asociación entre epilepsia y stroke o ictus

- Bien documentada, numerosos estudios poblacionales y de cohorte clínico hospitalaria



Estudio de incidencia Rochester MN 1935-1984 (presunta causa predisponente a epilepsia)

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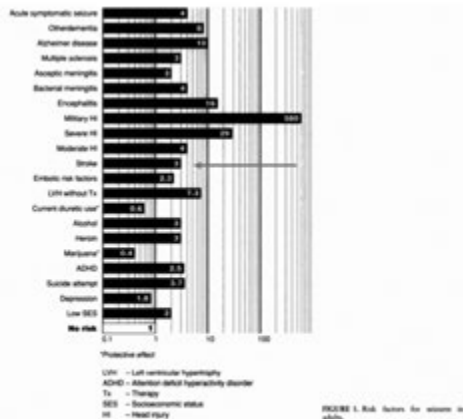
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Epilepsy: A Comprehensive Textbook 978-0-7817-5777-5. Editors Jerome Engel Jr and Timothy A. Pedley MD

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## Otras evidencias epidemiológicas

• El estudio de Rotterdam concluyó que la historia de stroke estaba asociada con un riesgo significativo de desarrollar epilepsia (OR 3.3; 95% CI 1.3—8.5), así como con el desarrollo de epilepsia tardía (OR 3.1; 95% CI 0.9—10.6)

TABLE 2. Odds ratios (OR) and 95% confidence intervals (95% CI) for the associations between each potential risk factor and epilepsy, adjusted for age and gender

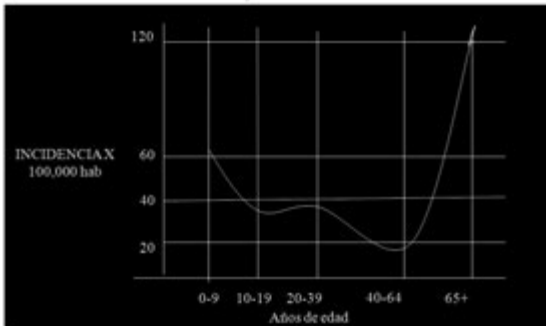
Epilepsy category	Epilepsy (n = 61)		Late-onset (n = 31)	
	OR	95% CI	OR	95% CI
<b>Vascular determinants</b>				
Stroke	3.3	1.3-8.5	3.1	0.9-10.6
Total cholesterol (mmol/L)	1.7	0.9-3.2	2.1	0.9-5.2
LDL cholesterol (mmol/L)	1.5	0.8-2.4	1.6	0.7-3.6
Myocardial infarction	1.4	0.5-3.5	1.1	0.2-4.1
Peripheral arterial disease	1.8	0.4-10.1	1.1	0.1-11.5
Any vascular disease*	1.8	0.9-3.2	2.9	0.9-9.2
<b>Other factors</b>				
Head injury	2.7	1.0-7.1	1.8	0.6-4.9
Menstruation	0.8	1.1-2.7	1.6	0.5-5.1

• En este estudio se encontró una relación entre epilepsia y factores de riesgo vascular tales como colesterol total e hipertrofia ventricular.

Li, X., et al. 1997. Vascular determinants of epilepsy: Rotterdam study. *Epilepsia* 38 (11), 1216—1220.

## Incidencia

- Epilepsia en + 65 años: 134/100,000
- Alzheimer: 123/100,000



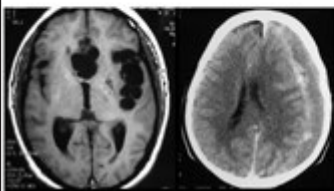
## Causa de Crisis

### 20 a 60 años

- Tumor
- NCC
- Trauma
- EVC
- Infección

### Más de 60 años

- EVC 33%
- Tumor, metastático 4%
- Trauma 1%
- T. metabólicos
- Infecciones 0.6%
- NCC
- Idiopática 49%
- Alzheimer 11.7%



Stroke es la causa más común de crisis de reciente diagnóstico en los adultos mayores, correspondiendo a 35% de la epilepsia sintomática de reciente diagnóstico en los mayores de 65 años. (Asconape and Penry, 1991; Ramsay et al., 2004).



**Table 1** Frequency of onset seizures and development of post stroke seizures by type of first stroke

Type of first stroke	No (%) (95% CI) of patients with onset seizures	Number (%) of patients with onset seizures who developed post stroke seizures
Cerebral infarction (n=541)	42 (7.8) (6.1 to 9.4)	4 (9.5)
Primary intracerebral haemorrhage (n=22)	2 (9.1) (4.5 to 13.7)	1 (5.0)
Subarachnoid haemorrhage (n=33)	2 (6.1) (3.0 to 9.2)	0
Ischaemic (n=59)	4 (6.8) (3.9 to 9.7)	0
Total (n=615)	48 (7.8) (6.5 to 9.1)	5 (10.5)

675 pacientes con stroke seguidos por un mínimo de 2 años. 19 de los 675 pacientes (3%) tenían historia de una o más crisis previas al evento.

**Table 2** Number (%) of cohort, 95% confidence intervals) of patients with single and recurrent seizures after first stroke (Four patients who had seizures within a few hours of death as part of a terminal illness, or seizures that started before the stroke, were excluded)

Classification of first stroke	Single post stroke seizures	Recurrent post stroke seizures	Total
Cerebral infarction (n=541)	17 (3.1)	18 (3.3)	35 (6.4 to 9.8)
Small anterior circulation infarction (n=22)	1 (4.5)	10 (45.5)	11 (50.0)
Partial anterior circulation infarction (n=18)	1 (5.6)	1 (5.6)	2 (11.1)
Lacunar infarction (n=12)	3 (25)	2 (17)	5 (41.7)
Posterior circulation infarction (n=119)	4 (3.4)	3 (2.5)	7 (5.9)
Primary intracerebral haemorrhage (n=22)	1 (4.5)	1 (4.5)	2 (9.1)
Subarachnoid haemorrhage (n=33)	3 (9.1)	3 (9.1)	6 (18.2)
Ischaemic (n=59)	0	0	0
Total (n=615)	24 (3.9)	26 (4.2)	50 (8.1 to 10.9)

Burn, J., et al. 1997. Epileptic seizures after a first-ever stroke: the Oxfordshire Community Stroke Project. *BMJ* 315, 1582—1587.

**Table 3** Cumulative actuarial risk (95% confidence intervals) of experiencing a seizure after stroke by type of first stroke (9 patients with a history of poststroke seizures were excluded)

Year	Cerebral infarction	Primary intracerebral haemorrhage	Subarachnoid haemorrhage	Total
Year 1	12.2 (8.4 to 16.0)	10.1 (6.4 to 13.8)	11.1 (7.4 to 14.8)	11.2 (8.5 to 13.9)
Year 2	17.1 (13.3 to 20.9)	16.1 (12.3 to 19.9)	17.1 (13.3 to 20.9)	16.4 (13.6 to 19.2)
Year 3	22.0 (18.2 to 25.8)	21.0 (17.2 to 24.8)	22.0 (18.2 to 25.8)	21.3 (18.5 to 24.1)
Year 4	26.9 (23.1 to 30.7)	25.9 (22.1 to 29.7)	26.9 (23.1 to 30.7)	26.2 (23.4 to 29.0)
Year 5	31.8 (28.0 to 35.6)	30.8 (27.0 to 34.6)	31.8 (28.0 to 35.6)	31.1 (28.3 to 33.9)

El riesgo actuarial a 5 años para desarrollar crisis (excluyendo los 19 pacientes con historia de crisis previa y 3 pacientes cuya crisis ocurrió poco antes de la muerte no relacionada) fue de 11.5% (95% intervalo de confianza 4.8% a 18.2%).

Los sobrevivientes que independientes a 1 mes del evento tuvieron un riesgo mínimo de crisis.

Burn, J., et al. 1997. Epileptic seizures after a first-ever stroke: the Oxfordshire Community Stroke Project. *BMJ* 315, 1582—1587.

En el Seizures After Stroke Study (SASS) un estudio prospectivo, multicéntrico con participación de hospitales universitarios de Canadá, Australia, Israel, e Italia

Se presentaron crisis en 168 (8.9%) de 1897 pacientes con stroke en 28 (10.6%) de 265 con stroke hemorrágico y en 140 (8.6%) de 1632 con stroke isquémico).

Bladin c, et al. Seizures After Stroke: A Prospective Multicenter Study. *Arch Neurol*. 2000;57:1617-1622.

Estudio de cohorte poblacional en Suiza (409 pacientes con edad promedio de 72 años seguidos por 3.5-7 años)

Incluyó	Riesgo acumulativo de epilepsia
TIA (13%)	3% (±2) a 1 año
Hemorragia intracerebral (11%)	5% (±4) a 5 años
Infartos (76%)	

Vitonen M, Erikson S, Asplund K. Risk of recurrent stroke, myocardial infarction and epilepsy during long term follow up after stroke. *Eur Neurol* 1988;28:227-31

Se han atribuido crisis a TIA en 3.7% de pacientes (Kilpatrick et al., 1990), sin embargo es muy probable que algunos casos correspondan a 'limb shaking TIA's' por isquemia en zonas marginales más que crisis verdaderas (Tatemichi et al., 1990).

Seguramente las variantes en estas cifras corresponden a irregularidades en el diseño: tamaño, tipo y edad de la población, tipo de crisis, tiempo de seguimiento, facilidades de imagenología....

Otras asociaciones evidentes: Epilepsia ←————→ Infarto

• Un estudio poblacional encontró un riesgo relativo de 2.89 para un stroke subsecuente en pacientes con crisis tardías comparados con los controles (Paul et al., 2004), y el riesgo de desarrollar un stroke subsecuente en pacientes con crisis tardías se compara con: el riesgo relativo de 1.4 asociado con colesterol de baja HDL. (Wannamethee et al., 2000) el doble del riesgo asociado con fumar (Shinton and Beevers, 1989; McCarron et al., 2001), dos a tres veces el riesgo asociado con vida sedentaria.

•Un estudio de TC controlado de 132 pacientes mostró que 21% de los pacientes con epilepsia "criptogénica" arriba de 60 años de edad, tenían evidencia en la TC de infarto previo, generalmente sin evidencia clínica excepto por la epilepsia y esta tasa de infarto silencioso fue mucho mayor que en los controles.

•Similáramente, 23 de 118 pacientes con crisis post-trombóticas tuvieron evidencias de 'infartos silenciosos' (Sung and Chu, 1990).

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## Frecuencia de crisis postictus

Table 1 The frequency of seizures after stroke—prospective and retrospective studies.

S. no.	Author	Type of study	Name of study	Type of stroke	No. recruited stroke	Frequency overall	Daily seizures	Late seizure %	0-1	Epilepsy
1	Kilpatrick et al. (1982)	P		B	1000		-2 weeks 4.4%		6.5% overall	3.7%
2	Katka and Watkins, 1982	B		B	200	14%			14%	
3	Lancman et al. (1982)	P		B	218	10.4%	9% of total	4%	7.1%	
4	Grimaldi et al. (1984)	P		B	1040	5.5%	<10 days 5.5%			
5	Su et al. (1986)	P		G	505	4.7%	<1 week 0%	3.0% during the first year to 7.4% by 5 years		3.3%
6	Atkins et al. (1987)	P		B	522	4.8%	2.4%			2.4%
7	Reith et al. (1987)	P	The Copenhagen stroke study	B	1107	4.2%	-2 weeks 4.2%			
8	Burn et al. (1987)	P	ICSP	B	475	4.4%	-2 wks 2%	5.7% at 1 year and 11.5% at 5 years		
9	Madh et al. (2000)	P	SACS	B	1887	8.3%	-2 weeks 4.8%	-2 weeks 3.8%	8.6%	2.3%
10	Lafont et al. (2001)	P	NOVELS	B	704	4.7%	4.7% <1 week			
11	Choung et al. (2002)	B		B	1000	2.4%	<1 month 1.0%	1 year 1.0%		
12	Lamy et al. (2003)	P	Part of	G	501	2.4%	2.4% <1 week	16.1% year 1/10 year		2.3% 2 year
13	Lindner et al. (2005)	P	PRO-ASA study	G	464	2.4%	<1 week 5.7%	1 year 2.5% 7-8 year 1.1%		1.1%

Type of study: P—prospective, R—retrospective. Type of stroke: G—ischemic, B—hemorrhagic, S—both.

Numerosos estudios hospitalarios de la incidencia de epilepsia post-stroke encontrando una frecuencia de 2.4—14%

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## Crisis postictus

- Las crisis postictus se clasifican según el criterio temporal en tempranas o tardías. La Liga Internacional contra la Epilepsia define como crisis tempranas las ocurridas dentro de los primeros 7-14 días después del ictus, aunque en algunos estudios se han utilizado otras clasificaciones.

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## Crisis tardías vrs tempranas

- La incidencia de crisis tempranas se ha reportado entre 2.4% y 25%.
- El riesgo de crisis tardías se ha encontrado entre 3.0 y 8%.
- Las crisis tempranas (especialmente las ocurridas en las primeras 24 horas del evento) aumentan el riesgo de epilepsia subsecuente, desarrollándose epilepsia en aproximadamente un tercio, si ocurre una crisis tardía, el riesgo de epilepsia (recurrencia de crisis) es mayor.
- En el estudio de casos del RU se encontró una incidencia de crisis de 5.7% en las primeras 24 hrs en 230 pacientes. (Shinton et al. 1988) El Dx se hizo clínico, neuroimagen solo en 20%
- Un estudio con seguimiento de 26 meses mostró que 32% de pacientes con crisis tempranas tuvieron crisis tardías. (Kilpatrick et al., 1992).
- Estudio poblacional con 535 pacientes consecutivos mostró que los pacientes con crisis post isquémicas tempranas tenían una frecuencia 8 veces mayor de desarrollar crisis post isquémicas tardías (95% CI, 2.8—21.7) y 16 veces mayor de desarrollar epilepsia (95% CI, 5.3—49.2) comparado con pacientes sin crisis tempranas. (So et al., 1996)
- En el estudio de Oxfordshire, 35% de los pacientes que presentaron crisis eventualmente desarrollaron epilepsia. (Burn, J., et al. 1997).
- En un estudio de cohorte hospitalaria en Taiwan, 35% de los pacientes que presentaron crisis tempranas y 90% de los pacientes que presentaron crisis tardías desarrollaron epilepsia. (Sung and Chu, 1990).
- En el SASS las crisis con recurrencia tardía desde la primera crisis (>2 weeks) fueron un factor independiente de riesgo para el desarrollo de epilepsia después de stroke isquémico (HR, 12.37; 95% CI, 4.74—32.52;  $p < .001$ ) (Bladin et al., 2000).

## Crisis tempranas

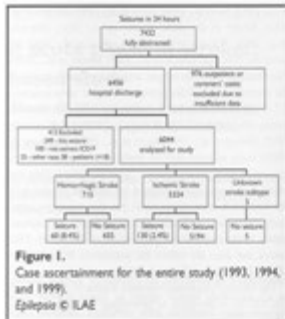


Table 2. Incidence of seizures in patients with ischemic and hemorrhagic strokes within the first 24 h of symptom onset ( $p < 0.0001$ )

Type of stroke	Seizure (n = 190)		No seizure (n = 5854)		Rate of seizures
	N	%	N	%	
Ischemic	120	63.2%	4069	69.3%	2.9%
TIA	10	5.3%	1125	19.2%	0.9%
CH/STH	43	22.6%	503	8.6%	7.9%
SAH	17	9.0%	152	2.6%	10.1%
Unknown	0	0.0%	5	0.1%	0.0%

Figure 1. Case ascertainment for the entire study (1991, 1994, and 1999).  
Epilepsia © ILAE

Szaflarski JP, et al Incidence of seizures in the acute phase of stroke: a population-based study. *Epilepsia* 2008, 49(6):974-81.

## Crisis como primera manifestación

- Las crisis pueden ser la sintomatología inicial
- En un estudio francés de 90 pacientes con epilepsia después de stroke, la crisis fue el signo inicial en 80 (89%) (Giroud et al., 1994).
- De las crisis tempranas, éstas se desarrollaron en las primeras 24 horas del stroke en:
  - 40% and 78% de los casos (Giroud et al., 1994).
  - 40% (Bladin et al., 2000).
  - 46% (Labovitz et al., 2001).
  - 66% (Reith et al., 1997).
  - 71% (Lamy et al., 2003).



## Otras asociaciones del SE

- Un estudio asoció al SE después de stroke con mayor discapacidad funcional y en el análisis multivariado encontró que la discapacidad funcional era el único factor predictivo de SE en stroke. (Veli'oglu et al., 2001)
- En el análisis univariado encontró que el SE de presentación temprana /en los primeros 7 días del stroke se asoció con mayor riesgo de SE subsecuentes y una tasa de mortalidad más alta que el SE tardío. (Veli'oglu et al., 2001).
- Hallazgos similares en un estudio en el que la severidad del stroke se asoció con mortalidad elevada en pacientes con SE de presentación temprana (<2 semanas) (Rumbach et al., 2000; Nazire et al., 2003), pero no fue un factor predisponente al desarrollo de epilepsia.

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## Fisiología de las crisis postictus

- Probablemente existan, como en la epilepsia post-traumática, procesos fisiopatológicos (epilepsia como una reacción patológica del tejido cerebral ante un insulto) diferentes subyacentes a las crisis tempranas y tardías.

Crisis tempranas	Crisis tardías
Predominancia de anomalías bioquímicas agudas a nivel celular	Cicatrices glóxicas
Alteraciones homeostáticas o sistémicas como desbalances electrolíticos y ácido-base	Muerte celular y apoptosis selectiva
La génesis se incrementa por la hiperglicemia durante la isquemia	Cambios en las propiedades de membrana o en los receptores (p.e. pérdida de receptores GABAérgicos)
	Desaferentación y "sprouting" colateral (tanto en el sitio de la isquemia como en áreas remotas)
Consideradas como crisis agudas sintomáticas (más que epilepsia)	

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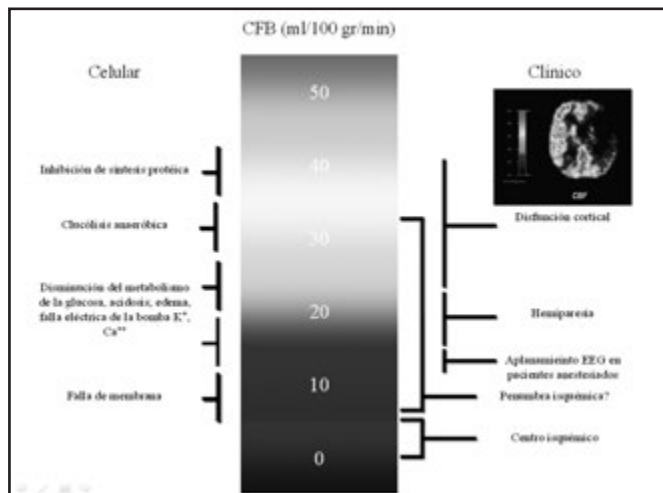
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## Otras consideraciones en la epileptogénesis

- Se ha propuesto que la zona de penumbra de un infarto contenga tejido irritable propicio como foco de actividad epiléptica (Heiss et al., 1992). Se ha demostrado que esta área exhibe
  - aumento en la liberación de glutamato excitotóxico,
  - alteraciones en la distribución iónica, ( flujos de 8-18 ml/100 gr/min son el umbral para la falla de bomba iónica)
  - alteraciones en los fosfolípidos de la membrana con liberación de ácidos grasos (Reith et al., 1997).
- La isquemia aguda se ha asociado con aumento en la concentración extracelular de glutamato (Luhmann et al., 1995; Buchkremer-Ratzmann et al., 1998) y reducción en la función GABAérgica así como alteraciones funcionales y estructurales de la interneuronas GABAérgicas.
- Se encontró hiperexcitabilidad neocortical pronunciada en las neuronas somatosensoriales en ratas 10 a 17 meses después de isquemia transitoria del cerebro anterior. (Smith MI, et al. Models for studying long term recovery following forebrain ischemia in the rat. 2. A 2 vessel occlusion model. *Acta Neurol Scand.* 1984; 69: 385-401)
- Kessler et al ha sugerido que la estimulación magnética transcranial puede utilizarse para medir la función inhibitoria, y puede ser de gran ayuda para determinar el riesgo de crisis en los pacientes post stroke. (Kessler et al., 2002).
- Algunos estudios han sugerido que el stroke embólico conlleva mayor riesgo de crisis, 16% de 326 pacientes con evento embólico de 1640 pacientes con stroke y TIAS (tasa comparable a la del ictus hemorrágico pero mayor a la reportada en eventos isquémicos).

## Impacto de las crisis en los resultados de un evento

- Las crisis pueden exacerbar el daño secundario al inducir excitotoxicidad de glutamato y/o aumentar el desbalance entre demanda y suplemento bajo las condiciones isquémicas, conllevando a anomalías del gradiente iónico, daño mitocondrial y eventualmente daño irreversible.
- Los estudios experimentales muestran que la actividad "epiléptica" en condiciones isquémicas aumenta significativamente el tamaño del infarto y puede impedir la recuperación funcional.
- Las crisis aceleran el metabolismo glicémico varias veces resultando en un aumento en los niveles de lactato que a su vez pueden incrementar la severidad de la zona de infarto..

## Factores de riesgo para crisis postictus

Table 2 Risk factors for post-stroke seizures.

S. no.	Author	Risk factors	Variables analyzed	Follow up	Type of approach in study	P Predictor of epilepsy
1	Alpatrick et al. (1990)	Cortical involvement	ES	7 months	Hospital based study	
2	Korita and Watkins, 1992	Female	S, E	48 months	Cohort	
3	Lancman et al. (1992)	hemorrhagic stroke, cortical lesions, and lesions involving more than one lobe.	S	11.5 months	Hospital based study	
4	Graud et al. (1994)	Male gender, headache, loss of consciousness, hemiparesis plus sensory deficit.	ES	15 days	Hospital based study	
5	So et al. (1996)	Embolic for early seizures (univariate), anterior hemisphere location (multivariate)	S	5.5 ± 7.7 years	Population based study	Early seizures, recurrent seizures
6	Acheto et al. (1997)	Cortical involvement, acute confusional state	ES	48h	Hospital based study	
7	Reith et al. (1997)	Stroke severity	ES	2 weeks	Community based study	
8	Burn et al. (1997)	Severe stroke, total anterior circulation infarct.	S	2-4.5 years	Cohort	
9	Baeth et al. (2000)	Cortical location, stroke severity	S	9 months	Multicenter, cohort	Late-onset of first seizures
10	Lubowitz et al. (2001)	Cortical location	ES	1 month	Population based cohort	
11	Cheng et al. (2001)	Male, cortical location	S	1 year	hospital based cohort	
12	Liang et al. (2002)	Stroke disability, cortical involvement	S	48 months	Multicenter	Cortical signs, large infarct, early seizures.
13	Loukas et al. (2003)	Stroke severity, Scandinavian stroke scale - 30	E	7-8 years	Hospital based study	Stroke severity

Variable: ES, early seizures; LS, late seizures; S, both; E, epilepsy.

## Localización

- En casi todos los estudios la localización cortical presenta un riesgo mayor para las crisis, mientras que las crisis son raras en infartos de la fosa posterior o sustancia blanca profunda.
- El daño cortical
  - fue un factor de riesgo independiente del tamaño del infarto cortical (Bladin et al., 2000; Cheung et al., 2003)
  - se asoció con tamaño mayor del infarto en imagenología (Kilpatrick et al., 1990)
  - se asoció a mayor riesgo de crisis pero no mostró significancia estadística en la asociación entre crisis tardías o tempranas comparadas con el tipo de infarto, localización o sitio de lesión (Lancman et al., 1993).
  - fue un factor de riesgo para crisis tempranas en adultos jóvenes (Lamy et al., 2003).
- El riesgo de crisis tempranas estuvo aumentado 8 veces en pacientes mayores con infarto cardioembólico de los giros temporal medial y posterior central, en tanto que el riesgo de crisis tardías se aumentó 5 veces en lesiones de los giros supramarginales y temporal superior.
- Sin embargo, el daño al lóbulo occipital causa crisis frecuentemente (Gupta et al., 1988; Giggod et al., 1994).

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## Otros factores de riesgo

- En el estudio de Szaflarski et al con una cohorte de 6044 casos los factores de riesgo independientes para el desarrollo de crisis fueron stroke hemorrágico, edad menor y escala de Rankin pre-stroke. La raza/etnicidad y la localización no fueron factores de riesgo.  
Szaflarski JP, et al Incidence of seizures in the acute phase of stroke: a population-based study. *Epilepsia*. 2008, 49(6):974-81.
  - Los factores de riesgo vasculares
    - Hipertensión
    - Aumento del colesterol sérico
    - Hipertrofia ventricular izquierda
- se han asociado con el desarrollo de crisis o epilepsia, aun en ausencia de ictus evidente. (Li et al., 1997; Ng et al., 1993; Hesdorffer et al., 1996).

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## Severidad y tamaño de la lesión

- Algunos estudios han demostrado que la severidad del stroke es predictiva de crisis (Lossius et al., 2002, 2005) independiente del tamaño de la lesión isquémica en la TC (Reith et al., 1997; Bladin et al., 2000), probablemente porque la penumbra isquémica, no visualizada en la TC, es epileptogénica. (Reith et al., 1997)
- Pocos estudios han asociado el riesgo de crisis al tamaño del infarto. Los infartos mayores y los que involucran más de un lóbulo se asocian con mayor riesgo de crisis. (Gupta et al., 1988; Davalos et al., 1992; Lancman et al., 1993; Burn et al., 1997; Bladin et al., 2000; Lamy et al., 2003).

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## Embolismo

- El embolismo cardiaco o ateromatoso puede conllevar un riesgo particular de crisis (Meyer et al., 1971; Lambrakis and Lancman, 1998) por la posibilidad de una reperfusión rápida después de la fragmentación y migración distal del émbolo (Macfarlane et al., 1991) o la extravasación de glóbulos rojos. (Fisher and Adams, 1951).
- En un estudio con 1640 pacientes con isquemia cerebral, las crisis tempranas fueron más frecuentes en el embolismo cardiaca que en los hematomas supratentoriales (Giroud et al., 1994), aunque otros estudios no apoyan estos hallazgos. (Kilpatrick et al., 1990; Bladin et al., 2000).

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## Transformación hemorrágica

- En varios estudios se ha asociado la transformación hemorrágica de una lesión isquémica con el riesgo de crisis.
- El análisis univariado de pacientes con stoke mostró que las crisis fueron más frecuentes en los infartos hemorrágicos  $p < 0.005$  (Bladin et al., 2000).
- Un estudio de crisis epilépticas de presentación concomitante con el stroke encontró que las crisis fueron más frecuentes en infartos hemorrágicos (19.2%) que en hemorragias (15.6%) e infartos isquémicos (6.2%) en lesiones superficiales. (Davalos et al., 1992).
- En un estudio prospectivo de pacientes con stroke isquémico encontró en el análisis multivariado que la transformación hemorrágica era un factor independiente para el desarrollo de crisis en primer stroke (OR 6.58; 95% CI: 1.4—1.61;  $p = 0.001$ ) y con un resultado adverso (OR 8.45; 95% CI: 1.72—41.20;  $p = 0.008$ ) (Alberti et al., 2008). Presuntamente esto pudiera deberse a la epileptogenicidad de productos sanguíneos (hierro?) o el aumento en del tamaño del infarto.

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## Tipos de crisis

Table 3 A summary of the studies reporting seizure type in the acute phase after stroke.

Duration	SPS	SPS-S.G	CPS	GTCS
<2 weeks (Sung and Chu, 1990)	246	328	186	46
<2 weeks (Bladin et al., 2000)	536	536	—	—
2 weeks (Lo et al., 1994)	665	—	—	246
Early and late-onset (Cheung et al., 2001)	17/68	17/68	5/68	58/68
14 days (Smith et al., 1997)	685	685	—	225
2 weeks (Kilpatrick et al., 1990)	21/44	5/44	—	18/44
15 days (Giroud et al., 1994)	615	285	—	115*
48h (Dewees et al., 1992)	37/58	27/58	—	35
<2 weeks (Dajani et al., 1988)	325	185	85	425

SPS—simple partial seizures, SPS-S.G—SPS to secondary generalization, CPS—complex partial seizures, GTCS—generalized tonic clonic seizures.

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## Valor del EEG

- No se ha identificado valor pronóstico para el EEG en el stroke instaurado
- Sin embargo es esencial en el contexto agudo, especialmente en el diagnóstico de NCSE:
  - en un estudio de 57 pacientes consecutivos con EEG continuo admitidos a la TI con isquemia cerebral, 26% tuvieron crisis no convulsivas identificadas por el EEG en el periodo de monitoreo. (Jordan, 1995).
- Tanto en las situaciones agudas como crónicas debe considerarse el NCSE en pacientes con cambios inexplicables en conciencia o comportamiento.
- Las descargas epileptiformes lateralizantes (PLEDS) son anomalías comunes en la fase aguda de la isquemia cerebral severa. (Lesser et al., 1985), especialmente comunes en infartos corticales (Giroud et al., 1994).
- Aun se discute si estas anomalías son reflejo de tejido dañado o realmente fenómenos epilépticos.
- Un estudio enfocado a los factores contribuyentes a la aparición de PLEDS en el infarto agudo concluyó que las alteraciones metabólicas principalmente hiperglicemia y fiebre se presentaban con mayor frecuencia en los pacientes con PLEDS ( $p < 0.05$ ) (Neufeld et al., 1997).

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## Morbilidad

- La epilepsia en los pacientes con stroke puede deteriorar aun más la calidad de vida, resultando en dependencia, aumento de discapacidad física o psicológica y restricciones sociales — difícil discernir los efectos biológicos directos en el tejido isquémico de los efectos sico-sociales adversos.
- En un estudio se encontró que los pacientes con infarto cortical pero no subcortical y crisis obtenían peores resultados en las escalas neurológicas durante la estancia hospitalaria y escala de Rankin en el seguimiento a largo plazo. (Bladin et al., 2000).
- Sin embargo, otros estudios muestran hallazgos contradictorios en los que el resultado funcional de los pacientes con crisis no difiere significativamente del de los pacientes sin crisis. (Kilpatrick et al., 1990; Davalos et al., 1992). De hecho en los pacientes sobrevivientes al stroke las crisis epilépticas predijeron un mejor resultado.

Se propuso que el mejor resultado podía deberse a la mayor zona de penumbra isquémica en los pacientes con stroke y crisis. Aunque la mayor penumbra se asocia con un resultado más favorable existe un aumento en el riesgo de crisis en el tejido metabólicamente comprometido pero que retiene su irritabilidad eléctrica. (Reith et al., 1997).

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## Mortalidad

- Varios estudios han mostrado un incremento en la mortalidad en pacientes con stroke y crisis. En un estudio la mortalidad intrahospitalaria del stroke en pacientes con crisis fue de 37.9% comparada con 14.4% en pacientes sin crisis. ( $p < .0005$ ) (Arboix et al., 1997).
- En el estudio multicéntrico prospectivo (Bladin et al., 2000). la mortalidad a 30 días y a un año en pacientes con crisis fue significativamente mayor.
- Otro estudio en un cohorte de 904 pacientes mostró que las crisis tempranas eran un predictor independiente significativo en la mortalidad a 30 días, sin embargo en el análisis multivariado, en el que se tomó en cuenta la escala de stroke de NIH (NIHSS) la asociación dejó de ser significativa. (Labovitz et al., 2001).

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## Mortalidad

**Table 1. Demographic and clinical characteristics of all patients included in the study**

Variable	Seizure (n = 790)		No seizure (n = 5854)		p-value
	N	%	N	%	
Age (years) <sup>a</sup>	68.0	(15.0)	71.7	(13.2)	0.001
Gender (male)	77	46.5%	3556	43.7%	0.39
Race (black)	33	17.34%	999	17.1%	0.91
Hypertension	119	62.6%	3872	66.1%	0.31
Heart disease	72	37.9%	2374	40.6%	0.44
Prior stroke	51	26.8%	1443	24.8%	0.49
DVT	26	13.7%	442	7.6%	0.24
Prestroke Rankin <sup>b</sup>	5	(2-8)	9	(2-8)	0.57
NIHSS <sup>c</sup>	12	(5-22)	4	(2-11)	<0.001
GCS <sup>d</sup>	13	(7-15)	13	(14-15)	<0.001
Hemorrhagic stroke	80	31.6%	435	7.4%	<0.001
30-day Mortality	61	32.1%	776	13.3%	<0.001

Data are presented as n (%).  
<sup>a</sup>mean (standard deviation) or  
<sup>b</sup>median (interquartile range).  
<sup>c</sup>NIHSS is a 143 & 5248.  
<sup>d</sup>GCS are 154 & 4808.

**Table 4. Association of seizure with mortality, showing covariates**

Variable	OR	95%CI	p-value
Seizure	2.63	1.85, 3.74	<0.001
Hemorrhagic	4.58	3.31, 6.29	<0.001
Age (10 years)	1.40	1.30, 1.51	<0.001
Gender (male)	1.06	0.84, 1.38	0.98
Race (black)	0.83	0.66, 1.05	0.12
Prior stroke	0.93	0.71, 1.12	0.46
Heart disease	1.55	1.31, 1.83	<0.001
Prestroke Rankin (1 or more)	3.13	1.78, 5.54	<0.001

Szaflarski JP, Rackley AY, Kleindorfer DO, Khoury J, Woo D, Miller R, Alwell K, Broderick JP, Kissela BM. Incidence of seizures in the acute phase of stroke: a population-based study. *Epilepsia*. 2008 Jun;49(6):974-81

## Mortalidad

- La tasa de mortalidad aguda es mayor en presencia de SE.
- Dos estudios de SE en pacientes con stroke revelaron índices de mortalidad cercanos al 48% (Rumbach et al., 2000; Veli'oglu et al., 2001).
- La instauración temprana de SR después del stroke se asoció con mortalidad más elevada que la registrada en aparición tardía de SE (Veli'oglu et al., 2001).
- Un estudio multicéntrico de 346 pacientes con SE convulsivo reportó una mortalidad de 11% en pacientes sin historia previa de epilepsia. (Scholtes et al., 1994).
- El aumento en la mortalidad puede deberse tanto a la severidad del stroke subyacente como al efecto sinérgico del daño causado por el SE y la isquemia cerebral (Waterhouse et al., 1998)

## Tratamiento

• Dependerá del contexto clínico del infarto.

Tratamiento

Una crisis aislada breve en la fase temprana puede no requerir tratamiento específico

El SE requiere terapia intravenosa urgente

Las crisis tardías recurrentes requieren tratamiento con FAEs de acuerdo a lineamientos convencionales. Es práctica común tratar las crisis tempranas con cursos cortos de FAEs (3-6 meses) aunque no se han estudiado correctamente las ventajas y desventajas de esta práctica. U riesgo para el desarrollo de epilepsia mo terapia AE prolongada a diferencia de la: Los pacientes con riesgo alto que desarr del stroke deben ser tratados. Dado el fre ocurrencia traidia se ha utilizado como pr monoterapia. (Gabapentina, lamotrigina



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## Tratamiento

- La presencia de crisis influye en el abordaje de la terapia anti-stroke. Las crisis son una contraindicación al uso de t-PA (rt-PA Stroke Study Group, 1995). La anticoagulación prolongada conlleva un riesgo adicional en pacientes con crisis con caídas, y esta relativamente contraindicada en estos casos.
- La presencia de otras condiciones co-mórbidas y otros fármacos también complican la terapia AE, y la interacción farmacológica es particularmente preocupante en pacientes añosos con politerapia farmacológica.
- Las alteraciones renales y hepáticas pueden resultar en procesos farmacocinéticos inesperados.
- Los FAEs pueden interferir con la recuperación:
  - la fenitoína sola o en combinación con GABA mostró en un estudio retardar la recuperación de la función motora tras daño (Brailowsky et al., 1986; Dikmen et al., 1991)
  - el fenobarbital y las benzodiazepinas pueden también retardar la recuperación (Schallert et al., 1986; Hernández and Russell, 1992).

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## FAEs específicos

- En un estudio se aleatorizaron los pacientes con crisis postictus 1:1 a tratamiento con LTG o CBZ y seguimiento de 12 meses, encontrando que más pacientes estuvieron libres de crisis en el grupo de LTG (72%) versus CBZ (44%), sin significancia estadística ( $P = 0.06$ ). El número de pacientes que se retiraron del estudio por efectos adversos del medicamento fue menor en el grupo de LTG (3%) comparado con CBZ (31%;  $P = 0.02$ ). (Gilad R, et al. Monotherapy of lamotrigine versus carbamazepine in patients with poststroke seizure. Clin Neuropharmacol. 2007;30(4):189-95.)
- En un estudio prospectivo de 60 pacientes mayores (edad  $69.76 \pm 6.41$ ) con cuando menos 2 crisis postictus tardías (promedio de crisis pre  $3.61 \pm 3.02$ /mes) se evaluó el uso de LEV en monoterapia:
  - A dosis diarias de 1000-2000 mg, 82.4% de los pacientes estuvieron libres de crisis y 7 pacientes (20.6%) tuvieron efectos secundarios. En un paciente se suspendió el LEV por somnolencia excesiva. Dos pacientes requirieron cambio de FAE por recurrencia de crisis a dosis de 3000 mg/día. (Kutlu G, et al. Levetiracetam monotherapy for late poststroke seizures in the elderly. Epilepsy & Behavior 13 (3), 542-544, 2008)

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## Tratamiento

- Controversia particular en cuanto al tratamiento AE en casos de “estado epiléptico sutil” (~status epiléptico mioclónico en coma) en la fase aguda de anoxia severa. Algunos consideran que los movimientos anormales son fenómenos no-epilépticos indicativos de daño neuronal y por tanto no inician FAEs, otros administran dosis altas de antiepilépticos IV (generalmente barbitúricos) al considerarlo una forma de SE.
- El mioclonus de Lance Adam puede ser una secuela de la isquemia cerebral y generalmente se trata con valproato, piracetam o levetiracetam.

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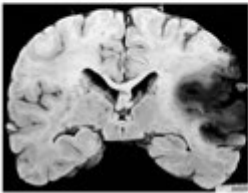
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# EVC

- 14% de los pacientes con EVC de pequeño vaso se asocian a crisis epilépticas



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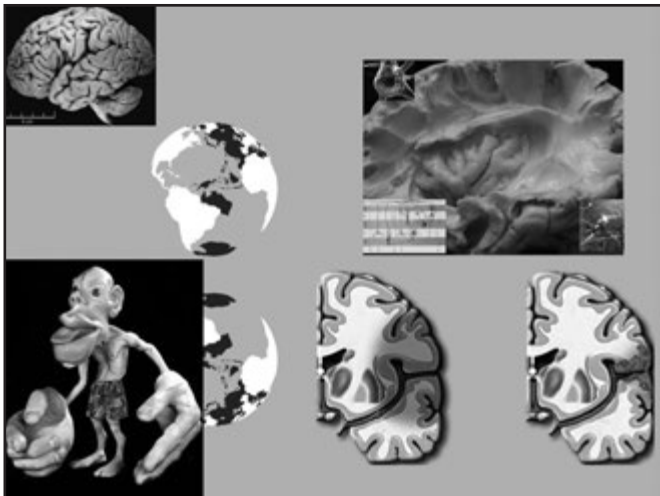
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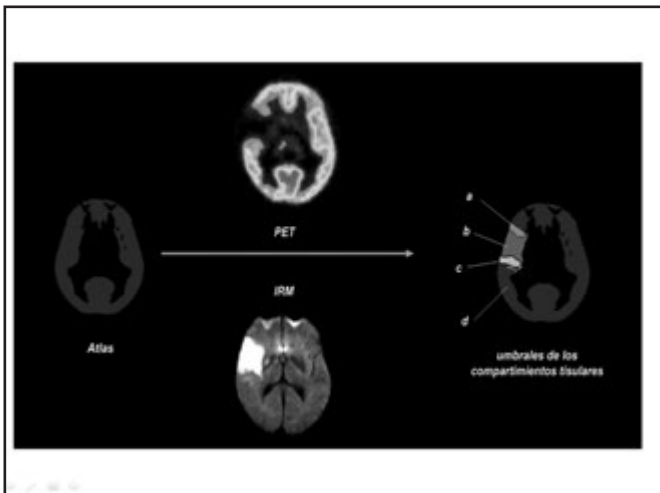
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- El tratamiento fundamentalmente ha sido dirigido a restablecer en el menor tiempo posible el flujo sanguíneo cerebral o bien detener el sangrado (trombolisis, Factor VIIr)
- Los resultados han sido diversos dado que la ventana de intervención es mejor dentro de las 3 primeras horas
- Las intervenciones no están exentas de riesgo

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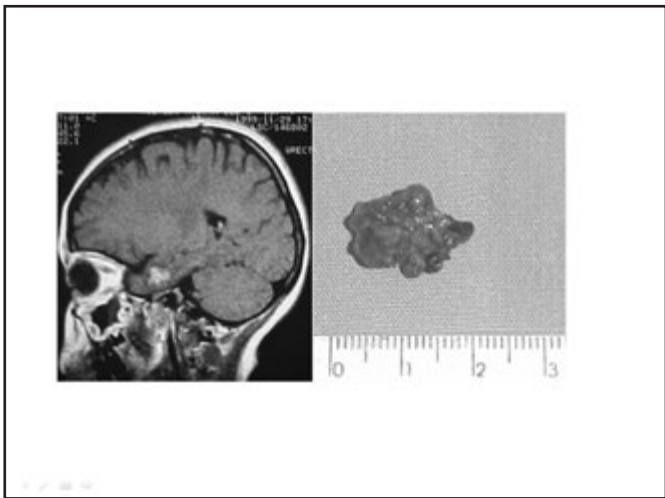
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*Dime y lo olvido, enséñame y lo recuerdo, involúcrame y lo aprendo.*

*Benjamin Franklin (1706-1790)*

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# EPILEPSY AND NEUROCYSTICERCOSIS

## F. RUBIO DONNADIEU (MÉXICO)

IV ESCOLA LATINO-AMERICANA DE VERÃO  
 DE EPILEPSIA  
 LASSE IV  
 Feb. 9, 2010.

**Epilepsy and Time**  
**Neurocysticercosis and Epilepsy**  
**Late onset Epilepsy**

F. Rubio-Donnadieu  
 Programa Prioritario de Epilepsia  
 Instituto Nacional de Neurología y Neurocirugía  
 México, D.F.

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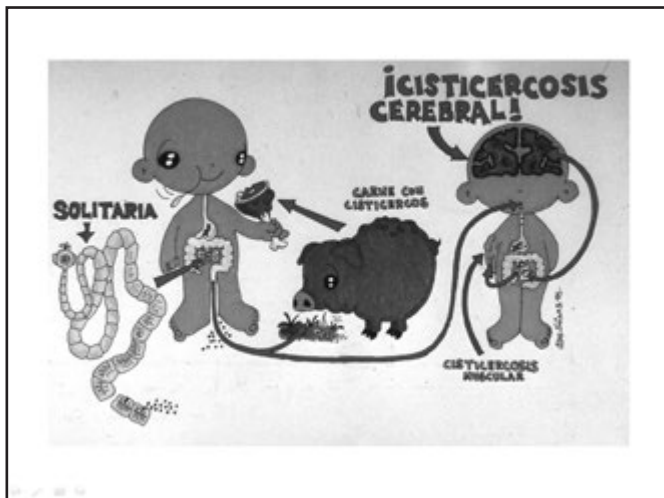
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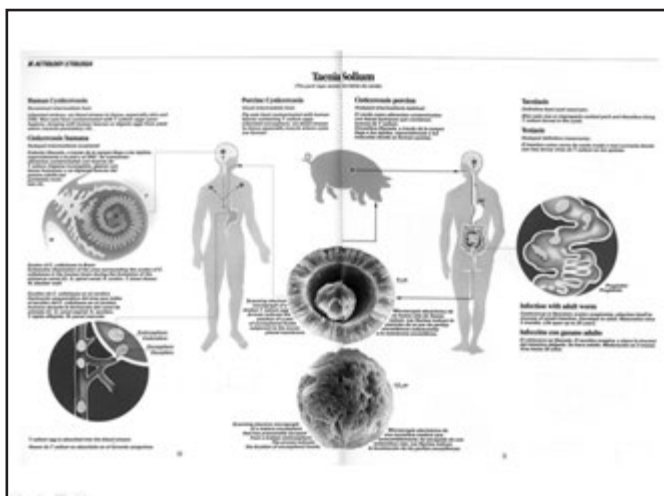
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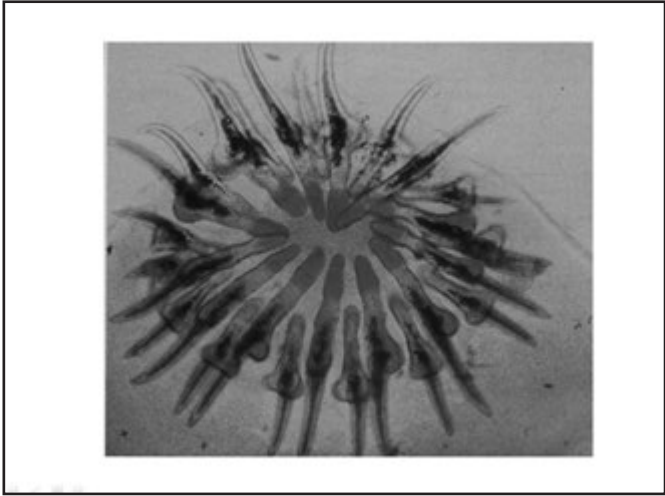
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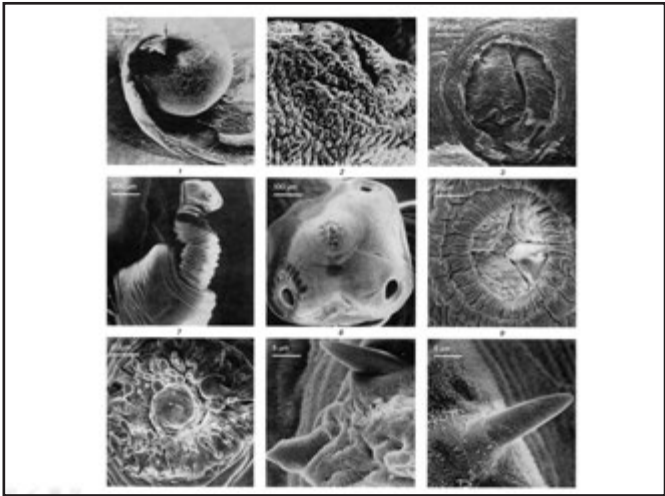
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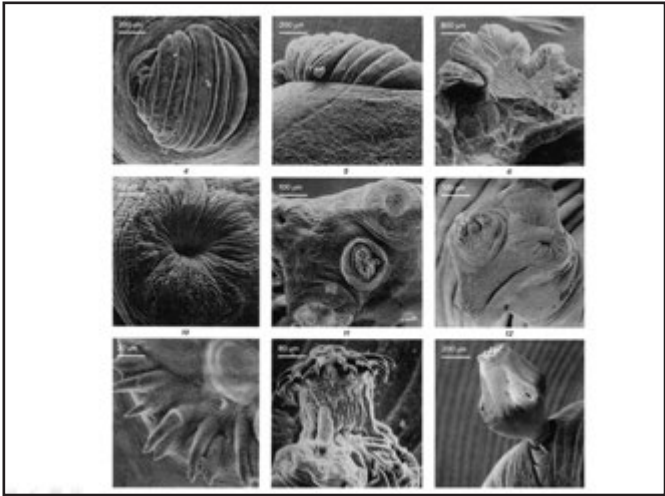
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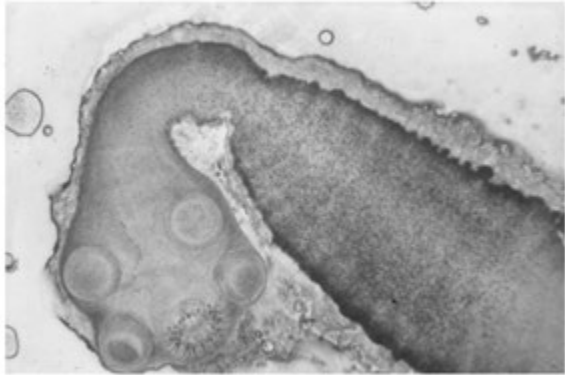
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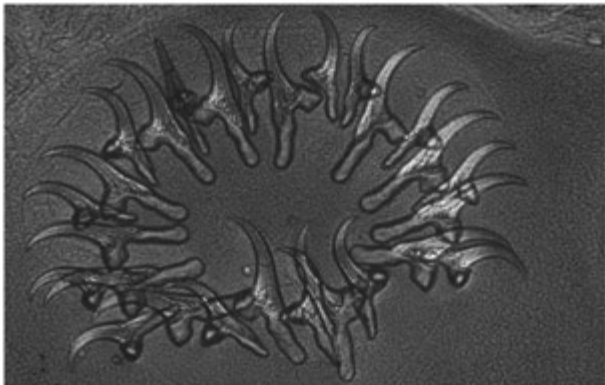
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**TIPOS DE LESION PRODUCIDA POR  
NEUROCISTICERCOSIS**

1. **Reacción inflamatoria parenquimatosa**
2. **Aracnoiditis y panquimeningitis**
3. **Hidrocefalia secundaria a aracnoiditis basal**
4. **Hidrocefalia por bloqueo intraventricular de LCR**
5. **Vasculitis**

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### ETAPAS BIOLÓGICAS DE CISTICERCOS EN EL SNC

1. Cisticercos parenquimatosos microscópicos (forma miliar)
2. Cisticercos macroscópicos de 1-5 cms. (1 ó varios)
3. Cisticercos racemosos (efecto de masa ocupativa)
4. Cisticercos en etapa degenerativa (con necrosis y engrosamiento de membrana)
5. Granulomas calcificados (secuela)




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### LOCALIZACIÓN TOPOGRÁFICA DE NEUROCISTICERCOSIS

1. Cortical subaracnoidea
2. Subaracnoidea basal
3. Intraparenquimatosa
4. Intraventricular
5. Mixta
6. Espinal




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Fig. 100.—General appearance of gross the clusters of vesicles of *Cysticercus* which are attached to the base of the brain. These vesicles break loose and may be absorbed by the spinal fluid.

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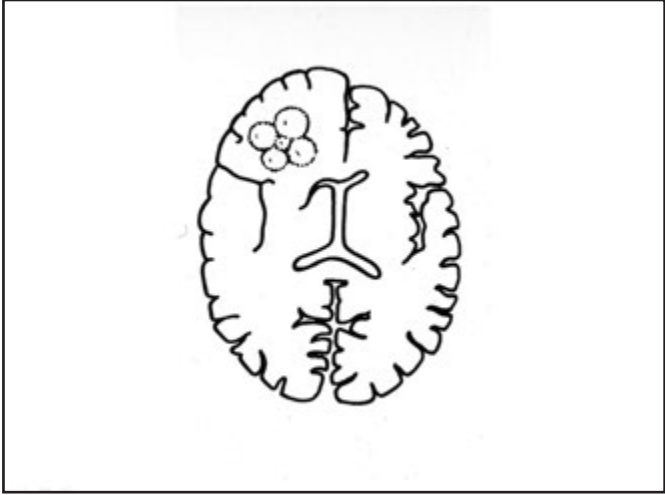
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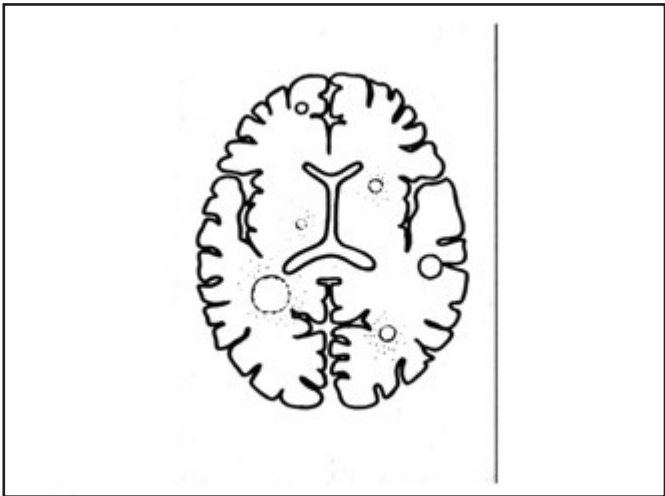
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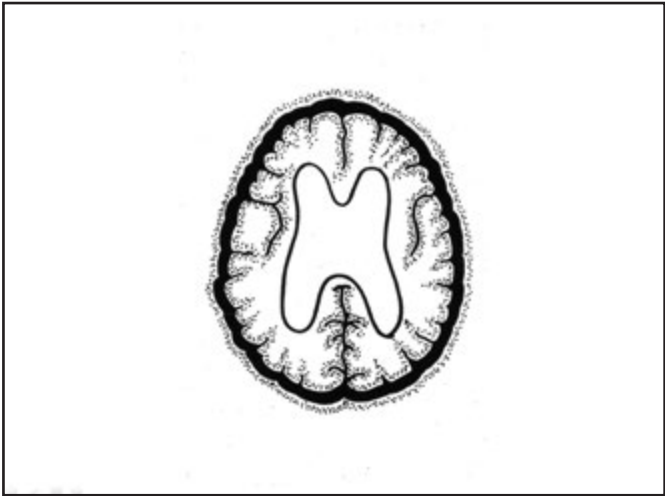
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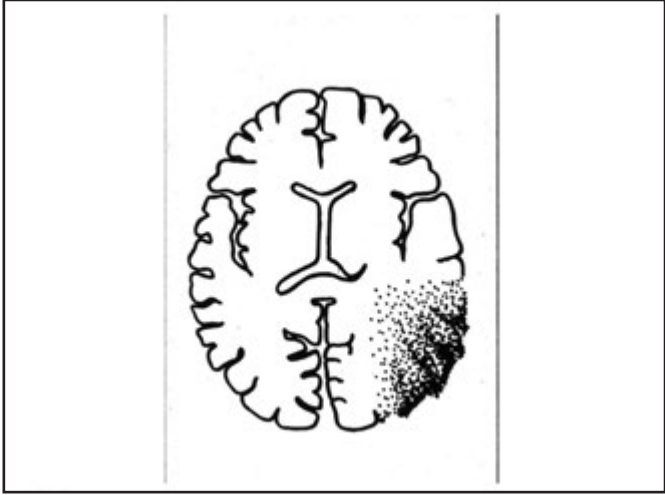
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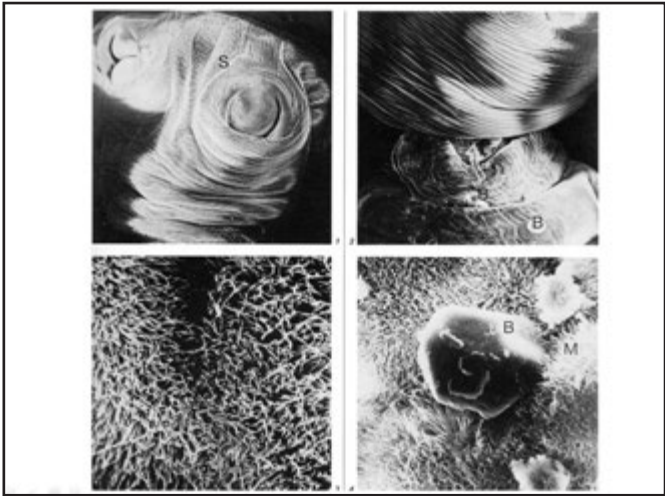
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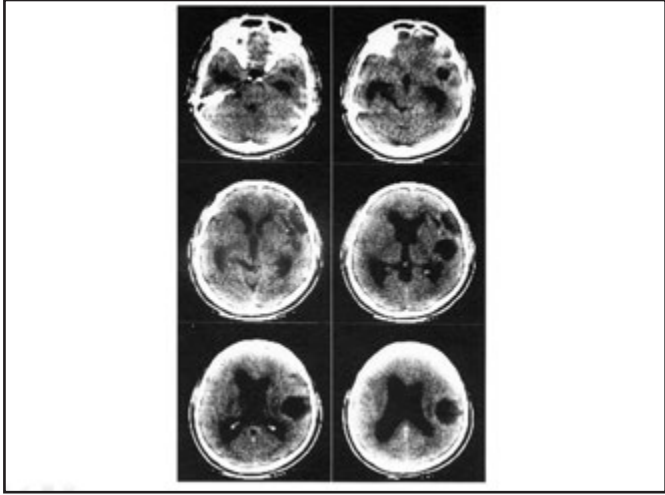
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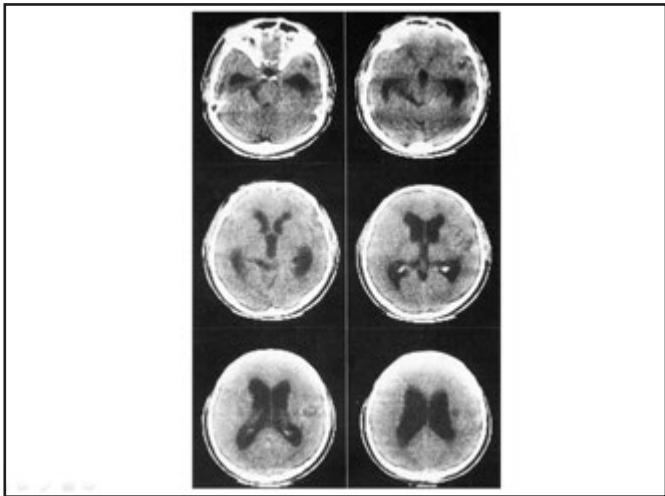
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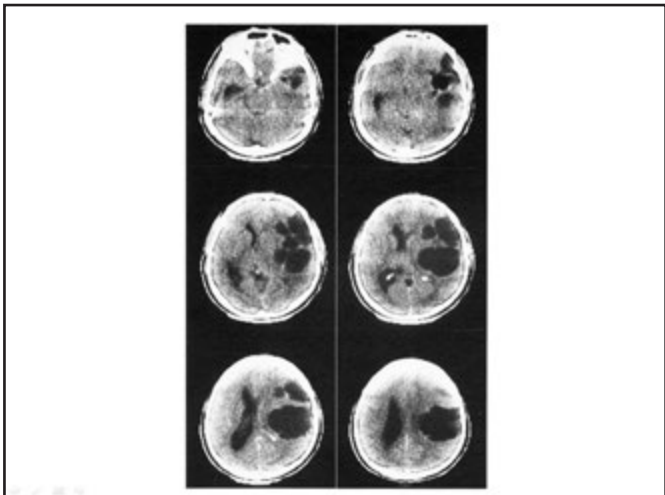
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# Neurocysticercosis: A New Classification Based on Active and Inactive Forms

## A Study of 753 Cases

Julio Sotelo, MD; Vicente Guerrero, MD; Felipe Rubio, MD

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### CISTICERCOSIS

Signos y síntomas	% 753 Casos
Epilepsia	52.4
Cefalea	43.4
Papiledema	28.0
Vómito	27.2
Signos Piramidales	21.5
Marcha Atálica	10.0
Disminución agudeza visual	10.0
Atrofia óptica	6.5
Brotos Psicóticos	4.7
Diplopia	4.5
Vértigo	4.1
Disimetría o temblor de acción	3.9
Afección nervios craneales VII al XII	3.4
Trastornos conductuales	2.7
Hipoestesia	1.8
Compresión médula espinal	1.4
Signos de irritación meníngea	1.3
Síndrome radicular	1.0
Síndrome de Parinaud	1.0

NOTA: El 26.2 % (198 casos) tuvieron examen neurológico normal.

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### CISTICERCOSIS

I. Formas activas	% 753 Casos
a. Aracnoiditis	43.2
b. Hidrocefalia por inflamación meníngea	25.7
c. Quistes parenquimatosos	13.2
d. Infarto cerebral por vasculitis	2.3
e. Efecto de masa por quiste (s)	1.0
f. Quistes intraventriculares	0.7

II. Formas inactivas	% 753 Casos
a. Calcificaciones parenquimatosas	57.6
b. Hidrocefalia secundaria a fibrosis subaracnóidea	3.8

NOTA: Aproximadamente el 50% de los casos tienen formas mixtas de Neurocisticercosis

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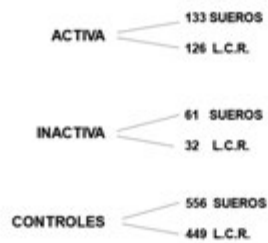
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TABLA V

Síntomas y signos	Criptocosis 26 casos		Tuberculosis 16 casos		Neurocisticercosis 753 casos	
	No.	%	No.	%	No.	%
Cefalea	19	(73)	9	(56)	313	(43.4)
Fiebre	13	(50)	11	(69)	NI	(0)
Epilepsia	NI	(0)	NI	(0)	381	(52.4)
Rigidez de nuca	8	(31)	12	(75)	10	(1.3)
Papiledema	4	(15)	2	(13)	75	(10)
Ataxia	2	(8)	2	(13)	75	(10)
Cambios Mentales	12	(46)	14	(87)	120	(16)
Vómito	10	(38)	7	(44)	203	(27)

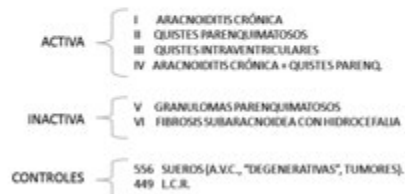
NI: No informado

Instituto Nacional de Neurología y Neurocirugía  
CISTICERCOSIS  
ELISA



Instituto Nacional de Neurología y Neurocirugía  
CISTICERCOSIS  
ELISA

352 Casos  
Grupos Anatómo-Clinicos



Instituto Nacional de Neurología y Neurocirugía  
**CISTICERCOSIS**  
 ELISA

**ACTIVA** — 50 % Sensibilidad + en Cisticercosis  
 — 70 % Especificidad - en controles      **Suero**

**ACTIVA** — 87 % Sensibilidad + en Cisticercosis  
 — 95 % Especificidad - en controles      **L.C.R.**

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**NEUROCISTICERCOSIS Y EPILEPSIA**

**NIÑOS** ————— 81% con CTC

**ADULTOS:** 100 casos — 70% con Crisis Parciales  
 LOE  
 > 25 a

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**CYSTICERCOSIS IN CHILDREN**  
 Clinical Manifestations

	No. Cases	%
Symptomatic	74	83.2
Asymptomatic	15	16.8
	89	100
Symptoms	60	81
Seizures	41	55
Intracranial hypertension	20	27
Visual symptoms	18	24
Cranial nerves	17	22
Cerebellar	9	12
Psychotic reaction		

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**CYSTICERCOSIS AND EPILEPSY  
IN CHILDREN (89)**  
Type of Seizures in 60 Cases

<b>GENERALIZED T-C</b>	<b>78 %</b>
<b>SIMPLE PARTIAL</b>	<b>35 %</b>
<b>COMPLEZ PARTIAL</b>	<b>6.6 %</b>
<b>ABSENCE</b>	<b>1.6 %</b>

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Reprinted from the Archives of Internal Medicine  
February 1986, Volume 136  
Copyright 1986, American Medical Association

**Neurocysticercosis as the Main Cause  
of Late-Onset Epilepsy in Mexico**

Mario T. Medina, MD; Enrique Rojas, MD; Francisco Rubio-Domínguez, MD; Julio Sobro, MD

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**Table 1. CT FINDINGS IN 50 PATIENTS WITH LOSE  
SECONDARY TO NEUROCYSTICERCOSIS**

	<i>No. of Patients</i>
<b>Active Forms of NCC</b>	
Parenchymal cyst	23
Subarachnoid cyst	2
Brain infarction secondary to vasculitis	1
<b>Inactive Forms of NCC</b>	
Parenchymal calcifications	41

\* 15 patients had two or more forms of NCC

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# EPILEPSY AND NEURAL INFECTIONS

KRISTER KRISTENSSON (SWEDEN)

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**Pathogens and the Brain:  
Neuroinvasion,  
Immunopathogenesis and  
Epileptic Seizures**

Krister Kristensson

Department of Neuroscience, Karolinska  
Institutet, Stockholm, Sweden

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**Microbes and Epilepsy**

1. Spread of pathogens to the brain
2. Immune control of pathogens in brain
3. Pathogens that cause epilepsy
4. Can seizures or epilepsy be caused by pathogens?

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**1. Spread of pathogens to the brain**

*a. Hematogenous route*

– across the blood-brain barrier

*b. Along peripheral nerves*

– the olfactory route to the "limbic system"

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## a. Hematogenous route

*Plasmodium*, *Taenia solium* larvae,  
toxoplasma, trypanosoma, HIV,  
measles

The so-called blood-brain barrier  
(BBB) protects the brain from  
diffusion of macromolecules in the  
blood to the brain parenchyma.

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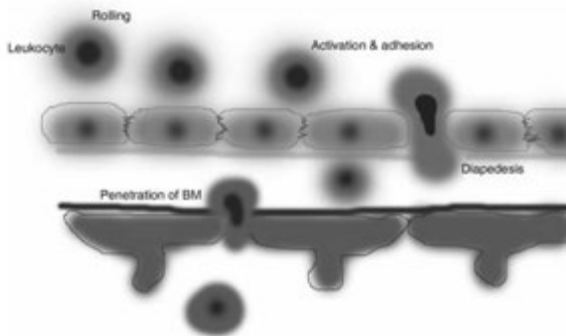
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### Multi-step leukocyte trafficking across the BBB



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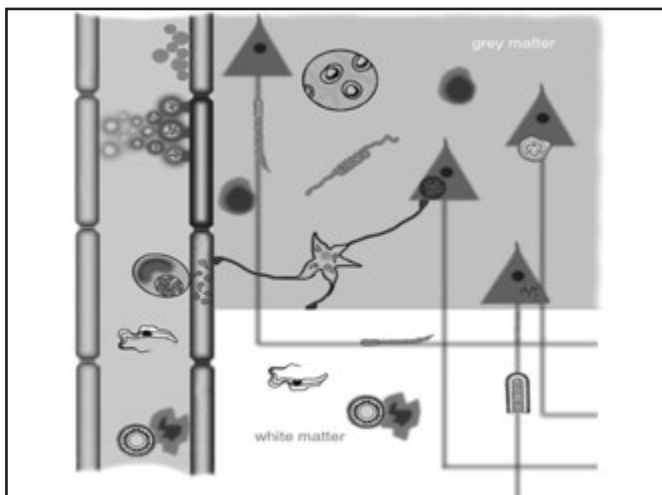
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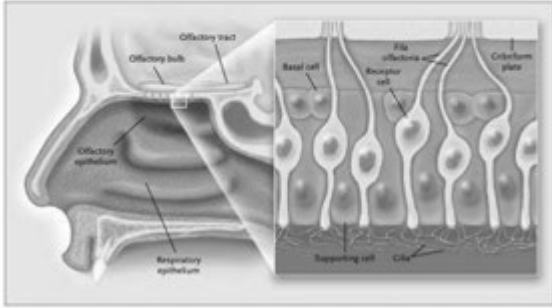
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***b. Neural route***

Neurons in the olfactory mucosa are the only ones in direct contact with the ambient environment



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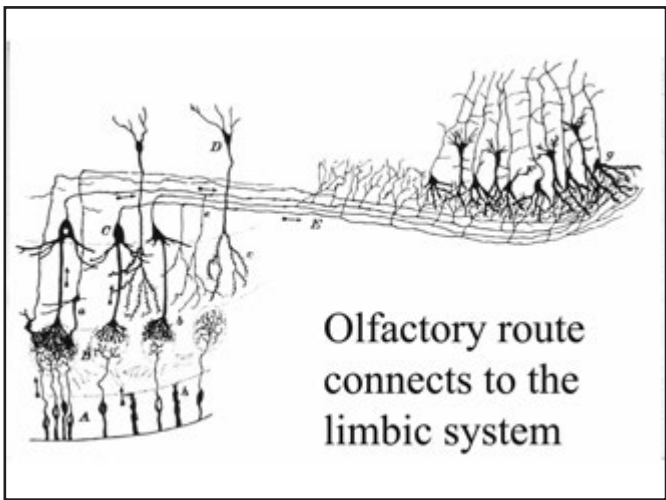
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Olfactory route connects to the limbic system

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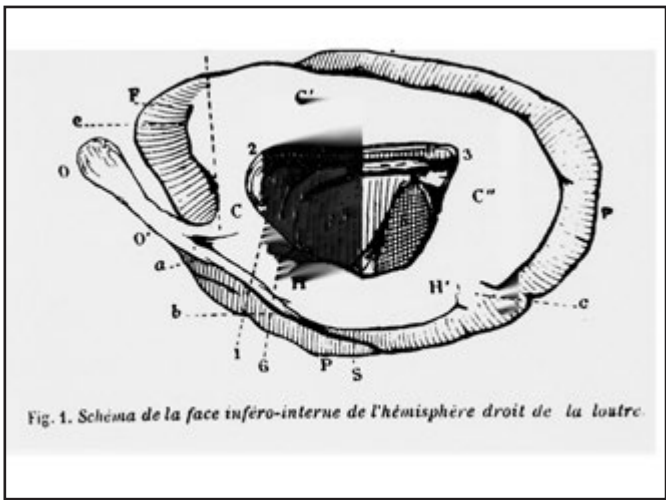


Fig. 1. Schéma de la face inféro-interne de l'hémisphère droit de la loutre.

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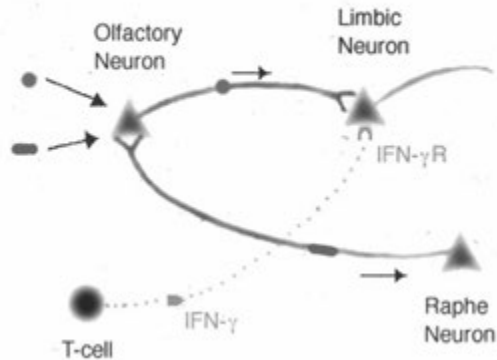
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A measles strain can attack limbic neurons to cause seizures




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## 2. Immune control of pathogens in the brain

### **INNATE IMMUNITY**

Carries memory of the species

Toll-like receptors

### **ADAPTIVE IMMUNITY**

Carries memory of the individual

B and T cells

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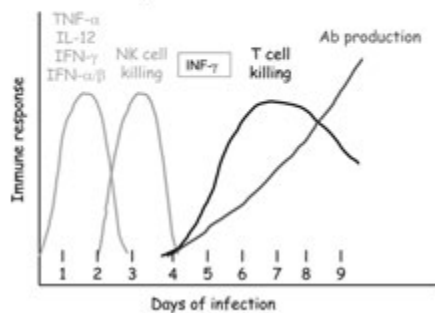
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**CYTOKINES** - highly inducible, secreted proteins mediating intercellular communication in the immune system




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## Pro-inflammatory cytokines

### Tumor necrosis factor (TNF) - $\alpha$

Interleukin (IL) -1, -4, -12

IL-12 Th1 cytotoxic response

IL -4 Th2 humoral response

### Interferon (IFN) - $\gamma$

## Anti-inflammatory cytokines

Interleukin (IL) - 10, -1 receptor antagonist

**TNF- $\alpha$  and IFN- $\gamma$  can disturb the balance between inhibitory and excitatory synaptic activities**

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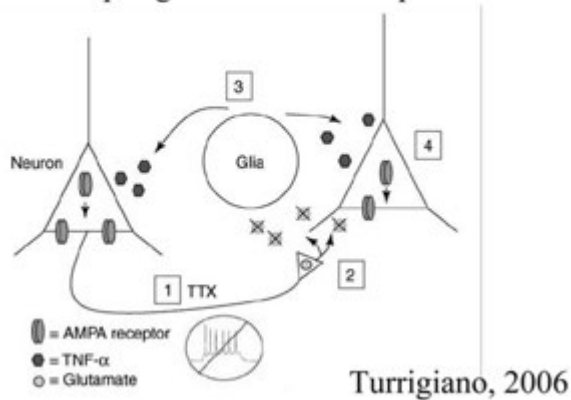
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If glutamate release is diminished, glia produce TNF- $\alpha$  that up-regulate AMPA receptors



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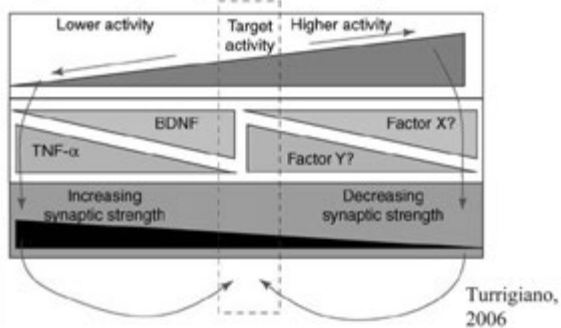
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TNF- $\alpha$  up-regulates AMPA and down-regulate GABA receptors. i.e. up-scaling of synaptic activity



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## Synaptic scaling

- May balance excitation and inhibition after changes in synaptic strength, while keeping the changes in memory
- Sleep – downscaling
- May prevent pathological states such as epilepsy

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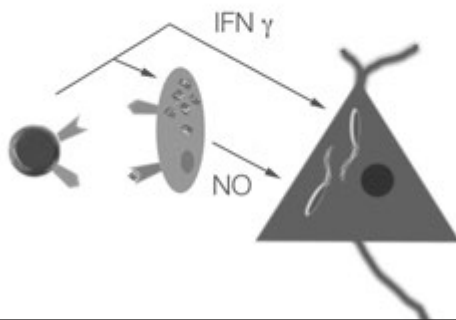
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Immune control of pathogens in a neuron that survive by IFN- $\gamma$   
-but does it function normally?




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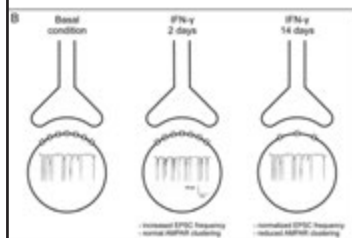
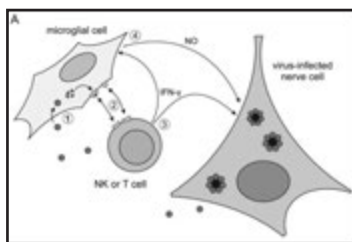
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- Synaptic activity increases **2 days** after exposure to IFN- $\gamma$ . After **2 weeks**, the excitatory postsynaptic currents (EPSC) have returned to normal paralleled by a reduced AMPAR clustering. Following longer exposure ( **$\geq 4$  weeks**) synaptic activity will decrease.

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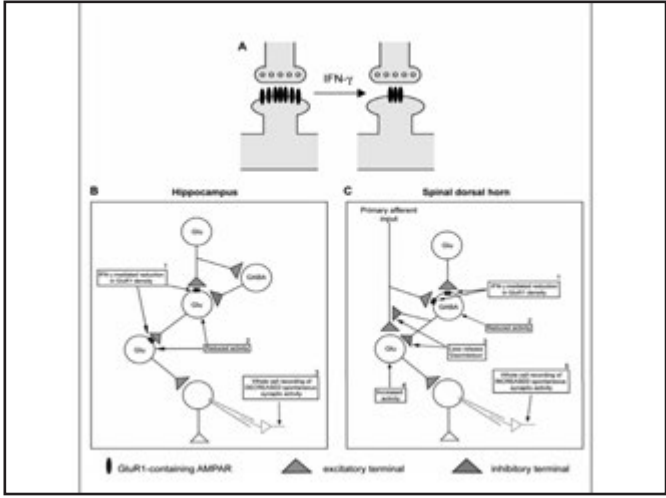
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TNF- $\alpha$  and IFN- $\gamma$  affects synaptic scaling. Net-effect depends on concentrations, time scales and network constructions.

Excitatory Inputs to DG   
 Feed-Forward Inhibition   
 Inhibitory Interneuron   
 Feedback Inhibition   
 Granule Cell   
 Axons to CA3

May modify sensitivity to seizures, but can they be a cause?????

*Babb TL, Brown WJ. Pathological Findings in Epilepsy. In: Engel J, Jr. Ed. Surgical Treatment of the Epilepsies. New York: Raven Press 1987: 511-540.*

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- ### 3. Pathogens that cause epilepsy
- Taenia solium
  - Plasmodium
  - HIV
    - Opportunistic infections
      - Toxoplasma
      - Tbc

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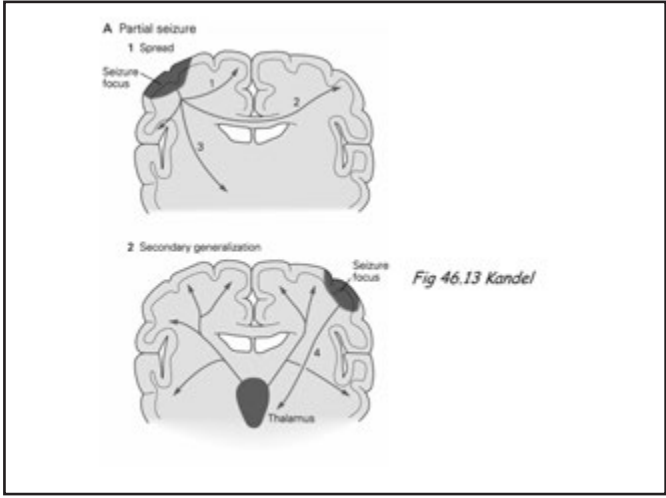
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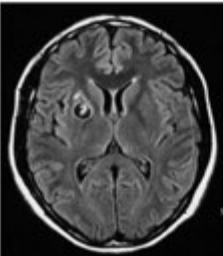
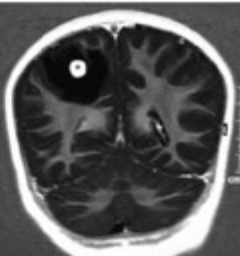
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**Neurocysticercosis**

Around 30% of all seizures in South and Central America *Garcia et al. 2005*

FLAIR MRI with inversion recovery

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**Cerebral malaria**

- Causes death of 1.5-2.7 million persons every year
- *Plasmodium falciparum, vivax, ovale and malariae* are infectious to Man
- Parasitemia;
- Coma for 30 minutes or more
- Adhesion of erythrocytes to endothelial cells, secretion of "tumor necrosis factor"- $\alpha$ , phospholipids and malaria toxins

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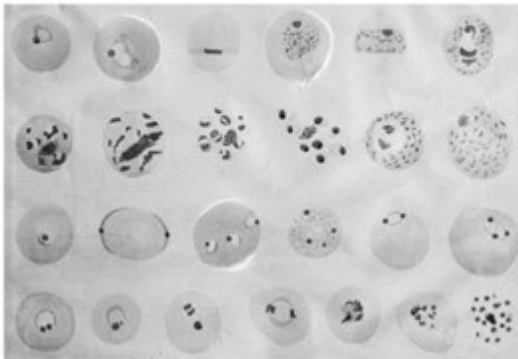
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## ***P. falciparum* in erythrocytes**

(from Camillo Golgi)



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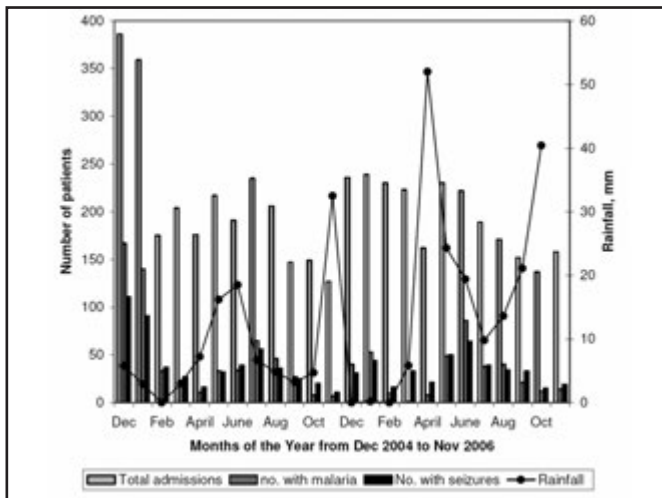
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All children aged 0-13 years with or without seizures admitted to Kilifi District hospital over 2 years *Idro R. BMC Pediatrics 2008*

- 18.3% (900/4921) had seizures and 80% of these associated with infections
- Associated with falciparum malaria in 58% of children 6 months and older

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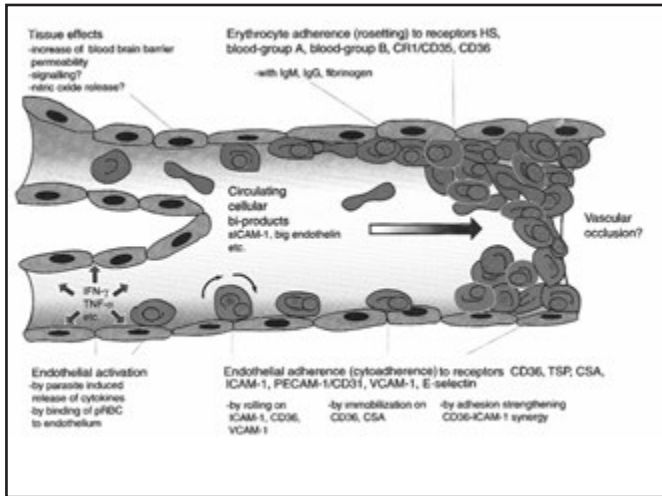
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### Complications of cerebral malaria

- Learning disabilities and behavior disturbances
- Auditory problems, cortical blindness
- Epilepsy

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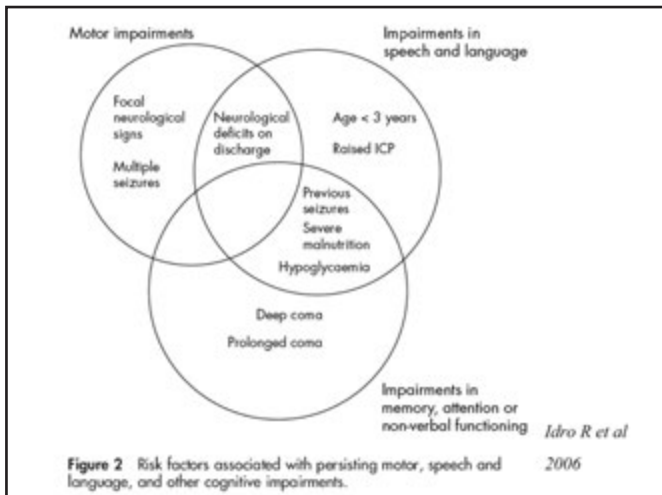
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Seizures in 2-20% of HIV-seropositive individuals

Problems:

- Drug-disease interactions
- Drug-drug interaction
- Effects on viral replication – valproic acid

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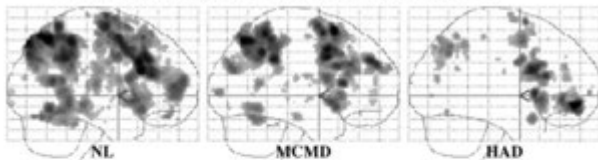
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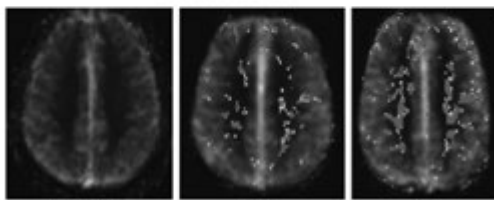
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Functional magnetic resonance imaging (fMRI)



Perfusion MRI



Asymptomatic MCMD HAD  
Tucker et al 2004

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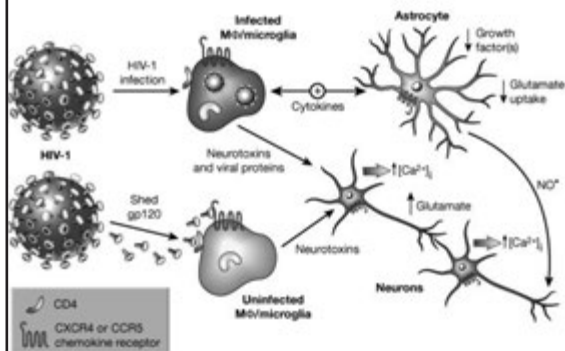
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**HIV**

Kaul, Garden, Lipton, 2001




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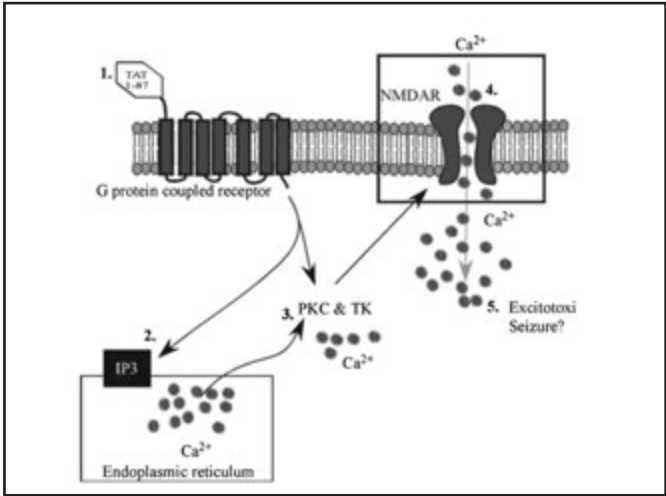
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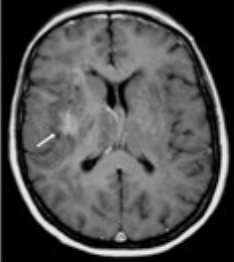
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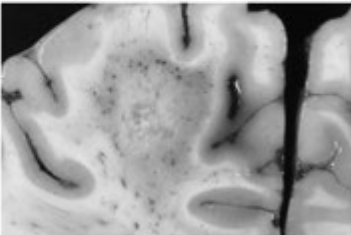
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Opportunistic infections



Toxoplasmic encephalitis

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4. Can seizures or epilepsy be caused by pathogens?

- Mesial temporal lobe epilepsy (MTLE)
- Febrile seizures
- Rasmussen's encephalitis

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Fotheringham J et al., 2007

**Table 2.** HHV-6 DNA Detection in Temporal Lobe Resections from NIH/CNMC epilepsy cohort (n=38)

Patients	Pathology	HHV-6 Positive	HHV-6 Negative
MTLE (n = 24)	MTS, gliosis	15*	9
Non-MTLE (n = 14)	Hemimegalencephaly, dysplasia, cavernous hemangioma	0	14

Human herpesvirus-6 (HHV-6), isolated 1988, causes exanthem subitum and can establish latency in the central nervous system.

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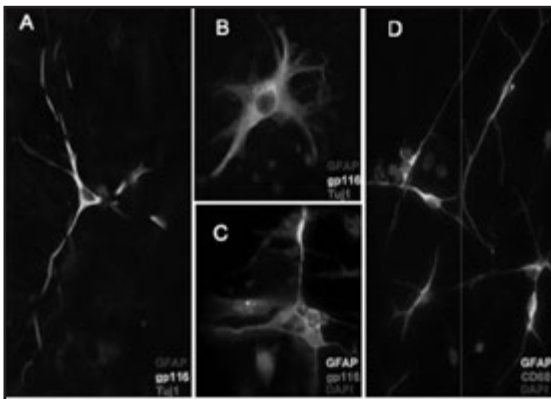


Figure 2. Primary Astrocytes Isolated and Cultured from HHV-6B-Positive MTLE Brain Resections Express Viral Antigen

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## Febrile seizures

Reviews:

*Van Zeil et al. 2002; Millichap and Millichap, 2006*

16.5% HHV-6 patients had seizures and virus DNA found in the CSF in 14.5% of them, but inconclusive

Influenza A virus frequent cause of febrile seizures in Japan and China – not in Europe and USA

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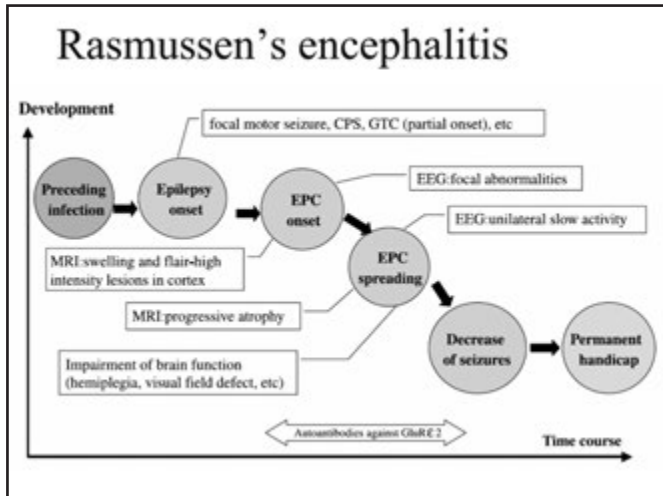
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- **Olfactory route to the limbic system**
- **TNF- $\alpha$  and IFN- $\gamma$ , and synaptic scaling modulate level of excitatory activity in networks**
- **Neurocysticercosis, cerebral malaria and HIV**
- **Search for viruses in mesial temporal lobe epilepsy, febrile seizures and Rasmussen's encephalitis**

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Our presently known infectious agents have been isolated on cells or in animal tissues.

Novel genomic techniques can discover unknown viruses – a black box

**Watch and see**

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# PHOTOSENSITIVITY: A TIME-DEPENDENT GENETIC TRAIT

PATRICIA BRAGA (URUGUAY)

## Fotosensibilidad en Epilepsia:

Un rasgo genético  
Tiempo-dependiente

©Braga - LASSE IV - 2010

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## ¿Qué es Fotosensibilidad?

- Capacidad de sufrir modificaciones inducidas por la exposición a la luz



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## ¿Qué es Fotosensibilidad en Epilepsia?

- aumento en la **excitabilidad neuronal**, desencadenado por un **estímulo luminoso** o algunas características del mismo, y que excede la excitación fisiológica de la vía visual en su magnitud (extensión o intensidad) o en su efecto clínico
- En un enfoque más restrictivo, FS en epilepsia se puede considerar como un factor precipitante, que precede inmediatamente a la crisis, con una relación temporal estrecha entre el estímulo visual y la aparición del fenómeno ictal
  - relación de tipo causa-efecto
  - asociación temporal entre ambos como núcleo del diagnóstico

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## “Causa”: Estímulo visual

- el estímulo luminoso no es un evento único de características estáticas, homogéneas, sino que es un fenómeno que incluye numerosas variables
- un individuo puede ser “fotosensible” a determinadas características del estímulo y no a otras
- sensibilidad del examen estandarizado de la fotosensibilidad

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## “Causa”: Estímulo visual (2)

- **Simple** (destello): intensidad, color-longitud de onda-, duración, distancia de la fuente
- **Más complejos**: patrones de repetición regulares o irregulares, frecuencia temporal, frecuencia espacial; homogéneos o heterogéneos en sus distintas cualidades simples y en diferentes combinaciones
- Conceptos vinculados a la percepción visual como el **contexto** visuo-espacial, la uni o plurimodalidad del estímulo, la atención, el reconocimiento o la novedad del mismo, entre otros.
- Las características reconocidas como más potentes desencadenantes de FS son la **frecuencia temporal** y la **luminancia**.

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## Frecuencia Temporal del Estímulo visual

- La FS puede ser expresada como el rango de frecuencias que induce una RFP (PPR) (Kaselerin-Nolte-Trenitz´ 1983; Harding and Jeavons, 1994), siendo los límites habituales del rango entre 10 y 30 Hz (Leitlen et al., 1998).
- La mayoría de los pacientes son sensibles a 16 flashes/s; 49% son sensibles a 50Hz en tanto que sólo 15% lo son a 60 Hz.
- Sólo aprox. 3% de la población FS con algún trastorno degenerativo, es sensible a la ELI a 1-3 flashes/s (Ziffkin and Kaselerin-Nolte-Trenitz´, 2000).
- Un patrón en movimiento continuo en una sola dirección es raramente precipitante de RFP.
- Sin embargo, si el patrón se mueve cambiando la dirección del movimiento en forma repetida y alternante, con similar velocidad, la susceptibilidad puede ser tan alta como para el flicker. (Stephani et al, 2004). En estos casos, la FS evocada también es frecuencia dependiente, asociando conceptos de periodicidad espacial y temporal en la característica evocadora del estímulo.

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## Estímulo visual complejo: video

- Un número significativo de pacientes (esp. con crisis por video-juegos) son sensibles a patrones, pero no a la ELI (Harding, 1998).
- Factores dependientes del hardware (frecuencia scan) o del software (color, contraste, luminancia, patrones geométricos) (Wilkins et al., 2004).
- Habitualmente FS es máxima a frecuencias de 20 Hz, con un rango entre 8-50 Hz. (Stephani et al., 2004).
- Varios estudios han mostrado mayor seguridad con frecuencias de scan de 100Hz en la pantalla de TV en comparación con frecuencias más bajas (Fylan and Harding, 1997; Badnand-Hubert et al., 1998; Ricci et al., 1998; Wilkins et al., 2004).
- El potencial del estímulo cromático combinado en varios patrones geométricos, particularmente la luz roja, ha demostrado ser eficaz para desencadenar RFP (Binnie et al., 1984; Tabuchi et al., 1995; Wilkins et al., 2004).
- Pokemon – secuencia con pantallas flash alternativamente en rojo y azul, cambiando a 12.5/seg por aprox. 4seg

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## Acto perceptual

- Visión mono o binocular
- Ojos abiertos/cerrados
- Eye closure sensitivity
- Fixation-off sensitivity
- Distinta prevalencia en diferentes síndromes epilépticos
- EC, ECLS y FOS - pueden dissociarse de FS
- Mecanismo?

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## Efecto: respuesta fotosensible

- CLÍNICA:
  - Crisis foto-inducida: provocada por estímulo visual (luz intermitente, patrones de líneas, damero, otros).
- PARACLÍNICA:
  - Neurofisiológica - EEG-MEG
  - Patrones de perfusión - SPECT
  - Patrones de metabolismo – PET-fMRI
- RESPUESTA FOTOPAROXÍSTICA (RFP-PPR) – Respuesta EEG anormal a la luz o patrones, consistente en puntas, punta-onda u ondas lentas intermitentes.
- FOTOSENSIBILIDAD: respuesta anormal del EEG a luz o patrones de estimulación, consistente en una RFP.
- Crisis vs EEG - pueden verse crisis inducidas por estimulación visual (flash-pattern), sin demostrarse FS en el EEG (inadecuada estimulación durante el EEG, medicación, variación al azar).

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## Efecto Clínico: CRISIS

- Más frec. CTCC, mioclonias bilaterales y concientes
- Menos frec. ausencias y crisis parciales (simples visuales, o parciales complejas)
- Mioclonias palpebrales (con o sin ausencias)
- Versión tónica óculo-cefálica
- CTCC habitualmente desencadenadas por exposición prolongada, siguiendo una ausencia, mioclonias, o de inicio.
- Crisis parciales, s/t del lób. occipital: secuencia de síntomas visuales y vegetativos, a/v con cefalea. A veces con síntomas vegetativos o aura epigástrica sin fenómenos visuales. (Guerrini et al., 1998; Hennessy and Birnie, 2000)
- Equivalentes ictales: trastornos de conciencia y sensación de placer han sido descritos en asociación a RFP.

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## Efecto EEG

- Varias respuestas EEG a la ELI, con diferente significado clínico.

### • Waltz (1992)-

I: Puntas Occipitales

II: Puntas Regionales Parieto-Occipitales y Ondas Lentas Bifásicas

III: Puntas Parieto-Occipitales y Ondas Lentas Bifásicas que propagan a Regiones Frontales

IV: Puntas o Polipuntas y Ondas Generalizadas

### • Jeavons and Harding (1975):

1. Respuesta visible sólo en regiones frontales - FOTOMIOCLÓNICA
2. Respuesta visible sólo en regiones posteriores - ARRASTRE FÓTICO, PEV, PUNTAS OCCIPITALES
3. Respuesta bilateral y difusa, anterior-posterior - FOTOCONVULSIVA (EOL 3 Hz, EOL 4-7 Hz, PP, PPOL, ondas lentas difusas de gran amplitud)

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## Efecto EEG: RFP

- La relación entre los diferentes tipos de respuesta a la ELI y el riesgo de crisis inducidas por el estímulo visual no está claro.
- Actualmente, sólo las descargas paroxísticas generalizadas (puntas, polipuntas, complejos EOL) son aceptadas como respuestas de valor patológico (Zifkin and Kasteleijn-Nolaf Trenite\*, 2000).
- La expresión de una RFP en el EEG es influida por
  - edad - penetrancia máxima entre 5-20 años
  - sexo - más frecuente en sexo femenino
  - Estado de vigilia - aumenta con fatiga post deprivación de sueño
  - Síndrome epiléptico - no sólo la prevalencia, sino la frecuencia de RFP en algunas ECI es mayor que en otros contextos clínicos.
  - factores desconocidos - variación en repetidas evaluaciones de un mismo paciente con intervalos variables
  - agregación familiar (Doone and Bates 1987; De Graaf, 1992; Doone and Waltz, 1992; Harding et al 1990; 1992; Familoni et al., 1996; de Graaf et al., 1998; Stephani et al., 2004), por lo que se plantea una base genética, y es considerada un ENDOFENOTIPO

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## RFP como Endofenotipo

- **Base genética:**
  - gemelos monocigóticos - casi un 100% de concordancia
  - modo de herencia AD con penetrancia reducida, asociada a la edad.
- **Independiente de la Epilepsia:**
  - Pacientes con epilepsia FS y con familiares con FS sin epilepsia, en que FS se segrega en patrón AD.
  - En familias con EGI, RFP puede ser heredada a través de la línea parental que no posee epilepsia
- **Asociado al Síndrome Epiléptico:**
  - Se han identificado loci en los Cr 2, 6, 7 y 16, en correlación con el fenotipo de crisis predominante en los miembros de la familia afectada
  - Se ha propuesto un modo de herencia complejo y poligénico
- ❖ U. Stephani et al, 2004:
  - PPR idiopática - expresión de una vía anormal de PPR que puede predisponer también a crisis en pacientes ya predispuestos a epilepsia (EGI)
  - PPR sintomática - como resultado de una vía PPR normal en sí misma pero disfuncional a causa de un proceso neurodegenerativo específico (en raras patol AD como lipofuscinosis ceroides, Unverricht-Lundborg disease, etc.).

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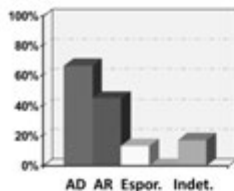
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## Fotosensibilidad como Subfenotipo de EGI:

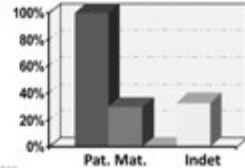
	EMJ (n=42)	EA (n=8)
Sexo F:M	23:19	7:1
FS	10 (24%)	2 (25%)
AP CF	5 (12%)	2 (25%)
AF CF	14 (33%)	4 (50%)
AF Epilepsia	23(55%)	5 (62%)
AF EGI 1er gr	6 (14%)	1 (12%)

	Variable asociada	N=50 p
FS (EMJ)	AF Epilepsia	0.028
	AF CF/EGI pr gr	0.04



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### Rol del linaje parental




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## Endofenotipificación neurofisiológica

- **Muestra:**
  - n = 15
  - Edad- x = 22.3 ± 4.9 años
  - Sexo- F:M = 12:3
  - Síndrome epiléptico- 12 EMJ/ 2 EAJ / 1 EAI
  - Historia familiar de epilepsia- 53%
  - Todos recibían DAE
- **Video-EEG**
  - No se registró sufrimiento cerebral
  - En un paciente actividad focal en FEI (F izq)
  - 1 registro ictal: ausencia típica en HVP
  - **Fotosensibilidad:** 5 (33%)
  - **Arrastre Fótico:** 14 (93%)

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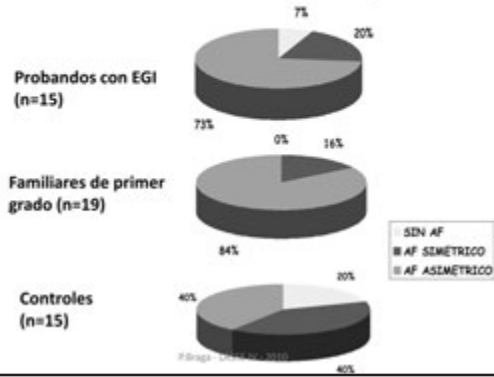
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## Endofenotipificación neurofisiológica

### Arrastre Fótico Asimétrico (AFA):




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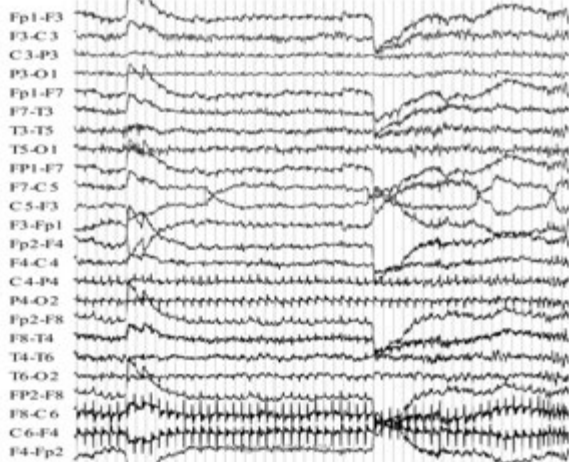
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## Endofenotipificación neurofisiológica

### Arrastre Fótico y Fotosensibilidad

PROBANDO	SEXO	EDAD	SINDEPI	AFA	FS	VERSIVAS	EEG FOCAL	REMISION	RESPVPA
B. C.	F	20	EA	SI	SI	NO	NO	NO	EXCELENTE
M. P.	F	24	EA	SI	NO	NO	NO	NO	POBRE
W. R.	M	17	EA	SI	NO	NO	SI	NO	POBRE
M. A.	F	22	EMJ	SI	SI	NO	NO	NO	POBRE
V. G.	F	24	EMJ	SI	SI	NO	SI	NO	
C. M.	F	19	EMJ	SI	SI	NO	SI	SI	EXCELENTE
M. P.	F	27	EMJ	SI	SI	NO	NO	NO	POBRE
J. F.	M	18	EMJ	SI	NO	NO	NO	NO	EXCELENTE
L. P.	F	27	EMJ	SI	NO	NO	NO	NO	POBRE
H. G.	F	18	EMJ	SI	NO	SI	NO	SI	EXCELENTE
V. S.	F	19	EMJ	SI	NO	NO	SI	NO	POBRE
L. L.	F	15	EMJ	NO	NO	NO	NO	SI	EXCELENTE
A. M.	F	24	EMJ	NO	NO	SI	NO	NO	EXCELENTE
G. R.	M	27	EMJ	NO	NO	NO	NO	NO	EXCELENTE
L. D. L.	F	33	EMJ	NO	NO	NO	NO	NO	POBRE

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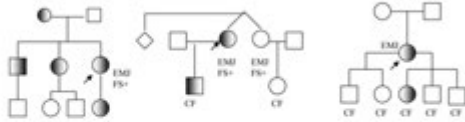
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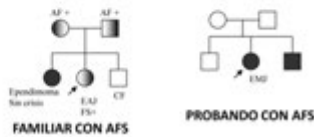
## Modos de herencia:

### Endofenotipo: Arrastre Fótico –



■ LOS HIJOS DE PROBANDOS CON AFA PRESENTARON AFA CON PREDOMINIO IPSILATERAL

■ TODOS LOS PROBANDOS CON AFA TENÍAN AL MENOS UN PROGENITOR CON AFA



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## Modos de herencia:

### Endofenotipo: Arrastre Fótico –

- AFA en todas las generaciones e igual distribución por sexo: ¿Herencia AD?
- AFA no se asoció con modo de herencia de EGI ni CF.
- AFA no se asoció con línea parental de historia familiar de epilepsia.
- Elevada prevalencia de AFA en familiares sin historia de epilepsia: Segregación independiente de la epilepsia, con contribución parcial al fenotipo completo.

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## FS y Cronobiología

- Se ha observado una variación en la prevalencia de FS en función de la edad, tanto para el endofenotipo EEG como para la expresión clínica.
- **Aparición de crisis fotosensibles:** 12-15 años. Pubertad.
- **Aparición de RPF en EEG:** máxima penetrancia 5 – 15 años
  - 7,6% de niños normales (Dosee y Wáitz)
  - 8% entre 1-15 años y 1% entre 16-21 años (Eeg-Olofsson and Petersen)
  - FS en pacientes con primer EEG registrado entre 10 y 15 años. Edad de inicio media 14,4 años (Wóit, Coomes 1986)
- **Remisión de FS:**
  - 2/3 de ptes FS –persiste media 14 años luego del diagnóstico inicial
  - >50% desaparece en seguimientos más prolongados (Harding y Jeavons)
- FS no evoluciona necesariamente en forma paralela con la evolución de la epilepsia.

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## FS y Sexo

- El sexo puede influir sobre el endofenotipo RFP:
  - Prevalencia hasta 2.5 veces mayor de PPR en niñas [Harding and Leavens, 1994]
  - La incidencia de crisis epilépticas es mayor en familiares de sexo femenino de portadores del rasgo RFP [Doose et al., 1969].
  - En nuestra serie, los pacientes con AF de epilepsia por línea paterna tenían mayor prevalencia de FS.
- Se postulan mecanismos hormonales, que podrían también explicar la expresión dependiente de la edad.
- Hipótesis alternativas:
  - Podría estar relacionado con la carga genética doble de Cr X por mecanismos genéticos o epigenéticos
  - Rol protector directo o indirecto del cromosoma Y
  - Rol de impronta genómica

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## Ciclos ultradianos

### AMBIENTE Y EXPRESIÓN- VARIACIONES CÍCLICAS

- FS estable en intervalos de días in un individuo dado, si se controla la variación circadiana [Binnie, 1986]
- Variación estacional
  - RFP menos común en pacientes evaluados en verano vs invierno [Danesi ]
  - Quirk et al no encontraron variación estacional de FS
- Variación por **regiones climáticas**
  - no se encontraron factores climáticos relevantes para la evocación de RFP
- Otras variantes cíclicas en ritmos ultradianos han sido menos estudiadas en relación con FS:
  - **Ciclos hormonales** – epilepsias catameniales
- Por otra parte, la función circadiana de despertar puede modificarse por factores ultradianos, como la menstruación o el estrés, mediados por diferentes influencias hormonales.

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## Ritmos circadianos

- Centrado en la relación con el ciclo sueño-vigilia
- Otros factores : liberación cíclica de hormonas endógenas -melatonina o corticoides.
- Esta relación se considera más evidente para las crisis mayores
- En nuestra serie de 43 pacientes con EM, el agrupamiento de las crisis en la mañana, próximo al despertar, fue un hallazgo casi constante.
  - **Mioclónicas:** 42/43 al despertar – 1/43 en vigilia
  - **CTCG (n=39)** - 25 (64%) al despertar - 11 (28%) en vigilia - 1 en relajación vespertina, 1 hipólicas y 1 al azar
  - **Ausencias (n=15):** 9 (60%) al despertar, 1 en relajación vespertina y 5 en vigilia
- **Crisis versivas o rotatorias (n=6):** 4/6 al despertar – 2 en vigilia.
- Excitabilidad motora cortical en EM con TMS: no diferencias entre la mañana y el atardecer en pacientes bajo DAEs. Plantean rol de estructuras subcorticales (no evaluables por TMS) [Pfütze M., 2007]

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## EGI y ciclo sueño-vigilia

✓ ¿Cómo puede entenderse que las crisis de las EGI ocurran habitualmente luego de despertar del sueño?

1. Precipitación de crisis por falta de sueño –
2. Calidad de la estructura del sueño que precede a las crisis –planteo de distintos perfiles de sueño (Patry, 1931). El sueño de pacientes con epilepsia del despertar es claramente más inestable y más fácilmente influenciado por circunstancias externas que el de pacientes con crisis hípnicas.
3. El despertar en sí mismo- transición del sueño al estado de vigilia. Las crisis aparecen cuando el proceso es acelerado, y se evitan cuando el proceso es enlentecido o repetido. Los pacientes refieren que antes de la crisis, no estaban completamente despiertos, o habían sido instados por otros a apurarse, para finalmente estar prontos y vestidos (despertar incompleto o prodromos?)

Janz D. Epilepsy with grand mal on awakening and sleep-waking cycle. *Clinical Neurophysiology* 2003;111(Suppl 2):S109-S110.

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## Patrones cíclicos neuronales y ciclo sueño-vigilia

### Rol del tálamo –

- Generador de actividad oscilatoria rítmica y patrones de sueño
  - Las neuronas talámicas pueden operar en dos modos:
  - Modo de relevo - asociado con el procesamiento de input sensorial en condición de vigilia activa, como relevo hacia el córtex.
  - Modo oscilatorio- generación de descargas rítmicas durante el sueño. Filtra el input externo sensorial para favorecer las interacciones endógenas, en bucle cerrado, con la corteza, durante el sueño.
- Un estudio en el modelo felino de epilepsia generalizada con penicilina, demostró que luego de la inyección sistémica de penicilina, los husos de sueño desaparecieron para dar lugar a complejos espica onda lenta [Kostopoulos et al., 1981a,b].
- Otro estudio en slices de tejido talámico sugiere que el circuito tálamo-reticular-talámico aislado es responsable de la generación de husos, y también es capaz de generar oscilaciones rítmicas en el rango de frecuencia de las EOL 3Hz.
- Relevo clave de la vía visual aferente - disparador

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### Cyclic alternating pattern and epilepsy during sleep: how a physiological rhythm modulates a pathological event. L. Parrino et al., 2000.

- CAP son patrones repetitivos transitorios en el sueño NREM, con una fase A (complejos K, despertar) alternada con intervalos de fase B (actividad de fondo propia de la etapa de sueño).
- Los pacientes con epilepsia mostraron mayor tasa de CAP que controles (52.7 versus 34.6%;  $P < 0.003$ ).
- En EGI, las descargas interictales se activan durante fases de sueño inestable (CAP > NCAP), sin consecuencias evidentes en la macroestructura del sueño, pero con efectos significativos sobre la estabilidad del despertar.
- En los pacientes con epilepsia, los ciclos CAP que incluyen al menos una descarga son más largos que aquéllos sin descargas (31.2 versus 25.4 s;  $P = 0.007$ ). El alargamiento selectivo de los ciclos CAP con descargas y el aumento de la tasa CAP apoya la hipótesis de que ambos comparten mecanismos comunes que vinculan un fenómeno fisiológico (CAP) con un evento patológico (descargas interictales).

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## Fotosensibilidad: fisiopatología

- El primer planteo de asociar un estímulo visual con una respuesta exagerada de neuronas corticales, capaces de generar crisis epilépticas, sería la existencia de un foco epileptógeno o grupo neuronal hiper-excitable en la corteza visual primaria o de asociación (dependiendo de las características del estímulo implicadas en cada individuo), cuya activación fisiológica en el proceso de percepción visual determina una respuesta exagerada, hiper-sincrónica, patológica.
- Sin embargo, las crisis parciales simples visuales, ilusorias o alucinatorias, son poco frecuentes, y rara vez fotosensibles. Si bien el córtex visual debe estar involucrado de una u otra forma, estos hechos nos llevan de la mano a la necesidad de comprender mejor la fisiología de las redes neuronales involucradas en la percepción visual y sus códigos de interrelación.

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## FS en modelos animales

### ❖ Baboon *Papio papio* –

- FS con RFP desencadenada por ELI a 20-30Hz, acompañada de **mioclonias y clonias**.
- RFP de distribución **frontocentral y rolándica** con generalización.
- En baboons FS se demostró que bajo ELI, **neuronas corticales frontales** son activadas progresivamente antes de que se distingan descargas paroxísticas en el EEG de superficie, y ambas terminan con el fin de la ELI.
- La infusión bilateral prolongada (7 días) de GABA en la corteza motora (área 4) de los baboons FS o alternativamente en la corteza occipital, bloquea completamente las manifestaciones clínicas y EEG inducidas por ELI durante la infusión. No así la infusión en área 6 u 8.
- Los generadores de las manifestaciones epilépticas en los baboons se situarían en el córtex motor, y las aferencias visuales provenientes del córtex occipital serían necesarias para disparar estos generadores

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### ❖ Baboon *Papio hamadryas spp.* – Szabó C et al. 2005/2007.

- Factores asociados a epilepsia: **edad** < 4 a; sex ratio igual.
- FS se asoció con **base genética**: híbridos *P.h.anubis/cynocephalus* vs *P.h. anubis* ( $p=0.004$ )
- Estimulación: Consistentemente sensibles a 25 Hz igual que *P.h. papio*, se indujeron descargas y crisis a otras frecuencias, incluyendo 3, 6, 9, 12, 15, 18 y 27 Hz.
- Respuesta EEG: descargas 4-6 Hz; en los más jóvenes a 2-3 Hz.
- PET en ELI: FS mostraron mayor **activación en cíngulo anterior derecho y órbito-frontal**, sin activación del córtex occipital vs controles (activación bilateral, occipital y cerebelosa). Se sugiere inhibición de córtex occipital durante fotoestimulación en individuos fotosensibles.

### ❖ Pollo FEpi (*Fayoumi epileptic*) –

- mutación AR y forma de epilepsia refleja con crisis generalizadas en respuesta a la luz o sonido, EEG interictal con descargas paroxísticas.
- en ambas respuestas el iniciador de las crisis parece estar localizado en el tronco cerebral, con refuerzo de estructuras visuales telencéfalicas para desencadenar convulsiones generalizadas fotogénicas.

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## Estudios en humanos

- **Objetivos –**
  - Rol de la frecuencia temporal de la estimulación visual
  - Vías y circuitos extra-estriados involucrados. Facilitación e inhibición
- **Población –**
  - Pacientes con epilepsias fotosensibles
  - Individuos sanos -fisiología de vía visual y procesamiento cortical
- **Metodología –**

EEG	SSVEP
TMS	fMRI
SPECT	PET

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Stimulus rate dependence of regional cerebral blood flow in human striate cortex demonstrated by positron emission tomography.  
Fox PT, 1984.

- **Objetivo :** determinar la relación entre el índice de repetición de un estímulo visual simple y el FSCr en el cerebro humano (voluntarios sanos).
- Entre 0 y 61Hz, el FSCr en el **córtex estriado varió como función de la frecuencia temporal** del estímulo fótico, formando una curva de respuesta unimodal con un **máximo entre 7.8 y 15.5 Hz.**
- La localización anatómica de la región con pico de respuesta vascular fueron los lóbulos occipitales a nivel mesial, a lo largo de la cisura calcarina [córtex visual primario] para todos los sujetos estudiados
- Ninguna otra área cerebral mostró un cambio consistente.

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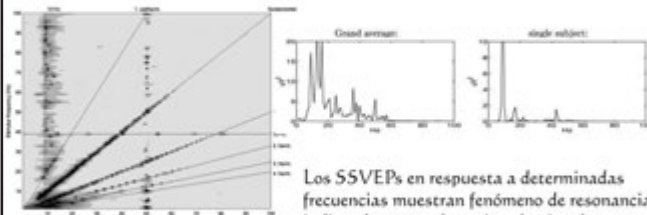
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Human EEG responses to 1-100Hz flicker - Herrmann C. 2001

- Estudio en 10 individuos sanos.
- Muestra **frecuencias evocadas preferidas frente a distintas frecuencias de estimulación fótica.**



El sistema responde sobre todo con frecuencia igual a la de la estimulación y con frecuencias subarmónicas a la estimulación.

Los SSVEPs en respuesta a determinadas frecuencias muestran fenómeno de resonancia indicando una preferencia selectiva de frecuencias de los osciladores neurales. **Fenómenos de resonancia ocurrieron a frecuencias de 10, 20, 40 y 80 Hz.**

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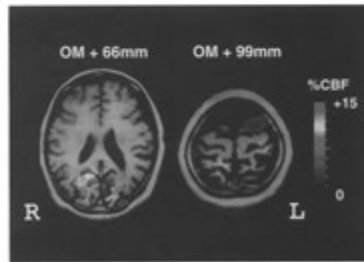




**Central pathway of photic reflex myoclonus. Kanouchi T et al. 1997**

- Datos anatómicos en primates muestran que proyecciones del área visual terminan en el área premotora y precentral
- Se plantea una vía central para el mioclonus fótico reflejo: un estímulo visual activa primero el córtex occipital, pasando el impulso al cortex motor primario ipsilateral, desencadenando una sacudida mioclónica contralateral a través del tracto córtico-espinal.

H2o-PET images registradas con MRI (1Hz flash vs reposo) en un paciente con mioclonus fótico reflejo del MSD (sin clínica durante PET)



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**fMRI responses in medial frontal cortex that depend on the temporal frequency of visual input. Srinivasan R - 2007**

- **Objetivo:** patrones de activación en fMRI a nivel occipital y por fuera del córtex visual, en función de la frecuencia temporal del estímulo.
- **Metodología:**
  - Estudio en 6 sujetos sanos.
  - Estímulo damero reversible con frecuencias de 3 a 14 Hz.
- **Resultados:**
  - Cada sujeto mostró activación de las áreas corticales visuales en lóbulos occipitales acorde a lo esperado.
  - Se observó activación en un número elevado de vóxeles occipitales, y en un número menor de vóxeles en la región mesial de los lóbulos frontales.
  - Encuentran un cluster de voxels en el cortex frontal mesial que responde a la frecuencia preferida en el rango 3.5-5 Hz
  - Los resultados del presente experimento apoyan la hipótesis de que la conectividad del cerebro humano es frecuencia-dependiente.

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- Cluster de voxels frontales en giro recto y órbito-frontal mesial.
- Las respuestas a nivel frontal eran claramente frecuencia dependientes, con un pico a frecuencia de 4.5 Hz, replicada en 2 protocolos.
- La respuesta media de activación occipital parece ser relativamente independiente de la frecuencia.
- Los voxels frontales casi siempre estaban correlacionados positivamente entre sí en un mismo sujeto, y la localización era muy similar entre sujetos.
- A nivel occipital, se encontraban voxels correlacionados positiva y negativamente entre sí, y con los frontales.

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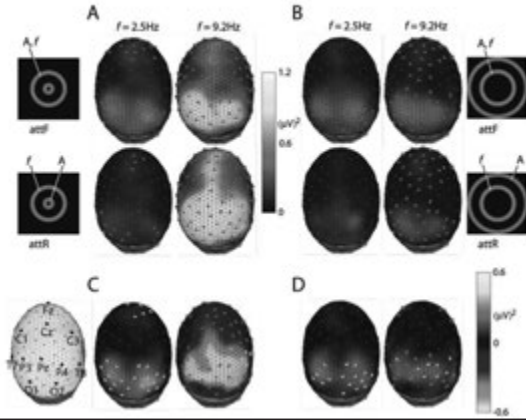
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**Attentional modulation of SSVEP power depends on the network tagged by the flicker frequency. Jian Ding et al, 2006**




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- Todas las frecuencias determinaron respuesta occipital
- Banda  $\delta$  (2-4 Hz)  $\rightarrow$  vía occipital-frontal, potenciada cuando la atención se centra en el flicker, y en fase
- Banda  $\alpha$  alta (10-11 Hz)
- Banda  $\alpha$  baja, específicamente a 9.2 Hz (y menos a 10 Hz)
  - $\rightarrow$  Independientemente del componente atencional
  - SSVEP de mayor poder en electrodos occipitales y frontales-prefrontales
  - $\rightarrow$  Cuando la atención es dirigida a un estímulo en la fovea, desatendiendo el estímulo intermitente
  - SSVEP de muy alto poder en áreas frontales póstero-mediales y parietales, que no registran poder SSVEP significativo en ninguna otra frecuencia de estimulación
- La atención parece modular la respuesta SSVEP en forma dependiente de la frecuencia del estímulo visual.
- Algunas redes corticales activadas por frecuencia serían sensibles a la atención, en tanto que otras serían relativamente insensibles a la misma.

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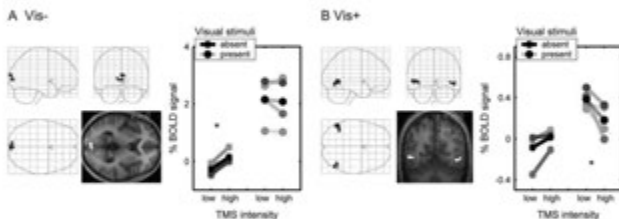
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**Distinct causal influences of parietal vs frontal áreas on human visual cortex: evidence from concurrent TMS-fMRI. Ruff C. et al. 2007**

Estudio en 4 voluntarios sanos, con estimulación en el surco intraparietal del hemisferio derecho por TMS, y fMRI simultánea con un coil de superficie occipital para evaluar activación cerebral en corteza visual según el contexto visual (patrón aleatorio intermitente)



- 2 patrones:
- A - cúneo bilateral incluyendo la cisura calcarina (V1-V4) -  $\uparrow$  actividad sólo en ausencia de estímulo visual
  - B - corteza occipital lateral bilateralmente (V5/MT+) -  $\downarrow$  actividad sólo en presencia de un estímulo visual en movimiento

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## Contextualización de la información visual banda gamma

- En experimentación animal se vio que descargas de puntas en frecuencia gamma 30-80 Hz, s/t aprox. 40Hz, se asocian a las funciones de fusión de información referente a características individuales de un estímulo complejo, o sincronización de información procesada por diferentes grupos neuronales específicos para una información contextual o global (Gestalt).
- Experimentos en humanos mostraron que oscilaciones gamma inducidas están presentes en el EEG cuando dos partes de una barra en movimiento se perciben como un objeto coherente.

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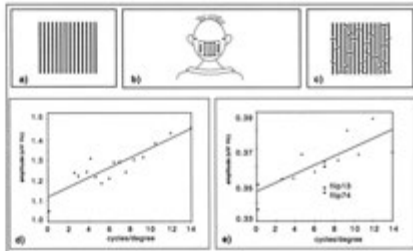
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### Different frequencies for different scales of cortical integration: from local gamma to long range alpha-theta synchronization. Von Stein A et al-2000.

- Análisis espectral del EEG frente a estímulos visuales de frecuencia creciente. Estudio de coherencia.
- Observa un aumento de la amplitud del componente gamma en el EEG lineal con el aumento de barras en el estímulo visual.
- El poder gamma disminuyó frente al estímulo de igual frecuencia con elementos "incoherentes".

• Estos resultados sugieren que, en forma similar a lo hallado en el gato, la sincronización cortical en el rango de frecuencias gamma puede ser medido en el EEG en humanos y refleja un criterio Gestáltico de coherencia visual.



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### Gamma-band phase clustering and photosensitivity: is there an underlying mechanism common to photosensitive epilepsy and visual perception?

J. Parra; S. N. Kalitzin; J. Iriarte; W. Blanes; D. N. Velis; F. H. Lopes da Silva. 2003.

- pacientes con epilepsia FS idiopática evaluados con MEG durante ELI a 10, 15 y 20 Hz, en comparación con controles.
- PHASE CLUSTERING INDEX (PCI) -medida de la dispersión de fase de los diferentes componentes de frecuencias.
- rPCI - Para cada frecuencia de estimulación, la diferencia de fase de sus armónicos en función de la frecuencia fundamental.
- Períodos antes de una ELI con RFP vs períodos previos a ELI sin RFP: PCI banda gamma (30-120Hz) > PCI a la frecuencia fundamental
- Cuando la estimulación no provocó un RFP, la PCI en la banda de armónicos gamma no excedió el valor PCI para la frecuencia fundamental (rPCI igual que controles normales).
- La dinámica de la actividad en frecuencias gamma puede ser predictor de RFP y crisis FS.

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## FS y frecuencias gamma

### •distribución espacial-

- ELI sin RFP - mayores valores en regiones occipitales.
- ELI con RFP - valores mayores más allá de las regiones occipitales, distribuidas sobre todo en las regiones parietales, centrales y temporales.

### •tipo de crisis -

- paciente con mioclonias: aumento esp. frontal y central
- paciente con ausencias: aumento rPCI dominante en sensores parietales

•Plantean hipótesis de que el aumento de la sincronía en la banda gamma de pacientes FS puede reflejar una pérdida del control cerebral sobre procesos oscilatorios de alta frecuencia que normalmente operan para conectar transitoriamente redes neuronales.

•La evolución temporal del rPCI, sugiere que la ELI inicialmente involucra poblaciones neuronales responsables de frecuencias gamma, pero que en condiciones normales existe un mecanismo de control que contrarresta esta sincronía, ausente o disfuncional en estos pacientes.

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## Hiperexcitabilidad y simetría

### □Hiperexcitabilidad -

- Los pacientes con crisis fotosensibles tienden a tener PEV al flash o dadero aumentados.
- En pacientes fotosensibles, se ve un mayor incremento del tamaño del PEV con el aumento del contraste del estímulo (Porciatti)
- La amplitud de los PEV disminuye bajo VPA

### □Bilateralidad y simetría -

- Aunque grandes áreas de la corteza visual parecen ser equipotenciales para evocar crisis, el umbral en un hemisferio puede diferir marcadamente del otro, aún en pacientes con EGI
- La asimetría en algunas pruebas funcionales, aún en EGI (TMS; arrastre fótico y PEV asimétricos), permite plantear un rol de un desbalance interhemisférico en la excitabilidad cortical o umbral de activación de diferentes vías.
- Si bien las manifestaciones clínicas habituales asociadas a FS son simétricas o globales, los cambios metabólicos y vasculares evocados frecuentemente no lo son.

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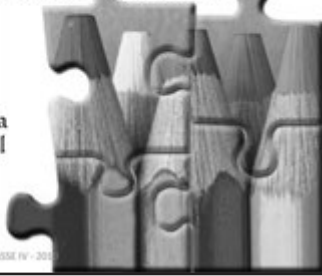
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## ¿Qué es Fotosensibilidad en Epilepsia?

➤ cambio cualitativo en los patrones de activación de determinados grupos neuronales, desencadenado por un estímulo luminoso o algunas características del mismo, y que ocurre en pacientes predispuestos, probablemente por un aumento en la excitabilidad de toda o parte de la red involucrada

➤ asociación temporal implica factores ontogénicos de especialización cerebral y formación de redes, involucra la plasticidad cerebral e implica el compromiso de una delicada sincronía témporo-espacial de mecanismos excitatorios e inhibitorios.



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## Future needs :Photosensitivity, visually sensitive seizures and epilepsies

Dorothee G.A. Kasteleijn-Nolst Trenité Epilepsy Research 705 (2006)

- I. Large-scale multinational epidemiological studies in the general population  
-incidence and prevalence of FS, sensitivity and specificity of photic, pattern and TV stimulation in the laboratory, impact of longer duration of stimulation, occurrence of a PPR in non-affected persons and to follow-up
- II. Epidemiological studies in neurological and epilepsy patients in general:  
-distribution among epilepsy syndromes and ethnic groups, compare follow-up
- III. Epidemiological studies in visually sensitive patients:  
-prognosis, pure FS epilepsy, video game seizures; value of asymmetric findings; visual priming; role of sex.
- IV. Double-blind placebo-controlled trials to determine the efficacy of all AEDs and non-drug preventive measures in visual sensitive patients.
- V. Imaging, functional and genetic studies to unravel the pathophysiology.  
-fMRI studies and MEG studies, genetic studies

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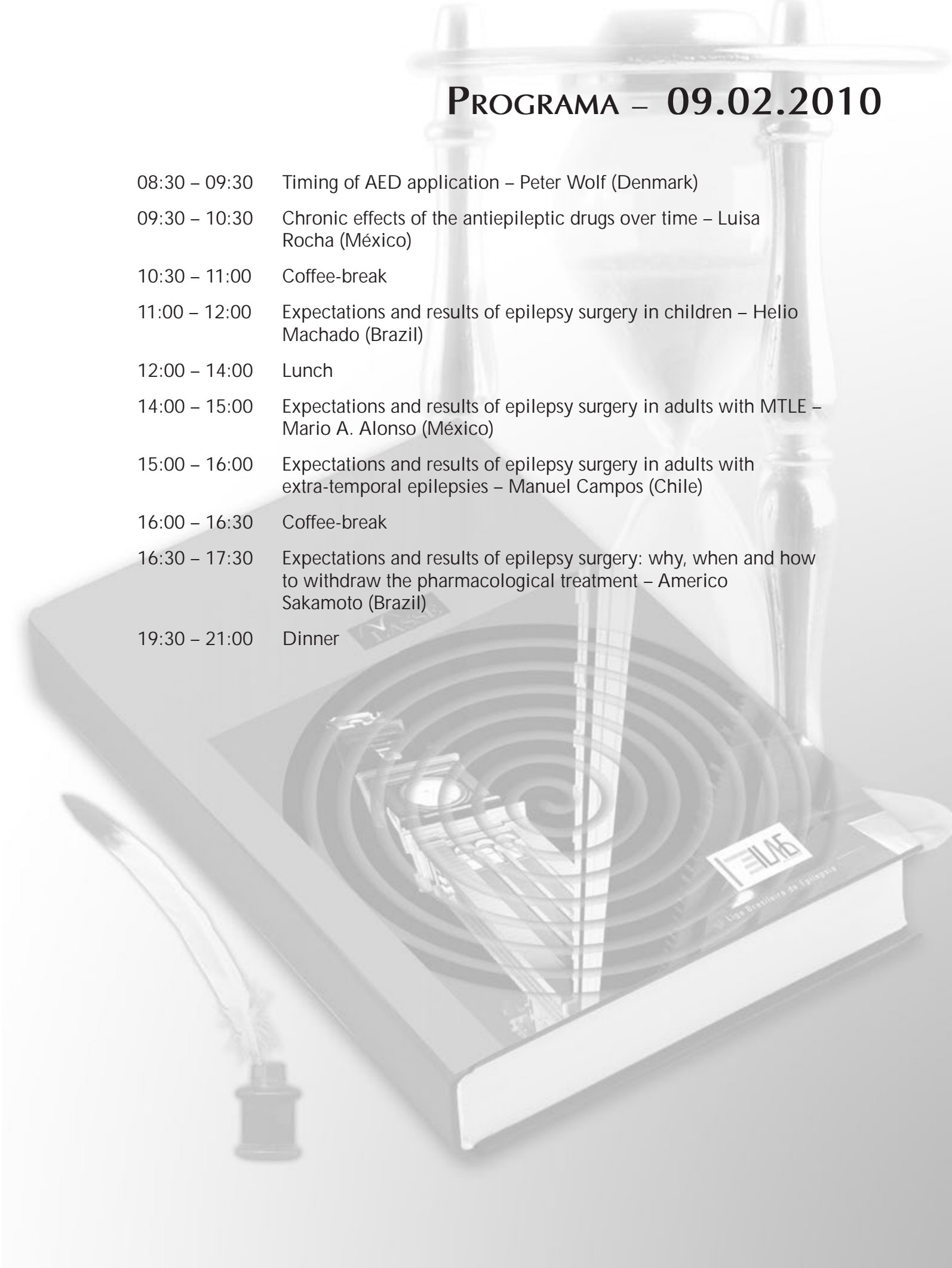
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# PROGRAMA – 09.02.2010

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- 08:30 – 09:30 Timing of AED application – Peter Wolf (Denmark)
- 09:30 – 10:30 Chronic effects of the antiepileptic drugs over time – Luisa Rocha (México)
- 10:30 – 11:00 Coffee-break
- 11:00 – 12:00 Expectations and results of epilepsy surgery in children – Helio Machado (Brazil)
- 12:00 – 14:00 Lunch
- 14:00 – 15:00 Expectations and results of epilepsy surgery in adults with MTLT – Mario A. Alonso (México)
- 15:00 – 16:00 Expectations and results of epilepsy surgery in adults with extra-temporal epilepsies – Manuel Campos (Chile)
- 16:00 – 16:30 Coffee-break
- 16:30 – 17:30 Expectations and results of epilepsy surgery: why, when and how to withdraw the pharmacological treatment – Americo Sakamoto (Brazil)
- 19:30 – 21:00 Dinner

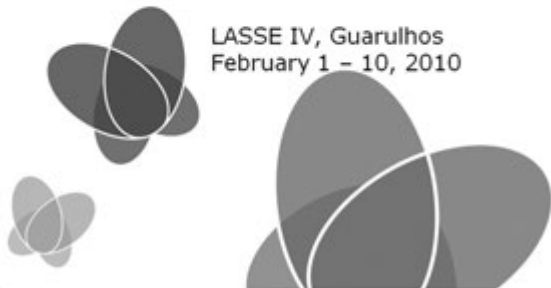
# TIMING OF AED APPLICATION

## PETER WOLF (DENMARK)

EPILEPSIHOSPITALET  
FILADELFA

Timing of AED application  
Peter Wolf (Denmark)

LASSE IV, Guarulhos  
February 1 - 10, 2010



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EPILEPSIHOSPITALET  
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Aspects of timing

Timing of AEDs: like with any other drug, a daily AED dose can be given in a single or in distributed doses

This can be done following some routine but it is often worth while to give timing some consideration

Several aspects deserve to be considered:

1. Compliance (adherence)
2. Diurnal distribution of seizures
3. Pharmacokinetics
4. Pharmacodynamics

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EPILEPSIHOSPITALET  
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1. Compliance (adherence)

- Regular drug intake in chronic treatment needs some organisation to prevent forgotten doses
- The more single doses there are, the higher is the risk that some can be forgotten
- Dosage schemes and compliance rates (Cramer 1991):
  - 1/day 86%
  - 2/day 80%
  - 3/day 76%
  - 4/day 53%

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## Conclusion about adherence

- AED administration in one or two daily doses is the best precondition for adherence
- The decision to prescribe 1 or 2 doses may be taken considering pharmacokinetics and patterns of seizure repetition
- Often it will be a matter of convenience depending on individual circumstances like a patient's daily time-table etc
- A single dose needs to be remembered only once in a day
- One forgotten dose in a twice-daily scheme produces an intake interval of ~24 hrs but in a once-daily scheme, of ~48 hrs which results in a higher risk of seizure recurrence
- The shorter a drug's half life, the more this difference counts
- "Once-daily" is the smallest possible burden for the patient but requires quasi-perfect adherence

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## 2. Diurnal distribution of seizures

- It has long been noticed that in many patients seizures do not occur at random but following certain patterns
- Gowers (1881, 1905)
- Langdon-Down & Brain (1929)
- Patry (1931)
- Hopkins (1939)
- Griffiths & Fox (1938)
- Janz (1953: GM in sleep ./ on awakening)

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## Examples

- Seizures at falling asleep
  - Early epileptic encephalopathies
- Seizures during sleep including naps
  - Some patients with TLE
- Seizures towards end of sleep or at awaking
  - FLE, hypermotor szs
- Seizures soon after awaking
  - Idiopathic Generalised Epilepsies, in particular EGMA

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### Consequences of diurnal seizure distribution

- Nosology: syndromatic relations
- EEG diagnostics
- Pathophysiology: conclusions about ictogenesis
  - Diurnal fluctuations of seizure threshold / seizure propensity
  - Consequence: in some patients the risk to have a seizure is highest at well-defined times of the day, and drug administration could and should take care of this

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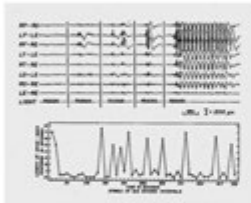
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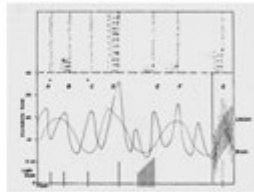
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Bickford R & Klass D: *Sensory Precipitation and Reflex Mechanisms*. In: Jasper HH, Ward AA & Pope A (ed): *Basic Mechanisms of the Epilepsies*. Little, Brown 1969, pp 543-564



Variable responses to identical light stimuli delivered repeatedly over 520 sec



Hypothetical quantitative model for short-term variations of seizure propensity, with 3 components: 1) general excitability of the brain, 2) excitability of seizure generator, 3) different stimuli  
Seizure threshold arbitrarily assumed at 40 units

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### Consequences of diurnal sz distribution (cont)

- Social: consequences for work, driving etc.
- Therapy: adaptation of administration of AEDs
  - Principle: to achieve the maximal pharmacological AED action at the time of highest seizure propensity
  - Problems:
    - to identify the right moment but also the correct site of application
    - to get the drug there at the right time

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### 3. The contribution of pharmacokinetics

- An immediately convincing thought is to make the time of maximal AED concentration ( $t^{max}$ ) coincide with the time of maximal seizure propensity.
- **Example:**
  - A patient has seizures habitually when falling asleep.
  - The AED has its  $C^{max}$  2 - 2 1/2 hours after ingestion: ?
  - The patient is advised to take his entire daily dose 2 hours before going to bed
  - Afternoon naps are not allowed
  - The patient may become seizure free at a dose which was insufficient earlier when used without timing

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### A more difficult example

- A patient with Frontal Lobe Epilepsy who has some seizures almost every morning just before or after awakening
- He is treated with Carbamazepine ( $t^{max}$  after 1 1/2 - 2 1/2 hours, serum half life of ca. 12 hours). With a b.i.d or t.i.d. schedule after 7 - 8 hrs sleep he is approaching the minimal morning concentration ( $C^{min}$ , trough level)

**What do you propose?**

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### Another advantage with nocturnal seizures

#### Toxicity

- If a patient
  - at a certain dose has a  $C^{max}$  above the toxic threshold producing ataxia and diplopia, and
  - has a  $t^{max}$  coinciding with deep sleep, and
  - is on a drug with a reasonably short half-life:
- this patient may be treated with this dose (which may be the individual therapeutic dose) without experiencing toxic symptoms

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### Restrictions of this logical approach

- Pharmacokinetics (PK) are not always simple
  - The administered drug may be a pro-drug  
**examples?**
  - There may be active metabolites  
**what else?**
- PK are not only what can be measured in the circulating blood
- Blood-brain barrier  
**what else?**
- Receptor binding (prototype: BZD)
- And: PK is only part of the matter

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### 4. The aspect of pharmacodynamics

- The mode of action of different AEDs is not uniform
- A close time relation between drug concentration (as measured by plasma levels) and therapeutic action clearly exists for the sodium channel blockers (...)
- Other modes of action are more extended over time
- Acidosis by carboanhydrase inhibition (ZNS, TPM, STM, acetazolamide)
- BZD: receptor binding
- Levetiracetam: ...
- Vigabatrine: enhancement of endogenous GABA by competitive blockade of GABA-transaminase

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### Conclusion

- Timing is important but not for all AEDs

Can you think of another situation in the treatment of epilepsy when timing of drug administration has a role?

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[case discussion]

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### Acute administration of AEDs

- A special case of timing of drug delivery: the prevention of a predictable seizure
- For this indication, in most cases effective and rapidly acting drugs are needed
- For self-administration at home, non-injectable formulations are required
- Benzodiazepines, Acetazolamide, Chloral hydrate
- Routes of administration: oral, rectal, buccal, nasal

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### Indications for acute AED administration (ADA)

- Febrile convulsions
  - at fever (prevention of seizures)
  - after onset (prevention of status)
- Catamenial seizures (periodic administration)
- Clusters of seizures (individually after 1st, 2nd sz; one dose or more)
- Prevention at prodrome / aura
- Some reflex epilepsies (e.g. hot water)
- Situations of high seizure risk (transcontinental travel, wet party)
- Situations of high social risk (prevent szs in public)
- AED withdrawal

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### Choice of drug and route depends on timing

- When is the (next) seizure expected?
  1. Seizure still ongoing: rectal DZM (unconscious patient), buccal MZM, nasal LZP (conscious patient)
  2. Within 5 min: same
  3. 5 - 20/30 min: same; rectal chloral hydrate
  4. 20 min - hours (same day): oral CLB, DZM, CLZ, ACZ
  5. Same or next days: oral CLB, ACZ
- Repetitive acute dosing:
  1. clusters lasting >1 day
  2. catamenial epilepsy
  3. jet lag
  4. AED withdrawal

www.epilepsihospitalet.dk

For all words besides @ - please call number: 00 45 33 99 11 11

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### Own use of ADA in treatment of epilepsy

- 24 patients followed for 12+ months
- 3 indications
  - Intervention at "warning" (absences, myoclonic szs, prolonged aura, twilight state ..)
  - Seizure prevention at perceived risk (trigger factors)
  - Prevention of serial seizures in disposed ptt
- Compliance?
  - Full: 10
  - Partial: 7
  - No: 7
- Outcome re prevention:
  - applicable 19, applied 13, successful 10

www.epilepsihospitalet.dk

For all words besides @ - please call number: 00 45 33 99 11 11

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### Intervention at "warning", n=8

- Syndromes
  - IGE: 5, focal 2; migraine-epilepsy 1
- ADA
  - 10 mg oral CLB: 7, 10 mg rectal DZP: 1
- Outcomes
  - Sz free: 3
  - Reduction > 50%: 2
  - Unimproved: 3

www.epilepsihospitalet.dk

For all words besides @ - please call number: 00 45 33 99 11 11

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### Prevention at perceived risk, n=8

- Syndromes
  - IGE 4
  - Focal 4
- ADA
  - 10 mg oral CLB
- Outcomes
  - Seizure free 2
  - Reduction < 50% 3
  - Unimproved 3

[www.epilepsihospitalet.dk](http://www.epilepsihospitalet.dk)

For at se alle sider af denne brochure, klik her: [Epilepsi.dk](#)

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### Prevention of clusters, n = 8

- Syndromes
  - Focal 8 (all)
- ADA
  - 10 mg oral CLB
  - Could be repeated, sometimes increase to 20 mg CLB
- Outcomes
  - Free of disabling szs 1
  - Reduction > 50% 1
  - Unimproved 6

[www.epilepsihospitalet.dk](http://www.epilepsihospitalet.dk)

For at se alle sider af denne brochure, klik her: [Epilepsi.dk](#)

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# CHRONIC EFFECTS OF THE ANTIPILEPTIC DRUGS OVER TIME

LUISA ROCHA (MÉXICO)



EFFECTOS CRONICOS DE LAS DROGAS ANTIPILEPTICAS A LO LARGO DEL TIEMPO



Dra. Luisa Rocha  
Cinvestav, México

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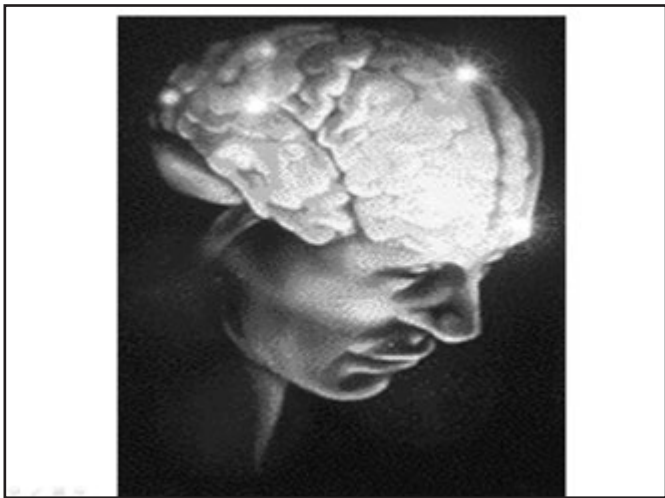
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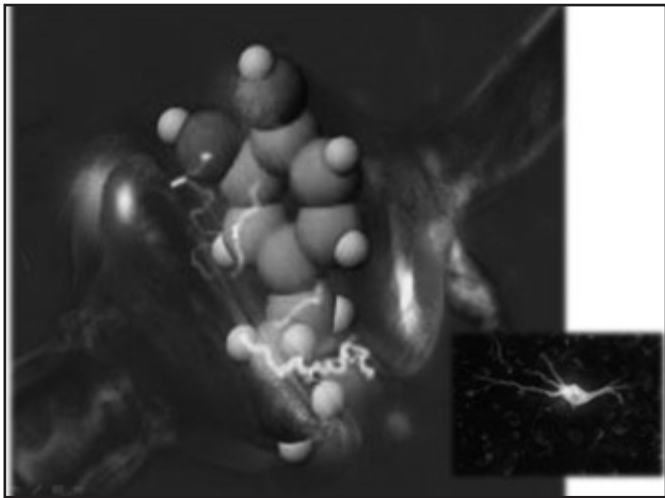
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## Droga Antiepiléptica (DAE)

- ❖ Una droga que disminuye la frecuencia y/o severidad de las crisis epilépticas en personas con epilepsia
- ❖ Trata los síntomas de las crisis epilépticas, pero no la causa que origina a la epilepsia
- ❖ No previene el desarrollo de epilepsia en individuos que han adquirido un riesgo para presentar crisis epilépticas (e.g., después de un trauma cráneo-cerebral, embolia, hemorragia, tumor)
- ❖ La meta es optimizar la calidad de vida minimizando la incidencia de las crisis epilépticas y los efectos adversos de las drogas

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## Mecanismos de Neuromodulación de las DAEs

DAE	Bloqueo de canales de Na <sup>+</sup>	Bloqueo de canales de Ca <sup>2+</sup>	Antagonista del receptor a Glutamato	Potenciación del GABA	Inhibición de la Anhidrasa Carbónica
PHT	X				
CBZ	X				
VPA	X	X		X	
Felbamato	X	X	X	X	
GBP		X		X	
LTG	X	X	X		
TPM	X	X	X	X	X
TGB				X	
OXCZ	X	X			
ZNS	X	X			X
Pregabalina		X			

White HS. Pediatric Epilepsy: Diagnosis and Therapy. 2001:301-316

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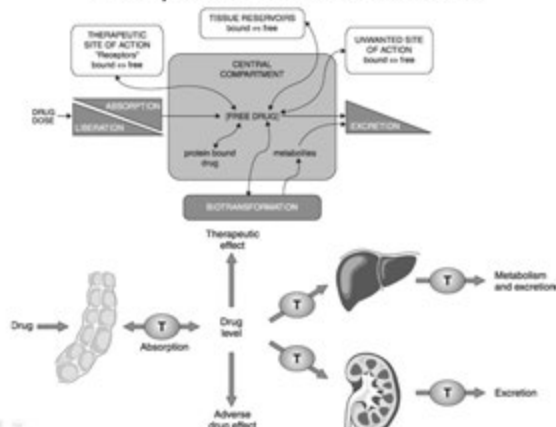
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## Principios de Farmacocinética




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## Principios de Farmacocinética

- ❖ **Absorción: entrada de la droga al torrente sanguíneo**
  - ❖ **En general es completa para todas las DAEs**
    - ❖ Excepción = Gabapentina con un sistema de transporte de aminoácidos saturable.
  - ❖ **El tiempo en el que se realiza varía ampliamente dependiendo de la droga, formulación y características del paciente**
  - ❖ **Generalmente es lenta cuando hay alimento en el estómago (la Carbamazepina puede ser excepción)**
  - ❖ **Usualmente toma varias horas (es importante para interpretar los niveles sanguíneos)**

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## Principios de Farmacocinética

- ❖ **Eliminación: remoción de la droga activa de la sangre por su metabolismo y excreción**
  - ❖ **Metabolismo/biotransformación - generalmente hepática; dependiente del tiempo**
  - ❖ **Excreción - principalmente renal**
  - ❖ **Metabolitos activos e inactivos**
  - ❖ **Cambios en el metabolismo a lo largo del tiempo (auto-inducción con Carbamazepina) o con politerapia (inducción enzimática o inhibición)**
  - ❖ **Diferencias en el metabolismo por edad o enfermedades sistémicas**

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## Enzimas Metabolizadoras de Drogas: UDP- Glucuroniltransferasa (UGT)

- ❖ **Vías importantes para el metabolismo/ inactivación de drogas**
- ❖ **Generalmente menos descritas que la CYP**
- ❖ **Varias isoenzimas que están involucradas en el metabolismo de DAEs incluyen:**
  - ❖ UGT1A9 (VPA)
  - ❖ UGT2B7 (VPA, Lorazepam)
  - ❖ UGT1A4 (LTG)

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## El Sistema de Isoenzimas Citocromo P-450

- ❖ Son las enzimas más involucradas en el metabolismo de drogas
- ❖ Su nomenclatura se basa en la homología de la secuencia de aminoácidos
- ❖ Las enzimas tienen una especificidad de sustratos amplia y las drogas individuales pueden ser sustrato de varias enzimas
- ❖ Las principales enzimas involucradas con el metabolismo de las DAEs involucran a CYP2C9, CYP2C19 & CYP3A4

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## Isoenzimas Metabolizadoras de Drogas y DAEs

DAE	CYP3A4	CYP2C9	CYP2C19	UGT
CBZ	+			
PHT		+	+	
VPA		+		+
PB		+		
ZNS	+			
TGB	+			
OXC	+		+	
LTG				+
TPM	+		+	

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## Indice Terapéutico

- ❖ I.T. = DE 50% /DT 50%
- ❖ "Rango terapéutico" de concentraciones séricas de DAEs
  - ❖ Datos limitados
  - ❖ Generalización amplia
  - ❖ Diferencias individuales

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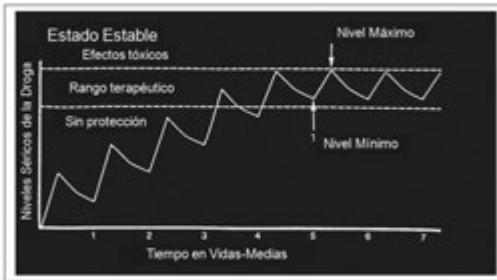
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## Estado Estable y Vida Media



Modificado de Engel, 1989

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## Concentraciones Séricas de DAEs

- ❖ Las concentraciones séricas son útiles para la optimización de la terapia con DAEs, evaluando la combinación, o probando las interacciones entre drogas.
- ❖ Se deben usar para monitorear las interacciones farmacodinámicas y farmacocinéticas.
- ❖ Las concentraciones séricas deben de documentarse aún cuando un paciente está bien controlado.

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## Rangos Potenciales para las Concentraciones Séricas de DAEs

DAE	Concentración Sérica ( $\mu\text{g/ml}$ )
Carbamazepina	4 - 12
Etosuximida	40 - 100
Fenobarbital	20 - 40
Fenitoina	5 - 25
	(10 - 20mg/L)
Ac. Valproico	50 - 100
Primidona	5 - 12

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## Farmacocinética en el Embarazo



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## Farmacocinética en el Embarazo

- ❖ Aumento en el volumen de distribución
- ❖ Baja albúmina sérica
- ❖ Metabolismo rápido
- ❖ Dosis altas, pero probablemente menores que las previstas para el nivel total (medida del nivel libre)
- ❖ Considerar dosis más frecuentes
- ❖ Rápido regreso a las condiciones pre-embarazo (2 semanas aproximadamente) después del parto

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## Factores Farmacocinéticos en Pacientes Ancianos



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## Factores Farmacocinéticos en Pacientes Ancianos

- ❖ **Absorción** – pocos cambios
- ❖ **Distribución**
  - ❖ Disminución en la masa corporal importante para las drogas altamente liposolubles
  - ❖ Decremento de la albúmina induciendo un aumento de la fracción libre
- ❖ **Metabolismo** – disminución del contenido enzimático hepático y flujo sanguíneo
- ❖ **Excreción** – decremento de la depuración renal

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## Cambios Metabólicos de las DAEs

- ❖ **Enfermedades Febriles**
  - ❖ ↑ velocidad metabólica y ↓ concentraciones séricas
  - ❖ ↑ proteínas séricas que pueden unirse a DAEs ↓ niveles libres de DAEs a nivel sérico
- ❖ **Enfermedades Hepáticas Severas**
  - ❖ Altera metabolismo ↑ niveles séricos de DAEs
  - ❖ ↓ proteínas séricas y ↑ niveles libres de DAEs a nivel sérico
  - ❖ Con frecuencia es difícil predecir los niveles séricos en esta situación

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## Cambios Metabólicos de DAEs

- ❖ **Enfermedades Renales**
  - ❖ ↓ la eliminación de algunas DAEs
  - ❖ Gabapentina, Pregabalina, Levetiracetam
- ❖ **Enfermedades Renales Crónicas**
  - ❖ ↑ pérdida proteica y ↑ fracción libre de DAEs con alta unión a proteínas
  - ❖ Puede ser útil administrar dosis menores y más frecuentes para ↓ efectos adversos
  - ❖ Fenitoína, Ac. valproico, Tiagabina

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## Efectos Adversos Agudos y Dependientes de las Dosis de las DAEs

- ❖ **Neurológicos/psiquiátricos: más comunes**
  - ❖ **Sedación, fatiga**
    - ❖ Todas las DAEs, y poco frecuentes con LTG y FBM
    - ❖ Más pronunciadas con las DAEs tradicionales
  - ❖ **Inestabilidad, incoordinación, vértigo**
    - ❖ Principalmente las DAEs tradicionales
    - ❖ Puede ser signo de toxicidad con varias DAEs
  - ❖ **Tremor – Acido valproico**

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## Efectos Adversos Agudos y Dependientes de las Dosis de las DAEs

- ❖ **Parestesia (Topiramato, Zonisamida)**
- ❖ **Diplopia, visión borrosa, distorsión visual (Carbamazepina, Lamotrigina)**
- ❖ **Actividad mental/motora lenta o daño (Topiramato a dosis altas)**
- ❖ **Cambios conductuales o del temperamento (Levetiracetam)**
- ❖ **Cambios en el libido o función sexual (Carbamazepina, Fenitoina, Fenobarbital)**

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## Efectos Adversos Agudos y Dependientes de las Dosis de las DAEs

- ❖ **Gastrointestinales** (náusea, ardor de pecho)
- ❖ **Cambios bajos a moderados en pruebas de laboratorio**
  - ❖ Hiponatremia: Carbamazepina, Oxcarbazepina
  - ❖ Aumento en ALT o AST
  - ❖ Leucopenia
  - ❖ Trombocitopenia

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## Efectos Adversos a Largo Plazo de las DAEs

### ❖ Efectos Endocrinos/Metabólicos

- ❖ Osteomalacia, osteoporosis
  - ❖ Carbamazepina
  - ❖ Fenobarbital
  - ❖ Fenitoina
  - ❖ Oxcarbazepina
  - ❖ Valproato
- ❖ Folato (anemia, teratogénesis)
  - ❖ Fenobarbital
  - ❖ Fenitoina
  - ❖ Carbamazepina
  - ❖ Valproato
- ❖ Metabolismo o crecimiento del tejido conectivo alterado (alteraciones faciales, hirsutismo, hiperplasia gingival o contracturas)
  - ❖ Fenitoina
  - ❖ Fenobarbital

### ❖ Neurológicos

- ❖ Neuropatía
- ❖ Síndrome Cerebelar - fenitoina

### ❖ Alteraciones Sexuales

- ❖ Fentoina
- ❖ Carbamazepina
- ❖ Fenobarbital
- ❖ Primidona

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## ¿Qué es la Epilepsia Refractaria a medicamentos?

Se caracteriza por la resistencia a un gran número de fármacos sin relación estructural y funcional alguna.

Lo anterior sugiere la participación de mecanismos de resistencia no específicos que evitan la acción de diversos fármacos  
(Löscher, 2005)

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## Epilepsia y Respuesta a DAEs

### CBZ-Responsive Chronic Epilepsy Potent inhibition of seizure activity



### CBZ-Resistant Chronic Epilepsy Reduced inhibition of seizure activity



Remy et al., 2003

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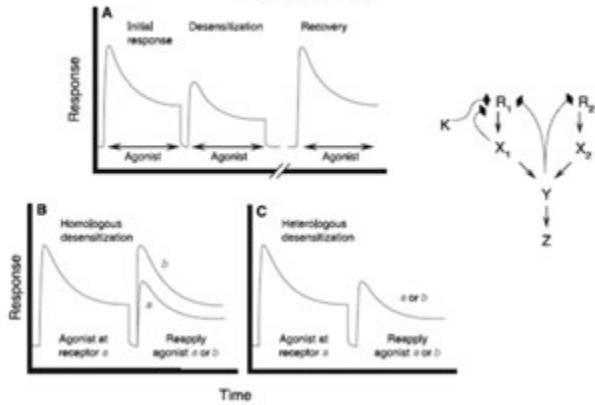
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### Efectos de la Administración Repetida de Fármacos




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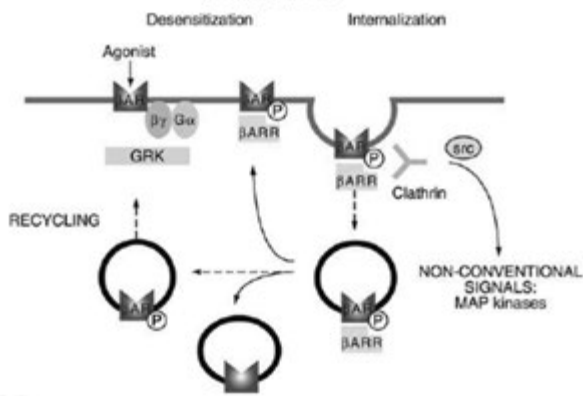
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### Efectos de la Administración Repetida de Fármacos




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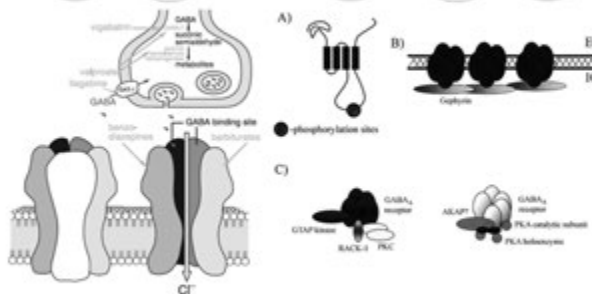
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### Receptores GABA<sub>A</sub>



Brandon et al., 2000

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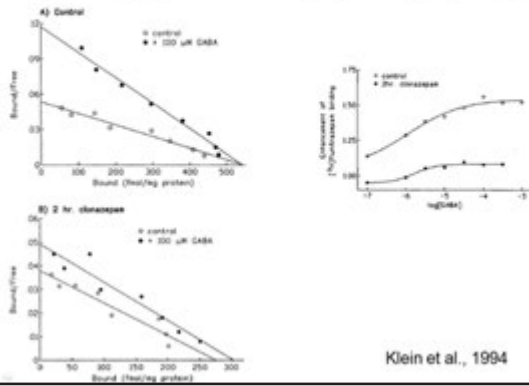
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## El Tratamiento con BDZ produce Desacople de los Receptores GABA<sub>A</sub>




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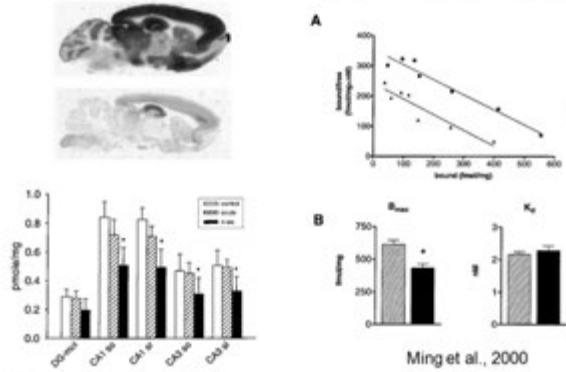
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## La Administración Crónica de BDZ Regula a la Baja a la Subunidad 5 $\alpha$




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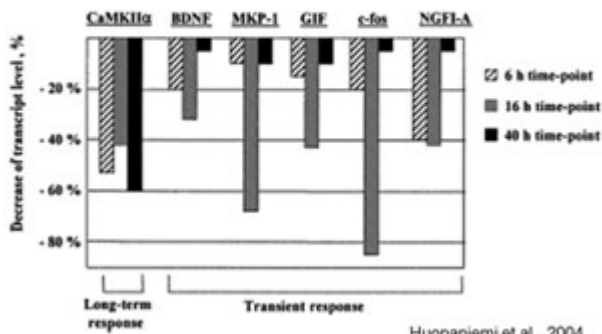
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## La Administración de Diazepam Produce Cambios Transcripcionales




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## Receptores a Opioides en Cerebro de Pacientes Epilépticos

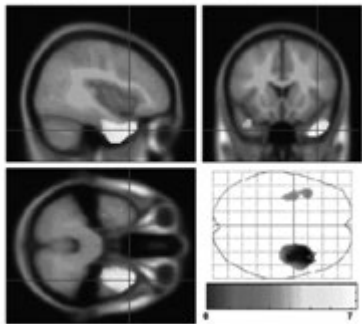


Fig. 1. Relative increases of [<sup>18</sup>F]OPN V2 relative to injected volume, in the ipsilateral (right) of the image, unenhanced anterior temporal lobe. Thresholded 1 map overlaid onto T1-weighted average. Maximum intensity projection showing non-specific contralateral increase and absence of charge alterations. Color bar, 1 score.

Hammers et al., 2007

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## Receptores a Opioides en Cerebro de Pacientes Epilépticos

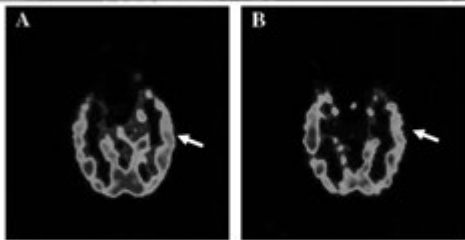


Fig. 1. [<sup>18</sup>F]Methylsalsolinol ([<sup>18</sup>F]MeNTD) and [<sup>18</sup>F]fluorodesoxyglucose ([<sup>18</sup>F]FDG) positron emission tomographic images in a 35-year-old woman with a right-sided temporal lobe epileptic focus. In the [<sup>18</sup>F]FDG study, there is approximately 25% reduction in [<sup>18</sup>F]FDG uptake. In the [<sup>18</sup>F]MeNTD study, there is a 35% increase in [<sup>18</sup>F]MeNTD binding in the temporal lobe in a region corresponding the hippocampal region and a 17% decrease in the ipsilateral amygdala.

Frost et al., 1988

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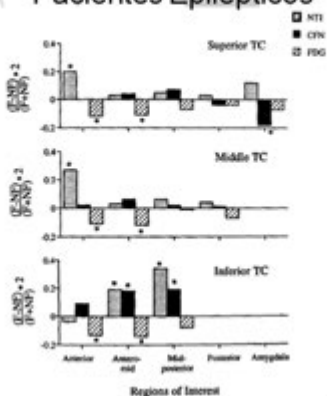
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## Receptores a Opioides en Cerebro de Pacientes Epilépticos



Madar et al., 1996

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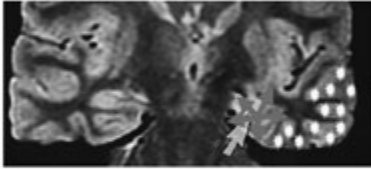
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## Receptores a Opioides en Cerebro de Pacientes Epilépticos




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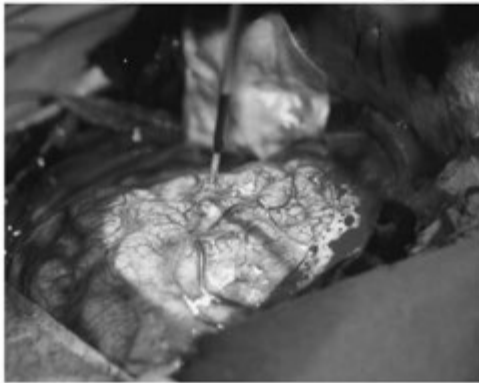
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## Cirugía de Epilepsia




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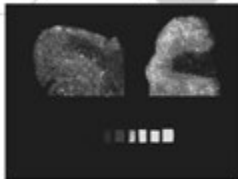
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## Receptores a Opioides en Cerebro de Pacientes Epilépticos

<sup>3</sup>H-DAMGO



Capas	Autopsia	ELTM	Tumor/ Lesión
I-II	102±4	133±7 *	134±8 *
III-IV	102±5	139±8 **	144±8 *
V-VI	88±5	109±5 *	122±4 *

Valores expresados como promedio ± EE: \*p<0.05, \*\*p<0.01

Rocha et al., 2009

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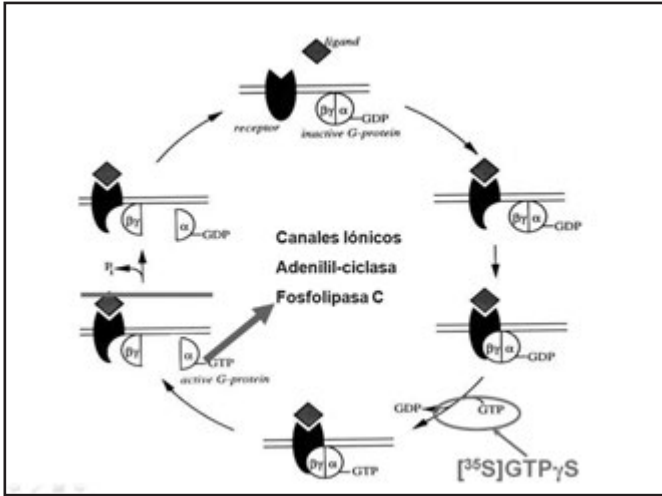
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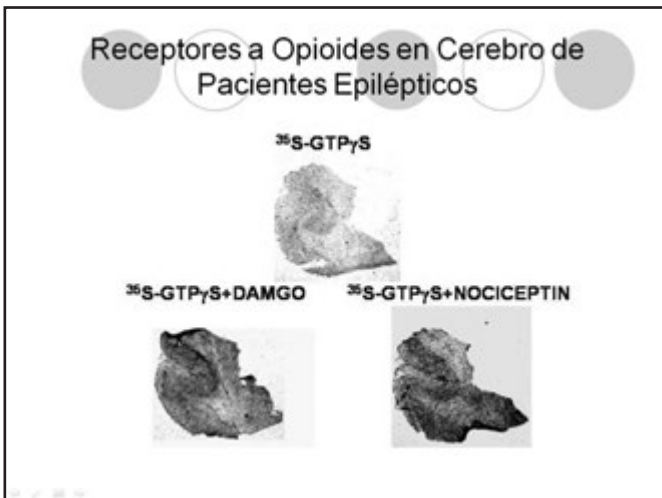
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### Efectos de DAMGO y Nociceptina en la Unión de $[^{35}\text{S}]\text{GTP}\gamma\text{S}$

AGONISTA	AUTOPSIA	ELTM	TUMOR/ LESION
<b>DAMGO</b>			
I-II	16.5±2.5	6.6±1 *	8.1±1.1 *
III-IV	16.2±1.8	5.5±0.9 *	5.6±0.3 *
V-VI	17.4±1.3	8.9±2 *	7.2±0.7*
<b>NOCICEPTINA</b>			
I-II	11.6±2	15.8±4.4	15.1±4
III-IV	13.2±1.2	12.0±4	14.4±3
V-VI	14.8±2.2	17.2±4	19.2±5

Los valores representan el promedio ± EE del porcentaje de unión específica  $[^{35}\text{S}]\text{GTP}\gamma\text{S}$  con respecto a la unión basal (100%). ANOVA y prueba post hoc Dunnet. \*p<0.05. Rocha et al., 2009

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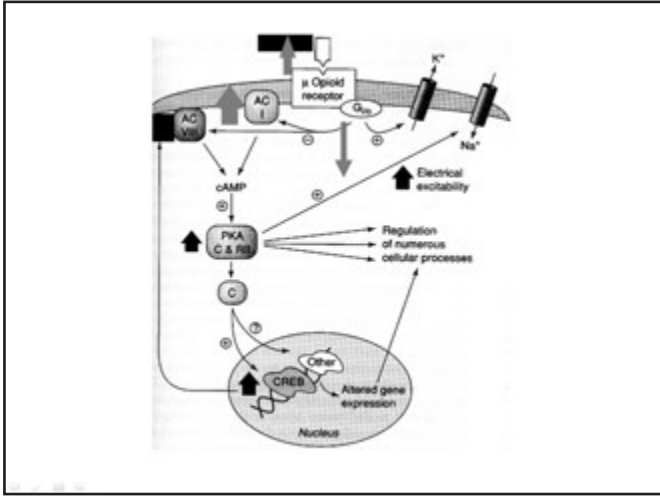
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### La Administración Repetida de Heroína y la Epilepsia Desacoplan los Receptores a Opioides de la Proteína G



Sim-Selley et al., 2000

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### Correlación de Datos Clínicos con la Unión de <sup>3</sup>H]ligandos y <sup>35</sup>S]GTPγS

Datos Clínicos	Capas Corticales	[ <sup>3</sup> H]DAMGO	DAMGO- [ <sup>35</sup> S]GTPγS	[ <sup>3</sup> H]Naloxona	Naloxona [ <sup>35</sup> S]GTPγS	[ <sup>3</sup> H]prazosina
Edad del Paciente	I-III	+0.287	+0.169	+0.020	-0.110	-0.062
	III-IV	+0.287	+0.028	+0.046	-0.205	-0.027
	V-VI	+0.005	+0.030	-0.140	-0.272	+0.070
Edad de inicio de la epilepsia	I-III	<b>+0.581**</b>	+0.052	+0.154	-0.056	+0.070
	III-IV	<b>+0.572**</b>	<b>+0.502*</b>	+0.155	+0.083	-0.046
	V-VI	+0.457*	+0.126	+0.102	+0.019	-0.275
Duración de la epilepsia	I-III	<b>-0.531**</b>	+0.090	<b>-0.350*</b>	+0.002	<b>+0.378*</b>
	III-IV	<b>-0.539**</b>	<b>-0.335</b>	<b>-0.370*</b>	-0.080	<b>+0.498**</b>
	V-VI	<b>-0.524*</b>	+0.114	<b>-0.388*</b>	<b>-0.031</b>	<b>+0.531**</b>
Frecuencia de Las crisis	I-III	-0.186	-0.272	-0.119	-0.305	-0.023
	III-IV	-0.303	-0.072	-0.174	-0.189	+0.080
	V-VI	-0.420	-0.227	-0.297	-0.262	+0.074

Los valores representan la r de Pearson. \* p<0.05; \*\* p<0.01

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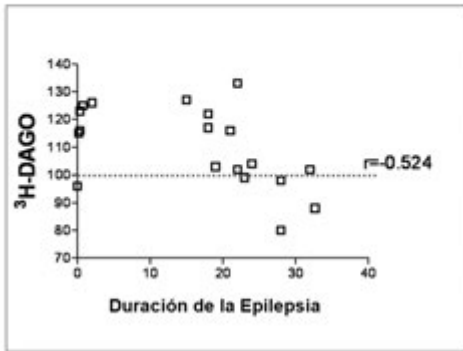
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## Receptores Mu Opioides en las Capas Corticales V-VI y Duración de la Epilepsia




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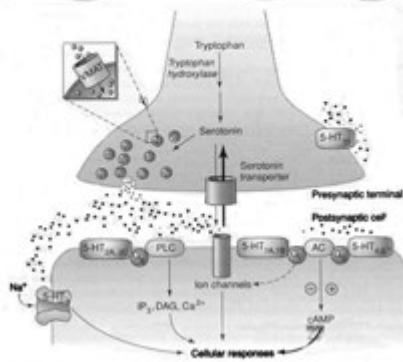
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## Sistema Serotoninérgico




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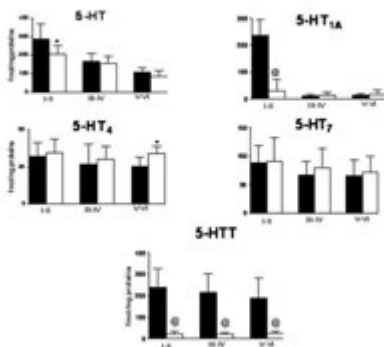
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## Receptores a Serotonina en Corteza de Pacientes Epilépticos



Rocha et al., 2007

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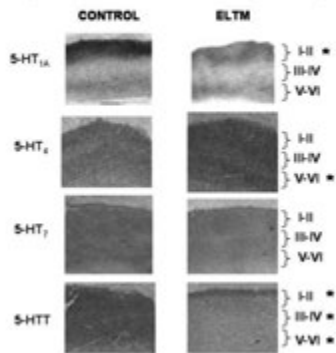
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## Receptores a Serotonina en Corteza de Pacientes Epilépticos



Rocha et al., 2007

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## Correlación de Datos Clínicos y Receptores a Serotonina en Corteza de Pacientes Epilépticos

TABLE 3. Correlaciones entre datos clínicos y la unión a receptores o cuenta celular

Receptor/ Transportador/ Cuenta celular	Edad	Edad de primera convulsión	Duración de la epilepsia	Frecuencia de convulsiones	Duración del tratamiento antiepileptico
<b>5-HT<sub>1A</sub></b>					
(14-5-07)					
Capas I-II	-0.4987	-0.4504	-0.4333	+0.0039	+0.3554
Capas III-IV	-0.3716	-0.6566	+0.8566	+0.6771	+0.8366
Capas V-VI	-0.6489	-0.4833	+0.4863	-0.3391	+0.2831
<b>5-HT<sub>2</sub></b>					
(11-0-CH-DPA7)					
Capas I-II	+0.4334	+0.2651	-0.1277	+0.4034	+0.1762
Capas III-IV	-0.0400	+0.0179	-0.0381	+0.1546	-0.3685
Capas V-VI	-0.2929	+0.1096	-0.1365	+0.0669	+0.1105
<b>5-HT<sub>7</sub></b>					
(14-G1113806)					
Capas I-II	-0.5280	+0.0206	-0.5767	+0.5716	-0.6284
Capas III-IV	-0.5825	+0.1100	-0.6821 *	+0.2437	-0.8662 *
Capas V-VI	+0.6489	+0.3122	+0.1229	+0.4191	+0.7047 *
<b>5-HTT</b>					
(14-88289970)					
Capas I-II	+0.2777	+0.6475 *	-0.4375	-0.3951	-0.4388
Capas III-IV	+0.1636	+0.6703 *	-0.4882 *	-0.4177	-0.6963 *
Capas V-VI	+0.1623	+0.6374 *	-0.8579 *	-0.3516	-0.8542 *
<b>5-HTT (Cellcount)</b>					
Capas I-II	-0.2063	+0.2235	-0.3335	-0.1808	-0.3473
Capas III-IV	+0.4178	+0.2272	+0.0255	+0.3347	-0.0360
Capas V-VI	+0.1089	-0.0762	+0.1315	+0.3775	+0.0936
<b>Cuenta celular</b>					
Capas I-II	-0.0103	-0.1848	+0.0910	+0.4473	+0.1887
Capas III-IV	+0.1403	-0.3414	+0.3685	-0.0974	+0.4176
Capas V-VI	-0.1298	-0.0962	-0.1072	+0.0571	+0.1134

Los valores representan los coeficientes de correlación de Pearson. \*p<0.05

Rocha et al., 2007

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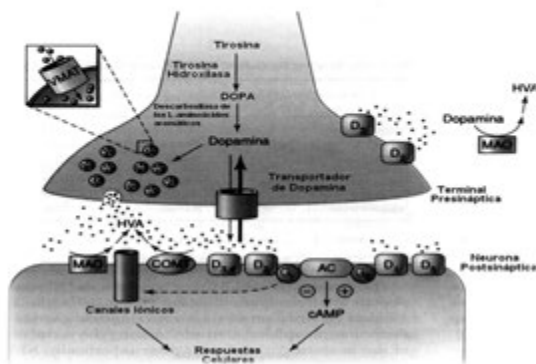
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## Sistema Dopaminérgico




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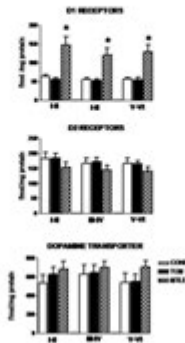
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## Receptores Dopaminérgicos en Corteza de Pacientes Epilépticos




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## Correlación de Datos Clínicos y Receptores a Dopamina en Corteza de Pacientes Epilépticos

Unión	Edad	Edad de inicio	Duración epilepsia	Frecuencia crisis	Duración tratamiento
<b>D1</b> ( <sup>3</sup> H-SCH23390)					
Capas I-II	0.1989	-0.0797	0.2406	-0.3867	0.3376
Capas III-IV	0.1566	-0.4416	0.4258	*-0.6502	*0.5119
Capas V-VI	0.2766	-0.1446	0.3556	*-0.7057	0.4304
<b>D2</b> ( <sup>3</sup> H-Raclopride)					
Capas I-II	*0.5961	0.1153	*0.4997	-0.2689	*0.5070
Capas III-IV	*0.5732	-0.0480	*0.5797	-0.2621	*0.5963
Capas V-VI	0.4562	-0.0364	0.4603	-0.2258	0.4713
<b>Transporter</b> ( <sup>3</sup> H-Mazindol)					
Capas I-II	0.2192	0.0841	0.1577	-0.4198	0.1650
Capas III-IV	0.2777	0.2215	0.1281	-0.2707	0.1242
Capas V-VI	0.3127	0.3629	0.0734	-0.0677	0.0534

Los valores representan la r de Pearson. \* p<0.05

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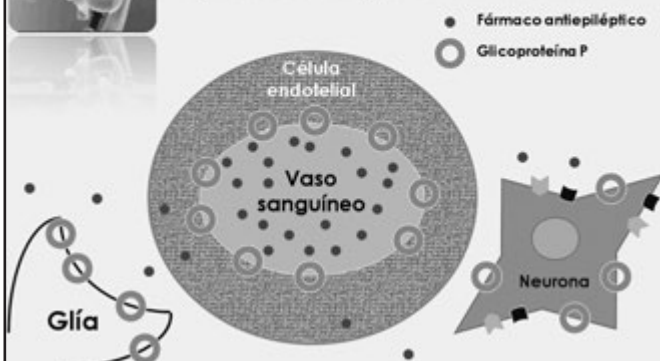
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## Mecanismos de la fármaco-resistencia



### Hipótesis del transportador multi-fármaco




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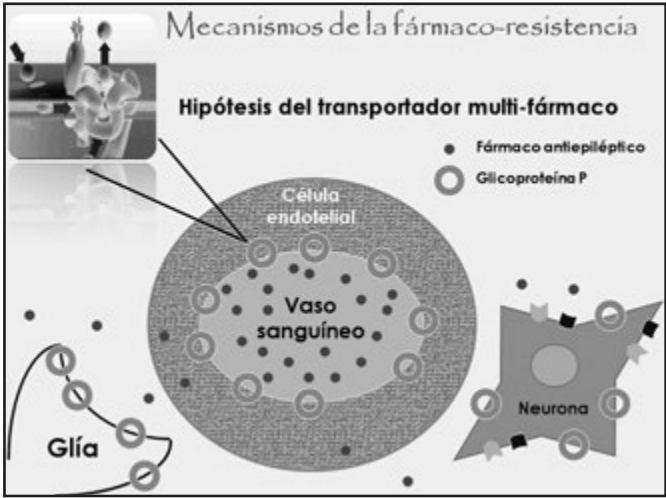
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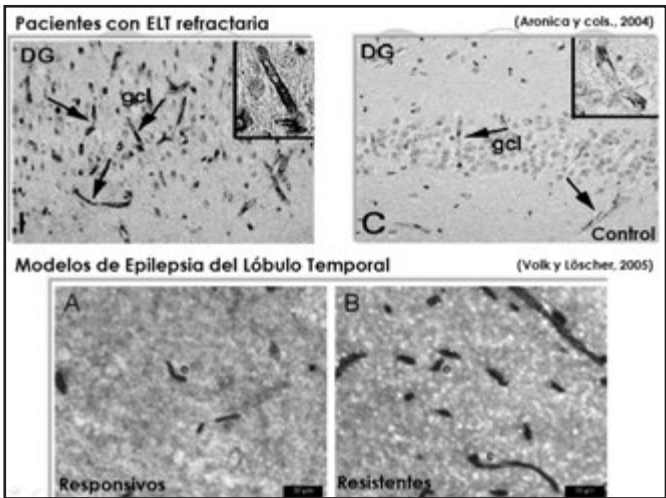
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K'inich Ajaw: Dios del Tiempo Maya




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INFORME  
MEDICO-MORAL  
DE LA PENOSISSIMA  
Y RIGOROSA ENFERMEDAD  
DE LA EPILEPSIA,  
QUE A PEDIMENTO

DE LA M. S. M. ALEXANDRA BEATRIZ  
de los Dolores, dignissima Señora del Correo  
de Religión del Clero, y Maxima Duquesa  
Señor San Gerónimo,

HACE  
EL DACHILLE PEDRO DE HORTA,  
Medico verificado por el Real Tribunal del Puerto-Medico  
de esta Nueva-España, y propietario del Hospital  
Real del Señor San Pedro, y del Convento de San  
Religioso Capellan de esta Ciudad de la Puebla  
de los Angeles, en la Nueva-España.

CON LICENCIA.

En Madrid: En la Oficina de Domingo Fernandez  
de Arce, Calle del Comercio. Año de 1761.

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DEPT. FARMACOBIOLOGIA  
CINVESTAV. MEXICO



ACADEMIA DE CIENCIAS DE HUNGRIA  
Dra. Anna Borsodi

CENTRO INTERNACIONAL DE  
RESTAURACION NEUROLOGICA, CUBA  
Dra. Lilia Morales Chacón  
Dra. Lourdes Lorigados Pedre

INSTITUTO NACIONAL DE  
NEUROLOGIA Y NEUROCIROLOGIA  
"Manuel Velasco Suárez"  
Dr. Mario Alonso Vanegas  
Dra. Juana Villeda

INSTITUTO MEXICANO DEL SEGURO SOCIAL  
Dra. Sandra Orozco-Suárez

HOSPITAL GENERAL DE MEXICO  
Dr. Marcos Velasco  
Dra. Ana Luisa Velasco  
Dr. Francisco Velasco

INSTITUTO NACIONAL DE PSIQUIATRIA  
"Ramón de la Fuente"  
Dr. Eduardo Calixto

HOSPITAL INFANTIL DE MEXICO  
"Federico Gómez"  
Dr. Eduardo Barragán  
Dra. Marisela Hernández

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### ■ Fatores prognósticos

- Complicações da cirurgia
  - Período intra-operatório
    - Perda sanguínea
    - Problemas de coagulação
    - Distúrbio hidro-eletrolítico

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### ■ Peculiaridades da cirurgia na infância

- Crianças pequenas X grandes cirurgias



- Neuro-anestesia, cuidado intensivo, monitorização...



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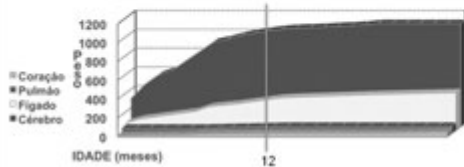
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### ■ Peculiaridades da cirurgia na infância

- Crianças pequenas X grandes cirurgias

Idade (anos)	Encéfalo	Peso corporal
2	70 %	12%
10	95 %	50 %



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**■ Fatores prognósticos**

- Complicações da cirurgia
- Prognóstico da epilepsia
- Desenvolvimento neurológico
- Prognóstico funcional
- Prognóstico comportamental e psiquiátrico

Helio Rubens Machado

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Epilepsy surgery in children: expectations and results

**FINALIDADES DA CIRURGIA**

- Alívio da epilepsia catastrófica
- Desenvolvimento neurológico normalizado
- Melhora comportamental

Helio Rubens Machado

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Epilepsy surgery in children: expectations and results

**■ Prognóstico**

- Substrato patológico
- Extensão da lesão
- Qualidade da ressecção
- Tipo de cirurgia

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□ Epilepsia catastrófica

- Síndrome Sturge Weber
- Hemimegalencefalia
- Encefalite Rasmussen
- Esclerose Tuberosa
- Displasia Cortical
- Porencefalia

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**HC criança**

## Síndromes epilépticas catastróficas

**Epilepsia Refratária**

**Deficit Neurológico Progressivo**

*hemiplegia espástica*

**Retardo Mental**

**Distúrbio de comportamento**

Média 666,9 crises/mês

Status epilepticus 40,7%

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### Resultados

Engel	Casos	Porcentagem
I	13	62 %
II	1	
III	8	
IV	2	

**Engel**

I Livre de crises    II Raras crises    III Considerável melhora    IV Sem melhora

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### ■ Fatores prognósticos

- Complicações da cirurgia
- Prognóstico da epilepsia
- Desenvolvimento neurológico
- Prognóstico funcional
- Prognóstico comportamental e psiquiátrico

Início precoce epilepsia refratária → retardo de desenvolvimento

Pós-op  
Melhora Cognitiva – 13,3 %  
Inalterado – 71,5 %  
Battaglia et al, 2006

Peter Rubens Machado

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Ressecções focais	Cognição	Memória
Temporal	Inalterada Declínio	Melhora Declínio Inalterada Deficit reversível
Frontal	Melhora	} Inalterada
Córtex posterior	Inalterada (frequente deficit pré-op)	

Cognição	
Hemisferotomias	Melhora Inalterada Declínio (Rasmussen)

Battaglia et al, 2006; Duchowny et al, 1998; Westerveld et al, 2000; Lah et al, 2002; Szabo et al, 1998; Adams et al, 1990; Lou Smith et al, 2006; Gleissner et al, 2005; Lendt et al, 1999 & 2002; Pulsifer et al, 2004; Vasconcelos et al, 2001; Vigevano et al, 1989; Wyllie et al, 1996.

Peter Rubens Machado

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### ■ Idade na cirurgia

Idade	2001	2005	2009
0-2	5	10	15
2-4	10	15	20
4-6	15	20	25
6-8	10	15	20
8-10	15	20	25
10-12	20	25	30
12-14	25	30	35
14-16	30	35	40
16-18	35	40	45

Peter Rubens Machado

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**Fatores prognósticos**

- Complicações da cirurgia
- Prognóstico da epilepsia
- Desenvolvimento neurológico
- Prognóstico funcional
- Prognóstico comportamental e psiquiátrico

Patric Rubens Machado

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Epilepsy surgery in children: expectations and results

**RISCO DE DEFICIT NEUROLÓGICO**

- Definir o córtex eloquente (motor e linguagem)
- Monitorização invasiva / "mapa" cortical
- Imagem funcional

Patric Rubens Machado

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Epilepsy surgery in children: expectations and results

**Localização de áreas eloqüentes**

Patric Rubens Machado

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Epilepsy in children: expectations and results

**■ Monitorização Invasiva em Crianças**

- **Indicações**
  - Video EEG não oferece dados suficientes
  - Video EEG mostra dados discordantes com outros exames ( RM )
  - Necessidade de mapas funcionais
    - MOTORES
    - SENSITIVOS
    - LINGUAGEM

Helio Rubens Machado

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Epilepsy in children: expectations and results

Cirurgias 281  
 Monitorização invasiva 147

□ **Monitorização invasiva (em geral)**

- ECoG: 103 pacientes ( 36,5 % )
- ECoG + eletrodos subdurais: 44 pacientes

Helio Rubens Machado

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Epilepsy in children: expectations and results

**■ Novas tecnologias**

- RM 3 T ; DTI (tratografia) ; fMRI
- Neuronavegação



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### ■ Fatores prognósticos

- Complicações da cirurgia
- Prognóstico da epilepsia
- Desenvolvimento neurológico
- Prognóstico funcional
- Prognóstico comportamental e psiquiátrico

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#### Distúrbios comportamentais e psiquiátricos

Alta prevalência  
↓  
Cirurgia – efeito positivo

McLellan et al, 2005; Davies et al, 2003; Szabo et al, 1999



K.G. McKenzie



R.A. Krynauw

- McKenzie KC: The present status of a patient who had the right cerebral hemisphere removed. JAMA 111:166, 1936
- Krynauw RA: Infantile hemiplegia treated by removing one cerebral hemisphere. J Neurol Neurosurg Psychiatry 13:243, 1950

↓  
Melhora significativa

White, 1961; Wilson, 1970; Lendt et al, 2000

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### CONCLUSÕES

- **Cirurgia da epilepsia deve ser indicada o mais precocemente possível, antes do aparecimento de déficits irreversíveis.**
- **A criança deve ser atendida em ambiente especializado e por equipe treinada para este fim.**
- **Os resultados cirúrgicos são encorajadores apesar da complexidade da abordagem.**

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# EXPECTATIONS AND RESULTS OF EPILEPSY SURGERY IN ADULTS WITH MTLTLE

## MARIO A. ALONSO (MÉXICO)

Expectativas y resultados de la cirugía de epilepsia a lo largo de la vida en adultos con ELTM

Dr Mario A Alonso Vancgas

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### EXPECTATIVAS

- Para el paciente
- Para los familiares
- Para el médico y equipo multidisciplinario

Expectativas = Realidad

Selección adecuada pacientes y técnicas

ÉXITO

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### “Ideales”

- Libertad de crisis
- Ninguna morbilidad asociada
- Mejora en la calidad de vida
- Regreso o inicio de empleo
- Posibilidad de desarrollo educativo
- Aceptación social

Las “medidas” finalmente, dependen de las condiciones biosociales previas y, por lo tanto, son totalmente individuales para cada paciente

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## Medidas de resultados

- **Médicas**
  - Reducción de crisis
  - Morbilidad asociada
- **Socio-Psicológicas**
  - Calidad de vida
  - Estado civil
  - Empleo
  - Educación

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## Epilepsia de Difícil Control

- **Incapacidad para obtener control de las crisis**
  - Con tres o más fármacos antiepilépticos (FAE) mayores
  - En un periodo no menor de 2 años de tratamiento continuo
  - Con supervisión adecuada para la ingesta y/o manejo de medicamentos, bajo estándares de dosificación adecuados
  - Y/o seguimiento con niveles plasmáticos dentro del rango terapéutico
  - A costa de efectos adversos intolerables



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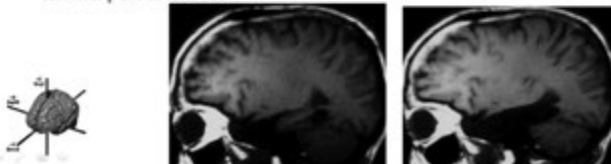
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## Repercusión Socioeconómica y Justificación de Abordaje Quirúrgico

- La epilepsia de difícil control o refractaria a tratamiento farmacológico se define, como aquella que *provoca imposibilidad del paciente para llevar un estilo de vida acorde a su capacidad individual* por la presencia de crisis, efectos secundarios del tratamiento y/o problemas psicosociales.
- La ELTM es la forma más común de epilepsia (25% en población infantil)
- La ELTM es la formas más refractaria de epilepsia (10% control de crisis)
- Las crisis de difícil control causan alteración conductual progresiva e irreversible
- **En pocos pacientes** se logra control de crisis después del fallo de 2 ensayos clínico-terapéuticos adecuados
- ¿Deberá la intervención quirúrgica temprana ser el tratamiento de elección para la ELTM?



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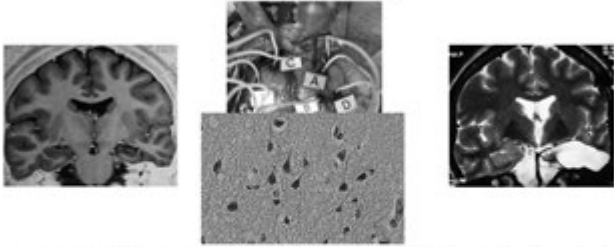
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## Repercusión Socioeconómica y Justificación de Abordaje Quirúrgico



- Se estima que alrededor del **2%** de la población sufre epilepsia en México, lo que equivale a **2.2 millones** de pacientes.
- Considerando que **20%** son epilepsias de difícil control, aproximadamente **440,000** pacientes son portadores de epilepsia de difícil control (candidatos quirúrgicos).
- De la mano del alto costo social se encuentra el alto costo económico. P.e. en EEUU el costo total directo e indirecto para todos los pacientes con ERTM fue de **9.9 billones** de dólares (1995).

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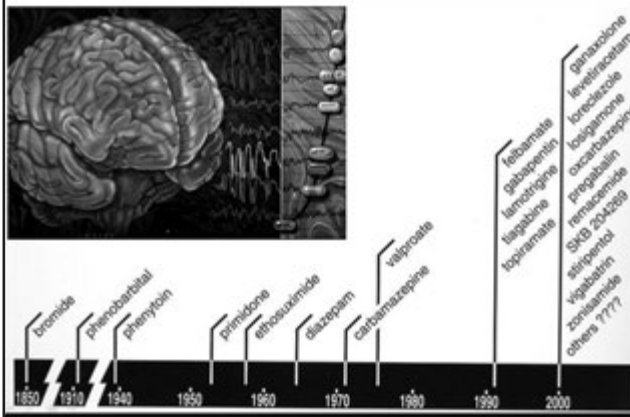
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## Los nuevos FAEs NO juegan un papel importante en mejorar el control de las crisis




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ORIGINAL ARTICLE

**Association of Multidrug Resistance in Epilepsy with a Polymorphism in the Drug-Transporter Gene ABCB1**

Arun Sidhiqui, M.B.C.P., Reinhold Korb, Ph.D., Michael E. Weale, Ph.D., Ulrich Brodmann, Ph.D., Alice Smith, B.Sc., David B. Goldstein, Ph.D., Nicholas W. Wood, F.R.C.P., Ph.D., and Sanjay M. Sisodia, M.B.C.P., Ph.D.

*N Engl J Med* 2001;348:1442-8.  
Copyright © 2001 Massachusetts Medical Society

### Control de Crisis

- 47% sin crisis con un fármaco (monoterapia)
- 13% sin crisis al agregar 2° fármaco
- 4% libres con politerapia
- **36%** de los pacientes persisten con al menos una crisis por año



(Kwan and Brodie, NEJM 2000)

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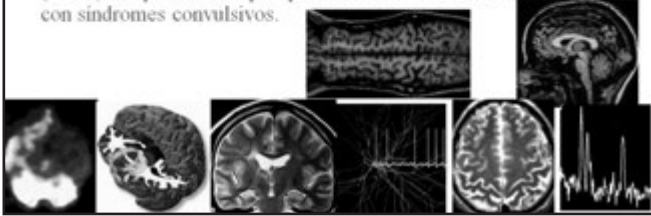
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### Resurgimiento de la Cirugía de Epilepsia

- Gran avance en la detección de crisis mediante tecnologías computarizadas aplicadas a la electrofisiología.
- Definición de blancos quirúrgicos mediante nuevas técnicas de imagenología, cuyo sustrato histológico era conocido previamente sólo después de la resección quirúrgica.
- Desarrollo de las técnicas microquirúrgicas, de la resección subpial y el desarrollo del disector ultrasonico (CUSA).
- Realidad latente de que los nuevos medicamentos antiepilépticos (MAE) no podrán cumplir promesa de alivio a toda la población con síndromes convulsivos.




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### Aspectos Históricos de la Cirugía de Epilepsia




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### ¿PORQUÉ ES IMPORTANTE LA CIRUGÍA DE EPILEPSIA DEL LÓBULO TEMPORAL?

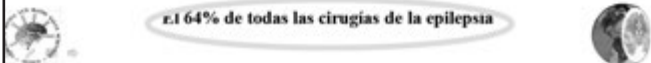


Es la cirugía de la epilepsia más frecuente en el mundo

Es la que logra los mejores resultados en el control de crisis post-operatoria

El 80% los estudios pre-quirúrgicos son NO-INVASIVOS

el 64% de todas las cirugías de la epilepsia




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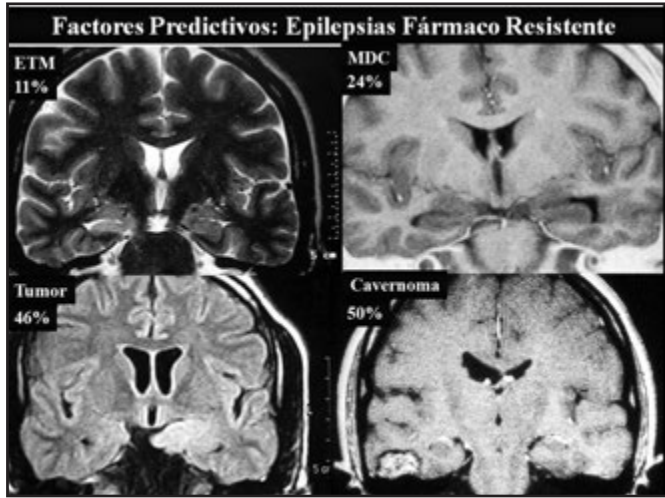
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**¿ De qué dependen los resultados?**

**Long-term seizure outcome in patients initially seizure-free after resective epilepsy surgery**

H.H. Yoon, MD; H.L. Kwon, MPH; R.H. Mattson, MD; D.D. Spencer, MD; and S.S. Spencer, MD

- Evolución prolongada de crisis (> 10 años) y estudio histopatológico normal se asocian a mal pronóstico en el control de crisis

Patients with longer preoperative seizure-free duration and normal pathology were associated with higher postoperative seizure-free survival. For example, patients with longer preoperative seizure-free duration and normal pathology were associated with higher postoperative seizure-free survival. For example, patients with longer preoperative seizure-free duration and normal pathology were associated with higher postoperative seizure-free survival.

NEUROLOGY 2009;41:445-450

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**Equipo de Trabajo (multidisciplinario)**

- Neurólogo epileptólogo
- Neurofisiólogo con interés clínico
- Neuropsicólogo
- Neuroimagenólogo
- Neuropsiquiatra
- Neuropatólogo
- Neuroanestesiólogo
- Ingeniero biomédico
- Técnicos en neurofisiología e imagenología
- Personal de enfermería y trabajo social
- Neurocirujano especializado en cirugía de epilepsia

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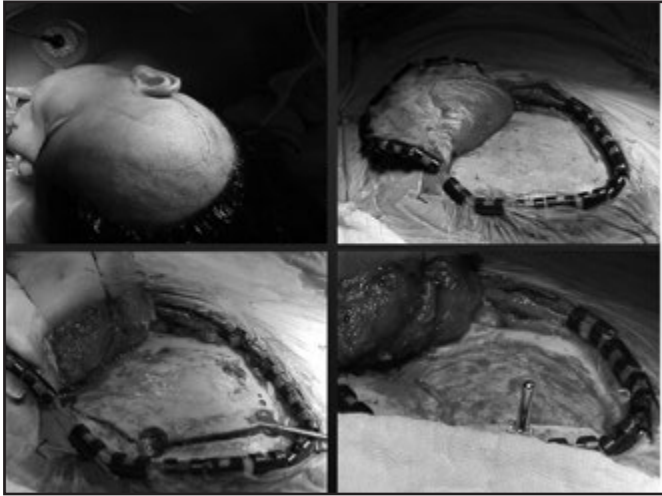
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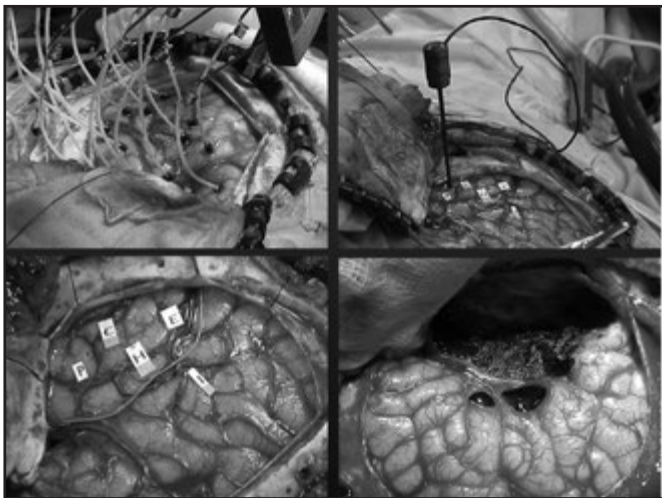
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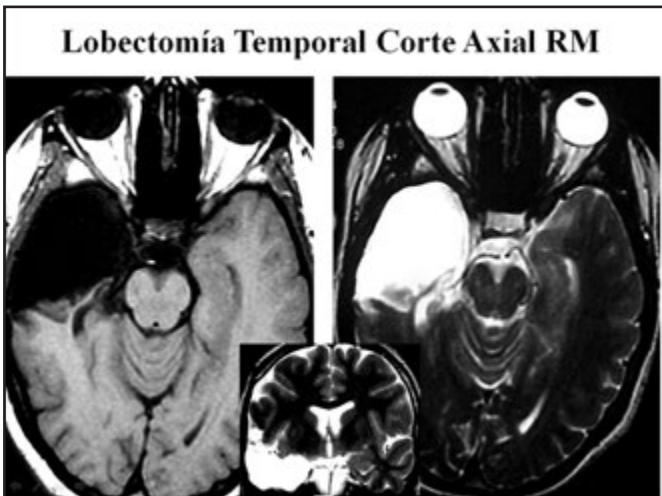
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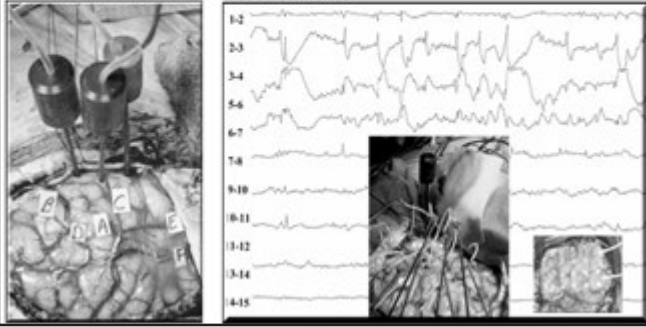
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### Cirugía de Epilepsia: Objetivos

Eliminar la zona epileptogénica

Interrumpir las vías de propagación de actividad anormal

Aumentar el umbral de las crisis (lesiones o estimulación eléctrica de blancos seleccionados)



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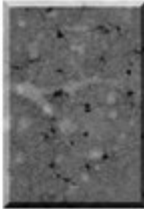
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### Objetivos Secundarios

• En las últimas décadas y gracias a la experiencia de varios centros neuroquirúrgicos, se ha reconocido que los objetivos de la cirugía de la epilepsia deben incluir además del control de las crisis:

- Mejoría en otros aspectos de la integridad bio-sico-social del individuo (alt. siquiátricas, emocionales, conductuales, etc)
- Integración o mejor adaptación a la vida escolar o laboral
- Mejoría en la calidad de vida individual, familiar y social
- Reducción o modificación de daño neuronal secundario



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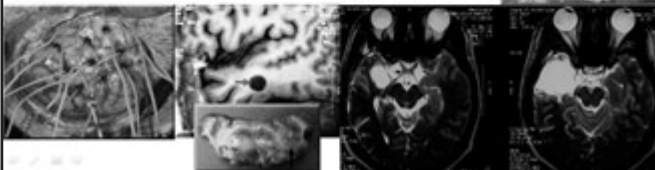
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### Cirugía de Epilepsia

#### Consideraciones quirúrgicas

- Resecciones quirúrgicas encaminadas a:
  - Epilepsia del Lóbulo Temporal Mesial
  - Epilepsia del Lóbulo Temporal relacionada a lesión
  - Epilepsia Neocortical del Lóbulo Temporal



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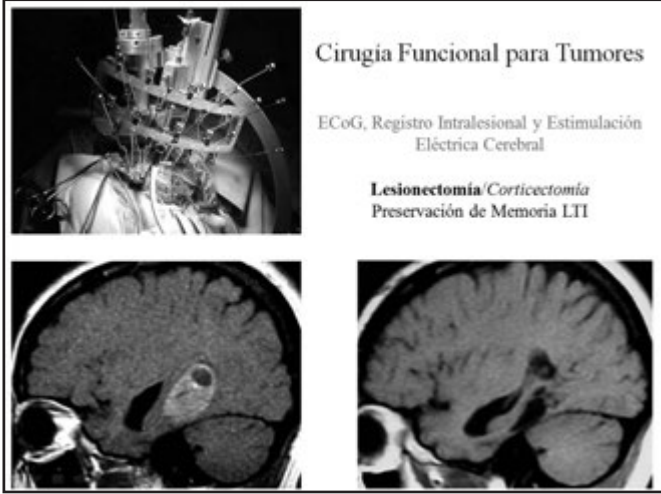
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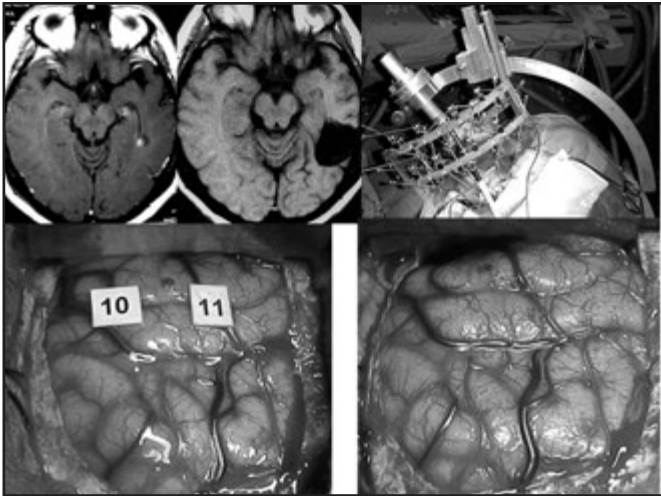
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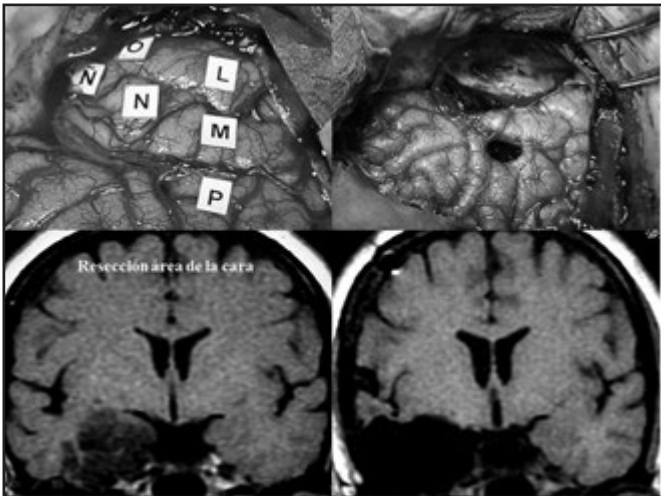
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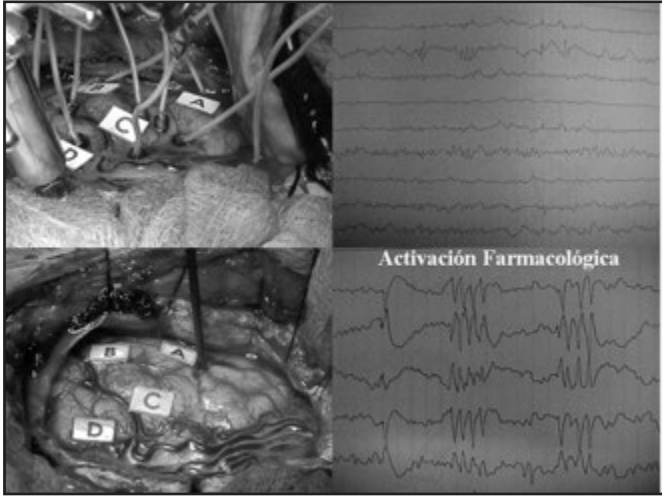
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Activación Farmacológica

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### Cirugía de Epilepsia

PROCEDIMIENTO	AUTOR
Neocorticectomía temporal	Penfield 1947
Neocorticectomía y Uncus Hipocampectomía	Penfield 1950, 1954
Lobectomía temporal en bloque	Falconer 1955
Lobectomía temporal y Amígdala y Uncus Hipocampectomía	Morris 1956
Abordaje transventricular y Amígdala Hipocampectomía	Niemeyer 1958
Abordaje transsilviano y Amígdala Hipocampectomía	Yasargil 1982
Lobectomía subpial y Amígdala Hipocampectomía	Olivier 1983
Abordaje transcalcar y Amígdala Hipocampectomía selectiva	Olivier 1988
Resecciones	Awad 1991
Endoscopia transventricular e Hipocampectomía	Silbergeld 1995
Abordaje subtemporal transparahipocampal y Amígdala Hipocampectomía	Park 1996
Abordaje transsilviano transinteraural y Amígdala Hipocampectomía	Vajkoczy 1998
Amígdala hipocampectomía selectiva guiada por Neuronavegación	Wurm 2000
Amígdala hipocampectomía selectiva a través del Surco temporal inferior por estereotaxia	Miyagi 2003
Abordaje Subtemporal transventricular / Transcarotideo	Miyamoto 2004

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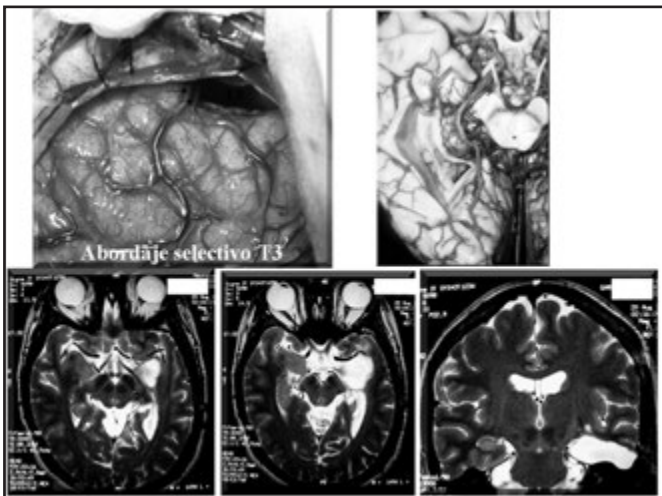
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### Abordajes Selectivos para Epilepsia del Lóbulo Temporal



\* Seguimiento de un año, posterior a la cirugía.

AUTOR	Nº Pacientes	Libre de Crisis (%)*	Complicaciones
Yasargil 1993	100	69%	1 Hemiparesia transitoria 1 Osteomielitis
Wurm 2000	16	70%	1 Vasoespasmo severo / Hemiparesia
Miyagi 2003	7	100%	1 cuadrantanopsia 1 delirio
Alonso-Vanegas 2006	40	78%	5 Cuadrantanopsias

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### Clasificación de ENGEL

<b>Clase I:</b> Libre de crisis	a. Completamente libre de crisis desde la cirugía b. Solamente crisis parciales simples no discapacitantes desde la cirugía c. Algunas crisis discapacitantes después de la cirugía, pero libre de crisis en por lo menos los últimos 2 años d. Crisis generalizadas después del retiro de los fármacos anticonvulsivos
<b>Clase II:</b> Crisis infrecuentes (casi libre de crisis)	a. Inicialmente libre de crisis discapacitantes, pero con crisis de manera infrecuente actualmente b. Crisis discapacitantes infrecuentes desde la cirugía c. Crisis ocasionales discapacitantes desde la cirugía, pero infrecuentes en los últimos 2 años d. Solamente crisis nocturnas, que no provocan discapacidad
<b>Clase III:</b> Mejoría significativa	a. Reducción significativa de las crisis b. Períodos libres de crisis prolongados que acumulan más de la mitad del tiempo de seguimiento, pero no mayores de 2 años
<b>Clase IV:</b> Sin mejoría significativa	a. Reducción significativa de las crisis (del 60 al 90% de reducción) b. Sin cambios apreciables (menos del 60% de reducción) c. Empeoramiento de las crisis

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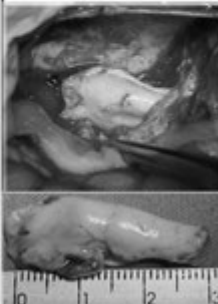
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Referencia	Resultado
Kim R, Spencer D. Epilepsy Surgery: Surgery for medial temporal sclerosis. <i>Epilepsia</i> 2001; 72: 643-652	Res neocortical: 54.2% LC Res mesial: 67.6% LC
Sperling MR, et al. Temporal Lobectomy for refractory epilepsy. <i>JAMA</i> 1994; 274: 478-5.	69% Libre de Crisis
Falvey N, et al. Seizure outcome after temporal lobectomy for temporal lobe epilepsy: a Kaplan-Meier survival analysis. <i>Neurology</i> 2000; 54: 630-4.	63% Libre de Crisis
Becti C, Rohitille V, et al. The Pathological Basis of Temporal Lobe Epilepsy in Childhood. <i>Neurology</i> 2003; 60(2): 191-195	41% LC y 14% Auras
Francos RC, Gozenciro MM. Temporal Lobe Epilepsy in Childhood: Review Article. <i>J Epilepsy Clin Neurophysiol</i> 2006; 12(1 suppl. 1): 26-31	73-100% LC
Dugas DJ. Long Term Outcome after Temporal Lobe Epilepsy Surgery in Children. <i>European J Clinical Research</i> 2003; 9: 10 - 13	0-100% LC Depende de patología

### Resultados Cirugía de Epilepsia LT




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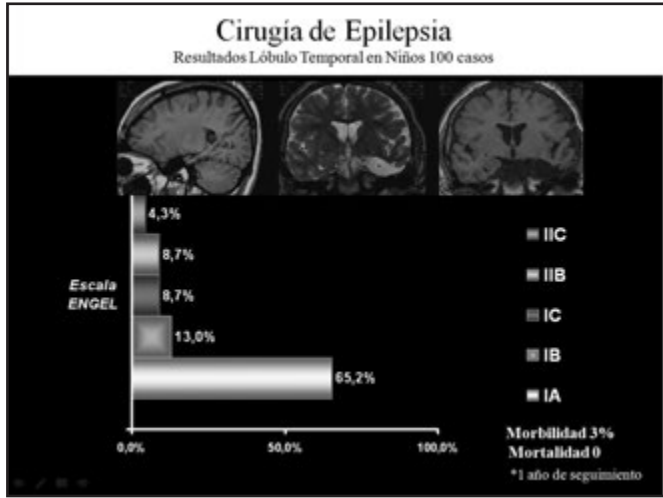
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### Resultados Obtenidos con Abordaje Microquirúrgico en ELT

- En 100 pacientes con seguimiento mayor de dos años, el 84% se encuentra libres de crisis, 10% con mejoría y 6% ninguna mejoría.
- Sin mortalidad y la siguiente morbilidad: hemiparesia transitoria 2%, cuadrantanopsia 43%, hemianopsia 1 paciente, infección menos del 1%, anomia transitoria en 4%, anomia 1%.

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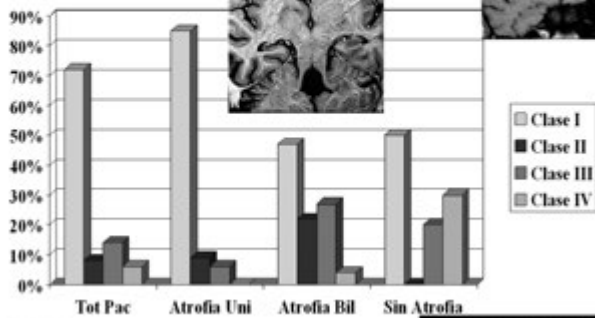
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## Cirugía Lóbulo Temporal

### Resultados



Arruda, et al. Ann Neurol '96

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### Cirugía para el Manejo de la Epilepsia



- Conferencia de Epilepsia en Palm Desert (1992)  
91 Centros/5746 casos (1986 a 1990)
- 66% Estructuras Limbicas
- 18% Extratemporales
- 6% Hemisferectomias
- 10% Callosotomias

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## CONCLUSIONES

- La cirugía es el mejor tratamiento para la epilepsia refractaria del lóbulo temporal, con control total de crisis, con medicamentos superior al 58%
- La cirugía de la epilepsia es una necesidad en Latinoamérica y requiere de centros básicos y avanzados
- Lamentablemente no es considerada por las autoridades, ni por muchos profesionales de las neurociencias
- La pobre cultura neuroquirúrgica obedece a sus antecedentes históricos y la insuficiente cantidad de neurocirujanos adiestrados en estas técnicas




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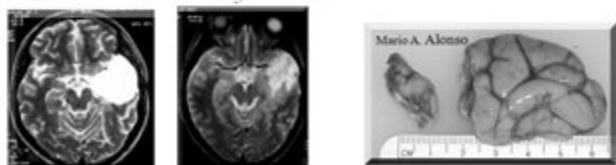
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## COROLARIO

Si la cirugía falla, el área reseçada era incorrecta o fue removida de manera incompleta, o bien, era una de más regiones cerebrales responsables para provocar las crisis. *Sólo existen dos condiciones: selección inapropiada de pacientes y/o resecciones insuficientes*



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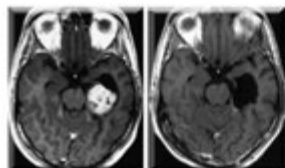
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## Cirugía de Epilepsia

*"El verdadero reto de la cirugía de epilepsia continua siendo la selección de los pacientes y en menor grado el tipo de procedimiento quirúrgico a realizarse."*



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# EXPECTATIONS AND RESULTS OF EPILEPSY SURGERY IN ADULTS WITH EXTRA-TEMPORAL EPILEPSIES MANUEL CAMPOS (CHILE)

 **Expectativas y resultados de la cirugía de epilepsia: En adultos con epilepsias extra-temporales**

**Dr.med. Manuel Campos**  
Director. Centro Avanzado de Epilepsias. Clínica Las Condes  
Presidente. Liga Chilena Contra la Epilepsia  
Chairman de la Comisión Latinoamericana de la ILAE

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## ¿Qué es la Epilepsia?

**Nota: Definición con visión neuroquirúrgica**

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### EPILEPSIAS- DEFINICIÓN

**1- La epilepsia generalmente es un síndrome, es decir, un conjunto de síntomas y signos que obedece a distintas etiologías (enfermedades).**

**2- NO existe la epilepsia, sino, las “epilepsias”, ya que hay múltiples tipos de crisis y con distintos pronósticos.**

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## EPILEPSIAS- DEFINICIÓN

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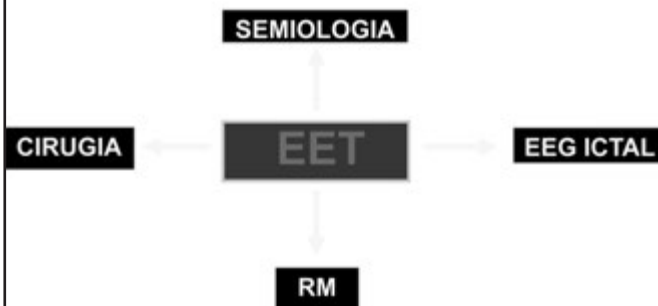
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## EPILEPSIA EXTRATEMPORAL



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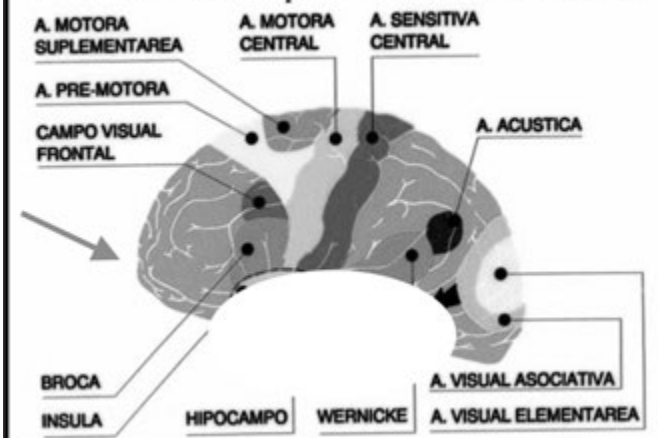
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## Zonas elocuentes por estimulación cortical



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# PROBLEMAS CLINICOS

## FALSA LOCALIZACION SEMIOLOGICA

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**Nota:** Recordar que le 20% del sistema Límbico está en el L. Frontal



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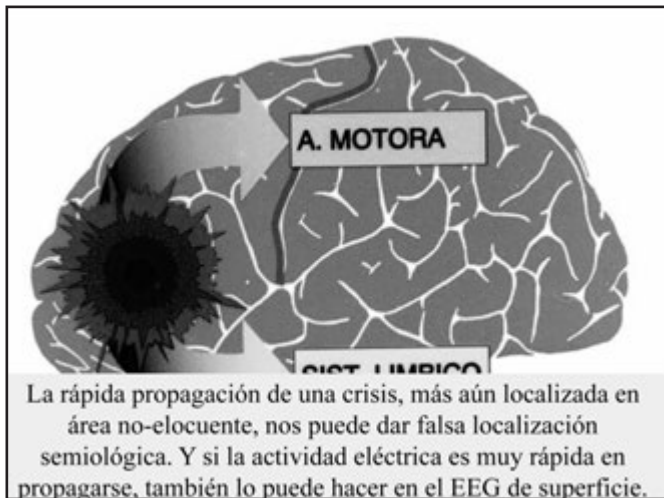
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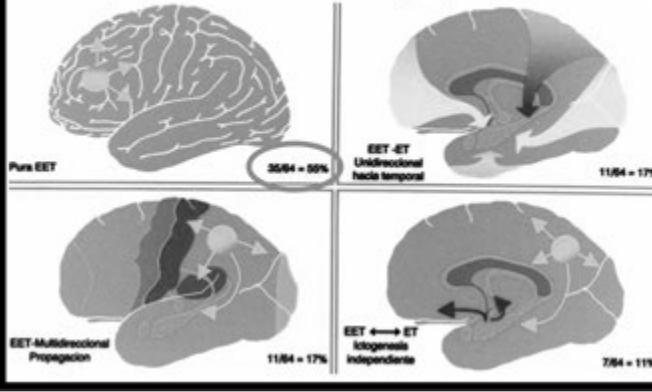
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Propagación de crisis extra-temporales  
 N=64 , Dr. Andreas Hufnagel, Univ. Bonn




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**TIPO DE LESION  
 ASOCIADA A LA  
 EPILEPSIA  
 EXTRATEMPORAL**

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**TIPO DE LESION**

**Lesión circunscrita**

**Lesión difusa**

Cavernoma  
 Tumor delimitado  
 Cisticercos, etc.

MDC difusa  
 Tumor infiltrante  
 Cicatriz difusa (post encefalitis), etc.

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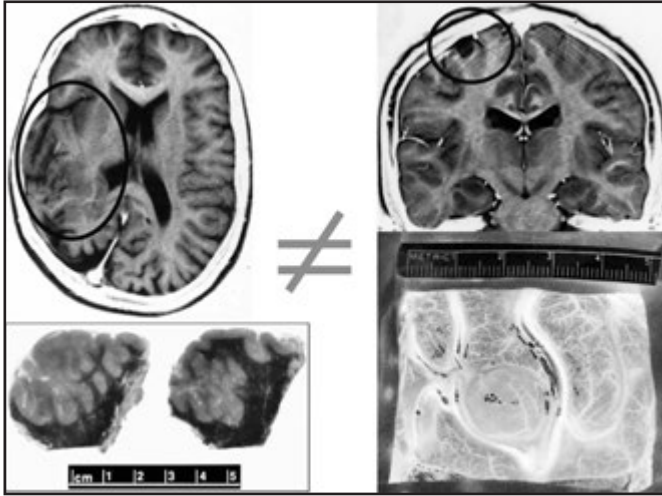
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**¿Qué tan frecuente es la cirugía de la Epilepsia Extratemporal?**

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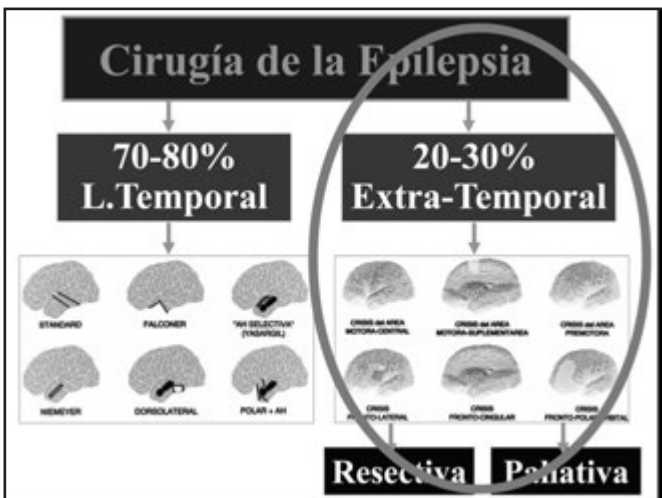
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## ¿Qué tipos de cirugía de Epilepsia Extratemporal existen?

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### Tipos de Cirugías Extratemporales

#### Cirugía resectiva

- Cortectomía (topectomía)
- Lobectomía
- Multilobectomía
- Hemisferectomía

#### Cirugía No-resectiva

- Transección Subpial múltiple
- Callosotomía
- Estimulador Vagal
- Radiocirugía
- Estimulación Profunda (experimental)

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## RESECCIONES FOCALES Y LOBECTOMIAS

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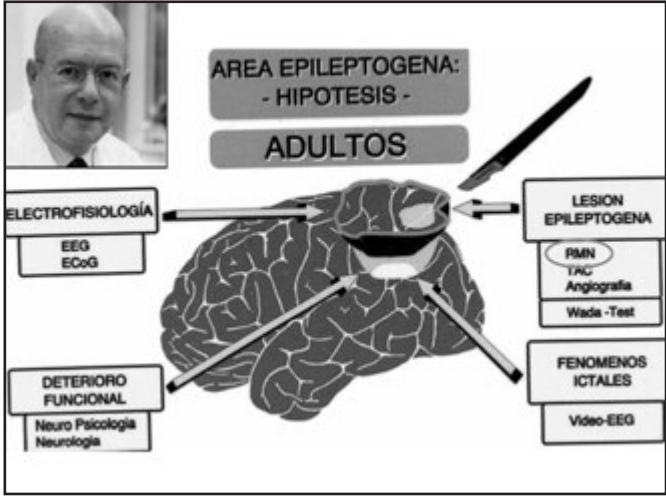
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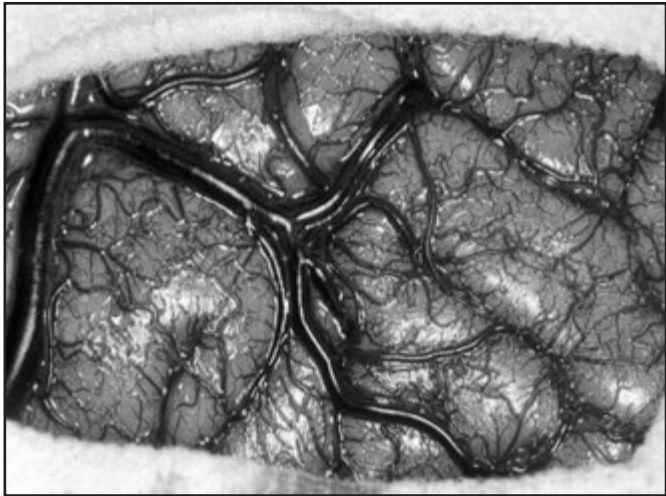
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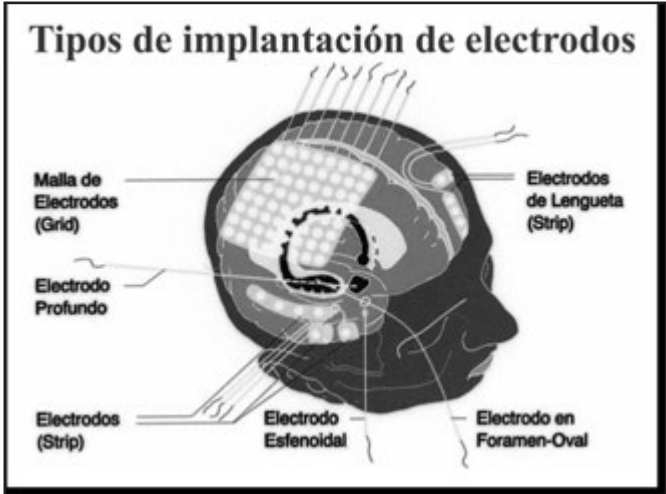
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## PROBLEMAS



- Alto costo.
- 2 cirugías.
- Idiosincrasia de la población.
- ECoG crónica v/s intra-operatoria.
- Personal entrenado.
- Equipamiento.

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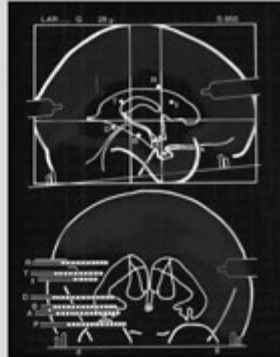
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## Practical problems when defining the epileptogenic zone

• Invasive electrodes can also not localize the seizure onset zone with precision

- Only a very small fraction of the brain can be covered with invasive electrodes (depth and/or subdural electrodes)
- Invasive electrodes are usually recruited progressively at seizure onset. It is totally arbitrary which of the electrodes involved early during a seizure initiation are considered as part of the seizure onset zone



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## TIPOS DE EPILEPSIAS EXTRATEMPORALES

- FRONTALES ←
- PARIETALES
- OCCIPITALES
- MULTILOBARES

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## Tipos de crisis frontales



CRISIS del AREA MOTORA-CENTRAL



CRISIS del AREA MOTORA-SUPLEMENTAREA



CRISIS del AREA PREMOTORA



CRISIS FRONTO-LATERAL



CRISIS FRONTO-CINGULAR



CRISIS FRONTO-POLAR/ORBITAL

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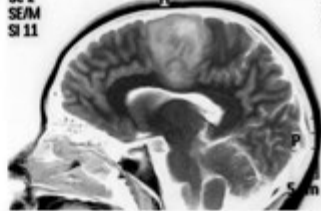
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## Área motora suplementaria



Sc 2  
SE/M  
SI 11



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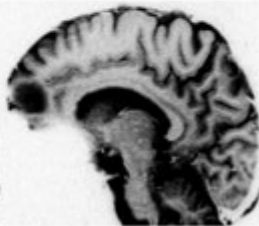
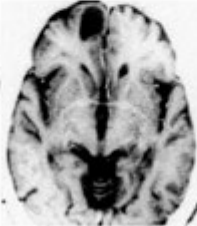
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## Crisis del Lóbulo Frontal - Cíngulo -

Síntomas del paciente con la lesión mostrada en la RM: afectivos e hiper-motores, confundido por años como paciente psiquiátrico.



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● ORIGEN de la CRISIS  
 ● LENGUA  
 ● BOCA  
 ● CARA  
 □ LESION

**Crisis pre-motoras:  
Ganglioglioma  
G°I (OMS)**

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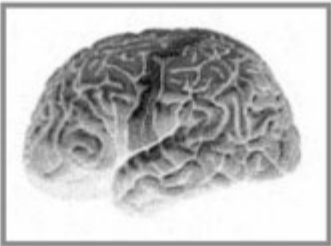
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# CRISIS ROLANDICAS




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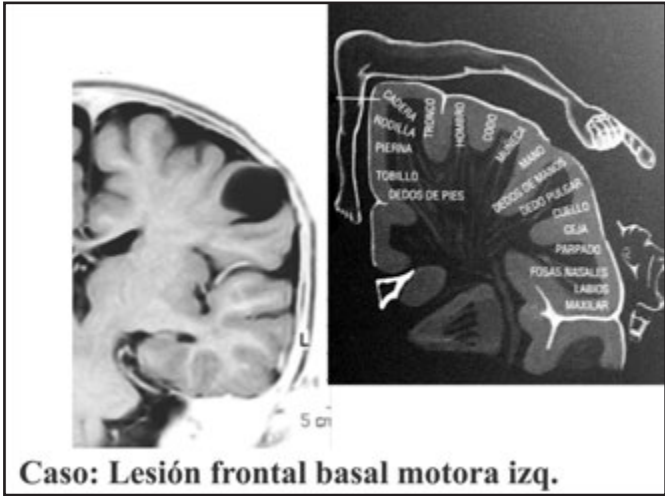
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DIGNERA  
 RODILLA  
 PIERNA  
 TOBILLO  
 DEDOS DE PIES  
 HOMBRO  
 CODO  
 CAYENCA  
 MANDO  
 DEDOS DE MANOS  
 DEDO PULGAR  
 CUELLO  
 OJEA  
 PARRADO  
 ROSAS BASALES  
 LABIOS  
 MAXILAR

**Caso: Lesión frontal basal motora izq.**

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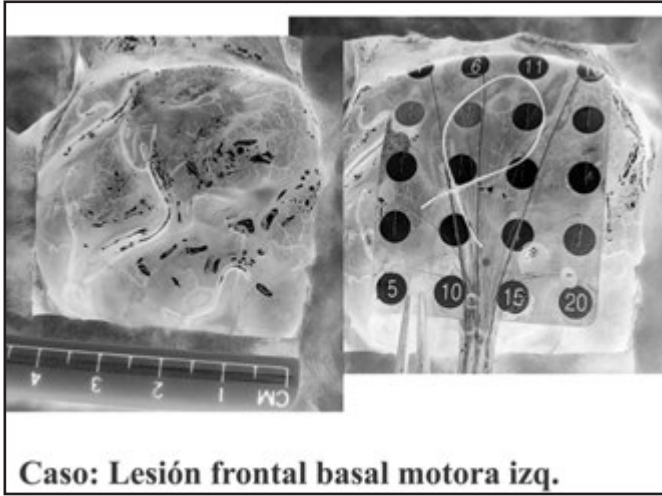
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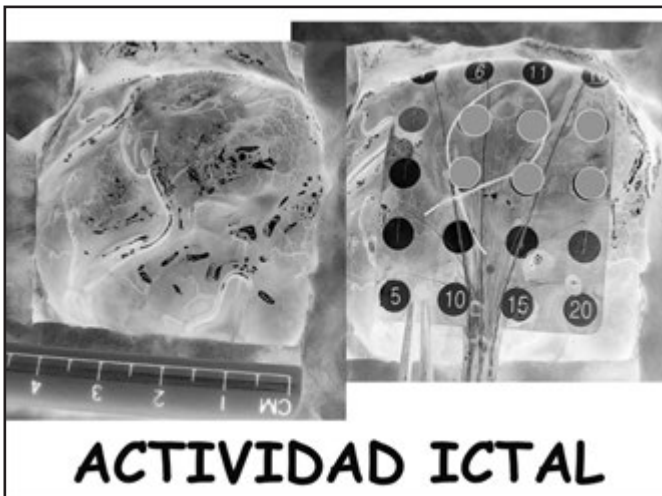
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# CRISIS FRONTO POLARES



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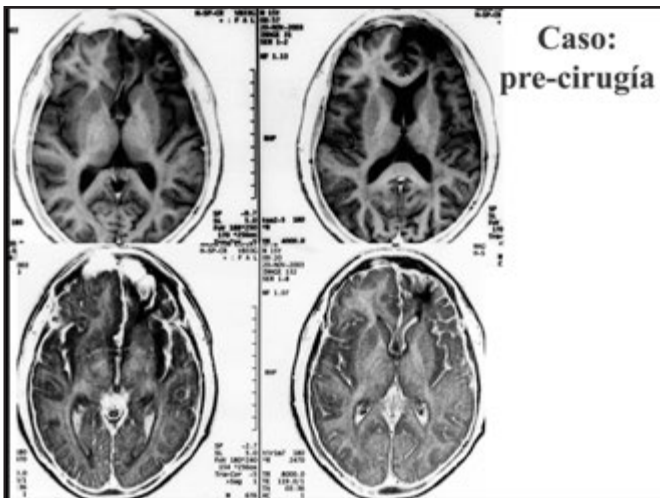
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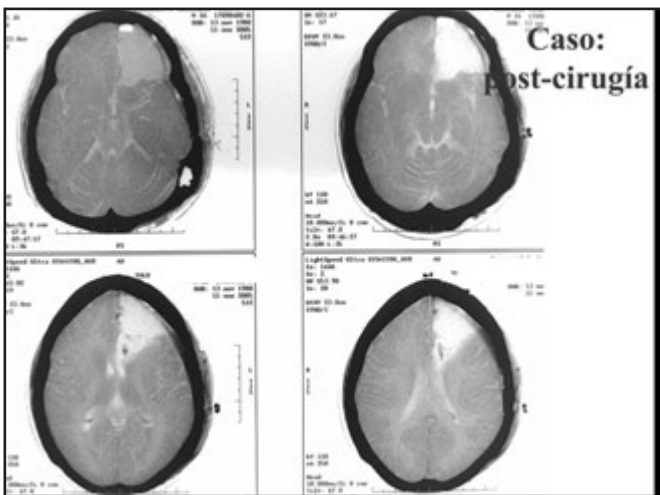
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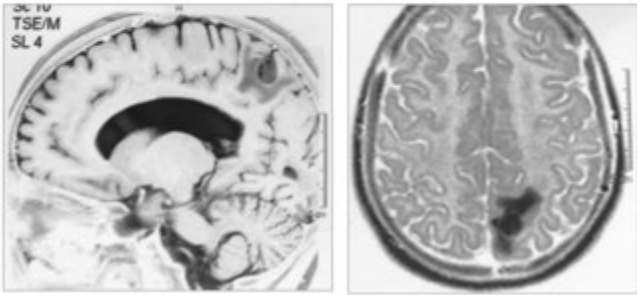
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# CRISIS PARIETALES




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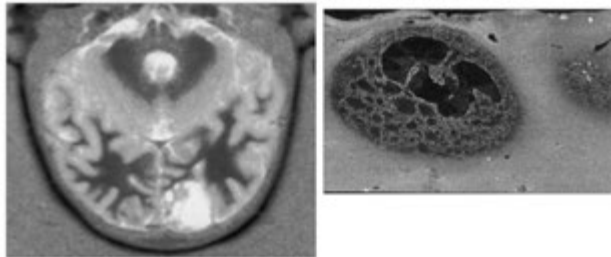
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# CRISIS OCCIPITALES



DNT

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# LESIONES Y EPILEPSIA

LA LESION (TUMOR)



LA EPILEPSIA (ZONA ICTAL)

- No invasivo
  - EEG Scalp
- Invasivo
  - ECoG
- Otros: SPECT, MEG, RMs.

CEREBRO FUNCIONAL (ELOCUENTE)

- RM funcional
- PET
- Potenciales evocados
- Estimulación
  - Peri o intra operatoria

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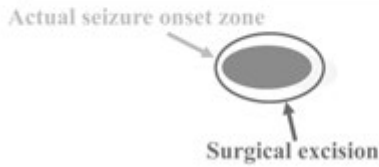
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Practical problems when defining the epileptogenic zone (1)

• Electroencephalography can only measure the actual seizure onset zone → “the epileptogenic zone” which includes the potential seizure onset zone can not be measured directly



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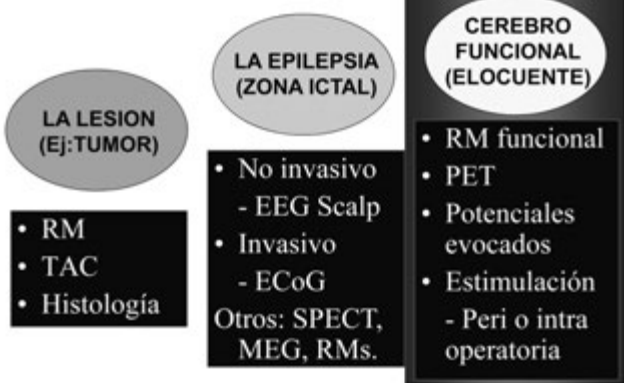
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## LESIONES Y EPILEPSIA



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# RESULTADOS

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**Homúnculo**

**Resultados Cirugía extratemporal  
(W. Penfield, Montreal, 1955)**

**50% pacientes libres de crisis**

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**Epilepsia 37(11) 1072-1080, 1996**

Epilepsia, Vol. 37, No. 11, 1996, pp. 1072-1080.  
Lippincott-Raven Publishers, Philadelphia  
© International League Against Epilepsy

**Surgical Treatment of Extratemporal Epilepsy: Clinical, Radiologic, and Histopathologic Findings in 60 Patients**

Josef Zentner, \*Andreas Huftnagel, †Bürkhard Osterun, ‡Helmut K. Wolf, Elga Behrens, Manuel G. Campos, †Laszlo Solymosi, \*Christian E. Elger, †Otmar D. Wiestler, and Johannes Schramm

**Control de crisis:  
seguimiento promedio de 4 años (N=56)**

Clase I:	54%	46% siguen con crisis
Clase II:	20%	
Clase III:	12%	
Clase IV:	14%	

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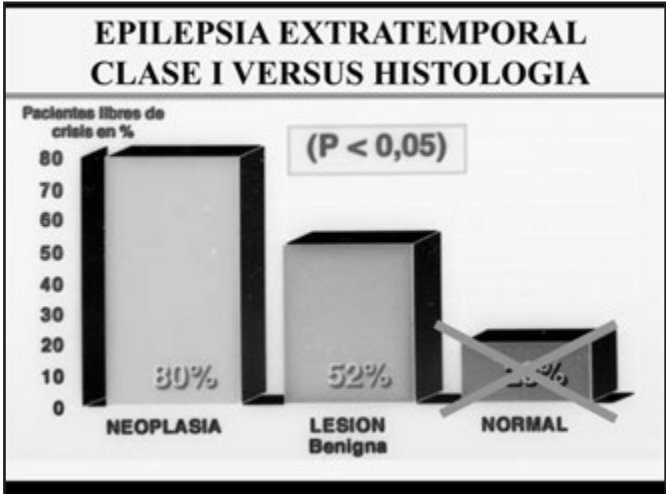
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## CONCLUSIONES

- Es difícil localizar exactamente el área ictal.
- Se debe saber si existe compromiso de áreas elocuentes.
- Frecuentemente se deben usar electrodos sub-durales.

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## CONCLUSIONES

- El éxito post-cirugía es muy pobre en ausencia de lesión en la RM o histología!
- Por lo tanto recomiendo que en centros básicos de cirugía de la epilepsia, se comience por casos asociados a lesiones bien delimitadas.

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## CONCLUSIONES

- Un camino alternativo, en cirugía de la epilepsia, para países en vías de desarrollo, puede ser una cirugía lesional en pacientes con lesiones bien delimitadas (tumores, cavernomas) y ubicadas fuera de tejido elocuente.

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## CONCLUSIONES

- Una cirugía que tiene un resultado paliativo en un primer tiempo quirúrgico, puede tener una alternativa curativa en una segunda cirugía.

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**MUCHAS GRACIAS**

(Equipo de Centro de Epilepsias. Clínica Las Condes, Santiago de Chile)



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# PROGRAMA – 10.02.2010

Students presentations

